BYDGOSKI BIEG NIEPODLEGŁOŚCI 2021

Organizator: Aktywna Bydgoszcz
Data: 2021-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	**BRZEZIŃSKI Błażej**	**863**	BRZEZIŃSKI RUN CLUB	M-30	1	00:00:02	**00:15:11.60**	**00:15:14.55**		3:02	19.8 (100%)
2	**BISKUP Marcin**	**477**	CWZS ZAWISZA BYDGOSZCZ	M-20	1	00:00:03	**00:16:20.80**	**00:16:24.25**	+00:01:09 (7.1%)	3:16	18.4 (92.9%)
3	**DZIERLIŃSKI Paweł**	**1024**	THE RUNNERS ŚWIEICE	M-30	2	00:00:04	**00:17:10.10**	**00:17:14.40**	+00:01:58 (11.5%)	3:26	17.5 (88.4%)
4	**FELCZAK Jakub**	**283**		M-20	2	00:00:03	**00:17:14.95**	**00:17:18.65**	+00:02:03 (11.9%)	3:26	17.4 (87.9%)
5	**JURAK Krzysztof**	**1098**	KUJAWSCY RUNNERS	M-30	3	00:00:03	**00:17:46.20**	**00:17:50.05**	+00:02:34 (14.5%)	3:33	16.9 (85.4%)
6	**WIWATOWSKI Michał**	**262**		M-40	1	00:00:04	**00:17:48.85**	**00:17:52.85**	+00:02:37 (14.7%)	3:33	16.9 (85.4%)
7	**KUŁAKOWSKI Krzysztof**	**1097**	CZARNE STOPY	M-30	4	00:00:04	**00:17:52.10**	**00:17:56.10**	+00:02:40 (15.0%)	3:34	16.8 (84.8%)
8	**FLOREK Paweł**	**792**	RUNADDICTS	M-30	5	00:00:04	**00:17:54.50**	**00:17:59.30**	+00:02:42 (15.2%)	3:34	16.8 (84.8%)
9	**ŁAZ Kamil**	**906**	WTLENIE.PL	M-30	6	00:00:03	**00:18:09.25**	**00:18:12.70**	+00:02:57 (16.3%)	3:37	16.5 (83.3%)
10	**RYMER Jakub**	**681**	KOTŁOWSKI RUN TEAM	M-30	7	00:00:04	**00:18:19.35**	**00:18:23.70**	+00:03:07 (17.1%)	3:39	16.4 (82.8%)
11	**MAĆKOWSKI Maciej**	**221**	UPSBYDOSZCZ/TEAMOCHAL	M-30	8	00:00:03	**00:18:41.50**	**00:18:44.70**	+00:03:29 (18.7%)	3:44	16.1 (81.3%)
12	**OLEJNIK Krzysztof**	**738**		M-30	9	00:00:06	**00:18:42.65**	**00:18:49.40**	+00:03:31 (18.8%)	3:44	16 (80.8%)
13	**SOBIERALSKI Rafał**	**166**		M-40	2	00:00:05	**00:18:44.20**	**00:18:49.65**	+00:03:32 (18.9%)	3:44	16 (80.8%)
14	**BEDRA Robert**	**193**		M-10	1	00:00:03	**00:18:44.80**	**00:18:48.25**	+00:03:33 (19.0%)	3:44	16 (80.8%)
15	**WENZELEWSKI Daniel**	**1099**	LOTTO-BYDGOSTIA	M-10	2	00:00:28	**00:18:47.20**	**00:19:15.45**	+00:03:35 (19.1%)	3:45	16 (80.8%)
16	**TUCHOLSKI Bartłomiej**	**1028**		M-20	3	00:00:04	**00:18:48.35**	**00:18:52.70**	+00:03:36 (19.2%)	3:45	16 (80.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	**KOLMAJER Rafał**	**34**	ROWERTOUR	M-40	3	00:00:03	**00:18:49.60**	**00:18:53.50**	+00:03:38 (19.3%)	3:45	15.9 (80.3%)
18	**BĄK Oskar**	**767**		M-30	10	00:00:04	**00:18:49.90**	**00:18:54.35**	+00:03:38 (19.3%)	3:45	15.9 (80.3%)
19	**OSSOWSKI Jakub**	**553**		M-10	3	00:00:14	**00:18:59.30**	**00:19:13.90**	+00:03:47 (20.0%)	3:47	15.8 (79.8%)
20	**TYMEK Kamil**	**1085**	ZAWISZA	M-10	4	00:00:04	**00:19:06.55**	**00:19:10.55**	+00:03:54 (20.5%)	3:49	15.7 (79.3%)
21	**KALACZYŃSKI Miłosz**	**101**	KS POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA IM. KLEMENSA BINIAKOWSKIEGO	M-20	4	00:00:04	**00:19:09.65**	**00:19:14.55**	+00:03:58 (20.7%)	3:49	15.7 (79.3%)
22	**TELEJKO Łukasz**	**1089**	RUN BYDGOSZCZ	M-20	5	00:00:09	**00:19:10.70**	**00:19:20.60**	+00:03:59 (20.8%)	3:50	15.7 (79.3%)
23	**STANIEC Tomasz**	**1070**		M-40	4	00:00:05	**00:19:12.35**	**00:19:18.25**	+00:04:00 (20.9%)	3:50	15.6 (78.8%)
24	**SZYMAŃSKI Adam**	**559**	BIEGAJ Z DYMKIEM	M-30	11	00:00:05	**00:19:20.45**	**00:19:26.25**	+00:04:08 (21.4%)	3:52	15.5 (78.3%)
25	**MENDEL Patryk**	**24**	TM IRON TRI-TEAM/SLA POLONIA BYDGOSZCZ	M-20	6	00:00:03	**00:19:28.65**	**00:19:32.00**	+00:04:17 (22.0%)	3:53	15.4 (77.8%)
26	**SZCZEPANIAK Cezary**	**484**		M-40	5	00:00:05	**00:19:47.35**	**00:19:52.55**	+00:04:35 (23.2%)	3:57	15.2 (76.8%)
27	**KOZŁOWSKI Rafał**	**13**		M-40	6	00:00:04	**00:19:48.10**	**00:19:52.40**	+00:04:36 (23.3%)	3:57	15.2 (76.8%)
28	**FUZ Marek**	**700**	KABEL TEAM BYDGOSZCZ	M-50	1	00:00:05	**00:19:54.45**	**00:20:00.30**	+00:04:42 (23.7%)	3:58	15.1 (76.3%)
29	**PISARSKI Igor**	**673**		M-20	7	00:00:08	**00:19:57.00**	**00:20:05.05**	+00:04:45 (23.8%)	3:59	15 (75.8%)
30	**WALDA Łukasz**	**611**		M-30	12	00:00:06	**00:19:57.30**	**00:20:03.80**	+00:04:45 (23.9%)	3:59	15 (75.8%)
31	**DROBINSKI Daniel**	**209**		M-30	13	00:00:06	**00:19:58.15**	**00:20:04.30**	+00:04:46 (23.9%)	3:59	15 (75.8%)
32	**PĘDZIOCH Przemysław**	**662**		M-30	14	00:00:06	**00:19:59.00**	**00:20:05.35**	+00:04:47 (24.0%)	3:59	15 (75.8%)
33	**MACIOSZEK Piotr**	**884**		M-20	8	00:00:06	**00:20:00.95**	**00:20:07.05**	+00:04:49 (24.1%)	4:00	15 (75.8%)
34	**SZLINGER Jakub**	**908**	BRAK	M-30	15	00:00:00	**00:20:04.70**	**00:20:04.70**	+00:04:53 (24.3%)	4:00	15 (75.8%)
35	**MALICKI Łukasz**	**231**	KLINIKA TRIATHLONU BYDGOSZCZ	M-30	16	00:00:04	**00:20:10.85**	**00:20:15.65**	+00:04:59 (24.7%)	4:02	14.9 (75.3%)
36	**KRUSZKA Łukasz**	**189**	K. S. TRI BE.R	M-40	7	00:00:05	**00:20:20.25**	**00:20:25.50**	+00:05:08 (25.3%)	4:04	14.8 (74.7%)
37	**CHODKIEWICZ Tomek**	**1117**		M-20	9	00:00:06	**00:20:20.95**	**00:20:27.10**	+00:05:09 (25.3%)	4:04	14.8 (74.7%)
38	**BALCEREK Mateusz**	**1000**	GASTRO SZEF	M-30	17	00:00:06	**00:20:28.60**	**00:20:35.35**	+00:05:17 (25.8%)	4:05	14.7 (74.2%)
38	**WIECZOREK Michał**	**533**	MAJKTEAM	M-30	17	00:00:07	**00:20:28.60**	**00:20:36.40**	+00:05:17 (25.8%)	4:05	14.7 (74.2%)
40	**GURDAK Leszek**	**169**	BYDGOSZCZ NA START	M-40	8	00:00:06	**00:20:33.35**	**00:20:39.45**	+00:05:21 (26.1%)	4:06	14.6 (73.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
41	**STARZYŃSKI Piotr**	**855**		M-40	9	00:00:08	**00:20:37.05**	**00:20:45.95**	+00:05:25 (26.3%)	4:07	14.6 (73.7%)
42	**DROCIAK Michał**	**886**	OGR OSOWA GÓRA RUNNER	M-40	10	00:00:06	**00:20:41.55**	**00:20:47.75**	+00:05:29 (26.6%)	4:08	14.5 (73.2%)
43	**SZYMCZAK Maciej**	**222**	AKTYWNA BYDGOSZCZ	M-50	2	00:00:05	**00:20:42.40**	**00:20:47.90**	+00:05:30 (26.6%)	4:08	14.5 (73.2%)
44	**KHADDOUR Alex**	**203**	BBL BYDGOSZCZ	M-30	19	00:00:06	**00:20:44.30**	**00:20:50.65**	+00:05:32 (26.7%)	4:08	14.5 (73.2%)
45	**GŻYL Mikolaj**	**317**	JANUSZE TRIATHLONU 'EXODUS' TEAM	M-30	20	00:00:07	**00:20:47.05**	**00:20:54.80**	+00:05:35 (26.9%)	4:09	14.4 (72.7%)
46	**MIRKIEWICZ Filip**	**453**		M-10	5	00:00:22	**00:20:51.00**	**00:21:13.85**	+00:05:39 (27.1%)	4:10	14.4 (72.7%)
47	**PAWLIK Stanisław**	**146**		M-50	3	00:00:06	**00:20:51.40**	**00:20:57.55**	+00:05:39 (27.2%)	4:10	14.4 (72.7%)
48	**LEWANDOWSKI Bartłomiej**	**899**		M-20	10	00:00:08	**00:20:57.90**	**00:21:06.25**	+00:05:46 (27.5%)	4:11	14.3 (72.2%)
49	**BETHKE Jakub**	**882**		M-30	21	00:00:07	**00:21:04.65**	**00:21:12.30**	+00:05:53 (27.9%)	4:12	14.2 (71.7%)
50	**BUZALSKI Robert**	**103**	ORANGE POLSKA	M-40	11	00:00:06	**00:21:07.70**	**00:21:14.65**	+00:05:56 (28.1%)	4:13	14.2 (71.7%)
51	**FRANKOWSKI Szymon**	**538**		M-10	6	00:00:05	**00:21:11.35**	**00:21:17.10**	+00:05:59 (28.3%)	4:14	14.2 (71.7%)
52	**GWIAZDOWSKI Dominik**	**140**		M-10	7	00:00:04	**00:21:12.00**	**00:21:16.30**	+00:06:00 (28.3%)	4:14	14.2 (71.7%)
53	**MEYER Marek**	**710**		M-50	4	00:00:26	**00:21:12.95**	**00:21:39.60**	+00:06:01 (28.4%)	4:14	14.2 (71.7%)
54	**JARMUŻ Adam**	**2**	AJ TEAM	M-30	22	00:00:05	**00:21:13.05**	**00:21:18.10**	+00:06:01 (28.4%)	4:14	14.1 (71.2%)
55	**ZIÓŁKOWSKI Włodek**	**534**	FORDON BIEGA	M-30	23	00:00:04	**00:21:14.05**	**00:21:18.90**	+00:06:02 (28.4%)	4:14	14.1 (71.2%)
56	**SUDOŁ Jacek**	**837**	PARKRUN BYDGOSZCZ	M-40	12	00:00:07	**00:21:14.70**	**00:21:21.95**	+00:06:03 (28.5%)	4:14	14.1 (71.2%)
57	**KŁOSOWSKI Marcin**	**542**	CSM POLSKA	M-40	13	00:00:04	**00:21:15.15**	**00:21:20.10**	+00:06:03 (28.5%)	4:15	14.1 (71.2%)
58	**SZYSZKA Radosław**	**915**		M-30	24	00:00:06	**00:21:16.20**	**00:21:22.95**	+00:06:04 (28.6%)	4:15	14.1 (71.2%)
59	**DUDKOWIAK Michał**	**1086**	CHMIELARZ TEAM	M-30	25	00:00:07	**00:21:18.25**	**00:21:25.55**	+00:06:06 (28.7%)	4:15	14.1 (71.2%)
60	**IGNACZAK Jarosław**	**598**	3GRAVITY	M-40	14	00:00:07	**00:21:22.25**	**00:21:30.05**	+00:06:10 (28.9%)	4:16	14 (70.7%)
61	**ZAJĄKAŁA Wojciech**	**1105**		M-20	11	00:00:09	**00:21:27.80**	**00:21:37.75**	+00:06:16 (29.2%)	4:17	14 (70.7%)
62	**ŻUCHELKOWSKI Rafał**	**524**		M-30	26	00:00:28	**00:21:28.95**	**00:21:57.75**	+00:06:17 (29.3%)	4:17	14 (70.7%)
63	**WIECZOREK Waldemar**	**780**		M-30	27	00:01:09	**00:21:30.65**	**00:22:39.65**	+00:06:19 (29.4%)	4:18	14 (70.7%)
64	**MIZIKOWSKI Tomasz**	**608**	MIZIK-TEAM	M-10	8	00:00:08	**00:21:32.20**	**00:21:41.15**	+00:06:20 (29.5%)	4:18	13.9 (70.2%)

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65	**MIZIKOWSKI Wojciech**	**530**	MIZIK TEAM	M-40	15	00:00:09	**00:21:33.10**	**00:21:42.55**	+00:06:21 (29.5%)	4:18	13.9 (70.2%)
66	**ZBORAŁA Dawid**	**1060**		M-30	28	00:00:05	**00:21:33.50**	**00:21:38.95**	+00:06:21 (29.5%)	4:18	13.9 (70.2%)
67	**GRZECHULSKI Dariusz**	**571**		M-40	16	00:00:07	**00:21:34.55**	**00:21:41.70**	+00:06:22 (29.6%)	4:18	13.9 (70.2%)
68	**DAŃCZUK Jerzy**	**277**		M-50	5	00:00:09	**00:21:37.10**	**00:21:46.95**	+00:06:25 (29.7%)	4:19	13.9 (70.2%)
69	**KLINOWSKI Radosław**	**1076**		M-30	29	00:00:31	**00:21:37.95**	**00:22:08.95**	+00:06:26 (29.8%)	4:19	13.9 (70.2%)
70	**LEWANDOWSKI Piotr**	**684**		M-20	12	00:00:06	**00:21:38.75**	**00:21:45.10**	+00:06:27 (29.8%)	4:19	13.9 (70.2%)
71	**STRUGAŁA Maciej**	**178**		M-20	13	00:00:13	**00:21:39.55**	**00:21:52.90**	+00:06:27 (29.9%)	4:19	13.9 (70.2%)
72	**BZDZION Marcin**	**751**		M-20	14	00:00:10	**00:21:41.90**	**00:21:52.45**	+00:06:30 (30.0%)	4:20	13.8 (69.7%)
73	**KOLASSA Robert**	**939**		M-20	15	00:00:07	**00:21:42.30**	**00:21:49.60**	+00:06:30 (30.0%)	4:20	13.8 (69.7%)
74	**MAZUREK Damian**	**447**		M-20	16	00:00:45	**00:21:47.65**	**00:22:33.35**	+00:06:36 (30.3%)	4:21	13.8 (69.7%)
75	**ZBIRANEK Remigiusz**	**720**	1 BRYGADA LOGISTYCZNA	M-40	17	00:00:11	**00:21:48.90**	**00:22:00.55**	+00:06:37 (30.4%)	4:21	13.8 (69.7%)
76	**DZIKOWSKI Jakub**	**1018**		M-20	17	00:00:06	**00:21:49.95**	**00:21:56.00**	+00:06:38 (30.4%)	4:21	13.8 (69.7%)
77	**MARCINIAK Przemysław**	**176**		M-30	30	00:00:45	**00:21:54.75**	**00:22:40.15**	+00:06:43 (30.7%)	4:22	13.7 (69.2%)
78	**KILAN Kacper**	**606**	SPOGLO	M-20	18	00:00:35	**00:21:56.65**	**00:22:32.20**	+00:06:45 (30.8%)	4:23	13.7 (69.2%)
79	**SADECKI Karol**	**205**		M-30	31	00:00:06	**00:21:57.60**	**00:22:04.55**	+00:06:46 (30.8%)	4:23	13.7 (69.2%)
80	**RYBCZYŃSKI Łukasz**	**936**		M-30	32	00:00:17	**00:22:00.30**	**00:22:17.75**	+00:06:48 (31.0%)	4:24	13.6 (68.7%)
81	**NOWAKOWSKI Radosław**	**210**		M-20	19	00:00:35	**00:22:00.55**	**00:22:36.20**	+00:06:48 (31.0%)	4:24	13.6 (68.7%)
82	**MACIOSZEK Marcin**	**408**	M.A.D.M.E.P.	M-40	18	00:00:09	**00:22:03.05**	**00:22:12.10**	+00:06:51 (31.1%)	4:24	13.6 (68.7%)
83	**SIKORSKI Arkadiusz**	**3**	MATEMATYKA Z PLUSEM	M-10	9	00:00:12	**00:22:05.30**	**00:22:18.05**	+00:06:53 (31.2%)	4:25	13.6 (68.7%)
84	**BARCZAK Tomasz**	**329**		M-50	6	00:00:07	**00:22:07.00**	**00:22:14.85**	+00:06:55 (31.3%)	4:25	13.6 (68.7%)
85	**WASILUK Tomasz**	**175**		M-30	33	00:00:06	**00:22:07.75**	**00:22:14.60**	+00:06:56 (31.3%)	4:25	13.6 (68.7%)
86	**PIEKARSKI Paweł**	**665**		M-30	34	00:00:26	**00:22:08.00**	**00:22:34.30**	+00:06:56 (31.4%)	4:25	13.6 (68.7%)
87	**RENC Patryk**	**543**	SERCE TYBETU	M-30	35	00:00:08	**00:22:09.05**	**00:22:17.30**	+00:06:57 (31.4%)	4:25	13.5 (68.2%)
88	**PINIARSKI Michał**	**1049**	MOGILNO TEAM	M-40	19	00:00:21	**00:22:09.60**	**00:22:30.75**	+00:06:58 (31.4%)	4:25	13.5 (68.2%)

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89	**WÓJCIK Jacek**	**197**	@RUN_JACEK	M-30	36	00:00:07	**00:22:10.90**	**00:22:18.45**	+00:06:59 (31.5%)	4:26	13.5 (68.2%)
90	**MIĘKCZYŃSKI Miłosz**	**256**	LUPUS TEAM	M-30	37	00:00:27	**00:22:11.20**	**00:22:38.75**	+00:06:59 (31.5%)	4:26	13.5 (68.2%)
91	**SKUPSZ Jędrzej Kazmierz**	**782**	FORDON	M-30	38	00:00:45	**00:22:12.20**	**00:22:57.60**	+00:07:00 (31.6%)	4:26	13.5 (68.2%)
92	**DOMALEWSKI Łukasz**	**55**		M-30	39	00:00:30	**00:22:12.50**	**00:22:42.85**	+00:07:00 (31.6%)	4:26	13.5 (68.2%)
93	**WNUCZYŃSKI Kamil**	**85**		M-10	10	00:00:35	**00:22:14.00**	**00:22:49.55**	+00:07:02 (31.7%)	4:26	13.5 (68.2%)
94	**WESOŁOWSKI Mateusz**	**955**	KOLEGIUM KUJAWSKIE	M-10	11	00:00:47	**00:22:16.00**	**00:23:03.80**	+00:07:04 (31.8%)	4:27	13.5 (68.2%)
95	**PAPROCKI Rafał**	**581**	SLK POLONIA BYDGOSZCZ	M-40	20	00:00:32	**00:22:16.35**	**00:22:48.45**	+00:07:04 (31.8%)	4:27	13.5 (68.2%)
96	**BASA Mikołaj**	**1103**		M-20	20	00:00:28	**00:22:16.45**	**00:22:45.30**	+00:07:04 (31.8%)	4:27	13.5 (68.2%)
97	**GOSPODARCZYK Marek**	**973**		M-40	21	00:00:08	**00:22:18.05**	**00:22:26.95**	+00:07:06 (31.9%)	4:27	13.5 (68.2%)
98	**RASZKA Konrad**	**1077**	RUN LOTTO-BYDGOSTIA	M-10	12	00:00:34	**00:22:18.80**	**00:22:53.10**	+00:07:07 (31.9%)	4:27	13.5 (68.2%)
99	**WIKA Arkadiusz**	**518**		M-20	21	00:00:08	**00:22:19.35**	**00:22:28.10**	+00:07:07 (31.9%)	4:27	13.4 (67.7%)
100	**MIZERAKOWSKI Szymon**	**510**		M-20	22	00:00:18	**00:22:19.70**	**00:22:38.40**	+00:07:08 (32.0%)	4:27	13.4 (67.7%)
101	**ŁASSA Rafał**	**190**	PARKA BIEGA	M-20	23	00:00:10	**00:22:22.65**	**00:22:33.50**	+00:07:11 (32.1%)	4:28	13.4 (67.7%)
102	**SZARKOWSKI Fabian**	**32**	BĄDŹ DOBRYM CZŁOWIEKIEM	M-20	24	00:00:31	**00:22:22.75**	**00:22:54.45**	+00:07:11 (32.1%)	4:28	13.4 (67.7%)
103	**CENTKOWSKI Oliwier**	**909**	KOLEGIUM KUJAWSKIE	M-10	13	00:00:47	**00:22:24.00**	**00:23:11.40**	+00:07:12 (32.2%)	4:28	13.4 (67.7%)
104	**NOWAK Damian**	**729**	-	M-10	14	00:00:04	**00:22:24.65**	**00:22:28.65**	+00:07:13 (32.2%)	4:28	13.4 (67.7%)
105	**KRETOWICZ Piotr**	**73**		M-20	25	00:00:31	**00:22:27.30**	**00:22:58.30**	+00:07:15 (32.3%)	4:29	13.4 (67.7%)
106	**SZYMAŃSKI Łukasz**	**584**		M-30	40	00:00:07	**00:22:27.50**	**00:22:35.45**	+00:07:15 (32.3%)	4:29	13.4 (67.7%)
107	**WĘGRZYNOWSKI Sławomir**	**569**	KABEL TEAM BYDGOSZCZ	M-50	7	00:00:50	**00:22:27.75**	**00:23:18.40**	+00:07:16 (32.4%)	4:29	13.4 (67.7%)
108	**CIEMNY Tomasz**	**591**		M-40	22	00:00:11	**00:22:28.80**	**00:22:39.95**	+00:07:17 (32.4%)	4:29	13.4 (67.7%)
109	**DOMŻALSKI Marek**	**841**		M-50	8	00:00:13	**00:22:29.15**	**00:22:43.10**	+00:07:17 (32.4%)	4:29	13.3 (67.2%)
110	**GROBLENY Szymon**	**301**		M-30	41	00:00:24	**00:22:32.10**	**00:22:56.75**	+00:07:20 (32.6%)	4:30	13.3 (67.2%)
111	**SZARLEJ Marcin**	**396**	PKO BANK POLSKI SA	M-30	42	00:00:39	**00:22:32.35**	**00:23:11.75**	+00:07:20 (32.6%)	4:30	13.3 (67.2%)
112	**WNUCZYŃSKI Jakub**	**201**		M-10	15	00:00:34	**00:22:32.50**	**00:23:07.25**	+00:07:20 (32.6%)	4:30	13.3 (67.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
113	**MICHALAK Wojciech**	**386**		M-50	9	00:00:27	**00:22:32.70**	**00:22:59.80**	+00:07:21 (32.6%)	4:30	13.3 (67.2%)
114	**POPIELARZ Robert**	**212**		M-50	10	00:00:09	**00:22:32.75**	**00:22:42.60**	+00:07:21 (32.6%)	4:30	13.3 (67.2%)
115	**JURKOWSKI Paweł**	**406**	PJKANCELARIA.PL	M-30	43	00:00:37	**00:22:32.85**	**00:23:09.85**	+00:07:21 (32.6%)	4:30	13.3 (67.2%)
116	**SZULC Jacek**	**848**	WAKE UP	M-20	26	00:00:08	**00:22:33.10**	**00:22:41.20**	+00:07:21 (32.6%)	4:30	13.3 (67.2%)
117	**GRZYWACZEWSKI Marcin**	**1075**		M-20	27	00:00:44	**00:22:34.40**	**00:23:18.75**	+00:07:22 (32.7%)	4:30	13.3 (67.2%)
118	**MOMOT Mieczysław**	**332**		M-40	23	00:00:13	**00:22:35.40**	**00:22:48.60**	+00:07:23 (32.7%)	4:31	13.3 (67.2%)
119	**SZCZEPANIK Bartosz**	**218**		M-10	16	00:00:38	**00:22:38.65**	**00:23:17.25**	+00:07:27 (32.9%)	4:31	13.3 (67.2%)
120	**DZIEKAN Wojciech**	**387**	KABEL TEAM BYDGOSZCZ	M-40	24	00:00:49	**00:22:39.00**	**00:23:28.75**	+00:07:27 (32.9%)	4:31	13.2 (66.7%)
121	**NOWACZYK Bartosz**	**1023**		M-30	44	00:00:08	**00:22:41.45**	**00:22:49.85**	+00:07:29 (33.0%)	4:32	13.2 (66.7%)
122	**NEUMANN Paweł**	**1093**	LOTTO-BYDGOSTIA	M-10	17	00:00:33	**00:22:42.75**	**00:23:15.95**	+00:07:31 (33.1%)	4:32	13.2 (66.7%)
123	**KUJAWA Kamil**	**956**		M-30	45	00:00:05	**00:22:44.60**	**00:22:50.00**	+00:07:33 (33.2%)	4:32	13.2 (66.7%)
124	**PRZEKWAS Paweł**	**791**		M-30	46	00:00:08	**00:22:46.80**	**00:22:55.05**	+00:07:35 (33.3%)	4:33	13.2 (66.7%)
125	**KAŹMIRSKI Dariusz**	**252**		M-50	11	00:00:03	**00:22:46.95**	**00:22:50.50**	+00:07:35 (33.3%)	4:33	13.2 (66.7%)
126	**KRAWCZYSZYN Tomasz**	**412**		M-30	47	00:00:14	**00:22:47.45**	**00:23:01.70**	+00:07:35 (33.3%)	4:33	13.2 (66.7%)
127	**WRZESINSKI Artur**	**46**		M-30	48	00:00:42	**00:22:48.35**	**00:23:30.55**	+00:07:36 (33.4%)	4:33	13.2 (66.7%)
128	**WRZESIŃSKI Krzysztof**	**82**		M-30	49	00:00:41	**00:22:51.15**	**00:23:32.60**	+00:07:39 (33.5%)	4:34	13.1 (66.2%)
129	**WNUCZYŃSKI Andrzej**	**81**	ORANGE POLSKA	M-40	25	00:00:34	**00:22:53.95**	**00:23:28.75**	+00:07:42 (33.7%)	4:34	13.1 (66.2%)
130	**MROTEK Michał**	**667**	AKADEMIA MISTRZOW SPORTU	M-40	26	00:00:15	**00:22:54.25**	**00:23:09.30**	+00:07:42 (33.7%)	4:34	13.1 (66.2%)
131	**CIEŚLEWICZ Karol**	**809**	OLAF CREW	M-40	27	00:00:10	**00:22:55.05**	**00:23:05.85**	+00:07:43 (33.7%)	4:35	13.1 (66.2%)
132	**FUŁAT Karol**	**704**	TKKF KOLEJARZ BYDGOSZCZ	M-50	12	00:00:13	**00:22:55.45**	**00:23:09.00**	+00:07:43 (33.7%)	4:35	13.1 (66.2%)
133	**GRUBICH Arkadiusz**	**121**		M-40	28	00:00:14	**00:22:58.65**	**00:23:13.60**	+00:07:47 (33.9%)	4:35	13.1 (66.2%)
134	**RÓLKA Robert**	**997**		M-30	50	00:00:34	**00:22:59.60**	**00:23:34.00**	+00:07:48 (33.9%)	4:35	13.1 (66.2%)
135	**DROŻYŃSKI Maciej**	**230**		M-30	51	00:00:27	**00:23:01.90**	**00:23:29.65**	+00:07:50 (34.0%)	4:36	13 (65.7%)
136	**GACKOWSKI Krzysztof**	**49**		M-40	29	00:00:08	**00:23:02.05**	**00:23:10.85**	+00:07:50 (34.0%)	4:36	13 (65.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
137	**JAKUBCZAK Michał**	**685**		M-30	52	00:00:15	**00:23:03.40**	**00:23:18.60**	+00:07:51 (34.1%)	4:36	13 (65.7%)
138	**SOWIŃSKI Marcin**	**871**		M-30	53	00:00:32	**00:23:05.30**	**00:23:37.45**	+00:07:53 (34.2%)	4:37	13 (65.7%)
139	**BARTOS Arkadiusz**	**1118**		M-20	28	00:00:08	**00:23:06.40**	**00:23:14.95**	+00:07:54 (34.2%)	4:37	13 (65.7%)
140	**KAZUBOWSKI Jacek**	**247**	TRIDARKO/KAZUBKI TEAM	M-50	13	00:00:09	**00:23:07.30**	**00:23:17.05**	+00:07:55 (34.3%)	4:37	13 (65.7%)
141	**ZARECKI Piotr**	**1035**	PAŁUKI RUNNING TEAM	M-30	54	00:00:32	**00:23:09.00**	**00:23:41.65**	+00:07:57 (34.4%)	4:37	13 (65.7%)
142	**GRACZYK Przemysław**	**1001**		M-30	55	00:00:09	**00:23:10.25**	**00:23:19.60**	+00:07:58 (34.4%)	4:38	12.9 (65.2%)
143	**GRUŻEWSKI Michał**	**384**		M-10	18	00:00:26	**00:23:10.35**	**00:23:37.25**	+00:07:58 (34.4%)	4:38	12.9 (65.2%)
144	**STEFAŃSKI Marcin**	**327**	KOJOTY	M-40	30	00:00:12	**00:23:13.75**	**00:23:26.50**	+00:08:02 (34.6%)	4:38	12.9 (65.2%)
145	**LACHOWICZ Robert**	**237**		M-50	14	00:00:12	**00:23:14.95**	**00:23:27.70**	+00:08:03 (34.6%)	4:38	12.9 (65.2%)
146	**BILSKI Marcin**	**690**		M-40	31	00:00:31	**00:23:16.20**	**00:23:47.60**	+00:08:04 (34.7%)	4:39	12.9 (65.2%)
147	**POLIWODZIŃSKI Mateusz**	**514**	WISŁA FORDON	M-10	19	00:00:13	**00:23:16.80**	**00:23:30.75**	+00:08:05 (34.7%)	4:39	12.9 (65.2%)
148	**KRASIŃSKI Piotr**	**784**		M-40	32	00:00:16	**00:23:17.20**	**00:23:33.60**	+00:08:05 (34.8%)	4:39	12.9 (65.2%)
149	**HRYCZ Paweł**	**948**	PAWEŁ BIEGA I KIBICUJE	M-40	33	00:00:29	**00:23:18.55**	**00:23:47.65**	+00:08:06 (34.8%)	4:39	12.9 (65.2%)
150	**NEUMANN Andrzej**	**845**		M-50	15	00:00:15	**00:23:20.50**	**00:23:36.40**	+00:08:08 (34.9%)	4:40	12.9 (65.2%)
151	**WIECZOREK Jakub**	**372**		M-20	29	00:00:14	**00:23:20.60**	**00:23:35.50**	+00:08:09 (34.9%)	4:40	12.9 (65.2%)
152	**ROBACZEWSKI Artur**	**370**		M-40	34	00:00:14	**00:23:20.70**	**00:23:35.65**	+00:08:09 (34.9%)	4:40	12.9 (65.2%)
153	**SĘK Tobiasz**	**546**		M-10	20	00:00:39	**00:23:22.85**	**00:24:01.85**	+00:08:11 (35.0%)	4:40	12.8 (64.6%)
154	**GÓRKA Adrian**	**324**	-	M-10	21	00:00:12	**00:23:23.60**	**00:23:36.20**	+00:08:12 (35.1%)	4:40	12.8 (64.6%)
155	**SOŁTYSIUK Bartosz**	**489**		M-30	56	00:00:36	**00:23:23.95**	**00:24:00.15**	+00:08:12 (35.1%)	4:40	12.8 (64.6%)
156	**KOPIEC Mateusz**	**432**		M-20	30	00:01:18	**00:23:26.50**	**00:24:45.45**	+00:08:14 (35.2%)	4:41	12.8 (64.6%)
157	**RÓŻAŃSKI Kamil**	**401**	3GRAVITY	M-30	57	00:00:29	**00:23:27.80**	**00:23:57.30**	+00:08:16 (35.2%)	4:41	12.8 (64.6%)
158	**KRZYŻANOWSKI Robert**	**1071**		M-50	16	00:00:12	**00:23:28.85**	**00:23:41.10**	+00:08:17 (35.3%)	4:41	12.8 (64.6%)
159	**WENDA Dawid**	**1092**		M-30	58	00:00:05	**00:23:29.55**	**00:23:35.10**	+00:08:17 (35.3%)	4:41	12.8 (64.6%)
160	**CHROMIŃSKI Fabian**	**143**		M-20	31	00:00:15	**00:23:29.80**	**00:23:45.40**	+00:08:18 (35.3%)	4:41	12.8 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
161	**SZATKOWSKI Oskar**	**724**		M-20	32	00:00:19	**00:23:31.10**	**00:23:50.85**	+00:08:19 (35.4%)	4:42	12.8 (64.6%)
162	**STĘPSKI Marek**	**265**	BBL	M-40	35	00:00:07	**00:23:31.15**	**00:23:38.15**	+00:08:19 (35.4%)	4:42	12.8 (64.6%)
163	**FELINIAK Daniel**	**123**		M-30	59	00:00:29	**00:23:31.50**	**00:24:01.30**	+00:08:19 (35.4%)	4:42	12.8 (64.6%)
164	**WARLIKOWSKI Łukasz**	**161**		M-30	60	00:00:29	**00:23:32.00**	**00:24:01.40**	+00:08:20 (35.4%)	4:42	12.7 (64.1%)
165	**DERC Krzysztof**	**452**	KPBPPIR W BYDGOSZCZY	M-20	33	00:00:52	**00:23:33.45**	**00:24:26.40**	+00:08:21 (35.5%)	4:42	12.7 (64.1%)
166	**KAMIŃSKI Marek**	**261**	TYPYGRUBE	M-20	34	00:01:06	**00:23:33.90**	**00:24:40.30**	+00:08:22 (35.5%)	4:42	12.7 (64.1%)
167	**WŁODARCZYK Wojciech**	**604**	CZARNE STOPY	M-50	17	00:00:17	**00:23:34.10**	**00:23:51.10**	+00:08:22 (35.5%)	4:42	12.7 (64.1%)
168	**CIEPŁOWSKI Robert**	**731**		M-40	36	00:00:48	**00:23:34.70**	**00:24:23.05**	+00:08:23 (35.6%)	4:42	12.7 (64.1%)
169	**MODRAKOWSKI Roland**	**1010**	DYSTRYBUCJA-REKLAM.PL	M-30	61	00:00:09	**00:23:36.25**	**00:23:46.00**	+00:08:24 (35.6%)	4:43	12.7 (64.1%)
170	**WOLSKI Marcin**	**392**		M-40	37	00:00:45	**00:23:36.60**	**00:24:21.70**	+00:08:25 (35.6%)	4:43	12.7 (64.1%)
171	**WIDŹGOWSKI Przemysław**	**253**		M-40	38	00:00:30	**00:23:39.75**	**00:24:09.95**	+00:08:28 (35.8%)	4:43	12.7 (64.1%)
172	**ŚWIERCZYŃSKI Marcin**	**585**	ATHLETICOMED.PL BYDGOSZCZ	M-30	62	00:00:38	**00:23:40.15**	**00:24:18.75**	+00:08:28 (35.8%)	4:44	12.7 (64.1%)
173	**KOZIOŁ Łukasz**	**786**		M-30	63	00:00:23	**00:23:40.75**	**00:24:04.00**	+00:08:29 (35.8%)	4:44	12.7 (64.1%)
174	**PSZCZOLIŃSKI Adam**	**239**	ŚWISZCZĄCE SZPRYCHY	M-40	39	00:01:22	**00:23:40.80**	**00:25:02.80**	+00:08:29 (35.8%)	4:44	12.7 (64.1%)
175	**SKRZYNIARZ Hubert**	**691**		M-30	64	00:00:05	**00:23:42.60**	**00:23:48.45**	+00:08:31 (35.9%)	4:44	12.7 (64.1%)
176	**CHOJECKI Jan**	**580**		M-10	22	00:00:50	**00:23:42.65**	**00:24:32.75**	+00:08:31 (35.9%)	4:44	12.7 (64.1%)
177	**ROZKWITALSKI Bartosz**	**38**		M-30	65	00:00:32	**00:23:42.70**	**00:24:15.35**	+00:08:31 (35.9%)	4:44	12.7 (64.1%)
178	**RZENTKOWSKI Grzegorz**	**754**		M-40	40	00:00:11	**00:23:43.30**	**00:23:55.25**	+00:08:31 (36.0%)	4:44	12.6 (63.6%)
179	**KRYSZTOFORSKI Wojciech**	**122**	TEAMOCHAL (ZOSIA TEAM)	M-30	66	00:00:54	**00:23:44.25**	**00:24:38.35**	+00:08:32 (36.0%)	4:44	12.6 (63.6%)
180	**DZIENNIK Maciej**	**349**	THE RUNNERS ŚWIECIE	M-40	41	00:00:10	**00:23:45.60**	**00:23:56.55**	+00:08:34 (36.1%)	4:45	12.6 (63.6%)
181	**JASIŃSKI Tymon**	**1013**		M-10	23	00:01:12	**00:23:46.90**	**00:24:59.40**	+00:08:35 (36.1%)	4:45	12.6 (63.6%)
182	**GUTKOWSKI Michał**	**1058**	RUN LOTTO-BYDGOSTIA	M-10	24	00:00:33	**00:23:46.95**	**00:24:20.75**	+00:08:35 (36.1%)	4:45	12.6 (63.6%)
183	**DOLNY Marcin**	**1026**	FOREST GANG	M-40	42	00:01:17	**00:23:50.20**	**00:25:08.05**	+00:08:38 (36.3%)	4:46	12.6 (63.6%)
184	**SIERADZKI Bartosz**	**874**		M-40	43	00:01:24	**00:23:51.40**	**00:25:15.55**	+00:08:39 (36.3%)	4:46	12.6 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
185	**HIPNAROWICZ Grzegorz**	**1069**	SPORTTREND.PL	M-40	44	00:00:44	**00:23:53.35**	**00:24:38.20**	+00:08:41 (36.4%)	4:46	12.6 (63.6%)
186	**QUAAS Łukasz**	**93**		M-40	45	00:00:29	**00:23:55.90**	**00:24:25.00**	+00:08:44 (36.5%)	4:47	12.5 (63.1%)
187	**NOWOTNIK Mariusz**	**86**		M-40	46	00:00:31	**00:23:57.85**	**00:24:29.40**	+00:08:46 (36.6%)	4:47	12.5 (63.1%)
188	**BARSZCZ Tomasz**	**735**		M-30	67	00:00:12	**00:23:59.05**	**00:24:11.25**	+00:08:47 (36.7%)	4:47	12.5 (63.1%)
189	**DROZOWSKI Daniel**	**411**	M.A.D.M.E.P.	M-40	47	00:00:09	**00:24:01.75**	**00:24:10.85**	+00:08:50 (36.8%)	4:48	12.5 (63.1%)
190	**LIPIŃSKI Sebastian**	**316**	EPROSUMENT/KOJOTY RUNNING TEAM	M-40	48	00:00:12	**00:24:03.00**	**00:24:15.55**	+00:08:51 (36.8%)	4:48	12.5 (63.1%)
191	**RYDLEWSKI Marek**	**273**	RUN BYDGOSZCZ	M-50	18	00:00:42	**00:24:03.25**	**00:24:45.45**	+00:08:51 (36.8%)	4:48	12.5 (63.1%)
192	**KLAWIKOWSKI Dawid**	**108**	TKKF KOLEJARZ BYDGOSZCZ	M-30	68	00:00:06	**00:24:04.20**	**00:24:10.80**	+00:08:52 (36.9%)	4:48	12.5 (63.1%)
193	**KAŹMIRSKI Krzysztof**	**315**		M-10	25	00:00:03	**00:24:04.45**	**00:24:08.20**	+00:08:52 (36.9%)	4:48	12.5 (63.1%)
194	**PINIARSKI Paweł**	**1106**	MOGILNO TEAM	M-30	69	00:00:21	**00:24:07.10**	**00:24:28.50**	+00:08:55 (37.0%)	4:49	12.4 (62.6%)
195	**JANCOWSKI Wojciech**	**928**	LEŚNE DZIADKI TEAM	M-50	19	00:00:42	**00:24:07.20**	**00:24:49.70**	+00:08:55 (37.0%)	4:49	12.4 (62.6%)
196	**RUNNER Andrzej**	**310**		M-50	20	00:00:09	**00:24:09.05**	**00:24:18.25**	+00:08:57 (37.1%)	4:49	12.4 (62.6%)
197	**KAPANOWSKI Sylwester**	**23**		M-40	49	00:00:32	**00:24:11.60**	**00:24:43.90**	+00:09:00 (37.2%)	4:50	12.4 (62.6%)
198	**BAUMGART Jacek**	**595**	BIEGAJ Z DĘBAMI	M-50	21	00:01:20	**00:24:12.05**	**00:25:32.45**	+00:09:00 (37.2%)	4:50	12.4 (62.6%)
199	**SZULC Jarosław**	**677**	SZULC TEAM	M-40	50	00:00:08	**00:24:12.70**	**00:24:21.15**	+00:09:01 (37.2%)	4:50	12.4 (62.6%)
200	**LESZCZYŃSKI Tomasz**	**407**		M-40	51	00:00:39	**00:24:13.75**	**00:24:52.95**	+00:09:02 (37.3%)	4:50	12.4 (62.6%)
201	**GŁOGOWSKI Mateusz**	**583**	SELEKCJA NATURALNA	M-30	70	00:00:31	**00:24:14.60**	**00:24:46.55**	+00:09:03 (37.3%)	4:50	12.4 (62.6%)
202	**DANIELEK Piotr**	**17**	BYDGOSZCZ@BIEGA	M-40	52	00:00:17	**00:24:15.35**	**00:24:32.95**	+00:09:03 (37.4%)	4:51	12.4 (62.6%)
203	**KASZUBA Marek**	**403**		M-30	71	00:00:29	**00:24:18.20**	**00:24:47.80**	+00:09:06 (37.5%)	4:51	12.3 (62.1%)
204	**JASIENIECKI Piotr**	**879**		M-50	22	00:00:09	**00:24:19.40**	**00:24:29.00**	+00:09:07 (37.5%)	4:51	12.3 (62.1%)
205	**ZĄBKOWSKI Krzysztof**	**683**		M-30	72	00:00:22	**00:24:20.70**	**00:24:43.25**	+00:09:09 (37.6%)	4:52	12.3 (62.1%)
206	**KARCZ Jan**	**927**	R.K.S. HUWDU	M-10	26	00:00:59	**00:24:23.55**	**00:25:22.95**	+00:09:11 (37.7%)	4:52	12.3 (62.1%)
207	**DĄBROWSKI Michał**	**110**	MYLEASE.PL	M-30	73	00:00:34	**00:24:24.35**	**00:24:58.35**	+00:09:12 (37.7%)	4:52	12.3 (62.1%)
208	**JAŻDŻEWSKI Dawid**	**424**		M-40	53	00:01:29	**00:24:24.70**	**00:25:54.55**	+00:09:13 (37.8%)	4:52	12.3 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
209	**JAWORSKI Krzysztof**	**815**		M-40	54	00:00:40	**00:24:26.05**	**00:25:06.05**	+00:09:14 (37.8%)	4:53	12.3 (62.1%)
210	**SZCZĘSNY Arkadiusz**	**1036**	DYNAMO SKARPA	M-40	55	00:01:09	**00:24:26.60**	**00:25:35.75**	+00:09:15 (37.8%)	4:53	12.3 (62.1%)
211	**GŁOWACKI Robert**	**72**		M-40	56	00:00:04	**00:24:30.05**	**00:24:34.80**	+00:09:18 (38.0%)	4:54	12.2 (61.6%)
212	**GURZYŃSKI Marcin**	**762**		M-20	35	00:00:21	**00:24:30.15**	**00:24:52.05**	+00:09:18 (38.0%)	4:54	12.2 (61.6%)
213	**ŻYŁKOWSKI Jarosław**	**989**		M-30	74	00:00:09	**00:24:30.80**	**00:24:40.35**	+00:09:19 (38.0%)	4:54	12.2 (61.6%)
214	**IWANIUK Mateusz**	**135**		M-10	27	00:00:50	**00:24:30.90**	**00:25:21.25**	+00:09:19 (38.0%)	4:54	12.2 (61.6%)
215	**MUCHA Marcin**	**257**	BATRUN	M-40	57	00:00:30	**00:24:31.65**	**00:25:02.55**	+00:09:20 (38.1%)	4:54	12.2 (61.6%)
216	**KUCZEWSKI Łukasz**	**435**		M-40	58	00:00:22	**00:24:31.85**	**00:24:54.10**	+00:09:20 (38.1%)	4:54	12.2 (61.6%)
217	**KAŹMIERCZAK Jakub**	**338**		M-10	28	00:00:06	**00:24:32.10**	**00:24:39.05**	+00:09:20 (38.1%)	4:54	12.2 (61.6%)
218	**KASZUBA Konrad**	**376**		M-30	75	00:00:49	**00:24:32.55**	**00:25:21.80**	+00:09:20 (38.1%)	4:54	12.2 (61.6%)
219	**BEDNAREK Waldemar**	**68**		M-40	59	00:00:35	**00:24:35.60**	**00:25:11.35**	+00:09:24 (38.2%)	4:55	12.2 (61.6%)
220	**PSZCZOLIŃSKI Maciej**	**245**	ŚWISZCZĄCE SZPRYCHY	M-40	60	00:01:22	**00:24:37.05**	**00:25:59.70**	+00:09:25 (38.3%)	4:55	12.2 (61.6%)
221	**BARSZCZ Krzysztof**	**752**		M-30	76	00:00:12	**00:24:38.65**	**00:24:50.85**	+00:09:27 (38.3%)	4:55	12.2 (61.6%)
222	**KLAJBOR Mariusz**	**566**	78112416374	M-40	61	00:00:15	**00:24:40.10**	**00:24:56.05**	+00:09:28 (38.4%)	4:56	12.2 (61.6%)
223	**LUZAK Mirosław**	**490**	TKKF KOLEJARZ	M-60+	1	00:00:09	**00:24:40.20**	**00:24:50.10**	+00:09:28 (38.4%)	4:56	12.2 (61.6%)
224	**GOŁEMBIEWSKI Marcin**	**993**	MEGAGOLOMB	M-40	62	00:00:11	**00:24:40.35**	**00:24:51.85**	+00:09:28 (38.4%)	4:56	12.2 (61.6%)
225	**RADECKI Maciej**	**385**		M-40	63	00:00:15	**00:24:40.40**	**00:24:55.60**	+00:09:28 (38.4%)	4:56	12.2 (61.6%)
226	**WINKLEWSKI Tomasz**	**1123**	PGB SPORTOWA PACZKA	M-30	77	00:00:59	**00:24:40.65**	**00:25:40.60**	+00:09:29 (38.4%)	4:56	12.2 (61.6%)
227	**JABŁOŃSKI Jakub**	**695**	MELLO TEAM	M-10	29	00:01:19	**00:24:41.50**	**00:26:01.05**	+00:09:29 (38.5%)	4:56	12.2 (61.6%)
228	**GROCHOWSKI Piotr**	**444**		M-40	64	00:00:07	**00:24:42.60**	**00:24:50.05**	+00:09:31 (38.5%)	4:56	12.1 (61.1%)
229	**ZAPARUCHA Mikołaj**	**287**		M-40	65	00:00:22	**00:24:42.70**	**00:25:05.20**	+00:09:31 (38.5%)	4:56	12.1 (61.1%)
230	**KRUPIŃSKI Artur**	**1044**		M-10	30	00:00:38	**00:24:44.45**	**00:25:23.25**	+00:09:32 (38.6%)	4:56	12.1 (61.1%)
231	**SZEIB Robert**	**1031**		M-40	66	00:00:09	**00:24:45.50**	**00:24:55.35**	+00:09:33 (38.6%)	4:57	12.1 (61.1%)
232	**URBAŃSKI Dawid**	**16**		M-40	67	00:00:36	**00:24:46.70**	**00:25:22.75**	+00:09:35 (38.7%)	4:57	12.1 (61.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
233	**BRYLIŃSKI Jakub**	**326**		M-30	78	00:01:30	**00:24:48.85**	**00:26:19.70**	+00:09:37 (38.8%)	4:57	12.1 (61.1%)
234	**STAWCZYK Dariusz**	**109**		M-40	68	00:00:28	**00:24:50.60**	**00:25:19.55**	+00:09:39 (38.8%)	4:58	12.1 (61.1%)
235	**WOJCIECHOWSKI Grzegorz**	**423**		M-20	36	00:00:20	**00:24:51.85**	**00:25:11.95**	+00:09:40 (38.9%)	4:58	12.1 (61.1%)
236	**MACIEJCZAK Marcin**	**402**	3GRAVITY	M-40	69	00:00:29	**00:24:52.85**	**00:25:22.45**	+00:09:41 (38.9%)	4:58	12.1 (61.1%)
237	**KRUPINSKI Tomasz**	**1043**		M-50	23	00:00:18	**00:24:53.45**	**00:25:11.85**	+00:09:41 (39.0%)	4:58	12.1 (61.1%)
238	**MOCZYNSKI Leszek**	**772**	BYDGOSZCZ BIEGA	M-60+	2	00:00:08	**00:24:54.90**	**00:25:03.85**	+00:09:43 (39.0%)	4:58	12 (60.6%)
239	**KUFLEWICZ Mirko**	**27**		M-30	79	00:00:23	**00:24:55.00**	**00:25:18.15**	+00:09:43 (39.0%)	4:59	12 (60.6%)
240	**JABŁOŃSKI Tomasz**	**254**	MELLO TEAM	M-30	80	00:01:19	**00:24:56.65**	**00:26:15.90**	+00:09:45 (39.1%)	4:59	12 (60.6%)
241	**PUDO Wojciech**	**255**		M-20	37	00:00:11	**00:24:56.95**	**00:25:08.90**	+00:09:45 (39.1%)	4:59	12 (60.6%)
242	**PUDO Mateusz**	**259**		M-20	38	00:00:11	**00:24:57.30**	**00:25:08.85**	+00:09:45 (39.1%)	4:59	12 (60.6%)
243	**GRUDA Mirosław**	**96**		M-60+	3	00:00:11	**00:24:57.80**	**00:25:09.70**	+00:09:46 (39.1%)	4:59	12 (60.6%)
244	**GRUŻEWSKI Jarosław**	**383**		M-40	70	00:00:27	**00:25:02.70**	**00:25:29.70**	+00:09:51 (39.3%)	5:00	12 (60.6%)
245	**BIZON Bartosz**	**763**		M-30	81	00:00:40	**00:25:02.85**	**00:25:43.40**	+00:09:51 (39.3%)	5:00	12 (60.6%)
246	**CICHOWICZ Marcin**	**269**		M-40	71	00:00:08	**00:25:06.65**	**00:25:14.70**	+00:09:55 (39.5%)	5:01	12 (60.6%)
247	**WOLNY Ryszard**	**64**		M-40	72	00:01:17	**00:25:07.55**	**00:26:24.75**	+00:09:55 (39.5%)	5:01	11.9 (60.1%)
248	**KORPALSKI Andrzej**	**961**		M-40	73	00:01:15	**00:25:08.65**	**00:26:23.85**	+00:09:57 (39.6%)	5:01	11.9 (60.1%)
249	**MRUGAŁA Bartosz**	**113**		M-30	82	00:00:44	**00:25:09.60**	**00:25:54.55**	+00:09:58 (39.6%)	5:01	11.9 (60.1%)
250	**BRZEZINSKI Łukasz**	**877**		M-20	39	00:00:39	**00:25:10.75**	**00:25:50.00**	+00:09:59 (39.7%)	5:02	11.9 (60.1%)
251	**GALICKI Jakub**	**829**	AKADEMIA MISTRZÓW SPORTU	M-40	74	00:00:51	**00:25:11.70**	**00:26:03.15**	+00:10:00 (39.7%)	5:02	11.9 (60.1%)
252	**HASS Adam**	**911**		M-40	75	00:00:23	**00:25:12.65**	**00:25:36.40**	+00:10:01 (39.7%)	5:02	11.9 (60.1%)
253	**GŁOWACKI Tomek**	**759**		M-40	76	00:00:07	**00:25:13.45**	**00:25:20.90**	+00:10:01 (39.8%)	5:02	11.9 (60.1%)
254	**BIELICKI Waldemar**	**141**		M-40	77	00:00:35	**00:25:13.55**	**00:25:48.55**	+00:10:01 (39.8%)	5:02	11.9 (60.1%)
255	**GUDELL Radosław**	**733**	GRUPA MODERATOR	M-40	78	00:00:58	**00:25:16.65**	**00:26:14.85**	+00:10:05 (39.9%)	5:03	11.9 (60.1%)
256	**NURKIEWICZ Jarosław**	**1008**	KUNG FU PANDY 3	M-50	24	00:00:49	**00:25:16.70**	**00:26:06.20**	+00:10:05 (39.9%)	5:03	11.9 (60.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
257	**CHACIŃSKI Maciej**	**929**	KOLEGIUM KUJAWSKIE	M-10	31	00:00:48	**00:25:17.25**	**00:26:05.60**	+00:10:05 (39.9%)	5:03	11.9 (60.1%)
258	**KALACZYŃSKI Grzegorz**	**214**		M-50	25	00:01:20	**00:25:17.85**	**00:26:38.55**	+00:10:06 (39.9%)	5:03	11.9 (60.1%)
259	**LEWICKI Piotr**	**181**		M-40	79	00:01:00	**00:25:18.95**	**00:26:19.85**	+00:10:07 (40.0%)	5:03	11.9 (60.1%)
260	**MIŁKOŚ Filip**	**599**		M-10	32	00:00:37	**00:25:21.90**	**00:25:59.30**	+00:10:10 (40.1%)	5:04	11.8 (59.6%)
261	**KARASZEWSKI Aleksander**	**827**		M-30	83	00:00:08	**00:25:23.50**	**00:25:32.35**	+00:10:11 (40.2%)	5:04	11.8 (59.6%)
262	**BUTOWSKI Michał**	**157**		M-40	80	00:01:13	**00:25:25.40**	**00:26:39.15**	+00:10:13 (40.2%)	5:05	11.8 (59.6%)
263	**MACKIEWICZ Mariusz**	**223**		M-40	81	00:00:26	**00:25:26.00**	**00:25:52.15**	+00:10:14 (40.3%)	5:05	11.8 (59.6%)
263	**CZAJA Jarosław**	**37**		M-40	81	00:00:20	**00:25:26.00**	**00:25:46.50**	+00:10:14 (40.3%)	5:05	11.8 (59.6%)
265	**CHOJNACKI Patryk**	**934**		M-20	40	00:00:33	**00:25:26.80**	**00:25:59.90**	+00:10:15 (40.3%)	5:05	11.8 (59.6%)
266	**ŚWIĄTKOWSKI Marcin**	**975**	KOLEGIUM KUJAWSKIE	M-40	83	00:00:40	**00:25:27.10**	**00:26:07.10**	+00:10:15 (40.3%)	5:05	11.8 (59.6%)
267	**KOWALEWSKI Mariusz**	**672**		M-30	84	00:00:55	**00:25:28.10**	**00:26:23.95**	+00:10:16 (40.3%)	5:05	11.8 (59.6%)
268	**CZECHOWSKI Paweł**	**854**	81 BLP	M-30	85	00:00:38	**00:25:30.00**	**00:26:08.50**	+00:10:18 (40.4%)	5:06	11.8 (59.6%)
269	**CZERNY Szymon**	**890**	KOLEGIUM KUJAWSKI	M-10	33	00:00:47	**00:25:30.25**	**00:26:17.25**	+00:10:18 (40.4%)	5:06	11.8 (59.6%)
270	**KRÓL Karol**	**153**	TKKF KOLEJARZ BYDGOSZCZ	M-40	84	00:00:04	**00:25:35.20**	**00:25:39.95**	+00:10:23 (40.6%)	5:07	11.7 (59.1%)
271	**BANASIAK Paweł**	**712**	8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M-30	86	00:00:35	**00:25:35.50**	**00:26:11.05**	+00:10:23 (40.6%)	5:07	11.7 (59.1%)
272	**SŁOWIŃSKI Pawel**	**348**	KPCP SMUKAŁA	M-40	85	00:00:56	**00:25:35.95**	**00:26:32.60**	+00:10:24 (40.6%)	5:07	11.7 (59.1%)
273	**KULKA Marek**	**394**		M-60+	4	00:00:46	**00:25:37.60**	**00:26:23.60**	+00:10:26 (40.7%)	5:07	11.7 (59.1%)
274	**SCHMIDT Marcin**	**300**		M-40	86	00:00:23	**00:25:37.65**	**00:26:01.20**	+00:10:26 (40.7%)	5:07	11.7 (59.1%)
275	**ZŁOTOWSKI Piotr**	**94**	RUN BYDGOSZCZ	M-40	87	00:00:31	**00:25:42.75**	**00:26:14.25**	+00:10:31 (40.9%)	5:08	11.7 (59.1%)
276	**KOZAK Krzysztof**	**304**		M-30	87	00:00:24	**00:25:43.35**	**00:26:08.10**	+00:10:31 (40.9%)	5:08	11.7 (59.1%)
277	**KIEŁCZYŃSKI Andrzej**	**640**		M-30	88	00:00:16	**00:25:43.45**	**00:25:59.95**	+00:10:31 (40.9%)	5:08	11.7 (59.1%)
278	**GREŃ Sebastian**	**639**		M-20	41	00:00:16	**00:25:43.85**	**00:26:00.05**	+00:10:32 (41.0%)	5:08	11.7 (59.1%)
279	**WOŹNICKI Michał**	**448**		M-20	42	00:01:03	**00:25:43.90**	**00:26:47.05**	+00:10:32 (41.0%)	5:08	11.7 (59.1%)
280	**SAJDAK Marcin**	**739**		M-30	89	00:00:31	**00:25:44.05**	**00:26:15.60**	+00:10:32 (41.0%)	5:08	11.7 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
281	**SZUMSKI Kamil**	**833**		M-30	90	00:00:59	**00:25:45.90**	**00:26:45.00**	+00:10:34 (41.0%)	5:09	11.7 (59.1%)
282	**FELIŃCZAK Marcin**	**987**		M-40	88	00:00:58	**00:25:45.95**	**00:26:44.25**	+00:10:34 (41.0%)	5:09	11.7 (59.1%)
283	**WENDA Mateusz**	**258**		M-30	91	00:00:52	**00:25:46.75**	**00:26:38.80**	+00:10:35 (41.1%)	5:09	11.6 (58.6%)
284	**KOPACZ Radosław**	**1102**		M-40	89	00:01:02	**00:25:47.10**	**00:26:49.45**	+00:10:35 (41.1%)	5:09	11.6 (58.6%)
285	**NAWROCKI Dariusz**	**263**	OPEN PL	M-50	26	00:01:39	**00:25:47.30**	**00:27:26.45**	+00:10:35 (41.1%)	5:09	11.6 (58.6%)
286	**STASIEWSKI Mariusz**	**294**	TRISPACE	M-40	90	00:00:39	**00:25:47.95**	**00:26:27.65**	+00:10:36 (41.1%)	5:09	11.6 (58.6%)
287	**STAWICKI Paweł**	**379**		M-40	91	00:00:55	**00:25:49.45**	**00:26:44.70**	+00:10:37 (41.2%)	5:09	11.6 (58.6%)
288	**DEMSKI Krzysztof**	**737**		M-20	43	00:00:34	**00:25:49.50**	**00:26:23.65**	+00:10:37 (41.2%)	5:09	11.6 (58.6%)
289	**JESKE Marek**	**268**	RUN BYDGOSZCZ	M-50	27	00:00:31	**00:25:49.95**	**00:26:21.30**	+00:10:38 (41.2%)	5:09	11.6 (58.6%)
290	**KWASEK Wojciech**	**846**	KABEL TEAM BYDGOSZCZ	M-50	28	00:00:51	**00:25:50.00**	**00:26:41.15**	+00:10:38 (41.2%)	5:10	11.6 (58.6%)
291	**ŻMICH Tomasz**	**92**	MEMO AT HOME BY RAFAŁ GODZIEMSKI	M-40	92	00:00:29	**00:25:52.95**	**00:26:22.35**	+00:10:41 (41.3%)	5:10	11.6 (58.6%)
292	**PAWLAK Robert**	**291**		M-50	29	00:01:05	**00:25:53.10**	**00:26:58.65**	+00:10:41 (41.3%)	5:10	11.6 (58.6%)
293	**FROELICH Łukasz**	**967**		M-30	92	00:00:49	**00:25:54.10**	**00:26:43.85**	+00:10:42 (41.3%)	5:10	11.6 (58.6%)
294	**PAPROCKI Jakub**	**616**	SPOGLO	M-20	44	00:00:18	**00:25:54.70**	**00:26:13.30**	+00:10:43 (41.4%)	5:10	11.6 (58.6%)
295	**OWCZARZAK Michał**	**180**		M-40	93	00:01:01	**00:25:54.90**	**00:26:56.80**	+00:10:43 (41.4%)	5:10	11.6 (58.6%)
296	**ZDUNKIEWICZ Marcin**	**99**		M-40	94	00:00:54	**00:25:55.50**	**00:26:49.95**	+00:10:43 (41.4%)	5:11	11.6 (58.6%)
297	**PIOTROWICZ Wojciech**	**952**	URBEXONIKA	M-30	93	00:00:58	**00:25:55.55**	**00:26:54.25**	+00:10:43 (41.4%)	5:11	11.6 (58.6%)
298	**LASKOWSKI Wojciech**	**577**	WOJCIECH LASKOWSKI FIRMA DORADCZA	M-40	95	00:00:25	**00:25:56.30**	**00:26:21.70**	+00:10:44 (41.4%)	5:11	11.6 (58.6%)
299	**DOMAN Janusz**	**730**	UKS SZABLA BRZOZA	M-60+	5	00:00:22	**00:25:56.50**	**00:26:19.45**	+00:10:44 (41.4%)	5:11	11.6 (58.6%)
300	**WALKOWIAK Paweł**	**393**		M-20	45	00:00:24	**00:25:57.95**	**00:26:22.70**	+00:10:46 (41.5%)	5:11	11.6 (58.6%)
301	**SIUDA Marek**	**360**	KLINIKA TRIATHLONU	M-40	96	00:01:06	**00:25:59.20**	**00:27:05.95**	+00:10:47 (41.5%)	5:11	11.5 (58.1%)
302	**SZUMIŃSKI Jan**	**497**		M-60+	6	00:00:13	**00:26:00.60**	**00:26:14.40**	+00:10:49 (41.6%)	5:12	11.5 (58.1%)
303	**POTRZEBOWSKI Marek**	**950**	DEAF	M-30	94	00:00:58	**00:26:01.65**	**00:26:59.85**	+00:10:50 (41.6%)	5:12	11.5 (58.1%)
304	**KOSIŃSKI Jerzy**	**796**		M-50	30	00:00:11	**00:26:01.75**	**00:26:13.55**	+00:10:50 (41.6%)	5:12	11.5 (58.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
305	**MICHALAK Mariusz**	**788**		M-40	97	00:00:16	**00:26:02.45**	**00:26:18.85**	+00:10:50 (41.7%)	5:12	11.5 (58.1%)
306	**SOSNA Mikolaj**	**186**		M-40	98	00:00:13	**00:26:02.95**	**00:26:16.65**	+00:10:51 (41.7%)	5:12	11.5 (58.1%)
307	**LEWANDOWSKI Michał**	**267**		M-40	99	00:00:10	**00:26:06.70**	**00:26:17.05**	+00:10:55 (41.8%)	5:13	11.5 (58.1%)
308	**GREGO Mateusz**	**472**		M-20	46	00:00:37	**00:26:07.35**	**00:26:44.85**	+00:10:55 (41.8%)	5:13	11.5 (58.1%)
309	**WÓJCIK Piotr**	**8**		M-10	34	00:00:45	**00:26:10.35**	**00:26:56.25**	+00:10:58 (41.9%)	5:14	11.5 (58.1%)
310	**PSZCZOLIŃSKI Michał**	**241**		M-20	47	00:01:22	**00:26:12.70**	**00:27:35.55**	+00:11:01 (42.0%)	5:14	11.5 (58.1%)
311	**DERECKI Piotr**	**753**	KABEL TEAM BYDGOSZCZ	M-50	31	00:01:03	**00:26:16.80**	**00:27:20.20**	+00:11:05 (42.2%)	5:15	11.4 (57.6%)
312	**LWOWSKI Zbigniew**	**487**		M-40	100	00:01:16	**00:26:18.30**	**00:27:34.65**	+00:11:06 (42.2%)	5:15	11.4 (57.6%)
313	**CHOJNACKI Tomasz**	**390**		M-40	101	00:01:26	**00:26:20.10**	**00:27:46.80**	+00:11:08 (42.3%)	5:16	11.4 (57.6%)
314	**KOSZAREK Artur**	**1029**		M-40	102	00:01:26	**00:26:20.55**	**00:27:47.05**	+00:11:08 (42.3%)	5:16	11.4 (57.6%)
315	**PASZKIET Witold**	**159**	TKKF KOLEJARZ	M-60+	7	00:00:14	**00:26:21.30**	**00:26:35.40**	+00:11:09 (42.4%)	5:16	11.4 (57.6%)
316	**SKÓRCZEWSKI Jacek**	**1047**		M-50	32	00:00:34	**00:26:21.95**	**00:26:55.95**	+00:11:10 (42.4%)	5:16	11.4 (57.6%)
317	**BYLICA Robert**	**982**		M-40	103	00:00:52	**00:26:25.00**	**00:27:17.05**	+00:11:13 (42.5%)	5:17	11.4 (57.6%)
318	**ZIELIŃSKI Jakub**	**893**	KOLEGIUM KUJAWSKIE	M-10	35	00:00:46	**00:26:25.70**	**00:27:12.55**	+00:11:14 (42.5%)	5:17	11.4 (57.6%)
319	**BERNADY Dawid**	**505**		M-30	95	00:00:23	**00:26:27.75**	**00:26:51.00**	+00:11:16 (42.6%)	5:17	11.3 (57.1%)
320	**KUĆMIERZ Mirosław**	**658**		M-50	33	00:00:43	**00:26:28.40**	**00:27:12.35**	+00:11:16 (42.6%)	5:17	11.3 (57.1%)
321	**RYBAK Marcin**	**1039**	8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M-40	104	00:00:34	**00:26:28.50**	**00:27:03.30**	+00:11:16 (42.6%)	5:17	11.3 (57.1%)
322	**KOPCZYŃSKI Marcin**	**187**		M-40	105	00:00:10	**00:26:28.70**	**00:26:39.40**	+00:11:17 (42.6%)	5:17	11.3 (57.1%)
323	**PRIETZ Bartosz**	**555**		M-40	106	00:01:10	**00:26:29.85**	**00:27:40.35**	+00:11:18 (42.7%)	5:17	11.3 (57.1%)
324	**CHOJNACKI Damian**	**399**		M-20	48	00:01:27	**00:26:30.35**	**00:27:57.70**	+00:11:18 (42.7%)	5:18	11.3 (57.1%)
325	**LECH Marek**	**116**	WHM POLSKA	M-40	107	00:00:32	**00:26:30.65**	**00:27:03.25**	+00:11:19 (42.7%)	5:18	11.3 (57.1%)
326	**LEWANDOWSKI Patryk**	**810**		M-10	36	00:00:18	**00:26:32.00**	**00:26:50.40**	+00:11:20 (42.7%)	5:18	11.3 (57.1%)
327	**ZAGÓRSKI Artur**	**949**	URBEXONIKA	M-20	49	00:00:58	**00:26:33.65**	**00:27:31.70**	+00:11:22 (42.8%)	5:18	11.3 (57.1%)
328	**SZMELTER Michał**	**160**		M-40	108	00:01:02	**00:26:34.00**	**00:27:36.40**	+00:11:22 (42.8%)	5:18	11.3 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
329	**KOLASSA Michał**	**938**		M-20	50	00:00:07	**00:26:34.95**	**00:26:42.35**	+00:11:23 (42.8%)	5:18	11.3 (57.1%)
330	**KOSTRZAK Dominik**	**305**	SKLEPSAKRALNY.PL	M-30	96	00:00:20	**00:26:36.55**	**00:26:56.55**	+00:11:24 (42.9%)	5:19	11.3 (57.1%)
331	**ŁEMPICKI Marek**	**977**		M-30	97	00:00:17	**00:26:41.65**	**00:26:58.65**	+00:11:30 (43.1%)	5:20	11.2 (56.6%)
332	**GRUDOWSKI Jarek**	**547**		M-40	109	00:00:13	**00:26:42.25**	**00:26:55.90**	+00:11:30 (43.1%)	5:20	11.2 (56.6%)
333	**KĘSIK Roman**	**803**	13 WOG GRUDZIĄDZ	M-50	34	00:00:47	**00:26:43.75**	**00:27:31.55**	+00:11:32 (43.2%)	5:20	11.2 (56.6%)
334	**BOROWCZAK Paweł**	**185**		M-20	51	00:00:11	**00:26:44.15**	**00:26:55.15**	+00:11:32 (43.2%)	5:20	11.2 (56.6%)
335	**GOŁĘBIEWSKI Piotr**	**491**		M-40	110	00:01:05	**00:26:44.65**	**00:27:50.25**	+00:11:33 (43.2%)	5:20	11.2 (56.6%)
336	**PRACA Szymon**	**495**		M-10	37	00:00:21	**00:26:45.80**	**00:27:07.75**	+00:11:34 (43.2%)	5:21	11.2 (56.6%)
337	**PROKOPOWICZ Paweł**	**868**		M-40	111	00:01:24	**00:26:46.55**	**00:28:10.85**	+00:11:34 (43.3%)	5:21	11.2 (56.6%)
338	**RATAJ Maciej**	**1009**		M-40	112	00:00:22	**00:26:46.60**	**00:27:08.80**	+00:11:35 (43.3%)	5:21	11.2 (56.6%)
339	**ŁUKASIEWICZ Krzysztof**	**52**	MAJA	M-40	113	00:00:27	**00:26:46.70**	**00:27:14.40**	+00:11:35 (43.3%)	5:21	11.2 (56.6%)
340	**WOLNY Tomasz**	**653**		M-30	98	00:00:10	**00:26:50.15**	**00:27:00.65**	+00:11:38 (43.4%)	5:22	11.2 (56.6%)
341	**KASPRZAK Wojciech**	**462**		M-40	114	00:00:40	**00:26:50.25**	**00:27:30.60**	+00:11:38 (43.4%)	5:22	11.2 (56.6%)
342	**LIS Janusz**	**605**	TKKF CHEŁMNO	M-50	35	00:00:18	**00:26:51.00**	**00:27:09.55**	+00:11:39 (43.4%)	5:22	11.2 (56.6%)
343	**DOMAGAŁA Mikołaj**	**945**	KOLEGIUM KUJAWSKI	M-10	38	00:00:48	**00:26:52.05**	**00:27:40.15**	+00:11:40 (43.5%)	5:22	11.2 (56.6%)
344	**LEWICKI Aleksander**	**182**		M-10	39	00:01:00	**00:26:52.20**	**00:27:52.65**	+00:11:40 (43.5%)	5:22	11.2 (56.6%)
345	**JANOWSKI Piotr**	**656**	TKKF CHEŁMNO	M-50	36	00:00:18	**00:26:53.05**	**00:27:11.50**	+00:11:41 (43.5%)	5:22	11.2 (56.6%)
346	**ŁATKA Marcin**	**902**		M-40	115	00:00:19	**00:26:54.15**	**00:27:13.65**	+00:11:42 (43.5%)	5:22	11.2 (56.6%)
347	**PIOTROWSKI Dariusz**	**74**		M-40	116	00:01:05	**00:26:55.15**	**00:28:00.15**	+00:11:43 (43.6%)	5:23	11.1 (56.1%)
348	**KUCZEWSKI Damian**	**436**		M-10	40	00:00:21	**00:26:55.80**	**00:27:17.40**	+00:11:44 (43.6%)	5:23	11.1 (56.1%)
349	**WAWRZYNIAK Andrzej**	**118**	22.ODN	M-60+	8	00:00:31	**00:26:57.25**	**00:27:29.10**	+00:11:45 (43.6%)	5:23	11.1 (56.1%)
350	**ŻYDOWICZ Piotr**	**75**		M-30	99	00:00:34	**00:26:59.15**	**00:27:33.55**	+00:11:47 (43.7%)	5:23	11.1 (56.1%)
351	**MROZIK Andrzej**	**741**		M-40	117	00:01:03	**00:26:59.60**	**00:28:03.00**	+00:11:48 (43.7%)	5:23	11.1 (56.1%)
352	**WILCZYŃSKI Arkadiusz**	**156**		M-30	100	00:01:00	**00:27:01.15**	**00:28:01.85**	+00:11:49 (43.8%)	5:24	11.1 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
353	**GOŁĘBIEWSKI Paweł**	**145**		M-40	118	00:01:00	**00:27:01.45**	**00:28:01.90**	+00:11:49 (43.8%)	5:24	11.1 (56.1%)
354	**SZERWIŃSKI Mateusz**	**345**		M-20	52	00:01:18	**00:27:02.05**	**00:28:20.25**	+00:11:50 (43.8%)	5:24	11.1 (56.1%)
355	**WINIARSKI Kacper**	**1110**		M-10	41	00:00:48	**00:27:03.05**	**00:27:51.45**	+00:11:51 (43.8%)	5:24	11.1 (56.1%)
356	**LUDWINIAK Paweł**	**325**		M-20	53	00:00:19	**00:27:03.35**	**00:27:22.65**	+00:11:51 (43.8%)	5:24	11.1 (56.1%)
357	**KRAJDA Piotr**	**574**	BBL BYDGOSZCZ	M-40	119	00:00:20	**00:27:04.40**	**00:27:25.25**	+00:11:52 (43.9%)	5:24	11.1 (56.1%)
358	**KULCZYŃSKI Przemysław**	**219**		M-30	101	00:01:02	**00:27:04.50**	**00:28:07.35**	+00:11:52 (43.9%)	5:24	11.1 (56.1%)
359	**ŚWIETLIK Grzegorz**	**516**	#SWIETLIKIFAMILJA	M-30	102	00:00:17	**00:27:07.45**	**00:27:24.95**	+00:11:55 (44.0%)	5:25	11.1 (56.1%)
360	**BRĄGIEL Jakub**	**298**	MUD FOXES	M-30	103	00:01:06	**00:27:08.05**	**00:28:14.50**	+00:11:56 (44.0%)	5:25	11.1 (56.1%)
361	**GŁOWACKI Bartosz**	**311**		M-20	54	00:00:49	**00:27:09.70**	**00:27:59.65**	+00:11:58 (44.1%)	5:25	11 (55.6%)
362	**BOROWIEC Michał**	**341**	VENEZUELATEAM	M-30	104	00:01:22	**00:27:11.75**	**00:28:34.55**	+00:12:00 (44.1%)	5:26	11 (55.6%)
362	**ILNITSKYI Ivan**	**36**		M-20	55	00:00:18	**00:27:11.75**	**00:27:29.85**	+00:12:00 (44.1%)	5:26	11 (55.6%)
364	**ZNANIECKI Wojciech**	**282**		M-30	105	00:00:54	**00:27:17.00**	**00:28:11.55**	+00:12:05 (44.3%)	5:27	11 (55.6%)
365	**MAŁKIŃSKI Józef**	**766**		M-60+	9	00:00:56	**00:27:22.05**	**00:28:18.80**	+00:12:10 (44.5%)	5:28	11 (55.6%)
366	**OSZUBSKI Kazimierz**	**1121**	PGB	M-40	120	00:00:30	**00:27:23.10**	**00:27:53.80**	+00:12:11 (44.5%)	5:28	11 (55.6%)
367	**MICHAŁOWSKI Bartosz**	**1052**		M-20	56	00:00:33	**00:27:23.75**	**00:27:57.30**	+00:12:12 (44.5%)	5:28	11 (55.6%)
368	**GOTOWICZ Mariusz**	**243**		M-50	37	00:00:45	**00:27:23.85**	**00:28:09.70**	+00:12:12 (44.5%)	5:28	11 (55.6%)
369	**BANDOCH Arkadiusz**	**565**		M-40	121	00:00:26	**00:27:30.15**	**00:27:57.00**	+00:12:18 (44.8%)	5:30	10.9 (55.1%)
370	**CZYNSZ Łukasz**	**125**		M-30	106	00:01:03	**00:27:30.35**	**00:28:33.70**	+00:12:18 (44.8%)	5:30	10.9 (55.1%)
371	**WOJCIESZAK Dariusz**	**728**		M-50	38	00:00:51	**00:27:30.85**	**00:28:22.05**	+00:12:19 (44.8%)	5:30	10.9 (55.1%)
372	**OKRĘGLICKI Antoni**	**1040**		M-60+	10	00:00:51	**00:27:30.95**	**00:28:22.85**	+00:12:19 (44.8%)	5:30	10.9 (55.1%)
373	**MAKUSZEWSKI Mateusz**	**40**		M-30	107	00:00:30	**00:27:33.20**	**00:28:03.85**	+00:12:21 (44.9%)	5:30	10.9 (55.1%)
374	**SYBILA Michał**	**346**	VENEZUELATEAM	M-30	108	00:01:22	**00:27:35.00**	**00:28:57.35**	+00:12:23 (44.9%)	5:31	10.9 (55.1%)
375	**ŚWIETLIK Piotr**	**313**		M-50	39	00:00:33	**00:27:35.35**	**00:28:08.60**	+00:12:23 (44.9%)	5:31	10.9 (55.1%)
376	**MIELCARSKI Michał**	**302**	MIELCAR TEAM	M-40	122	00:01:10	**00:27:35.80**	**00:28:46.25**	+00:12:24 (44.9%)	5:31	10.9 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
377	**CIACHERA Ireneusz**	**44**	INDYWIDUALNIE	M-50	40	00:00:52	**00:27:37.45**	**00:28:29.80**	+00:12:25 (45.0%)	5:31	10.9 (55.1%)
378	**DOLNY Kajetan**	**1030**	FOREST GANG	M-10	42	00:01:17	**00:27:38.55**	**00:28:56.40**	+00:12:26 (45.0%)	5:31	10.9 (55.1%)
379	**MAZUR Wojciech**	**671**		M-50	41	00:00:52	**00:27:38.60**	**00:28:31.20**	+00:12:27 (45.0%)	5:31	10.9 (55.1%)
380	**SIKORSKI Norbert**	**4**	MATEMATYKA Z PLUSEM	M-40	123	00:00:13	**00:27:39.30**	**00:27:52.50**	+00:12:27 (45.1%)	5:31	10.8 (54.5%)
381	**BŁAŻEJEWSKI Dariusz**	**520**		M-50	42	00:01:01	**00:27:39.70**	**00:28:40.95**	+00:12:28 (45.1%)	5:31	10.8 (54.5%)
382	**DĄBROWSKI Bartosz**	**960**	SPORTOWA PASJA	M-30	109	00:00:59	**00:27:41.55**	**00:28:41.30**	+00:12:29 (45.1%)	5:32	10.8 (54.5%)
383	**TADROWSKI Rafał**	**56**		M-40	124	00:00:29	**00:27:42.25**	**00:28:11.45**	+00:12:30 (45.2%)	5:32	10.8 (54.5%)
384	**GRUBA Grzegorz**	**844**	KOLEGIUM KUJAWSKIE	M-40	125	00:00:36	**00:27:42.45**	**00:28:19.10**	+00:12:30 (45.2%)	5:32	10.8 (54.5%)
385	**ZIÓŁKOWSKI Marek**	**717**		M-30	110	00:01:04	**00:27:43.40**	**00:28:47.70**	+00:12:31 (45.2%)	5:32	10.8 (54.5%)
386	**DURAJEWSKI Mateusz**	**144**		M-30	111	00:01:00	**00:27:43.45**	**00:28:43.60**	+00:12:31 (45.2%)	5:32	10.8 (54.5%)
387	**RATAJCZAK Robert**	**1114**	TG SOKÓŁ I	M-50	43	00:01:12	**00:27:48.15**	**00:29:00.55**	+00:12:36 (45.4%)	5:33	10.8 (54.5%)
388	**SOBOTA Piotr**	**513**		M-50	44	00:00:53	**00:27:48.55**	**00:28:41.85**	+00:12:36 (45.4%)	5:33	10.8 (54.5%)
389	**BURNICKI Mariusz**	**428**		M-50	45	00:00:34	**00:27:50.80**	**00:28:25.65**	+00:12:39 (45.4%)	5:34	10.8 (54.5%)
390	**KWASIGROCH Wiktor**	**549**		M-20	57	00:00:41	**00:27:50.95**	**00:28:32.25**	+00:12:39 (45.4%)	5:34	10.8 (54.5%)
391	**FRANKÓW Łukasz**	**1005**		M-30	112	00:00:19	**00:27:55.10**	**00:28:14.55**	+00:12:43 (45.6%)	5:35	10.7 (54.0%)
392	**FRANCIS Khalil**	**312**		M-40	126	00:00:25	**00:27:57.05**	**00:28:22.45**	+00:12:45 (45.6%)	5:35	10.7 (54.0%)
393	**DRZEWIECKI Mikołaj**	**207**		M-30	113	00:01:02	**00:27:57.15**	**00:28:59.15**	+00:12:45 (45.6%)	5:35	10.7 (54.0%)
394	**WILMA Paweł**	**426**		M-30	114	00:01:26	**00:28:00.30**	**00:29:26.45**	+00:12:48 (45.7%)	5:36	10.7 (54.0%)
395	**GOŁCZYŃSKI Tomasz**	**496**		M-40	127	00:00:57	**00:28:00.95**	**00:28:58.35**	+00:12:49 (45.8%)	5:36	10.7 (54.0%)
396	**BIDAS Wiktor**	**114**	MATEMATYKA Z PLUSEM	M-10	43	00:00:13	**00:28:02.50**	**00:28:16.15**	+00:12:50 (45.8%)	5:36	10.7 (54.0%)
397	**CHĘSY Jacek**	**232**		M-40	128	00:00:49	**00:28:04.40**	**00:28:53.95**	+00:12:52 (45.9%)	5:36	10.7 (54.0%)
398	**ZIELIŃSKI Radosław**	**925**		M-30	115	00:00:49	**00:28:05.85**	**00:28:55.30**	+00:12:54 (45.9%)	5:37	10.7 (54.0%)
399	**OPALA Marcin**	**272**		M-40	129	00:00:57	**00:28:06.30**	**00:29:03.35**	+00:12:54 (45.9%)	5:37	10.7 (54.0%)
400	**WILCZYŃSKI Łukasz**	**200**		M-30	116	00:00:57	**00:28:09.35**	**00:29:06.70**	+00:12:57 (46.0%)	5:37	10.7 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
401	**GRALAK Jacek**	**422**		M-40	130	00:00:47	**00:28:11.30**	**00:28:58.40**	+00:12:59 (46.1%)	5:38	10.6 (53.5%)
402	**GACZKOWSKI Paweł**	**548**		M-40	131	00:00:12	**00:28:11.50**	**00:28:24.10**	+00:12:59 (46.1%)	5:38	10.6 (53.5%)
403	**LEWICKI Arkadiusz**	**607**		M-30	117	00:01:12	**00:28:11.55**	**00:29:24.20**	+00:12:59 (46.1%)	5:38	10.6 (53.5%)
404	**GŁOWACKI Kamil**	**761**		M-10	44	00:00:08	**00:28:13.40**	**00:28:21.75**	+00:13:01 (46.2%)	5:38	10.6 (53.5%)
405	**KWIATKOWSKI Michał**	**880**	KOLEGIUM KUJAWSKIE	M-30	118	00:00:39	**00:28:13.45**	**00:28:53.35**	+00:13:01 (46.2%)	5:38	10.6 (53.5%)
406	**PRUSZAK Julian**	**805**	LAERDAL MEDICAL POLAND	M-30	119	00:01:14	**00:28:13.85**	**00:29:27.95**	+00:13:02 (46.2%)	5:38	10.6 (53.5%)
407	**BUDCZAN Oliwier**	**991**	KOLEGIUM KUJAWSKIE	M-10	45	00:00:44	**00:28:14.60**	**00:28:59.15**	+00:13:03 (46.2%)	5:38	10.6 (53.5%)
408	**GLINKOWSKI Dariusz**	**63**	B28	M-30	120	00:00:17	**00:28:15.65**	**00:28:32.95**	+00:13:04 (46.2%)	5:39	10.6 (53.5%)
409	**KOSIARSKI Tomasz**	**417**		M-40	132	00:00:39	**00:28:16.00**	**00:28:55.65**	+00:13:04 (46.3%)	5:39	10.6 (53.5%)
410	**JANYSKA Adam**	**594**	UKS KOPERNIK BYDGOSZCZ	M-20	58	00:00:07	**00:28:17.00**	**00:28:24.75**	+00:13:05 (46.3%)	5:39	10.6 (53.5%)
411	**SMUCZYŃSKI Wojciech**	**278**		M-30	121	00:01:02	**00:28:18.35**	**00:29:20.85**	+00:13:06 (46.3%)	5:39	10.6 (53.5%)
412	**KRAJEWSKI Kamil**	**309**		M-20	59	00:01:08	**00:28:20.20**	**00:29:28.65**	+00:13:08 (46.4%)	5:40	10.6 (53.5%)
413	**KOSEK Mariusz**	**813**		M-40	133	00:00:58	**00:28:21.20**	**00:29:19.75**	+00:13:09 (46.4%)	5:40	10.6 (53.5%)
414	**MLICKI Marcin**	**66**		M-40	134	00:01:26	**00:28:22.05**	**00:29:48.95**	+00:13:10 (46.4%)	5:40	10.6 (53.5%)
415	**BRZYKCY Artur**	**812**	BIEGACZE KCYNIA TEAM	M-20	60	00:00:28	**00:28:22.55**	**00:28:51.50**	+00:13:10 (46.5%)	5:40	10.6 (53.5%)
416	**BĄKOWSKI Dawid**	**654**		M-30	122	00:00:52	**00:28:22.80**	**00:29:15.10**	+00:13:11 (46.5%)	5:40	10.6 (53.5%)
417	**DAMBECKI Piotr**	**194**	POLISH AIR FORCE FAMILY FAN CLUB	M-40	135	00:00:57	**00:28:23.50**	**00:29:20.75**	+00:13:11 (46.5%)	5:40	10.6 (53.5%)
418	**GOLIK Krzysztof**	**19**	FORDONRUNNERS	M-40	136	00:01:05	**00:28:24.05**	**00:29:29.30**	+00:13:12 (46.5%)	5:40	10.6 (53.5%)
419	**WOJTCZAK Arkadiusz**	**757**		M-20	61	00:01:22	**00:28:25.50**	**00:29:48.15**	+00:13:13 (46.5%)	5:41	10.6 (53.5%)
420	**DOMBROWSKI Łukasz**	**440**		M-30	123	00:01:09	**00:28:25.95**	**00:29:35.05**	+00:13:14 (46.6%)	5:41	10.6 (53.5%)
421	**WESOŁOWSKI Dariusz**	**172**		M-50	46	00:00:14	**00:28:26.15**	**00:28:40.30**	+00:13:14 (46.6%)	5:41	10.6 (53.5%)
422	**KASZUBOWSKI Daniel**	**318**		M-30	124	00:01:25	**00:28:26.55**	**00:29:51.80**	+00:13:14 (46.6%)	5:41	10.6 (53.5%)
423	**JAGIELSKI Łukasz**	**1116**		M-40	137	00:00:27	**00:28:27.50**	**00:28:54.85**	+00:13:15 (46.6%)	5:41	10.5 (53.0%)
424	**KWAŚNIEWSKI Waldemar**	**588**		M-50	47	00:01:11	**00:28:36.80**	**00:29:47.90**	+00:13:25 (46.9%)	5:43	10.5 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
425	**SARNECKI Waldemar**	**404**		M-30	125	00:00:13	**00:28:37.20**	**00:28:50.65**	+00:13:25 (46.9%)	5:43	10.5 (53.0%)
426	**NOWAK Marcin**	**235**		M-40	138	00:00:12	**00:28:38.55**	**00:28:51.50**	+00:13:26 (47.0%)	5:43	10.5 (53.0%)
427	**KUK Bartłomiej**	**132**		M-10	46	00:00:48	**00:28:39.55**	**00:29:28.15**	+00:13:27 (47.0%)	5:43	10.5 (53.0%)
428	**ŁĘGA Mariusz**	**369**		M-20	62	00:00:25	**00:28:40.60**	**00:29:06.00**	+00:13:29 (47.0%)	5:44	10.5 (53.0%)
429	**SZAMP Krzysztof**	**560**		M-40	139	00:00:32	**00:28:41.05**	**00:29:13.65**	+00:13:29 (47.0%)	5:44	10.5 (53.0%)
430	**PRZYBYLSKI Mariusz**	**206**	BYDGOSZCZ NA START	M-50	48	00:00:57	**00:28:45.90**	**00:29:43.25**	+00:13:34 (47.2%)	5:45	10.4 (52.5%)
431	**CIEŚLICKI Krzysztof**	**582**	SISU TEAM	M-30	126	00:01:13	**00:28:49.00**	**00:30:02.35**	+00:13:37 (47.3%)	5:45	10.4 (52.5%)
432	**KOPCZYŃSKI Piotr**	**726**		M-20	63	00:00:13	**00:28:59.75**	**00:29:12.95**	+00:13:48 (47.6%)	5:47	10.4 (52.5%)
433	**JANKOWSKI Marcin**	**1100**		M-20	64	00:01:30	**00:28:59.80**	**00:30:30.60**	+00:13:48 (47.6%)	5:47	10.4 (52.5%)
434	**FABROWSKI Dawid**	**238**	TRITATA TEAMOCHAL	M-40	140	00:01:16	**00:29:06.55**	**00:30:22.85**	+00:13:54 (47.8%)	5:49	10.3 (52.0%)
435	**ŁUDZIŃSKI Jakub**	**706**		M-30	127	00:01:04	**00:29:07.45**	**00:30:11.45**	+00:13:55 (47.8%)	5:49	10.3 (52.0%)
436	**PAPIS Piotr**	**742**	BACKONIK	M-40	141	00:00:52	**00:29:09.30**	**00:30:02.20**	+00:13:57 (47.9%)	5:49	10.3 (52.0%)
437	**SCIGOCKI Waldemar**	**165**		M-50	49	00:00:21	**00:29:09.85**	**00:29:30.95**	+00:13:58 (47.9%)	5:49	10.3 (52.0%)
438	**BANDOCH Jacek**	**158**		M-30	128	00:01:30	**00:29:11.70**	**00:30:42.00**	+00:14:00 (48.0%)	5:50	10.3 (52.0%)
439	**DOMINICZAK Robert**	**499**		M-50	50	00:00:48	**00:29:12.40**	**00:30:01.10**	+00:14:00 (48.0%)	5:50	10.3 (52.0%)
440	**GUŹDZIOŁ Jarek**	**990**	TBKM WILK SOLEC KUJAWSKI	M-40	142	00:01:12	**00:29:13.60**	**00:30:25.80**	+00:14:02 (48.0%)	5:50	10.3 (52.0%)
441	**CEJKO Sławomir**	**1004**		M-40	143	00:01:25	**00:29:16.60**	**00:30:41.85**	+00:14:05 (48.1%)	5:51	10.3 (52.0%)
442	**KOLANOWSKI Wojciech**	**820**		M-50	51	00:00:24	**00:29:18.30**	**00:29:43.00**	+00:14:06 (48.2%)	5:51	10.2 (51.5%)
443	**WYPORKIEWICZ Jerzy**	**719**	KLINIKA TRIATHLONU	M-50	52	00:01:00	**00:29:19.65**	**00:30:19.85**	+00:14:08 (48.2%)	5:51	10.2 (51.5%)
444	**MYSYK Igor**	**1033**		M-20	65	00:00:25	**00:29:21.20**	**00:29:46.95**	+00:14:09 (48.2%)	5:52	10.2 (51.5%)
445	**ZDUNKIEWICZ Filip**	**100**	#WIĘCEJSPRZĘTUNIŻTALENTU	M-10	47	00:00:57	**00:29:21.45**	**00:30:18.85**	+00:14:09 (48.2%)	5:52	10.2 (51.5%)
446	**BURCHARD Remigiusz**	**504**		M-40	144	00:00:56	**00:29:22.55**	**00:30:19.00**	+00:14:10 (48.3%)	5:52	10.2 (51.5%)
447	**BĄBOLEWSKI Łukasz**	**97**	#WIĘCEJSPRZĘTUNIŻTALENTU	M-30	129	00:00:56	**00:29:23.15**	**00:30:19.55**	+00:14:11 (48.3%)	5:52	10.2 (51.5%)
448	**HAWRYŁO Mariusz**	**389**		M-30	130	00:00:17	**00:29:24.35**	**00:29:42.15**	+00:14:12 (48.3%)	5:52	10.2 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
449	**STRUGAŁA Łukasz**	**202**		M-30	131	00:00:21	**00:29:25.25**	**00:29:46.85**	+00:14:13 (48.4%)	5:53	10.2 (51.5%)
450	**PRĄDZYŃSKI Marcin**	**229**	AKADEMIAMISTRZOWSPORTU	M-40	145	00:01:13	**00:29:31.90**	**00:30:45.70**	+00:14:20 (48.6%)	5:54	10.2 (51.5%)
451	**KUSA Piotr**	**944**		M-40	146	00:01:13	**00:29:34.80**	**00:30:48.10**	+00:14:23 (48.6%)	5:54	10.1 (51.0%)
452	**DEPTUŁA Stanisław**	**154**	NIEZRZESZONY	M-10	48	00:00:27	**00:29:37.40**	**00:30:05.35**	+00:14:25 (48.7%)	5:55	10.1 (51.0%)
453	**DALKIEWICZ Igor**	**573**		M-20	66	00:00:36	**00:29:38.05**	**00:30:14.15**	+00:14:26 (48.7%)	5:55	10.1 (51.0%)
454	**SZCZERBA Dariusz**	**83**		M-40	147	00:01:00	**00:29:40.15**	**00:30:41.00**	+00:14:28 (48.8%)	5:56	10.1 (51.0%)
455	**KOZŁOWSKI Przemysław**	**359**		M-20	67	00:01:00	**00:29:40.80**	**00:30:40.95**	+00:14:29 (48.8%)	5:56	10.1 (51.0%)
456	**WRZESIŃSKI Maciej**	**914**	KOLEGIUM KUJAWSKIE	M-10	49	00:00:47	**00:29:42.90**	**00:30:30.65**	+00:14:31 (48.9%)	5:56	10.1 (51.0%)
457	**SKORNIA Paweł**	**199**		M-30	132	00:01:05	**00:29:46.35**	**00:30:52.05**	+00:14:34 (49.0%)	5:57	10.1 (51.0%)
458	**REINKE Kajetan**	**129**		M-10	50	00:00:05	**00:29:47.75**	**00:29:52.95**	+00:14:36 (49.0%)	5:57	10.1 (51.0%)
459	**KWIATKOWSKI Konrad**	**892**	KOLEGIUM KUJAWSKIE	M-10	51	00:00:45	**00:29:48.80**	**00:30:33.85**	+00:14:37 (49.0%)	5:57	10.1 (51.0%)
460	**ŚWIATLAK Marek**	**527**	TEAM BYDGOSZCZ	M-50	53	00:00:54	**00:29:48.95**	**00:30:43.65**	+00:14:37 (49.0%)	5:57	10.1 (51.0%)
461	**WOŁOWIEC Dawid**	**964**		M-10	52	00:00:40	**00:29:49.50**	**00:30:30.05**	+00:14:37 (49.1%)	5:57	10.1 (51.0%)
462	**BURY Tomasz**	**240**		M-30	133	00:00:18	**00:29:50.00**	**00:30:08.05**	+00:14:38 (49.1%)	5:58	10.1 (51.0%)
463	**KOSIOROWSKI Przemysław**	**965**		M-40	148	00:00:50	**00:29:52.05**	**00:30:42.60**	+00:14:40 (49.1%)	5:58	10 (50.5%)
464	**FURMAN Paweł**	**668**	SFORA BMK	M-30	134	00:01:22	**00:29:54.05**	**00:31:16.85**	+00:14:42 (49.2%)	5:58	10 (50.5%)
465	**WOLAN Krzysztof**	**59**	PRZEŻYĆ !	M-40	149	00:00:19	**00:29:57.45**	**00:30:16.50**	+00:14:45 (49.3%)	5:59	10 (50.5%)
466	**GROCHALA Michał**	**11**		M-30	135	00:00:58	**00:30:00.80**	**00:30:59.55**	+00:14:49 (49.4%)	6:00	10 (50.5%)
467	**KORNACKI Tobiasz**	**922**	KOLEGIUM KUJAWSKIE	M-10	53	00:00:47	**00:30:02.25**	**00:30:49.50**	+00:14:50 (49.4%)	6:00	10 (50.5%)
468	**LEWANDOWSKI Marek**	**980**		M-40	150	00:01:13	**00:30:03.30**	**00:31:16.45**	+00:14:51 (49.4%)	6:00	10 (50.5%)
469	**KULPA Szymon**	**164**		M-30	136	00:01:02	**00:30:11.10**	**00:31:13.30**	+00:14:59 (49.7%)	6:02	9.9 (50.0%)
470	**POZNAŃSKI Szymon**	**978**		M-30	137	00:00:24	**00:30:14.55**	**00:30:38.65**	+00:15:02 (49.8%)	6:02	9.9 (50.0%)
471	**PANASENKO Olexandr**	**764**		M-20	68	00:01:06	**00:30:16.40**	**00:31:22.65**	+00:15:04 (49.8%)	6:03	9.9 (50.0%)
472	**RUTKOWSKI Tomasz**	**167**		M-50	54	00:00:27	**00:30:16.85**	**00:30:44.00**	+00:15:05 (49.8%)	6:03	9.9 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
473	**CZERNIAK Marcin**	**609**		M-30	138	00:01:01	**00:30:24.25**	**00:31:25.90**	+00:15:12 (50.0%)	6:04	9.9 (50.0%)
474	**RĘDZINA Michał**	**87**	ŚLIMAKI RĘDZINIAKI	M-30	139	00:01:01	**00:30:24.40**	**00:31:25.75**	+00:15:12 (50.0%)	6:04	9.9 (50.0%)
475	**GRUZDOWSKI Jakub**	**460**		M-20	69	00:01:04	**00:30:24.70**	**00:31:29.25**	+00:15:13 (50.0%)	6:04	9.9 (50.0%)
476	**MAŁAS Marcin**	**250**		M-30	140	00:00:17	**00:30:26.40**	**00:30:44.30**	+00:15:14 (50.1%)	6:05	9.9 (50.0%)
477	**JAROCHA Michał**	**474**		M-30	141	00:00:50	**00:30:27.35**	**00:31:17.70**	+00:15:15 (50.1%)	6:05	9.9 (50.0%)
478	**GULKA Wojciech**	**718**		M-20	70	00:00:48	**00:30:33.35**	**00:31:21.80**	+00:15:21 (50.3%)	6:06	9.8 (49.5%)
479	**ŻUKOWSKI Jakub**	**646**		M-20	71	00:01:13	**00:30:36.30**	**00:31:49.45**	+00:15:24 (50.4%)	6:07	9.8 (49.5%)
480	**KASZTELAN Marek**	**981**		M-40	151	00:00:38	**00:30:36.95**	**00:31:15.30**	+00:15:25 (50.4%)	6:07	9.8 (49.5%)
481	**WEGLARZ Łukasz**	**493**		M-30	142	00:01:16	**00:30:42.30**	**00:31:58.85**	+00:15:30 (50.5%)	6:08	9.8 (49.5%)
482	**KORNACKI Mateusz**	**539**		M-10	54	00:00:26	**00:30:43.10**	**00:31:09.45**	+00:15:31 (50.5%)	6:08	9.8 (49.5%)
483	**KAPELA Sebastian**	**1101**		M-10	55	00:00:00	**00:30:43.80**	**00:30:43.80**	+00:15:32 (50.6%)	6:08	9.8 (49.5%)
484	**FIUT Kazimierz**	**626**		M-60+	11	00:01:15	**00:30:48.10**	**00:32:03.90**	+00:15:36 (50.7%)	6:09	9.7 (49.0%)
485	**SYGNECKI Marcin**	**937**		M-30	143	00:01:28	**00:30:48.45**	**00:32:16.90**	+00:15:36 (50.7%)	6:09	9.7 (49.0%)
486	**OPRAWA Jerzy**	**1067**		M-50	55	00:00:41	**00:30:49.00**	**00:31:30.90**	+00:15:37 (50.7%)	6:09	9.7 (49.0%)
487	**DORNIAK Krzysztof**	**50**		M-40	152	00:00:52	**00:30:50.80**	**00:31:43.60**	+00:15:39 (50.7%)	6:10	9.7 (49.0%)
488	**OPRAWA Michał**	**707**		M-30	144	00:00:43	**00:30:51.40**	**00:31:34.70**	+00:15:39 (50.8%)	6:10	9.7 (49.0%)
489	**OSTROWSKI Łukasz**	**388**		M-30	145	00:01:14	**00:30:51.45**	**00:32:06.05**	+00:15:39 (50.8%)	6:10	9.7 (49.0%)
490	**PREUSS Daniel**	**415**		M-40	153	00:01:06	**00:30:53.10**	**00:31:59.20**	+00:15:41 (50.8%)	6:10	9.7 (49.0%)
491	**NOWICKI Marek**	**416**		M-40	154	00:01:06	**00:30:54.55**	**00:32:00.90**	+00:15:42 (50.8%)	6:10	9.7 (49.0%)
492	**DROB Julian**	**770**		M-30	146	00:01:03	**00:30:57.50**	**00:32:00.95**	+00:15:45 (50.9%)	6:11	9.7 (49.0%)
493	**SZYCHOWSKI Jarosław**	**292**	TKKF KOLEJARZ BYDGOSZCZ	M-30	147	00:00:24	**00:30:58.20**	**00:31:23.05**	+00:15:46 (50.9%)	6:11	9.7 (49.0%)
494	**TROJAŃCZYK Krzysztof**	**248**		M-40	155	00:01:12	**00:30:58.45**	**00:32:11.40**	+00:15:46 (50.9%)	6:11	9.7 (49.0%)
495	**SIEDLECKI Rafał**	**693**		M-20	72	00:01:19	**00:31:00.00**	**00:32:19.70**	+00:15:48 (51.0%)	6:12	9.7 (49.0%)
496	**GIERACH Marcin**	**798**		M-40	156	00:00:42	**00:31:02.35**	**00:31:45.30**	+00:15:50 (51.1%)	6:12	9.7 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
497	**GIERACH Krzystof**	**797**		M-60+	12	00:00:42	**00:31:02.70**	**00:31:45.15**	+00:15:51 (51.1%)	6:12	9.7 (49.0%)
498	**RÓŻYCKI Maciej**	**778**		M-30	148	00:00:23	**00:31:03.15**	**00:31:26.75**	+00:15:51 (51.1%)	6:12	9.7 (49.0%)
499	**ORZECHOWSKI Zbigniew**	**280**	ORZECH BIEGA	M-40	157	00:00:29	**00:31:03.25**	**00:31:33.10**	+00:15:51 (51.1%)	6:12	9.7 (49.0%)
500	**MICHALAK Krzysztof**	**458**		M-20	73	00:00:31	**00:31:12.65**	**00:31:44.40**	+00:16:01 (51.3%)	6:14	9.6 (48.5%)
501	**ZYGIEL Marcin**	**351**	WITKOWO BIEGA	M-30	149	00:01:00	**00:31:15.20**	**00:32:15.40**	+00:16:03 (51.4%)	6:15	9.6 (48.5%)
502	**SIELSKI Kamil**	**361**	WISEŁKA FORDON	M-30	150	00:01:18	**00:31:15.50**	**00:32:33.55**	+00:16:03 (51.4%)	6:15	9.6 (48.5%)
503	**KAZUBOWSKI Jeremiasz**	**266**	KAZUBKI TEAM	M-20	74	00:00:15	**00:31:16.60**	**00:31:32.05**	+00:16:05 (51.4%)	6:15	9.6 (48.5%)
504	**KOWALSKI Jacek**	**246**		M-40	158	00:00:54	**00:31:18.25**	**00:32:12.80**	+00:16:06 (51.5%)	6:15	9.6 (48.5%)
505	**JOŃCA Grzegorz**	**1003**		M-20	75	00:00:46	**00:31:22.30**	**00:32:08.80**	+00:16:10 (51.6%)	6:16	9.6 (48.5%)
506	**KURTYSIAK Roman**	**333**	BYDGOSZCZ NA START	M-50	56	00:00:51	**00:31:25.40**	**00:32:16.75**	+00:16:13 (51.6%)	6:17	9.5 (48.0%)
507	**DEPTUŁA Wojciech**	**152**	NIEZRZESZONY	M-60+	13	00:00:28	**00:31:26.50**	**00:31:54.50**	+00:16:14 (51.7%)	6:17	9.5 (48.0%)
508	**OLSZEWSKI Mikołaj**	**995**	SUP POINT □♂	M-30	151	00:01:07	**00:31:26.75**	**00:32:34.10**	+00:16:15 (51.7%)	6:17	9.5 (48.0%)
509	**GRZELAK Robert**	**541**	GMINA GARDEJA BIEGA	M-50	57	00:01:12	**00:31:28.25**	**00:32:40.30**	+00:16:16 (51.7%)	6:17	9.5 (48.0%)
510	**WIŚNIEWSKI Konrad**	**857**		M-10	56	00:00:42	**00:31:29.40**	**00:32:11.65**	+00:16:17 (51.8%)	6:17	9.5 (48.0%)
511	**SZULAKOWSKI Rafał**	**377**	TERENOWA MASAKRA TEAM	M-40	159	00:01:21	**00:31:29.55**	**00:32:50.90**	+00:16:17 (51.8%)	6:17	9.5 (48.0%)
512	**ŁABENDA Piotr**	**330**	TERENOWA MASAKRA TEAM	M-50	58	00:01:21	**00:31:29.95**	**00:32:50.95**	+00:16:18 (51.8%)	6:17	9.5 (48.0%)
513	**KARSKI Marcin**	**339**		M-40	160	00:00:56	**00:31:34.25**	**00:32:30.25**	+00:16:22 (51.9%)	6:18	9.5 (48.0%)
514	**KARSKI Hubert**	**215**		M-60+	14	00:00:56	**00:31:34.30**	**00:32:30.55**	+00:16:22 (51.9%)	6:18	9.5 (48.0%)
515	**SZECÓWKA Marcin**	**862**	FREAKY_FIT	M-30	152	00:01:11	**00:31:35.50**	**00:32:47.20**	+00:16:23 (51.9%)	6:19	9.5 (48.0%)
516	**GINTER Kacper**	**568**		M-20	76	00:01:19	**00:31:37.15**	**00:32:56.70**	+00:16:25 (51.9%)	6:19	9.5 (48.0%)
517	**CHEŁMIŃSKI Dawid**	**865**	R.K.S. HUWDU	M-20	77	00:01:09	**00:31:41.20**	**00:32:50.75**	+00:16:29 (52.1%)	6:20	9.5 (48.0%)
518	**WIŚNIEWSKI Jacek**	**475**		M-30	153	00:00:54	**00:31:41.25**	**00:32:35.35**	+00:16:29 (52.1%)	6:20	9.5 (48.0%)
519	**KOWALIK Adrian**	**1062**		M-30	154	00:00:59	**00:31:42.35**	**00:32:41.75**	+00:16:30 (52.1%)	6:20	9.5 (48.0%)
520	**WAWRZYSZKO Kamil**	**966**		M-40	161	00:01:16	**00:31:46.35**	**00:33:03.30**	+00:16:34 (52.2%)	6:21	9.4 (47.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
521	**GŁOGOWSKI Krzysztof**	**233**		M-40	162	00:00:56	**00:31:50.00**	**00:32:46.30**	+00:16:38 (52.3%)	6:22	9.4 (47.5%)
522	**MAKUSZEWSKI Łukasz**	**840**	812 BLP	M-40	163	00:00:21	**00:31:51.05**	**00:32:12.65**	+00:16:39 (52.3%)	6:22	9.4 (47.5%)
523	**MUSIAŁA Adam**	**847**		M-40	164	00:00:48	**00:31:51.50**	**00:32:40.45**	+00:16:39 (52.3%)	6:22	9.4 (47.5%)
524	**SPYCHAJ Piotr**	**698**		M-30	155	00:01:19	**00:31:52.90**	**00:33:11.90**	+00:16:41 (52.3%)	6:22	9.4 (47.5%)
525	**JAWORSKI Marek**	**858**	STOWARZYSZENIE "DZIĘKI WAM"	M-10	57	00:00:30	**00:31:59.60**	**00:32:30.40**	+00:16:48 (52.5%)	6:23	9.4 (47.5%)
526	**GRUSZKA Marek**	**42**	NIEZRZESZONY	M-60+	15	00:00:15	**00:32:02.20**	**00:32:17.80**	+00:16:50 (52.6%)	6:24	9.4 (47.5%)
527	**WOLSKI Patryk**	**853**		M-20	78	00:00:55	**00:32:11.20**	**00:33:06.40**	+00:16:59 (52.8%)	6:26	9.3 (47.0%)
528	**GRZYBOWSKI Marek**	**454**		M-40	165	00:00:50	**00:32:16.30**	**00:33:06.85**	+00:17:04 (52.9%)	6:27	9.3 (47.0%)
529	**CISEWSKI Mateusz**	**519**		M-30	156	00:01:25	**00:32:17.15**	**00:33:42.60**	+00:17:05 (52.9%)	6:27	9.3 (47.0%)
530	**GÓRSKI Łukasz**	**467**		M-30	157	00:00:15	**00:32:20.60**	**00:32:36.55**	+00:17:09 (53.0%)	6:28	9.3 (47.0%)
530	**BUTRYM Dariusz**	**590**	ZABEK	M-40	166	00:01:19	**00:32:20.60**	**00:33:40.45**	+00:17:09 (53.0%)	6:28	9.3 (47.0%)
532	**BUTRYM Piotr**	**885**		M-40	167	00:01:19	**00:32:20.70**	**00:33:40.55**	+00:17:09 (53.0%)	6:28	9.3 (47.0%)
533	**WIOSNA Tomasz**	**449**		M-30	158	00:01:20	**00:32:25.60**	**00:33:46.35**	+00:17:14 (53.1%)	6:29	9.3 (47.0%)
534	**MUSZYŃSKI Adam**	**494**		M-30	159	00:01:16	**00:32:26.00**	**00:33:42.75**	+00:17:14 (53.2%)	6:29	9.2 (46.5%)
535	**ASTUKIEWICZ Tomasz**	**288**		M-50	59	00:00:32	**00:32:28.20**	**00:33:00.65**	+00:17:16 (53.2%)	6:29	9.2 (46.5%)
536	**UMIŃSKI Robert**	**614**		M-40	168	00:01:15	**00:32:31.50**	**00:33:46.95**	+00:17:19 (53.3%)	6:30	9.2 (46.5%)
537	**SZULC Piotr**	**613**		M-30	160	00:01:15	**00:32:31.70**	**00:33:47.10**	+00:17:20 (53.3%)	6:30	9.2 (46.5%)
538	**SZULC Piotr**	**615**		M-10	58	00:01:15	**00:32:31.80**	**00:33:47.50**	+00:17:20 (53.3%)	6:30	9.2 (46.5%)
539	**PIETRZYKOWSKI Adam**	**790**		M-20	79	00:01:17	**00:32:33.60**	**00:33:50.95**	+00:17:22 (53.3%)	6:30	9.2 (46.5%)
540	**WÓJCIK Tomasz**	**7**		M-50	60	00:00:50	**00:32:37.25**	**00:33:27.85**	+00:17:25 (53.4%)	6:31	9.2 (46.5%)
541	**MAJEWSKI Mirosław**	**130**		M-60+	16	00:01:07	**00:32:50.80**	**00:33:58.60**	+00:17:39 (53.7%)	6:34	9.1 (46.0%)
542	**JANUSZEWSKI Marcin**	**478**		M-40	169	00:01:02	**00:32:53.40**	**00:33:55.75**	+00:17:41 (53.8%)	6:34	9.1 (46.0%)
543	**KOTECKI Marcin**	**78**		M-40	170	00:01:01	**00:32:53.95**	**00:33:55.90**	+00:17:42 (53.8%)	6:34	9.1 (46.0%)
544	**JAGODZINSKI Łukasz**	**1083**		M-20	80	00:00:47	**00:33:02.90**	**00:33:50.15**	+00:17:51 (54.0%)	6:36	9.1 (46.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
545	**RYMER Jarosław**	**676**		M-10	59	00:01:22	**00:33:06.35**	**00:34:29.25**	+00:17:54 (54.1%)	6:37	9.1 (46.0%)
546	**JARZEMSKI Marcin**	**785**		M-30	161	00:00:45	**00:33:06.50**	**00:33:52.25**	+00:17:54 (54.1%)	6:37	9.1 (46.0%)
547	**DUDZIAK Adam**	**768**		M-50	61	00:00:44	**00:33:08.20**	**00:33:52.45**	+00:17:56 (54.1%)	6:37	9.1 (46.0%)
548	**TYKWIŃSKI Krzysztof**	**650**		M-40	171	00:00:33	**00:33:12.20**	**00:33:46.05**	+00:18:00 (54.2%)	6:38	9 (45.5%)
549	**SKĄPSKI Łukasz**	**631**		M-Open	1	00:00:33	**00:33:12.35**	**00:33:46.10**	+00:18:00 (54.2%)	6:38	9 (45.5%)
550	**JEN Andrzej**	**643**		M-50	62	00:00:12	**00:33:13.70**	**00:33:26.55**	+00:18:02 (54.3%)	6:38	9 (45.5%)
551	**RZEPCZYŃSKI Tomasz**	**776**	GRYF BYDGOSZCZ	M-40	172	00:00:43	**00:33:17.10**	**00:34:00.65**	+00:18:05 (54.4%)	6:39	9 (45.5%)
552	**DEMBOWSKI Łukasz**	**601**		M-20	81	00:01:24	**00:33:19.20**	**00:34:43.90**	+00:18:07 (54.4%)	6:39	9 (45.5%)
553	**IWANIUK Jacek**	**43**		M-40	173	00:00:50	**00:33:24.65**	**00:34:15.20**	+00:18:13 (54.5%)	6:40	9 (45.5%)
554	**GURYN Wiktor**	**334**	ZIELONY PELIKAN	M-30	162	00:00:36	**00:33:31.20**	**00:34:07.60**	+00:18:19 (54.7%)	6:42	9 (45.5%)
555	**STOIŃSKI Paweł**	**801**		M-20	82	00:01:26	**00:33:31.75**	**00:34:57.80**	+00:18:20 (54.7%)	6:42	9 (45.5%)
556	**OWCZARSKI Krzysztof**	**832**		M-30	163	00:00:45	**00:33:34.95**	**00:34:20.40**	+00:18:23 (54.8%)	6:42	8.9 (44.9%)
557	**JAGODZIŃSKI Karol**	**365**		M-50	63	00:01:16	**00:33:35.75**	**00:34:52.20**	+00:18:24 (54.8%)	6:43	8.9 (44.9%)
558	**SURMACZ Marcin**	**479**		M-40	174	00:00:50	**00:33:36.30**	**00:34:26.55**	+00:18:24 (54.8%)	6:43	8.9 (44.9%)
559	**FRĄCKOWSKI Łukasz**	**90**	THE TRI DOCTOR	M-20	83	00:01:28	**00:33:48.20**	**00:35:16.35**	+00:18:36 (55.1%)	6:45	8.9 (44.9%)
560	**JAWORSKI Adam**	**856**	STOWARZYSZENIE "DZIĘKI WAM"	M-40	175	00:00:30	**00:33:55.05**	**00:34:26.00**	+00:18:43 (55.2%)	6:47	8.8 (44.4%)
561	**OLECHNOWICZ Tomasz**	**1056**	WALECZNE DZIECIAKI	M-50	64	00:01:10	**00:33:55.10**	**00:35:05.15**	+00:18:43 (55.2%)	6:47	8.8 (44.4%)
562	**OLECHNOWICZ Maciej**	**1057**	GWIAZDA BYDGOSZCZ	M-10	60	00:01:09	**00:33:55.30**	**00:35:05.15**	+00:18:43 (55.2%)	6:47	8.8 (44.4%)
563	**GACKOWSKI Edward**	**536**		M-60+	17	00:01:15	**00:33:59.20**	**00:35:14.25**	+00:18:47 (55.3%)	6:47	8.8 (44.4%)
564	**RYMER Adam**	**674**		M-40	176	00:01:24	**00:34:01.50**	**00:35:26.35**	+00:18:49 (55.3%)	6:48	8.8 (44.4%)
565	**PIETKUN Ryszard**	**743**		M-60+	18	00:01:08	**00:34:10.50**	**00:35:19.05**	+00:18:58 (55.5%)	6:50	8.8 (44.4%)
566	**SOCHACKI Przemysław**	**699**		M-10	61	00:00:27	**00:34:11.75**	**00:34:39.40**	+00:19:00 (55.6%)	6:50	8.8 (44.4%)
567	**FLORCZAK Krzysztof**	**722**		M-10	62	00:00:27	**00:34:12.15**	**00:34:39.50**	+00:19:00 (55.6%)	6:50	8.8 (44.4%)
568	**LENC Janusz**	**343**	TKKF KOLEJARZ BYDGOSZCZ	M-60+	19	00:01:02	**00:34:14.20**	**00:35:16.65**	+00:19:02 (55.6%)	6:50	8.8 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
569	**ANESZKO Bartłomiej**	**476**		M-30	164	00:00:54	**00:34:24.25**	**00:35:18.75**	+00:19:12 (55.8%)	6:52	8.7 (43.9%)
570	**WEGNER Roman**	**1022**		M-50	65	00:00:43	**00:34:24.60**	**00:35:07.75**	+00:19:13 (55.8%)	6:52	8.7 (43.9%)
571	**KOŹMA Paweł**	**433**		M-30	165	00:00:36	**00:34:40.30**	**00:35:17.25**	+00:19:28 (56.2%)	6:56	8.7 (43.9%)
572	**OSIŃSKI Dominik**	**603**		M-30	166	00:00:00	**00:34:43.45**	**00:34:43.45**	+00:19:31 (56.2%)	6:56	8.6 (43.4%)
573	**CZAJKOWSKI Kamil**	**703**		M-20	84	00:01:06	**00:34:50.15**	**00:35:56.95**	+00:19:38 (56.4%)	6:58	8.6 (43.4%)
574	**GORZYNSKI Arkadiusz**	**659**	ŻÓŁTOKRÓLEWSCY	M-40	177	00:00:19	**00:34:51.70**	**00:35:10.90**	+00:19:40 (56.4%)	6:58	8.6 (43.4%)
575	**MĄDRY Wojciech**	**1087**	POLI-FAX UL. BOCZNA 10	M-30	167	00:00:25	**00:35:00.85**	**00:35:26.60**	+00:19:49 (56.6%)	7:00	8.6 (43.4%)
576	**JASIŃSKI Kacper**	**831**		M-10	63	00:00:04	**00:35:01.90**	**00:35:06.05**	+00:19:50 (56.6%)	7:00	8.6 (43.4%)
577	**JASIŃSKI Grzegorz**	**830**		M-30	168	00:00:04	**00:35:01.95**	**00:35:06.30**	+00:19:50 (56.6%)	7:00	8.6 (43.4%)
578	**KOPACZYK Maciej**	**926**		M-20	85	00:00:48	**00:35:08.65**	**00:35:57.45**	+00:19:57 (56.8%)	7:01	8.5 (42.9%)
579	**SMUŁKA Patryk**	**727**		M-30	169	00:01:00	**00:35:09.55**	**00:36:10.50**	+00:19:57 (56.8%)	7:01	8.5 (42.9%)
580	**RUDNIKOWSKI Andrzej**	**148**		M-50	66	00:00:58	**00:35:10.05**	**00:36:08.80**	+00:19:58 (56.8%)	7:02	8.5 (42.9%)
581	**GOZDZIK Tomasz**	**760**		M-30	170	00:00:42	**00:35:12.90**	**00:35:55.55**	+00:20:01 (56.9%)	7:02	8.5 (42.9%)
582	**KANJERSKI Jerzy**	**427**	RUN BYDGOSZCZ	M-60+	20	00:00:47	**00:35:39.00**	**00:36:26.75**	+00:20:27 (57.4%)	7:07	8.4 (42.4%)
583	**WIESE Grzegorz**	**236**		M-60+	21	00:00:55	**00:35:49.35**	**00:36:45.15**	+00:20:37 (57.6%)	7:09	8.4 (42.4%)
584	**CHOLEWCZYŃSKI Dariusz**	**641**		M-Open	2	00:00:41	**00:36:03.55**	**00:36:44.90**	+00:20:51 (57.9%)	7:12	8.3 (41.9%)
585	**SAWIEŁAJC Michał**	**320**	BIZON	M-40	178	00:00:33	**00:36:09.30**	**00:36:42.50**	+00:20:57 (58.0%)	7:13	8.3 (41.9%)
586	**KASPEROWICZ Pawel**	**694**		M-30	171	00:00:29	**00:36:11.10**	**00:36:40.20**	+00:20:59 (58.0%)	7:14	8.3 (41.9%)
587	**ŻURAWSKI Michał**	**14**	RUN LOTTO-BYDGOSTIA	M-40	179	00:01:25	**00:36:11.55**	**00:37:37.00**	+00:20:59 (58.0%)	7:14	8.3 (41.9%)
588	**KASPEROWICZ Jakub**	**696**		M-10	64	00:00:28	**00:36:11.65**	**00:36:40.20**	+00:21:00 (58.0%)	7:14	8.3 (41.9%)
589	**PALACZ Dawid**	**470**		M-10	65	00:00:57	**00:36:54.45**	**00:37:52.20**	+00:21:42 (58.8%)	7:22	8.1 (40.9%)
590	**RAPCA Krzysztof**	**1063**		M-40	180	00:00:14	**00:37:09.50**	**00:37:24.15**	+00:21:57 (59.1%)	7:25	8.1 (40.9%)
591	**PILECKI Gustaw**	**715**	BRZOZA BIEGA	M-60+	22	00:00:11	**00:37:23.30**	**00:37:34.90**	+00:22:11 (59.4%)	7:28	8 (40.4%)
592	**WÓJCIK Mikołaj**	**9**		M-10	66	00:00:45	**00:37:28.40**	**00:38:13.80**	+00:22:16 (59.5%)	7:29	8 (40.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
593	**BIERYT Arkadiusz**	**1074**	POLI-FAX UL. BOCZNA 10	M-50	67	00:00:13	**00:37:34.25**	**00:37:47.25**	+00:22:22 (59.6%)	7:30	8 (40.4%)
594	**KACZMAREK Adam**	**421**	#4FAJTER	M-40	181	00:00:40	**00:37:39.00**	**00:38:19.70**	+00:22:27 (59.6%)	7:31	8 (40.4%)
595	**TYMIŃSKI Łukasz**	**419**	4FAJTER	M-30	172	00:00:40	**00:37:39.50**	**00:38:20.00**	+00:22:27 (59.7%)	7:31	8 (40.4%)
596	**SŁOMSKI Jakub**	**835**	BYDGOSKA SEKCJA WKKK	M-10	67	00:00:05	**00:38:02.10**	**00:38:07.45**	+00:22:50 (60.1%)	7:36	7.9 (39.9%)
597	**GORZYCKI Dariusz**	**465**	BYDGOSKA SEKCJA WKKK	M-50	68	00:00:05	**00:38:03.05**	**00:38:08.55**	+00:22:51 (60.1%)	7:36	7.9 (39.9%)
598	**PILARSKI Adam**	**1096**		M-20	86	00:01:01	**00:39:08.00**	**00:40:09.05**	+00:23:56 (61.2%)	7:49	7.7 (38.9%)
599	**KULCZYŃSKI Robert**	**883**	KOLEGIUM KUJAWSKIE	M-40	182	00:00:37	**00:39:30.75**	**00:40:08.05**	+00:24:19 (61.5%)	7:54	7.6 (38.4%)
600	**REINHOLZ Mateusz**	**1072**		M-20	87	00:00:11	**00:39:49.80**	**00:40:01.35**	+00:24:38 (61.9%)	7:57	7.5 (37.9%)
601	**LATOS Paweł**	**133**		M-30	173	00:01:17	**00:41:11.15**	**00:42:28.60**	+00:25:59 (63.1%)	8:14	7.3 (36.9%)
602	**PĘKALA Wojciech**	**589**	BLUSZCZOWA RZEKA	M-60+	23	00:00:19	**00:41:40.75**	**00:41:59.90**	+00:26:29 (63.5%)	8:20	7.2 (36.4%)
603	**LEWANDOWSKI Mateusz**	**628**		M-20	88	00:01:15	**00:43:22.50**	**00:44:37.75**	+00:28:10 (65.0%)	8:40	6.9 (34.8%)
604	**ANGIEL Władysław**	**344**	TKKF KOLEJARZ BYDGOSZCZ	M-60+	24	00:00:04	**00:44:50.15**	**00:44:55.00**	+00:29:38 (66.1%)	8:58	6.7 (33.8%)
605	**KUZNIAR Daniel**	**647**		M-30	174	00:00:37	**00:47:25.65**	**00:48:03.05**	+00:32:14 (68.0%)	9:29	6.3 (31.8%)
606	**BADOWSKI Krzysztof**	**617**		M-50	69	00:00:36	**00:47:25.75**	**00:48:01.90**	+00:32:14 (68.0%)	9:29	6.3 (31.8%)
607	**WRÓBEL Antoni**	**621**		M-10	68	00:00:00	**00:48:04.05**	**00:48:04.05**	+00:32:52 (68.4%)	9:36	6.2 (31.3%)
608	**GRUSZCZYŃSKI Marcin**	**618**		M-Open	3	00:00:00	**00:48:04.25**	**00:48:04.25**	+00:32:52 (68.4%)	9:36	6.2 (31.3%)
609	**OSIŃSKI Dominik**	**603**		M-30	175	00:00:00			+	7:00	8.6 (43.4%)
610	**CICHY Łukasz**	**648**		M-30	176	00:00:39					(0.0%)
611	**KRUCZKOWSKI Adam**	**644**		M-50	70	00:00:39					(0.0%)
612	**KRÓL Wiesław**	**635**		M-50	71	00:00:40					(0.0%)
613	**GŁOWACKI Jarosław**	**579**	ADP BYDGOSZCZ	M-20	89	00:01:01					(0.0%)
614	**ŚLIWIŃSKI Piotr**	**632**		M-50	72	00:01:26					(0.0%)
615	**CHMURZYŃSKI Tomasz**	**620**		M-50	73	00:01:27					(0.0%)

Znaleziono 615 wynik(ów)