BYDGOSKI BIEG URODZINOWY

Organizator: Miasto Bydgoszcz
Data: 2019-04-14
Miejsce: Bydgoszcz
Dystans: 5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	**MICHALAK Grzegorz**	**455**		M20	1	00:00:02	**00:16:17.85**	**00:16:20.30**		3:15	18.4 (100%)
2	**KULAI Taras**	**1192**	SC ULTRA	M20	2	00:00:01	**00:16:29.35**	**00:16:31.30**	+00:00:11 (1.2%)	3:18	18.2 (98.9%)
3	**FELCZAK Jakub**	**921**		M20	3	00:00:01	**00:16:43.35**	**00:16:44.40**	+00:00:25 (2.5%)	3:20	17.9 (97.3%)
4	**WOJCIECHOWSKI Klaudiusz**	**1089**	CWZS ZAWISZA BYDGOSZCZ	M18	1	00:00:00	**00:17:12.05**	**00:17:12.80**	+00:00:54 (5.3%)	3:26	17.4 (94.6%)
5	**JAGODZIŃSKI Mateusz**	**56**	BYDGOSKIE OKONIE	M20	4	00:00:02	**00:17:31.60**	**00:17:34.05**	+00:01:13 (7.0%)	3:30	17.1 (92.9%)
6	**PIETRYKA Grzegorz**	**1400**	ZAKŁAD KARNY NR 2 W GRUDZIĄDZU	M30	1	00:00:01	**00:17:48.00**	**00:17:49.20**	+00:01:30 (8.4%)	3:33	16.9 (91.8%)
7	**MAĆKOWSKI Maciej**	**9**	UPS BYDGOSZCZ	M30	2	00:00:02	**00:17:51.95**	**00:17:54.55**	+00:01:34 (8.8%)	3:34	16.8 (91.3%)
8	**BEDRA Robert**	**805**	CZARNE STOPY.SM	M30	3	00:00:00	**00:17:53.05**	**00:17:53.80**	+00:01:35 (8.9%)	3:34	16.8 (91.3%)
9	**MRUK Tomasz**	**436**	CZARNE STOPY.SM	M40	1	00:00:02	**00:17:57.95**	**00:18:00.80**	+00:01:40 (9.3%)	3:35	16.7 (90.8%)
10	**WOŁOSZCZAK Leszek**	**1480**	6. KILOMETR	M20	5	00:00:04	**00:18:06.95**	**00:18:11.60**	+00:01:49 (10.0%)	3:37	16.6 (90.2%)
11	**LUTOWSKI Wojciech**	**792**	TKKF KOLEJARZ BYDGOSZCZ	M30	4	00:00:02	**00:18:19.00**	**00:18:21.30**	+00:02:01 (11.0%)	3:39	16.4 (89.1%)
12	**TUCHOLSKI Bartłomiej**	**158**	BYDGOSKIE OKONIE	M20	6	00:00:01	**00:18:23.25**	**00:18:25.15**	+00:02:05 (11.4%)	3:40	16.3 (88.6%)
13	**KUŁAKOWSKI Krzysztof**	**784**	RUN PASJA	M30	5	00:00:02	**00:18:26.15**	**00:18:28.70**	+00:02:08 (11.6%)	3:41	16.3 (88.6%)
14	**GRUSZKA Gracjan**	**1244**	CWZS ZAWISZA BYDGOSZCZ SL	M20	7	00:00:00	**00:18:33.20**	**00:18:34.05**	+00:02:15 (12.2%)	3:42	16.2 (88.0%)
15	**SZENK Marta**	**534**		K30	1	00:00:02	**00:18:57.95**	**00:19:00.70**	+00:02:40 (14.1%)	3:47	15.8 (85.9%)
16	**STRUGAŁA Maciej**	**137**		M20	8	00:00:00	**00:19:05.85**	**00:19:05.85**	+00:02:48 (14.7%)	3:49	15.7 (85.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	**FLOREK Paweł**	**141**	RUNADDICTS	M30	6	00:00:02	**00:19:10.40**	**00:19:12.95**	+00:02:52 (15.0%)	3:50	15.7 (85.3%)
18	**MAGDZIARZ Jakub**	**987**	KANCELARIA - HMM	M30	7	00:00:03	**00:19:32.15**	**00:19:35.15**	+00:03:14 (16.6%)	3:54	15.4 (83.7%)
19	**PILCH Artur**	**1199**	PIANIŚCI GÓRĄ	M30	8	00:00:02	**00:19:41.50**	**00:19:43.95**	+00:03:23 (17.2%)	3:56	15.2 (82.6%)
20	**KACZMAREK Sebastian**	**1458**		M30	9	00:00:04	**00:19:42.10**	**00:19:46.65**	+00:03:24 (17.3%)	3:56	15.2 (82.6%)
21	**WRÓBLEWSKI Lech**	**53**	ZK 2 GRUDZIĄDZ	M30	10	00:00:03	**00:19:44.65**	**00:19:48.45**	+00:03:26 (17.5%)	3:57	15.2 (82.6%)
22	**MISIASZEK Marek**	**860**		M30	11	00:00:04	**00:19:46.05**	**00:19:50.25**	+00:03:28 (17.6%)	3:57	15.2 (82.6%)
23	**IGNACZAK Jarosław**	**603**		M30	12	00:00:04	**00:19:46.25**	**00:19:50.80**	+00:03:28 (17.6%)	3:57	15.2 (82.6%)
24	**PĘKAŁA Aleksandra**	**1439**	RUN PASJA	K30	2	00:00:03	**00:19:49.05**	**00:19:52.50**	+00:03:31 (17.8%)	3:57	15.1 (82.1%)
25	**BASA Jacek**	**844**	ROZBIEGANA KRUSZWICA	M40	2	00:00:02	**00:19:50.90**	**00:19:53.00**	+00:03:33 (17.9%)	3:58	15.1 (82.1%)
26	**OKOŃSKI Jarosław**	**337**	BIEGOWEZAPARCIE.PL	M30	13	00:00:04	**00:19:51.40**	**00:19:55.75**	+00:03:33 (17.9%)	3:58	15.1 (82.1%)
27	**STANKIEWICZ Jacek**	**108**	MDANIELSA	M20	9	00:00:02	**00:19:55.25**	**00:19:57.65**	+00:03:37 (18.2%)	3:59	15.1 (82.1%)
28	**PIC Dawid**	**271**		M20	10	00:00:03	**00:19:57.50**	**00:20:01.40**	+00:03:39 (18.3%)	3:59	15 (81.5%)
29	**CZARNECKI Piotr**	**787**	BRZOZA BIEGA	M40	3	00:00:04	**00:19:59.90**	**00:20:04.70**	+00:03:42 (18.5%)	4:00	15 (81.5%)
30	**RACZYŃSKI Krzysztof**	**451**	BIEGAJĄCY FILOZOF TEAM	M50	1	00:00:04	**00:20:00.10**	**00:20:04.75**	+00:03:42 (18.5%)	4:00	15 (81.5%)
31	**FELKNER Kamil**	**775**		M18	2	00:00:23	**00:20:02.85**	**00:20:26.10**	+00:03:45 (18.7%)	4:00	15 (81.5%)
32	**SORGER Patryk**	**1379**	ISKRA DULSK	M20	11	00:00:08	**00:20:04.60**	**00:20:13.30**	+00:03:46 (18.8%)	4:01	14.9 (81.0%)
33	**WIECZOREK Michał**	**16**	EDUTEAM	M20	12	00:00:35	**00:20:05.75**	**00:20:40.80**	+00:03:47 (18.9%)	4:01	14.9 (81.0%)
34	**GOŁATA Wojciech**	**188**	WILCZA WATAHA	M30	14	00:00:06	**00:20:07.55**	**00:20:14.30**	+00:03:49 (19.0%)	4:01	14.9 (81.0%)
35	**KOTULA Sławomir**	**26**	GLS	M30	15	00:00:03	**00:20:10.60**	**00:20:14.35**	+00:03:52 (19.2%)	4:02	14.9 (81.0%)
36	**ŻELAZKO Kamil**	**1222**	NKUB	M30	16	00:00:04	**00:20:16.60**	**00:20:20.95**	+00:03:58 (19.6%)	4:03	14.8 (80.4%)
37	**KANNEBERG Maciej**	**656**	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M20	13	00:00:17	**00:20:18.15**	**00:20:35.30**	+00:04:00 (19.7%)	4:03	14.8 (80.4%)
38	**KOWALSKI Jacek**	**145**		M40	4	00:00:06	**00:20:24.05**	**00:20:30.15**	+00:04:06 (20.1%)	4:04	14.7 (79.9%)
39	**SOBCZAK Marcin**	**1453**	CZARNE STOPY.SM	M30	17	00:00:05	**00:20:24.95**	**00:20:30.80**	+00:04:07 (20.2%)	4:05	14.7 (79.9%)
40	**DOMISIEWICZ Michał**	**572**		M20	14	00:01:33	**00:20:28.35**	**00:22:01.85**	+00:04:10 (20.4%)	4:05	14.7 (79.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
41	**ZBORAŁA Dawid**	**85**	SZKOŁA JAZDY TOMAS	M20	15	00:00:02	**00:20:28.70**	**00:20:31.55**	+00:04:10 (20.4%)	4:05	14.6 (79.3%)
42	**ŁADNIAK Dariusz**	**887**		M40	5	00:00:13	**00:20:32.65**	**00:20:46.15**	+00:04:14 (20.7%)	4:06	14.6 (79.3%)
43	**POZORSKI Adam**	**954**	BIEGAJĄCE ŚLIWICE	M30	18	00:00:06	**00:20:33.65**	**00:20:40.20**	+00:04:15 (20.7%)	4:06	14.6 (79.3%)
44	**CHODKIEWICZ Tomasz**	**605**	GARDENFLORA MTB TEAM	M40	6	00:00:04	**00:20:35.65**	**00:20:39.70**	+00:04:17 (20.9%)	4:07	14.6 (79.3%)
45	**ADAMCZAK Filip**	**1352**		M10	1	00:00:06	**00:20:39.80**	**00:20:46.45**	+00:04:21 (21.1%)	4:08	14.5 (78.8%)
46	**ROMANOWSKI Michal**	**350**		M30	19	00:00:01	**00:20:41.05**	**00:20:42.85**	+00:04:23 (21.2%)	4:08	14.5 (78.8%)
47	**WASILEWSKI Wojtek**	**331**		M20	16	00:00:04	**00:20:41.80**	**00:20:46.45**	+00:04:23 (21.3%)	4:08	14.5 (78.8%)
48	**KŁOSOWSKI Marcin**	**592**	GRUPA BANKIETOWA SPECJAL	M40	7	00:00:02	**00:20:41.90**	**00:20:44.80**	+00:04:24 (21.3%)	4:08	14.5 (78.8%)
49	**DROSDOWSKI Sebastian**	**1086**		M40	8	00:00:04	**00:20:44.15**	**00:20:48.25**	+00:04:26 (21.4%)	4:08	14.5 (78.8%)
50	**SZOPIŃSKI Rafał**	**289**		M30	20	00:00:07	**00:20:53.55**	**00:21:00.95**	+00:04:35 (22.0%)	4:10	14.4 (78.3%)
51	**MUSIAŁ Piotr**	**1011**		M30	21	00:00:07	**00:20:55.55**	**00:21:03.25**	+00:04:37 (22.1%)	4:11	14.3 (77.7%)
52	**BOINSKI Rafal**	**1346**		M30	22	00:00:04	**00:20:55.75**	**00:21:00.30**	+00:04:37 (22.1%)	4:11	14.3 (77.7%)
53	**BUBIAK Hubert**	**1475**		M20	17	00:01:05	**00:20:55.90**	**00:22:01.45**	+00:04:38 (22.1%)	4:11	14.3 (77.7%)
54	**WENDA Dawid**	**86**	SZKOŁA JAZDY TOMAS	M20	18	00:00:02	**00:20:56.80**	**00:20:59.45**	+00:04:38 (22.2%)	4:11	14.3 (77.7%)
55	**WŁODARCZYK Wojciech**	**270**	CZARNE STOPY.SM	M50	2	00:00:05	**00:20:56.90**	**00:21:01.95**	+00:04:39 (22.2%)	4:11	14.3 (77.7%)
56	**KLINOWSKI Radosław**	**58**	GALACTICA	M30	23	00:00:10	**00:20:57.30**	**00:21:07.65**	+00:04:39 (22.2%)	4:11	14.3 (77.7%)
57	**CHEŁMIŃSKI Mateusz**	**1455**		M30	24	00:00:10	**00:21:00.30**	**00:21:11.15**	+00:04:42 (22.4%)	4:12	14.3 (77.7%)
58	**BUTRYN Nikodem**	**1468**		M50	3	00:00:09	**00:21:02.60**	**00:21:12.00**	+00:04:44 (22.6%)	4:12	14.3 (77.7%)
59	**KANDZIORA Krystian**	**546**		M18	3	00:00:12	**00:21:02.75**	**00:21:15.10**	+00:04:44 (22.6%)	4:12	14.3 (77.7%)
60	**HOC Marek**	**801**	LEGE ARTIS	M40	9	00:00:06	**00:21:03.85**	**00:21:10.65**	+00:04:46 (22.6%)	4:12	14.2 (77.2%)
61	**JUREK Piotr**	**435**	BBL SZUBIN	M50	4	00:00:04	**00:21:05.65**	**00:21:10.20**	+00:04:47 (22.7%)	4:13	14.2 (77.2%)
62	**MICHALAK Wojtek**	**973**		M50	5	00:00:23	**00:21:13.15**	**00:21:36.80**	+00:04:55 (23.2%)	4:14	14.1 (76.6%)
63	**KUTOWSKI Przemysław**	**828**		M40	10	00:00:05	**00:21:13.75**	**00:21:18.95**	+00:04:55 (23.2%)	4:14	14.1 (76.6%)
64	**SOBCZAK Rafał**	**1267**	BAŻANT TEAM	M20	19	00:00:01	**00:21:14.55**	**00:21:16.45**	+00:04:56 (23.3%)	4:15	14.1 (76.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
65	**CZAJKOWSKA Sylwia**	**453**	#ŻÓŁTOKRÓLEWSCY	K40	1	00:00:04	**00:21:16.20**	**00:21:20.25**	+00:04:58 (23.4%)	4:15	14.1 (76.6%)
66	**SKARWECKI Remigiusz**	**154**	ŁABISZYN RUNNERS	M30	25	00:00:09	**00:21:17.30**	**00:21:27.25**	+00:04:59 (23.4%)	4:15	14.1 (76.6%)
67	**SŁOMKA Maciej**	**516**	MOŻE I POWOLI, ALE ZA TO BYLE JAK	M30	26	00:00:18	**00:21:18.50**	**00:21:37.30**	+00:05:00 (23.5%)	4:15	14.1 (76.6%)
68	**ROSÓŁ Jacek**	**130**		M30	27	00:00:05	**00:21:19.55**	**00:21:25.15**	+00:05:01 (23.6%)	4:16	14.1 (76.6%)
69	**CHORZEWSKI Kamil**	**662**		M20	20	00:00:04	**00:21:25.25**	**00:21:30.05**	+00:05:07 (23.9%)	4:17	14 (76.1%)
70	**LORENC Michał**	**617**		M20	21	00:00:06	**00:21:25.80**	**00:21:32.60**	+00:05:07 (24.0%)	4:17	14 (76.1%)
71	**BAŁA Artur**	**607**	MOŻE I POWOLI ALE ZA TO BYLE JAK	M30	28	00:00:14	**00:21:26.45**	**00:21:40.85**	+00:05:08 (24.0%)	4:17	14 (76.1%)
72	**KOWALSKI Krzysztof**	**932**	OCELOTY KRUSZYN KRAJEŃSKI	M30	29	00:00:07	**00:21:26.80**	**00:21:34.50**	+00:05:08 (24.0%)	4:17	14 (76.1%)
73	**BZDZION Marcin**	**1201**		M20	22	00:00:02	**00:21:28.30**	**00:21:31.00**	+00:05:10 (24.1%)	4:17	14 (76.1%)
74	**WARLIKOWSKI Łukasz**	**876**		M30	30	00:00:07	**00:21:28.50**	**00:21:35.50**	+00:05:10 (24.1%)	4:17	14 (76.1%)
75	**RATAJCZAK Arkadiusz**	**79**		M50	6	00:00:06	**00:21:28.95**	**00:21:35.05**	+00:05:11 (24.1%)	4:17	14 (76.1%)
76	**ANTKOWIAK Bartosz**	**1165**	TRISPACE	M30	31	00:00:11	**00:21:29.65**	**00:21:41.55**	+00:05:11 (24.2%)	4:18	14 (76.1%)
77	**FELINIAK Daniel**	**731**		M30	32	00:00:06	**00:21:31.05**	**00:21:37.60**	+00:05:13 (24.3%)	4:18	13.9 (75.5%)
78	**BRZEZIŃSKI Maciej**	**1072**		M40	11	00:00:06	**00:21:32.55**	**00:21:38.55**	+00:05:14 (24.3%)	4:18	13.9 (75.5%)
79	**SIKORA Sylwia**	**562**	1 BRYGADALOGISTYCZNA	K40	2	00:00:05	**00:21:33.25**	**00:21:39.05**	+00:05:15 (24.4%)	4:18	13.9 (75.5%)
80	**STAŃCZYK Martyna**	**200**		K20	1	00:00:09	**00:21:33.50**	**00:21:43.15**	+00:05:15 (24.4%)	4:18	13.9 (75.5%)
81	**CZEPEK Aleksander**	**527**	BRZOZA BIEGA	M60	1	00:00:02	**00:21:33.95**	**00:21:36.15**	+00:05:16 (24.4%)	4:18	13.9 (75.5%)
82	**NISZCZOTA Karol**	**524**	BRZOZA BIEGA	M40	12	00:00:14	**00:21:34.70**	**00:21:49.45**	+00:05:16 (24.5%)	4:19	13.9 (75.5%)
83	**PALACZ Wioletta**	**65**		K40	3	00:00:04	**00:21:35.05**	**00:21:39.70**	+00:05:17 (24.5%)	4:19	13.9 (75.5%)
84	**MICHALIK Joanna**	**460**	ARUN	K30	3	00:00:02	**00:21:35.70**	**00:21:38.10**	+00:05:17 (24.5%)	4:19	13.9 (75.5%)
85	**RÓŻYCKI Sławomir**	**691**	TKKF KOLEJARZ BYDGOSZCZ	M50	7	00:00:05	**00:21:47.45**	**00:21:52.70**	+00:05:29 (25.2%)	4:21	13.8 (75.0%)
86	**WASILEWSKI Marcin**	**648**	WIRTUALNESZLAKI.PL	M30	33	00:00:44	**00:21:49.15**	**00:22:33.65**	+00:05:31 (25.3%)	4:21	13.8 (75.0%)
87	**FRANKOWSKI Paweł**	**233**		M40	13	00:00:23	**00:21:49.80**	**00:22:13.55**	+00:05:31 (25.3%)	4:22	13.7 (74.5%)
88	**SAWIŃSKI Łukasz**	**823**		M20	23	00:00:04	**00:21:55.50**	**00:21:59.85**	+00:05:37 (25.7%)	4:23	13.7 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
89	**SZULC Andrzej**	**649**		M40	14	00:00:12	**00:21:58.15**	**00:22:10.65**	+00:05:40 (25.8%)	4:23	13.7 (74.5%)
90	**JĘDRUSIK Krzysztof**	**394**	BIEGACZE OD PIERWSZEGO KROKU DO METYWIDOKU	M20	24	00:00:05	**00:22:01.35**	**00:22:07.05**	+00:05:43 (26.0%)	4:24	13.6 (73.9%)
91	**ROGALSKI Maciej**	**468**	OLOTEAM	M30	34	00:00:04	**00:22:02.70**	**00:22:06.75**	+00:05:44 (26.1%)	4:24	13.6 (73.9%)
92	**JAKUBCZAK Michał**	**395**		M30	35	00:00:08	**00:22:03.00**	**00:22:11.90**	+00:05:45 (26.1%)	4:24	13.6 (73.9%)
93	**PAWLIK Marek**	**714**	FARMVITA	M50	8	00:00:14	**00:22:03.35**	**00:22:17.95**	+00:05:45 (26.1%)	4:24	13.6 (73.9%)
94	**JANCZYSZYN Eryk**	**1416**		M30	36	00:00:11	**00:22:07.15**	**00:22:18.20**	+00:05:49 (26.3%)	4:25	13.6 (73.9%)
95	**KOSEK Stanisław**	**1253**		M20	25	00:00:07	**00:22:07.65**	**00:22:15.15**	+00:05:49 (26.3%)	4:25	13.6 (73.9%)
96	**RYCZAK Maja**	**896**	81 BLP	K20	2	00:00:09	**00:22:08.35**	**00:22:17.35**	+00:05:50 (26.4%)	4:25	13.6 (73.9%)
97	**RONALDOWSKI Kacper**	**363**		M20	26	00:00:05	**00:22:08.55**	**00:22:14.25**	+00:05:50 (26.4%)	4:25	13.5 (73.4%)
98	**BIAŁOUS Krzysztof**	**1227**	NIEZRZESZONY	M50	9	00:00:06	**00:22:09.30**	**00:22:15.95**	+00:05:51 (26.4%)	4:25	13.5 (73.4%)
99	**STĘPIEŃ Bogdan**	**618**	LUXTORPEDY	M30	37	00:00:22	**00:22:10.60**	**00:22:33.25**	+00:05:52 (26.5%)	4:26	13.5 (73.4%)
100	**WIELGOSZ Krzysztof**	**1018**		M20	27	00:00:15	**00:22:10.95**	**00:22:26.50**	+00:05:53 (26.5%)	4:26	13.5 (73.4%)
101	**KUJAWA Daniel**	**1431**	56. BAZA LOTNICZA	M30	38	00:00:03	**00:22:16.85**	**00:22:20.35**	+00:05:59 (26.9%)	4:27	13.5 (73.4%)
102	**SOKOLOWSKI Marcin**	**1055**		M40	15	00:00:06	**00:22:18.35**	**00:22:25.30**	+00:06:00 (26.9%)	4:27	13.4 (72.8%)
103	**KAMIŃSKI Łukasz**	**1385**	WATAHA BYDGOSZCZ	M30	39	00:00:11	**00:22:18.55**	**00:22:29.70**	+00:06:00 (26.9%)	4:27	13.5 (73.4%)
104	**PALIWODA Jakub**	**329**		M20	28	00:00:53	**00:22:19.05**	**00:23:12.50**	+00:06:01 (27.0%)	4:27	13.4 (72.8%)
105	**JAGODZIŃSKA Magdalena**	**57**	BYDGOSKIE OKONIE	K20	3	00:00:06	**00:22:19.35**	**00:22:25.60**	+00:06:01 (27.0%)	4:27	13.4 (72.8%)
106	**GŻYL Mikolaj**	**1065**	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	40	00:00:13	**00:22:20.60**	**00:22:33.85**	+00:06:02 (27.1%)	4:28	13.4 (72.8%)
107	**WNĘK Martin**	**663**		M20	29	00:00:04	**00:22:20.65**	**00:22:25.60**	+00:06:02 (27.1%)	4:28	13.4 (72.8%)
108	**WNĘK Natalia**	**664**	SPECIAL SPACE	K20	4	00:00:03	**00:22:21.85**	**00:22:25.50**	+00:06:04 (27.1%)	4:28	13.4 (72.8%)
109	**BUTRYM Piotr**	**164**		M30	41	00:00:14	**00:22:22.20**	**00:22:36.60**	+00:06:04 (27.1%)	4:28	13.4 (72.8%)
110	**CIEŚLEWICZ Karol**	**1075**	OLAFCREW	M40	16	00:00:10	**00:22:23.80**	**00:22:34.40**	+00:06:05 (27.2%)	4:28	13.4 (72.8%)
111	**AUGUSTYNOWICZ Andrzej**	**790**	RCI BYDGOSZCZ	M40	17	00:00:09	**00:22:24.85**	**00:22:34.60**	+00:06:07 (27.3%)	4:29	13.4 (72.8%)
112	**JASIŃSKI Artur**	**19**		M40	18	00:00:20	**00:22:25.30**	**00:22:46.20**	+00:06:07 (27.3%)	4:29	13.4 (72.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
113	**SZARLEJ Marcin**	**472**	PKOBPSA	M30	42	00:00:08	**00:22:25.65**	**00:22:33.85**	+00:06:07 (27.3%)	4:29	13.4 (72.8%)
114	**PTASZNIK Michał**	**1154**	PTACHOLRUN	M30	43	00:00:27	**00:22:25.75**	**00:22:53.10**	+00:06:07 (27.3%)	4:29	13.4 (72.8%)
115	**CHOJNACKI Bartosz**	**740**		M30	44	00:00:07	**00:22:26.30**	**00:22:33.90**	+00:06:08 (27.4%)	4:29	13.4 (72.8%)
116	**ZIMNY Marek**	**712**	ELTRA W BIEGU	M50	10	00:00:12	**00:22:27.95**	**00:22:40.15**	+00:06:10 (27.5%)	4:29	13.4 (72.8%)
117	**BARSZCZ Tomasz**	**674**		M30	45	00:00:13	**00:22:32.25**	**00:22:45.40**	+00:06:14 (27.7%)	4:30	13.3 (72.3%)
118	**ŚLEFARSKI Marcin**	**68**		M30	46	00:00:14	**00:22:33.10**	**00:22:47.20**	+00:06:15 (27.7%)	4:30	13.3 (72.3%)
119	**STROKOWSKA Paulina**	**1158**		K20	5	00:00:12	**00:22:34.75**	**00:22:47.50**	+00:06:16 (27.8%)	4:31	13.3 (72.3%)
120	**FUŁAT Karol**	**994**		M50	11	00:00:17	**00:22:34.90**	**00:22:52.05**	+00:06:17 (27.8%)	4:31	13.3 (72.3%)
120	**TOKARSKI Paweł**	**1077**		M20	30	00:00:11	**00:22:34.90**	**00:22:46.50**	+00:06:17 (27.8%)	4:31	13.3 (72.3%)
122	**PIOTROWSKA Katarzyna**	**703**		K20	6	00:00:04	**00:22:35.30**	**00:22:40.10**	+00:06:17 (27.8%)	4:31	13.3 (72.3%)
123	**BIEL Marek**	**922**		M40	19	00:00:11	**00:22:36.20**	**00:22:47.80**	+00:06:18 (27.9%)	4:31	13.3 (72.3%)
124	**DOLNY Marcin**	**577**	FOREST GANG	M40	20	00:00:12	**00:22:36.55**	**00:22:48.80**	+00:06:18 (27.9%)	4:31	13.3 (72.3%)
125	**SPŁAWSKI Jarosław**	**1080**		M50	12	00:00:31	**00:22:37.15**	**00:23:08.25**	+00:06:19 (27.9%)	4:31	13.3 (72.3%)
126	**POLIWODZIŃSKI Mateusz**	**1121**	KS WISEŁKA BYDGOSZCZ-FORDON	M10	2	00:00:06	**00:22:38.05**	**00:22:44.85**	+00:06:20 (28.0%)	4:31	13.3 (72.3%)
127	**SUDOŁ Jacek**	**484**		M40	21	00:01:35	**00:22:42.45**	**00:24:17.85**	+00:06:24 (28.2%)	4:32	13.2 (71.7%)
128	**BARSZCZEWSKI Sebastian**	**358**		M40	22	00:00:15	**00:22:48.20**	**00:23:03.45**	+00:06:30 (28.5%)	4:33	13.2 (71.7%)
129	**JAŻDŻEWSKI Dawid**	**594**	DESPERACI	M30	47	00:00:09	**00:22:50.05**	**00:22:59.75**	+00:06:32 (28.6%)	4:34	13.1 (71.2%)
130	**JASIECKI Sebastian**	**615**	CROSSTEAM BYDGOSZCZ	M20	31	00:00:06	**00:22:51.55**	**00:22:57.70**	+00:06:33 (28.7%)	4:34	13.1 (71.2%)
131	**PALIGA Maciej**	**41**		M30	48	00:00:07	**00:22:53.65**	**00:23:01.20**	+00:06:35 (28.8%)	4:34	13.1 (71.2%)
132	**DANIELEWSKI Rafał**	**992**	ROBOTNIK TOPORZYSKO	M30	49	00:00:21	**00:22:54.85**	**00:23:16.20**	+00:06:37 (28.9%)	4:35	13.1 (71.2%)
133	**GWIAZDOWSKI Krzysztof**	**173**		M40	23	00:00:06	**00:22:55.70**	**00:23:02.15**	+00:06:37 (28.9%)	4:35	13.1 (71.2%)
134	**DARO Jakub**	**682**		M20	32	00:00:06	**00:22:56.00**	**00:23:02.85**	+00:06:38 (28.9%)	4:35	13.1 (71.2%)
135	**URBAŃSKI Tomasz**	**198**	JW 4326	M40	24	00:00:09	**00:22:56.05**	**00:23:05.70**	+00:06:38 (28.9%)	4:35	13.1 (71.2%)
136	**JANCOWSKI Wojciech**	**3**		M40	25	00:00:09	**00:22:58.00**	**00:23:07.95**	+00:06:40 (29.0%)	4:35	13.1 (71.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
137	**ANDRZEJEWSKA Sylwia**	**265**		K30	4	00:00:04	**00:23:02.50**	**00:23:06.80**	+00:06:44 (29.3%)	4:36	13 (70.7%)
138	**ŁOBODA Maciej**	**597**		M30	50	00:01:41	**00:23:02.90**	**00:24:44.20**	+00:06:45 (29.3%)	4:36	13 (70.7%)
139	**WNUK Piotr**	**1020**		M10	3	00:00:21	**00:23:04.90**	**00:23:25.95**	+00:06:47 (29.4%)	4:36	13 (70.7%)
140	**WNUK Sławomir**	**1009**		M40	26	00:00:20	**00:23:05.25**	**00:23:25.70**	+00:06:47 (29.4%)	4:37	13 (70.7%)
141	**AFELT Jarosław**	**721**		M30	51	00:00:26	**00:23:06.80**	**00:23:32.95**	+00:06:48 (29.5%)	4:37	13 (70.7%)
142	**STĘPSKI Marek**	**23**		M40	27	00:00:12	**00:23:08.15**	**00:23:20.15**	+00:06:50 (29.6%)	4:37	13 (70.7%)
143	**WOJTYNOWSKI Artur**	**1405**	RUN FOR FUN	M40	28	00:00:08	**00:23:10.05**	**00:23:18.15**	+00:06:52 (29.7%)	4:38	12.9 (70.1%)
144	**SZYMCZAK Maciej**	**1039**		M40	29	00:00:04	**00:23:10.30**	**00:23:14.85**	+00:06:52 (29.7%)	4:38	12.9 (70.1%)
145	**WESOŁOWSKA Magdalena**	**1322**		K20	7	00:00:30	**00:23:11.25**	**00:23:41.80**	+00:06:53 (29.7%)	4:38	12.9 (70.1%)
146	**PROKOPOWICZ Igor**	**582**		M10	4	00:01:23	**00:23:12.25**	**00:24:36.15**	+00:06:54 (29.8%)	4:38	12.9 (70.1%)
147	**WRÓBEL Grzegorz**	**1197**	BYLE DO METY	M30	52	00:00:10	**00:23:12.70**	**00:23:22.75**	+00:06:54 (29.8%)	4:38	12.9 (70.1%)
148	**MYLER Łukasz**	**675**		M20	33	00:01:00	**00:23:12.85**	**00:24:12.90**	+00:06:55 (29.8%)	4:38	12.9 (70.1%)
149	**KOWALSKI Marek**	**778**		M40	30	00:00:24	**00:23:14.10**	**00:23:38.35**	+00:06:56 (29.9%)	4:38	12.9 (70.1%)
150	**JURKOWSKI Paweł**	**949**	TOASTMATERS BYDGOSZCZ	M30	53	00:00:27	**00:23:15.10**	**00:23:43.05**	+00:06:57 (29.9%)	4:39	12.9 (70.1%)
151	**BARAŃSKI Władysław**	**1059**		M30	54	00:00:04	**00:23:16.70**	**00:23:21.55**	+00:06:58 (30.0%)	4:39	12.9 (70.1%)
152	**SZULC Edmund**	**1189**		M50	13	00:00:47	**00:23:18.05**	**00:24:05.85**	+00:07:00 (30.1%)	4:39	12.9 (70.1%)
153	**WOJCIECHOWSKI Grzegorz**	**14**	ATOS BYDGOSZCZ	M20	34	00:00:10	**00:23:19.90**	**00:23:30.55**	+00:07:02 (30.1%)	4:40	12.9 (70.1%)
154	**KLOSKOWSKI Adam**	**202**	JW1515	M30	55	00:01:13	**00:23:19.95**	**00:24:33.05**	+00:07:02 (30.2%)	4:40	12.9 (70.1%)
155	**BAGIŃSKI Marcin**	**1407**		M30	56	00:00:49	**00:23:21.70**	**00:24:11.30**	+00:07:03 (30.2%)	4:40	12.8 (69.6%)
156	**WIECZOREK Waldemar**	**291**		M30	57	00:00:31	**00:23:22.70**	**00:23:53.75**	+00:07:04 (30.3%)	4:40	12.8 (69.6%)
157	**GABRYCH Maciej**	**163**	CZARNE STOPY.SM	M30	58	00:00:05	**00:23:23.25**	**00:23:29.20**	+00:07:05 (30.3%)	4:40	12.8 (69.6%)
158	**MARCINKOWSKI Artur**	**545**		M20	35	00:00:27	**00:23:24.70**	**00:23:52.40**	+00:07:06 (30.4%)	4:41	12.8 (69.6%)
159	**WOLAN Magdalena**	**8**	AMORKI	K40	4	00:00:19	**00:23:25.55**	**00:23:44.65**	+00:07:07 (30.4%)	4:41	12.8 (69.6%)
160	**ISELVMO Espen**	**612**		M20	36	00:00:15	**00:23:26.05**	**00:23:41.90**	+00:07:08 (30.5%)	4:41	12.8 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
161	**CICHOWICZ Marcin**	**365**		M40	31	00:00:17	**00:23:27.05**	**00:23:44.15**	+00:07:09 (30.5%)	4:41	12.8 (69.6%)
162	**BAUMGART Jacek**	**766**	BIEGAJ Z DĘBAMI	M50	14	00:00:22	**00:23:28.30**	**00:23:50.95**	+00:07:10 (30.6%)	4:41	12.8 (69.6%)
163	**CHMURA Tomasz**	**1290**		M40	32	00:00:16	**00:23:29.75**	**00:23:46.05**	+00:07:11 (30.6%)	4:42	12.8 (69.6%)
164	**MROTEK Katarzyna**	**67**	ON THE MOVE	K30	5	00:01:04	**00:23:30.75**	**00:24:35.70**	+00:07:12 (30.7%)	4:42	12.8 (69.6%)
165	**NOWAK Rafał**	**411**		M20	37	00:01:31	**00:23:31.35**	**00:25:03.10**	+00:07:13 (30.7%)	4:42	12.7 (69.0%)
166	**ŁATKA Marcin**	**1450**		M40	33	00:00:16	**00:23:32.00**	**00:23:48.00**	+00:07:14 (30.7%)	4:42	12.7 (69.0%)
167	**PASTWA Filip**	**1449**	LUX-HAUS	M30	59	00:00:29	**00:23:32.40**	**00:24:02.25**	+00:07:14 (30.8%)	4:42	12.7 (69.0%)
168	**SOKOŁOWSKI Piotr**	**1056**	GORDON RUN	M30	60	00:00:06	**00:23:33.60**	**00:23:40.05**	+00:07:15 (30.8%)	4:42	12.7 (69.0%)
169	**GRUSZCZYK Maciej**	**927**		M20	38	00:00:41	**00:23:34.00**	**00:24:15.25**	+00:07:16 (30.8%)	4:42	12.7 (69.0%)
170	**WESOŁOWSKI Rafał**	**1178**		M30	61	00:01:35	**00:23:34.15**	**00:25:10.00**	+00:07:16 (30.9%)	4:43	12.7 (69.0%)
171	**SZYMAŃSKI Bartłomiej**	**326**		M20	39	00:00:54	**00:23:35.45**	**00:24:29.65**	+00:07:17 (30.9%)	4:43	12.7 (69.0%)
172	**MUĆKO Bartek**	**44**	ZSH BYDGOSZCZ	M18	4	00:00:01	**00:23:36.05**	**00:23:37.70**	+00:07:18 (30.9%)	4:43	12.7 (69.0%)
173	**BORAKIEWICZ Arkadiusz**	**1098**	TEAM RUN GOŁAŃCZ	M30	62	00:00:38	**00:23:36.25**	**00:24:14.50**	+00:07:18 (31.0%)	4:43	12.7 (69.0%)
174	**KUBEŁ Marta**	**1071**		K20	8	00:00:04	**00:23:36.60**	**00:23:40.95**	+00:07:18 (31.0%)	4:43	12.7 (69.0%)
175	**CELEGRAT Andrzej**	**1174**		M30	63	00:00:14	**00:23:37.45**	**00:23:51.55**	+00:07:19 (31.0%)	4:43	12.7 (69.0%)
176	**BRZEZIŃSKI Sławomir**	**952**	CZARNE STOPY.SM	M40	34	00:00:17	**00:23:37.60**	**00:23:55.05**	+00:07:19 (31.0%)	4:43	12.7 (69.0%)
177	**KĘDZIERSKI Wojciech**	**1021**		M40	35	00:00:12	**00:23:37.95**	**00:23:50.20**	+00:07:20 (31.0%)	4:43	12.7 (69.0%)
178	**PILAKOWSKA Angelika**	**644**	ELTRA W BIEGU	K30	6	00:00:11	**00:23:39.25**	**00:23:50.40**	+00:07:21 (31.1%)	4:43	12.7 (69.0%)
179	**RUCIŃSKI Rafał**	**870**	SELEKCJA NATURALNA	M30	64	00:00:48	**00:23:40.30**	**00:24:28.35**	+00:07:22 (31.2%)	4:44	12.7 (69.0%)
180	**LEWICKI Maciej**	**120**	BYDGOSZCZ NA START!	M40	36	00:00:27	**00:23:40.95**	**00:24:08.20**	+00:07:23 (31.2%)	4:44	12.7 (69.0%)
181	**BYRTEK Grzegorz**	**400**		M40	37	00:00:07	**00:23:41.35**	**00:23:48.65**	+00:07:23 (31.2%)	4:44	12.7 (69.0%)
182	**KISZKA Marcin**	**1093**	RUN PASJA	M30	65	00:00:13	**00:23:41.55**	**00:23:55.35**	+00:07:23 (31.2%)	4:44	12.7 (69.0%)
183	**KORTAS Marcin**	**1062**		M40	38	00:00:21	**00:23:43.65**	**00:24:05.45**	+00:07:25 (31.3%)	4:44	12.6 (68.5%)
184	**URBAŃSKI Dawid**	**45**		M30	66	00:00:17	**00:23:43.80**	**00:24:01.35**	+00:07:25 (31.3%)	4:44	12.6 (68.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
185	**SZOT Kacper**	**586**		M20	40	00:00:51	**00:23:43.90**	**00:24:35.20**	+00:07:26 (31.3%)	4:44	12.6 (68.5%)
186	**RYBICKI Artur**	**911**		M40	39	00:00:42	**00:23:46.20**	**00:24:29.05**	+00:07:28 (31.4%)	4:45	12.6 (68.5%)
187	**KUDALSKI Maciej**	**264**	XYZ FIGHT ACADEMY	M20	41	00:00:35	**00:23:46.25**	**00:24:21.90**	+00:07:28 (31.4%)	4:45	12.6 (68.5%)
188	**BURCZYK Roman**	**380**		M40	40	00:00:18	**00:23:46.40**	**00:24:04.85**	+00:07:28 (31.4%)	4:45	12.6 (68.5%)
189	**GŁOWACKI Robert**	**72**		M40	41	00:00:06	**00:23:46.45**	**00:23:53.15**	+00:07:28 (31.4%)	4:45	12.6 (68.5%)
190	**KOŁSUT Sebastian**	**1325**		M20	42	00:00:09	**00:23:50.45**	**00:23:59.75**	+00:07:32 (31.6%)	4:46	12.6 (68.5%)
191	**STAWCZYK Dariusz**	**240**		M40	42	00:00:18	**00:23:53.45**	**00:24:12.25**	+00:07:35 (31.8%)	4:46	12.6 (68.5%)
192	**PAWLIK Anna**	**713**	ZK NR 2 GRUDZIĄDZ	K40	5	00:00:18	**00:23:53.60**	**00:24:11.85**	+00:07:35 (31.8%)	4:46	12.6 (68.5%)
193	**OLBORSKI Lukasz**	**838**		M30	67	00:00:12	**00:23:57.10**	**00:24:09.65**	+00:07:39 (32.0%)	4:47	12.5 (67.9%)
194	**OSTROWSKA Anna**	**677**		K10	1	00:00:38	**00:23:57.40**	**00:24:36.25**	+00:07:39 (32.0%)	4:47	12.5 (67.9%)
195	**WIŚNIEWSKI Leszek**	**971**		M30	68	00:00:20	**00:23:59.35**	**00:24:19.80**	+00:07:41 (32.1%)	4:47	12.5 (67.9%)
196	**DZIKOWSKA Paulina**	**782**		K30	7	00:00:18	**00:24:00.10**	**00:24:18.45**	+00:07:42 (32.1%)	4:48	12.5 (67.9%)
197	**NADRATOWSKI Maciej**	**231**	KABEL TEAM BYDGOSZCZ	M40	43	00:00:54	**00:24:00.15**	**00:24:54.70**	+00:07:42 (32.1%)	4:48	12.5 (67.9%)
198	**HASS Adam**	**321**		M30	69	00:00:39	**00:24:00.45**	**00:24:39.65**	+00:07:42 (32.1%)	4:48	12.5 (67.9%)
199	**ŁOBOCKI Krzysztof**	**232**	TKKF KOLEJARZ BYDGOSZCZ	M30	70	00:00:29	**00:24:02.10**	**00:24:31.55**	+00:07:44 (32.2%)	4:48	12.5 (67.9%)
200	**STASZKIEWICZ Jakub**	**858**	STASHKY TEAM	M18	5	00:01:22	**00:24:03.55**	**00:25:26.45**	+00:07:45 (32.3%)	4:48	12.5 (67.9%)
201	**MIKOŁAJCZAK Sławomir**	**697**		M40	44	00:00:05	**00:24:03.95**	**00:24:09.90**	+00:07:46 (32.3%)	4:48	12.5 (67.9%)
202	**KRASIŃSKI Piotr**	**98**		M40	45	00:01:01	**00:24:04.30**	**00:25:05.70**	+00:07:46 (32.3%)	4:48	12.5 (67.9%)
203	**MAZUR Jakub**	**742**	BIEGAJ Z DĘBAMI	M20	43	00:00:12	**00:24:05.55**	**00:24:18.10**	+00:07:47 (32.4%)	4:49	12.4 (67.4%)
204	**SIEG Marcin**	**639**		M30	71	00:00:37	**00:24:06.35**	**00:24:44.20**	+00:07:48 (32.4%)	4:49	12.4 (67.4%)
205	**ŻUCHOWSKI Dariusz**	**398**	PARKRUN BYDGOSZCZ	M50	15	00:00:19	**00:24:07.00**	**00:24:26.10**	+00:07:49 (32.4%)	4:49	12.4 (67.4%)
206	**GONIA Alicja**	**978**		K40	6	00:01:05	**00:24:08.00**	**00:25:13.35**	+00:07:50 (32.5%)	4:49	12.4 (67.4%)
207	**STAFIEJ Wojciech**	**1391**		M40	46	00:00:12	**00:24:08.60**	**00:24:20.95**	+00:07:50 (32.5%)	4:49	12.4 (67.4%)
208	**GAWROŃSKI Mateusz**	**573**		M20	44	00:01:06	**00:24:08.85**	**00:25:14.85**	+00:07:51 (32.5%)	4:49	12.4 (67.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
209	**DRZEWIECKI Radosław**	**1487**		M30	72	00:00:22	**00:24:09.00**	**00:24:31.10**	+00:07:51 (32.5%)	4:49	12.4 (67.4%)
210	**KAMIŃSKI Marek**	**93**	TYPYGRUBE	M20	45	00:02:06	**00:24:09.20**	**00:26:16.10**	+00:07:51 (32.5%)	4:50	12.4 (67.4%)
211	**ORZECHOWSKI Zbigniew**	**690**		M40	47	00:00:32	**00:24:09.90**	**00:24:42.15**	+00:07:52 (32.6%)	4:50	12.4 (67.4%)
211	**MAZURKIEWICZ Piotr**	**306**		M40	48	00:00:11	**00:24:09.90**	**00:24:21.25**	+00:07:52 (32.6%)	4:50	12.4 (67.4%)
213	**MACIĄGA Jakub**	**996**		M30	73	00:00:28	**00:24:11.95**	**00:24:40.70**	+00:07:54 (32.7%)	4:50	12.4 (67.4%)
214	**DOBRZYŃSKA Ewa**	**234**		K30	8	00:00:39	**00:24:13.95**	**00:24:53.35**	+00:07:56 (32.7%)	4:50	12.4 (67.4%)
215	**MICHALSKA Daria**	**403**	BYDGOSKIE OKONIE	K20	9	00:00:18	**00:24:15.30**	**00:24:33.30**	+00:07:57 (32.8%)	4:51	12.4 (67.4%)
216	**MŁYNAREK Paweł**	**1388**		M10	5	00:00:03	**00:24:15.55**	**00:24:19.25**	+00:07:57 (32.8%)	4:51	12.4 (67.4%)
217	**KUBIS Sylwia**	**1460**		K40	7	00:00:32	**00:24:18.15**	**00:24:50.20**	+00:08:00 (32.9%)	4:51	12.3 (66.8%)
217	**WASTOWSKI Dawid**	**874**		M20	46	00:00:39	**00:24:18.15**	**00:24:57.25**	+00:08:00 (32.9%)	4:51	12.3 (66.8%)
219	**JAGIELSKI Szymon**	**1419**		M20	47	00:00:52	**00:24:18.90**	**00:25:11.00**	+00:08:01 (33.0%)	4:51	12.3 (66.8%)
220	**SKRZYPIŃSKI Marek**	**224**		M30	74	00:00:43	**00:24:19.25**	**00:25:03.20**	+00:08:01 (33.0%)	4:52	12.3 (66.8%)
221	**WONS Rafał**	**1356**		M30	75	00:01:33	**00:24:21.15**	**00:25:54.25**	+00:08:03 (33.1%)	4:52	12.3 (66.8%)
222	**JAKUBCZAK Łukasz**	**849**		M30	76	00:00:08	**00:24:23.70**	**00:24:31.85**	+00:08:05 (33.2%)	4:52	12.3 (66.8%)
223	**WISNIEWSKI Tadeusz**	**817**		M50	16	00:00:00	**00:24:25.35**	**00:24:25.35**	+00:08:07 (33.3%)	4:53	12.3 (66.8%)
224	**DZIEŻA Roma**	**165**	RUN BYDGOSZCZ	K40	8	00:00:25	**00:24:25.40**	**00:24:50.45**	+00:08:07 (33.3%)	4:53	12.3 (66.8%)
225	**WIŚNIEWSKA-KACZOR Iga**	**981**		K30	9	00:00:00	**00:24:25.65**	**00:24:25.65**	+00:08:07 (33.3%)	4:53	12.3 (66.8%)
226	**KOWALSKI Marek**	**1017**	BYDGOSKIE ŻÓŁWIE	M40	49	00:00:08	**00:24:26.40**	**00:24:34.75**	+00:08:08 (33.3%)	4:53	12.3 (66.8%)
227	**ROGALSKA Justyna**	**944**		K30	10	00:00:18	**00:24:29.45**	**00:24:47.75**	+00:08:11 (33.5%)	4:53	12.3 (66.8%)
228	**KLAWIKOWSKA Julita**	**613**	TKKF KOLEJARZ BYDGOSZCZ	K30	11	00:00:37	**00:24:31.30**	**00:25:08.85**	+00:08:13 (33.5%)	4:54	12.2 (66.3%)
229	**SCHNEIDER Krystian**	**307**		M30	77	00:00:30	**00:24:31.90**	**00:25:02.45**	+00:08:14 (33.6%)	4:54	12.2 (66.3%)
230	**PACEK Mirosław**	**207**		M50	17	00:01:30	**00:24:32.35**	**00:26:02.80**	+00:08:14 (33.6%)	4:54	12.2 (66.3%)
230	**SUCHOMSKI Damian**	**910**		M10	6	00:00:04	**00:24:32.35**	**00:24:36.35**	+00:08:14 (33.6%)	4:54	12.2 (66.3%)
232	**WAWRZYŃCZAK Grzegorz**	**73**		M30	78	00:01:01	**00:24:34.75**	**00:25:36.65**	+00:08:16 (33.7%)	4:55	12.2 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
233	**KIEŁCZYŃSKI Marek**	**667**		M40	50	00:01:19	**00:24:35.25**	**00:25:54.25**	+00:08:17 (33.7%)	4:55	12.2 (66.3%)
234	**KEPHART Kimberly**	**812**		K30	12	00:00:21	**00:24:35.60**	**00:24:57.15**	+00:08:17 (33.7%)	4:55	12.2 (66.3%)
235	**DANIELEWICZ Bartosz**	**1298**		M30	79	00:01:11	**00:24:36.05**	**00:25:47.25**	+00:08:18 (33.8%)	4:55	12.2 (66.3%)
236	**PIĄTEK Justyna**	**1179**		K30	13	00:00:22	**00:24:36.10**	**00:24:58.50**	+00:08:18 (33.8%)	4:55	12.2 (66.3%)
237	**JANUSZKIEWICZ Piotr**	**589**		M30	80	00:01:07	**00:24:37.90**	**00:25:45.60**	+00:08:20 (33.8%)	4:55	12.2 (66.3%)
238	**ARACH Przemysław**	**961**		M30	81	00:02:03	**00:24:38.75**	**00:26:41.80**	+00:08:20 (33.9%)	4:55	12.2 (66.3%)
239	**RADECKI Przemysław**	**138**		M40	51	00:00:28	**00:24:39.05**	**00:25:07.80**	+00:08:21 (33.9%)	4:55	12.2 (66.3%)
240	**TOMCZYŃSKI Jacek**	**1483**		M30	82	00:01:14	**00:24:40.25**	**00:25:55.20**	+00:08:22 (33.9%)	4:56	12.2 (66.3%)
241	**KRYSZTOFIAK Michał**	**1219**	ULUNG TEAM	M40	52	00:00:10	**00:24:45.30**	**00:24:55.70**	+00:08:27 (34.2%)	4:57	12.1 (65.8%)
242	**STĘPSKI Sławomir**	**348**	ZSM1	M20	48	00:00:54	**00:24:45.45**	**00:25:39.60**	+00:08:27 (34.2%)	4:57	12.1 (65.8%)
243	**WOŹNIAK Anna**	**898**		K40	9	00:00:16	**00:24:46.00**	**00:25:02.05**	+00:08:28 (34.2%)	4:57	12.1 (65.8%)
244	**WAJER Marita**	**694**	REEBOK RUN CREW BYDGOSZCZ	K20	10	00:00:11	**00:24:47.70**	**00:24:59.30**	+00:08:29 (34.3%)	4:57	12.1 (65.8%)
245	**PACZKOWSKI Mirosław**	**580**	CB163	M40	53	00:00:45	**00:24:48.25**	**00:25:33.85**	+00:08:30 (34.3%)	4:57	12.1 (65.8%)
246	**BISKUPIAK Robert**	**555**		M40	54	00:00:39	**00:24:51.85**	**00:25:31.55**	+00:08:34 (34.5%)	4:58	12.1 (65.8%)
247	**MENDEL Patryk**	**483**		M20	49	00:00:14	**00:24:52.05**	**00:25:06.95**	+00:08:34 (34.5%)	4:58	12.1 (65.8%)
248	**GULCZYŃSKI Dawid**	**1497**		M30	83	00:00:45	**00:24:52.90**	**00:25:37.90**	+00:08:35 (34.5%)	4:58	12.1 (65.8%)
249	**FRĄCKOWIAK Waldemar**	**392**		M40	55	00:00:22	**00:24:53.05**	**00:25:15.55**	+00:08:35 (34.5%)	4:58	12.1 (65.8%)
250	**WŁODARSKI Paweł**	**744**		M30	84	00:00:53	**00:24:53.15**	**00:25:46.90**	+00:08:35 (34.5%)	4:58	12.1 (65.8%)
251	**ROSZCZYN Dawid**	**1216**	CB163	M30	85	00:01:58	**00:24:53.55**	**00:26:52.35**	+00:08:35 (34.5%)	4:58	12 (65.2%)
252	**MATKOWSKA Monika**	**1496**		K30	14	00:00:44	**00:24:53.70**	**00:25:38.15**	+00:08:35 (34.5%)	4:58	12 (65.2%)
253	**BIZON Bartosz**	**735**		M30	86	00:01:12	**00:24:53.90**	**00:26:06.45**	+00:08:36 (34.5%)	4:58	12 (65.2%)
254	**MICHALAK Mariusz**	**349**		M40	56	00:00:28	**00:24:54.15**	**00:25:22.80**	+00:08:36 (34.6%)	4:58	12 (65.2%)
255	**RAUNEST Adam**	**548**		M50	18	00:00:57	**00:24:55.80**	**00:25:53.10**	+00:08:37 (34.6%)	4:59	12 (65.2%)
256	**TWARDOWSKI Krzysztof**	**1142**		M20	50	00:01:06	**00:24:56.75**	**00:26:03.15**	+00:08:38 (34.7%)	4:59	12 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
257	**BAUMGART Krzysztof**	**1057**	METAL INDUSTRY	M40	57	00:00:07	**00:24:57.25**	**00:25:04.25**	+00:08:39 (34.7%)	4:59	12 (65.2%)
258	**SZYMAŃSKI Tomasz**	**970**		M30	87	00:00:16	**00:24:57.70**	**00:25:14.30**	+00:08:39 (34.7%)	4:59	12 (65.2%)
259	**POZORSKA Joanna**	**953**	BIEGAJĄCE ŚLIWICE	K30	15	00:00:10	**00:24:58.05**	**00:25:08.15**	+00:08:40 (34.7%)	4:59	12 (65.2%)
260	**LESZCZYŃSKI Łukasz**	**409**		M30	88	00:01:51	**00:24:58.20**	**00:26:49.65**	+00:08:40 (34.7%)	4:59	12 (65.2%)
261	**GWIZDAŁA Mikołaj**	**1438**		M20	51	00:01:00	**00:24:58.45**	**00:25:59.30**	+00:08:40 (34.7%)	4:59	12 (65.2%)
262	**FOJUTOWSKI Filip**	**387**		M10	7	00:00:10	**00:24:59.45**	**00:25:10.25**	+00:08:41 (34.8%)	5:00	12 (65.2%)
263	**STAFIEJ Paweł**	**1392**		M10	8	00:00:12	**00:24:59.70**	**00:25:11.75**	+00:08:41 (34.8%)	4:59	12 (65.2%)
264	**DEREZIŃSKI Tomasz**	**236**		M30	89	00:00:27	**00:25:04.90**	**00:25:31.95**	+00:08:47 (35.0%)	5:00	12 (65.2%)
265	**DROZDOWSKI Krzysztof**	**610**		M40	58	00:00:20	**00:25:06.00**	**00:25:26.45**	+00:08:48 (35.1%)	5:01	12 (65.2%)
266	**GAŁKA Krzysztof**	**430**		M40	59	00:00:49	**00:25:06.20**	**00:25:56.10**	+00:08:48 (35.1%)	5:01	11.9 (64.7%)
267	**KOSIARSKI Tomasz**	**685**		M40	60	00:00:44	**00:25:06.50**	**00:25:50.55**	+00:08:48 (35.1%)	5:01	12 (65.2%)
268	**KAMPER Jarosław**	**443**		M40	61	00:00:11	**00:25:06.95**	**00:25:18.55**	+00:08:49 (35.1%)	5:01	11.9 (64.7%)
269	**STEJUK Jan**	**474**	AMS TRIATHLON	M10	9	00:00:27	**00:25:07.55**	**00:25:35.40**	+00:08:49 (35.1%)	5:01	11.9 (64.7%)
270	**TARCZYŃSKA Marta**	**314**	COOKIETEAMRUNNERS	K30	16	00:00:33	**00:25:08.95**	**00:25:42.00**	+00:08:51 (35.2%)	5:01	11.9 (64.7%)
271	**WAJCHERT Łukasz**	**1437**	TURBOGROSZKI.RUN	M30	90	00:00:20	**00:25:09.00**	**00:25:29.55**	+00:08:51 (35.2%)	5:01	11.9 (64.7%)
272	**CZAJA Jarosław**	**101**		M40	62	00:01:31	**00:25:10.10**	**00:26:41.95**	+00:08:52 (35.2%)	5:02	11.9 (64.7%)
273	**LEWANDOWSKI Michał**	**719**		M40	63	00:01:37	**00:25:10.15**	**00:26:48.10**	+00:08:52 (35.2%)	5:02	11.9 (64.7%)
274	**URBAŃSKI Kamil**	**397**		M30	91	00:02:05	**00:25:11.00**	**00:27:16.25**	+00:08:53 (35.3%)	5:02	11.9 (64.7%)
275	**ZIELIŃSKI Marcin**	**1499**		M40	64	00:00:04	**00:25:13.60**	**00:25:18.40**	+00:08:55 (35.4%)	5:02	11.9 (64.7%)
276	**GLAMA Jakub**	**1489**		M30	92	00:00:54	**00:25:13.70**	**00:26:08.15**	+00:08:55 (35.4%)	5:02	11.9 (64.7%)
277	**GROCHOWSKI Jakub**	**176**	JW1515	M30	93	00:01:14	**00:25:15.65**	**00:26:30.60**	+00:08:57 (35.5%)	5:03	11.9 (64.7%)
278	**OLEJNICZAK Jacek**	**1472**		M40	65	00:00:29	**00:25:17.70**	**00:25:47.30**	+00:08:59 (35.6%)	5:03	11.9 (64.7%)
279	**KLEPACZEWSKI Arkadiusz**	**977**		M30	94	00:01:08	**00:25:17.75**	**00:26:26.05**	+00:08:59 (35.6%)	5:03	11.9 (64.7%)
280	**KASPROWICZ Piotr**	**241**	JW 1515	M30	95	00:00:32	**00:25:19.15**	**00:25:51.55**	+00:09:01 (35.6%)	5:03	11.8 (64.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
281	**STEJUK Aleksandra**	**473**	AMS RIATHLON	K40	10	00:00:28	**00:25:20.95**	**00:25:49.55**	+00:09:03 (35.7%)	5:04	11.8 (64.1%)
282	**STEJUK Antoni**	**475**	AMS TRIATHLON	M10	10	00:00:28	**00:25:21.05**	**00:25:49.45**	+00:09:03 (35.7%)	5:04	11.8 (64.1%)
283	**BŁASZCZYK Agnieszka**	**1372**		K30	17	00:01:00	**00:25:21.95**	**00:26:22.35**	+00:09:04 (35.8%)	5:04	11.8 (64.1%)
284	**MISUN-NOWAK Katarzyna**	**1228**	AMS TRIATHLON	K30	18	00:00:28	**00:25:22.65**	**00:25:51.30**	+00:09:04 (35.8%)	5:04	11.8 (64.1%)
285	**CHMIELARZ Karina**	**117**		K20	11	00:01:12	**00:25:23.40**	**00:26:36.15**	+00:09:05 (35.8%)	5:04	11.8 (64.1%)
286	**HEIDAK Piotr**	**979**		M40	66	00:00:09	**00:25:23.70**	**00:25:33.10**	+00:09:05 (35.8%)	5:04	11.8 (64.1%)
287	**KAMPER Małgorzata**	**444**		K40	11	00:00:11	**00:25:26.25**	**00:25:37.50**	+00:09:08 (35.9%)	5:05	11.8 (64.1%)
288	**NAGORZYSKI Arkadiusz**	**149**	BIEGAM WSPIERAM MOTYWUJĘ	M30	96	00:00:09	**00:25:27.95**	**00:25:37.10**	+00:09:10 (36.0%)	5:05	11.8 (64.1%)
289	**SPIRYDOWICZ Piotr**	**1375**		M30	97	00:00:17	**00:25:28.10**	**00:25:45.25**	+00:09:10 (36.0%)	5:05	11.8 (64.1%)
290	**NAGORZYSKA Sylwia**	**151**	BIEGAM WSPIERAM MOTYWUJĘ	K30	19	00:00:09	**00:25:28.20**	**00:25:37.20**	+00:09:10 (36.0%)	5:05	11.8 (64.1%)
291	**SUCHOMSKA Beata**	**908**		M40	67	00:00:21	**00:25:29.10**	**00:25:50.35**	+00:09:11 (36.1%)	5:05	11.8 (64.1%)
292	**SKUPSZ Jędrzej Kazimierz**	**965**		M30	98	00:01:30	**00:25:30.40**	**00:27:00.55**	+00:09:12 (36.1%)	5:06	11.8 (64.1%)
293	**BRUNKE Tomasz**	**313**		M40	68	00:01:33	**00:25:31.90**	**00:27:05.25**	+00:09:14 (36.2%)	5:06	11.7 (63.6%)
294	**WOJDAT Dominika**	**49**	ZIELONY PELIKAN	K20	12	00:01:17	**00:25:33.10**	**00:26:50.85**	+00:09:15 (36.2%)	5:06	11.7 (63.6%)
295	**POPŁAWSKI Damian**	**487**	RIMB	M20	52	00:01:52	**00:25:33.40**	**00:27:25.90**	+00:09:15 (36.2%)	5:06	11.7 (63.6%)
296	**SZCZUKOWSKA Nicol**	**1301**		K10	2	00:00:45	**00:25:33.55**	**00:26:18.55**	+00:09:15 (36.2%)	5:06	11.7 (63.6%)
297	**MATUSIAK Aneta**	**1203**	NKUB	K30	20	00:00:12	**00:25:35.05**	**00:25:47.55**	+00:09:17 (36.3%)	5:07	11.7 (63.6%)
298	**SOBOTA Piotr**	**499**		M40	69	00:01:06	**00:25:35.70**	**00:26:42.60**	+00:09:17 (36.3%)	5:07	11.7 (63.6%)
299	**CICHOŃSKA - BAZAK Marzena**	**422**	CZARNE STOPY.SM	K40	12	00:01:03	**00:25:36.25**	**00:26:40.15**	+00:09:18 (36.3%)	5:07	11.7 (63.6%)
300	**TOMCZYŃSKI Krystian**	**1229**		M20	53	00:01:11	**00:25:36.30**	**00:26:47.90**	+00:09:18 (36.4%)	5:07	11.7 (63.6%)
301	**TRUDNOWSKI Janusz**	**243**	RUN PASJA	M60	2	00:00:10	**00:25:39.30**	**00:25:49.55**	+00:09:21 (36.5%)	5:07	11.7 (63.6%)
302	**PYTLIŃSKI Paweł**	**914**	BYDGOSKIE ŻÓŁWIE	M40	70	00:00:09	**00:25:40.40**	**00:25:49.70**	+00:09:22 (36.5%)	5:08	11.7 (63.6%)
303	**POTRZEBOWSKA Agata**	**652**	DEAF I #B3K	K30	21	00:00:30	**00:25:40.65**	**00:26:11.10**	+00:09:22 (36.5%)	5:08	11.7 (63.6%)
304	**NOWAK Waldemar**	**192**	TRIAMATOR EWELINA NOWAK	M50	19	00:00:14	**00:25:41.60**	**00:25:56.05**	+00:09:23 (36.6%)	5:08	11.7 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
305	**TORCHALSKI Krzysztof**	**206**	RUN PASJA	M60	3	00:01:03	**00:25:42.10**	**00:26:46.00**	+00:09:24 (36.6%)	5:08	11.7 (63.6%)
306	**STASZKIEWICZ Lucyna**	**857**	STASHKY TEAM	K50	1	00:00:29	**00:25:43.10**	**00:26:12.25**	+00:09:25 (36.6%)	5:08	11.7 (63.6%)
307	**SZYCZEWSKA Ewa**	**34**		K40	13	00:00:34	**00:25:45.00**	**00:26:19.15**	+00:09:27 (36.7%)	5:09	11.7 (63.6%)
308	**WOLSKI Adam**	**171**		M30	99	00:02:05	**00:25:47.30**	**00:27:52.75**	+00:09:29 (36.8%)	5:09	11.6 (63.0%)
309	**POLACKA Jadwiga**	**779**	BIEGAJ Z DĘBAMI	K40	14	00:00:13	**00:25:47.75**	**00:26:01.05**	+00:09:29 (36.8%)	5:09	11.6 (63.0%)
310	**GONIA Robert**	**982**		M40	71	00:01:06	**00:25:48.30**	**00:26:54.85**	+00:09:30 (36.8%)	5:09	11.6 (63.0%)
311	**HIRSCH Nikodem**	**1049**		M10	11	00:00:18	**00:25:49.85**	**00:26:08.10**	+00:09:32 (36.9%)	5:10	11.6 (63.0%)
312	**PAWLAK Maciej**	**955**		M30	100	00:01:19	**00:25:50.30**	**00:27:10.00**	+00:09:32 (36.9%)	5:10	11.6 (63.0%)
313	**KRAS Karolina**	**1155**		K20	13	00:01:07	**00:25:51.65**	**00:26:58.90**	+00:09:33 (37.0%)	5:10	11.6 (63.0%)
314	**CHMURA Ewa**	**1291**		K30	22	00:00:15	**00:25:51.70**	**00:26:07.55**	+00:09:33 (37.0%)	5:10	11.6 (63.0%)
315	**JAGODZIŃSKI Karol**	**931**	COOKIE TEAM RUNNERS	M50	20	00:00:36	**00:25:52.50**	**00:26:29.05**	+00:09:34 (37.0%)	5:10	11.6 (63.0%)
316	**SIKORSKI Arkadiusz**	**80**		M10	12	00:00:23	**00:25:52.80**	**00:26:16.25**	+00:09:34 (37.0%)	5:10	11.6 (63.0%)
317	**ZWOLINSKI Robert**	**1040**		M40	72	00:00:55	**00:25:53.15**	**00:26:48.20**	+00:09:35 (37.0%)	5:10	11.6 (63.0%)
318	**UMIŃSKI Robert**	**657**		M30	101	00:00:14	**00:25:54.80**	**00:26:09.70**	+00:09:36 (37.1%)	5:11	11.6 (63.0%)
319	**HÖFT Karol**	**665**		M20	54	00:01:11	**00:25:55.25**	**00:27:06.80**	+00:09:37 (37.1%)	5:11	11.6 (63.0%)
320	**WALUSIAK Miłosz**	**776**	RUN PASJA	M30	102	00:00:42	**00:25:55.70**	**00:26:37.70**	+00:09:37 (37.1%)	5:11	11.6 (63.0%)
321	**BOROWICZ Anna**	**832**		K30	23	00:00:38	**00:25:55.90**	**00:26:34.00**	+00:09:38 (37.2%)	5:11	11.6 (63.0%)
322	**CHUDECKI Robert**	**609**		M40	73	00:01:24	**00:25:56.60**	**00:27:21.50**	+00:09:38 (37.2%)	5:11	11.6 (63.0%)
323	**ŚWIETLIK Piotr**	**77**		M50	21	00:01:14	**00:25:56.85**	**00:27:11.10**	+00:09:39 (37.2%)	5:11	11.6 (63.0%)
324	**JAWORSKA Aleksandra**	**1479**	6. KILOMETR	K20	14	00:00:22	**00:25:56.90**	**00:26:19.65**	+00:09:39 (37.2%)	5:11	11.6 (63.0%)
325	**GROBELNA Angelika**	**75**	BYDGOSZCZ NA START	K40	15	00:00:42	**00:25:57.05**	**00:26:39.35**	+00:09:39 (37.2%)	5:11	11.6 (63.0%)
326	**KRESIŃSKI Andrzej**	**47**		M30	103	00:00:05	**00:25:58.40**	**00:26:03.45**	+00:09:40 (37.3%)	5:11	11.6 (63.0%)
327	**GÓŹDŹ Tomasz**	**777**	JAŚ BIEGA	M40	74	00:00:57	**00:25:58.80**	**00:26:56.65**	+00:09:40 (37.3%)	5:11	11.5 (62.5%)
328	**MARĆ Robert**	**842**		M40	75	00:01:11	**00:25:59.95**	**00:27:11.50**	+00:09:42 (37.3%)	5:12	11.5 (62.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
329	**ORCHOLSKI Piotr**	**1016**		M40	76	00:00:59	**00:26:00.80**	**00:26:59.95**	+00:09:42 (37.3%)	5:12	11.5 (62.5%)
330	**ZGÓRSKI Maciej**	**1360**	WKURW TEAM BYDGOSZCZ	M40	77	00:00:41	**00:26:01.50**	**00:26:42.60**	+00:09:43 (37.4%)	5:12	11.5 (62.5%)
331	**GILL Daniel**	**894**	BOGMAR	M30	104	00:00:58	**00:26:01.85**	**00:26:59.95**	+00:09:44 (37.4%)	5:12	11.5 (62.5%)
332	**ŚWIATLAK Marek**	**1254**		M50	22	00:00:45	**00:26:02.25**	**00:26:47.60**	+00:09:44 (37.4%)	5:12	11.5 (62.5%)
333	**RYGIEWICZ Wojciech**	**155**		M50	23	00:01:04	**00:26:02.35**	**00:27:07.05**	+00:09:44 (37.4%)	5:12	11.5 (62.5%)
334	**KARPIŃSKI Łukasz**	**249**		M40	78	00:01:06	**00:26:02.65**	**00:27:09.50**	+00:09:44 (37.4%)	5:12	11.5 (62.5%)
335	**GRUBICH Arkadiusz**	**780**		M40	79	00:00:56	**00:26:03.40**	**00:26:59.90**	+00:09:45 (37.5%)	5:12	11.5 (62.5%)
336	**KRUK Łukasz**	**376**		M10	13	00:00:16	**00:26:04.45**	**00:26:21.25**	+00:09:46 (37.5%)	5:13	11.5 (62.5%)
336	**KĘCKI Jakub**	**917**		M10	14	00:01:21	**00:26:04.45**	**00:27:25.55**	+00:09:46 (37.5%)	5:12	11.5 (62.5%)
338	**KUKAWKA Maciej**	**1315**		M40	80	00:01:47	**00:26:07.80**	**00:27:55.40**	+00:09:49 (37.6%)	5:13	11.5 (62.5%)
339	**STASIEWSKI Mariusz**	**752**	TRISPACE	M40	81	00:00:35	**00:26:08.70**	**00:26:43.75**	+00:09:50 (37.7%)	5:13	11.5 (62.5%)
340	**MAJEWSKA Ryszarda**	**1251**		K60	1	00:00:39	**00:26:08.95**	**00:26:48.35**	+00:09:51 (37.7%)	5:13	11.5 (62.5%)
341	**GORDON Roman**	**172**	RUN BYDGOSZCZ	M60	4	00:00:14	**00:26:09.00**	**00:26:23.45**	+00:09:51 (37.7%)	5:13	11.5 (62.5%)
342	**ZAJĄC Tomasz**	**738**	BIEGAJ Z DĘBAMI	M40	82	00:00:16	**00:26:09.35**	**00:26:25.65**	+00:09:51 (37.7%)	5:13	11.5 (62.5%)
343	**GRACZYK Przemysław**	**269**		M30	105	00:01:34	**00:26:10.40**	**00:27:45.25**	+00:09:52 (37.7%)	5:14	11.5 (62.5%)
344	**SOBANIA-TRENDEWICZ Paulina**	**1172**		K30	24	00:01:39	**00:26:11.05**	**00:27:50.90**	+00:09:53 (37.8%)	5:14	11.5 (62.5%)
345	**MORZYK Michał**	**446**		M40	83	00:00:33	**00:26:14.30**	**00:26:47.30**	+00:09:56 (37.9%)	5:14	11.4 (62.0%)
345	**SIKORSKI Norbert**	**81**		M40	84	00:00:23	**00:26:14.30**	**00:26:37.85**	+00:09:56 (37.9%)	5:14	11.4 (62.0%)
347	**STĘPIEŃ Monika**	**109**		K40	16	00:00:20	**00:26:15.95**	**00:26:36.10**	+00:09:58 (38.0%)	5:15	11.4 (62.0%)
348	**GÓRSKI Michał**	**1421**		M30	106	00:00:30	**00:26:16.65**	**00:26:47.60**	+00:09:58 (38.0%)	5:15	11.4 (62.0%)
349	**KIJEWSKI Maciej**	**410**	KABEL TEAM BYDGOSZCZ	M30	107	00:01:17	**00:26:17.00**	**00:27:34.05**	+00:09:59 (38.0%)	5:15	11.4 (62.0%)
350	**SZPYT Ania**	**635**		K30	25	00:00:28	**00:26:17.15**	**00:26:45.25**	+00:09:59 (38.0%)	5:15	11.4 (62.0%)
351	**KOZŁOWSKI Łukasz**	**715**		M20	55	00:00:58	**00:26:17.50**	**00:27:15.60**	+00:09:59 (38.0%)	5:15	11.4 (62.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
352	**MICHALSKI Damian**	**1474**		M20	56	00:01:11	**00:26:19.50**	**00:27:30.70**	+00:10:01 (38.1%)	5:15	11.4 (62.0%)
353	**DEKOWSKA Monika**	**1414**		K30	26	00:00:32	**00:26:20.40**	**00:26:53.10**	+00:10:02 (38.1%)	5:16	11.4 (62.0%)
354	**BYSTREK Jarosław**	**993**		M40	85	00:02:12	**00:26:20.45**	**00:28:33.05**	+00:10:02 (38.1%)	5:16	11.4 (62.0%)
355	**BOROWIEC Wioleta**	**636**	BBL SZUBIN	K30	27	00:00:20	**00:26:21.40**	**00:26:41.45**	+00:10:03 (38.2%)	5:16	11.4 (62.0%)
356	**KĘSIK Roman**	**1109**	13 WOG GRUDZIADZ	M50	24	00:00:10	**00:26:22.35**	**00:26:33.00**	+00:10:04 (38.2%)	5:16	11.4 (62.0%)
357	**LACKOWSKA Aleksandra**	**853**		K20	15	00:01:14	**00:26:22.90**	**00:27:37.85**	+00:10:05 (38.2%)	5:16	11.4 (62.0%)
358	**GLINKOWSKI Dariusz**	**1033**	B28	M30	108	00:00:45	**00:26:24.05**	**00:27:09.80**	+00:10:06 (38.3%)	5:16	11.4 (62.0%)
359	**KABAT Jakub**	**302**	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M10	15	00:02:02	**00:26:25.05**	**00:28:27.15**	+00:10:07 (38.3%)	5:17	11.4 (62.0%)
360	**KRETKOWSKI Piotr**	**1081**		M20	57	00:00:33	**00:26:26.45**	**00:27:00.00**	+00:10:08 (38.4%)	5:17	11.3 (61.4%)
361	**LEWICKI Jarek**	**725**		M40	86	00:00:18	**00:26:26.95**	**00:26:45.40**	+00:10:09 (38.4%)	5:17	11.3 (61.4%)
362	**JANOWSKA Renata**	**724**		K40	17	00:00:17	**00:26:27.30**	**00:26:45.25**	+00:10:09 (38.4%)	5:17	11.3 (61.4%)
363	**PIECZYŃSKA Joanna**	**767**		K30	28	00:01:00	**00:26:27.35**	**00:27:27.60**	+00:10:09 (38.4%)	5:17	11.3 (61.4%)
364	**TKACZYK Tomasz**	**1376**		M40	87	00:00:48	**00:26:28.35**	**00:27:16.40**	+00:10:10 (38.4%)	5:17	11.3 (61.4%)
365	**BERENDA Damian**	**205**		M40	88	00:00:23	**00:26:28.75**	**00:26:51.90**	+00:10:10 (38.5%)	5:17	11.3 (61.4%)
366	**STOKŁOSA Maciej**	**131**		M30	109	00:00:45	**00:26:28.90**	**00:27:14.20**	+00:10:11 (38.5%)	5:17	11.3 (61.4%)
367	**WILCZYŃSKA Iga**	**764**		K10	3	00:00:36	**00:26:29.45**	**00:27:05.60**	+00:10:11 (38.5%)	5:17	11.3 (61.4%)
368	**SIUDA Marek**	**786**	KLINIKA TRIATHLONU BYDGOSZCZ	M40	89	00:00:56	**00:26:29.50**	**00:27:25.70**	+00:10:11 (38.5%)	5:17	11.3 (61.4%)
369	**ŁUDZIŃSKI Jakub**	**123**		M30	110	00:02:00	**00:26:29.85**	**00:28:30.25**	+00:10:12 (38.5%)	5:18	11.3 (61.4%)
369	**FURMAN Paweł**	**1336**		M30	111	00:01:20	**00:26:29.85**	**00:27:50.80**	+00:10:12 (38.5%)	5:18	11.3 (61.4%)
371	**KOSIEDOWSKI Jacek**	**1088**		M40	90	00:00:10	**00:26:30.20**	**00:26:41.15**	+00:10:12 (38.5%)	5:18	11.3 (61.4%)
372	**KOZICKI Marcin**	**762**	BYDGOSKIE ŻÓŁWIE	M40	91	00:00:08	**00:26:30.50**	**00:26:38.90**	+00:10:12 (38.5%)	5:18	11.3 (61.4%)
373	**ZECH Izabela**	**35**	RUDA TEAM/FOREST GANG	K40	18	00:00:14	**00:26:30.85**	**00:26:44.95**	+00:10:13 (38.5%)	5:18	11.3 (61.4%)
374	**JANUSZKIEWICZ Judyta**	**525**	BIEGAM PO PIWO	K30	29	00:00:17	**00:26:31.95**	**00:26:49.80**	+00:10:14 (38.6%)	5:18	11.3 (61.4%)
375	**ROSIŃSKI Marek**	**1135**	MORS BRODNICA	M50	25	00:00:23	**00:26:32.05**	**00:26:55.50**	+00:10:14 (38.6%)	5:18	11.3 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
376	**SAPALSKA Michalina**	**514**	BIEGAJĄCE ŚLIWICE	K20	16	00:00:09	**00:26:32.25**	**00:26:41.95**	+00:10:14 (38.6%)	5:18	11.3 (61.4%)
377	**KOLANOWSKI Wojciech**	**819**		M50	26	00:00:28	**00:26:32.85**	**00:27:01.80**	+00:10:15 (38.6%)	5:18	11.3 (61.4%)
378	**KRUK Szymon**	**375**		M10	16	00:00:16	**00:26:33.00**	**00:26:49.05**	+00:10:15 (38.6%)	5:18	11.3 (61.4%)
379	**BOROWICZ Ireneusz**	**830**		M30	112	00:00:38	**00:26:33.05**	**00:27:11.20**	+00:10:15 (38.6%)	5:18	11.3 (61.4%)
380	**KOLANOWSKA Grażyna**	**818**		K50	2	00:00:28	**00:26:33.10**	**00:27:01.65**	+00:10:15 (38.6%)	5:18	11.3 (61.4%)
381	**TWARDOWSKI Łukasz**	**280**		M30	113	00:00:32	**00:26:33.15**	**00:27:05.20**	+00:10:15 (38.6%)	5:18	11.3 (61.4%)
382	**BANASZAK Gracjan**	**640**		M10	17	00:00:59	**00:26:33.30**	**00:27:32.60**	+00:10:15 (38.6%)	5:18	11.3 (61.4%)
383	**WILCZYŃSKI Jacek**	**763**		M40	92	00:00:35	**00:26:33.40**	**00:27:08.65**	+00:10:15 (38.6%)	5:18	11.3 (61.4%)
384	**KRUK Krzysztof**	**371**		M40	93	00:00:17	**00:26:33.45**	**00:26:51.10**	+00:10:15 (38.6%)	5:18	11.3 (61.4%)
385	**DOBRZAŃSKI Dariusz**	**1169**	3GRAVITY	M20	58	00:01:09	**00:26:35.05**	**00:27:44.10**	+00:10:17 (38.7%)	5:19	11.3 (61.4%)
386	**WOSZCZYK Agnieszka**	**1000**		K20	17	00:00:11	**00:26:35.20**	**00:26:47.10**	+00:10:17 (38.7%)	5:19	11.3 (61.4%)
387	**KOWALCZYK Karol**	**808**		M40	94	00:01:30	**00:26:35.50**	**00:28:06.25**	+00:10:17 (38.7%)	5:19	11.3 (61.4%)
388	**KOSIAK Jacek**	**1406**	RUN FOR FUN	M40	95	00:00:08	**00:26:36.30**	**00:26:44.65**	+00:10:18 (38.7%)	5:19	11.3 (61.4%)
389	**ULATOWSKA Sylwia**	**957**		K30	30	00:01:15	**00:26:37.35**	**00:27:53.20**	+00:10:19 (38.8%)	5:19	11.3 (61.4%)
390	**CICHOCKI Marcin**	**297**	WATAHA BYDGOSZCZ	M40	96	00:02:09	**00:26:37.80**	**00:28:47.35**	+00:10:19 (38.8%)	5:19	11.3 (61.4%)
391	**KUJDA Dorota**	**116**		K30	31	00:00:36	**00:26:38.65**	**00:27:15.50**	+00:10:20 (38.8%)	5:19	11.3 (61.4%)
392	**ZALEWSKA Michalina**	**1256**	UKS KOPERNIK	K10	4	00:00:25	**00:26:38.80**	**00:27:03.85**	+00:10:20 (38.8%)	5:19	11.3 (61.4%)
393	**WEŁNIŃSKA Patrycja**	**519**	SZURUSIE TEAM	M20	59	00:01:47	**00:26:39.05**	**00:28:26.45**	+00:10:21 (38.8%)	5:19	11.3 (61.4%)
394	**ŁABENDA Robert**	**20**	SZURUSIE TEAM	M30	114	00:01:47	**00:26:39.35**	**00:28:27.05**	+00:10:21 (38.9%)	5:20	11.3 (61.4%)
395	**NOWAKOWSKI Grzegorz**	**800**	DEAF GARMIN	M30	115	00:00:31	**00:26:39.80**	**00:27:11.55**	+00:10:21 (38.9%)	5:20	11.3 (61.4%)
396	**BOENISCH Konstantin**	**309**		M20	60	00:00:37	**00:26:40.10**	**00:27:17.70**	+00:10:22 (38.9%)	5:20	11.3 (61.4%)
397	**CĄBROWSKI Piotr**	**1053**	ZK NR 2 W GRUDZIĄDZU	M40	97	00:01:37	**00:26:41.10**	**00:28:18.10**	+00:10:23 (38.9%)	5:20	11.2 (60.9%)
398	**WOŹNIAK Piotr**	**899**		M40	98	00:00:30	**00:26:41.45**	**00:27:11.80**	+00:10:23 (38.9%)	5:20	11.2 (60.9%)
399	**PORAZINSKA Viktoria**	**54**		K40	19	00:00:42	**00:26:42.85**	**00:27:24.90**	+00:10:25 (39.0%)	5:20	11.2 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
400	**GACA Annamaria**	**1330**		K40	20	00:02:04	**00:26:43.05**	**00:28:47.15**	+00:10:25 (39.0%)	5:20	11.2 (60.9%)
401	**DĘBIEC Andrzej**	**856**		M30	116	00:01:10	**00:26:44.60**	**00:27:55.00**	+00:10:26 (39.1%)	5:21	11.2 (60.9%)
402	**TOMCZYK Agata**	**785**		K30	32	00:01:38	**00:26:44.80**	**00:28:23.40**	+00:10:26 (39.1%)	5:21	11.2 (60.9%)
403	**PAPIS Piotr**	**325**	BACK_ON	M30	117	00:00:50	**00:26:46.80**	**00:27:37.30**	+00:10:28 (39.1%)	5:21	11.2 (60.9%)
403	**POTRZEBOWSKI Marek**	**653**	DEAF I #B3K	M30	118	00:00:26	**00:26:46.80**	**00:27:13.75**	+00:10:28 (39.1%)	5:21	11.2 (60.9%)
405	**KUBSKI Jarosław**	**845**	MILUSIŃSCY	M40	99	00:00:08	**00:26:46.85**	**00:26:54.85**	+00:10:29 (39.1%)	5:21	11.2 (60.9%)
406	**GRALAK Jacek**	**552**	81 BLP	M40	100	00:01:27	**00:26:47.40**	**00:28:14.85**	+00:10:29 (39.2%)	5:21	11.2 (60.9%)
407	**PRIEWE Paweł**	**115**	DYNAMO SKARPA	M30	119	00:01:49	**00:26:48.40**	**00:28:37.95**	+00:10:30 (39.2%)	5:21	11.2 (60.9%)
408	**BRUGIER Andrzej**	**585**		M30	120	00:01:26	**00:26:48.80**	**00:28:15.65**	+00:10:30 (39.2%)	5:21	11.2 (60.9%)
409	**MALINOWSKI Waldemar**	**132**	RUN LOTTO BYDGOSTIA	M40	101	00:01:51	**00:26:48.90**	**00:28:40.60**	+00:10:31 (39.2%)	5:21	11.2 (60.9%)
410	**BUTOWSKI Michał**	**596**	SEN O VICTORII	M40	102	00:00:53	**00:26:49.55**	**00:27:42.75**	+00:10:31 (39.2%)	5:21	11.2 (60.9%)
411	**KARLIŃSKI Oskar**	**1333**	BYDGOSZCZ	M10	18	00:01:44	**00:26:49.60**	**00:28:34.00**	+00:10:31 (39.2%)	5:22	11.2 (60.9%)
412	**KOTWICA Kamil**	**293**		M20	61	00:01:52	**00:26:51.15**	**00:28:44.05**	+00:10:33 (39.3%)	5:22	11.2 (60.9%)
413	**DOLNY Kajetan**	**1029**	FOREST GANG	M10	19	00:00:13	**00:26:51.55**	**00:27:04.90**	+00:10:33 (39.3%)	5:22	11.2 (60.9%)
414	**KARSKI Hubert**	**353**		M60	5	00:00:55	**00:26:51.80**	**00:27:46.85**	+00:10:33 (39.3%)	5:22	11.2 (60.9%)
415	**GONCERZ Katarzyna**	**299**	ANANASY	K30	33	00:01:33	**00:26:52.00**	**00:28:25.85**	+00:10:34 (39.3%)	5:22	11.2 (60.9%)
416	**WIŚNIEWSKA Aleksandra**	**912**		K18	1	00:01:35	**00:26:52.95**	**00:28:28.55**	+00:10:35 (39.4%)	5:22	11.2 (60.9%)
417	**KAMIŃSKI Dawid**	**354**	TYPYGRUBE	M20	62	00:02:05	**00:26:53.65**	**00:28:59.30**	+00:10:35 (39.4%)	5:22	11.2 (60.9%)
418	**SAWICKI Mikołaj**	**340**		M20	63	00:00:26	**00:26:54.60**	**00:27:21.55**	+00:10:36 (39.4%)	5:23	11.1 (60.3%)
419	**STĘŻEWSKA Emilia**	**1124**		K20	18	00:00:38	**00:26:55.10**	**00:27:33.25**	+00:10:37 (39.5%)	5:23	11.1 (60.3%)
420	**GRALAK Martyna**	**547**	BYDGOSKI KLUB KYOKUSHIN KARATE	K10	5	00:00:19	**00:26:56.20**	**00:27:15.25**	+00:10:38 (39.5%)	5:23	11.1 (60.3%)
421	**PRZYBYLSKA Grażyna**	**278**	BYDGOSZCZ NA START, SL PB	K50	3	00:00:30	**00:26:58.25**	**00:27:28.75**	+00:10:40 (39.6%)	5:23	11.1 (60.3%)
422	**MAJEWSKA Monika**	**750**		K30	34	00:01:05	**00:26:59.45**	**00:28:04.45**	+00:10:41 (39.6%)	5:23	11.1 (60.3%)
423	**SZAFLIK Łukasz**	**824**	TEAM SŁOWACKI	M30	121	00:01:43	**00:26:59.90**	**00:28:43.55**	+00:10:42 (39.6%)	5:24	11.1 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
424	**TRAWCZYŃSKA Katarzyna**	**1280**		K30	35	00:01:42	**00:27:00.60**	**00:28:42.65**	+00:10:42 (39.7%)	5:24	11.1 (60.3%)
425	**WORZAŁA Michał**	**107**		M20	64	00:02:16	**00:27:02.40**	**00:29:18.45**	+00:10:44 (39.7%)	5:24	11.1 (60.3%)
426	**MAGDZIARZ Katarzyna**	**1012**	KANCELARIA HMM	K30	36	00:01:06	**00:27:02.75**	**00:28:08.85**	+00:10:44 (39.7%)	5:24	11.1 (60.3%)
427	**KUKLIŃSKI Rafał**	**203**		M40	103	00:00:20	**00:27:02.85**	**00:27:23.00**	+00:10:45 (39.7%)	5:24	11.1 (60.3%)
428	**BAŁYS Krzysztof**	**437**		M20	65	00:01:56	**00:27:03.35**	**00:28:59.95**	+00:10:45 (39.8%)	5:24	11.1 (60.3%)
429	**JANKOWSKI Tomasz**	**999**	BIEGAJ Z DĘBAMI	M50	27	00:01:04	**00:27:03.90**	**00:28:08.00**	+00:10:46 (39.8%)	5:24	11.1 (60.3%)
430	**WASILEWSKA-MICHALAK Agata**	**684**	AMS	K30	37	00:00:31	**00:27:04.35**	**00:27:36.10**	+00:10:46 (39.8%)	5:25	11.1 (60.3%)
431	**BORYS Rafał**	**686**		M40	104	00:00:31	**00:27:04.65**	**00:27:36.10**	+00:10:46 (39.8%)	5:25	11.1 (60.3%)
432	**SIWIAK Łukasz**	**839**		M30	122	00:00:21	**00:27:05.75**	**00:27:27.60**	+00:10:47 (39.9%)	5:25	11.1 (60.3%)
433	**ŚWIETLIK Grzegorz**	**448**		M30	123	00:01:09	**00:27:06.60**	**00:28:15.95**	+00:10:48 (39.9%)	5:25	11.1 (60.3%)
434	**ŚWIETLIK Michalina**	**449**		K30	38	00:01:09	**00:27:06.90**	**00:28:16.05**	+00:10:49 (39.9%)	5:25	11.1 (60.3%)
435	**KARSKI Przemysław**	**351**		M30	124	00:00:53	**00:27:07.30**	**00:28:01.15**	+00:10:49 (39.9%)	5:25	11.1 (60.3%)
436	**SCHREIBER Monika**	**352**		K20	19	00:00:53	**00:27:07.80**	**00:28:01.15**	+00:10:49 (39.9%)	5:25	11.1 (60.3%)
437	**PRZYBYLSKI Mariusz**	**286**	BYDGOSZCZ NA START	M50	28	00:01:05	**00:27:07.85**	**00:28:13.10**	+00:10:50 (39.9%)	5:25	11.1 (60.3%)
438	**TUREK Józef**	**1149**		M20	66	00:01:34	**00:27:08.75**	**00:28:42.95**	+00:10:50 (40.0%)	5:25	11.1 (60.3%)
439	**POLAKOWSKI Tomasz**	**1050**		M30	125	00:01:36	**00:27:09.15**	**00:28:45.25**	+00:10:51 (40.0%)	5:25	11 (59.8%)
440	**PIERZGALSKI Jarek**	**488**		M40	105	00:00:24	**00:27:10.05**	**00:27:34.80**	+00:10:52 (40.0%)	5:26	11 (59.8%)
441	**DAMSKI Bartek**	**795**		M30	126	00:01:31	**00:27:10.50**	**00:28:42.20**	+00:10:52 (40.0%)	5:26	11 (59.8%)
442	**FELKNER Alicja**	**774**		K10	6	00:00:46	**00:27:11.10**	**00:27:57.20**	+00:10:53 (40.0%)	5:26	11 (59.8%)
443	**CEGŁOWSKI Marcin**	**806**		M40	106	00:02:11	**00:27:11.25**	**00:29:22.80**	+00:10:53 (40.1%)	5:26	11 (59.8%)
444	**SZATTEN Michał**	**162**	TYPYGRUBE	M30	127	00:02:10	**00:27:11.75**	**00:29:22.65**	+00:10:53 (40.1%)	5:26	11 (59.8%)
445	**DAWIDOWICZ Kacper**	**1184**		M30	128	00:00:14	**00:27:12.05**	**00:27:26.65**	+00:10:54 (40.1%)	5:26	11 (59.8%)
446	**BREYER Miłosz**	**274**		M10	20	00:01:01	**00:27:12.25**	**00:28:13.50**	+00:10:54 (40.1%)	5:26	11 (59.8%)
447	**CHRUŚCICKI Zbigniew**	**827**	COACHING	M40	107	00:00:51	**00:27:13.45**	**00:28:04.65**	+00:10:55 (40.1%)	5:26	11 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
448	**ZAMROWSKI Tomasz**	**825**		M40	108	00:00:24	**00:27:13.55**	**00:27:38.05**	+00:10:55 (40.1%)	5:26	11 (59.8%)
449	**WEDEL Maciej**	**1365**		M30	129	00:01:34	**00:27:13.65**	**00:28:47.80**	+00:10:55 (40.1%)	5:26	11 (59.8%)
450	**PIETRZYKOWSKA Agnieszka**	**32**		K20	20	00:00:54	**00:27:13.90**	**00:28:08.80**	+00:10:56 (40.2%)	5:26	11 (59.8%)
451	**GUTKOWSKA Agnieszka**	**1213**		K30	39	00:01:18	**00:27:14.10**	**00:28:32.55**	+00:10:56 (40.2%)	5:26	11 (59.8%)
452	**MIKLER Aleksandra**	**1**	RUNOLA / FOREST GANG	K20	21	00:00:13	**00:27:14.30**	**00:27:28.15**	+00:10:56 (40.2%)	5:27	11 (59.8%)
453	**CHRZĄSZCZ Michał**	**1207**	SISU-OWB TEAM	M30	130	00:00:33	**00:27:14.40**	**00:27:47.45**	+00:10:56 (40.2%)	5:26	11 (59.8%)
454	**GOŁĘBIEWSKI Paweł**	**878**		M40	109	00:01:13	**00:27:14.70**	**00:28:28.50**	+00:10:56 (40.2%)	5:27	11 (59.8%)
455	**BURCZYK Katarzyna**	**381**		K40	21	00:00:46	**00:27:15.70**	**00:28:02.30**	+00:10:57 (40.2%)	5:27	11 (59.8%)
455	**GOŁCZYŃSKI Tomasz**	**913**		M40	110	00:00:38	**00:27:15.70**	**00:27:54.20**	+00:10:57 (40.2%)	5:27	11 (59.8%)
457	**TRYT Edward**	**1245**		M60	6	00:00:36	**00:27:15.95**	**00:27:52.50**	+00:10:58 (40.2%)	5:27	11 (59.8%)
458	**WITKOWSKA Monika**	**1428**		K30	40	00:01:18	**00:27:16.00**	**00:28:34.30**	+00:10:58 (40.2%)	5:27	11 (59.8%)
459	**HAUS Katarzyna**	**638**	BBL SZUBIN	K40	22	00:00:21	**00:27:16.75**	**00:27:38.00**	+00:10:58 (40.3%)	5:27	11 (59.8%)
460	**KISIEL Krystian**	**705**		M30	131	00:00:34	**00:27:16.85**	**00:27:51.15**	+00:10:59 (40.3%)	5:27	11 (59.8%)
461	**BANDOCH Jacek**	**52**		M20	67	00:00:25	**00:27:17.05**	**00:27:42.40**	+00:10:59 (40.3%)	5:27	11 (59.8%)
462	**MADEJ Adam**	**135**		M20	68	00:01:54	**00:27:18.05**	**00:29:12.35**	+00:11:00 (40.3%)	5:27	11 (59.8%)
463	**CZYŻEWSKA Justyna**	**103**		K30	41	00:01:34	**00:27:18.55**	**00:28:53.10**	+00:11:00 (40.3%)	5:27	11 (59.8%)
464	**TRYT Maciej**	**1037**		M30	132	00:00:35	**00:27:18.90**	**00:27:54.80**	+00:11:01 (40.3%)	5:27	11 (59.8%)
465	**PAWLEWSKA Joanna**	**729**	SPORTWAY	K40	23	00:00:25	**00:27:21.65**	**00:27:46.70**	+00:11:03 (40.4%)	5:28	11 (59.8%)
466	**HEŁMINIAK Michał**	**1171**		M30	133	00:00:19	**00:27:21.90**	**00:27:41.10**	+00:11:04 (40.4%)	5:28	11 (59.8%)
467	**BIEGAŁA Agnieszka**	**1434**	RENEGAT	K30	42	00:00:34	**00:27:23.30**	**00:27:57.30**	+00:11:05 (40.5%)	5:28	11 (59.8%)
468	**SIEKIERKA Jarosław**	**127**		M30	134	00:00:05	**00:27:23.45**	**00:27:29.15**	+00:11:05 (40.5%)	5:28	10.9 (59.2%)
469	**BYCZKOWSKI Michał**	**1025**		M20	69	00:00:30	**00:27:24.95**	**00:27:55.90**	+00:11:07 (40.6%)	5:29	10.9 (59.2%)
470	**KWASIROCH Krzysztof**	**1006**	TKKF KOLEJARZ	M50	29	00:01:10	**00:27:25.80**	**00:28:36.20**	+00:11:07 (40.6%)	5:29	10.9 (59.2%)
471	**GONIA Paweł**	**1190**		M30	135	00:00:42	**00:27:26.15**	**00:28:09.10**	+00:11:08 (40.6%)	5:29	10.9 (59.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
472	**BĘC Dominika**	**503**	CB163	K20	22	00:01:59	**00:27:26.45**	**00:29:25.50**	+00:11:08 (40.6%)	5:29	10.9 (59.2%)
473	**WÓJTOWICZ Ryszard**	**323**		M20	70	00:02:07	**00:27:26.60**	**00:29:34.00**	+00:11:08 (40.6%)	5:29	10.9 (59.2%)
474	**FABROWSKI Dawid**	**134**		M30	136	00:01:52	**00:27:26.75**	**00:29:19.50**	+00:11:08 (40.6%)	5:29	10.9 (59.2%)
475	**LINGO Piotr**	**1296**	BIEGAJ Z DĘBAMI OSIELSKO	M40	111	00:00:27	**00:27:27.55**	**00:27:54.80**	+00:11:09 (40.6%)	5:29	10.9 (59.2%)
476	**ROSZCZYN Michał**	**625**		M30	137	00:02:01	**00:27:27.80**	**00:29:28.95**	+00:11:09 (40.7%)	5:29	10.9 (59.2%)
477	**ROSZAK Tomasz**	**959**	MILUSIŃSCY	M40	112	00:00:10	**00:27:28.50**	**00:27:38.55**	+00:11:10 (40.7%)	5:29	10.9 (59.2%)
478	**JANYSKA Krzysztof**	**945**		M30	138	00:00:22	**00:27:28.65**	**00:27:51.30**	+00:11:10 (40.7%)	5:29	10.9 (59.2%)
479	**KRZEMIŃSKA Jolanta**	**378**		K30	43	00:00:25	**00:27:28.90**	**00:27:54.85**	+00:11:11 (40.7%)	5:29	10.9 (59.2%)
480	**GRUSZCZYŃSKA Monika**	**1125**		K20	23	00:00:10	**00:27:29.05**	**00:27:39.85**	+00:11:11 (40.7%)	5:29	10.9 (59.2%)
481	**MASŁOWSKA Angelika**	**915**		K30	44	00:00:19	**00:27:30.00**	**00:27:49.65**	+00:11:12 (40.7%)	5:30	10.9 (59.2%)
482	**SZABLIŃSKA Honorata**	**1041**		K30	45	00:00:19	**00:27:30.35**	**00:27:49.65**	+00:11:12 (40.7%)	5:30	10.9 (59.2%)
483	**DRAPIŃSKI Maciej**	**620**	DRAPEK	M30	139	00:01:36	**00:27:30.55**	**00:29:06.70**	+00:11:12 (40.8%)	5:30	10.9 (59.2%)
483	**KITOWSKI Przemysław**	**24**	SZURUSIE TEAM	M30	140	00:01:48	**00:27:30.55**	**00:29:18.75**	+00:11:12 (40.8%)	5:30	10.9 (59.2%)
485	**WÓJCIK Marika**	**654**	DECATHLON TEAM INOWROCŁAW	K20	24	00:00:20	**00:27:31.00**	**00:27:51.75**	+00:11:13 (40.8%)	5:30	10.9 (59.2%)
485	**LUDKOWSKI Filip**	**863**		M10	21	00:00:42	**00:27:31.00**	**00:28:13.80**	+00:11:13 (40.8%)	5:30	10.9 (59.2%)
487	**WITKOWSKI Błażej**	**133**		M20	71	00:01:26	**00:27:31.10**	**00:28:57.85**	+00:11:13 (40.8%)	5:30	10.9 (59.2%)
488	**CICHULSKA-QUAAS Izabela**	**360**	ZAJABELA	K40	24	00:00:25	**00:27:31.65**	**00:27:56.70**	+00:11:13 (40.8%)	5:30	10.9 (59.2%)
489	**WIŚNIEWSKI Maksymilian**	**536**	SPC	M20	72	00:02:09	**00:27:32.20**	**00:29:41.50**	+00:11:14 (40.8%)	5:30	10.9 (59.2%)
490	**GOŚCINNY Michał**	**1166**		M30	141	00:00:38	**00:27:34.35**	**00:28:12.60**	+00:11:16 (40.9%)	5:30	10.9 (59.2%)
491	**AFELT Luiza**	**720**	CROSSFORDON	K20	25	00:00:33	**00:27:34.50**	**00:28:08.35**	+00:11:16 (40.9%)	5:31	10.9 (59.2%)
492	**GNIEWKOWSKI Daniel**	**423**		M30	142	00:01:10	**00:27:35.05**	**00:28:45.25**	+00:11:17 (40.9%)	5:31	10.9 (59.2%)
493	**KWIATKOWSKA Małgorzata**	**1048**		M30	143	00:01:21	**00:27:36.35**	**00:28:57.95**	+00:11:18 (41.0%)	5:31	10.9 (59.2%)
494	**PRZYBYŁA Agnieszka**	**1452**		K30	46	00:01:44	**00:27:36.90**	**00:29:21.75**	+00:11:19 (41.0%)	5:31	10.9 (59.2%)
495	**KOLIŃSKA Sylwia**	**1095**		K40	25	00:00:36	**00:27:37.90**	**00:28:14.65**	+00:11:20 (41.0%)	5:31	10.9 (59.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
496	**WOLSKA Aleksandra**	**70**		K20	26	00:01:31	**00:27:38.00**	**00:29:09.05**	+00:11:20 (41.0%)	5:31	10.9 (59.2%)
497	**DROBCZYŃSKI Wojciech**	**576**		M20	73	00:01:23	**00:27:38.60**	**00:29:02.45**	+00:11:20 (41.0%)	5:31	10.8 (58.7%)
498	**MLICKI Marcin**	**118**		M40	113	00:01:28	**00:27:38.95**	**00:29:07.25**	+00:11:21 (41.1%)	5:31	10.8 (58.7%)
499	**BIAŁOWĄS Dariusz**	**496**		M40	114	00:01:35	**00:27:39.00**	**00:29:14.05**	+00:11:21 (41.1%)	5:31	10.8 (58.7%)
500	**MARĆ Klara**	**841**		K10	7	00:01:14	**00:27:39.55**	**00:28:54.05**	+00:11:21 (41.1%)	5:32	10.8 (58.7%)
501	**GRAPATYN Piotr**	**951**	ARESZT ŚLEDCZY BYDGOSZCZ	M40	115	00:00:38	**00:27:40.70**	**00:28:19.55**	+00:11:22 (41.1%)	5:32	10.8 (58.7%)
502	**SZULC Jakub**	**704**	SZOSAŻNIN	M10	22	00:03:06	**00:27:43.85**	**00:30:50.65**	+00:11:26 (41.2%)	5:32	10.8 (58.7%)
503	**SZULC Jarosław**	**701**		M40	116	00:03:06	**00:27:45.15**	**00:30:51.70**	+00:11:27 (41.3%)	5:33	10.8 (58.7%)
504	**BAŁYS Łukasz**	**1217**		M20	74	00:01:56	**00:27:45.55**	**00:29:42.05**	+00:11:27 (41.3%)	5:33	10.8 (58.7%)
505	**SENSKA Magdalena**	**1194**		K40	26	00:01:48	**00:27:46.50**	**00:29:35.15**	+00:11:28 (41.3%)	5:33	10.8 (58.7%)
506	**GRUBICH Kacper**	**781**		M10	23	00:00:59	**00:27:46.85**	**00:28:45.85**	+00:11:29 (41.3%)	5:33	10.8 (58.7%)
507	**RADECKI Krzysztof**	**1318**		M30	144	00:00:53	**00:27:48.45**	**00:28:41.45**	+00:11:30 (41.4%)	5:33	10.8 (58.7%)
508	**ZIELIŃSKI Radosław**	**2**		M30	145	00:00:36	**00:27:49.00**	**00:28:25.30**	+00:11:31 (41.4%)	5:33	10.8 (58.7%)
509	**WIŚNIEWSKA Lucyna**	**125**	TRISPACE	K50	4	00:01:15	**00:27:49.55**	**00:29:05.00**	+00:11:31 (41.4%)	5:34	10.8 (58.7%)
510	**GORZYCKI Dariusz**	**161**	BYDGOSKA SEKCJA KARATE IKO KYOKUSHINKAIKAN	M40	117	00:00:13	**00:27:50.95**	**00:28:03.95**	+00:11:33 (41.5%)	5:34	10.8 (58.7%)
511	**IWAN Remigiusz**	**121**		M40	118	00:00:56	**00:27:51.15**	**00:28:47.85**	+00:11:33 (41.5%)	5:34	10.8 (58.7%)
512	**GÓRAL Anna**	**960**		K20	27	00:01:16	**00:27:52.00**	**00:29:08.80**	+00:11:34 (41.5%)	5:34	10.8 (58.7%)
513	**RYBICKI Dariusz**	**382**		M40	119	00:00:52	**00:27:53.30**	**00:28:46.00**	+00:11:35 (41.6%)	5:34	10.8 (58.7%)
514	**WYPORKIEWICZ Jerzy**	**627**		M50	30	00:01:36	**00:27:53.50**	**00:29:29.65**	+00:11:35 (41.6%)	5:34	10.8 (58.7%)
515	**RYBICKA Ilona**	**383**		M30	146	00:00:52	**00:27:53.85**	**00:28:46.15**	+00:11:36 (41.6%)	5:34	10.8 (58.7%)
516	**BORAKIEWICZ Natalia**	**1097**		K20	28	00:00:36	**00:27:54.15**	**00:28:30.70**	+00:11:36 (41.6%)	5:34	10.8 (58.7%)
517	**MICHAŁEK Daniel**	**493**	BIEGAM PO PIWO	M30	147	00:00:18	**00:27:54.40**	**00:28:12.75**	+00:11:36 (41.6%)	5:34	10.8 (58.7%)
518	**PASZKIET Witold**	**532**		M60	7	00:01:40	**00:27:54.60**	**00:29:34.90**	+00:11:36 (41.6%)	5:34	10.8 (58.7%)
519	**SARNECKI Sławomir**	**723**		M40	120	00:01:07	**00:27:54.65**	**00:29:02.35**	+00:11:36 (41.6%)	5:35	10.7 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
520	**JANKIEWICZ Marek**	**1415**	POLISH DENTAL SQUAD	M30	148	00:01:11	**00:27:54.75**	**00:29:06.30**	+00:11:36 (41.6%)	5:35	10.7 (58.2%)
521	**JANKA Andrzej**	**885**		M50	31	00:00:58	**00:27:54.80**	**00:28:53.20**	+00:11:36 (41.6%)	5:35	10.7 (58.2%)
522	**KANDER Michał**	**180**		M30	149	00:01:32	**00:27:55.40**	**00:29:28.30**	+00:11:37 (41.6%)	5:35	10.7 (58.2%)
523	**WEGNER Roman**	**210**		M50	32	00:00:49	**00:27:56.00**	**00:28:45.45**	+00:11:38 (41.7%)	5:35	10.7 (58.2%)
524	**KASPRZAK Wojciech**	**943**		M40	121	00:00:46	**00:27:56.50**	**00:28:42.90**	+00:11:38 (41.7%)	5:35	10.7 (58.2%)
525	**ADAMCZAK Damian**	**1353**		M40	122	00:00:42	**00:27:56.65**	**00:28:39.20**	+00:11:38 (41.7%)	5:35	10.7 (58.2%)
526	**DOMŻALSKI Kamil**	**356**		M30	150	00:00:25	**00:27:56.85**	**00:28:22.80**	+00:11:39 (41.7%)	5:35	10.7 (58.2%)
527	**KARSKI Marcin**	**1140**		M40	123	00:00:56	**00:27:57.15**	**00:28:53.35**	+00:11:39 (41.7%)	5:35	10.7 (58.2%)
528	**GIŁKA Gosia**	**396**		K20	29	00:01:32	**00:27:58.45**	**00:29:30.70**	+00:11:40 (41.7%)	5:35	10.7 (58.2%)
529	**SZULC Joanna**	**96**	SHIUZ BYDGOSZCZ FLOW RUNNERS	K40	27	00:01:04	**00:27:58.50**	**00:29:03.45**	+00:11:40 (41.7%)	5:35	10.7 (58.2%)
530	**GRABOWSKA Marlena**	**1005**		K30	47	00:01:12	**00:27:59.70**	**00:29:12.45**	+00:11:41 (41.8%)	5:36	10.7 (58.2%)
531	**GADOMSKA Maria**	**17**	RUN BYDGOSZCZ	K60	2	00:00:25	**00:27:59.80**	**00:28:25.75**	+00:11:41 (41.8%)	5:36	10.7 (58.2%)
532	**JANKOWSKA Katarzyna**	**1473**		K40	28	00:01:13	**00:27:59.85**	**00:29:13.40**	+00:11:42 (41.8%)	5:36	10.7 (58.2%)
533	**GUŹDZIOŁ Jarek**	**513**	TBKM WILK SOLEC KUJAWSKI	M40	124	00:01:32	**00:27:59.90**	**00:29:32.45**	+00:11:42 (41.8%)	5:36	10.7 (58.2%)
533	**DURAŁEK Oskar**	**441**		M10	24	00:00:30	**00:27:59.90**	**00:28:30.10**	+00:11:42 (41.8%)	5:36	10.7 (58.2%)
535	**LEWANDOWSKA Izabela**	**1002**		K30	48	00:01:13	**00:28:00.00**	**00:29:13.20**	+00:11:42 (41.8%)	5:36	10.7 (58.2%)
536	**DURAŁEK Annna**	**439**	PRUSZCZ	K40	29	00:00:30	**00:28:00.05**	**00:28:30.10**	+00:11:42 (41.8%)	5:36	10.7 (58.2%)
537	**ROGOZIŃSKI Aleksander**	**884**		M30	151	00:01:25	**00:28:00.20**	**00:29:26.15**	+00:11:42 (41.8%)	5:36	10.7 (58.2%)
538	**BACHERA Aleksandra**	**1436**		K40	30	00:00:16	**00:28:00.35**	**00:28:16.65**	+00:11:42 (41.8%)	5:36	10.7 (58.2%)
539	**WESOŁOWSKI Dariusz**	**1433**		M40	125	00:00:16	**00:28:00.55**	**00:28:16.55**	+00:11:42 (41.8%)	5:36	10.7 (58.2%)
540	**WÓJTOWICZ Monika**	**457**		K30	49	00:00:27	**00:28:00.65**	**00:28:28.60**	+00:11:42 (41.8%)	5:36	10.7 (58.2%)
541	**KALINOWSKA Kamila**	**315**		K40	31	00:01:14	**00:28:00.75**	**00:29:15.50**	+00:11:42 (41.8%)	5:36	10.7 (58.2%)
542	**KĘCKI Grzegorz**	**918**		M40	126	00:01:20	**00:28:01.65**	**00:29:22.20**	+00:11:43 (41.9%)	5:36	10.7 (58.2%)
543	**TYKWIŃSKA Agnieszka**	**1127**	COOKIETEAMRUNNERS	K30	50	00:00:27	**00:28:01.90**	**00:28:29.45**	+00:11:44 (41.9%)	5:36	10.7 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
544	**ŚWIĄTEK Hanna**	**389**		K30	51	00:00:24	**00:28:02.75**	**00:28:26.80**	+00:11:44 (41.9%)	5:36	10.7 (58.2%)
545	**WIENEKE Annika**	**611**		K30	52	00:00:15	**00:28:04.50**	**00:28:19.85**	+00:11:46 (42.0%)	5:36	10.7 (58.2%)
546	**BŁAŻEJEWSKI Kacper**	**112**	CB163	M30	152	00:01:59	**00:28:05.45**	**00:30:04.80**	+00:11:47 (42.0%)	5:37	10.7 (58.2%)
547	**ŚMIAŁOWICZ Adam**	**1313**	ŚMIAŁYTEAM	M40	127	00:01:42	**00:28:05.55**	**00:29:47.60**	+00:11:47 (42.0%)	5:37	10.7 (58.2%)
548	**CHYLIŃSKA Monika**	**1335**		K30	53	00:00:22	**00:28:06.65**	**00:28:28.80**	+00:11:48 (42.0%)	5:37	10.7 (58.2%)
549	**BOROWICKI Paweł**	**1461**		M40	128	00:00:34	**00:28:07.05**	**00:28:41.95**	+00:11:49 (42.0%)	5:37	10.7 (58.2%)
550	**ŚWIĄTEK Daniel**	**384**		M30	153	00:00:24	**00:28:07.15**	**00:28:31.20**	+00:11:49 (42.0%)	5:37	10.7 (58.2%)
550	**WÓJCIK Piotr**	**38**		M10	25	00:00:32	**00:28:07.15**	**00:28:39.85**	+00:11:49 (42.0%)	5:37	10.7 (58.2%)
552	**PŁACZKOWSKA Magdalena**	**239**		K30	54	00:00:40	**00:28:07.25**	**00:28:47.30**	+00:11:49 (42.0%)	5:37	10.7 (58.2%)
553	**FIGLER Iwona**	**181**	TRISPACE	K40	32	00:01:16	**00:28:07.80**	**00:29:24.35**	+00:11:49 (42.1%)	5:37	10.7 (58.2%)
554	**BOROWICKA Anna**	**1464**		K30	55	00:00:33	**00:28:07.90**	**00:28:41.65**	+00:11:50 (42.1%)	5:37	10.7 (58.2%)
554	**FITA Kamil**	**301**		M30	154	00:00:49	**00:28:07.90**	**00:28:57.85**	+00:11:50 (42.1%)	5:37	10.7 (58.2%)
556	**ARENT Dawid**	**482**		M20	75	00:00:56	**00:28:08.70**	**00:29:04.90**	+00:11:50 (42.1%)	5:37	10.7 (58.2%)
556	**MELLER Krzysztof**	**1226**		M30	155	00:01:50	**00:28:08.70**	**00:29:58.75**	+00:11:50 (42.1%)	5:37	10.7 (58.2%)
558	**KUTKA Czesia**	**581**		M40	129	00:00:21	**00:28:10.20**	**00:28:31.25**	+00:11:52 (42.1%)	5:38	10.7 (58.2%)
559	**WIECZOREK Wojciech**	**465**		M50	33	00:01:42	**00:28:10.45**	**00:29:53.10**	+00:11:52 (42.2%)	5:38	10.6 (57.6%)
560	**WILCZYŃSKI Marek**	**590**		M30	156	00:01:06	**00:28:10.90**	**00:29:17.00**	+00:11:53 (42.2%)	5:38	10.6 (57.6%)
561	**WILCZYŃSKA Anita**	**267**		K30	56	00:01:06	**00:28:11.05**	**00:29:17.45**	+00:11:53 (42.2%)	5:38	10.6 (57.6%)
562	**MENDEL Karolina**	**485**		K20	30	00:00:54	**00:28:11.85**	**00:29:06.75**	+00:11:54 (42.2%)	5:38	10.6 (57.6%)
563	**WŁOCH Michał**	**871**		M30	157	00:01:00	**00:28:12.35**	**00:29:12.60**	+00:11:54 (42.2%)	5:38	10.6 (57.6%)
564	**ŚWIATLAK Piotr**	**1308**	ATOS / WINGS FOR LIFE	M20	76	00:00:15	**00:28:12.60**	**00:28:27.65**	+00:11:54 (42.2%)	5:38	10.6 (57.6%)
565	**JEZIORSKA Monika**	**507**		K30	57	00:01:52	**00:28:12.75**	**00:30:04.80**	+00:11:54 (42.2%)	5:38	10.6 (57.6%)
566	**AFFELDT Magdalena**	**1079**		M20	77	00:00:37	**00:28:13.25**	**00:28:50.55**	+00:11:55 (42.3%)	5:38	10.6 (57.6%)
567	**DORAWA Mirosław**	**419**		M30	158	00:00:24	**00:28:13.45**	**00:28:37.95**	+00:11:55 (42.3%)	5:38	10.6 (57.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
568	**GAWROŃSKA Bożena**	**642**		K50	5	00:01:06	**00:28:13.50**	**00:29:19.60**	+00:11:55 (42.3%)	5:38	10.6 (57.6%)
569	**ORTEGA MORENO Ines**	**930**		K20	31	00:00:13	**00:28:13.80**	**00:28:27.60**	+00:11:55 (42.3%)	5:38	10.6 (57.6%)
570	**SZYNWELSKA Marlena**	**668**		K50	6	00:00:57	**00:28:13.85**	**00:29:10.85**	+00:11:56 (42.3%)	5:38	10.6 (57.6%)
571	**KOZIŃSKI Grzegorz**	**809**	81 BLP	M40	130	00:01:28	**00:28:14.65**	**00:29:43.45**	+00:11:56 (42.3%)	5:39	10.6 (57.6%)
572	**TUSZYŃSKA Anna**	**1303**		K20	32	00:01:03	**00:28:14.85**	**00:29:18.45**	+00:11:57 (42.3%)	5:39	10.6 (57.6%)
573	**WIELIŃSKI Rafał**	**622**		M30	159	00:01:01	**00:28:16.25**	**00:29:17.65**	+00:11:58 (42.4%)	5:39	10.6 (57.6%)
574	**WAWRZYNIAK Karolina**	**242**		K30	58	00:00:40	**00:28:16.40**	**00:28:56.45**	+00:11:58 (42.4%)	5:39	10.6 (57.6%)
575	**REREK Agnieszka**	**868**	WPL	K20	33	00:01:44	**00:28:16.45**	**00:30:01.05**	+00:11:58 (42.4%)	5:39	10.6 (57.6%)
576	**SARNECKI Bartosz**	**811**		M30	160	00:00:44	**00:28:17.00**	**00:29:01.40**	+00:11:59 (42.4%)	5:39	10.6 (57.6%)
577	**OKRĘGLICKA Barbara**	**1493**		K60	3	00:00:09	**00:28:17.45**	**00:28:27.05**	+00:11:59 (42.4%)	5:39	10.6 (57.6%)
577	**ŚWIGOŃ Aneta**	**810**		K30	59	00:00:43	**00:28:17.45**	**00:29:01.40**	+00:11:59 (42.4%)	5:39	10.6 (57.6%)
579	**MALISZEWSKI Kamil**	**869**	APPSDREAMS KAMIL MALISZEWSKI	M20	78	00:00:42	**00:28:17.50**	**00:28:59.50**	+00:11:59 (42.4%)	5:39	10.6 (57.6%)
580	**CIACHERA Ireneusz**	**1035**	2 BATALION LOGISTYCZNA	M50	34	00:01:08	**00:28:17.65**	**00:29:25.95**	+00:11:59 (42.4%)	5:39	10.6 (57.6%)
581	**SZYPERSKI Sławomir**	**201**		M40	131	00:01:25	**00:28:18.05**	**00:29:43.10**	+00:12:00 (42.4%)	5:39	10.6 (57.6%)
582	**GIL-PILARSKA Marta**	**183**	ZAWISZA BYDGOSZCZ	K10	8	00:00:49	**00:28:18.10**	**00:29:07.25**	+00:12:00 (42.4%)	5:39	10.6 (57.6%)
583	**OLSZEWSKI Michał**	**318**		M20	79	00:00:35	**00:28:18.25**	**00:28:53.45**	+00:12:00 (42.4%)	5:39	10.6 (57.6%)
584	**GAJTKOWSKA Emilia**	**1304**		K30	60	00:01:15	**00:28:19.00**	**00:29:34.30**	+00:12:01 (42.4%)	5:39	10.6 (57.6%)
585	**SZMYRGAŁA Zdzisław**	**783**		M50	35	00:00:55	**00:28:19.25**	**00:29:14.35**	+00:12:01 (42.5%)	5:39	10.6 (57.6%)
586	**LENC Janusz**	**461**	TKKF KOLEJARZ BYDGOSZCZ	M60	8	00:01:20	**00:28:19.45**	**00:29:40.10**	+00:12:01 (42.5%)	5:40	10.6 (57.6%)
587	**CZARNECKA Monika**	**788**	BRZOZA BIEGA	M30	161	00:00:25	**00:28:19.70**	**00:28:45.35**	+00:12:01 (42.5%)	5:40	10.6 (57.6%)
588	**OŻGA Agnieszka**	**91**		K30	61	00:00:19	**00:28:19.85**	**00:28:39.75**	+00:12:02 (42.5%)	5:40	10.6 (57.6%)
589	**DROSDOWSKA Klara**	**1087**		K20	34	00:00:12	**00:28:20.05**	**00:28:32.55**	+00:12:02 (42.5%)	5:40	10.6 (57.6%)
590	**SZALA Wojciech**	**747**		M30	162	00:01:20	**00:28:20.15**	**00:29:40.70**	+00:12:02 (42.5%)	5:40	10.6 (57.6%)
591	**JANIK Mariusz**	**1073**		M40	132	00:00:37	**00:28:20.25**	**00:28:57.40**	+00:12:02 (42.5%)	5:40	10.6 (57.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
592	**MATUSZEWSKI Tomasz**	**344**		M30	163	00:00:43	**00:28:20.75**	**00:29:04.40**	+00:12:02 (42.5%)	5:40	10.6 (57.6%)
593	**ŚWIETLIK Tomasz**	**104**		M50	36	00:01:14	**00:28:20.80**	**00:29:35.55**	+00:12:02 (42.5%)	5:40	10.6 (57.6%)
594	**MATUSZEWSKA Monika**	**343**		K30	62	00:00:43	**00:28:20.90**	**00:29:04.35**	+00:12:03 (42.5%)	5:40	10.6 (57.6%)
595	**POBOŻAN Agnieszka**	**803**	BIEGAM BO LUBIĘ INOWROCŁAW	K20	35	00:00:08	**00:28:21.35**	**00:28:29.70**	+00:12:03 (42.5%)	5:40	10.6 (57.6%)
596	**GRZELAK Łukasz**	**980**		M40	133	00:01:18	**00:28:21.55**	**00:29:39.90**	+00:12:03 (42.5%)	5:40	10.6 (57.6%)
597	**KOMISARCZYK Iwona**	**693**	INOWROCŁAW BIEGA	K40	33	00:00:58	**00:28:22.05**	**00:29:20.15**	+00:12:04 (42.5%)	5:40	10.6 (57.6%)
598	**CHMIELEWSKA Agnieszka**	**1492**		K40	34	00:00:54	**00:28:22.35**	**00:29:16.35**	+00:12:04 (42.6%)	5:40	10.6 (57.6%)
599	**KŁOS Katarzyna**	**1491**		K40	35	00:00:53	**00:28:22.70**	**00:29:16.10**	+00:12:04 (42.6%)	5:40	10.6 (57.6%)
600	**TRZYMKOWSKI Adrian**	**542**		M20	80	00:00:42	**00:28:23.55**	**00:29:05.60**	+00:12:05 (42.6%)	5:40	10.6 (57.6%)
601	**CEREZO SÁNCHEZ Alba**	**929**		K20	36	00:00:13	**00:28:23.60**	**00:28:37.10**	+00:12:05 (42.6%)	5:40	10.6 (57.6%)
602	**FRYDRYCHOWICZ Lilianna**	**1074**		M50	37	00:00:27	**00:28:23.75**	**00:28:50.80**	+00:12:05 (42.6%)	5:40	10.6 (57.6%)
603	**WOLOSZYN Kazimierz**	**498**	ROWEROWA BRZOZA	M60	9	00:01:04	**00:28:24.45**	**00:29:29.40**	+00:12:06 (42.6%)	5:41	10.6 (57.6%)
604	**LATUSZEK Daria**	**520**		K20	37	00:00:51	**00:28:26.00**	**00:29:17.00**	+00:12:08 (42.7%)	5:41	10.6 (57.6%)
605	**DWORECKI Rafał**	**521**	KS FUTGOL	M30	164	00:00:51	**00:28:26.15**	**00:29:17.35**	+00:12:08 (42.7%)	5:41	10.6 (57.6%)
606	**AUGUSTYNIAK Piotr**	**94**	SHIUZ BYDGOSZCZ FLOW RUNNERS	M40	134	00:01:05	**00:28:26.60**	**00:29:32.55**	+00:12:08 (42.7%)	5:41	10.5 (57.1%)
607	**WOLSKI Marek**	**338**		M30	165	00:02:09	**00:28:26.75**	**00:30:36.00**	+00:12:08 (42.7%)	5:41	10.5 (57.1%)
608	**ŁUKASIEWICZ Krzysztof**	**749**		M40	135	00:02:09	**00:28:27.05**	**00:30:36.35**	+00:12:09 (42.7%)	5:41	10.5 (57.1%)
609	**ROGOZIŃSKA Karolina**	**692**		K30	63	00:00:36	**00:28:27.55**	**00:29:04.50**	+00:12:09 (42.7%)	5:41	10.5 (57.1%)
610	**SCHUMACHER-RATAJ Marta**	**129**		K30	64	00:00:59	**00:28:28.55**	**00:29:28.50**	+00:12:10 (42.8%)	5:41	10.5 (57.1%)
611	**ANDRZEJEWSKI Adam**	**463**		M40	136	00:01:42	**00:28:29.20**	**00:30:11.95**	+00:12:11 (42.8%)	5:41	10.5 (57.1%)
612	**WAWRZYNIAK Andrzej**	**43**	22. ODN	M50	38	00:00:47	**00:28:29.65**	**00:29:16.65**	+00:12:11 (42.8%)	5:41	10.5 (57.1%)
613	**JENCZEWSKI Szymon**	**213**	ALBATROSY	M20	81	00:00:02	**00:28:29.80**	**00:28:32.15**	+00:12:11 (42.8%)	5:42	10.5 (57.1%)
614	**KRUSIK Aleksandra**	**272**	ALBATROSY	K20	38	00:00:02	**00:28:30.25**	**00:28:32.45**	+00:12:12 (42.8%)	5:42	10.5 (57.1%)
615	**GRABIŃSKI Henryk**	**928**	MILUSIŃSKICH INOWROCŁAW	M40	137	00:00:07	**00:28:30.50**	**00:28:38.20**	+00:12:12 (42.8%)	5:42	10.5 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
616	**PODEMSKA Patrycja**	**260**	FOREST GANG	K30	65	00:00:13	**00:28:30.85**	**00:28:44.15**	+00:12:13 (42.8%)	5:42	10.5 (57.1%)
617	**BIEŃKOWSKA Anna**	**1083**		K30	66	00:00:23	**00:28:31.30**	**00:28:55.20**	+00:12:13 (42.9%)	5:42	10.5 (57.1%)
617	**JAROCH Rafał**	**226**		M40	138	00:00:55	**00:28:31.30**	**00:29:26.35**	+00:12:13 (42.9%)	5:42	10.5 (57.1%)
619	**SZUKALSKI Piotr**	**1128**		M20	82	00:00:58	**00:28:31.45**	**00:29:29.85**	+00:12:13 (42.9%)	5:42	10.5 (57.1%)
620	**LANDOWSKI Konrad**	**837**		M20	83	00:00:16	**00:28:31.80**	**00:28:48.60**	+00:12:13 (42.9%)	5:42	10.5 (57.1%)
621	**CHOJNACKI Patryk**	**1469**		M20	84	00:00:59	**00:28:32.50**	**00:29:31.95**	+00:12:14 (42.9%)	5:42	10.5 (57.1%)
622	**SKORUPKA Radek**	**1220**	ULUNG TEAM	M40	139	00:00:49	**00:28:33.35**	**00:29:23.00**	+00:12:15 (42.9%)	5:42	10.5 (57.1%)
623	**GOŁATA Julia**	**191**	WILCZA WATAHA	K10	9	00:00:30	**00:28:33.65**	**00:29:03.85**	+00:12:15 (42.9%)	5:42	10.5 (57.1%)
624	**CIESIELSKI Adrian**	**1130**		M10	26	00:01:35	**00:28:34.65**	**00:30:10.00**	+00:12:16 (43.0%)	5:43	10.5 (57.1%)
625	**WAWRZYNIAK Paulina**	**969**		K20	39	00:00:46	**00:28:34.80**	**00:29:21.25**	+00:12:16 (43.0%)	5:43	10.5 (57.1%)
626	**OWCZARSKI Krzysztof**	**631**		M30	166	00:00:47	**00:28:35.65**	**00:29:22.85**	+00:12:17 (43.0%)	5:43	10.5 (57.1%)
627	**STERING Kamila**	**1398**		K20	40	00:00:48	**00:28:36.60**	**00:29:25.20**	+00:12:18 (43.0%)	5:43	10.5 (57.1%)
628	**DOLATA Rafał**	**1143**		M40	140	00:00:24	**00:28:37.25**	**00:29:01.70**	+00:12:19 (43.1%)	5:43	10.5 (57.1%)
629	**WOLAN Krzysztof**	**18**	AMORKI	M40	141	00:00:24	**00:28:38.10**	**00:29:03.05**	+00:12:20 (43.1%)	5:43	10.5 (57.1%)
630	**BASA Mateusz**	**846**	LIUKS KRUSZWICA	M10	27	00:00:02	**00:28:41.10**	**00:28:43.70**	+00:12:23 (43.2%)	5:44	10.5 (57.1%)
631	**KOCHAŃSKA Wioletta**	**901**		K40	36	00:00:56	**00:28:41.25**	**00:29:37.90**	+00:12:23 (43.2%)	5:44	10.5 (57.1%)
632	**STRYCZYŃSKI Marek**	**279**	TRISPACE	M30	167	00:01:18	**00:28:41.30**	**00:29:59.90**	+00:12:23 (43.2%)	5:44	10.5 (57.1%)
633	**ROSLONSKA Kinga**	**530**		K30	67	00:01:40	**00:28:41.40**	**00:30:22.05**	+00:12:23 (43.2%)	5:44	10.5 (57.1%)
634	**MARAŚKIEWICZ Agnieszka**	**275**		K30	68	00:01:17	**00:28:42.30**	**00:29:59.35**	+00:12:24 (43.2%)	5:44	10.5 (57.1%)
635	**WOLNY Tomasz**	**102**		M30	168	00:00:20	**00:28:42.95**	**00:29:03.85**	+00:12:25 (43.2%)	5:44	10.4 (56.5%)
636	**GOŁATA Agnieszka**	**194**	WILCZA WATAHA	K30	69	00:00:29	**00:28:44.20**	**00:29:13.95**	+00:12:26 (43.3%)	5:44	10.4 (56.5%)
637	**JANKOWSKI Damian**	**1126**		M20	85	00:00:53	**00:28:44.40**	**00:29:37.40**	+00:12:26 (43.3%)	5:44	10.4 (56.5%)
638	**RYDLEWSKI Marek**	**464**	RUN BYDGOSZCZ	M40	142	00:01:48	**00:28:46.75**	**00:30:35.00**	+00:12:28 (43.4%)	5:45	10.4 (56.5%)
639	**NOWAKOWSKI Dominik**	**566**		M18	6	00:00:48	**00:28:47.40**	**00:29:35.75**	+00:12:29 (43.4%)	5:45	10.4 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
640	**CHRUPAŁA Rafał**	**1147**		M30	169	00:01:47	**00:28:47.60**	**00:30:34.85**	+00:12:29 (43.4%)	5:45	10.4 (56.5%)
641	**BRZOZOWSKI Jarosław**	**128**	BRZOZA TRI TEAM	M50	39	00:01:29	**00:28:47.80**	**00:30:17.40**	+00:12:29 (43.4%)	5:45	10.4 (56.5%)
642	**JURCZYK Piotr**	**759**	VIRTUAL RUNING CLUB	M40	143	00:00:38	**00:28:48.50**	**00:29:27.15**	+00:12:30 (43.4%)	5:45	10.4 (56.5%)
643	**WANKIEWICZ Łukasz**	**7**	SZURUSIE TEAM	M20	86	00:01:48	**00:28:48.65**	**00:30:36.65**	+00:12:30 (43.4%)	5:45	10.4 (56.5%)
644	**ZAJĄC Michał**	**739**	BIEGAJ Z DĘBAMI	M10	28	00:00:27	**00:28:48.70**	**00:29:16.55**	+00:12:30 (43.4%)	5:45	10.4 (56.5%)
645	**JEGIERSKI Dariusz**	**645**	AMATOR	M40	144	00:00:37	**00:28:48.95**	**00:29:26.90**	+00:12:31 (43.4%)	5:45	10.4 (56.5%)
646	**JANIC Dagmara**	**628**		K10	10	00:00:53	**00:28:49.40**	**00:29:43.20**	+00:12:31 (43.5%)	5:46	10.4 (56.5%)
647	**KIELMANN Marcin**	**641**	SZURUSIE TEAM	M30	170	00:01:46	**00:28:50.05**	**00:30:36.65**	+00:12:32 (43.5%)	5:46	10.4 (56.5%)
648	**AGACIAK Elzbieta**	**1082**		K40	37	00:00:24	**00:28:51.40**	**00:29:16.20**	+00:12:33 (43.5%)	5:46	10.4 (56.5%)
649	**SUCHODOLSKA Agnieszka**	**616**		K40	38	00:00:16	**00:28:53.05**	**00:29:09.95**	+00:12:35 (43.6%)	5:46	10.4 (56.5%)
650	**DOLATA Aneta**	**1144**		K30	70	00:00:24	**00:28:53.85**	**00:29:17.90**	+00:12:36 (43.6%)	5:46	10.4 (56.5%)
651	**GIPP Małgorzata**	**1064**		K30	71	00:01:56	**00:28:55.60**	**00:30:51.70**	+00:12:37 (43.7%)	5:47	10.4 (56.5%)
652	**PLUCIŃSKI Piotr**	**975**		M30	171	00:00:50	**00:28:55.80**	**00:29:46.50**	+00:12:37 (43.7%)	5:47	10.4 (56.5%)
653	**FIUT Kazimierz**	**1282**		M60	10	00:01:42	**00:28:56.15**	**00:30:38.60**	+00:12:38 (43.7%)	5:47	10.4 (56.5%)
654	**OLSZEWSKI Rafał**	**1383**		M30	172	00:00:50	**00:28:57.05**	**00:29:47.40**	+00:12:39 (43.7%)	5:47	10.4 (56.5%)
655	**SENSKI Przemysław**	**1191**		M30	173	00:01:48	**00:28:57.75**	**00:30:46.55**	+00:12:39 (43.7%)	5:47	10.4 (56.5%)
656	**DRZEWIECKA Ada**	**1486**		K20	41	00:00:23	**00:28:58.70**	**00:29:21.85**	+00:12:40 (43.8%)	5:47	10.4 (56.5%)
657	**WAWRZYNIAK Tomasz**	**1258**		M30	174	00:01:07	**00:28:59.15**	**00:30:06.70**	+00:12:41 (43.8%)	5:47	10.4 (56.5%)
658	**WIŚNIEWSKA Julia**	**1153**		K20	42	00:00:33	**00:28:59.40**	**00:29:32.65**	+00:12:41 (43.8%)	5:47	10.4 (56.5%)
659	**ICIKOWSKA Małgorzata**	**1052**		K20	43	00:00:50	**00:28:59.85**	**00:29:50.65**	+00:12:42 (43.8%)	5:48	10.3 (56.0%)
660	**GOTOWICZ Mariusz**	**238**		M50	40	00:00:57	**00:29:00.10**	**00:29:57.10**	+00:12:42 (43.8%)	5:48	10.3 (56.0%)
661	**MELWIŃSKA Paulina**	**63**	RUN BYDGOSZCZ	K30	72	00:01:13	**00:29:00.30**	**00:30:14.10**	+00:12:42 (43.8%)	5:48	10.3 (56.0%)
662	**OWCZARSKA Magdalena**	**757**		M20	87	00:01:36	**00:29:00.80**	**00:30:37.35**	+00:12:42 (43.8%)	5:48	10.3 (56.0%)
663	**MELWIŃSKI Julian**	**1030**	RUN BYDGOSZCZ	M10	29	00:01:13	**00:29:01.05**	**00:30:14.25**	+00:12:43 (43.8%)	5:48	10.3 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
664	**GRABISZEWSKI Michał**	**1204**		M20	88	00:01:02	**00:29:01.35**	**00:30:03.50**	+00:12:43 (43.8%)	5:48	10.3 (56.0%)
665	**JARUSZEWSKA Joanna**	**602**		K30	73	00:01:23	**00:29:01.65**	**00:30:24.90**	+00:12:43 (43.9%)	5:48	10.3 (56.0%)
666	**SMOLIŃSKA Patrycja**	**1202**		K20	44	00:01:02	**00:29:01.70**	**00:30:04.00**	+00:12:43 (43.9%)	5:48	10.3 (56.0%)
667	**BUDNY Ewa**	**1378**	ULKS BARWICE	K10	11	00:00:58	**00:29:02.05**	**00:30:00.45**	+00:12:44 (43.9%)	5:48	10.3 (56.0%)
668	**PESZYŃSKA Joanna**	**1139**		K40	39	00:01:08	**00:29:04.70**	**00:30:13.65**	+00:12:46 (44.0%)	5:49	10.3 (56.0%)
669	**ŻOŁNIERKIEWICZ Bartosz**	**1274**		M20	89	00:01:43	**00:29:05.25**	**00:30:48.80**	+00:12:47 (44.0%)	5:49	10.3 (56.0%)
670	**SZCZEPKOWSKI Andrzej**	**523**		M60	11	00:00:19	**00:29:05.85**	**00:29:25.05**	+00:12:48 (44.0%)	5:49	10.3 (56.0%)
671	**BESS Marcin**	**420**		M20	90	00:01:39	**00:29:06.10**	**00:30:45.25**	+00:12:48 (44.0%)	5:49	10.3 (56.0%)
672	**RESZKE Mateusz**	**588**	KU AZS UKW BYDGOSZCZ	M20	91	00:00:02	**00:29:06.35**	**00:29:08.85**	+00:12:48 (44.0%)	5:49	10.3 (56.0%)
673	**LUDKOWSKI Dawid**	**862**		M40	145	00:00:43	**00:29:07.15**	**00:29:50.25**	+00:12:49 (44.0%)	5:49	10.3 (56.0%)
673	**MAŁKOWSKA Ewa**	**560**		K20	45	00:01:27	**00:29:07.15**	**00:30:34.40**	+00:12:49 (44.0%)	5:49	10.3 (56.0%)
675	**KORZENIEWSKI Jacek**	**434**		M30	175	00:01:19	**00:29:07.25**	**00:30:27.05**	+00:12:49 (44.0%)	5:49	10.3 (56.0%)
676	**AUKUNAS Marcin**	**561**		M20	92	00:01:27	**00:29:07.50**	**00:30:35.25**	+00:12:49 (44.0%)	5:49	10.3 (56.0%)
677	**KRZYŻAŃSKI Kacper**	**1231**	BYDGOSZCZ TRIATHLON TEAM	M10	30	00:01:42	**00:29:08.80**	**00:30:51.25**	+00:12:50 (44.1%)	5:49	10.3 (56.0%)
678	**NIEWIEDZIAŁA Artur**	**698**		M40	146	00:00:37	**00:29:08.95**	**00:29:46.50**	+00:12:51 (44.1%)	5:49	10.3 (56.0%)
679	**POZNAŃSKI Szymon**	**268**	EDUTEAM	M20	93	00:00:36	**00:29:09.00**	**00:29:45.25**	+00:12:51 (44.1%)	5:49	10.3 (56.0%)
680	**TOMCZYK Agnieszka**	**255**		K40	40	00:01:05	**00:29:09.70**	**00:30:15.20**	+00:12:51 (44.1%)	5:50	10.3 (56.0%)
681	**WIELIŃSKI Wojciech**	**621**		M30	176	00:01:00	**00:29:10.20**	**00:30:10.55**	+00:12:52 (44.1%)	5:50	10.3 (56.0%)
682	**KAMIŃSKA Magdalena**	**745**		M20	94	00:01:34	**00:29:10.55**	**00:30:44.75**	+00:12:52 (44.1%)	5:50	10.3 (56.0%)
683	**ASTUKIEWICZ Maksymilian**	**324**		M20	95	00:02:02	**00:29:11.55**	**00:31:13.95**	+00:12:53 (44.2%)	5:50	10.3 (56.0%)
684	**NOWICKA Michalina**	**904**		K10	12	00:00:21	**00:29:11.70**	**00:29:33.25**	+00:12:53 (44.2%)	5:50	10.3 (56.0%)
685	**NOWICKI Adam**	**903**		M40	147	00:00:21	**00:29:12.15**	**00:29:33.35**	+00:12:54 (44.2%)	5:50	10.3 (56.0%)
686	**PAPIEROWSKI Piotr**	**939**		M30	177	00:01:24	**00:29:13.75**	**00:30:38.10**	+00:12:55 (44.2%)	5:50	10.3 (56.0%)
687	**CHODUR Agnieszka**	**197**	BYDGOSZCZ NA START	K40	41	00:01:17	**00:29:13.80**	**00:30:31.60**	+00:12:55 (44.2%)	5:50	10.3 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
688	**CHMIELEWSKA Agnieszka**	**184**		K30	74	00:00:43	**00:29:14.30**	**00:29:57.65**	+00:12:56 (44.3%)	5:50	10.3 (56.0%)
689	**GAJEK Agnieszka**	**974**	TASAK TEAM	K40	42	00:01:25	**00:29:14.40**	**00:30:39.90**	+00:12:56 (44.3%)	5:50	10.3 (56.0%)
690	**DRĄŻYK Justyna**	**587**		K30	75	00:00:31	**00:29:14.85**	**00:29:46.50**	+00:12:57 (44.3%)	5:51	10.3 (56.0%)
691	**JARZEMSKI Marcin**	**1368**	BYDGOSZCZ TRIATHLON TEAM	M30	178	00:01:31	**00:29:16.00**	**00:30:47.05**	+00:12:58 (44.3%)	5:51	10.3 (56.0%)
692	**WAWRZONKOSKA Wiktoria**	**1058**		K20	46	00:00:48	**00:29:17.60**	**00:30:06.15**	+00:12:59 (44.4%)	5:51	10.2 (55.4%)
693	**JANIC Joanna**	**626**		K40	43	00:00:56	**00:29:18.25**	**00:30:14.65**	+00:13:00 (44.4%)	5:51	10.2 (55.4%)
694	**SIUDZIŃSKA Anna**	**418**		K20	47	00:01:38	**00:29:18.55**	**00:30:57.15**	+00:13:00 (44.4%)	5:51	10.2 (55.4%)
695	**ŻUCHELKOWSKI Rafał**	**404**	TEAM OF BOBICZEK	M30	179	00:01:37	**00:29:19.05**	**00:30:56.25**	+00:13:01 (44.4%)	5:51	10.2 (55.4%)
696	**ŁOBODA Sylwia**	**598**		M30	180	00:01:41	**00:29:19.10**	**00:31:00.50**	+00:13:01 (44.4%)	5:51	10.2 (55.4%)
697	**WÓJCIK Tomasz**	**39**		M40	148	00:00:51	**00:29:19.25**	**00:30:10.90**	+00:13:01 (44.4%)	5:51	10.2 (55.4%)
698	**IWANIUK Jacek**	**78**		M40	149	00:00:50	**00:29:20.75**	**00:30:11.00**	+00:13:02 (44.5%)	5:52	10.2 (55.4%)
698	**CHMIELEWSKI Ireneusz**	**148**		M50	41	00:00:44	**00:29:20.75**	**00:30:05.45**	+00:13:02 (44.5%)	5:52	10.2 (55.4%)
700	**KORDAS Jacek**	**159**		M30	181	00:00:46	**00:29:21.25**	**00:30:07.35**	+00:13:03 (44.5%)	5:52	10.2 (55.4%)
701	**BŁAŻEK Kasia**	**1196**		K30	76	00:01:05	**00:29:21.45**	**00:30:27.25**	+00:13:03 (44.5%)	5:52	10.2 (55.4%)
702	**DURAŁEK Laura**	**440**		K10	13	00:00:26	**00:29:21.50**	**00:29:47.75**	+00:13:03 (44.5%)	5:52	10.2 (55.4%)
703	**SZYMCZUK Filip**	**126**		M20	96	00:01:16	**00:29:21.55**	**00:30:38.25**	+00:13:03 (44.5%)	5:52	10.2 (55.4%)
704	**ZUŻYDŁO Zuzanna**	**797**		K30	77	00:00:55	**00:29:21.95**	**00:30:17.50**	+00:13:04 (44.5%)	5:52	10.2 (55.4%)
705	**DURAŁEK Andrzej**	**438**		M40	150	00:00:26	**00:29:22.15**	**00:29:48.40**	+00:13:04 (44.5%)	5:52	10.2 (55.4%)
706	**WIŚNIEWSKI Krzysztof**	**150**	TRISPACE	M50	42	00:01:16	**00:29:23.50**	**00:30:40.00**	+00:13:05 (44.6%)	5:52	10.2 (55.4%)
707	**ZAJĄC Barbara**	**1302**		K20	48	00:01:34	**00:29:24.15**	**00:30:58.95**	+00:13:06 (44.6%)	5:52	10.2 (55.4%)
708	**SZCZEPAŃSKA-DOLNA Edyta**	**1028**	FOREST GANG	K50	7	00:00:14	**00:29:24.20**	**00:29:39.15**	+00:13:06 (44.6%)	5:53	10.2 (55.4%)
709	**KABATEK Janusz**	**544**		M30	182	00:00:31	**00:29:24.75**	**00:29:56.10**	+00:13:06 (44.6%)	5:53	10.2 (55.4%)
710	**SOBOCIŃSKI Mateusz**	**1471**		M20	97	00:01:35	**00:29:25.35**	**00:31:00.95**	+00:13:07 (44.6%)	5:53	10.2 (55.4%)
711	**POBŁOCKI Tomasz**	**298**	WATAHA BYDGOSZCZ	M30	183	00:02:07	**00:29:25.40**	**00:31:33.25**	+00:13:07 (44.6%)	5:53	10.2 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
712	**BRĄGIEL Jakub**	**1024**	VEGE RUNNERS	M30	184	00:01:37	**00:29:26.05**	**00:31:03.05**	+00:13:08 (44.6%)	5:53	10.2 (55.4%)
713	**ARENT Jan**	**211**		M50	43	00:00:58	**00:29:26.45**	**00:30:25.15**	+00:13:08 (44.6%)	5:53	10.2 (55.4%)
714	**JARZEMSKA Alicja**	**1367**	BYDGOSZCZ TRIATHLON TEAM	K30	78	00:01:30	**00:29:26.80**	**00:30:57.55**	+00:13:08 (44.7%)	5:53	10.2 (55.4%)
715	**JAGIELSKI Łukasz**	**1205**	LEBIEGA	M40	151	00:01:30	**00:29:27.25**	**00:30:57.75**	+00:13:09 (44.7%)	5:53	10.2 (55.4%)
716	**KOWAL Michał**	**736**	REC-STAL	M40	152	00:02:03	**00:29:28.55**	**00:31:32.05**	+00:13:10 (44.7%)	5:53	10.2 (55.4%)
717	**ADAMCZYK Agnieszka**	**737**		K30	79	00:02:03	**00:29:28.85**	**00:31:31.85**	+00:13:11 (44.7%)	5:53	10.2 (55.4%)
718	**LASKOWSKA Aleksandra**	**1446**		K30	80	00:01:16	**00:29:29.00**	**00:30:45.70**	+00:13:11 (44.7%)	5:53	10.2 (55.4%)
719	**CEMKE Magdalena**	**442**		K20	49	00:01:06	**00:29:30.05**	**00:30:36.95**	+00:13:12 (44.8%)	5:54	10.2 (55.4%)
720	**KLIMAS Natalia**	**826**	TEAM MICKIEWICZ	K20	50	00:01:44	**00:29:30.45**	**00:31:15.15**	+00:13:12 (44.8%)	5:54	10.2 (55.4%)
721	**ABRAMCZYK Agata**	**854**		K20	51	00:01:30	**00:29:31.25**	**00:31:01.50**	+00:13:13 (44.8%)	5:54	10.2 (55.4%)
722	**DOBIECKI Szczepan**	**843**		M30	185	00:00:56	**00:29:32.10**	**00:30:28.45**	+00:13:14 (44.8%)	5:54	10.2 (55.4%)
723	**BOMBAS Jacek**	**266**		M40	153	00:00:32	**00:29:33.10**	**00:30:05.25**	+00:13:15 (44.9%)	5:54	10.2 (55.4%)
724	**CIEŚLICKI Krzysztof**	**681**	SISU TEAM	M30	186	00:01:45	**00:29:33.30**	**00:31:19.00**	+00:13:15 (44.9%)	5:54	10.1 (54.9%)
725	**BYCZKOWSKA Zenon**	**1022**	INDYWIDUALNIE	M50	44	00:00:49	**00:29:34.10**	**00:30:23.70**	+00:13:16 (44.9%)	5:54	10.1 (54.9%)
726	**WORONIECKA Anna**	**328**		K40	44	00:01:17	**00:29:35.65**	**00:30:53.20**	+00:13:17 (44.9%)	5:55	10.1 (54.9%)
727	**KUBOWICZ-KAMIŃSKA Hania**	**212**	WATAHA BYDGOSZCZ	K30	81	00:01:00	**00:29:35.70**	**00:30:36.65**	+00:13:17 (44.9%)	5:55	10.1 (54.9%)
728	**JAROCH Zbigniew**	**1476**		M60	12	00:00:56	**00:29:36.20**	**00:30:33.00**	+00:13:18 (44.9%)	5:55	10.1 (54.9%)
728	**LEWANDOWSKA Malwina**	**1215**		K30	82	00:01:00	**00:29:36.20**	**00:30:36.25**	+00:13:18 (44.9%)	5:55	10.1 (54.9%)
730	**ŁUKASZEWSKA Ewelina**	**1148**		K20	52	00:00:59	**00:29:36.35**	**00:30:36.10**	+00:13:18 (45.0%)	5:55	10.1 (54.9%)
731	**PIECHOCIŃSKA Dorota**	**1279**	RINO	K30	83	00:00:49	**00:29:36.95**	**00:30:26.60**	+00:13:19 (45.0%)	5:55	10.1 (54.9%)
732	**BESS Anna**	**421**		K30	84	00:01:38	**00:29:37.70**	**00:31:16.40**	+00:13:19 (45.0%)	5:55	10.1 (54.9%)
733	**DREŻEWSKI Łukasz**	**934**		M20	98	00:01:02	**00:29:38.05**	**00:30:40.70**	+00:13:20 (45.0%)	5:55	10.1 (54.9%)
734	**GRZELA Klaudia**	**798**		K20	53	00:01:02	**00:29:38.25**	**00:30:40.95**	+00:13:20 (45.0%)	5:55	10.1 (54.9%)
735	**ZNANIECKI Michał**	**769**		M40	154	00:00:42	**00:29:38.80**	**00:30:20.80**	+00:13:20 (45.0%)	5:55	10.1 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
736	**APTOWICZ Damian**	**707**		M20	99	00:01:31	**00:29:39.20**	**00:31:10.75**	+00:13:21 (45.0%)	5:55	10.1 (54.9%)
737	**ZNANIECKI Wojciech**	**768**	BYDGOSZCZ NA START	M30	187	00:00:41	**00:29:39.50**	**00:30:20.75**	+00:13:21 (45.0%)	5:55	10.1 (54.9%)
738	**ZNANIECKA Karolina**	**29**		K20	54	00:00:40	**00:29:40.00**	**00:30:20.75**	+00:13:22 (45.1%)	5:56	10.1 (54.9%)
739	**OSSOWSKI Łukasz**	**248**		M30	188	00:02:13	**00:29:40.75**	**00:31:54.70**	+00:13:22 (45.1%)	5:56	10.1 (54.9%)
740	**WIELUŃSKA Dorota**	**408**		K30	85	00:01:10	**00:29:41.15**	**00:30:51.50**	+00:13:23 (45.1%)	5:56	10.1 (54.9%)
741	**PROSEK Krzysztof**	**683**		M40	155	00:02:03	**00:29:41.80**	**00:31:45.25**	+00:13:23 (45.1%)	5:56	10.1 (54.9%)
742	**AUGUSTYNOWICZ Aurelia**	**791**	RCI BYDGOSZCZ	K40	45	00:00:15	**00:29:42.10**	**00:29:57.50**	+00:13:24 (45.1%)	5:56	10.1 (54.9%)
743	**PORA Dariusz**	**518**	THREE BIKES	M50	45	00:00:55	**00:29:42.65**	**00:30:38.00**	+00:13:24 (45.1%)	5:56	10.1 (54.9%)
744	**LASOTA Dominika**	**688**		K18	2	00:01:42	**00:29:43.80**	**00:31:25.85**	+00:13:25 (45.2%)	5:56	10.1 (54.9%)
745	**SIUDOWSKA Marta**	**799**		K30	86	00:01:04	**00:29:44.30**	**00:30:48.50**	+00:13:26 (45.2%)	5:56	10.1 (54.9%)
746	**FIEREK Bernadeta**	**1427**	BIEGAM Z MARYSIĄ	K50	8	00:00:18	**00:29:44.95**	**00:30:02.95**	+00:13:27 (45.2%)	5:56	10.1 (54.9%)
747	**WOSICKA Wanda**	**995**		K40	46	00:01:00	**00:29:45.60**	**00:30:46.25**	+00:13:27 (45.2%)	5:57	10.1 (54.9%)
748	**OSTROWSKA Justyna**	**300**		K30	87	00:02:00	**00:29:45.90**	**00:31:46.70**	+00:13:28 (45.2%)	5:57	10.1 (54.9%)
749	**MALICKA Beata**	**406**		K50	9	00:00:36	**00:29:46.25**	**00:30:23.10**	+00:13:28 (45.3%)	5:57	10.1 (54.9%)
750	**LENKIEWICZ Andrzej**	**732**	PIĘKNY	M60	13	00:01:44	**00:29:46.40**	**00:31:30.40**	+00:13:28 (45.3%)	5:57	10.1 (54.9%)
751	**JAW Pablo**	**1321**		M40	156	00:01:44	**00:29:46.70**	**00:31:31.15**	+00:13:28 (45.3%)	5:57	10.1 (54.9%)
752	**KĘDZIERSKA Marzena**	**1019**		K40	47	00:00:26	**00:29:46.80**	**00:30:13.35**	+00:13:28 (45.3%)	5:57	10.1 (54.9%)
753	**WÓJCIK Jakub**	**287**		M18	7	00:01:24	**00:29:47.35**	**00:31:12.25**	+00:13:29 (45.3%)	5:57	10.1 (54.9%)
754	**FLOREK Milena**	**142**	RUNADDICTS	K30	88	00:01:10	**00:29:47.95**	**00:30:58.65**	+00:13:30 (45.3%)	5:57	10.1 (54.9%)
755	**JASIŃSKA Monika**	**1358**		K20	55	00:01:32	**00:29:49.05**	**00:31:21.35**	+00:13:31 (45.3%)	5:57	10.1 (54.9%)
756	**WILCZYŃSKI Arkadiusz**	**1013**		M30	189	00:01:17	**00:29:49.25**	**00:31:06.50**	+00:13:31 (45.3%)	5:57	10.1 (54.9%)
757	**FOJUTOWSKA Hanna**	**385**		K40	48	00:00:45	**00:29:49.70**	**00:30:35.00**	+00:13:31 (45.4%)	5:58	10.1 (54.9%)
758	**NIEMCZEWSKI Mirosław**	**1091**	ŁABISZYN RUNNERS	M40	157	00:01:12	**00:29:49.75**	**00:31:01.90**	+00:13:31 (45.4%)	5:57	10.1 (54.9%)
759	**GRYSZÓWKA Angelika**	**1441**		K20	56	00:01:15	**00:29:49.85**	**00:31:05.70**	+00:13:32 (45.4%)	5:58	10.1 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
760	**FOJUTOWSKI Sławek**	**386**		M40	158	00:00:45	**00:29:50.05**	**00:30:35.20**	+00:13:32 (45.4%)	5:58	10.1 (54.9%)
761	**WITKOWSKI Paweł**	**1111**		M10	31	00:00:42	**00:29:51.00**	**00:30:33.70**	+00:13:33 (45.4%)	5:58	10.1 (54.9%)
762	**STASIAK Jacek**	**1386**		M40	159	00:00:44	**00:29:52.50**	**00:30:37.20**	+00:13:34 (45.4%)	5:58	10 (54.3%)
763	**MŁYNAREK-STASIAK Dorota**	**1387**		K40	49	00:00:44	**00:29:52.80**	**00:30:37.05**	+00:13:34 (45.5%)	5:58	10 (54.3%)
764	**STEGNERSKI Maciej**	**1467**		M40	160	00:01:39	**00:29:55.35**	**00:31:34.55**	+00:13:37 (45.5%)	5:59	10 (54.3%)
765	**KULPA Szymon**	**186**		M30	190	00:01:02	**00:29:56.05**	**00:30:58.70**	+00:13:38 (45.6%)	5:59	10 (54.3%)
766	**NOWAK Julia**	**1117**		K10	14	00:00:48	**00:29:56.70**	**00:30:44.70**	+00:13:38 (45.6%)	5:59	10 (54.3%)
767	**PESTKA Hanna**	**985**		K50	10	00:00:59	**00:29:56.75**	**00:30:55.80**	+00:13:38 (45.6%)	5:59	10 (54.3%)
768	**IDCZAK-BOREK Hanna**	**223**		K40	50	00:00:35	**00:29:56.90**	**00:30:32.15**	+00:13:39 (45.6%)	5:59	10 (54.3%)
768	**ŚNIECHOTA Konrad**	**92**	TYPYGRUBE	M30	191	00:02:10	**00:29:56.90**	**00:32:07.35**	+00:13:39 (45.6%)	5:59	10 (54.3%)
770	**STEGNERSKA Agnieszka**	**718**	#BIEGACZE	K40	51	00:01:37	**00:29:57.35**	**00:31:34.65**	+00:13:39 (45.6%)	5:59	10 (54.3%)
771	**BOREK Marcin**	**222**		M40	161	00:00:35	**00:29:57.40**	**00:30:32.65**	+00:13:39 (45.6%)	5:59	10 (54.3%)
772	**ZUZA-WITKOWSKA Anna**	**111**	KTR MASA TURYSTYCZNA	K40	52	00:00:34	**00:29:58.35**	**00:30:32.50**	+00:13:40 (45.6%)	5:59	10 (54.3%)
773	**OGRODOWICZ Marcin**	**479**		M40	162	00:01:22	**00:29:58.85**	**00:31:21.60**	+00:13:41 (45.6%)	5:59	10 (54.3%)
774	**RĘDZINA Michał**	**199**		M30	192	00:01:02	**00:29:58.90**	**00:31:01.50**	+00:13:41 (45.6%)	5:59	10 (54.3%)
775	**WRÓBLEWSKA Oliwia**	**695**		K10	15	00:00:47	**00:30:00.05**	**00:30:47.70**	+00:13:42 (45.7%)	6:00	10 (54.3%)
776	**WRÓBLEWSKI Rafał**	**1456**		M40	163	00:00:47	**00:30:00.10**	**00:30:48.05**	+00:13:42 (45.7%)	6:00	10 (54.3%)
777	**MELLEM Anna**	**529**		K20	57	00:01:00	**00:30:00.30**	**00:31:00.95**	+00:13:42 (45.7%)	6:00	10 (54.3%)
778	**WOJCIECHOWSKA Maja**	**696**		K10	16	00:00:47	**00:30:00.45**	**00:30:48.10**	+00:13:42 (45.7%)	6:00	10 (54.3%)
779	**STROZYNSKA Sandra**	**1316**		K30	89	00:01:44	**00:30:01.15**	**00:31:45.55**	+00:13:43 (45.7%)	6:00	10 (54.3%)
780	**DANIELEK Ewa**	**55**		K30	90	00:00:37	**00:30:01.40**	**00:30:39.05**	+00:13:43 (45.7%)	6:00	10 (54.3%)
781	**DOBRZAŃSKA Anna**	**1170**		K20	58	00:01:02	**00:30:02.25**	**00:31:05.05**	+00:13:44 (45.7%)	6:00	10 (54.3%)
782	**GRUCHAŁA Wojciech**	**106**		M50	46	00:01:28	**00:30:02.85**	**00:31:31.50**	+00:13:45 (45.8%)	6:00	10 (54.3%)
783	**BIERNACKA Anka**	**946**		K40	53	00:01:32	**00:30:03.00**	**00:31:35.15**	+00:13:45 (45.8%)	6:00	10 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
784	**JABŁOŃSKI Jakub**	**1429**		M10	32	00:02:04	**00:30:04.45**	**00:32:08.55**	+00:13:46 (45.8%)	6:00	10 (54.3%)
785	**PODOSEK Magdalena**	**1332**	BYDGOSZCZ	K30	91	00:01:43	**00:30:04.60**	**00:31:47.95**	+00:13:46 (45.8%)	6:00	10 (54.3%)
786	**JANIC Arkadiusz**	**629**		M10	33	00:00:51	**00:30:04.65**	**00:30:56.40**	+00:13:46 (45.8%)	6:01	10 (54.3%)
787	**KRASIŃSKA Katarzyna**	**95**		K30	92	00:01:02	**00:30:04.90**	**00:31:07.10**	+00:13:47 (45.8%)	6:01	10 (54.3%)
788	**WIATROWSKA Katarzyna**	**554**		K30	93	00:01:04	**00:30:05.10**	**00:31:10.05**	+00:13:47 (45.8%)	6:01	10 (54.3%)
789	**BARAŃSKA Sylwia**	**1112**	PARKRUN BYDGOSZCZ	K40	54	00:01:01	**00:30:05.20**	**00:31:06.75**	+00:13:47 (45.8%)	6:01	10 (54.3%)
790	**FILIPEK Mirosława**	**220**		K40	55	00:01:03	**00:30:05.35**	**00:31:08.75**	+00:13:47 (45.8%)	6:01	10 (54.3%)
791	**RYDELSKA Kinga**	**195**		K40	56	00:00:39	**00:30:05.60**	**00:30:44.75**	+00:13:47 (45.8%)	6:01	10 (54.3%)
792	**KOLMAJER Rafał**	**167**	RUNADDICTS	M30	193	00:01:02	**00:30:06.25**	**00:31:08.25**	+00:13:48 (45.9%)	6:01	10 (54.3%)
793	**GRYGORCZUK Elżbieta**	**256**	TRISPACE BYDGOSZCZ	K60	4	00:01:15	**00:30:07.45**	**00:31:22.50**	+00:13:49 (45.9%)	6:01	10 (54.3%)
794	**PRUSIŃSKA Bernadetta**	**1297**		K20	59	00:01:12	**00:30:07.50**	**00:31:19.80**	+00:13:49 (45.9%)	6:01	10 (54.3%)
795	**PRUSIŃSKI Michał**	**1299**		M30	194	00:01:11	**00:30:08.10**	**00:31:19.95**	+00:13:50 (45.9%)	6:01	10 (54.3%)
796	**BRZYKCY Łukasz**	**445**		M20	100	00:01:46	**00:30:08.25**	**00:31:55.15**	+00:13:50 (45.9%)	6:01	10 (54.3%)
797	**CZECZINSKA Pamela**	**229**		K20	60	00:01:08	**00:30:10.35**	**00:31:18.65**	+00:13:52 (46.0%)	6:02	9.9 (53.8%)
798	**KOTECKI Marcin**	**308**	GANG KOCURA	M40	164	00:01:03	**00:30:11.10**	**00:31:14.50**	+00:13:53 (46.0%)	6:02	9.9 (53.8%)
799	**SZECÓWKA Marcin**	**215**		M30	195	00:01:25	**00:30:14.15**	**00:31:39.80**	+00:13:56 (46.1%)	6:02	9.9 (53.8%)
800	**LEWANDOWSKA Agnieszka**	**216**		K30	94	00:01:25	**00:30:14.20**	**00:31:40.00**	+00:13:56 (46.1%)	6:03	9.9 (53.8%)
801	**ŻURAWSKA Marta**	**804**		K30	95	00:01:06	**00:30:16.55**	**00:31:23.15**	+00:13:58 (46.2%)	6:03	9.9 (53.8%)
802	**KRZYŻANOWSKA Patrycja**	**415**		K20	61	00:00:48	**00:30:17.85**	**00:31:06.70**	+00:14:00 (46.2%)	6:03	9.9 (53.8%)
803	**BEJGER Łukasz**	**1186**		M30	196	00:00:57	**00:30:18.15**	**00:31:16.05**	+00:14:00 (46.2%)	6:03	9.9 (53.8%)
804	**SZATKOWSKA Beata**	**244**		K50	11	00:01:49	**00:30:18.25**	**00:32:07.60**	+00:14:00 (46.2%)	6:03	9.9 (53.8%)
805	**CHWIAŁKOWSKI Maksymilian**	**481**		M18	8	00:00:43	**00:30:18.80**	**00:31:02.45**	+00:14:00 (46.2%)	6:03	9.9 (53.8%)
806	**KASPEROWICZ Paweł**	**600**		M30	197	00:01:35	**00:30:18.90**	**00:31:54.25**	+00:14:01 (46.2%)	6:03	9.9 (53.8%)
807	**KACZMAREK Dariusz**	**1465**		M50	47	00:00:27	**00:30:19.40**	**00:30:47.25**	+00:14:01 (46.3%)	6:04	9.9 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
808	**KOPROWICZ Katarzyna**	**538**		K40	57	00:01:29	**00:30:20.60**	**00:31:50.15**	+00:14:02 (46.3%)	6:04	9.9 (53.8%)
809	**JABŁOŃSKI Tomek**	**1208**		M30	198	00:02:04	**00:30:20.70**	**00:32:25.05**	+00:14:02 (46.3%)	6:04	9.9 (53.8%)
810	**KRAKOWIAK Marta**	**122**		K20	62	00:01:16	**00:30:20.80**	**00:31:37.25**	+00:14:02 (46.3%)	6:04	9.9 (53.8%)
811	**KOPROWICZ Adam**	**539**		M50	48	00:01:29	**00:30:21.40**	**00:31:51.15**	+00:14:03 (46.3%)	6:04	9.9 (53.8%)
811	**BROWNELL Mackie**	**1287**		M30	199	00:01:21	**00:30:21.40**	**00:31:42.85**	+00:14:03 (46.3%)	6:04	9.9 (53.8%)
813	**GOLIK Krzysztof**	**553**		M40	165	00:01:47	**00:30:21.55**	**00:32:08.70**	+00:14:03 (46.3%)	6:04	9.9 (53.8%)
814	**LIEDKE Tomasz**	**179**	BLIŹNIAKI	M30	200	00:00:40	**00:30:21.95**	**00:31:02.75**	+00:14:04 (46.3%)	6:04	9.9 (53.8%)
815	**ZBĄSKI Leszek**	**1327**		M40	166	00:01:46	**00:30:22.00**	**00:32:08.55**	+00:14:04 (46.3%)	6:04	9.9 (53.8%)
816	**RYDELSKA Maria**	**1425**	BIEGAM Z BENIĄ	K30	96	00:00:15	**00:30:22.40**	**00:30:37.95**	+00:14:04 (46.3%)	6:04	9.9 (53.8%)
817	**GÓRZYŃSKA Monika**	**1328**		K40	58	00:01:46	**00:30:22.45**	**00:32:08.70**	+00:14:04 (46.3%)	6:04	9.9 (53.8%)
818	**CHWIAŁKOWSKA Joanna**	**69**		K40	59	00:00:40	**00:30:23.10**	**00:31:03.30**	+00:14:05 (46.4%)	6:04	9.9 (53.8%)
819	**ARENDT Paweł**	**426**		M40	167	00:00:39	**00:30:23.80**	**00:31:03.75**	+00:14:05 (46.4%)	6:04	9.9 (53.8%)
820	**OWCZARSKI Andrzej**	**646**		M50	49	00:01:37	**00:30:24.05**	**00:32:01.25**	+00:14:06 (46.4%)	6:04	9.9 (53.8%)
821	**BEJENKA Kamila**	**1106**		K20	63	00:01:58	**00:30:24.25**	**00:32:22.55**	+00:14:06 (46.4%)	6:04	9.9 (53.8%)
822	**PODGÓRSKI Jakub**	**105**	ZIELONY PELIKAN	M30	201	00:02:04	**00:30:24.50**	**00:32:29.15**	+00:14:06 (46.4%)	6:05	9.9 (53.8%)
823	**ANDRZEJEWSKA Asia**	**218**		K40	60	00:00:19	**00:30:24.55**	**00:30:44.40**	+00:14:06 (46.4%)	6:05	9.9 (53.8%)
823	**WALKOWIAK Rafał**	**431**		M20	101	00:00:55	**00:30:24.55**	**00:31:19.80**	+00:14:06 (46.4%)	6:04	9.9 (53.8%)
825	**ANDRZEJEWSKI Paweł**	**221**		M40	168	00:00:19	**00:30:25.00**	**00:30:44.60**	+00:14:07 (46.4%)	6:05	9.9 (53.8%)
826	**PIOTROWSKI Grzegorz**	**1120**		M20	102	00:02:06	**00:30:25.30**	**00:32:31.75**	+00:14:07 (46.4%)	6:05	9.9 (53.8%)
826	**ŻAK Marta**	**972**		K20	64	00:00:59	**00:30:25.30**	**00:31:24.65**	+00:14:07 (46.4%)	6:05	9.9 (53.8%)
828	**SZCZĘSNY Arkadiusz**	**1275**	DYNAMO SKARPA	M40	169	00:01:50	**00:30:25.55**	**00:32:15.80**	+00:14:07 (46.4%)	6:05	9.9 (53.8%)
828	**RATAJ Szymon**	**219**		M10	34	00:01:27	**00:30:25.55**	**00:31:53.15**	+00:14:07 (46.4%)	6:05	9.9 (53.8%)
830	**SENDEL Sebastian**	**182**		M30	202	00:01:33	**00:30:25.80**	**00:31:59.30**	+00:14:07 (46.4%)	6:05	9.9 (53.8%)
831	**GRZYWACZ Karolina**	**175**		K30	97	00:00:48	**00:30:26.60**	**00:31:15.45**	+00:14:08 (46.5%)	6:05	9.9 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
832	**KOWALIK Ania**	**1015**		K20	65	00:00:16	**00:30:27.05**	**00:30:43.55**	+00:14:09 (46.5%)	6:05	9.9 (53.8%)
833	**GIZIŃSKA Aleksandra**	**433**		K20	66	00:00:55	**00:30:27.20**	**00:31:22.55**	+00:14:09 (46.5%)	6:05	9.9 (53.8%)
834	**SZARGAN Magda**	**689**		K20	67	00:01:25	**00:30:27.25**	**00:31:52.75**	+00:14:09 (46.5%)	6:05	9.9 (53.8%)
835	**PECHE Marek**	**963**	KLUBZDROWIA 24H	M30	203	00:01:15	**00:30:29.00**	**00:31:44.45**	+00:14:11 (46.5%)	6:05	9.8 (53.3%)
836	**WYCZLING Piotr**	**1363**	INNOVAD TEAM	M40	170	00:00:41	**00:30:29.25**	**00:31:10.45**	+00:14:11 (46.5%)	6:05	9.8 (53.3%)
837	**ŚLADEWSKI Rafał**	**208**		M30	204	00:00:22	**00:30:29.40**	**00:30:51.50**	+00:14:11 (46.5%)	6:05	9.8 (53.3%)
838	**ADAMCZAK Ewa**	**1351**		K30	98	00:00:41	**00:30:29.60**	**00:31:10.75**	+00:14:11 (46.6%)	6:05	9.8 (53.3%)
839	**WYCZLING Agnieszka**	**1364**	INNOVAD TEAM	K30	99	00:00:40	**00:30:30.15**	**00:31:10.50**	+00:14:12 (46.6%)	6:06	9.8 (53.3%)
840	**KARWECKA Natalia**	**633**		K20	68	00:01:45	**00:30:31.35**	**00:32:16.45**	+00:14:13 (46.6%)	6:06	9.8 (53.3%)
841	**KACZOROWSKI Bartosz**	**748**		M20	103	00:01:33	**00:30:31.95**	**00:32:05.90**	+00:14:14 (46.6%)	6:06	9.8 (53.3%)
842	**KNIOŁA Lucyna**	**1206**		K50	12	00:00:28	**00:30:32.20**	**00:31:01.05**	+00:14:14 (46.6%)	6:06	9.8 (53.3%)
842	**CZUBKOWSKI Sebastian**	**936**	RUN TEAM SĘPÓLNO KRAJEŃSKIE	M30	205	00:01:55	**00:30:32.20**	**00:32:28.15**	+00:14:14 (46.6%)	6:06	9.8 (53.3%)
844	**BINKOWSKA Ewelina**	**933**		K40	61	00:01:55	**00:30:33.30**	**00:32:28.45**	+00:14:15 (46.7%)	6:06	9.8 (53.3%)
845	**PRZEWOŹNIAK Marta**	**285**	TRI FAMILY	K20	69	00:00:50	**00:30:33.90**	**00:31:23.90**	+00:14:16 (46.7%)	6:06	9.8 (53.3%)
846	**DOBOSIEWICZ Anna Maria**	**88**	POLONIA BYDGOSZCZ SEKCJA LEKKOATLETYCZNA IM.KLEMENSA BINIAKOWSKIEGO	K20	70	00:01:45	**00:30:34.90**	**00:32:20.65**	+00:14:17 (46.7%)	6:07	9.8 (53.3%)
847	**SZETELA Łukasz**	**670**		M20	104	00:01:21	**00:30:35.00**	**00:31:56.60**	+00:14:17 (46.7%)	6:07	9.8 (53.3%)
848	**RATAJ Maciej**	**217**		M40	171	00:01:27	**00:30:35.45**	**00:32:02.80**	+00:14:17 (46.7%)	6:07	9.8 (53.3%)
849	**BACH Bartłomiej**	**89**		M20	105	00:01:44	**00:30:36.00**	**00:32:20.85**	+00:14:18 (46.7%)	6:07	9.8 (53.3%)
850	**PRZEWOŹNIAK Rafał**	**284**	TRI FAMILY	M20	106	00:00:47	**00:30:36.85**	**00:31:23.85**	+00:14:19 (46.8%)	6:07	9.8 (53.3%)
851	**MAKOWSKI Tomasz**	**347**		M30	206	00:01:54	**00:30:37.05**	**00:32:31.05**	+00:14:19 (46.8%)	6:07	9.8 (53.3%)
852	**GONCERZEWICZ Katarzyna**	**388**		K30	100	00:01:53	**00:30:37.85**	**00:32:30.90**	+00:14:20 (46.8%)	6:07	9.8 (53.3%)
853	**ŻUCHELKOWSKA Agata**	**178**		K30	101	00:01:33	**00:30:37.90**	**00:32:11.05**	+00:14:20 (46.8%)	6:07	9.8 (53.3%)
854	**PESTKA Anna**	**304**		K30	102	00:01:43	**00:30:38.20**	**00:32:21.75**	+00:14:20 (46.8%)	6:07	9.8 (53.3%)
855	**SZOPINSKA Justyna**	**1044**		M30	207	00:01:51	**00:30:38.90**	**00:32:30.05**	+00:14:21 (46.8%)	6:07	9.8 (53.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
855	**BALCERZAK Daniel**	**1260**	SPORTOWY ZARZĄD	M20	107	00:01:09	**00:30:38.90**	**00:31:48.05**	+00:14:21 (46.8%)	6:07	9.8 (53.3%)
857	**SZOPIŃSKI Wojtek**	**1403**		M30	208	00:01:50	**00:30:39.40**	**00:32:30.15**	+00:14:21 (46.8%)	6:08	9.8 (53.3%)
858	**KAŹMIERCZAK Aleksandra**	**379**		K40	62	00:01:10	**00:30:39.90**	**00:31:50.30**	+00:14:22 (46.9%)	6:08	9.8 (53.3%)
859	**KRETOWICZ Piotr**	**357**		M20	108	00:01:22	**00:30:40.05**	**00:32:02.10**	+00:14:22 (46.9%)	6:08	9.8 (53.3%)
860	**RATAJCZAK Marcel**	**319**		M10	35	00:01:28	**00:30:40.10**	**00:32:08.95**	+00:14:22 (46.9%)	6:08	9.8 (53.3%)
861	**SOBOTA Beata**	**40**		K40	63	00:01:08	**00:30:40.90**	**00:31:49.10**	+00:14:23 (46.9%)	6:08	9.8 (53.3%)
862	**LESZCZYŃSKI Bartosz**	**1276**		M20	109	00:01:38	**00:30:41.00**	**00:32:19.65**	+00:14:23 (46.9%)	6:08	9.8 (53.3%)
863	**KONIECZNA Alicja**	**1266**		K20	71	00:01:37	**00:30:41.50**	**00:32:19.45**	+00:14:23 (46.9%)	6:08	9.8 (53.3%)
864	**SKIBIŃSKI Sebastian**	**1129**		M30	209	00:01:57	**00:30:41.55**	**00:32:38.85**	+00:14:23 (46.9%)	6:08	9.8 (53.3%)
865	**SZOŁDRA Marta**	**867**	WPL	K20	72	00:01:45	**00:30:42.10**	**00:32:27.25**	+00:14:24 (46.9%)	6:08	9.8 (53.3%)
866	**PIECYK-CZAJA Sonia**	**99**		K40	64	00:02:07	**00:30:42.95**	**00:32:49.95**	+00:14:25 (46.9%)	6:08	9.8 (53.3%)
867	**BARCIKOWSKA Weronika**	**1294**		K20	73	00:01:20	**00:30:43.95**	**00:32:03.95**	+00:14:26 (47.0%)	6:08	9.8 (53.3%)
868	**BALCERZAK Dorota**	**761**	BBL INOWROCŁAW	K50	13	00:01:07	**00:30:44.10**	**00:31:51.80**	+00:14:26 (47.0%)	6:08	9.8 (53.3%)
869	**WOŹNIACKA Beata**	**550**	FUNDACJA JEKO / AZYL DLA JEŻY	K50	14	00:00:30	**00:30:44.50**	**00:31:15.45**	+00:14:26 (47.0%)	6:09	9.8 (53.3%)
870	**HOMZA Mateusz**	**575**		M30	210	00:01:28	**00:30:45.55**	**00:32:13.60**	+00:14:27 (47.0%)	6:09	9.8 (53.3%)
871	**CHŁYSTEK Joanna**	**571**		K20	74	00:01:28	**00:30:45.80**	**00:32:13.95**	+00:14:27 (47.0%)	6:09	9.8 (53.3%)
872	**GOGOLEWSKI Adam**	**549**		M30	211	00:01:41	**00:30:47.70**	**00:32:29.55**	+00:14:29 (47.1%)	6:09	9.7 (52.7%)
873	**OWCZARSKA Bożena**	**647**		K50	15	00:01:38	**00:30:47.85**	**00:32:25.85**	+00:14:30 (47.1%)	6:09	9.7 (52.7%)
874	**BRZOZOWSKI Krzysztof**	**170**		M30	212	00:01:36	**00:30:47.95**	**00:32:24.50**	+00:14:30 (47.1%)	6:09	9.7 (52.7%)
875	**RUTKOWSKA Weronika**	**601**		K20	75	00:01:29	**00:30:49.00**	**00:32:18.00**	+00:14:31 (47.1%)	6:09	9.7 (52.7%)
876	**KIRCHHOFF Klaudia**	**551**		K20	76	00:01:42	**00:30:49.30**	**00:32:31.75**	+00:14:31 (47.1%)	6:09	9.7 (52.7%)
877	**GRAJKOWSKI Julian**	**1238**	J&D&J	M30	213	00:02:05	**00:30:49.65**	**00:32:54.90**	+00:14:31 (47.1%)	6:09	9.7 (52.7%)
878	**JOPPEK Jolanta**	**1239**		K30	103	00:02:04	**00:30:49.95**	**00:32:54.90**	+00:14:32 (47.1%)	6:10	9.7 (52.7%)
879	**LIWOCH Grzegorz**	**46**		M50	50	00:01:54	**00:30:50.00**	**00:32:44.55**	+00:14:32 (47.1%)	6:10	9.7 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
880	**OKRĘGLICKI Antoni**	**51**	RUN PASJA	M60	14	00:00:10	**00:30:50.05**	**00:31:00.70**	+00:14:32 (47.1%)	6:10	9.7 (52.7%)
881	**RUTKOWSKA Natalia**	**958**		K20	77	00:01:28	**00:30:50.45**	**00:32:19.10**	+00:14:32 (47.2%)	6:10	9.7 (52.7%)
882	**GABEŃSKA Daria**	**1237**	J&D&J	K30	104	00:02:04	**00:30:50.50**	**00:32:55.05**	+00:14:32 (47.2%)	6:10	9.7 (52.7%)
883	**MALUDZIŃSKA Aleksandra**	**916**		K30	105	00:01:11	**00:30:50.65**	**00:32:02.40**	+00:14:32 (47.2%)	6:10	9.7 (52.7%)
884	**TOKARSKA Alicja**	**146**	VEGE RUNNERS	K30	106	00:01:22	**00:30:51.45**	**00:32:13.95**	+00:14:33 (47.2%)	6:10	9.7 (52.7%)
885	**MURAWKA Łukasz**	**726**		M30	214	00:00:49	**00:30:51.55**	**00:31:40.70**	+00:14:33 (47.2%)	6:10	9.7 (52.7%)
886	**MICHALSKI Piotr**	**414**		M20	110	00:02:07	**00:30:51.95**	**00:32:59.55**	+00:14:34 (47.2%)	6:10	9.7 (52.7%)
887	**WESOŁOWSKA Klaudia**	**114**		K20	78	00:01:34	**00:30:52.70**	**00:32:27.45**	+00:14:34 (47.2%)	6:10	9.7 (52.7%)
888	**GROBELNY Michał**	**61**		M20	111	00:01:07	**00:30:54.15**	**00:32:01.65**	+00:14:36 (47.3%)	6:10	9.7 (52.7%)
889	**GROBELNA Ida**	**59**		K20	79	00:01:06	**00:30:54.80**	**00:32:01.55**	+00:14:36 (47.3%)	6:11	9.7 (52.7%)
890	**MICHNIEWICZ Małgorzata**	**330**		M40	172	00:00:43	**00:30:55.00**	**00:31:38.45**	+00:14:37 (47.3%)	6:11	9.7 (52.7%)
891	**ÇIKAR Engin**	**1230**	GALATASARAY SK	M20	112	00:01:17	**00:30:56.00**	**00:32:13.50**	+00:14:38 (47.3%)	6:11	9.7 (52.7%)
891	**POKORSKI Adam**	**1101**		M20	113	00:01:56	**00:30:56.00**	**00:32:52.50**	+00:14:38 (47.3%)	6:11	9.7 (52.7%)
893	**ASTERIOU Zoi**	**1242**		K18	3	00:01:19	**00:30:57.10**	**00:32:16.85**	+00:14:39 (47.3%)	6:11	9.7 (52.7%)
893	**MAĆKOWSKA Agnieszka**	**794**		K30	107	00:00:56	**00:30:57.10**	**00:31:53.50**	+00:14:39 (47.3%)	6:11	9.7 (52.7%)
895	**PIOTROWSKI Sławomir**	**1076**		M40	173	00:02:05	**00:30:58.30**	**00:33:03.55**	+00:14:40 (47.4%)	6:11	9.7 (52.7%)
896	**CYGOWSKI Paweł**	**1066**		M40	174	00:00:57	**00:30:58.85**	**00:31:56.35**	+00:14:41 (47.4%)	6:11	9.7 (52.7%)
897	**CHLEBKOVÁ Judita**	**567**		K30	108	00:01:40	**00:30:59.35**	**00:32:39.35**	+00:14:41 (47.4%)	6:11	9.7 (52.7%)
898	**KROLL Agnieszka**	**624**	RUN BYDGOSZCZ	K20	80	00:00:36	**00:31:00.00**	**00:31:36.30**	+00:14:42 (47.4%)	6:12	9.7 (52.7%)
899	**ERDMANN Agnieszka**	**478**		K40	65	00:00:59	**00:31:00.55**	**00:31:59.60**	+00:14:42 (47.4%)	6:12	9.7 (52.7%)
900	**CIERŻNICKI Zbigniew**	**1010**	TKKF KOLEJARZ	M50	51	00:02:11	**00:31:01.70**	**00:33:12.85**	+00:14:43 (47.5%)	6:12	9.7 (52.7%)
901	**TOMASZEK Sebastian**	**1156**		M40	175	00:00:40	**00:31:01.75**	**00:31:42.35**	+00:14:43 (47.5%)	6:12	9.7 (52.7%)
902	**JANUSZKIEWICZ Kornelia**	**295**	WATAHA BYDGOSZCZ	K30	109	00:02:08	**00:31:02.50**	**00:33:10.85**	+00:14:44 (47.5%)	6:12	9.7 (52.7%)
903	**KRYSIAK Aleksandra**	**336**	WATAHA BYDGOSZCZ	K50	16	00:02:08	**00:31:02.60**	**00:33:11.15**	+00:14:44 (47.5%)	6:12	9.7 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
904	**KOZAKIEWICZ Marcin**	**136**		M40	176	00:01:12	**00:31:04.40**	**00:32:17.35**	+00:14:46 (47.6%)	6:13	9.7 (52.7%)
905	**KOWALSKA Agata**	**517**		K20	81	00:01:03	**00:31:05.75**	**00:32:08.85**	+00:14:47 (47.6%)	6:13	9.7 (52.7%)
906	**GRACZYK Dawid**	**877**		M20	114	00:00:33	**00:31:07.60**	**00:31:41.05**	+00:14:49 (47.6%)	6:13	9.6 (52.2%)
907	**PAWLAK Magdalena**	**1241**		K30	110	00:00:38	**00:31:08.70**	**00:31:47.05**	+00:14:50 (47.7%)	6:13	9.6 (52.2%)
908	**PECHE Aleksandra**	**964**	KLUBZDROWIA 24H	K30	111	00:01:14	**00:31:08.75**	**00:32:23.50**	+00:14:50 (47.7%)	6:13	9.6 (52.2%)
909	**JAŻDŻEWSKA Nadia**	**895**		K10	17	00:01:13	**00:31:08.95**	**00:32:22.75**	+00:14:51 (47.7%)	6:13	9.6 (52.2%)
910	**KRYCH Alicja**	**1361**		K30	112	00:00:39	**00:31:10.65**	**00:31:50.25**	+00:14:52 (47.7%)	6:14	9.6 (52.2%)
911	**MICKIEWICZ Barbara**	**402**		K40	66	00:00:50	**00:31:10.70**	**00:32:00.75**	+00:14:52 (47.7%)	6:14	9.6 (52.2%)
912	**PIK Aleksandra**	**1181**		K18	4	00:01:41	**00:31:11.75**	**00:32:52.75**	+00:14:53 (47.8%)	6:14	9.6 (52.2%)
913	**WÓJCIK Anna**	**37**		K30	113	00:00:32	**00:31:11.80**	**00:31:44.25**	+00:14:53 (47.8%)	6:14	9.6 (52.2%)
914	**DANIELEK Piotr**	**909**		M40	177	00:01:13	**00:31:12.05**	**00:32:25.25**	+00:14:54 (47.8%)	6:14	9.6 (52.2%)
915	**MALINOWSKI Miłosz**	**789**		M20	115	00:01:52	**00:31:12.15**	**00:33:04.50**	+00:14:54 (47.8%)	6:14	9.6 (52.2%)
916	**CZARNECKI Marek**	**568**		M40	178	00:00:34	**00:31:13.85**	**00:31:48.50**	+00:14:56 (47.8%)	6:14	9.6 (52.2%)
917	**GUZIŃSKI Mateusz**	**902**		M20	116	00:01:50	**00:31:14.35**	**00:33:04.80**	+00:14:56 (47.8%)	6:14	9.6 (52.2%)
918	**PIECHOCIŃSKI Jarosław**	**1278**		M60	15	00:00:49	**00:31:14.40**	**00:32:03.95**	+00:14:56 (47.8%)	6:14	9.6 (52.2%)
919	**CZARNECKA Natalia**	**1164**		K20	82	00:00:34	**00:31:14.45**	**00:31:48.50**	+00:14:56 (47.8%)	6:14	9.6 (52.2%)
920	**KUŹBA Karolina**	**875**		K20	83	00:01:30	**00:31:17.95**	**00:32:48.40**	+00:15:00 (47.9%)	6:15	9.6 (52.2%)
921	**CIESIELSKA Agnieszka**	**1131**		K30	114	00:01:50	**00:31:18.40**	**00:33:08.55**	+00:15:00 (47.9%)	6:15	9.6 (52.2%)
922	**NOWICKA Marta**	**1277**	NIGHT RUNNERS	K30	115	00:01:20	**00:31:21.80**	**00:32:42.35**	+00:15:03 (48.0%)	6:16	9.6 (52.2%)
923	**NIEMCZEWSKA Zofia**	**1094**	ŁABISZYN RUNNERS	K30	116	00:01:10	**00:31:22.10**	**00:32:32.65**	+00:15:04 (48.0%)	6:16	9.6 (52.2%)
924	**DRESLERSKA Agnieszka**	**273**		K30	117	00:00:49	**00:31:24.00**	**00:32:13.15**	+00:15:06 (48.1%)	6:16	9.6 (52.2%)
925	**GRUŻEWSKI Jarosław**	**816**		M30	215	00:01:31	**00:31:24.55**	**00:32:56.00**	+00:15:06 (48.1%)	6:17	9.5 (51.6%)
926	**GRUŻEWSKA Justyna**	**815**		K30	118	00:01:31	**00:31:24.80**	**00:32:56.15**	+00:15:06 (48.1%)	6:17	9.5 (51.6%)
927	**SARNECKA Małgorzata**	**1210**		K40	67	00:01:19	**00:31:27.60**	**00:32:47.55**	+00:15:09 (48.2%)	6:17	9.5 (51.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
927	**LEWANDOWSKA Magdalena**	**1211**		K30	119	00:01:19	**00:31:27.60**	**00:32:47.50**	+00:15:09 (48.2%)	6:17	9.5 (51.6%)
929	**RATKE Kamil**	**1132**		M30	216	00:00:55	**00:31:27.70**	**00:32:23.25**	+00:15:09 (48.2%)	6:17	9.5 (51.6%)
930	**SIEROCKI Mikołaj**	**228**		M20	117	00:00:32	**00:31:30.15**	**00:32:02.80**	+00:15:12 (48.3%)	6:18	9.5 (51.6%)
931	**CHUDECKA Beata**	**608**		K40	68	00:01:26	**00:31:31.85**	**00:32:58.25**	+00:15:14 (48.3%)	6:18	9.5 (51.6%)
932	**AWIZEN Antoni**	**1060**	MYSLIWY	M60	16	00:00:06	**00:31:32.30**	**00:31:38.75**	+00:15:14 (48.3%)	6:18	9.5 (51.6%)
933	**SAMUL Ewa**	**506**		K30	120	00:01:57	**00:31:32.45**	**00:33:30.05**	+00:15:14 (48.3%)	6:18	9.5 (51.6%)
934	**SERAP Sinem**	**1214**		M30	217	00:01:19	**00:31:32.65**	**00:32:52.00**	+00:15:14 (48.3%)	6:18	9.5 (51.6%)
935	**KULEWICZ Natalia**	**1341**		K20	84	00:01:35	**00:31:33.75**	**00:33:09.35**	+00:15:15 (48.4%)	6:18	9.5 (51.6%)
936	**ARENDT Marlena**	**71**		K40	69	00:00:41	**00:31:33.85**	**00:32:15.55**	+00:15:16 (48.4%)	6:18	9.5 (51.6%)
937	**MIKOŁAJCZAK Magdalena**	**699**		K40	70	00:00:06	**00:31:34.10**	**00:31:40.55**	+00:15:16 (48.4%)	6:18	9.5 (51.6%)
938	**BIAŁOBŁOCKI Mariusz**	**1382**		M20	118	00:00:51	**00:31:34.25**	**00:32:26.05**	+00:15:16 (48.4%)	6:19	9.5 (51.6%)
939	**TUBISZ Dawid**	**1397**	NONE	M20	119	00:01:20	**00:31:35.75**	**00:32:56.55**	+00:15:17 (48.4%)	6:19	9.5 (51.6%)
940	**MROTEK Michał**	**1078**	QUAPRO TEAM	M40	179	00:01:33	**00:31:36.35**	**00:33:09.55**	+00:15:18 (48.4%)	6:19	9.5 (51.6%)
941	**KUBIAK Tomasz**	**1381**		M60	17	00:00:22	**00:31:36.90**	**00:31:59.80**	+00:15:19 (48.5%)	6:19	9.5 (51.6%)
942	**CHMARA Marzenna**	**1457**		K50	17	00:01:32	**00:31:37.15**	**00:33:09.85**	+00:15:19 (48.5%)	6:19	9.5 (51.6%)
943	**ŚMIELIŃSKA Nina**	**1311**		K20	85	00:00:32	**00:31:37.40**	**00:32:10.35**	+00:15:19 (48.5%)	6:19	9.5 (51.6%)
944	**KALISZEWSKA Agnieszka**	**578**		K30	121	00:00:47	**00:31:40.30**	**00:32:27.80**	+00:15:22 (48.5%)	6:20	9.5 (51.6%)
945	**ZIELIŃSKA Dorota**	**160**		K40	71	00:00:37	**00:31:41.20**	**00:32:18.50**	+00:15:23 (48.6%)	6:20	9.5 (51.6%)
946	**MEGER Agnieszka**	**599**		K40	72	00:01:18	**00:31:42.60**	**00:33:01.20**	+00:15:24 (48.6%)	6:20	9.5 (51.6%)
947	**ZAMIATOWSKA Kinga**	**509**	BELLA LINE BDG	K40	73	00:01:17	**00:31:44.30**	**00:33:01.40**	+00:15:26 (48.7%)	6:20	9.5 (51.6%)
948	**SKRZĄTEK Anna**	**937**		K40	74	00:01:16	**00:31:45.05**	**00:33:01.45**	+00:15:27 (48.7%)	6:21	9.4 (51.1%)
949	**SAWIEŁAJC Michał**	**1399**		M40	180	00:00:32	**00:31:45.35**	**00:32:18.00**	+00:15:27 (48.7%)	6:21	9.4 (51.1%)
950	**DĘBCZYŃSKA Agnieszka**	**407**	DOBRY KLIMAT	K40	75	00:01:53	**00:31:46.00**	**00:33:39.45**	+00:15:28 (48.7%)	6:21	9.4 (51.1%)
951	**BRĄGIEL Anna**	**1026**	VEGE RUNNERS	K30	122	00:01:36	**00:31:46.10**	**00:33:22.35**	+00:15:28 (48.7%)	6:21	9.4 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
952	**KLINIKOWSKI Jacek**	**658**	KOCHAM ZYCIE I...	M50	52	00:00:21	**00:31:46.95**	**00:32:08.45**	+00:15:29 (48.7%)	6:21	9.4 (51.1%)
953	**POGORZELSKA Bogusia**	**1490**		K40	76	00:00:19	**00:31:48.85**	**00:32:08.30**	+00:15:31 (48.8%)	6:21	9.4 (51.1%)
954	**WRZESIŃSKA Katarzyna**	**1300**		K20	86	00:01:36	**00:31:50.05**	**00:33:26.20**	+00:15:32 (48.8%)	6:22	9.4 (51.1%)
955	**GÓRALEWSKA Dominika**	**257**		K20	87	00:00:37	**00:31:51.50**	**00:32:28.85**	+00:15:33 (48.8%)	6:22	9.4 (51.1%)
956	**WIŚNIEWSKI Grzegorz**	**1444**		M30	218	00:01:16	**00:31:51.75**	**00:33:07.85**	+00:15:33 (48.9%)	6:22	9.4 (51.1%)
957	**JABŁONKA Marta**	**425**		K20	88	00:01:38	**00:31:52.05**	**00:33:30.90**	+00:15:34 (48.9%)	6:22	9.4 (51.1%)
958	**CIŻMOWSKA Anna**	**246**		K30	123	00:00:35	**00:31:53.65**	**00:32:29.35**	+00:15:35 (48.9%)	6:22	9.4 (51.1%)
959	**SŁOWIŃSKA Marta**	**1359**		K30	124	00:01:05	**00:31:53.70**	**00:32:59.25**	+00:15:35 (48.9%)	6:22	9.4 (51.1%)
960	**DEMBEK Maciej**	**364**	LOSKUMPLOS	M20	120	00:01:10	**00:31:55.15**	**00:33:05.55**	+00:15:37 (48.9%)	6:23	9.4 (51.1%)
961	**DEMBEK Magdalena**	**424**		K30	125	00:01:09	**00:31:55.80**	**00:33:05.40**	+00:15:37 (49.0%)	6:23	9.4 (51.1%)
962	**PAPROCKA Małgosia**	**710**		K50	18	00:00:46	**00:31:56.00**	**00:32:42.00**	+00:15:38 (49.0%)	6:23	9.4 (51.1%)
963	**KRUK Anna**	**377**		K40	77	00:01:12	**00:31:56.75**	**00:33:08.90**	+00:15:38 (49.0%)	6:23	9.4 (51.1%)
964	**GACKOWSKI Edward**	**1250**	BYDGOSZCZ NA START	M60	18	00:01:01	**00:31:56.80**	**00:32:58.50**	+00:15:38 (49.0%)	6:23	9.4 (51.1%)
965	**WŁOSIŃSKA Paulina**	**591**		K20	89	00:01:12	**00:31:58.60**	**00:33:10.65**	+00:15:40 (49.0%)	6:23	9.4 (51.1%)
966	**KAŹMIERCZAK Monika**	**666**		K30	126	00:01:26	**00:31:58.85**	**00:33:25.45**	+00:15:41 (49.0%)	6:23	9.4 (51.1%)
967	**ŁABĘCKI Kordian**	**263**		M20	121	00:01:53	**00:31:59.45**	**00:33:52.85**	+00:15:41 (49.1%)	6:23	9.4 (51.1%)
968	**MAZUR Krzysztof**	**741**	BIEGAJ Z DĘBAMI	M60	19	00:00:28	**00:31:59.70**	**00:32:28.65**	+00:15:41 (49.1%)	6:24	9.4 (51.1%)
969	**ZDUNKIEWICZ Filip**	**660**		M10	36	00:02:01	**00:32:00.75**	**00:34:01.90**	+00:15:42 (49.1%)	6:24	9.4 (51.1%)
970	**LEWANDOWSKA Piotr**	**466**		M40	181	00:01:45	**00:32:01.05**	**00:33:46.50**	+00:15:43 (49.1%)	6:24	9.4 (51.1%)
971	**STELMASZEK Patryk**	**672**		M10	37	00:02:02	**00:32:01.25**	**00:34:03.35**	+00:15:43 (49.1%)	6:24	9.4 (51.1%)
972	**JASIAK Joanna**	**923**		K30	127	00:01:32	**00:32:01.95**	**00:33:34.55**	+00:15:44 (49.1%)	6:24	9.4 (51.1%)
973	**MAKOWSKA Justyna**	**976**	TASAK TEAM	K40	78	00:01:24	**00:32:02.40**	**00:33:27.35**	+00:15:44 (49.1%)	6:24	9.4 (51.1%)
973	**STEFAŃSKA Wiesława**	**751**		K30	128	00:02:01	**00:32:02.40**	**00:34:03.50**	+00:15:44 (49.1%)	6:24	9.4 (51.1%)
975	**ZDUNKIEWICZ Marcin**	**661**		M30	219	00:02:01	**00:32:03.35**	**00:34:04.80**	+00:15:45 (49.2%)	6:24	9.4 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
976	**JAWORSKI Daniel**	**187**		M20	122	00:00:41	**00:32:04.20**	**00:32:46.10**	+00:15:46 (49.2%)	6:25	9.4 (51.1%)
977	**ZDUNKIEWICZ Hanna**	**659**		K30	129	00:02:02	**00:32:04.25**	**00:34:07.10**	+00:15:46 (49.2%)	6:25	9.4 (51.1%)
978	**LEWANDOWSKA Beata**	**467**		K40	79	00:01:42	**00:32:04.35**	**00:33:46.55**	+00:15:46 (49.2%)	6:24	9.4 (51.1%)
979	**STACHEWICZ Sławomir**	**1007**		M40	182	00:00:22	**00:32:05.45**	**00:32:28.05**	+00:15:47 (49.2%)	6:25	9.3 (50.5%)
980	**RADZIŃSKA Joanna**	**366**	EXIMO EXTREME TEAM	K30	130	00:01:37	**00:32:05.80**	**00:33:43.75**	+00:15:47 (49.2%)	6:25	9.3 (50.5%)
981	**RADZIEJEWSKA Grażyna**	**531**		K50	19	00:01:13	**00:32:06.25**	**00:33:20.10**	+00:15:48 (49.2%)	6:25	9.3 (50.5%)
982	**GŁOWACKA Daria**	**1268**		K30	131	00:01:32	**00:32:06.35**	**00:33:38.35**	+00:15:48 (49.2%)	6:25	9.3 (50.5%)
983	**KURKUS Kamila**	**1401**		K20	90	00:00:52	**00:32:06.55**	**00:32:59.10**	+00:15:48 (49.2%)	6:25	9.3 (50.5%)
984	**KRYSZAK Maria**	**1068**		K20	91	00:00:51	**00:32:06.95**	**00:32:58.20**	+00:15:49 (49.3%)	6:25	9.3 (50.5%)
985	**KOWALSKA Irena**	**851**		K60	5	00:00:48	**00:32:08.00**	**00:32:56.55**	+00:15:50 (49.3%)	6:25	9.3 (50.5%)
986	**LUBIENIECKA Aleksandra**	**986**		K20	92	00:00:58	**00:32:08.50**	**00:33:07.35**	+00:15:50 (49.3%)	6:25	9.3 (50.5%)
987	**KATLEWSKA Marika**	**700**		K30	132	00:01:38	**00:32:08.70**	**00:33:47.30**	+00:15:50 (49.3%)	6:25	9.3 (50.5%)
988	**KATLEWSKI Marcin**	**702**		M30	220	00:01:38	**00:32:09.15**	**00:33:47.40**	+00:15:51 (49.3%)	6:25	9.3 (50.5%)
989	**NOSKOWIAK-BAJNO Alicja**	**185**		K40	80	00:01:45	**00:32:11.65**	**00:33:57.40**	+00:15:53 (49.4%)	6:26	9.3 (50.5%)
990	**BŁASZKIEWICZ Marzena**	**310**	CHOŁE KŁÓLIKI	K40	81	00:01:46	**00:32:11.85**	**00:33:57.85**	+00:15:54 (49.4%)	6:26	9.3 (50.5%)
991	**PIEKARZ Slawek**	**1284**		M20	123	00:01:58	**00:32:12.10**	**00:34:10.60**	+00:15:54 (49.4%)	6:26	9.3 (50.5%)
992	**KACZYŃSKI Rafał**	**305**		M30	221	00:01:45	**00:32:12.30**	**00:33:57.45**	+00:15:54 (49.4%)	6:26	9.3 (50.5%)
993	**KILIŃSKA Magdalena**	**193**	HELIX POMATIA	K30	133	00:00:40	**00:32:13.20**	**00:32:54.05**	+00:15:55 (49.4%)	6:26	9.3 (50.5%)
994	**MARCHLEWSKA Dorota**	**512**		K40	82	00:00:48	**00:32:13.50**	**00:33:02.40**	+00:15:55 (49.4%)	6:26	9.3 (50.5%)
995	**ORŁOWSKA Katarzyna**	**510**		K50	20	00:00:48	**00:32:14.50**	**00:33:02.75**	+00:15:56 (49.5%)	6:26	9.3 (50.5%)
996	**BANASIK Marcin**	**1334**	WPL	M20	124	00:01:44	**00:32:15.65**	**00:33:59.95**	+00:15:57 (49.5%)	6:27	9.3 (50.5%)
997	**RYBCZYŃSKI Grzegorz**	**756**		M20	125	00:01:33	**00:32:16.70**	**00:33:50.10**	+00:15:58 (49.5%)	6:27	9.3 (50.5%)
998	**WUDNIAK Agnieszka**	**417**		K40	83	00:00:17	**00:32:17.75**	**00:32:34.95**	+00:15:59 (49.5%)	6:27	9.3 (50.5%)
999	**MICHAŁOWSKI Krzysztof**	**1435**		M40	183	00:01:54	**00:32:17.85**	**00:34:12.55**	+00:16:00 (49.5%)	6:27	9.3 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1000	**KOCZOROWSKA Kamila**	**190**		K30	134	00:00:30	**00:32:18.10**	**00:32:48.95**	+00:16:00 (49.5%)	6:27	9.3 (50.5%)
1001	**LICA Ewa**	**1034**		K40	84	00:01:09	**00:32:19.40**	**00:33:29.00**	+00:16:01 (49.6%)	6:28	9.3 (50.5%)
1002	**TRUŚ Karolina**	**1362**		K30	135	00:01:38	**00:32:20.00**	**00:33:58.60**	+00:16:02 (49.6%)	6:28	9.3 (50.5%)
1003	**ZAWADZKI Wojciech**	**1032**		M40	184	00:01:09	**00:32:20.20**	**00:33:29.55**	+00:16:02 (49.6%)	6:28	9.3 (50.5%)
1004	**BALCERZAK - DANILEWICZ Katarzyna**	**370**		K30	136	00:01:46	**00:32:21.00**	**00:34:07.30**	+00:16:03 (49.6%)	6:28	9.3 (50.5%)
1005	**KUJAWA Magdalena**	**1366**		K30	137	00:01:09	**00:32:21.55**	**00:33:30.70**	+00:16:03 (49.6%)	6:28	9.3 (50.5%)
1006	**KUJAWA Przemysław**	**1369**		M30	222	00:01:08	**00:32:22.15**	**00:33:30.90**	+00:16:04 (49.7%)	6:28	9.3 (50.5%)
1007	**BARANEK Sebastian**	**998**		M30	223	00:01:50	**00:32:22.50**	**00:34:13.15**	+00:16:04 (49.7%)	6:28	9.3 (50.5%)
1008	**TOMCZAK Krzysztof**	**66**	DZIUPLA KOMPANY	M30	224	00:00:53	**00:32:22.60**	**00:33:16.45**	+00:16:04 (49.7%)	6:28	9.3 (50.5%)
1009	**JANKOWSKI Rafał**	**30**		M40	185	00:01:58	**00:32:23.85**	**00:34:22.10**	+00:16:06 (49.7%)	6:28	9.3 (50.5%)
1010	**WOŹNICKI Marcin**	**322**		M10	38	00:01:35	**00:32:24.75**	**00:34:00.55**	+00:16:06 (49.7%)	6:29	9.3 (50.5%)
1011	**ZAWORSKA Anna**	**988**		K20	93	00:00:27	**00:32:25.70**	**00:32:52.75**	+00:16:07 (49.7%)	6:29	9.3 (50.5%)
1012	**SKIBIŃSKA Paulina**	**579**		K30	138	00:01:17	**00:32:26.55**	**00:33:44.05**	+00:16:08 (49.8%)	6:29	9.2 (50.0%)
1013	**KUBICKA Sandra**	**1283**		K20	94	00:01:24	**00:32:26.60**	**00:33:50.95**	+00:16:08 (49.8%)	6:29	9.2 (50.0%)
1014	**MĄDRY Wojciech**	**1108**		M30	225	00:01:58	**00:32:27.50**	**00:34:26.25**	+00:16:09 (49.8%)	6:29	9.2 (50.0%)
1015	**RATAJCZAK Arleta**	**303**		K40	85	00:01:29	**00:32:28.30**	**00:33:57.40**	+00:16:10 (49.8%)	6:29	9.2 (50.0%)
1016	**LELEWSKA Aleksandra**	**528**		K20	95	00:00:42	**00:32:28.70**	**00:33:11.20**	+00:16:10 (49.8%)	6:29	9.2 (50.0%)
1017	**SKÓRCZ Tomasz**	**334**		M50	53	00:01:41	**00:32:29.80**	**00:34:11.25**	+00:16:11 (49.8%)	6:30	9.2 (50.0%)
1018	**KUKOWSKI Artur**	**1451**		M30	226	00:01:59	**00:32:30.30**	**00:34:29.40**	+00:16:12 (49.9%)	6:30	9.2 (50.0%)
1019	**PIONTEK Elżbieta**	**62**		K60	6	00:00:40	**00:32:30.45**	**00:33:10.50**	+00:16:12 (49.9%)	6:30	9.2 (50.0%)
1020	**KRZYŻAŃSKI Przemysław**	**1233**	BYDGOSZCZ TRIATHLON TEAM	M40	186	00:01:41	**00:32:34.25**	**00:34:15.50**	+00:16:16 (50.0%)	6:30	9.2 (50.0%)
1021	**KRZYŻAŃSKA Pola**	**1232**	BYDGOSZCZ TRIATHLON TEAM	K10	18	00:01:41	**00:32:34.40**	**00:34:15.80**	+00:16:16 (50.0%)	6:30	9.2 (50.0%)
1022	**ANDRUSEWICZ Hanna**	**1348**		K40	86	00:01:47	**00:32:34.55**	**00:34:21.85**	+00:16:16 (50.0%)	6:30	9.2 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1022	**OLSZAŃSKI Jakub**	**533**		M30	227	00:00:50	**00:32:34.55**	**00:33:25.35**	+00:16:16 (50.0%)	6:31	9.2 (50.0%)
1024	**MATUSZEWSKA Agnieszka**	**1046**		K30	139	00:01:31	**00:32:35.40**	**00:34:06.45**	+00:16:17 (50.0%)	6:31	9.2 (50.0%)
1025	**ŻURAWSKI Michał**	**230**	RUN LOTTO-BYDGOSTIA	M40	187	00:01:54	**00:32:35.95**	**00:34:30.90**	+00:16:18 (50.0%)	6:31	9.2 (50.0%)
1025	**ANDRZEJCZAK Natalia**	**822**		K20	96	00:00:25	**00:32:35.95**	**00:33:01.40**	+00:16:18 (50.0%)	6:31	9.2 (50.0%)
1027	**PIETRZAK Anna**	**254**		K20	97	00:01:19	**00:32:37.00**	**00:33:56.70**	+00:16:19 (50.0%)	6:31	9.2 (50.0%)
1028	**SKULSKA Aleksandra**	**1442**		K10	19	00:01:28	**00:32:38.75**	**00:34:06.80**	+00:16:20 (50.1%)	6:31	9.2 (50.0%)
1029	**NOWACZEWSKA Paulina**	**288**		K30	140	00:01:34	**00:32:38.95**	**00:34:12.95**	+00:16:21 (50.1%)	6:31	9.2 (50.0%)
1030	**SIEDLECKI Rafał**	**355**		M20	126	00:01:03	**00:32:39.10**	**00:33:43.00**	+00:16:21 (50.1%)	6:32	9.2 (50.0%)
1030	**WOŹNICKI Tomasz**	**327**		M40	188	00:01:36	**00:32:39.10**	**00:34:15.65**	+00:16:21 (50.1%)	6:31	9.2 (50.0%)
1032	**PRZYMORSKA-WIERCIOCH Joanna**	**1116**	KDK KOŚCIÓŁ DLA KAŻDEGO	K30	141	00:00:53	**00:32:39.65**	**00:33:32.80**	+00:16:21 (50.1%)	6:31	9.2 (50.0%)
1033	**GRUSZKA Marek**	**634**	NIEZRZESZONY	M50	54	00:00:34	**00:32:41.45**	**00:33:15.50**	+00:16:23 (50.1%)	6:32	9.2 (50.0%)
1034	**STADNICKA Katarzyna**	**1223**	PRLBMX	M30	228	00:01:09	**00:32:43.05**	**00:33:53.00**	+00:16:25 (50.2%)	6:32	9.2 (50.0%)
1035	**STANISŁAW Deptuła**	**494**	NIEZRZESZONY	M10	39	00:01:05	**00:32:43.70**	**00:33:49.20**	+00:16:25 (50.2%)	6:32	9.2 (50.0%)
1036	**KUŹNIEWSKA Aleksandra**	**1168**		K30	142	00:01:07	**00:32:45.15**	**00:33:52.85**	+00:16:27 (50.2%)	6:33	9.2 (50.0%)
1037	**BIEŃ-KACAŁA Agnieszka**	**1152**		K40	87	00:01:39	**00:32:45.65**	**00:34:24.90**	+00:16:27 (50.3%)	6:33	9.2 (50.0%)
1038	**VAZQUEZ Alicia**	**897**		K30	143	00:01:39	**00:32:45.75**	**00:34:25.45**	+00:16:27 (50.3%)	6:33	9.2 (50.0%)
1039	**ŻOŁNIERKIEWICZ Agata**	**1288**		K20	98	00:01:43	**00:32:45.80**	**00:34:29.40**	+00:16:27 (50.3%)	6:33	9.2 (50.0%)
1040	**OLEJNICZAK Hanna**	**1470**		K30	144	00:00:29	**00:32:46.50**	**00:33:16.15**	+00:16:28 (50.3%)	6:33	9.2 (50.0%)
1041	**BANASZAK Arleta**	**637**		K40	88	00:00:59	**00:32:49.00**	**00:33:48.05**	+00:16:31 (50.3%)	6:33	9.1 (49.5%)
1042	**DERDA Rafał**	**1100**		M50	55	00:01:14	**00:32:50.35**	**00:34:04.90**	+00:16:32 (50.4%)	6:34	9.1 (49.5%)
1043	**TWARDOWSKI Wojciech**	**865**	RUN BYDGOSZCZ	M50	56	00:01:10	**00:32:50.65**	**00:34:01.55**	+00:16:32 (50.4%)	6:34	9.1 (49.5%)
1044	**DERDA Hanna**	**1099**		K50	21	00:01:12	**00:32:52.35**	**00:34:04.95**	+00:16:34 (50.4%)	6:34	9.1 (49.5%)
1045	**NITKA Adam**	**283**		M50	57	00:01:39	**00:32:55.75**	**00:34:35.25**	+00:16:37 (50.5%)	6:35	9.1 (49.5%)
1046	**DOMACHOWSKI Filip**	**1281**		M20	127	00:01:57	**00:32:56.80**	**00:34:54.75**	+00:16:38 (50.5%)	6:35	9.1 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1047	**GRABSKA-ZIELIŃSKA Sylwia**	**11**		K20	99	00:00:35	**00:33:01.00**	**00:33:36.25**	+00:16:43 (50.6%)	6:36	9.1 (49.5%)
1048	**GROMOWSKA Grażyna**	**920**	TKKF KOLEJARZ BYDGOSZCZ	K50	22	00:01:18	**00:33:01.55**	**00:34:20.15**	+00:16:43 (50.7%)	6:36	9.1 (49.5%)
1049	**PALIŃSKI Grzegorz**	**1004**		M40	189	00:01:51	**00:33:01.95**	**00:34:53.75**	+00:16:44 (50.7%)	6:36	9.1 (49.5%)
1050	**PORCZEK Jarosław**	**1390**		M20	128	00:01:09	**00:33:02.55**	**00:34:11.80**	+00:16:44 (50.7%)	6:36	9.1 (49.5%)
1051	**ASTUKIEWICZ Julia**	**1448**		K20	100	00:01:54	**00:33:02.60**	**00:34:56.75**	+00:16:44 (50.7%)	6:36	9.1 (49.5%)
1052	**RYDZYŃSKA Adrianna**	**1389**		K20	101	00:01:08	**00:33:02.85**	**00:34:11.50**	+00:16:45 (50.7%)	6:36	9.1 (49.5%)
1053	**KWIATKOWSKA Joanna**	**730**	ŚWIECIE	K30	145	00:01:00	**00:33:03.25**	**00:34:03.30**	+00:16:45 (50.7%)	6:36	9.1 (49.5%)
1054	**SKÓRCZ Małgorzata**	**333**		K50	23	00:01:41	**00:33:03.45**	**00:34:44.70**	+00:16:45 (50.7%)	6:36	9.1 (49.5%)
1055	**WOJCIECH Deptuła**	**490**	NIEZRZESZONY	M60	20	00:01:06	**00:33:04.50**	**00:34:10.65**	+00:16:46 (50.7%)	6:36	9.1 (49.5%)
1056	**MARĆ Agnieszka**	**840**		K40	89	00:01:19	**00:33:04.75**	**00:34:23.75**	+00:16:46 (50.7%)	6:36	9.1 (49.5%)
1057	**WYSOCKA Kiara**	**1443**		K10	20	00:01:48	**00:33:05.00**	**00:34:53.80**	+00:16:47 (50.7%)	6:37	9.1 (49.5%)
1058	**NOWAKOWSKA Marta**	**796**	DEAF GARMIN	K30	146	00:00:29	**00:33:05.05**	**00:33:34.25**	+00:16:47 (50.7%)	6:37	9.1 (49.5%)
1059	**BUDZIAK Tymoteusz**	**311**		M10	40	00:02:06	**00:33:08.15**	**00:35:14.35**	+00:16:50 (50.8%)	6:37	9.1 (49.5%)
1060	**SZPERA Joanna**	**563**		K40	90	00:00:51	**00:33:08.20**	**00:34:00.05**	+00:16:50 (50.8%)	6:37	9 (48.9%)
1061	**BIELUSZEWSKA Mirela**	**771**	BBKTS	K30	147	00:02:02	**00:33:09.10**	**00:35:11.50**	+00:16:51 (50.8%)	6:37	9 (48.9%)
1062	**MICHTA Iwona**	**728**	SPÓJNIA BIAŁE BŁOTA	K30	148	00:02:02	**00:33:09.70**	**00:35:11.90**	+00:16:51 (50.9%)	6:37	9 (48.9%)
1063	**FARBOTKO Ania**	**1038**	FOREST GANG	K40	91	00:00:26	**00:33:12.20**	**00:33:38.35**	+00:16:54 (50.9%)	6:38	9 (48.9%)
1064	**JAKUBOWSKA Beata**	**1138**	ELTRA W BIEGU	K40	92	00:01:15	**00:33:12.30**	**00:34:28.20**	+00:16:54 (50.9%)	6:38	9 (48.9%)
1065	**PANTKOWSKA Karolina**	**1107**		K30	149	00:01:57	**00:33:12.35**	**00:35:10.25**	+00:16:54 (50.9%)	6:38	9 (48.9%)
1066	**TARASIEWICZ Maciej**	**565**		M20	129	00:00:46	**00:33:12.95**	**00:33:59.85**	+00:16:55 (50.9%)	6:38	9 (48.9%)
1067	**BUDZIAK Zuzanna**	**312**		K10	21	00:02:06	**00:33:14.00**	**00:35:20.30**	+00:16:56 (51.0%)	6:38	9 (48.9%)
1068	**ZŁAKOWSKA Amelia**	**678**		K10	22	00:01:37	**00:33:14.20**	**00:34:51.75**	+00:16:56 (51.0%)	6:38	9 (48.9%)
1069	**BUDZIAK Bartosz**	**100**		M40	190	00:02:06	**00:33:14.30**	**00:35:20.30**	+00:16:56 (51.0%)	6:38	9 (48.9%)
1069	**KUBIAK Katarzyna**	**1380**		K30	150	00:00:22	**00:33:14.30**	**00:33:36.95**	+00:16:56 (51.0%)	6:38	9 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1071	**BURSKA Malgorzata**	**1413**		K30	151	00:00:21	**00:33:15.55**	**00:33:36.55**	+00:16:57 (51.0%)	6:39	9 (48.9%)
1072	**NOWAK Natalia**	**1027**		K18	5	00:01:22	**00:33:16.45**	**00:34:39.40**	+00:16:58 (51.0%)	6:39	9 (48.9%)
1073	**WIŚNIEWSKA Beata**	**643**		K20	102	00:01:48	**00:33:17.15**	**00:35:05.95**	+00:16:59 (51.0%)	6:39	9 (48.9%)
1074	**WOŹNIAK Kinga**	**1061**		M30	229	00:00:04	**00:33:17.35**	**00:33:21.55**	+00:16:59 (51.0%)	6:39	9 (48.9%)
1075	**RUTKOWSKA Kinga**	**595**		K20	103	00:01:26	**00:33:18.05**	**00:34:44.30**	+00:17:00 (51.1%)	6:39	9 (48.9%)
1076	**KWASIGROCH Aleksandra**	**1310**		K30	152	00:01:07	**00:33:19.10**	**00:34:26.35**	+00:17:01 (51.1%)	6:39	9 (48.9%)
1077	**SZYMAŃSKA Alicja**	**1187**	FUNDACJA WIELKA RODZINA	K30	153	00:01:23	**00:33:19.40**	**00:34:42.65**	+00:17:01 (51.1%)	6:39	9 (48.9%)
1078	**ZMUDZIŃSKA Anna**	**940**	TEAM RUN KCYNIA	K40	93	00:01:42	**00:33:20.10**	**00:35:03.05**	+00:17:02 (51.1%)	6:40	9 (48.9%)
1079	**CELUSTA Sylwia**	**935**	IMMORTAL	K40	94	00:01:40	**00:33:22.15**	**00:35:02.20**	+00:17:04 (51.2%)	6:40	9 (48.9%)
1080	**PIÓRKOWSKA Aga**	**12**	BRB BYDGOSZCZ	K40	95	00:01:23	**00:33:26.05**	**00:34:49.40**	+00:17:08 (51.3%)	6:41	9 (48.9%)
1081	**KONDEK Jakub**	**1394**		M40	191	00:02:09	**00:33:26.15**	**00:35:35.15**	+00:17:08 (51.3%)	6:41	9 (48.9%)
1082	**ARAGONES Amandine**	**1478**		K30	154	00:01:28	**00:33:29.40**	**00:34:57.60**	+00:17:11 (51.3%)	6:41	9 (48.9%)
1083	**DEFEMME Céline**	**938**		K30	155	00:01:27	**00:33:30.20**	**00:34:57.40**	+00:17:12 (51.4%)	6:42	9 (48.9%)
1084	**DANIELEK Adam**	**31**	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M40	192	00:02:02	**00:33:30.60**	**00:35:32.65**	+00:17:12 (51.4%)	6:42	9 (48.9%)
1085	**MUCHA-BOINSKA Anna**	**1347**		K30	156	00:00:54	**00:33:31.75**	**00:34:26.05**	+00:17:13 (51.4%)	6:42	8.9 (48.4%)
1086	**POCZWARDOWSKA Wioletta**	**1177**		K40	96	00:01:27	**00:33:32.05**	**00:34:59.50**	+00:17:14 (51.4%)	6:42	8.9 (48.4%)
1087	**MAJEWSKI Mirosław**	**1338**		M60	21	00:01:33	**00:33:32.20**	**00:35:05.25**	+00:17:14 (51.4%)	6:42	8.9 (48.4%)
1088	**PRZYGOCKA Katarzyna**	**401**		K30	157	00:00:54	**00:33:32.80**	**00:34:27.10**	+00:17:14 (51.4%)	6:42	8.9 (48.4%)
1089	**GUL Justyna**	**1339**		K30	158	00:00:25	**00:33:33.55**	**00:33:58.90**	+00:17:15 (51.4%)	6:42	8.9 (48.4%)
1090	**RYBICKA Anna**	**765**		K40	97	00:00:25	**00:33:33.80**	**00:33:59.15**	+00:17:15 (51.4%)	6:42	8.9 (48.4%)
1091	**WIŚNIEWSKA Katarzyna**	**486**		M20	130	00:00:24	**00:33:34.20**	**00:33:59.05**	+00:17:16 (51.5%)	6:43	8.9 (48.4%)
1092	**KLUZA Marta**	**1162**		K20	104	00:01:21	**00:33:35.00**	**00:34:56.25**	+00:17:17 (51.5%)	6:43	8.9 (48.4%)
1093	**NIEDBALSKI Bartłomiej**	**316**		M40	193	00:01:01	**00:33:35.65**	**00:34:36.90**	+00:17:17 (51.5%)	6:43	8.9 (48.4%)
1094	**ORLIŃSKI Andrzej**	**990**		M40	194	00:01:40	**00:33:36.45**	**00:35:16.50**	+00:17:18 (51.5%)	6:43	8.9 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1095	**KAMINSKA Julia**	**1357**		K10	23	00:01:24	**00:33:37.30**	**00:35:02.00**	+00:17:19 (51.5%)	6:43	8.9 (48.4%)
1096	**JADCZAK Katarzyna**	**650**		K40	98	00:00:46	**00:33:38.70**	**00:34:25.30**	+00:17:20 (51.6%)	6:43	8.9 (48.4%)
1097	**WINIARZ Karolina**	**1183**		K30	159	00:00:52	**00:33:39.25**	**00:34:31.35**	+00:17:21 (51.6%)	6:43	8.9 (48.4%)
1098	**URBAŃSKA Agnieszka**	**209**		K40	99	00:00:22	**00:33:39.40**	**00:34:01.50**	+00:17:21 (51.6%)	6:43	8.9 (48.4%)
1099	**PIÓRKOWSKA Anna**	**13**		K40	100	00:01:01	**00:33:39.60**	**00:34:40.75**	+00:17:21 (51.6%)	6:43	8.9 (48.4%)
1100	**DUDZIAK Michał**	**489**	CPR BYDGOSZCZ	M30	230	00:02:07	**00:33:42.35**	**00:35:49.95**	+00:17:24 (51.6%)	6:44	8.9 (48.4%)
1101	**PILECKI Gustaw**	**1051**	BRZOZA BIEGA	M60	22	00:00:12	**00:33:43.50**	**00:33:56.35**	+00:17:25 (51.7%)	6:44	8.9 (48.4%)
1102	**TARNOWSKA Anna**	**1500**		K40	101	00:01:09	**00:33:44.30**	**00:34:53.95**	+00:17:26 (51.7%)	6:44	8.9 (48.4%)
1102	**MALCZEWSKA Mirka**	**189**		K60	7	00:02:01	**00:33:44.30**	**00:35:46.15**	+00:17:26 (51.7%)	6:45	8.9 (48.4%)
1104	**BIERYT Magdalena**	**1105**	POLIFAX POLIGRAFIA I REKLAMA	K20	105	00:01:58	**00:33:44.80**	**00:35:43.60**	+00:17:26 (51.7%)	6:45	8.9 (48.4%)
1105	**DZIEWIECZYŃSKA Zuzanna**	**926**		K10	24	00:01:13	**00:33:46.10**	**00:34:59.95**	+00:17:28 (51.7%)	6:45	8.9 (48.4%)
1106	**GRABSKA Patrycja**	**25**		K20	106	00:00:37	**00:33:46.85**	**00:34:24.15**	+00:17:29 (51.8%)	6:45	8.9 (48.4%)
1107	**KEMPA Marek**	**833**		M40	195	00:01:22	**00:33:47.15**	**00:35:10.05**	+00:17:29 (51.8%)	6:45	8.9 (48.4%)
1108	**KEMPA Beata**	**1212**		M40	196	00:01:22	**00:33:47.95**	**00:35:09.95**	+00:17:30 (51.8%)	6:45	8.9 (48.4%)
1109	**SOKÓŁ Justyna**	**1209**		K20	107	00:00:57	**00:33:48.90**	**00:34:46.15**	+00:17:31 (51.8%)	6:45	8.9 (48.4%)
1110	**DZIEWIECZYŃSKI Maciej**	**427**		M30	231	00:01:12	**00:33:50.15**	**00:35:02.60**	+00:17:32 (51.8%)	6:46	8.9 (48.4%)
1111	**GURYN Wiktor**	**169**	ZIELONY PELIKAN	M30	232	00:00:59	**00:33:52.90**	**00:34:52.75**	+00:17:35 (51.9%)	6:46	8.9 (48.4%)
1112	**PIOTROWSKI Dawid**	**1092**		M10	41	00:02:06	**00:33:53.15**	**00:35:59.15**	+00:17:35 (51.9%)	6:46	8.9 (48.4%)
1113	**KĄTNIK Dorota**	**717**	RUN PASJA	M30	233	00:01:18	**00:33:55.75**	**00:35:13.80**	+00:17:37 (52.0%)	6:47	8.8 (47.8%)
1114	**BIERYT Arkadiusz**	**1150**	POLI-FAX AGENCJA REKLAMOWA UL. BOCZNA 10	M50	58	00:01:59	**00:33:56.15**	**00:35:56.10**	+00:17:38 (52.0%)	6:47	8.8 (47.8%)
1115	**ADASZAK Katarzyna**	**1263**	RUN PASJA	K30	160	00:01:17	**00:33:56.75**	**00:35:14.10**	+00:17:38 (52.0%)	6:47	8.8 (47.8%)
1116	**SACKREUTER Jeremie**	**882**		M40	197	00:01:49	**00:33:57.75**	**00:35:47.60**	+00:17:39 (52.0%)	6:47	8.8 (47.8%)
1117	**GSTALTER Stephanie**	**1293**		K30	161	00:01:27	**00:33:57.80**	**00:35:25.55**	+00:17:39 (52.0%)	6:47	8.8 (47.8%)
1118	**SACKREUTER Martina**	**881**		K30	162	00:01:49	**00:33:58.15**	**00:35:47.20**	+00:17:40 (52.0%)	6:47	8.8 (47.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1119	**OSTROWSKA Renata**	**676**		K40	102	00:00:39	**00:34:00.05**	**00:34:39.30**	+00:17:42 (52.1%)	6:48	8.8 (47.8%)
1120	**MIŁKOWSKA Monika**	**166**	RUN BYDGOSZCZ	K40	103	00:01:14	**00:34:00.65**	**00:35:14.85**	+00:17:42 (52.1%)	6:48	8.8 (47.8%)
1121	**ORLOWSKA Agnieszka**	**950**	CS GROUP RUNNERS TEAM	K40	104	00:01:48	**00:34:02.10**	**00:35:50.45**	+00:17:44 (52.1%)	6:48	8.8 (47.8%)
1122	**FILIPIAK Tobiasz**	**1349**		M20	131	00:01:42	**00:34:02.30**	**00:35:45.25**	+00:17:44 (52.1%)	6:48	8.8 (47.8%)
1123	**SZCZUPAKOWSKA Lucyna**	**1289**		K20	108	00:01:42	**00:34:02.35**	**00:35:45.20**	+00:17:44 (52.1%)	6:48	8.8 (47.8%)
1124	**JANKOWSKA Agnieszka**	**948**	CS GROUP RUNNERS TEAM	K30	163	00:01:47	**00:34:02.60**	**00:35:50.25**	+00:17:44 (52.1%)	6:48	8.8 (47.8%)
1125	**ZABIELSKI Wojtek**	**831**	CS GROUP RUNNERS TEAM	M20	132	00:01:47	**00:34:02.75**	**00:35:50.00**	+00:17:44 (52.1%)	6:48	8.8 (47.8%)
1126	**NOWAK Paulina**	**262**		K20	109	00:01:33	**00:34:03.90**	**00:35:37.65**	+00:17:46 (52.2%)	6:48	8.8 (47.8%)
1127	**WIŚNIEWSKA Nicole**	**991**		K20	110	00:02:05	**00:34:10.00**	**00:36:15.65**	+00:17:52 (52.3%)	6:50	8.8 (47.8%)
1128	**KUCZYŃSKA Agnieszka**	**1320**		K30	164	00:01:24	**00:34:10.60**	**00:35:35.15**	+00:17:52 (52.3%)	6:50	8.8 (47.8%)
1129	**DZBANUSZEK Joanna**	**294**		K20	111	00:01:53	**00:34:10.85**	**00:36:04.50**	+00:17:53 (52.3%)	6:50	8.8 (47.8%)
1130	**DANILEWICZ Ryszard**	**374**		M40	198	00:01:48	**00:34:11.50**	**00:35:59.65**	+00:17:53 (52.3%)	6:50	8.8 (47.8%)
1131	**KALINOWSKA Lidia**	**1047**		K30	165	00:01:25	**00:34:11.60**	**00:35:37.10**	+00:17:53 (52.3%)	6:50	8.8 (47.8%)
1132	**JAŻDŻEWSKA Aleksandra**	**872**		K30	166	00:01:14	**00:34:12.35**	**00:35:26.85**	+00:17:54 (52.4%)	6:50	8.8 (47.8%)
1133	**ŁADNIAK Bernadeta**	**890**		K30	167	00:01:24	**00:34:12.45**	**00:35:37.35**	+00:17:54 (52.4%)	6:50	8.8 (47.8%)
1134	**BOJARSKI Jarosław**	**368**		M50	59	00:01:24	**00:34:12.80**	**00:35:37.05**	+00:17:54 (52.4%)	6:50	8.8 (47.8%)
1135	**BOJARSKA Bożena**	**369**		K40	105	00:01:23	**00:34:13.20**	**00:35:36.85**	+00:17:55 (52.4%)	6:50	8.8 (47.8%)
1135	**GIETKO-CIEŚLIŃSKA Sylwia**	**1180**	KDK KOŚCIÓŁ DLA KAŻDEGO	K40	106	00:00:52	**00:34:13.20**	**00:35:05.65**	+00:17:55 (52.4%)	6:50	8.8 (47.8%)
1137	**PIOTROWSKA Klaudia**	**1085**		K20	112	00:01:58	**00:34:13.45**	**00:36:11.85**	+00:17:55 (52.4%)	6:50	8.8 (47.8%)
1138	**TARASIEWICZ Beata**	**570**		K30	168	00:00:46	**00:34:13.75**	**00:35:00.10**	+00:17:55 (52.4%)	6:50	8.8 (47.8%)
1139	**KLONOWSKI Sławomir**	**153**		M40	199	00:01:03	**00:34:14.40**	**00:35:17.65**	+00:17:56 (52.4%)	6:50	8.8 (47.8%)
1140	**ZALEWSKA Paulina**	**1259**		K30	169	00:00:25	**00:34:17.30**	**00:34:42.35**	+00:17:59 (52.5%)	6:51	8.8 (47.8%)
1141	**REINKE Joanna**	**281**		K30	170	00:00:04	**00:34:17.65**	**00:34:22.10**	+00:17:59 (52.5%)	6:51	8.7 (47.3%)
1142	**ARENT Marzena**	**214**		K50	24	00:01:29	**00:34:19.40**	**00:35:48.80**	+00:18:01 (52.5%)	6:51	8.7 (47.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1143	**CZERWIŃSKI Filip**	**836**		M18	9	00:01:22	**00:34:20.10**	**00:35:42.30**	+00:18:02 (52.5%)	6:52	8.7 (47.3%)
1144	**KUŹNIAR Patryk**	**1067**		M20	133	00:01:24	**00:34:20.55**	**00:35:44.80**	+00:18:02 (52.5%)	6:52	8.7 (47.3%)
1145	**NOWAKOWSKA Patrycja**	**733**		K20	113	00:01:17	**00:34:20.60**	**00:35:37.65**	+00:18:02 (52.5%)	6:52	8.7 (47.3%)
1146	**KROPIŃSKA Monika**	**84**		K30	171	00:01:43	**00:34:20.70**	**00:36:04.15**	+00:18:02 (52.5%)	6:52	8.7 (47.3%)
1147	**NOWOPOLSKA Klaudia**	**834**		K18	6	00:01:22	**00:34:22.10**	**00:35:44.40**	+00:18:04 (52.6%)	6:52	8.7 (47.3%)
1148	**PIETRZAK Marta**	**235**	BBL INOWROCŁAW	K50	25	00:02:00	**00:34:23.40**	**00:36:23.85**	+00:18:05 (52.6%)	6:52	8.7 (47.3%)
1149	**RYMER Jarosław**	**504**		M10	42	00:02:02	**00:34:25.00**	**00:36:27.90**	+00:18:07 (52.6%)	6:53	8.7 (47.3%)
1150	**RYMER Adam**	**157**		M30	234	00:02:03	**00:34:25.05**	**00:36:28.50**	+00:18:07 (52.6%)	6:53	8.7 (47.3%)
1151	**SĘKOWSKI Bartosz**	**906**		M10	43	00:01:44	**00:34:25.90**	**00:36:10.05**	+00:18:08 (52.7%)	6:53	8.7 (47.3%)
1152	**SYROCKA Ilona**	**1377**		M30	235	00:01:49	**00:34:27.50**	**00:36:17.05**	+00:18:09 (52.7%)	6:53	8.7 (47.3%)
1153	**ORZECHOWSKA Agnieszka**	**359**		K30	172	00:01:10	**00:34:28.85**	**00:35:39.65**	+00:18:11 (52.7%)	6:53	8.7 (47.3%)
1154	**TONDER Mateusz**	**813**		M30	236	00:00:27	**00:34:30.85**	**00:34:58.20**	+00:18:13 (52.8%)	6:54	8.7 (47.3%)
1155	**MARKOWSKA Maja**	**1337**		K20	114	00:00:26	**00:34:30.95**	**00:34:57.90**	+00:18:13 (52.8%)	6:54	8.7 (47.3%)
1156	**OLECHNOWICZ Maciej**	**1342**		M10	44	00:01:50	**00:34:31.95**	**00:36:22.10**	+00:18:14 (52.8%)	6:54	8.7 (47.3%)
1157	**KONIECZNA Weronika**	**1265**		K18	7	00:01:37	**00:34:33.05**	**00:36:10.85**	+00:18:15 (52.8%)	6:54	8.7 (47.3%)
1158	**GOSZCZAK Magdalena**	**706**		K30	173	00:01:02	**00:34:40.25**	**00:35:42.30**	+00:18:22 (53.0%)	6:56	8.7 (47.3%)
1159	**KOCHAŃSKI Dariusz**	**341**		M40	200	00:02:01	**00:34:40.35**	**00:36:42.00**	+00:18:22 (53.0%)	6:56	8.6 (46.7%)
1160	**MICHALSKA Aleksandra**	**476**		K40	107	00:00:55	**00:34:40.85**	**00:35:36.75**	+00:18:23 (53.0%)	6:56	8.6 (46.7%)
1161	**KOCHAŃSKA Magdalena**	**342**		K40	108	00:02:00	**00:34:41.30**	**00:36:41.85**	+00:18:23 (53.0%)	6:56	8.6 (46.7%)
1162	**OWCZARZ Łukasz**	**924**		M30	237	00:00:34	**00:34:41.65**	**00:35:16.40**	+00:18:23 (53.0%)	6:56	8.6 (46.7%)
1163	**NOWAK Anna**	**143**		K20	115	00:00:32	**00:34:42.30**	**00:35:14.75**	+00:18:24 (53.0%)	6:56	8.6 (46.7%)
1164	**NOWAK Mariola**	**144**		K40	109	00:00:29	**00:34:44.95**	**00:35:14.40**	+00:18:27 (53.1%)	6:57	8.6 (46.7%)
1165	**SZULC Daria**	**864**		K30	174	00:01:37	**00:34:45.65**	**00:36:22.90**	+00:18:27 (53.1%)	6:57	8.6 (46.7%)
1166	**HARACEWIAT Cezary**	**630**		M50	60	00:01:45	**00:34:47.30**	**00:36:32.95**	+00:18:29 (53.2%)	6:57	8.6 (46.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1167	**HORYD Justyna**	**139**		K40	110	00:01:49	**00:34:47.80**	**00:36:36.85**	+00:18:29 (53.2%)	6:57	8.6 (46.7%)
1168	**BRZOZOWSKA Henryka**	**237**		K40	111	00:02:01	**00:34:47.85**	**00:36:49.20**	+00:18:30 (53.2%)	6:57	8.6 (46.7%)
1169	**RASSALSKA Roma**	**147**		K40	112	00:01:49	**00:34:47.90**	**00:36:37.15**	+00:18:30 (53.2%)	6:57	8.6 (46.7%)
1170	**RASSALSKA-KAUSA Jola**	**60**		K40	113	00:01:48	**00:34:47.95**	**00:36:36.80**	+00:18:30 (53.2%)	6:57	8.6 (46.7%)
1171	**DOMERADZKA Jagoda**	**1008**		M30	238	00:01:39	**00:34:48.05**	**00:36:27.75**	+00:18:30 (53.2%)	6:57	8.6 (46.7%)
1172	**ŁUCZKOWSKI Rafał**	**1426**		M30	239	00:02:04	**00:34:50.85**	**00:36:54.90**	+00:18:33 (53.2%)	6:58	8.6 (46.7%)
1173	**BIAŁEK Anna**	**1261**	BIEGAJ Z DĘBAMI	K30	175	00:00:39	**00:34:53.35**	**00:35:33.30**	+00:18:35 (53.3%)	6:58	8.6 (46.7%)
1174	**TEWS Marzena**	**1247**		K40	114	00:00:39	**00:34:53.85**	**00:35:33.05**	+00:18:36 (53.3%)	6:58	8.6 (46.7%)
1175	**BIAŁEK Łukasz**	**1262**	BIEGAJ Z DĘBAMI	M30	240	00:00:39	**00:34:54.15**	**00:35:34.10**	+00:18:36 (53.3%)	6:59	8.6 (46.7%)
1176	**PAWELEC Joanna**	**671**		K40	115	00:00:57	**00:34:54.20**	**00:35:52.00**	+00:18:36 (53.3%)	6:59	8.6 (46.7%)
1177	**BASSET Laurence**	**1292**		K30	176	00:01:29	**00:34:56.00**	**00:36:25.90**	+00:18:38 (53.3%)	6:59	8.6 (46.7%)
1178	**LAMAZE Julie**	**1370**		K30	177	00:01:29	**00:34:57.05**	**00:36:26.15**	+00:18:39 (53.4%)	6:59	8.6 (46.7%)
1179	**TOKAREWICZ Joanna**	**905**		K40	116	00:01:22	**00:34:58.85**	**00:36:20.90**	+00:18:41 (53.4%)	6:59	8.6 (46.7%)
1180	**ORZECHOWSKI Michał**	**90**		M30	241	00:02:06	**00:34:59.50**	**00:37:06.25**	+00:18:41 (53.4%)	7:00	8.6 (46.7%)
1181	**PIJAROWSKI Milan**	**1488**		M10	45	00:02:12	**00:35:02.40**	**00:37:14.65**	+00:18:44 (53.5%)	7:00	8.6 (46.7%)
1182	**CZARNECKA - PIJAROWSKA Dominika**	**1484**		K30	178	00:02:12	**00:35:02.55**	**00:37:14.75**	+00:18:44 (53.5%)	7:00	8.6 (46.7%)
1183	**PIJAROWSKA Ilona**	**1485**		K10	25	00:02:11	**00:35:03.35**	**00:37:15.05**	+00:18:45 (53.5%)	7:00	8.6 (46.7%)
1184	**ŁOŻYKOWSKA Justyna**	**1463**		K30	179	00:00:35	**00:35:10.20**	**00:35:45.25**	+00:18:52 (53.7%)	7:02	8.5 (46.2%)
1185	**PACYNA Ewa**	**259**		K20	116	00:01:19	**00:35:10.25**	**00:36:30.20**	+00:18:52 (53.7%)	7:02	8.5 (46.2%)
1186	**BROWNELL Julie**	**1286**		K30	180	00:01:29	**00:35:10.85**	**00:36:40.75**	+00:18:53 (53.7%)	7:02	8.5 (46.2%)
1187	**GÓRNIEWICZ Angelika**	**1466**		K40	117	00:00:34	**00:35:10.90**	**00:35:45.35**	+00:18:53 (53.7%)	7:02	8.5 (46.2%)
1188	**KRZEMIŃSKI Piotr**	**1054**		M30	242	00:01:32	**00:35:16.30**	**00:36:48.30**	+00:18:58 (53.8%)	7:03	8.5 (46.2%)
1189	**KUCHARSKI Adam**	**847**		M50	61	00:01:38	**00:35:20.55**	**00:36:59.45**	+00:19:02 (53.9%)	7:04	8.5 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1190	**WIŚNIEWSKA Ewa**	**848**		K50	26	00:01:38	**00:35:21.35**	**00:36:59.70**	+00:19:03 (53.9%)	7:04	8.5 (46.2%)
1191	**OLSZEWSKA Karolina**	**619**		K30	181	00:00:49	**00:35:22.30**	**00:36:11.75**	+00:19:04 (53.9%)	7:04	8.5 (46.2%)
1192	**TOMASZEWSKI Tomasz**	**1134**		M30	243	00:01:33	**00:35:23.10**	**00:36:56.25**	+00:19:05 (53.9%)	7:04	8.5 (46.2%)
1193	**SŁOMSKA Monika**	**543**	BRAK	K30	182	00:01:32	**00:35:24.30**	**00:36:56.30**	+00:19:06 (54.0%)	7:04	8.5 (46.2%)
1193	**NOWICKA Tatiana**	**511**		K40	118	00:01:32	**00:35:24.30**	**00:36:56.35**	+00:19:06 (54.0%)	7:04	8.5 (46.2%)
1195	**SĘKOWSKI Andrzej**	**855**		M40	201	00:01:44	**00:35:25.80**	**00:37:10.10**	+00:19:07 (54.0%)	7:05	8.5 (46.2%)
1196	**KOWALSKA Zuzanna**	**891**		K10	26	00:01:13	**00:35:26.20**	**00:36:40.05**	+00:19:08 (54.0%)	7:05	8.5 (46.2%)
1197	**WIĘCKOWSKA Karolina**	**1418**		K30	183	00:00:50	**00:35:26.85**	**00:36:17.70**	+00:19:09 (54.0%)	7:05	8.5 (46.2%)
1198	**WIĘCKOWSKA Denisa**	**1454**		M10	46	00:00:50	**00:35:27.25**	**00:36:17.75**	+00:19:09 (54.0%)	7:05	8.5 (46.2%)
1199	**DZIEWIECZYŃSKA Arleta**	**428**		K30	184	00:01:13	**00:35:29.20**	**00:36:43.00**	+00:19:11 (54.1%)	7:06	8.5 (46.2%)
1200	**FOJUTOWSKI Jan**	**1163**		M10	47	00:00:45	**00:35:29.40**	**00:36:14.70**	+00:19:11 (54.1%)	7:05	8.5 (46.2%)
1201	**TWARDOWSKA Sylwia**	**252**		K30	185	00:01:59	**00:35:31.95**	**00:37:31.40**	+00:19:14 (54.1%)	7:06	8.4 (45.7%)
1202	**BUZA Szymon**	**1409**		M20	134	00:01:52	**00:35:34.95**	**00:37:27.10**	+00:19:17 (54.2%)	7:07	8.4 (45.7%)
1203	**KOWALSKI Tymoteusz**	**888**		M10	48	00:01:18	**00:35:35.75**	**00:36:54.05**	+00:19:17 (54.2%)	7:07	8.4 (45.7%)
1204	**KOWALSKI Piotr**	**883**		M40	202	00:01:18	**00:35:35.80**	**00:36:54.15**	+00:19:17 (54.2%)	7:07	8.4 (45.7%)
1205	**ASTUKIEWICZ Tomasz**	**320**		M40	203	00:01:59	**00:35:37.75**	**00:37:37.50**	+00:19:19 (54.3%)	7:07	8.4 (45.7%)
1206	**ZELEK Janusz**	**64**		M50	62	00:01:57	**00:35:38.00**	**00:37:35.75**	+00:19:20 (54.3%)	7:07	8.4 (45.7%)
1206	**ASTUKIEWICZ Agnieszka**	**317**		M50	63	00:01:59	**00:35:38.00**	**00:37:37.50**	+00:19:20 (54.3%)	7:07	8.4 (45.7%)
1208	**CYCHOWSKA Anna**	**515**		K30	186	00:01:46	**00:35:38.90**	**00:37:25.65**	+00:19:21 (54.3%)	7:07	8.4 (45.7%)
1209	**RÓŻAŃSKI Wojciech**	**10**		M30	244	00:01:40	**00:35:41.05**	**00:37:21.85**	+00:19:23 (54.3%)	7:08	8.4 (45.7%)
1210	**RÓŻAŃSKA Katarzyna**	**21**		K30	187	00:01:40	**00:35:41.70**	**00:37:21.95**	+00:19:23 (54.3%)	7:08	8.4 (45.7%)
1211	**GIPP Karolina**	**1063**		K30	188	00:01:55	**00:35:42.85**	**00:37:38.45**	+00:19:25 (54.4%)	7:08	8.4 (45.7%)
1212	**BOROWIAK Agnieszka**	**942**	TEAM RUN KCYNIA	K30	189	00:01:42	**00:35:43.35**	**00:37:25.50**	+00:19:25 (54.4%)	7:08	8.4 (45.7%)
1213	**KONARZEWSKA Jolanta**	**558**		K40	119	00:01:23	**00:35:45.35**	**00:37:08.55**	+00:19:27 (54.4%)	7:09	8.4 (45.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1214	**PROKOPOWICZ Agnieszka**	**535**		K40	120	00:01:22	**00:35:45.75**	**00:37:08.55**	+00:19:27 (54.4%)	7:09	8.4 (45.7%)
1215	**JAROCH Magdalena**	**225**	ZS 19	K30	190	00:00:57	**00:35:47.90**	**00:36:45.75**	+00:19:30 (54.5%)	7:09	8.4 (45.7%)
1216	**KURZEJA Łukasz**	**1221**		M20	135	00:01:57	**00:35:49.65**	**00:37:46.65**	+00:19:31 (54.5%)	7:09	8.4 (45.7%)
1217	**ZELEK Aleksandra**	**83**		K40	121	00:01:57	**00:35:55.95**	**00:37:53.25**	+00:19:38 (54.6%)	7:11	8.3 (45.1%)
1218	**WRÓBEL Marta**	**1195**	BYLE DO METY	K20	117	00:02:05	**00:35:56.60**	**00:38:02.05**	+00:19:38 (54.7%)	7:11	8.3 (45.1%)
1219	**KIELISZAK Kinga**	**1198**	DZIKIE KUNY	K20	118	00:01:03	**00:35:56.80**	**00:37:00.70**	+00:19:38 (54.7%)	7:11	8.3 (45.1%)
1220	**NADRAJKOWSKA Joanna**	**28**	DZIKIE KUNY	K30	191	00:01:04	**00:35:56.95**	**00:37:01.35**	+00:19:39 (54.7%)	7:11	8.3 (45.1%)
1221	**MACIEJEWSKA Joanna**	**632**		K20	119	00:01:46	**00:35:57.90**	**00:37:44.45**	+00:19:40 (54.7%)	7:11	8.3 (45.1%)
1222	**LASOTA Anna**	**687**		K40	122	00:01:41	**00:36:05.25**	**00:37:47.10**	+00:19:47 (54.8%)	7:13	8.3 (45.1%)
1223	**ANGIEL Władysław**	**462**	TKKF KOLEJARZ BYDGOSZCZ	M60	23	00:00:47	**00:36:07.35**	**00:36:54.90**	+00:19:49 (54.9%)	7:13	8.3 (45.1%)
1224	**PIEKUŚ Aleksandra**	**413**	PĘDZĄCE KUNY	K30	192	00:01:26	**00:36:08.45**	**00:37:34.95**	+00:19:50 (54.9%)	7:13	8.3 (45.1%)
1225	**JASIK Jarosław**	**1255**		M20	136	00:01:03	**00:36:08.85**	**00:37:12.65**	+00:19:51 (54.9%)	7:13	8.3 (45.1%)
1226	**DROZDOWSKA Ola**	**1252**		K20	120	00:01:03	**00:36:09.25**	**00:37:12.25**	+00:19:51 (54.9%)	7:13	8.3 (45.1%)
1227	**MARKOWSKA-BAUMGART Aneta**	**770**	BIEGAJ Z DĘBAMI	K50	27	00:01:55	**00:36:11.85**	**00:38:07.15**	+00:19:54 (55.0%)	7:14	8.3 (45.1%)
1228	**MAJKOWSKA-LUBIŃSKA Judyta**	**372**	CS GROUP RUNNERS TEAM	K30	193	00:01:23	**00:36:12.25**	**00:37:35.80**	+00:19:54 (55.0%)	7:14	8.3 (45.1%)
1229	**ZŁAKOWSKA Sandra**	**680**		K20	121	00:01:36	**00:36:17.60**	**00:37:54.30**	+00:19:59 (55.1%)	7:15	8.3 (45.1%)
1230	**LEPPERT Monika**	**470**		K20	122	00:00:42	**00:36:18.50**	**00:37:00.70**	+00:20:00 (55.1%)	7:15	8.3 (45.1%)
1231	**NOWAKOWSKA Anna**	**42**		K30	194	00:00:51	**00:36:22.35**	**00:37:13.45**	+00:20:04 (55.2%)	7:16	8.2 (44.6%)
1232	**MŁYNARCZYK Monika**	**614**		K20	123	00:01:51	**00:36:24.90**	**00:38:16.45**	+00:20:07 (55.2%)	7:17	8.2 (44.6%)
1233	**POLIWODZIŃSKI Michał**	**1118**	KS WISEŁKA BYDGOSZCZ-FORDON	M40	204	00:01:52	**00:36:35.05**	**00:38:27.95**	+00:20:17 (55.5%)	7:19	8.2 (44.6%)
1234	**KAPELA Jacek**	**1123**		M40	205	00:01:52	**00:36:35.40**	**00:38:28.15**	+00:20:17 (55.5%)	7:19	8.2 (44.6%)
1235	**MRUGAŁA Bartosz**	**6**		M30	245	00:01:13	**00:36:36.45**	**00:37:49.80**	+00:20:18 (55.5%)	7:19	8.2 (44.6%)
1236	**HOMZA Agnieszka**	**1350**		K20	124	00:01:28	**00:36:39.00**	**00:38:07.35**	+00:20:21 (55.5%)	7:19	8.2 (44.6%)
1237	**KOWALSKA Anna**	**886**		K40	123	00:01:15	**00:36:43.15**	**00:37:58.30**	+00:20:25 (55.6%)	7:20	8.2 (44.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1238	**WALKOWIAK Greta**	**432**		K50	28	00:00:52	**00:36:44.05**	**00:37:36.50**	+00:20:26 (55.6%)	7:20	8.2 (44.6%)
1239	**IWANIEC Ewelina**	**390**		K40	124	00:00:52	**00:36:52.90**	**00:37:45.80**	+00:20:35 (55.8%)	7:22	8.1 (44.0%)
1240	**RESMER Anna**	**429**		K40	125	00:00:52	**00:36:54.65**	**00:37:47.10**	+00:20:36 (55.8%)	7:23	8.1 (44.0%)
1241	**SZRAMSKA Violetta**	**416**		K40	126	00:00:52	**00:36:54.85**	**00:37:46.95**	+00:20:37 (55.9%)	7:22	8.1 (44.0%)
1242	**ŁAKOMSKA Anna**	**391**		K40	127	00:00:51	**00:36:56.15**	**00:37:47.40**	+00:20:38 (55.9%)	7:23	8.1 (44.0%)
1243	**KAMIŃSKA Monika**	**469**		K30	195	00:01:48	**00:36:57.80**	**00:38:46.00**	+00:20:39 (55.9%)	7:23	8.1 (44.0%)
1244	**GRZYBOWSKA Alicja**	**1193**	BYLE DO METY	K30	196	00:00:54	**00:37:07.40**	**00:38:02.20**	+00:20:49 (56.1%)	7:25	8.1 (44.0%)
1245	**KACZMAREK Agnieszka**	**1462**		K40	128	00:00:27	**00:37:23.30**	**00:37:51.25**	+00:21:05 (56.4%)	7:28	8 (43.5%)
1246	**KUBIAK Rafał**	**74**		M40	206	00:01:40	**00:37:25.45**	**00:39:06.10**	+00:21:07 (56.5%)	7:29	8 (43.5%)
1247	**KUBIAK Beata Kubiak**	**76**		K10	27	00:01:40	**00:37:25.90**	**00:39:06.40**	+00:21:08 (56.5%)	7:29	8 (43.5%)
1248	**KRUSZYŃSKI Aleks**	**1411**		M10	49	00:02:06	**00:37:37.20**	**00:39:44.15**	+00:21:19 (56.7%)	7:31	8 (43.5%)
1249	**PAWSKI Przemysław**	**925**		M20	137	00:02:06	**00:37:37.65**	**00:39:44.00**	+00:21:19 (56.7%)	7:31	8 (43.5%)
1250	**ROGALSKA Marcelina**	**941**		K20	125	00:02:07	**00:37:38.40**	**00:39:45.60**	+00:21:20 (56.7%)	7:31	8 (43.5%)
1251	**NOWAKOWSKA Marzena**	**564**		K40	129	00:00:46	**00:37:48.95**	**00:38:35.85**	+00:21:31 (56.9%)	7:33	7.9 (42.9%)
1252	**TESKE Karolina**	**1001**		K30	197	00:02:04	**00:37:55.25**	**00:40:00.10**	+00:21:37 (57.0%)	7:35	7.9 (42.9%)
1253	**WILCZYŃSKA Karolina**	**1014**		K30	198	00:02:04	**00:37:56.00**	**00:40:00.80**	+00:21:38 (57.0%)	7:35	7.9 (42.9%)
1254	**CZUBEK Bartosz**	**1160**		M30	246	00:01:21	**00:38:04.20**	**00:39:25.85**	+00:21:46 (57.2%)	7:36	7.9 (42.9%)
1255	**KOZIEŁ Tomasz**	**859**		M30	247	00:01:29	**00:38:04.50**	**00:39:34.30**	+00:21:46 (57.2%)	7:37	7.9 (42.9%)
1256	**KOZIEŁ Monika**	**1003**		K30	199	00:01:29	**00:38:04.85**	**00:39:34.40**	+00:21:47 (57.2%)	7:37	7.9 (42.9%)
1257	**ADAMS Gail**	**1036**		K50	29	00:01:20	**00:38:07.20**	**00:39:27.20**	+00:21:49 (57.2%)	7:37	7.9 (42.9%)
1257	**OLECHNOWICZ Aneta**	**1343**		K10	28	00:01:48	**00:38:07.20**	**00:39:55.85**	+00:21:49 (57.2%)	7:37	7.9 (42.9%)
1259	**BUDZIŃSKA Anita**	**966**		K40	130	00:01:04	**00:38:12.50**	**00:39:17.20**	+00:21:54 (57.3%)	7:38	7.8 (42.4%)
1260	**KRZEMIŃSKI Łukasz**	**852**		M30	248	00:01:03	**00:38:24.40**	**00:39:27.50**	+00:22:06 (57.6%)	7:40	7.8 (42.4%)
1261	**KRZEMIŃSKA Katarzyna**	**850**		K20	126	00:01:01	**00:38:25.80**	**00:39:27.65**	+00:22:07 (57.6%)	7:41	7.8 (42.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1262	**ARACH Daria**	**962**		K30	200	00:02:02	**00:38:55.45**	**00:40:58.35**	+00:22:37 (58.1%)	7:47	7.7 (41.8%)
1263	**OLECHNOWICZ Tomasz**	**1340**		M50	64	00:01:50	**00:39:08.90**	**00:40:59.65**	+00:22:51 (58.4%)	7:49	7.7 (41.8%)
1264	**OLECHNOWICZ Ana**	**1344**		K30	201	00:01:50	**00:39:09.05**	**00:40:59.75**	+00:22:51 (58.4%)	7:49	7.7 (41.8%)
1265	**PINCZEWSKA Dorota**	**1104**		K30	202	00:02:00	**00:39:10.25**	**00:41:10.25**	+00:22:52 (58.4%)	7:50	7.7 (41.8%)
1266	**PIOTROWSKA Katarzyna**	**1084**		M40	207	00:02:00	**00:39:12.40**	**00:41:12.90**	+00:22:54 (58.4%)	7:50	7.7 (41.8%)
1267	**KASPRZYK Daria**	**1188**		K30	203	00:02:03	**00:39:23.20**	**00:41:27.00**	+00:23:05 (58.6%)	7:52	7.6 (41.3%)
1268	**GROT Monika**	**1176**		K30	204	00:02:03	**00:39:23.55**	**00:41:26.85**	+00:23:05 (58.6%)	7:52	7.6 (41.3%)
1269	**BIELENNY Michał**	**399**		M60	24	00:01:45	**00:39:48.80**	**00:41:34.00**	+00:23:30 (59.1%)	7:57	7.5 (40.8%)
1270	**LEPPERT Marta**	**471**		K60	8	00:00:41	**00:39:51.50**	**00:40:32.90**	+00:23:33 (59.1%)	7:58	7.5 (40.8%)
1271	**WITKIEWICZ-ŁUKASZEK Sandra**	**339**		M20	138	00:01:56	**00:40:22.95**	**00:42:19.00**	+00:24:05 (59.6%)	8:04	7.4 (40.2%)
1272	**POLAKOWSKA Angelika**	**1305**		K20	127	00:01:25	**00:40:51.85**	**00:42:17.55**	+00:24:34 (60.1%)	8:10	7.3 (39.7%)
1273	**T E W S S E B A**	**1249**		M50	65	00:00:44	**00:42:12.95**	**00:42:57.70**	+00:25:55 (61.4%)	8:26	7.1 (38.6%)
1274	**STEFANOWICZ Łukasz**	**1218**		M30	249	00:00:00			+	5:35	10.7 (58.2%)
1275	**LEMAŃCZYK Justyna**	**889**		K50	30	00:00:38					(0.0%)
1276	**POLIWODZIŃSKA Agnieszka**	**1122**	KS WISEŁKA BYDGOSZCZ-FORDON	M30	250	00:01:53					(0.0%)
1277	**TRZCIŃSKI Eugeniusz**	**113**		M60	25	00:02:04					(0.0%)

Znaleziono 1277 wynik(ów)