

DYCHA NA JELENI SKOK 2018

B4SPORT

Wydarzenie: IV FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2018-06-03
Miejsce: Cisna
Dystans: 11 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	KRAWCZAK Paulina	4257		K30	1	01:03:08.60	01:03:11.10		5:44	10.5 (100%)
2	RACHWALSKA Marzena	4205		K30	2	01:04:21.90	01:04:23.50	+00:01:12 (1.9%)	5:51	10.3 (98.1%)
3	PAJDOSZ Katarzyna	4207		K30	3	01:05:49.55	01:05:53.25	+00:02:42 (4.1%)	5:59	10 (95.2%)
4	DŁUGOSZ Kasia	4077	STAY INSANE	K30	4	01:06:45.00	01:06:47.80	+00:03:36 (5.4%)	6:04	9.9 (94.3%)
5	MALECKA-LEŃ Patrycja	4104		K30	5	01:07:59.80	01:08:08.85	+00:04:57 (7.3%)	6:10	9.7 (92.4%)
6	PODLASEK Kamila	4144		K30	6	01:10:32.55	01:10:51.45	+00:07:40 (10.8%)	6:24	9.4 (89.5%)
7	ŁAMPIKA Kinga	4307		K30	7	01:11:18.60	01:11:29.05	+00:08:17 (11.6%)	6:29	9.3 (88.6%)
8	DABROWSKA Agnieszka	4079		K30	8	01:12:35.45	01:12:42.70	+00:09:31 (13.1%)	6:35	9.1 (86.7%)
9	FILIP-KLOCEK Marlena	4166		K30	9	01:15:18.60	01:15:26.30	+00:12:15 (16.2%)	6:50	8.8 (83.8%)
10	NORBERT Anna	4041		K30	10	01:15:00.70	01:15:28.30	+00:12:17 (16.3%)	6:49	8.8 (83.8%)
11	OSTROWSKA-MARKOWSKA Małgorzata	4082		K30	11	01:15:41.05	01:15:45.30	+00:12:34 (16.6%)	6:52	8.7 (82.9%)
12	SASAL Monika	4103	FUNDACJA TYLKO BIESZCZADY	K30	12	01:15:37.85	01:15:48.95	+00:12:37 (16.7%)	6:52	8.7 (82.9%)
13	PAWŁOWSKA Elżbieta	4067		K30	13	01:15:40.65	01:15:49.95	+00:12:38 (16.7%)	6:52	8.7 (82.9%)
14	DIEBEL Monika	4278		K30	14	01:16:01.65	01:16:07.55	+00:12:56 (17.0%)	6:54	8.7 (82.9%)
15	DŁUGOSZ-STĘPNIAK Agnieszka	4123		K30	15	01:16:20.70	01:16:24.75	+00:13:13 (17.3%)	6:56	8.6 (81.9%)
16	FILA Monika	4234		K30	16	01:17:27.25	01:17:43.85	+00:14:32 (18.7%)	7:02	8.5 (81.0%)
17	MILCZAREK Magdalena	4235		K30	17	01:17:30.00	01:17:46.35	+00:14:35 (18.8%)	7:02	8.5 (81.0%)
18	KRAWCZYK Marta	4168	KOSTRZYŃSKA GRUPA BIEGOWA	K30	18	01:17:46.10	01:17:48.75	+00:14:37 (18.8%)	7:04	8.5 (81.0%)
19	ŚWIĘTONIOWSKA Justyna	4010	SPARTAN RACE TRAINING GROUP RZESZÓW	K30	19	01:17:35.70	01:18:01.15	+00:14:50 (19.0%)	7:03	8.5 (81.0%)
20	PATEREK Agata	4068	WKURW_TEAM	K30	20	01:19:44.05	01:20:04.60	+00:16:53 (21.1%)	7:14	8.3 (79.0%)
21	KURCIŃSKA Lidia	4152		K30	21	01:21:44.95	01:22:03.75	+00:18:52 (23.0%)	7:25	8.1 (77.1%)
22	JANOWSKA Anna	4239		K30	22	01:23:14.80	01:23:33.25	+00:20:22 (24.4%)	7:34	7.9 (75.2%)
23	PABISEK Anna	4184		K30	23	01:23:26.30	01:23:37.05	+00:20:25 (24.4%)	7:35	7.9 (75.2%)
24	GOLDA-RZEPKA Mariola	4129		K30	24	01:23:38.30	01:23:48.45	+00:20:37 (24.6%)	7:36	7.9 (75.2%)
25	PRZĄDO Monika	4179		K30	25	01:23:37.90	01:23:50.25	+00:20:39 (24.6%)	7:36	7.9 (75.2%)
26	SOSNOWSKA-SCHILLER Bernadetta	4031	SCHODY HISZPAŃSKIE	K30	26	01:24:25.20	01:24:42.10	+00:21:31 (25.4%)	7:40	7.8 (74.3%)
27	PIKIEWICZ Maja	4206		K30	27	01:24:42.70	01:24:49.80	+00:21:38 (25.5%)	7:42	7.8 (74.3%)
28	MAJCHRZAK Marta	4232		K30	28	01:24:43.15	01:24:51.05	+00:21:39 (25.5%)	7:42	7.8 (74.3%)
29	PIECHOWICZ-KUROWSKA Agata	4280		K30	29	01:24:47.45	01:25:15.25	+00:22:04 (25.9%)	7:42	7.8 (74.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
30	PAWLYTA Weronika	4215		K30	30	01:24:55.35	01:25:18.20	+00:22:07 (25.9%)	7:43	7.8 (74.3%)
31	WÓJCIK PYRĆ Katarzyna	4253		K30	31	01:25:22.00	01:25:31.45	+00:22:20 (26.1%)	7:45	7.7 (73.3%)
32	PABIAŃCZYK Małgorzata	4007		K30	32	01:25:23.55	01:25:40.15	+00:22:29 (26.2%)	7:45	7.7 (73.3%)
33	SZTANDERA Berenika	4178	VEGE RUNNERS	K30	33	01:25:33.20	01:25:42.15	+00:22:31 (26.3%)	7:46	7.7 (73.3%)
34	STĘPIEŃ Justyna	4145		K30	34	01:25:41.40	01:26:00.80	+00:22:49 (26.5%)	7:47	7.7 (73.3%)
35	GARBOS Barbara	4042		K30	35	01:26:01.15	01:26:23.00	+00:23:11 (26.9%)	7:49	7.7 (73.3%)
36	ZAWADZKA Agnieszka	4023	KLUB SPORTOWY PRESTIGE	K30	36	01:26:19.25	01:26:24.20	+00:23:13 (26.9%)	7:50	7.6 (72.4%)
37	BIESZKE Iza	4203	WYMIATACZE	K30	37	01:27:02.05	01:27:20.75	+00:24:09 (27.7%)	7:54	7.6 (72.4%)
38	KOWALEWSKA Ewelina	4204		K30	38	01:27:01.75	01:27:20.90	+00:24:09 (27.7%)	7:54	7.6 (72.4%)
39	BUKOWSKI Sebastian	4258		K30	39	01:27:32.50	01:27:35.65	+00:24:24 (27.9%)	7:57	7.5 (71.4%)
40	SUWAŁA Anna	4256		K30	40	01:27:24.45	01:27:35.70	+00:24:24 (27.9%)	7:56	7.6 (72.4%)
41	GRABOWSKA-SKALSKA Iwona	4171		K30	41	01:27:20.30	01:27:37.00	+00:24:25 (27.9%)	7:56	7.6 (72.4%)
42	PŁATEK Katarzyna	4233	WKURW TEAM	K30	42	01:29:02.65	01:29:13.80	+00:26:02 (29.2%)	8:05	7.4 (70.5%)
43	KOMAN Monika	4153	CHEŁMSKA GRUPA TRIATHLONU	K30	43	01:29:08.25	01:29:18.20	+00:26:07 (29.2%)	8:06	7.4 (70.5%)
44	URBANOWICZ Agnieszka	4090		K30	44	01:29:40.60	01:30:02.50	+00:26:51 (29.8%)	8:09	7.4 (70.5%)
45	MIKULSKA Aneta	4014	#GOPATI TEAM	K30	45	01:31:11.65	01:31:32.80	+00:28:21 (31.0%)	8:17	7.2 (68.6%)
46	MAŃKA Paulina	4275		K30	46	01:32:07.20	01:32:15.30	+00:29:04 (31.5%)	8:22	7.2 (68.6%)
47	LEWIŃSKA Aleksandra	4227		K30	47	01:33:00.95	01:33:11.10	+00:30:00 (32.2%)	8:27	7.1 (67.6%)
48	PAWLAK Ewa	4173		K30	48	01:34:09.35	01:34:30.20	+00:31:19 (33.1%)	8:33	7 (66.7%)
49	GAWLIK Anna	4221		K30	49	01:34:36.70	01:34:48.90	+00:31:37 (33.4%)	8:36	7 (66.7%)
50	PAWLIK Marta	4074		K30	50	01:34:56.80	01:35:10.60	+00:31:59 (33.6%)	8:37	7 (66.7%)
51	GÓRECKA Barbara	4259		K30	51	01:35:20.95	01:35:33.70	+00:32:22 (33.9%)	8:40	6.9 (65.7%)
52	GRABOWSKA Joanna	4043	ENDORŚWINKI	K30	52	01:35:20.90	01:35:36.55	+00:32:25 (33.9%)	8:40	6.9 (65.7%)
53	STAWSKA Alicja	4201		K30	53	01:36:02.90	01:36:25.15	+00:33:14 (34.5%)	8:43	6.9 (65.7%)
54	JĘDRYSZKA Urszula	4185	KUŹNIA TRIATHLONU	K30	54	01:36:42.30	01:37:07.15	+00:33:56 (34.9%)	8:47	6.8 (64.8%)
55	POMIANOWSKA Anna	4177	KTÓRĘDYDOMETY	K30	55	01:36:49.90	01:37:10.45	+00:33:59 (35.0%)	8:48	6.8 (64.8%)
56	WCISEŁ Kinga	4136	DOGONIĆ ŻÓŁWIA TEAM	K30	56	01:37:22.15	01:37:36.10	+00:34:25 (35.3%)	8:51	6.8 (64.8%)
57	OWSIANIK Ewelina	4118		K30	57	01:40:26.50	01:40:33.80	+00:37:22 (37.2%)	9:07	6.6 (62.9%)
58	SAWIŃSKA Natalia	4117		K30	58	01:40:26.20	01:40:33.90	+00:37:22 (37.2%)	9:07	6.6 (62.9%)
59	SALACH Małgorzata	4032	TY I JA	K30	59	01:43:11.05	01:43:34.80	+00:40:23 (39.0%)	9:22	6.4 (61.0%)
60	THRUN Aleksandra	4218		K30	60	01:47:05.85	01:47:24.65	+00:44:13 (41.2%)	9:44	6.2 (59.0%)
61	NOWAKOWSKA Agnieszka	4277		K30	61	01:50:48.25	01:50:55.20	+00:47:44 (43.0%)	10:04	6 (57.1%)
62	NAROLEWSKA Dorota	4302		K30	62	01:51:07.95	01:51:13.05	+00:48:01 (43.2%)	10:06	5.9 (56.2%)
63	SMOGORZEWSKA Marta	4064	WKURW_TEAM	K30	63	01:51:13.55	01:51:38.10	+00:48:27 (43.4%)	10:06	5.9 (56.2%)

Znaleziono 63 wynik(ów)