

DYCHA NA JELENI SKOK 2018

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

IV FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2018-06-03
Cisna
11 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	LISTOPAD Dariusz	4243		M40	1	00:49:55.65	00:49:57.00		4:32	13.2 (100%)
2	SKÓRA Tomasz	4208	SKÓRZEC BIEGA	M40	2	00:54:38.45	00:54:41.00	+00:04:44 (8.7%)	4:58	12.1 (91.7%)
3	WALASEK Grzegorz	4255		M40	3	00:54:42.90	00:54:45.70	+00:04:48 (8.8%)	4:58	12.1 (91.7%)
4	JAREMA Robert	4187	LOKOMOTIV MAJDAN	M40	4	00:58:03.65	00:58:05.70	+00:08:08 (14.0%)	5:16	11.4 (86.4%)
5	NOWAK Artur	4056	A&G CARP TEAM	M40	5	00:58:38.60	00:58:41.30	+00:08:44 (14.9%)	5:19	11.3 (85.6%)
6	MAJER Damian	4248		M40	6	01:00:05.50	01:00:08.35	+00:10:11 (16.9%)	5:27	11 (83.3%)
7	ANTOSZ Bogdan	4285		M40	7	01:02:33.75	01:02:39.75	+00:12:42 (20.3%)	5:41	10.6 (80.3%)
8	KŁOSIŃSKI Rafał	4238		M40	8	01:04:01.40	01:04:16.25	+00:14:19 (22.3%)	5:49	10.3 (78.0%)
9	CYTACKI Dawid	4289		M40	9	01:04:36.65	01:04:41.60	+00:14:44 (22.8%)	5:52	10.2 (77.3%)
10	JAŁOCHA Michał	4133		M40	10	01:05:03.65	01:05:06.60	+00:15:09 (23.3%)	5:54	10.1 (76.5%)
11	KUŻMA Krzysztof	4209		M40	11	01:04:56.25	01:05:10.45	+00:15:13 (23.4%)	5:54	10.2 (77.3%)
12	WRÓBEL Bartłomiej	4200		M40	12	01:06:52.10	01:06:53.10	+00:16:56 (25.3%)	6:04	9.9 (75.0%)
13	NAWROCKI Marcin	4098	CROSSFIT Z16	M40	13	01:07:57.20	01:08:04.35	+00:18:07 (26.6%)	6:10	9.7 (73.5%)
14	SKÓRA Michał	4081		M40	14	01:09:52.90	01:09:59.50	+00:20:02 (28.6%)	6:21	9.4 (71.2%)
15	KAPRAL Adam	4195	MKS HALICZ	M40	15	01:09:54.80	01:10:04.10	+00:20:07 (28.7%)	6:21	9.4 (71.2%)

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16	KOŁODZIEJCZYK Tomasz	4154	ADIDAS RUNNERS WARSAW	M40	16	01:10:47.85	01:11:04.60	+00:21:07 (29.7%)	6:26	9.3 (70.5%)
17	KUCHARSKI Piotr	4094	AMATOR - NIEZRZESZONY, CZYLI WSZYSTKO MOGĘ... NIC NIE MUSZĘ...!	M40	17	01:11:24.85	01:11:31.65	+00:21:34 (30.2%)	6:29	9.2 (69.7%)
18	PIECH Krzysztof	4244		M40	18	01:12:42.30	01:13:09.00	+00:23:12 (31.7%)	6:36	9.1 (68.9%)
19	DROZD Krystian	4224		M40	19	01:13:13.60	01:13:27.50	+00:23:30 (32.0%)	6:39	9 (68.2%)
20	MOSÓR Mariusz	4159	LISY PUSTYNI	M40	20	01:13:38.15	01:13:52.40	+00:23:55 (32.4%)	6:41	9 (68.2%)
21	KAŁUŻNY Andrzej	4057		M40	21	01:15:21.45	01:15:24.95	+00:25:27 (33.8%)	6:51	8.8 (66.7%)
22	DANAK Przemysław	4237		M40	22	01:17:45.10	01:17:48.55	+00:27:51 (35.8%)	7:04	8.5 (64.4%)
23	MAŁEK Piotr	4269		M40	23	01:17:49.25	01:17:53.50	+00:27:56 (35.9%)	7:04	8.5 (64.4%)
24	WOJCIECHOWSKI Andrzej	4270		M40	24	01:17:50.25	01:17:53.95	+00:27:56 (35.9%)	7:04	8.5 (64.4%)
25	WITKOWSKI Mariusz	4274		M40	25	01:20:08.60	01:20:23.80	+00:30:26 (37.9%)	7:17	8.2 (62.1%)
26	PIETRUCZANIS Paweł	4021	KS AKTYWNI WĘGRÓW	M40	26	01:21:20.15	01:21:45.70	+00:31:48 (38.9%)	7:23	8.1 (61.4%)
27	MAJKOWSKI Marcin	4142		M40	27	01:23:39.55	01:23:52.00	+00:33:55 (40.4%)	7:36	7.9 (59.8%)
28	SCHILLER Fryderyk	4036	SCHODY HISZPAŃSKIE	M40	28	01:24:58.90	01:25:16.10	+00:35:19 (41.4%)	7:43	7.8 (59.1%)
29	BIAŁEK Robert	4272		M40	29	01:25:58.45	01:26:14.50	+00:36:17 (42.1%)	7:48	7.7 (58.3%)
30	PRZYBYLSKI Marcin	4293		M40	30	01:26:04.85	01:26:20.60	+00:36:23 (42.1%)	7:49	7.7 (58.3%)
31	BOCEK Sławomir	4105		M40	31	01:27:11.95	01:27:34.95	+00:37:37 (43.0%)	7:55	7.6 (57.6%)
32	TKACZYK Wojciech	4216		M40	32	01:29:02.30	01:29:12.15	+00:39:15 (44.0%)	8:05	7.4 (56.1%)
33	ŁOPĄG Jerzy	4220		M40	33	01:29:07.80	01:29:18.15	+00:39:21 (44.1%)	8:06	7.4 (56.1%)
34	KOTARSKI Krzysztof	4060	KOTARY	M40	34	01:29:14.15	01:29:29.00	+00:39:32 (44.2%)	8:06	7.4 (56.1%)
35	KŁOSIEWICZ Wojciech	4089		M40	35	01:29:40.85	01:30:02.70	+00:40:05 (44.5%)	8:09	7.4 (56.1%)
36	JĘCZMIŃSKI Adam	4063		M40	36	01:29:52.20	01:30:04.55	+00:40:07 (44.5%)	8:10	7.3 (55.3%)
37	MARASEK Adam	4110		M40	37	01:29:51.50	01:30:04.75	+00:40:07 (44.5%)	8:10	7.3 (55.3%)
38	JAROSZ Grzegorz	4102		M40	38	01:30:28.80	01:30:43.05	+00:40:46 (44.9%)	8:13	7.3 (55.3%)

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39	KACZKIEWICZ Damian	4281		M40	39	01:30:42.40	01:31:07.25	+00:41:10 (45.2%)	8:14	7.3 (55.3%)
40	ADAMOWSKI Jacek	4290		M40	40	01:30:43.65	01:31:07.40	+00:41:10 (45.2%)	8:14	7.3 (55.3%)
41	FRANKOWSKI Dariusz	4113		M40	41	01:33:44.40	01:33:52.70	+00:43:55 (46.8%)	8:31	7 (53.0%)
42	BRZEZIŃSKI Andrzej	4015		M40	42	01:34:30.85	01:34:35.70	+00:44:38 (47.2%)	8:35	7 (53.0%)
43	JAWOREK Dariusz	4271	OTK RZEŹNIK	M40	43	01:35:25.55	01:35:48.60	+00:45:51 (47.9%)	8:40	6.9 (52.3%)
44	SANCHEZ Jordi	4260		M40	44	01:35:46.30	01:35:58.30	+00:46:01 (48.0%)	8:42	6.9 (52.3%)
45	PAKOSIŃSKI Krzysztof	4162	RUN TEAM CHMIELNIK	M40	45	01:38:11.15	01:38:22.85	+00:48:25 (49.2%)	8:55	6.7 (50.8%)
46	KOCHNOWSKI Marek	4236		M40	46	01:41:25.60	01:41:52.40	+00:51:55 (51.0%)	9:13	6.5 (49.2%)
47	SIEŃCZYK Marcin	4265		M40	47	01:45:15.35	01:45:25.80	+00:55:28 (52.6%)	9:34	6.3 (47.7%)
48	JAKÓBCZYK Andrzej	4076		M40	48	01:56:26.75	01:56:35.40	+01:06:38 (57.2%)	10:35	5.7 (43.2%)

Znaleziono 48 wynik(ów)