



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dolnośląski Festiwal Biegów Górskich  
Fundacja MARATONY GÓRSKIE  
2021-07-15  
Łądek-Zdrój  
33 km

## GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior I M - 20

| Msc | Zawodnik              | Numer | Klub                       | Kategoria       | Mkat | A1<br>9km | D1<br>24km | Czas<br>netto<br>33km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-----------------------|-------|----------------------------|-----------------|------|-----------|------------|-----------------------|-------------------|-----------------|---------------|
| 1   | PAULEN Andrej         | 6534  | KAMZÍK 1000+               | Senior I M - 20 | 1    | 00:43:00  | 01:56:09   | <b>02:38:42.95</b>    |                   | 4:48            | 12.5 (100%)   |
| 2   | WITEK Andrzej         | 6147  | 140MINUT.PL                | Senior I M - 20 | 2    | 00:44:25  | 01:58:44   | <b>02:44:54.00</b>    | +00:06:11 (3.8%)  | 4:59            | 12 (96.0%)    |
| 3   | IVANIUTA Taras        | 6529  | REŠTARTNI SA.SK            | Senior I M - 20 | 3    | 00:45:16  | 02:02:12   | <b>02:50:04.65</b>    | +00:11:21 (6.7%)  | 5:09            | 11.6 (92.8%)  |
| 4   | LEŚNIAK Kamil         | 6544  | SALCO GARMIN TEAM          | Senior I M - 20 | 4    | 00:47:55  | 02:07:22   | <b>02:54:36.30</b>    | +00:15:53 (9.1%)  | 5:17            | 11.3 (90.4%)  |
| 5   | MILEWSKI Dominik      | 6406  | RYKOWISKO TEAM             | Senior I M - 20 | 5    | 00:48:00  | 02:07:34   | <b>02:59:51.25</b>    | +00:21:08 (11.8%) | 5:27            | 11 (88.0%)    |
| 6   | GRUN Wojtech          | 6542  | SALOMON SUNTO              | Senior I M - 20 | 6    | 00:48:15  | 02:11:46   | <b>03:07:30.20</b>    | +00:28:47 (15.4%) | 5:40            | 10.6 (84.8%)  |
| 7   | NICPOŃ Sebastian      | 6509  | KARKONOSZ RUNNING TEAM     | Senior I M - 20 | 7    | 00:50:24  | 02:26:53   | <b>03:23:03.60</b>    | +00:44:20 (21.8%) | 6:09            | 9.8 (78.4%)   |
| 8   | TABER Konrad          | 6466  | ACTIVE PROSPERIA           | Senior I M - 20 | 8    | 00:55:23  | 02:36:35   | <b>03:41:14.00</b>    | +01:02:31 (28.3%) | 6:42            | 8.9 (71.2%)   |
| 9   | MASIAREK Maciej       | 6504  |                            | Senior I M - 20 | 9    | 00:57:58  | 02:41:20   | <b>03:44:17.90</b>    | +01:05:34 (29.2%) | 6:47            | 8.8 (70.4%)   |
| 10  | BALIGA Cezary         | 6315  |                            | Senior I M - 20 | 10   | 01:01:37  | 02:50:57   | <b>03:50:53.20</b>    | +01:12:10 (31.3%) | 6:59            | 8.6 (68.8%)   |
| 11  | ORCZYKOWSKI Bogdan    | 6286  |                            | Senior I M - 20 | 11   | 01:04:44  | 02:53:29   | <b>03:58:54.35</b>    | +01:20:11 (33.6%) | 7:14            | 8.3 (66.4%)   |
| 12  | URBAŃCZAK Kacper      | 6360  |                            | Senior I M - 20 | 12   | 01:04:56  | 03:02:43   | <b>04:12:38.75</b>    | +01:33:55 (37.2%) | 7:39            | 7.8 (62.4%)   |
| 13  | DROGOŚ Kajetan        | 6457  |                            | Senior I M - 20 | 13   | 01:06:38  | 02:59:48   | <b>04:14:13.20</b>    | +01:35:30 (37.6%) | 7:42            | 7.8 (62.4%)   |
| 14  | SZUKAŁA Michał        | 6316  |                            | Senior I M - 20 | 14   |           | 02:50:55   | <b>04:14:16.30</b>    | +01:35:33 (37.6%) | 7:42            | 7.8 (62.4%)   |
| 15  | MIKULSKI Tomasz       | 6036  | UKS FILIPIDES TERESIN      | Senior I M - 20 | 15   | 00:54:52  | 02:34:13   | <b>04:16:29.80</b>    | +01:37:46 (38.1%) | 7:46            | 7.7 (61.6%)   |
| 16  | GAŚSIOROWSKI Jarosław | 6414  |                            | Senior I M - 20 | 16   | 01:08:57  | 03:20:18   | <b>04:26:07.50</b>    | +01:47:24 (40.4%) | 8:03            | 7.4 (59.2%)   |
| 17  | GDULA Jakub           | 6070  | KAMIL LEŚNIAK FANPAGE TEAM | Senior I M - 20 | 17   | 01:07:42  | 03:11:19   | <b>04:29:45.70</b>    | +01:51:02 (41.2%) | 8:10            | 7.3 (58.4%)   |
| 18  | KOPECKI Michał        | 6450  |                            | Senior I M - 20 | 18   | 01:07:33  | 03:17:15   | <b>04:35:19.50</b>    | +01:56:36 (42.4%) | 8:20            | 7.2 (57.6%)   |
| 19  | ŚLĄSKI Bartosz        | 6378  | DZIK KOMANDO               | Senior I M - 20 | 19   | 01:10:21  | 03:15:14   | <b>04:41:23.80</b>    | +02:02:40 (43.6%) | 8:31            | 7 (56.0%)     |
| 20  | KABAŁA Bartosz        | 6211  | #TEAMBIEGIWLKP             | Senior I M - 20 | 20   | 01:08:10  | 03:19:40   | <b>04:43:29.05</b>    | +02:04:46 (44.0%) | 8:35            | 7 (56.0%)     |
| 21  | MARCHWICKI Maciej     | 6195  |                            | Senior I M - 20 | 21   | 01:10:36  | 03:18:52   | <b>04:45:19.55</b>    | +02:06:36 (44.4%) | 8:38            | 6.9 (55.2%)   |
| 22  | WITKOWSKI Wojciech    | 6059  |                            | Senior I M - 20 | 22   | 01:08:49  | 03:21:29   | <b>04:45:51.95</b>    | +02:07:09 (44.5%) | 8:39            | 6.9 (55.2%)   |
| 23  | BIELECKI Tomasz       | 6449  | FAST BIKE GNIEZNO          | Senior I M - 20 | 23   | 01:22:42  | 03:40:45   | <b>04:55:43.80</b>    | +02:17:00 (46.3%) | 8:57            | 6.7 (53.6%)   |
| 24  | ŁATWIŃSKI Łukasz      | 6349  | MOCNA GRUPA CEZARA         | Senior I M - 20 | 24   | 01:20:02  | 03:39:47   | <b>04:57:15.10</b>    | +02:18:32 (46.6%) | 9:00            | 6.7 (53.6%)   |
| 25  | GUZY Radosław         | 6197  |                            | Senior I M - 20 | 25   | 01:19:11  | 03:39:37   | <b>04:59:10.15</b>    | +02:20:27 (46.9%) | 9:03            | 6.6 (52.8%)   |
| 26  | SŁOMIAN Mikołaj       | 6493  |                            | Senior I M - 20 | 26   | 01:22:51  | 03:42:55   | <b>04:59:28.60</b>    | +02:20:45 (47.0%) | 9:04            | 6.6 (52.8%)   |
| 27  | SZARSKI Jacek         | 6452  | KAPCIOCHY                  | Senior I M - 20 | 27   | 01:13:58  | 03:40:50   | <b>05:06:59.20</b>    | +02:28:16 (48.3%) | 9:18            | 6.4 (51.2%)   |
| 28  | WICHROWSKI Michał     | 6431  |                            | Senior I M - 20 | 28   | 01:16:45  | 03:40:43   | <b>05:11:13.55</b>    | +02:32:30 (49.0%) | 9:25            | 6.4 (51.2%)   |
| 29  | WÓJCİK Karol          | 6463  | NIWYCHOWANI FIZYCZNIE      | Senior I M - 20 | 29   | 01:19:03  | 03:45:44   | <b>05:12:18.10</b>    | +02:33:35 (49.2%) | 9:27            | 6.3 (50.4%)   |

| Msc | Zawodnik     | Numer | Klub                  | Kategoria       | Mkat | A1<br>9km | D1<br>24km | Czas<br>netto<br>33km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|--------------|-------|-----------------------|-----------------|------|-----------|------------|-----------------------|-------------------|-----------------|---------------|
| 30  | BECHTA Behta | 6144  | ADIDAS RUNNERS WARSAW | Senior I M - 20 | 30   | 01:30:26  | 04:32:31   | 06:14:19.90           | +03:35:36 (57.6%) | 11:20           | 5.3 (42.4%)   |

Znaleziono 30 wynik(ów)