

# GORCE ULTRA-TRAIL® 48 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Gorce Ultra-Trail  
**Organizator:** Fundacja Run Vegan - GUT  
**Data:** 2018-08-11  
**Miejsce:** Gorce  
**Dystans:** 48 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1 12km	Prz_Knur 25km	Jaszcze 35km	PKR4 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
1	<b>WOLSKI Jakub</b>	<b>496</b>	MAGAZYN BIEGANIE/STREFA PRZYGÓD	M 32	1	01:14:53	02:23:00		04:31:59	<b>05:05:37.80</b>	<b>05:05:41.75</b>		6:22	9.4
2	<b>SKRZYSIŃSKI Gniewomir</b>	<b>443</b>	MONK SANDALS TEAM	M 33-44	1	01:22:07	02:36:51		04:33:01	<b>05:07:36.45</b>	<b>05:07:38.30</b>	+00:01:56	6:24	9.4
3	<b>TERZONI Christian</b>	<b>473</b>		M 33-44	2	01:26:41	02:40:47		04:40:26	<b>05:11:58.85</b>	<b>05:12:00.30</b>	+00:06:18	6:29	9.2
4	<b>FLOREK Sebastian</b>	<b>267</b>	NORAFSPORT	M 33-44	3	01:21:58	02:40:59		04:40:18	<b>05:16:25.50</b>	<b>05:16:32.00</b>	+00:10:50	6:35	9.1
5	<b>DUDEK Jacek</b>	<b>258</b>	EGO POWER LAB	M 32	2	01:18:48	02:29:40		04:47:18	<b>05:29:06.10</b>	<b>05:29:07.90</b>	+00:23:26	6:51	8.8
6	<b>PERYKASZA Paweł</b>	<b>400</b>	NANN RUNNING TEAM	M 33-44	4	01:28:11	02:46:21		04:53:29	<b>05:30:17.35</b>	<b>05:30:21.60</b>	+00:24:39	6:52	8.7
7	<b>CICHOREK Dariusz</b>	<b>243</b>		M 45+	1		02:30:14		04:42:09	<b>05:42:00.15</b>	<b>05:42:03.30</b>	+00:36:21	7:07	8.4
8	<b>BALAZS File</b>	<b>523</b>		M 33-44	5	01:34:31	02:58:40		05:07:19	<b>05:43:21.85</b>	<b>05:43:32.95</b>	+00:37:51	7:09	8.4
9	<b>BANIAK Marcin</b>	<b>209</b>	G.O.A.T. TEAM MICHAŁOWICE	M 33-44	6	01:22:09	02:37:01		05:02:45	<b>05:43:50.05</b>	<b>05:43:52.55</b>	+00:38:10	7:09	8.4
10	<b>PIETRUSZKA Maciej</b>	<b>406</b>	KRWAWIE SUTY RUN&BIKE	M 33-44	7	01:27:47	02:47:59		05:06:36	<b>05:50:42.90</b>	<b>05:50:49.65</b>	+00:45:07	7:18	8.2
11	<b>KAPELAN Anna</b>	<b>302</b>	PKB	K 33-44	1	01:33:31	03:01:25		05:14:27	<b>06:00:24.65</b>	<b>06:00:28.55</b>	+00:54:46	7:30	8
12	<b>GŁODOWSKA Kamila</b>	<b>272</b>		K 32	1	01:31:48	02:59:06		05:15:52	<b>06:00:34.80</b>	<b>06:00:39.00</b>	+00:54:57	7:30	8
13	<b>LATOS Marcin</b>	<b>346</b>	EUROCLEAR RUNNING TEAM	M 32	3	01:36:19	03:02:17		05:20:22	<b>06:04:07.25</b>	<b>06:04:23.45</b>	+00:58:41	7:35	7.9
14	<b>OLSZAK Dariusz</b>	<b>388</b>	ZG POLKOWICE-SIEROSZOWICE	M 32	4	01:38:47	03:05:34		05:24:52	<b>06:05:05.75</b>	<b>06:05:23.20</b>	+00:59:41	7:36	7.9
15	<b>WALASEK Grzegorz</b>	<b>479</b>	BIEGUSIEM.PL	M 45+	2		02:49:59		05:14:55	<b>06:05:52.85</b>	<b>06:05:57.05</b>	+01:00:15	7:37	7.9
16	<b>MYŚLIWIEC Robert</b>	<b>377</b>	WLD&FREE	M 33-44	8	01:26:36	02:54:19		05:28:21	<b>06:14:53.00</b>	<b>06:14:55.75</b>	+01:09:14	7:48	7.7
17	<b>SIERGIEJEWICZ Grzegorz</b>	<b>441</b>	WOLSZTYŃSKI KLUB BIEGOWY	M 33-44	9	01:28:57	02:54:29		05:31:29	<b>06:18:36.65</b>	<b>06:18:40.35</b>	+01:12:58	7:53	7.6
18	<b>BEKAS Marcin</b>	<b>217</b>	RUNONLINE.PL	M 33-44	10	01:36:11	03:03:37		05:34:45	<b>06:20:29.75</b>	<b>06:20:35.00</b>	+01:14:53	7:55	7.6
19	<b>FAJFER Jakub</b>	<b>263</b>		M 32	5	01:37:53	03:05:44		05:33:15	<b>06:22:10.95</b>	<b>06:22:39.40</b>	+01:16:57	7:57	7.5
20	<b>MRÓZ Rafał</b>	<b>375</b>		M 45+	3	01:38:53	03:05:57		05:42:50	<b>06:26:30.75</b>	<b>06:26:40.55</b>	+01:20:58	8:03	7.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1			PKR4			Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
						12km	Prz_Knur 25km	Jaszcze 35km	41km	48km						
21	<b>CZERWIEC Andrzej</b>	<b>249</b>		M 33-44	11		03:06:09		05:42:39	<b>06:26:57.75</b>	<b>06:27:27.35</b>	+01:21:45	8:03	7.4		
22	<b>TOPOROWICZ Agata</b>	<b>476</b>		K 33-44	2	01:39:43	03:14:21		05:43:17	<b>06:28:15.55</b>	<b>06:28:27.10</b>	+01:22:45	8:05	7.4		
23	<b>JESIOŁOWSKI Michał</b>	<b>295</b>		M 33-44	12	01:32:25	03:03:46		05:45:37	<b>06:33:29.15</b>	<b>06:33:39.60</b>	+01:27:57	8:11	7.3		
24	<b>SZYMCZYK Daniel</b>	<b>470</b>	SEVENSEVEN	M 33-44	13	01:44:32	03:16:23		05:49:22	<b>06:33:19.35</b>	<b>06:33:44.50</b>	+01:28:02	8:11	7.3		
25	<b>STANUCHIEWICZ Oskar</b>	<b>454</b>		M 33-44	14	01:31:13	02:59:01		05:42:48	<b>06:33:45.40</b>	<b>06:33:51.35</b>	+01:28:09	8:12	7.3		
26	<b>KUŻAJ Sławomir</b>	<b>341</b>		M 32	6	01:43:58	03:20:20		05:44:42	<b>06:34:02.25</b>	<b>06:34:07.90</b>	+01:28:26	8:12	7.3		
27	<b>JANIK Mateusz</b>	<b>287</b>		M 32	7	01:46:58	03:21:49		05:49:12	<b>06:33:53.50</b>	<b>06:34:32.45</b>	+01:28:50	8:12	7.3		
28	<b>MACHUL Ewa</b>	<b>356</b>	DREAM RUN	K 33-44	3	01:43:12	03:13:34		05:45:21	<b>06:35:38.75</b>	<b>06:35:44.80</b>	+01:30:03	8:14	7.3		
29	<b>RYBARZ Witold</b>	<b>428</b>	OŚWIĘCIMSKI KLUB KARATE	M 45+	4	01:50:57	03:21:16		05:52:29	<b>06:38:19.30</b>	<b>06:39:13.65</b>	+01:33:31	8:17	7.2		
30	<b>ZACHARIAS-NALICHOWSKI Tomasz</b>	<b>505</b>		M 32	8	01:39:57	03:07:34		05:49:03	<b>06:42:20.40</b>	<b>06:42:49.45</b>	+01:37:07	8:22	7.2		
31	<b>PECHATKIN Nikita</b>	<b>397</b>	VOKUEVA TEAM	M 32	9	01:39:12			05:45:14	<b>06:44:43.05</b>	<b>06:44:43.05</b>	+01:39:01	8:25	7.1		
32	<b>KOSOWSKI Mateusz</b>	<b>521</b>	ANTYLEWAK	M 33-44	15	01:36:21	03:08:27		05:54:54	<b>06:45:10.25</b>	<b>06:45:14.60</b>	+01:39:32	8:26	7.1		
33	<b>BERDYCHOWSKI Zygmunt</b>	<b>525</b>		M 45+	5	01:35:26	03:13:08		05:53:32	<b>06:47:07.95</b>	<b>06:47:10.55</b>	+01:41:28	8:28	7.1		
34	<b>CIRKO Arkadiusz</b>	<b>245</b>	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M 33-44	16	01:38:50	03:07:53		05:54:21	<b>06:47:36.95</b>	<b>06:47:55.55</b>	+01:42:13	8:29	7.1		
35	<b>HEJZA Michał</b>	<b>280</b>		M 32	10	01:33:33	03:02:46		05:48:33	<b>06:48:35.15</b>	<b>06:48:43.80</b>	+01:43:02	8:30	7		
36	<b>NISZCZOT Dariusz</b>	<b>532</b>		M 32	11	01:52:23	03:30:58		06:06:14	<b>06:50:46.60</b>	<b>06:51:09.80</b>	+01:45:28	8:33	7		
37	<b>BILECKI Sebastian</b>	<b>225</b>		M 33-44	17	01:47:38	03:28:42		06:05:18	<b>06:51:27.75</b>	<b>06:51:40.65</b>	+01:45:58	8:34	7		
38	<b>WĘGLIŃSKI Michał</b>	<b>485</b>		M 32	12	01:44:38	03:19:52		05:59:58	<b>06:51:56.25</b>	<b>06:52:14.05</b>	+01:46:32	8:34	7		
39	<b>KOEHLER Krzysztof</b>	<b>316</b>		M 45+	6	01:39:47	03:19:56		06:04:53	<b>06:52:34.50</b>	<b>06:52:37.10</b>	+01:46:55	8:35	7		
40	<b>PŁÓCIENNICZAK Jakub</b>	<b>411</b>		M 33-44	18	01:35:24	03:10:46		06:00:19	<b>06:53:39.50</b>	<b>06:53:46.60</b>	+01:48:04	8:37	7		
41	<b>AMANOWICZ Marek</b>	<b>204</b>	RUNNING POŁANIEC	M 33-44	19	01:44:54	03:21:48		06:03:59	<b>06:53:59.45</b>	<b>06:54:24.35</b>	+01:48:42	8:37	7		
42	<b>ZALEWSKA Anna</b>	<b>508</b>	BBL ZDUŃSKA WOLA	K 33-44	4	01:45:26	03:19:06		06:04:13	<b>06:53:44.15</b>	<b>06:54:29.55</b>	+01:48:47	8:37	7		
43	<b>MŁYNARCZYK Krzysztof</b>	<b>374</b>		M 33-44	20	01:46:27	03:21:36		05:59:11	<b>06:55:01.20</b>	<b>06:55:41.05</b>	+01:49:59	8:38	6.9		
44	<b>RÓŻYCKI Konrad</b>	<b>425</b>		M 45+	7	01:39:55	03:16:12		05:55:46	<b>06:55:59.90</b>	<b>06:56:05.65</b>	+01:50:23	8:40	6.9		
45	<b>VAADA Anita</b>	<b>524</b>	BRSE	K 33-44	5	01:47:52	03:28:22		06:05:26	<b>06:56:08.60</b>	<b>06:56:20.45</b>	+01:50:38	8:40	6.9		
46	<b>SIENKIEWICZ Wojciech</b>	<b>440</b>	ORANGE POLSKA	M 45+	8	01:44:49	03:20:16		06:09:14	<b>06:56:18.10</b>	<b>06:56:31.35</b>	+01:50:49	8:40	6.9		
47	<b>ZALEWSKI Bartłomiej</b>	<b>509</b>	BBL ZDUŃSKA WOLA	M 33-44	21	01:45:23	03:19:07		06:04:23	<b>06:57:20.50</b>	<b>06:58:06.20</b>	+01:52:24	8:41	6.9		

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1	Prz_Knur	Jaszcze	PKR4	Czas netto	Czas brutto	Różn	Tempo	Tempo
						12km	25km	35km	41km	48km	48km		min/km	km/h
48	<b>ŻAK Artur</b>	<b>516</b>	ZE SZWAGREM	M 33-44	22	01:42:20	03:17:00		06:04:34	<b>07:04:07.75</b>	<b>07:04:16.00</b>	+01:58:34	8:50	6.8
49	<b>ŻAK Barbara</b>	<b>528</b>		K 33-44	6	01:42:28	03:21:37		06:06:38	<b>07:04:08.15</b>	<b>07:04:16.05</b>	+01:58:34	8:50	6.8
50	<b>ŚMIAŁEK Łukasz</b>	<b>471</b>	1983	M 33-44	23	01:43:13	03:16:14		06:08:05	<b>07:06:17.00</b>	<b>07:06:26.25</b>	+02:00:44	8:52	6.8
51	<b>KULAS Łukasz</b>	<b>339</b>	SOLO	M 33-44	24	01:46:22	03:24:27		06:14:31	<b>07:12:13.05</b>	<b>07:12:30.85</b>	+02:06:49	9:00	6.7
52	<b>JĘCEK Maciej</b>	<b>296</b>		M 33-44	25	01:54:04	03:31:46		06:16:54	<b>07:12:33.55</b>	<b>07:12:55.05</b>	+02:07:13	9:00	6.7
53	<b>DANEL Adam</b>	<b>252</b>		M 33-44	26	01:44:00	03:20:08		06:21:10	<b>07:13:17.45</b>	<b>07:13:25.50</b>	+02:07:43	9:01	6.6
54	<b>GIBAŁA Marcin</b>	<b>271</b>	FUNDACJA AUXILIUM	M 45+	9		03:20:22		06:19:11	<b>07:13:52.00</b>	<b>07:14:04.15</b>	+02:08:22	9:02	6.6
55	<b>NIEMCZEWSKI Borys</b>	<b>383</b>	TIMEBANDIT CORPS	M 33-44	27	01:42:18	03:22:15		06:18:49	<b>07:14:40.70</b>	<b>07:14:48.05</b>	+02:09:06	9:03	6.6
56	<b>ŁUCZAK Marcin</b>	<b>355</b>	RUN4ENERGY	M 33-44	28	01:41:14	03:16:36		06:16:54	<b>07:14:46.10</b>	<b>07:14:53.10</b>	+02:09:11	9:03	6.6
57	<b>TUCHOŁKA Marta</b>	<b>520</b>	POCO LOCO ADVENTURE TEAM	K 33-44	7	01:46:24	03:27:58		06:21:21	<b>07:15:38.90</b>	<b>07:15:47.90</b>	+02:10:06	9:04	6.6
58	<b>BROZEK Aleksander</b>	<b>232</b>	ELECTROLUX	M 33-44	29	01:49:53	03:29:34		06:20:05	<b>07:15:55.70</b>	<b>07:16:20.30</b>	+02:10:38	9:04	6.6
59	<b>ĆWIKŁA Krzysztof</b>	<b>251</b>		M 45+	10	01:49:13	03:30:49		06:19:48	<b>07:19:06.40</b>	<b>07:19:16.55</b>	+02:13:34	9:08	6.6
60	<b>ZORAN Henryk</b>	<b>513</b>		M 45+	11	01:57:56	03:42:20		06:27:20	<b>07:20:31.25</b>	<b>07:20:52.65</b>	+02:15:10	9:10	6.5
61	<b>BĘBEN Robert</b>	<b>221</b>	OSTROBIEC	M 45+	12	01:54:32	03:35:14		06:28:36	<b>07:21:27.10</b>	<b>07:22:12.80</b>	+02:16:31	9:11	6.5
62	<b>KĄSIEL Paweł</b>	<b>304</b>		M 33-44	30	01:53:21	03:31:58		06:30:01	<b>07:23:09.10</b>	<b>07:23:39.95</b>	+02:17:58	9:13	6.5
63	<b>RAKOWSKA Magdalena</b>	<b>419</b>	DRUŻYNA TVN	K 45+	1	01:47:04	03:27:39		06:25:38	<b>07:23:16.70</b>	<b>07:23:53.05</b>	+02:18:11	9:14	6.5
64	<b>RACUŁT Piotr</b>	<b>416</b>		M 32	13	01:49:52	03:30:49		06:27:12	<b>07:23:56.15</b>	<b>07:24:29.55</b>	+02:18:47	9:14	6.5
65	<b>PAWŁOWSKI Robert</b>	<b>396</b>	VEGE RUNNERS	M 33-44	31	01:53:04	03:38:22		06:31:45	<b>07:24:12.05</b>	<b>07:24:39.95</b>	+02:18:58	9:15	6.5
66	<b>ADAMCZYK Janusz</b>	<b>200</b>		M 45+	13	01:47:20	03:28:06		06:29:14	<b>07:24:25.90</b>	<b>07:24:59.35</b>	+02:19:17	9:15	6.5
67	<b>WOZNIAK Wojciech</b>	<b>497</b>	BETTER THEN A THOUSAND	M 45+	14	01:47:07	03:30:23		06:29:59	<b>07:25:50.80</b>	<b>07:26:00.00</b>	+02:20:18	9:17	6.5
68	<b>WIERZBICKI Tomasz</b>	<b>487</b>		M 33-44	32	01:50:06	03:35:03		06:33:30	<b>07:26:14.65</b>	<b>07:27:00.95</b>	+02:21:19	9:17	6.5
69	<b>SOBOLEWSKI Dariusz</b>	<b>449</b>	VEGE RUNNERS	M 45+	15	01:52:43	03:33:18		06:33:10	<b>07:26:07.70</b>	<b>07:27:02.15</b>	+02:21:20	9:17	6.5
70	<b>LARBES Fayçal</b>	<b>345</b>		M 33-44	33	01:58:30	03:33:52		06:38:57	<b>07:26:54.95</b>	<b>07:27:42.90</b>	+02:22:01	9:18	6.4
71	<b>ZAJĄC Paweł</b>	<b>506</b>	100HRMAX TEAM	M 33-44	34	01:41:27	03:18:21		06:19:38	<b>07:30:38.30</b>	<b>07:30:53.65</b>	+02:25:11	9:23	6.4
72	<b>FALKOWSKI Piotr</b>	<b>529</b>	KG PEGAZ PIASECZNO	M 45+	16	01:47:17	03:29:08		06:36:35	<b>07:32:34.95</b>	<b>07:32:47.75</b>	+02:27:06	9:25	6.4
73	<b>KŁOŚ Artur</b>	<b>311</b>		M 32	14	02:00:37	03:35:42		06:36:29	<b>07:32:23.70</b>	<b>07:32:48.45</b>	+02:27:06	9:25	6.4
74	<b>TOMCZYK Krzysztof</b>	<b>475</b>	ŚWMDNICKA GRUPA BIEGOWA	M 33-44	35		03:35:03		06:38:13	<b>07:32:34.25</b>	<b>07:33:19.00</b>	+02:27:37	9:25	6.4
75	<b>KRZYWICKI Paweł</b>	<b>530</b>		M 45+	17	01:52:08	03:41:26		06:44:22	<b>07:35:00.90</b>	<b>07:35:46.85</b>	+02:30:05	9:28	6.3
76	<b>BYLICA Paulina</b>	<b>236</b>	PGB SPORTOWA PACZKA	K 33-44	8	01:56:07	03:43:57		06:38:13	<b>07:35:43.60</b>	<b>07:36:16.15</b>	+02:30:34	9:29	6.3
77	<b>KRZEMIŃSKI Bartosz</b>	<b>334</b>	RUN PASJA	M 33-44	36	01:44:40	03:28:49		06:36:29	<b>07:36:41.40</b>	<b>07:36:52.50</b>	+02:31:10	9:30	6.3
78	<b>PĘKAŁA Aleksandra</b>	<b>401</b>	RUN PASJA	K 33-44	9	01:52:51	03:32:31		06:36:33	<b>07:36:41.80</b>	<b>07:36:52.55</b>	+02:31:10	9:30	6.3
79	<b>BŁACHNO Marcin</b>	<b>226</b>		M 33-44	37		03:44:53		06:48:22	<b>07:36:41.75</b>	<b>07:37:26.50</b>	+02:31:44	9:30	6.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1	Prz_Knur	Jaszcze	PKR4	Czas netto	Czas brutto	Różn	Tempo	Tempo
						12km	25km	35km	41km	48km	48km		min/km	km/h
80	<b>TOURDANOV Ingrid</b>	<b>493</b>		K 32	2	01:54:23	03:35:18		06:40:34	<b>07:37:46.05</b>	<b>07:37:51.80</b>	+02:32:10	9:32	6.3
81	<b>KACZMAREK Piotr</b>	<b>299</b>		M 33-44	38	01:46:20	03:35:30		06:42:50	<b>07:38:39.35</b>	<b>07:38:46.15</b>	+02:33:04	9:33	6.3
82	<b>ŁAKOMY Waldemar</b>	<b>353</b>	BUKOWSKI KLUB BIEGACZA	M 45+	18	01:50:15	03:41:11		06:42:52	<b>07:43:17.85</b>	<b>07:43:26.10</b>	+02:37:44	9:39	6.2
83	<b>MISZCZAK Kornel</b>	<b>371</b>		M 32	15	01:58:14	03:38:08		06:46:01	<b>07:43:43.65</b>	<b>07:44:26.55</b>	+02:38:44	9:39	6.2
84	<b>WIERZBICKA Joanna</b>	<b>486</b>		K 33-44	10	01:50:11	03:35:05		06:39:16	<b>07:45:30.45</b>	<b>07:46:17.50</b>	+02:40:35	9:41	6.2
85	<b>HERBICH-SAR Violetta</b>	<b>281</b>	FUDU & CO. SPORT TEAM	K 33-44	11	01:46:40	03:34:23		06:39:48	<b>07:46:06.70</b>	<b>07:46:17.65</b>	+02:40:35	9:42	6.2
86	<b>PIECZARA Błażej</b>	<b>404</b>		M 33-44	39	01:47:04	03:34:55		06:48:08	<b>07:47:05.95</b>	<b>07:47:21.70</b>	+02:41:39	9:43	6.2
87	<b>PASIERBIŃSKI Piotr</b>	<b>394</b>	TRIPASIK	M 45+	19	01:46:37	03:31:34		06:45:13	<b>07:48:14.00</b>	<b>07:48:30.15</b>	+02:42:48	9:45	6.2
88	<b>KMITA Krzysztof</b>	<b>312</b>		M 33-44	40	01:49:33	03:31:33		06:38:04	<b>07:49:03.60</b>	<b>07:49:23.15</b>	+02:43:41	9:46	6.1
89	<b>NAWARA Katarzyna</b>	<b>381</b>		K 32	3	01:53:00	03:41:09		06:46:04	<b>07:50:29.95</b>	<b>07:50:42.10</b>	+02:45:00	9:48	6.1
90	<b>WOJTACZKA Witold</b>	<b>494</b>	BOBOWSKA GRUPA BIEGOWA	M 32	16	01:52:40	03:41:14		06:52:29	<b>07:51:34.70</b>	<b>07:52:03.10</b>	+02:46:21	9:49	6.1
91	<b>SZYMANIAK Filip</b>	<b>466</b>		M 32	17	01:52:05	03:34:22		06:42:40	<b>07:52:13.90</b>	<b>07:52:37.10</b>	+02:46:55	9:50	6.1
92	<b>BORKWSKA Aneta</b>	<b>230</b>	ULTRA SRULTRA	K 32	4	01:58:25	03:46:13		06:50:46	<b>07:56:05.60</b>	<b>07:56:26.65</b>	+02:50:44	9:55	6
93	<b>KIRILENKO Aneta</b>	<b>306</b>		K 33-44	12	01:54:30	03:47:29		06:58:14	<b>07:56:38.80</b>	<b>07:56:52.35</b>	+02:51:10	9:55	6
93	<b>KIRILENKO Marcin</b>	<b>305</b>		M 33-44	41	01:54:53	03:47:33		06:58:17	<b>07:56:38.80</b>	<b>07:56:52.35</b>	+02:51:10	9:55	6
95	<b>MICHALCZEWSKA Marzena</b>	<b>363</b>		K 33-44	13	01:52:23	03:47:32		06:57:17	<b>07:57:19.75</b>	<b>07:57:37.25</b>	+02:51:55	9:56	6
96	<b>BIEL Lukasz</b>	<b>222</b>	MR.	M 33-44	42	01:52:35	03:36:28		06:58:10	<b>07:59:36.60</b>	<b>07:59:44.00</b>	+02:54:02	9:59	6
97	<b>MATULA Bartłomiej</b>	<b>361</b>	PRZEBIEGLI UNISŁAW	M 33-44	43	01:58:21	03:41:39		06:47:50	<b>07:59:49.85</b>	<b>08:00:33.85</b>	+02:54:52	9:59	6
98	<b>LIPIŃSKI Michał</b>	<b>348</b>		M 33-44	44	01:58:18	03:41:38		06:47:45	<b>07:59:50.25</b>	<b>08:00:34.25</b>	+02:54:52	9:59	6
99	<b>CYMBORSKA Jolanta</b>	<b>247</b>	WARSAW RUN CLUB	K 33-44	14	02:01:10	03:58:33		07:11:06	<b>08:04:43.70</b>	<b>08:05:14.10</b>	+02:59:32	10:05	5.9
100	<b>SOKOŁOWSKA Adriana</b>	<b>450</b>	VEGE RUNNERS	K 32	5	02:03:44	03:56:21		07:10:17	<b>08:06:20.80</b>	<b>08:06:49.95</b>	+03:01:08	10:07	5.9
101	<b>ODOLIŃSKI Jacek</b>	<b>387</b>	PSZCZÓŁKOWSKI TEAM	M 45+	20	02:02:07	04:04:28		06:59:14	<b>08:06:39.00</b>	<b>08:07:05.65</b>	+03:01:23	10:08	5.9
102	<b>SZARY Marek</b>	<b>463</b>		M 33-44	45	01:59:39	03:51:08		07:05:41	<b>08:07:13.40</b>	<b>08:08:03.85</b>	+03:02:22	10:09	5.9
103	<b>LENART-KŁOŚ Katarzyna</b>	<b>347</b>		K 32	6	02:00:45	03:46:00		06:58:53	<b>08:08:16.65</b>	<b>08:08:43.60</b>	+03:03:01	10:10	5.9
104	<b>KRYPEL Tomasz</b>	<b>332</b>		M 33-44	46	01:59:31	03:51:11		07:06:03	<b>08:08:24.50</b>	<b>08:09:15.10</b>	+03:03:33	10:10	5.9
105	<b>URIBE ABARCA Juan Manuel</b>	<b>478</b>		M 32	18	01:59:03	03:55:51		07:10:27	<b>08:10:17.80</b>	<b>08:10:40.55</b>	+03:04:58	10:12	5.9
106	<b>KOZIOŁ Piotr</b>	<b>329</b>	FUNDACJA OD-WAGA	M 33-44	47	02:03:41	03:52:50		07:06:43	<b>08:11:11.75</b>	<b>08:11:46.55</b>	+03:06:04	10:14	5.9
107	<b>KACZMAREK Grzegorz</b>	<b>298</b>	TICON	M 45+	21	01:47:03	03:38:42		06:54:36	<b>08:12:27.95</b>	<b>08:12:47.65</b>	+03:07:05	10:15	5.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1			PKR4	Czas		Różn	Tempo min/km	Tempo km/h
						12km	Prz_Knur 25km	Jaszcze 35km		48km	brutto 48km			
108	<b>CZAPIEWSKI Maciej</b>	<b>248</b>		M 33-44	48	01:51:30	03:41:19		07:11:17	<b>08:13:04.00</b>	<b>08:13:53.80</b>	+03:08:12	10:16	5.8
109	<b>SUWAŁA Anna</b>	<b>461</b>		K 33-44	15	01:53:40	03:49:40		07:12:38	<b>08:15:45.95</b>	<b>08:16:00.65</b>	+03:10:18	10:19	5.8
110	<b>DUDEK Michał</b>	<b>257</b>	BIEGUSIEM.PL	M 33-44	49	01:53:45	03:49:41		07:12:46	<b>08:15:47.00</b>	<b>08:16:01.00</b>	+03:10:19	10:19	5.8
111	<b>GMAJ Daniel</b>	<b>273</b>		M 33-44	50	02:00:11	03:54:47		07:16:18	<b>08:15:10.50</b>	<b>08:16:03.45</b>	+03:10:21	10:18	5.8
112	<b>KRUPA Anna</b>	<b>526</b>	HUSIARIA RACE TEAM	K 32	7		04:02:48		07:20:07	<b>08:16:42.25</b>	<b>08:16:52.65</b>	+03:11:10	10:20	5.8
113	<b>CHMARA Rafał</b>	<b>240</b>	AMBAR	M 33-44	51	01:52:00	03:41:56		07:04:00	<b>08:22:09.50</b>	<b>08:22:59.45</b>	+03:17:17	10:27	5.7
114	<b>GNIADKOWSKI Paweł</b>	<b>274</b>	ODJECHANI.COM	M 33-44	52	02:02:10	04:00:04		07:20:11	<b>08:24:36.85</b>	<b>08:25:24.95</b>	+03:19:43	10:30	5.7
115	<b>ZAWISZA Joanna</b>	<b>511</b>	VEGE RUNNERS	K 45+	2	01:59:14	03:55:16		07:14:41	<b>08:24:48.65</b>	<b>08:25:34.80</b>	+03:19:53	10:31	5.7
116	<b>HALEK Przemek</b>	<b>279</b>		M 33-44	53	01:57:18	03:58:27		07:14:25	<b>08:24:46.80</b>	<b>08:25:35.65</b>	+03:19:53	10:30	5.7
117	<b>POLIŃSKA Magdalena</b>	<b>412</b>	SOCIOS SILESIA	K 33-44	16	01:59:12	03:55:16		07:25:52	<b>08:25:21.15</b>	<b>08:25:40.50</b>	+03:19:58	10:31	5.7
118	<b>RADOMSKI Kuba</b>	<b>417</b>	PRZEGLĄD SPORTOWY	M 32	19	01:54:48	03:53:29		07:16:28	<b>08:25:27.95</b>	<b>08:25:48.15</b>	+03:20:06	10:31	5.7
119	<b>SŁAWIŃSKI Patryk</b>	<b>445</b>		M 33-44	54	01:54:31	03:46:19		07:23:59	<b>08:29:42.75</b>	<b>08:29:47.90</b>	+03:24:06	10:37	5.7
120	<b>ADAMOWICZ Magdalena</b>	<b>201</b>		K 32	8	02:06:04	04:01:30		07:27:26	<b>08:29:33.45</b>	<b>08:30:16.80</b>	+03:24:35	10:36	5.7
121	<b>JANOWSKA Katarzyna</b>	<b>527</b>	FIZJO ZDROWIE	K 33-44	17	01:56:43	03:45:59		07:18:51	<b>08:30:17.00</b>	<b>08:30:22.05</b>	+03:24:40	10:37	5.6
122	<b>REGULSKA Monika</b>	<b>421</b>	ALBATROSY	K 32	9	02:01:41	04:00:55		07:19:24	<b>08:30:43.15</b>	<b>08:31:15.80</b>	+03:25:34	10:38	5.6
123	<b>NAPIERALSKA Natalia</b>	<b>379</b>		K 33-44	18	02:00:32	03:53:30		07:19:24	<b>08:31:36.30</b>	<b>08:32:23.65</b>	+03:26:41	10:39	5.6
124	<b>NAPIERALSKI Michał</b>	<b>380</b>		M 33-44	55	02:00:38	03:53:29		07:19:27	<b>08:31:37.05</b>	<b>08:32:24.05</b>	+03:26:42	10:39	5.6
125	<b>KULER Bartosz</b>	<b>340</b>	PGB SPORTOWA PACZKA	M 32	20	01:49:11	03:40:52		07:19:34	<b>08:32:25.00</b>	<b>08:33:22.15</b>	+03:27:40	10:40	5.6
126	<b>DRABIK Jacek</b>	<b>255</b>		M 45+	22	01:59:19	03:52:56		07:30:16	<b>08:34:17.25</b>	<b>08:34:26.50</b>	+03:28:44	10:42	5.6
127	<b>STRĘCIWILK Tomasz</b>	<b>460</b>	VADAIN RUNNING CLUB	M 33-44	56	02:07:55	03:59:44		07:30:34	<b>08:34:33.85</b>	<b>08:35:10.70</b>	+03:29:28	10:43	5.6
128	<b>CHWISTEK Maciej</b>	<b>242</b>		M 33-44	57	02:01:22	04:03:12		07:27:58	<b>08:37:51.70</b>	<b>08:38:05.75</b>	+03:32:24	10:47	5.6
129	<b>JACHYMSKI Ignacy</b>	<b>284</b>		M 32	21	02:03:45	04:08:04		07:28:06	<b>08:40:20.20</b>	<b>08:40:39.40</b>	+03:34:57	10:50	5.5
130	<b>GRYGORUK Marek</b>	<b>276</b>	VEGAN YOGA BIAŁOSTOCKA SEKTA BIEGACZY	M 45+	23	01:59:34	03:58:40		07:30:42	<b>08:41:03.00</b>	<b>08:41:43.45</b>	+03:36:01	10:51	5.5
131	<b>KOTUSIEWICZ Ewa</b>	<b>327</b>	FUDU&CO SPORT TEAM	K 33-44	19	02:13:06	04:10:15		07:42:15	<b>08:42:51.00</b>	<b>08:43:24.65</b>	+03:37:42	10:53	5.5
132	<b>WACH Grzegorz</b>	<b>522</b>		M 33-44	58	02:06:06	04:01:03		07:42:59	<b>08:42:36.30</b>	<b>08:43:29.05</b>	+03:37:47	10:53	5.5
133	<b>SERĘGA Anna</b>	<b>436</b>	WKURW_TEAM	K 33-44	20	02:19:48	04:21:01		07:45:24	<b>08:47:12.10</b>	<b>08:47:41.70</b>	+03:41:59	10:59	5.5
134	<b>BORC Marzanna</b>	<b>229</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K 45+	3	02:10:21	04:03:19		07:35:36	<b>08:48:00.60</b>	<b>08:48:26.00</b>	+03:42:44	11:00	5.5
135	<b>CHELKOWSKI Henryk</b>	<b>238</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	M 33-44	59	02:10:26	04:03:18		07:35:52	<b>08:48:00.75</b>	<b>08:48:26.15</b>	+03:42:44	11:00	5.5
136	<b>JANOWSKA Ula</b>	<b>289</b>		K 33-44	21	02:10:29	04:03:21		07:35:57	<b>08:48:01.65</b>	<b>08:48:26.25</b>	+03:42:44	11:00	5.5
137	<b>SWĘDZIOŁ Monika</b>	<b>462</b>	W POGONI ZA DUCHEM	K 33-44	22	02:10:34	04:14:08		07:45:12	<b>08:49:15.30</b>	<b>08:49:39.15</b>	+03:43:57	11:01	5.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1	Prz_Knur	Jaszcze	PKR4	Czas netto	Czas brutto	Różn	Tempo	Tempo
						12km	25km	35km	41km	48km	48km		min/km	km/h
138	<b>PIEKARCZYK Michał</b>	<b>405</b>	KWAŚNE ŻELKI	M 32	22	01:59:55	03:51:02		07:28:16	<b>08:52:56.65</b>	<b>08:53:47.20</b>	+03:48:05	11:06	5.4
139	<b>SOBIESKI Jan</b>	<b>448</b>	KWAŚNE ŻELKI	M 32	23	02:00:02	03:53:10		07:28:13	<b>08:52:57.85</b>	<b>08:53:47.65</b>	+03:48:05	11:06	5.4
140	<b>SAMBORSKI Bartosz</b>	<b>434</b>	WKURW_TEAM	M 33-44	60	02:01:03	03:54:08		07:31:41	<b>08:53:26.35</b>	<b>08:53:56.25</b>	+03:48:14	11:06	5.4
141	<b>JANAS Michał</b>	<b>286</b>	FUNDACJA WSPARCIA RATOWNICTWA RK	M 33-44	61	01:51:22	03:47:15		07:32:55	<b>08:53:27.65</b>	<b>08:54:19.25</b>	+03:48:37	11:06	5.4
142	<b>KRÓL Łukasz</b>	<b>331</b>		M 32	24	01:57:17	04:06:47		07:40:05	<b>08:54:44.05</b>	<b>08:55:06.50</b>	+03:49:24	11:08	5.4
143	<b>SAKOWSKA Aneta</b>	<b>431</b>		K 33-44	23	01:55:56	03:45:54		07:28:57	<b>08:55:52.85</b>	<b>08:56:30.90</b>	+03:50:49	11:09	5.4
143	<b>DZIEDZIC Paweł</b>	<b>261</b>	PGB SPORTOWA PACZKA	M 33-44	62	01:56:15	04:09:44		07:42:48	<b>08:56:08.15</b>	<b>08:56:30.90</b>	+03:50:49	11:10	5.4
145	<b>PŁAŻYŃSKI Bartosz</b>	<b>410</b>	W POGONI ZA DUCHEM	M 33-44	63	02:15:47	04:17:31		07:53:48	<b>08:56:51.45</b>	<b>08:57:14.10</b>	+03:51:32	11:11	5.4
146	<b>ZIELIŃSKA Iwona</b>	<b>512</b>	BIEGAJ Z GŁOWĄ	K 33-44	24	01:59:54	04:02:36		07:45:38	<b>08:57:54.15</b>	<b>08:58:19.25</b>	+03:52:37	11:12	5.4
147	<b>WIŚNIEWSKI Janusz</b>	<b>490</b>	PARA W BIEGU	M 33-44	64	02:13:35	04:14:11		07:51:00	<b>08:58:35.75</b>	<b>08:59:10.75</b>	+03:53:29	11:13	5.3
148	<b>WIŚNIEWSKA Agnieszka</b>	<b>489</b>	PARA W BIEGU	K 33-44	25	02:17:12	04:20:54		07:51:07	<b>08:58:34.95</b>	<b>08:59:10.85</b>	+03:53:29	11:13	5.3
149	<b>PECHATKINA Liuda</b>	<b>398</b>	VOKUEVA TEAM	K 32	10	02:05:40	04:06:39		07:42:52	<b>09:00:05.00</b>	<b>09:00:05.00</b>	+03:54:23	11:15	5.3
150	<b>POŁOMSKI Andrzej</b>	<b>413</b>	GMRIP GRUPA MUNDUROWYCH, RODZIN I PRZYJACIÓŁ	M 45+	24	02:04:07	04:17:01		07:49:23	<b>09:02:51.10</b>	<b>09:02:51.10</b>	+03:57:09	11:18	5.3
151	<b>TOKARSKI Rafał</b>	<b>474</b>		M 33-44	65	01:59:33	04:02:02		07:49:58	<b>09:05:14.70</b>	<b>09:05:35.10</b>	+03:59:53	11:21	5.3
152	<b>KWASEK Kazek</b>	<b>342</b>	ESKADRA KRAKÓW	M 33-44	66	01:58:47	04:06:05		07:55:50	<b>09:10:55.85</b>	<b>09:11:19.15</b>	+04:05:37	11:28	5.2
153	<b>KRYSIAK Filip</b>	<b>333</b>	VEGE RUNNERS	M 33-44	67	02:16:02	04:14:02		07:51:02	<b>09:14:30.05</b>	<b>09:15:06.25</b>	+04:09:24	11:33	5.2
154	<b>STASZEWSKA Sylwia</b>	<b>455</b>		K 45+	4	02:09:36	04:18:18		07:59:28	<b>09:14:43.75</b>	<b>09:15:23.25</b>	+04:09:41	11:33	5.2
155	<b>SŁAWIŃSKI Kazimierz</b>	<b>444</b>		M 33-44	68	02:10:32	04:18:57		07:48:18	<b>09:14:39.95</b>	<b>09:15:24.25</b>	+04:09:42	11:33	5.2
156	<b>BAŁAGA Marcin</b>	<b>208</b>	KTO DOGONI PSA?	M 45+	25	02:10:06	04:22:04		08:07:58	<b>09:14:57.40</b>	<b>09:15:24.70</b>	+04:09:42	11:33	5.2
157	<b>KOCIOŁEK Zbyszek</b>	<b>315</b>		M 45+	26	02:02:01	04:19:12		08:10:41	<b>09:15:50.30</b>	<b>09:16:17.75</b>	+04:10:36	11:34	5.2
158	<b>BUNSCH Iga</b>	<b>234</b>		K 33-44	26	01:59:21	03:59:58		07:51:11	<b>09:20:03.70</b>	<b>09:20:21.10</b>	+04:14:39	11:40	5.1
159	<b>MIĘDZIK Tomasz</b>	<b>369</b>		M 33-44	69	01:59:16	03:59:55		07:51:56	<b>09:20:03.00</b>	<b>09:20:21.35</b>	+04:14:39	11:40	5.1
160	<b>BELDOWSKA Beata</b>	<b>218</b>	FUDU&CO.SPORT.TEAM	K 45+	5	02:13:29	04:22:36		08:12:52	<b>09:20:18.25</b>	<b>09:20:53.25</b>	+04:15:11	11:40	5.1
161	<b>FALKOWSKI Łukasz</b>	<b>264</b>	VADAIN RUNNING CLUB	M 33-44	70	02:16:17	04:30:16		07:59:07	<b>09:21:07.20</b>	<b>09:21:45.75</b>	+04:16:04	11:41	5.1
162	<b>BARON Jacek</b>	<b>213</b>	VADAIN RUNNING CLUB	M 33-44	71	02:02:52	03:57:00		07:25:25	<b>09:21:08.95</b>	<b>09:21:46.20</b>	+04:16:04	11:41	5.1
163	<b>JANOTA Marcin</b>	<b>288</b>	CREADIS	M 32	25	02:08:22	04:11:25		08:01:28	<b>09:21:19.30</b>	<b>09:22:06.30</b>	+04:16:24	11:41	5.1
164	<b>PIWKO Anna</b>	<b>409</b>	ROZBIEGAMY TO MIASTO CZECHOWICE-DZIEDZICE	K 33-44	27	02:11:38	04:15:42		07:56:57	<b>09:25:42.45</b>	<b>09:25:52.85</b>	+04:20:11	11:47	5.1
165	<b>KNUROWSKI Marcin</b>	<b>313</b>		M 45+	27	02:06:19	04:06:54		07:56:44	<b>09:25:22.45</b>	<b>09:25:53.90</b>	+04:20:12	11:46	5.1
166	<b>WAROWNY Piotr</b>	<b>483</b>		M 33-44	72	01:58:08	03:57:32		07:48:24	<b>09:29:07.95</b>	<b>09:29:20.80</b>	+04:23:39	11:51	5.1
167	<b>ŻACZEK Anna</b>	<b>515</b>	BIEGUSIEM. PL	K 45+	6		03:57:29		07:48:29	<b>09:29:04.55</b>	<b>09:29:21.10</b>	+04:23:39	11:51	5.1
168	<b>NIEWIAROWSKI Jarosław</b>	<b>384</b>	BIEGIEM PO PIWO	M 33-44	73	02:12:24	04:27:10		08:14:21	<b>09:30:41.60</b>	<b>09:31:02.40</b>	+04:25:20	11:53	5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1 12km	Prz_Knur 25km	Jaszcze 35km	PKR4 41km	Czas		Różn	Tempo min/km	Tempo km/h
										netto 48km	brutto 48km			
169	<b>PURWIN Beata</b>	<b>415</b>		K 45+	7	02:13:03	04:23:51		08:18:32	<b>09:36:18.35</b>	<b>09:36:44.70</b>	+04:31:02	12:00	5
170	<b>SOKOŁOWSKA Agnieszka</b>	<b>451</b>	WKURW_TEAM	K 33-44	28	02:11:26	04:21:25		08:21:28	<b>09:36:37.80</b>	<b>09:37:24.55</b>	+04:31:42	12:00	5
171	<b>KOMBAROVA Olga</b>	<b>320</b>		K 32	11	02:10:00	04:14:07		08:11:25	<b>09:39:39.00</b>	<b>09:40:22.05</b>	+04:34:40	12:04	5
172	<b>ŻAK Oliwia</b>	<b>517</b>	PIASECZNO RUNNING	K 33-44	29	02:11:51	04:21:08		08:20:16	<b>09:41:45.70</b>	<b>09:42:13.25</b>	+04:36:31	12:07	5
173	<b>JAROSZ-PIWOŃSKA Aldona</b>	<b>291</b>		K 33-44	30	02:11:56	04:21:07		08:20:54	<b>09:41:46.20</b>	<b>09:42:13.35</b>	+04:36:31	12:07	5
174	<b>SZYMAŃSKI Mariusz</b>	<b>467</b>		M 33-44	74	02:12:39	04:29:20		08:28:21	<b>09:44:12.45</b>	<b>09:44:28.00</b>	+04:38:46	12:10	4.9
175	<b>JASTRZĘBSKI Artur</b>	<b>293</b>	SKY RUNNER	M 32	26	02:26:08	04:40:30		08:28:16	<b>09:44:15.30</b>	<b>09:44:31.35</b>	+04:38:49	12:10	4.9
176	<b>KOTLICKA Beata</b>	<b>326</b>	FUDU&CO.SPORT TEAM	K 33-44	31	02:13:58	04:23:55		08:21:36	<b>09:45:10.85</b>	<b>09:45:45.35</b>	+04:40:03	12:11	4.9
177	<b>PISULIŃSKA Ewa</b>	<b>408</b>		K 32	12	02:16:24	04:25:19		08:23:19	<b>09:46:39.90</b>	<b>09:47:06.75</b>	+04:41:25	12:13	4.9
178	<b>WÓJKOWSKI Kamil</b>	<b>500</b>	PRO-RUN WROCŁAW/RAZEM TRENUJEMY SPORT	M 33-44	75	02:09:19	04:34:00		08:37:35	<b>09:50:59.65</b>	<b>09:51:19.50</b>	+04:45:37	12:18	4.9
179	<b>STODULSKI Krzysztof</b>	<b>458</b>	KUTNO BIEGA	M 33-44	76	02:09:17	04:34:02		08:37:38	<b>09:51:01.75</b>	<b>09:51:20.95</b>	+04:45:39	12:18	4.9
180	<b>CZERWONKA Zbigniew</b>	<b>250</b>	ESKADRA WROCLAW	M 33-44	77	02:14:56	04:37:57		08:32:36	<b>09:53:35.40</b>	<b>09:54:16.05</b>	+04:48:34	12:22	4.9
181	<b>JUREK Jarosław</b>	<b>297</b>	KS FLORIAN	M 33-44	78	02:02:53	04:22:15		08:27:40	<b>09:53:57.30</b>	<b>09:54:23.55</b>	+04:48:41	12:22	4.8
182	<b>PAWŁOWSKA-JUREK Paulina</b>	<b>395</b>	KS FLORIAN	K 33-44	32	02:17:13	04:37:02		08:36:08	<b>09:54:04.60</b>	<b>09:54:23.80</b>	+04:48:42	12:22	4.8
183	<b>IWANIEC-KOPACZEWSKA Anna</b>	<b>283</b>	1976	K 33-44	33	02:15:15	04:35:15		08:34:59	<b>09:54:34.85</b>	<b>09:54:58.65</b>	+04:49:16	12:23	4.8
184	<b>OLSZEWSKI Hubert</b>	<b>389</b>		M 33-44	79	02:15:13	04:34:00		08:42:59	<b>09:54:26.15</b>	<b>09:55:19.30</b>	+04:49:37	12:23	4.8
185	<b>BOROWIECKI Piotr</b>	<b>231</b>		M 45+	28	02:15:42	04:31:35		08:38:02	<b>09:56:08.25</b>	<b>09:56:55.30</b>	+04:51:13	12:25	4.8
186	<b>FEDEROWICZ Grzegorz</b>	<b>265</b>	WATAHA GRUPA TRENINGOWA	M 33-44	80	02:12:57	04:33:36		08:39:06	<b>09:56:59.85</b>	<b>09:57:39.90</b>	+04:51:58	12:26	4.8
187	<b>LITWINEK Marek</b>	<b>350</b>	VW TEAM	M 33-44	81	02:09:58	04:17:49		08:43:13	<b>09:58:31.50</b>	<b>09:59:02.10</b>	+04:53:20	12:28	4.8
188	<b>WILLIS Alan</b>	<b>488</b>		M 33-44	82	02:04:36	04:02:23		08:22:31	<b>09:58:23.30</b>	<b>09:59:03.35</b>	+04:53:21	12:27	4.8
189	<b>WÓJCIK Monika</b>	<b>499</b>		K 33-44	34	02:13:56	04:36:21		08:53:20	<b>09:59:03.10</b>	<b>09:59:57.05</b>	+04:54:15	12:28	4.8
190	<b>SALONI-SADOWSKA Maria</b>	<b>433</b>	SN KLASYK	K 45+	8	02:16:26	04:33:28		08:31:14	<b>09:59:19.05</b>	<b>10:00:00.35</b>	+04:54:18	12:29	4.8
191	<b>MICHALSKA Anna</b>	<b>367</b>	OBOZYBIEGOWE.PL	K 45+	9	02:15:50	04:33:26		08:31:34	<b>09:59:21.95</b>	<b>10:00:03.65</b>	+04:54:21	12:29	4.8
192	<b>ALAJOUTSI Jukka</b>	<b>202</b>	VERTICAL WORM	M 45+	29	02:10:08	04:35:43		08:34:54	<b>09:59:37.70</b>	<b>10:00:08.90</b>	+04:54:27	12:29	4.8
193	<b>KORZENIOWSKA Joanna</b>	<b>323</b>	UMCS BIEGA	K 33-44	35	02:16:55	04:34:47		08:49:00	<b>09:59:55.20</b>	<b>10:00:24.35</b>	+04:54:42	12:29	4.8
194	<b>IWANIEC Ewa</b>	<b>282</b>		K 33-44	36	02:21:39	04:37:30		08:51:52	<b>09:59:58.50</b>	<b>10:00:29.95</b>	+04:54:48	12:29	4.8
195	<b>ŁABĘCKA Agata</b>	<b>352</b>		K 33-44	37	02:22:01	04:37:33		08:51:59	<b>09:59:58.10</b>	<b>10:00:30.75</b>	+04:54:49	12:29	4.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1			Czas netto		Czas brutto		Różn	Tempo min/km	Tempo km/h
						12km	Prz_Knur 25km	Jaszcze 35km	PKR4 41km	48km	48km				
196	<b>SMORAĞIEWICZ Marcin</b>	<b>447</b>		M 33-44	83	02:21:56	04:38:54		08:51:48	<b>10:00:44.00</b>	<b>10:01:15.55</b>	+04:55:33	12:30	4.8	
197	<b>MYSZKOWSKI Paweł</b>	<b>376</b>	BIAŁOSTOCKA SEKTA BIEGACZY	M 33-44	84	02:19:39	04:35:41		08:59:40	<b>10:01:35.85</b>	<b>10:02:01.55</b>	+04:56:19	12:32	4.8	
198	<b>DZIKOŃ Małgorzata</b>	<b>262</b>	BIAŁOSTOCKA SEKTA BIEGACZY	K 33-44	38	02:19:58	04:35:40		08:59:34	<b>10:01:36.45</b>	<b>10:02:01.85</b>	+04:56:20	12:32	4.8	
199	<b>KŁOPOTOWSKA SOSNA Kaska</b>	<b>310</b>	UNLIMITED SPORT AND LIFE	K 45+	10	02:13:51	04:36:17		08:53:17	<b>10:03:32.40</b>	<b>10:04:26.15</b>	+04:58:44	12:34	4.8	
<b>Przekroczony limit czasu: 10:10:00</b>															
200	<b>SIERPOWSKA-BARTOSIK Agnieszka</b>	<b>442</b>	VEGE RUNNERS	K 33-44	39	02:14:39	04:47:48		08:54:11	<b>10:11:16.35</b>	<b>10:11:32.40</b>	+05:05:50	12:44	4.7	
201	<b>KUCZEK Katarzyna</b>	<b>338</b>	PGB SPORTOWA PACZKA	K 33-44	40	02:22:06	04:40:26		08:54:12	<b>10:11:18.30</b>	<b>10:11:38.20</b>	+05:05:56	12:44	4.7	
202	<b>KAŃTOCH Cezary</b>	<b>300</b>		M 45+	30	02:13:39	04:39:16		08:57:50	<b>10:24:02.65</b>	<b>10:24:06.90</b>	+05:18:25	7:25	8.1	
203	<b>SZYMCZAK Katarzyna</b>	<b>469</b>		K 45+	11	02:41:22	05:12:18		09:17:38	<b>10:43:45.25</b>	<b>10:44:06.30</b>	+05:38:24	7:39	7.8	
204	<b>SZYMCZAK Tomasz</b>	<b>468</b>		M 45+	31	02:40:35	05:12:12		09:17:42	<b>10:43:43.20</b>	<b>10:44:07.05</b>	+05:38:25	7:39	7.8	
205	<b>MAZANOWSKA Ewa</b>	<b>362</b>	RUN PASJA BYDGOSZCZ	K 33-44	41	02:32:06	04:59:30		09:23:59	<b>11:13:57.15</b>	<b>11:14:09.75</b>	+06:08:28	14:02	4.3	
206	<b>RUDNICKA Agata</b>	<b>426</b>		K 45+	12	02:22:12	04:52:40		09:33:35	<b>11:22:56.70</b>	<b>11:23:29.05</b>	+06:17:47	14:13	4.2	
207	<b>LOSOR Andrzej</b>	<b>351</b>		M 33-44	85	02:12:00	04:48:21		09:43:24	<b>11:32:23.50</b>	<b>11:32:50.35</b>	+06:27:08	14:25	4.2	
208	<b>WÓJTOWICZ Paweł</b>	<b>501</b>	LUBLIN BIEGA	M 33-44	86	02:21:08	05:02:38		09:36:04	<b>11:34:45.30</b>	<b>11:35:15.25</b>	+06:29:33	14:28	4.1	
DQ	<b>PIECHA Artur</b>	<b>403</b>	HERCOG RUNNING TEAM	M 33-44		01:22:19 DQ	02:41:11 DQ	DQ	DQ	<b>05:10:54.15 DQ</b>	<b>DQ</b>	-	-	-	
	<b>WITKOWSKI Radosław</b>	<b>491</b>	KLUB WYSOKOGÓRSKI GLIWICE	M 32		01:31:57 DNF	03:10:21 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-	
	<b>LEWCZUK Norbert</b>	<b>531</b>		M 33-44		01:48:59 DNF	03:48:06 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-	
	<b>CEBULA Paweł</b>	<b>237</b>	CREADIS	M 32		02:08:25 DNF	04:11:26 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-	
	<b>BARON Kasia</b>	<b>214</b>	VADAIN RUNNING CLUB	K 33-44		02:16:33 DNF	04:31:43 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-	
	<b>BOCHNAK Jan</b>	<b>227</b>		M 33-44		02:19:07 DNF	04:45:53 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-	
	<b>DOŁHUN Adam</b>	<b>253</b>	RUN PASJA BYDGOSZCZ	M 33-44		02:31:47 DNF	04:59:30 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-	
	<b>SZELER Joanna</b>	<b>464</b>	SILESIAMARATHON TEAM/BIEGAJACA Z PSAMI	K 45+		02:35:25 DNF	05:00:10 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-	
	<b>FURGAŁ-ŻUREK Joanna</b>	<b>270</b>	NAUKABIEGA	K 33-44		02:39:27 DNF	05:14:01 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-	
	<b>WRONA Sylwester</b>	<b>503</b>		M 33-44		01:59:14 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-	
	<b>ODOLIŃSKA Agnieszka</b>	<b>386</b>		K 45+		02:02:15 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-	



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PKR1 12km	Prz_Knur 25km	Jeszcze 35km	PKR4 41km	Czas netto 48km	Czas brutto 48km	Różn	Tempo min/km	Tempo km/h
	<b>LABURDA Kinga</b>	<b>343</b>	ESKADRA KRAKÓW	K 33-44		02:12:12 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>KARPINSKA Nina</b>	<b>303</b>		K 33-44		02:49:32 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>BEŁDOWSKI Sławomir</b>	<b>219</b>	FUDU&CO. SPORT TEAM	M 45+		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>FREJ Marcin</b>	<b>269</b>	ZABIEGANI.TV	M 32		DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-

Znaleziono 223 wynik(ów)