

I BIEG ZIEMNIAKA - 5 KM

B4SPORT



Organizator: Stowarzyszenie „Sportowe Bielice”
Data: 2021-10-23
Miejsce: Nowe Bielice
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	WITKOWSKI Mateusz	81		M18-29	1	00:00:02	00:16:12.58	00:16:14.95		3:14	18.5
2	CZERNIEWSKI Marcin	83	AML SŁUPSK	M30-39	1	00:00:02	00:16:20.35	00:16:23.02	+00:00:07	3:16	18.4
3	HOŁOWIENKO Jan	85	AML SŁUPSK	M18-29	2	00:00:02	00:16:36.71	00:16:39.43	+00:00:24	3:19	18.1
4	MAJKOWICZ Rafał	72	BIEGOLAS KOSZALIN	M30-39	2	00:00:03	00:18:13.26	00:18:16.66	+00:02:00	3:38	16.5
5	POLAK Szymon	87		M40-49	1	00:00:03	00:18:17.85	00:18:21.48	+00:02:05	3:39	16.4
6	HUBERT Łukasz	82	TKKF KOSZALIN	M30-39	3	00:00:02	00:18:43.85	00:18:46.69	+00:02:31	3:44	16
7	WITKIEWICZ Eryk	58	KB 10 BIALOGARD	M40-49	2	00:00:03	00:19:12.94	00:19:16.10	+00:03:00	3:50	15.6
8	GRZESIK Eugeniusz	75	TKKF KOSZALIN	M50-59	1	00:00:02	00:19:28.53	00:19:30.95	+00:03:15	3:53	15.4
9	LUBLEWSKI Dawid	2		M30-39	4	00:00:04	00:19:36.17	00:19:41.07	+00:03:23	3:55	15.3
10	ZATOŃ Olga	77	BIEGAJ Z MAKIEM TEAM	K30-39	1	00:00:03	00:19:41.23	00:19:45.11	+00:03:28	3:56	15.2
11	SIENIAWSKI Jarosław	60	MEDEN-INMED SPORTS TEAM	M40-49	3	00:00:04	00:19:53.12	00:19:57.51	+00:03:40	3:58	15.1
12	URBAŃSKI Tomasz	53	BIAŁOGARD BIEGA	M40-49	4	00:00:04	00:20:03.35	00:20:08.22	+00:03:50	4:00	15
13	KOZIEŁ Paweł	70		M40-49	5	00:00:03	00:20:07.54	00:20:10.97	+00:03:54	4:01	14.9
14	JABŁOŃSKI Andrzej	50		M50-59	2	00:00:03	00:20:26.94	00:20:30.13	+00:04:14	4:05	14.7
15	WICHER Krzysztof	88	ADWOKATURA	M40-49	6	00:00:04	00:20:27.79	00:20:32.32	+00:04:15	4:05	14.7
16	SOSNOWSKI Tomasz	78	FPP	M18-29	3	00:00:03	00:20:44.57	00:20:48.36	+00:04:31	4:08	14.5
17	MACIEJCZYK Mateusz	35		M30-39	5	00:00:02	00:20:47.26	00:20:49.82	+00:04:34	4:09	14.4
18	BASIŃSKI Łukasz	79	ELENSPORT.PL	M18-29	4	00:00:02	00:20:53.31	00:20:56.31	+00:04:40	4:10	14.4
19	MITUNIEWICZ Adrian	30	BIEGOLAS KOSZALIN	M30-39	6	00:00:04	00:21:15.27	00:21:19.65	+00:05:02	4:15	14.1
20	PĘKAŁA Piotr	6	SP MANOWO/SOSW KOSZALIN	M50-59	3	00:00:06	00:21:19.24	00:21:25.78	+00:05:06	4:15	14.1
21	JANKOWSKI Mariusz	37	TEAMBIEGOWYSZCZECINEK/JW1223KOSZALIN	M40-49	7	00:00:03	00:21:29.99	00:21:33.68	+00:05:17	4:17	14
22	MAZIEC Beata	83	BIEGOLAS KOSZALIN	K30-39	2	00:00:03	00:21:38.05	00:21:42.04	+00:05:25	4:19	13.9
23	KATA Marcin	57		M30-39	7	00:00:03	00:22:02.14	00:22:05.58	+00:05:49	4:24	13.6
24	KLEMANN Paweł	8	TKKF KOSZALIN	M40-49	8	00:00:05	00:22:15.61	00:22:20.76	+00:06:03	4:27	13.5
25	ZIELIŃSKI Rafał	41		M40-49	9	00:00:08	00:22:23.93	00:22:32.08	+00:06:11	4:28	13.4
26	WILKOWSKI Krzysztof	14	FOR-REST-RUN KOSZALIN	M40-49	10	00:00:06	00:22:29.22	00:22:35.68	+00:06:16	4:29	13.3
27	STRZYŻ Łukasz	44		M30-39	8	00:00:06	00:22:31.44	00:22:37.46	+00:06:18	4:30	13.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
28	MONGIAŁO Marcin	38	KĘPKA-NA-TRASIE	M40-49	11	00:00:10	00:22:35.55	00:22:45.69	+00:06:22	4:31	13.3
29	KRUK Marcin	12		M30-39	9	00:00:05	00:23:06.78	00:23:12.12	+00:06:54	4:37	13
30	BRODECKI Artur	66		M30-39	10	00:00:08	00:23:17.49	00:23:25.72	+00:07:04	4:39	12.9
31	RADZIMSKI Marcel	9		M18-29	5	00:00:06	00:23:30.40	00:23:36.51	+00:07:17	4:42	12.8
32	PUŚCIAN Krzysztof	33	SP MANOWO	M40-49	12	00:00:06	00:23:31.16	00:23:37.28	+00:07:18	4:42	12.8
33	DANIELAK Tomasz	36		M18-29	6	00:00:06	00:23:32.64	00:23:39.43	+00:07:20	4:42	12.7
34	SACHARZEWSKA Anna	73		K40-49	1	00:00:04	00:23:38.91	00:23:43.71	+00:07:26	4:43	12.7
35	GEDROWICZ Aleksandra	10		K30-39	3	00:00:09	00:23:42.46	00:23:52.38	+00:07:29	4:44	12.7
36	RUTKOWSKI Ryszard	63	RUNKING.INFO	M50-59	4	00:00:03	00:23:52.17	00:23:56.10	+00:07:39	4:46	12.6
37	SZYSZKOWSKI Tomasz	46	FOR-REST-RUN KOSZALIN	M40-49	13	00:00:06	00:23:58.45	00:24:04.92	+00:07:45	4:47	12.5
38	KOPCZYŃSKA Natalia	54	BIAŁOGARD BIEGA	K40-49	2	00:00:05	00:24:00.10	00:24:05.62	+00:07:47	4:48	12.5
39	KULCZYK Katarzyna	71	KB BRYZA POSTOMINO	K30-39	4	00:00:05	00:24:08.68	00:24:14.31	+00:07:56	4:49	12.4
40	KURZAWIŃSKA-JABŁOŃSKA Kasia	51		K40-49	3	00:00:05	00:24:08.72	00:24:14.28	+00:07:56	4:49	12.4
41	MONGIAŁO Aleksandra	39	KĘPKA-NA-TRASIE	K30-39	5	00:00:09	00:24:12.90	00:24:22.48	+00:08:00	4:50	12.4
42	WYSOCKA Urszula	1	SPORTOWE BIELICE	K30-39	6	00:00:06	00:24:42.66	00:24:48.67	+00:08:30	4:56	12.1
43	RUTKOWSKI Artur	21		M30-39	11	00:00:04	00:24:52.43	00:24:57.09	+00:08:39	4:58	12.1
44	SZKOŁUDA Michał	56		M40-49	14	00:00:11	00:25:00.61	00:25:11.90	+00:08:48	5:00	12
45	ADAMSKI Dariusz	4	POLANOW	M30-39	12	00:00:11	00:25:00.70	00:25:11.78	+00:08:48	5:00	12
46	LEWICZ Ewa	31		K30-39	7	00:00:04	00:25:04.54	00:25:09.38	+00:08:51	5:00	12
47	SZYSZKOWSKA Kasia	47	FOR-REST-RUN KOSZALIN	K30-39	8	00:00:06	00:25:05.70	00:25:12.34	+00:08:53	5:01	12
48	WAŚOWSKI Mateusz	45		M18-29	7	00:00:07	00:25:08.67	00:25:16.54	+00:08:56	5:01	11.9
49	MAJEWSKA Dorota	40	BIEGOLAS KOSZALIN	K50-59	1	00:00:05	00:25:27.65	00:25:33.16	+00:09:15	5:05	11.8
50	KOZŁOWIECKI Waldemar	5	TKKF KOSZALIN	M70+	1	00:00:06	00:25:30.05	00:25:36.25	+00:09:17	5:06	11.8
51	OSIOWY Ewa	11		K30-39	9	00:00:07	00:25:31.50	00:25:39.41	+00:09:18	5:06	11.8
52	WECLAWIAK Marek	3		M40-49	15	00:00:12	00:25:52.76	00:26:04.78	+00:09:40	5:10	11.6
53	BRZEZIŃSKI Jan	55	BIAŁOGARD BIEGA	M50-59	5	00:00:07	00:26:10.35	00:26:17.64	+00:09:57	5:14	11.5
54	BRZEZIŃSKA Beata	59	BIAŁOGARD BIEGA	K50-59	2	00:00:07	00:26:10.57	00:26:17.79	+00:09:57	5:14	11.5
55	KACZMARZYK Katarzyna	68	WANDA PANFIL TEAM	K30-39	10	00:00:08	00:26:54.67	00:27:02.78	+00:10:42	5:22	11.2
56	ŻARNA Ryszard	19		M60-69	1	00:00:05	00:26:57.38	00:27:02.54	+00:10:44	5:23	11.1
57	NIEWIADOWSKI Robert	42		M40-49	16	00:00:06	00:27:03.74	00:27:10.16	+00:10:51	5:24	11.1
58	ZIELIŃSKI Grzegorz	26		M70+	2	00:00:08	00:27:14.76	00:27:23.12	+00:11:02	5:26	11
59	KONKEL Joanna	48	MKS 'ŚWIĘC' SŁAWNO	K50-59	3	00:00:08	00:27:26.47	00:27:35.33	+00:11:13	5:29	10.9
60	NOWICKA Marta	27		K30-39	11	00:00:10	00:27:29.56	00:27:40.39	+00:11:16	5:29	10.9
61	WALKOWIAK Dariusz	32	ZEN SPORT TEAM	M40-49	17	00:00:10	00:28:29.71	00:28:40.28	+00:12:17	5:41	10.5
62	MRÓZ Małgorzata	69		K30-39	12	00:00:05	00:28:44.85	00:28:49.97	+00:12:32	5:44	10.4
63	BRODECKA Monika	67		K30-39	13	00:00:08	00:29:13.65	00:29:22.52	+00:13:01	5:50	10.3
64	NAKONIECZNA Katarzyna	18	BIEGOLAS KOSZALIN	K30-39	14	00:00:08	00:29:13.74	00:29:22.40	+00:13:01	5:50	10.3
65	TREJDER Maria	17	BAJADERKI KOSZALIN	K40-49	4	00:00:09	00:31:49.76	00:31:58.93	+00:15:37	6:21	9.4
66	JARCZEWSKA Renata	65		K50-59	4	00:00:07	00:32:14.90	00:32:22.32	+00:16:02	6:26	9.3
67	BRĘK Ania	74		K30-39	15	00:00:09	00:33:15.81	00:33:25.19	+00:17:03	6:39	9
68	HOŁOWATY Tomasz	22		M40-49	18	00:00:15	00:33:19.74	00:33:34.99	+00:17:07	6:39	9
69	KOSOWSKA Małgorzata	7		K30-39	16	00:00:10	00:33:51.70	00:34:01.71	+00:17:39	6:46	8.9
70	STACHOWSKA Monika	76		K40-49	5	00:00:11	00:34:44.14	00:34:55.49	+00:18:31	6:56	8.6
71	KOWALSKI Kamil	80		M30-39	13	00:00:09	00:37:36.03	00:37:45.35	+00:21:23	7:31	8

Znaleziono 71 wynik(ów)