

I BIEG ZIEMNIAKA - 5 KM

B4SPORT



Organizator: Stowarzyszenie „Sportowe Bielice”
Data: 2021-10-23
Miejsce: Nowe Bielice
Dystans: 5 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	POLAK Szymon	87		M40-49	1	00:00:03	00:18:17.85	00:18:21.48		3:39	16.4 (100%)
2	WITKIEWICZ Eryk	58	KB 10 BIALOGARD	M40-49	2	00:00:03	00:19:12.94	00:19:16.10	+00:00:55 (4.8%)	3:50	15.6 (95.1%)
3	SIENIAWSKI Jarosław	60	MEDEN-INMED SPORTS TEAM	M40-49	3	00:00:04	00:19:53.12	00:19:57.51	+00:01:35 (8.0%)	3:58	15.1 (92.1%)
4	URBAŃSKI Tomasz	53	BIAŁOGARD BIEGA	M40-49	4	00:00:04	00:20:03.35	00:20:08.22	+00:01:45 (8.8%)	4:00	15 (91.5%)
5	KOZIEŁ Paweł	70		M40-49	5	00:00:03	00:20:07.54	00:20:10.97	+00:01:49 (9.1%)	4:01	14.9 (90.9%)
6	WICHER Krzysztof	88	ADWOKATURA	M40-49	6	00:00:04	00:20:27.79	00:20:32.32	+00:02:09 (10.6%)	4:05	14.7 (89.6%)
7	JANKOWSKI Mariusz	37	TEAMBIEGOWYSZCZECINEK/JW1223KOSZALIN	M40-49	7	00:00:03	00:21:29.99	00:21:33.68	+00:03:12 (14.9%)	4:17	14 (85.4%)
8	KLEMANN Paweł	8	TKKF KOSZALIN	M40-49	8	00:00:05	00:22:15.61	00:22:20.76	+00:03:57 (17.8%)	4:27	13.5 (82.3%)
9	ZIELIŃSKI Rafał	41		M40-49	9	00:00:08	00:22:23.93	00:22:32.08	+00:04:06 (18.3%)	4:28	13.4 (81.7%)
10	WILKOWSKI Krzysztof	14	FOR-REST-RUN KOSZALIN	M40-49	10	00:00:06	00:22:29.22	00:22:35.68	+00:04:11 (18.6%)	4:29	13.3 (81.1%)
11	MONGIAŁO Marcin	38	KĘPKA-NA-TRASIE	M40-49	11	00:00:10	00:22:35.55	00:22:45.69	+00:04:17 (19.0%)	4:31	13.3 (81.1%)
12	PUŚCIAN Krzysztof	33	SP MANOWO	M40-49	12	00:00:06	00:23:31.16	00:23:37.28	+00:05:13 (22.2%)	4:42	12.8 (78.0%)
13	SZYSZKOWSKI Tomasz	46	FOR-REST-RUN KOSZALIN	M40-49	13	00:00:06	00:23:58.45	00:24:04.92	+00:05:40 (23.7%)	4:47	12.5 (76.2%)
14	SZKOŁUDA Michał	56		M40-49	14	00:00:11	00:25:00.61	00:25:11.90	+00:06:42 (26.8%)	5:00	12 (73.2%)
15	WECLAWIAK Marek	3		M40-49	15	00:00:12	00:25:52.76	00:26:04.78	+00:07:34 (29.3%)	5:10	11.6 (70.7%)
16	NIEWIADOWSKI Robert	42		M40-49	16	00:00:06	00:27:03.74	00:27:10.16	+00:08:45 (32.4%)	5:24	11.1 (67.7%)
17	WALKOWIAK Dariusz	32	ZEN SPORT TEAM	M40-49	17	00:00:10	00:28:29.71	00:28:40.28	+00:10:11 (35.8%)	5:41	10.5 (64.0%)
18	HOŁOWATY Tomasz	22		M40-49	18	00:00:15	00:33:19.74	00:33:34.99	+00:15:01 (45.1%)	6:39	9 (54.9%)

Znaleziono 18 wynik(ów)