



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

I KRWIOBIEG BYDGOSZCZ - 10KM

I KRWIOBIEG BYDGOSZCZ
Kujawsko - Pomorski Oddział Okręgowy Polskiego
Czerwonego Krzyża
2019-10-05
Bydgoszcz
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SULKOWSKI Zdzisław	392		Open M	1	00:36:38.45	00:36:40.50		3:39	16.4 (100%)
2	KRYSKE Bartosz	448		Open M	2	00:37:52.45	00:37:56.85	+00:01:16 (3.4%)	3:47	15.8 (96.3%)
3	OLEJNIK Krzysztof	439		Open M	3	00:39:55.15	00:39:58.90	+00:03:18 (8.3%)	3:59	15 (91.5%)
4	DĘBOWCZYK Łukasz	408		Open M	4	00:40:44.40	00:40:47.55	+00:04:07 (10.1%)	4:04	14.7 (89.6%)
5	SZYMAŃSKI Adam	459		Open M	5	00:41:05.60	00:41:09.05	+00:04:28 (10.9%)	4:06	14.6 (89.0%)
6	NAWROCKI Radosław	298		Open M	6	00:41:33.40	00:41:36.85	+00:04:56 (11.9%)	4:09	14.4 (87.8%)
7	MASIAKOWSKI Dawid	418		Open M	7	00:42:29.80	00:42:36.50	+00:05:56 (13.9%)	4:15	14.1 (86.0%)
8	PRĄDZYŃSKI Marcin	365		Open M	8	00:43:04.60	00:43:11.25	+00:06:30 (15.1%)	4:18	13.9 (84.8%)
9	PAPROCKI Rafał	358		Open M	9	00:43:43.80	00:43:46.35	+00:07:05 (16.2%)	4:22	13.7 (83.5%)
10	KUNKE Tomasz	361		Open M	10	00:44:21.95	00:44:27.85	+00:07:47 (17.5%)	4:26	13.5 (82.3%)
11	DROSDOWSKI Sebastian	355		Open M	11	00:44:34.40	00:44:37.15	+00:07:56 (17.8%)	4:27	13.5 (82.3%)
12	MENDEL Patryk	378		Open M	12	00:44:57.80	00:45:00.75	+00:08:20 (18.5%)	4:29	13.3 (81.1%)
13	OSTROWSKI Jan	368		Open M	13	00:45:02.20	00:45:05.95	+00:08:25 (18.7%)	4:30	13.3 (81.1%)
14	PASZKIET Remigiusz	294		Open M	14	00:45:11.60	00:45:14.95	+00:08:34 (18.9%)	4:31	13.3 (81.1%)
15	NELKE Aleksander	423		Open M	15	00:45:39.90	00:45:46.40	+00:09:05 (19.9%)	4:34	13.1 (79.9%)
16	BUKOWSKI Wojciech	431		Open M	16	00:45:52.85	00:45:57.60	+00:09:17 (20.2%)	4:35	13.1 (79.9%)
17	ZWOLIŃSKI Zbigniew	359		Open M	17	00:46:08.85	00:46:16.40	+00:09:35 (20.7%)	4:36	13 (79.3%)
18	KORYCKI Daniel	375		Open M	18	00:46:21.60	00:46:26.00	+00:09:45 (21.0%)	4:38	12.9 (78.7%)
19	MATYSZEWSKI Amadeusz	296		Open M	19	00:46:21.05	00:46:28.60	+00:09:48 (21.1%)	4:38	12.9 (78.7%)
20	BAKAJ Marcin	424		Open M	20	00:46:40.50	00:46:48.45	+00:10:07 (21.6%)	4:40	12.9 (78.7%)
21	RENC Patryk	440		Open M	21	00:46:32.75	00:46:48.65	+00:10:08 (21.7%)	4:39	12.9 (78.7%)
22	PIASECKI Michał	441		Open M	22	00:46:46.40	00:46:54.15	+00:10:13 (21.8%)	4:40	12.8 (78.0%)
23	FILIPEK Patryk	304		Open M	23	00:46:47.40	00:47:00.55	+00:10:20 (22.0%)	4:40	12.8 (78.0%)
24	ARENDT Paweł	398		Open M	24	00:46:57.85	00:47:01.60	+00:10:21 (22.0%)	4:41	12.8 (78.0%)
25	CHOJNACKI Bartosz	373		Open M	25	00:47:04.75	00:47:10.20	+00:10:29 (22.2%)	4:42	12.7 (77.4%)
26	JUSZCZAK Łukasz	415		Open M	26	00:47:04.10	00:47:15.70	+00:10:35 (22.4%)	4:42	12.7 (77.4%)
27	JAŹDŻEWSKI Dawid	353		Open M	27	00:47:11.70	00:47:15.80	+00:10:35 (22.4%)	4:43	12.7 (77.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
28	GRZELAK Radosław	349		Open M	28	00:47:04.70	00:47:16.60	+00:10:36 (22.4%)	4:42	12.7 (77.4%)
29	HERMANOWSKI Łukasz	421		Open M	29	00:47:06.30	00:47:18.45	+00:10:37 (22.5%)	4:42	12.7 (77.4%)
30	MUSZYŃSKI Łukasz	346		Open M	30	00:47:19.70	00:47:29.45	+00:10:48 (22.8%)	4:44	12.7 (77.4%)
31	ŁATKA Marcin	429		Open M	31	00:47:30.00	00:47:35.15	+00:10:54 (22.9%)	4:45	12.6 (76.8%)
32	BARAŃSKI Władysław	362		Open M	32	00:47:52.70	00:47:58.35	+00:11:17 (23.5%)	4:47	12.5 (76.2%)
33	SZEWczykowski Grzegorz	370		Open M	33	00:47:52.15	00:48:05.20	+00:11:24 (23.7%)	4:47	12.5 (76.2%)
34	ABDOUL Romaric	426		Open M	34	00:47:47.55	00:48:05.80	+00:11:25 (23.7%)	4:46	12.6 (76.8%)
35	FOTYN Patryk	303		Open M	35	00:48:12.60	00:48:23.10	+00:11:42 (24.2%)	4:49	12.4 (75.6%)
36	KUJAWA Daniel	419		Open M	36	00:48:22.80	00:48:27.05	+00:11:46 (24.3%)	4:50	12.4 (75.6%)
37	ŚWIĘCICKI Andrzej	409		Open M	37	00:48:27.00	00:48:40.65	+00:12:00 (24.7%)	4:50	12.4 (75.6%)
38	KONIECZNY Robert	425		Open M	38	00:48:53.20	00:48:53.20	+00:12:12 (25.0%)	4:53	12.3 (75.0%)
39	ZIMNY Marek	352		Open M	39	00:48:53.95	00:49:02.80	+00:12:22 (25.2%)	4:53	12.3 (75.0%)
40	WONS Rafał	464		Open M	40	00:48:56.90	00:49:04.05	+00:12:23 (25.3%)	4:53	12.3 (75.0%)
41	ZIĘTARA Marek	449		Open M	41	00:49:06.85	00:49:13.15	+00:12:32 (25.5%)	4:54	12.2 (74.4%)
42	MALEC Karol	432		Open M	42	00:49:01.85	00:49:20.75	+00:12:40 (25.7%)	4:54	12.2 (74.4%)
43	REPKA Marek	390		Open M	43	00:49:42.20	00:49:47.50	+00:13:07 (26.3%)	4:58	12.1 (73.8%)
44	MAZUR Dawid	438		Open M	44	00:49:30.40	00:49:47.90	+00:13:07 (26.4%)	4:57	12.1 (73.8%)
45	FORBOT Piotr	313		Open M	45	00:49:53.65	00:50:15.45	+00:13:34 (27.0%)	4:59	12 (73.2%)
46	GUDANIEC Krzysztof	340		Open M	46	00:50:22.25	00:50:33.25	+00:13:52 (27.5%)	5:02	11.9 (72.6%)
47	LEWANDOWSKI Kamil	427		Open M	47	00:50:14.70	00:50:35.00	+00:13:54 (27.5%)	5:01	11.9 (72.6%)
48	KRASIŃSKI Piotr	387		Open M	48	00:50:25.55	00:50:39.25	+00:13:58 (27.6%)	5:02	11.9 (72.6%)
49	GIERSZ Krzysztof	347		Open M	49	00:50:58.55	00:51:14.85	+00:14:34 (28.4%)	5:05	11.8 (72.0%)
50	ŻOŁNIEKIEWICZ Bartosz	379		Open M	50	00:51:10.15	00:51:21.25	+00:14:40 (28.6%)	5:07	11.7 (71.3%)
51	SIUDA Marek	405		Open M	51	00:51:26.10	00:51:39.95	+00:14:59 (29.0%)	5:08	11.7 (71.3%)
52	KLISZEWSKI Damian	400		Open M	52	00:51:32.90	00:51:48.65	+00:15:08 (29.2%)	5:09	11.6 (70.7%)
53	KALISZ Dawid	462		Open M	53	00:51:49.95	00:51:49.95	+00:15:09 (29.2%)	5:10	11.6 (70.7%)
54	GRECHUTA Tomasz	410		Open M	54	00:51:50.75	00:51:58.85	+00:15:18 (29.4%)	5:11	11.6 (70.7%)
55	WÓJCIK Jacek	306		Open M	55	00:51:51.55	00:52:08.20	+00:15:27 (29.7%)	5:11	11.6 (70.7%)
56	KUŚ Marcin	297		Open M	56	00:52:10.35	00:52:23.05	+00:15:42 (30.0%)	5:13	11.5 (70.1%)
57	ARACH Przemysław	457		Open M	57	00:52:24.60	00:52:37.25	+00:15:56 (30.3%)	5:14	11.4 (69.5%)
58	SKUPSZ Jędrzej Kazmierz	360		Open M	58	00:52:36.40	00:52:42.80	+00:16:02 (30.4%)	5:15	11.4 (69.5%)
59	JENDRZEJCZAK Robert	420		Open M	59	00:52:40.90	00:52:58.95	+00:16:18 (30.8%)	5:16	11.4 (69.5%)
60	NOWICKI Adam	374		Open M	60	00:52:39.50	00:53:01.15	+00:16:20 (30.8%)	5:16	11.4 (69.5%)
61	PYTLIŃSKI Paweł	404		Open M	61	00:52:53.85	00:53:08.50	+00:16:28 (31.0%)	5:17	11.3 (68.9%)
62	KRAUSE Rafał	344		Open M	62	00:53:06.35	00:53:26.65	+00:16:46 (31.4%)	5:18	11.3 (68.9%)
63	STASIEWSKI Mariusz	376		Open M	63	00:53:31.00	00:53:36.00	+00:16:55 (31.6%)	5:21	11.2 (68.3%)
64	ZAJĄC Tomasz	444		Open M	64	00:53:30.80	00:53:41.30	+00:17:00 (31.7%)	5:21	11.2 (68.3%)
65	GDANIEC Grzegorz	295		Open M	65	00:53:39.05	00:53:44.50	+00:17:04 (31.8%)	5:21	11.2 (68.3%)
66	ROCZEŃ Tomasz	336		Open M	66	00:53:36.25	00:53:48.05	+00:17:07 (31.8%)	5:21	11.2 (68.3%)
67	ŁUKASZEWICZ Dawid	407		Open M	67	00:53:51.45	00:53:59.90	+00:17:19 (32.1%)	5:23	11.1 (67.7%)
68	WIŚNIEWSKI Tomasz	307		Open M	68	00:53:50.15	00:54:05.25	+00:17:24 (32.2%)	5:23	11.1 (67.7%)
69	CHOJNACKI Patryk	456		Open M	69	00:53:49.65	00:54:05.55	+00:17:25 (32.2%)	5:23	11.1 (67.7%)
70	KOZIŃSKI Tomasz	403		Open M	70	00:54:08.85	00:54:22.55	+00:17:42 (32.6%)	5:24	11.1 (67.7%)
71	KARCZEWSKI Filip	416		Open M	71	00:54:25.85	00:54:43.45	+00:18:02 (33.0%)	5:26	11 (67.1%)

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72	BRZOZOWSKI Jarosław	326		Open M	72	00:54:47.25	00:55:01.85	+00:18:21 (33.4%)	5:28	11 (67.1%)
73	KLEMENSOWICZ Gracjan	314		Open M	73	00:55:07.15	00:55:22.05	+00:18:41 (33.8%)	5:30	10.9 (66.5%)
74	WINKLEWSKI Krzysztof	435		Open M	74	00:55:14.05	00:55:28.10	+00:18:47 (33.9%)	5:31	10.9 (66.5%)
75	KULIKOWSKI Tomasz	288		Open M	75	00:55:20.90	00:55:30.35	+00:18:49 (33.9%)	5:32	10.8 (65.9%)
76	RUDOWICZ Marcin	430		Open M	76	00:55:21.60	00:55:36.05	+00:18:55 (34.0%)	5:32	10.8 (65.9%)
77	HERNIK Marcin	372		Open M	77	00:55:35.75	00:55:40.45	+00:18:59 (34.1%)	5:33	10.8 (65.9%)
78	BŁAŻEJEWSKI Dariusz	406		Open M	78	00:55:41.40	00:55:51.45	+00:19:10 (34.3%)	5:34	10.8 (65.9%)
79	KASPROWICZ Piotr	292		Open M	79	00:55:42.95	00:55:53.75	+00:19:13 (34.4%)	5:34	10.8 (65.9%)
80	JĘDRZEJEWSKI Adrian	302		Open M	80	00:55:58.70	00:56:04.75	+00:19:24 (34.6%)	5:35	10.7 (65.2%)
81	KUBSKI Dawid	442		Open M	81	00:56:11.70	00:56:27.10	+00:19:46 (35.0%)	5:37	10.7 (65.2%)
82	SZUMIŃSKI Jan	413		Open M	82	00:56:21.35	00:56:27.70	+00:19:47 (35.0%)	5:38	10.6 (64.6%)
83	JENDRZEJCZAK Dawid	417		Open M	83	00:56:11.25	00:56:27.85	+00:19:47 (35.0%)	5:37	10.7 (65.2%)
84	GROTT Bartłomiej	343		Open M	84	00:56:21.30	00:56:33.20	+00:19:52 (35.1%)	5:38	10.6 (64.6%)
85	BUKOWSKI Krzysztof	367		Open M	85	00:56:32.25	00:56:41.85	+00:20:01 (35.3%)	5:39	10.6 (64.6%)
86	RATAJ Maciej	327		Open M	86	00:56:47.15	00:56:58.25	+00:20:17 (35.6%)	5:40	10.6 (64.6%)
87	KRUKOWSKI Michał	461		Open M	87	00:57:11.90	00:57:24.55	+00:20:44 (36.1%)	5:43	10.5 (64.0%)
88	PAWLAK Waldemar	328		Open M	88	00:57:28.05	00:57:49.00	+00:21:08 (36.6%)	5:44	10.4 (63.4%)
89	ROJEWSKI Jarosław	443		Open M	89	00:58:32.10	00:58:42.80	+00:22:02 (37.5%)	5:51	10.3 (62.8%)
90	HAŁAS Aleksander	412		Open M	90	00:59:06.55	00:59:12.45	+00:22:31 (38.1%)	5:54	10.1 (61.6%)
91	SIENKIEWICZ Artur	381		Open M	91	00:59:27.35	00:59:43.35	+00:23:02 (38.6%)	5:56	10.1 (61.6%)
92	RYGIEWICZ Wojciech	436		Open M	92	00:59:42.45	00:59:51.75	+00:23:11 (38.7%)	5:58	10.1 (61.6%)
93	KLAWCZYŃSKI Zbigniew	334		Open M	93	00:59:49.20	00:59:52.05	+00:23:11 (38.7%)	5:59	10 (61.0%)
94	STENZEL Karol	366		Open M	94	00:59:37.90	00:59:56.85	+00:23:16 (38.8%)	5:57	10.1 (61.6%)
95	TYCZKOWSKI Gracjan	351		Open M	95	01:00:14.25	01:00:28.30	+00:23:47 (39.4%)	6:01	10 (61.0%)
96	SZULC Michał	339		Open M	96	01:00:43.10	01:00:54.10	+00:24:13 (39.8%)	6:04	9.9 (60.4%)
97	MAINKA Maciej	463		Open M	97	01:00:58.80	01:00:58.80	+00:24:18 (39.9%)	6:05	9.8 (59.8%)
98	CEGLARSKI Dariusz	371		Open M	98	01:00:44.50	01:01:25.25	+00:24:44 (40.3%)	6:04	9.9 (60.4%)
99	CHĘSY Jacek	383		Open M	99	01:01:30.00	01:01:37.45	+00:24:56 (40.5%)	6:09	9.8 (59.8%)
100	CISZEWSKI Paweł	411		Open M	100	01:01:28.95	01:01:47.40	+00:25:06 (40.6%)	6:08	9.8 (59.8%)
101	KRUSZYŃSKI Mariusz	396		Open M	101	01:03:09.15	01:03:23.15	+00:26:42 (42.1%)	6:18	9.5 (57.9%)
102	WIŚNIEWSKI Krzysztof	434		Open M	102	01:03:25.15	01:03:32.60	+00:26:52 (42.3%)	6:20	9.5 (57.9%)
103	SZUKALSKI Piotr	350		Open M	103	01:03:28.40	01:03:43.55	+00:27:03 (42.4%)	6:20	9.5 (57.9%)
104	JANKOWSKI Damian	468		Open M	104	01:03:54.40	01:04:09.30	+00:27:28 (42.8%)	6:23	9.4 (57.3%)
105	PIETRZAK Maciej	335		Open M	105	01:10:46.95	01:11:00.10	+00:34:19 (48.3%)	7:04	8.5 (51.8%)
106	JEŻAKOWSKI Marek	317		Open M	106	01:12:30.20	01:12:39.05	+00:35:58 (49.5%)	7:15	8.3 (50.6%)
	NAGORZYSKI Arkadiusz	356		Open M		DNF	DNF		-	- (0.0%)