

III ULTRA MARATON BIESZCZADZKI

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: OTK Rzeźnik
Data: 2015-10-11
Miejsce: Cisna
Dystans: 52 km

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	11km	30km	37.8km	50.86km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	**DESSAUER Wioletta**	**6**	LUBARTÓW	K40	1	01:00:57	02:49:00	03:52:56		**05:25:55.40**	**05:26:06.15**		6:16	9.6 (100%)
2	**PASZCZAK Alicja**	**611**	KWW	K40	2	01:02:35	03:02:47	04:13:49		**06:06:11.30**	**06:06:20.50**	+00:40:14 (11.0%)	7:02	8.5 (88.5%)
3	**WYSTRYCHOWSKA Marzena**	**272**	BFAGENCJA.PL	K40	3	01:06:52	03:15:34	04:28:24		**06:21:00.55**	**06:21:07.10**	+00:55:00 (14.4%)	7:19	8.2 (85.4%)
4	**CIEŚLA Elżbieta**	**567**	BIEGAJĄCE MAŁŻEŃSTWO	K40	4	01:00:03	02:57:54	04:17:54		**06:25:20.50**	**06:25:35.05**	+00:59:28 (15.4%)	7:24	8.1 (84.4%)
5	**KOZŁOWSKA Agnieszka**	**490**	KKL/BBM KIELCE	K40	5	01:07:02	03:10:05	04:28:13		**06:28:40.35**	**06:29:08.10**	+01:03:01 (16.2%)	7:28	8 (83.3%)
6	**PIETRUSZCZAK Agnieszka**	**13**	TOMASZÓW MAZOWIECKI	K40	6	01:06:53	03:16:42	04:38:42		**06:44:41.15**	**06:45:08.70**	+01:19:02 (19.5%)	7:46	7.7 (80.2%)
7	**PACH Agnieszka**	**734**	POZNAŃ	K40	7	01:09:21	03:20:58	04:42:14		**06:53:20.85**	**06:53:52.75**	+01:27:46 (21.2%)	7:56	7.5 (78.1%)
8	**SIWOŃ Ewa**	**401**	SMASHING PĄPKINS	K40	8	01:06:40	03:10:54	04:37:06		**06:54:40.45**	**06:55:19.60**	+01:29:13 (21.5%)	7:58	7.5 (78.1%)
9	**PASECKA Sylwia**	**248**	GLIWICE	K40	9	01:17:56	03:37:25	04:56:28		**06:59:05.80**	**07:00:14.15**	+01:34:08 (22.4%)	8:03	7.4 (77.1%)
10	**GRĘZIAK Ewa**	**167**	YULO RUN TEAM SIEDLCE	K40	10	01:09:35	03:18:08	04:45:16		**07:07:27.70**	**07:07:53.50**	+01:41:47 (23.8%)	8:13	7.3 (76.0%)
11	**WÓJCIK Małgorzata**	**360**	WIĄZOWNA	K40	11	01:09:40	03:37:07	05:01:20		**07:10:19.70**	**07:10:28.65**	+01:44:22 (24.2%)	8:16	7.3 (76.0%)
12	**DABKIEWICZ Monika**	**562**	GDANSK	K40	12	01:17:15	03:43:28	05:05:55		**07:15:43.45**	**07:16:42.35**	+01:50:36 (25.3%)	8:22	7.2 (75.0%)
13	**MŁODECKA Sylwia**	**338**		K40	13	01:11:55	03:42:12	05:14:27		**07:28:05.20**	**07:28:38.30**	+02:02:32 (27.3%)	8:37	7 (72.9%)
14	**FILIPOWICZ Joanna**	**235**	WARSZAWA	K40	14	01:12:44	03:41:39	05:10:39		**07:30:49.90**	**07:32:01.90**	+02:05:55 (27.9%)	8:40	6.9 (71.9%)
15	**PAUSZEK Marlena**	**529**	WĄGROWIEC	K40	15	01:17:35	03:47:43	05:17:48		**07:33:19.10**	**07:34:19.70**	+02:08:13 (28.2%)	8:43	6.9 (71.9%)
16	**GURAK-STENCEL Izabela**	**496**	WODZISŁAW ŚLĄSKI	K40	16	01:11:48	03:39:18	05:10:39		**07:37:19.55**	**07:37:23.20**	+02:11:17 (28.7%)	8:47	6.8 (70.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	11km	30km	37.8km	50.86km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
17	**SARAT Ewa**	**798**		K40	17	01:16:25	03:47:02	05:19:06		**07:43:19.45**	**07:44:09.35**	+02:18:03 (29.7%)	8:54	6.7 (69.8%)
18	**WĄSOWSKA Jagoda**	**68**	PIASECZNO	K40	18	01:19:10	03:55:18	05:27:06		**07:46:00.70**	**07:46:10.10**	+02:20:03 (30.0%)	8:57	6.7 (69.8%)
19	**ZBYSŁAW Beata**	**26**	SSP ORKA IŁAWA	K40	19	01:17:33	03:45:47	05:20:27		**07:48:16.55**	**07:49:05.75**	+02:22:59 (30.5%)	9:00	6.7 (69.8%)
20	**JACKOWSKA Ewa**	**243**	JGB "SOKÓŁ"	K40	20	01:20:24	03:51:48	05:26:29		**07:54:32.70**	**07:54:44.85**	+02:28:38 (31.3%)	9:07	6.6 (68.8%)
21	**GEZELA Joanna**	**190**	EUFORIABIEGACZA.PL	K40	21	01:21:42	04:02:58	05:33:27		**07:55:14.00**	**07:56:05.20**	+02:29:59 (31.5%)	9:08	6.6 (68.8%)
22	**NITA Małgorzata**	**486**	POZNAŃ	K40	22	01:14:13	03:51:35	05:25:06		**07:55:30.20**	**07:56:33.20**	+02:30:27 (31.6%)	9:08	6.6 (68.8%)
23	**SĘPKA Daria**	**415**	SPARTANIE DZIECIOM	K40	23	01:16:59	03:52:32	05:27:39		**07:58:08.55**	**07:59:03.30**	+02:32:57 (31.9%)	9:11	6.5 (67.7%)
24	**MROZOWSKA Magdalena**	**706**	WARSZAWA	K40	24	01:19:07	03:51:08	05:23:13		**08:01:06.70**	**08:01:39.35**	+02:35:33 (32.3%)	9:15	6.5 (67.7%)
25	**SZYMAŃSKA Agnieszka**	**543**	WYSZKÓW	K40	25	01:15:33	03:54:36	05:26:09		**08:00:59.50**	**08:01:41.15**	+02:35:35 (32.3%)	9:14	6.5 (67.7%)
26	**CZERWIŃSKA Magdalena**	**475**	GLIWICE	K40	26	01:14:04	03:57:04	05:32:30		**08:11:31.95**	**08:12:33.40**	+02:46:27 (33.8%)	9:27	6.3 (65.6%)
27	**MARCHEWKA Elżbieta**	**644**	BRAK	K40	27	01:19:11	03:58:14	05:34:16		**08:11:57.70**	**08:12:51.55**	+02:46:45 (33.8%)	9:27	6.3 (65.6%)
28	**DOMARADZKA Ewa**	**786**	PYSKOWICE	K40	28	01:20:04	04:03:45	05:44:49		**08:17:16.05**	**08:18:21.65**	+02:52:15 (34.6%)	9:33	6.3 (65.6%)
29	**POLEWKA Aneta**	**268**	FINISZ RYMANÓW	K40	29	01:11:50	03:52:01	05:21:04		**08:19:46.45**	**08:20:11.05**	+02:54:04 (34.8%)	9:36	6.2 (64.6%)
30	**PIETRZAK Małgorzata**	**812**		K40	30	01:17:39	04:05:18	05:44:44		**08:22:11.75**	**08:22:16.15**	+02:56:10 (35.1%)	9:39	6.2 (64.6%)
31	**PANEK Aleksandra**	**274**	DĘBOGÓRA	K40	31	01:17:59	03:58:20	05:34:18		**08:21:43.05**	**08:22:41.15**	+02:56:35 (35.1%)	9:38	6.2 (64.6%)
32	**SZYMURA Aleksandra**	**621**	RYBNIK	K40	32	01:15:41	04:01:48	05:45:08		**08:23:38.25**	**08:24:26.35**	+02:58:20 (35.4%)	9:41	6.2 (64.6%)
33	**GARCARZ Monika**	**746**	LIMANOWA	K40	33	01:19:47	04:03:48	05:44:18		**08:26:15.35**	**08:27:00.70**	+03:00:54 (35.7%)	9:44	6.2 (64.6%)
34	**HUZIOR Ela**	**716**		K40	34	01:20:21	04:10:09	05:58:38		**08:30:10.80**	**08:31:17.25**	+03:05:11 (36.2%)	9:48	6.1 (63.5%)
35	**PLISZCZYŃSKA Justyna**	**193**	LUBLIN	K40	35	01:15:36	03:55:28	05:43:27		**08:32:06.95**	**08:32:41.25**	+03:06:35 (36.4%)	9:50	6.1 (63.5%)
36	**SIKORSKA Agnieszka**	**615**	WARSZAWA	K40	36	01:19:58	04:03:39	05:48:43		**08:32:18.80**	**08:33:10.00**	+03:07:03 (36.5%)	9:51	6.1 (63.5%)
37	**BOGUCKA Joanna**	**805**	NIGHT RUNNERS GLIWICE	K40	37	01:18:28	04:00:47	05:44:14		**08:37:29.25**	**08:38:35.35**	+03:12:29 (37.1%)	9:57	6 (62.5%)
38	**BRZEZOWSKA Beata**	**397**	ALBATROSY	K40	38	01:30:08	04:25:46	06:01:34		**08:54:10.35**	**08:54:52.00**	+03:28:45 (39.0%)	10:16	5.8 (60.4%)
	GRABOWSKA Maria	**791**	FUNDACJA AKTYWNA TRZEMESZNO	K40		01:04:03 DNF	03:20:47 DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)

Znaleziono 39 wynik(ów)