



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

III ZIMOWY MARATON BIESZCZADZKI 2017 - 44,6KM

Zimowy Maraton Bieszczadzki 2017

Fundacja Bieg Rzeźnika

2017-01-29

Cisna

44,6 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	Czas netto 44.6km	Czas brutto 44.6km	Różn	Tempo min/km	Tempo km/h
1	BARCEWICZ Marta	1	SKLEPBIEGOWY.COM/ SS DRUŻYNA WILKA/ ASICS FRONTRUNNER	K30	1	00:00:27	02:09:07	02:51:30	03:32:33	03:48:35.75	03:48:35.75		5:07	11.7 (100%)
2	ARSENIUK Anna	2	T. S. OPATRUNKI TORUŃ	K30	2	00:00:38	02:12:55	02:54:10	03:32:41	03:49:07.85	03:49:07.85	+00:00:32 (0.2%)	5:08	11.7 (100%)
3	BONDARA Sylvia	3	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM	K30	3	00:00:53	02:19:47	03:02:34	03:45:38	04:04:23.65	04:04:23.65	+00:15:47 (6.5%)	5:28	11 (94.0%)
4	MAKOWSKA Olga	611	JACEK BIEGA RUNNING TEAM	K30	4	00:00:45	02:24:49	03:09:00	03:53:11	04:12:45.10	04:12:45.10	+00:24:09 (9.6%)	5:40	10.6 (90.6%)
5	KRUCZEK Monika	167	LACHO TEAM	K30	5	00:01:36	02:39:16	03:26:59	04:13:32	04:34:30.15	04:34:30.15	+00:45:54 (16.7%)	6:09	9.7 (82.9%)
6	ZAJĄC Katarzyna	374	4K TEAM TARNÓW	K30	6	00:01:10	02:29:47	03:21:37	04:11:58	04:35:07.30	04:35:07.30	+00:46:31 (16.9%)	6:10	9.7 (82.9%)
7	SERAFIN Paulina	195	RZESZOWSKIE GAZELE I GEPARDY	K30	7	00:01:32	02:37:33	03:28:06	04:17:33	04:39:39.20	04:39:39.20	+00:51:03 (18.3%)	6:16	9.6 (82.1%)
8	KRAWCZAK Paulina	113	BIEGUSIEM.PL	K30	8	00:02:53	02:40:49	03:35:49	04:21:59	04:42:50.60	04:42:50.60	+00:54:14 (19.2%)	6:20	9.5 (81.2%)
9	KRÓTKI Alicja	303		K30	9	00:02:53	02:40:51	03:34:43	04:23:38	04:48:06.30	04:48:06.30	+00:59:30 (20.7%)	6:27	9.3 (79.5%)
10	CZYŻOWSKA Adrianna	788		K30	10	00:01:43	02:42:29	03:37:08	04:24:59	04:50:03.00	04:50:03.00	+01:01:27 (21.2%)	6:30	9.2 (78.6%)
11	SZYMURA Karolina	366	4K TEAM TARNÓW	K30	11	00:01:10	02:39:15	03:36:25	04:28:04	04:52:01.75	04:52:01.75	+01:03:26 (21.7%)	6:32	9.2 (78.6%)
12	DUDZIAK Dorota	342		K30	12	00:00:41	02:40:29	03:36:26	04:28:04	04:52:13.45	04:52:13.45	+01:03:37 (21.8%)	6:33	9.2 (78.6%)
13	BIENIECKA Anna	800	ALPIN SPORT / OTK RZEŹNIK	K30	13	00:00:43	02:34:33	03:32:14	04:28:17	04:53:24.40	04:53:24.40	+01:04:48 (22.1%)	6:34	9.1 (77.8%)
14	SKOTNICKA Anna	236	EKIPA Z TARNOWA	K30	14	00:02:15	02:45:30	03:43:29	04:35:03	04:58:00.20	04:58:00.20	+01:09:24 (23.3%)	6:40	9 (76.9%)
15	DEYNECKA Martyna	534		K30	15	00:01:55	02:43:50	03:39:27	04:34:43	05:00:01.15	05:00:01.15	+01:11:25 (23.8%)	6:43	8.9 (76.1%)
16	FARON Agnieszka	799	NORAFSPORT	K30	16	00:01:04	02:43:32	03:44:17	04:38:02	05:02:19.95	05:02:19.95	+01:13:44 (24.4%)	6:46	8.9 (76.1%)
17	PIECUCH Karolina	99	LACHO TEAM	K30	17	00:02:03	02:50:12	03:52:56	04:41:41	05:04:03.30	05:04:03.30	+01:15:27 (24.8%)	6:49	8.8 (75.2%)
18	BURANDT Magdalena	701	SS DRUŻYNA WILKA	K30	18	00:02:11	02:48:48	03:46:32	04:40:08	05:05:38.70	05:05:38.70	+01:17:02 (25.2%)	6:51	8.8 (75.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k	Split_Mateusz	Split_Kamyk	Split_Mateusz	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.1km	26.5km	34.2km	40.7km	44.6km	44.6km			
19	DZIADOŃ Justyna	369	LACHO TEAM	K30	19	00:02:17	02:58:46	03:56:43	04:44:25	05:05:51.90	05:05:51.90	+01:17:16 (25.3%)	6:51	8.7 (74.4%)
20	NAWARA Ewelina	590	KSIĘŻNICZKI NIBYLANDII	K30	20	00:01:29	03:01:59	04:04:52	04:55:09	05:17:44.95	05:17:44.95	+01:29:09 (28.1%)	7:07	8.4 (71.8%)
21	SZALACHA Katarzyna	665		K30	21	00:02:56	03:01:36	04:07:20	05:03:19	05:30:39.85	05:30:39.85	+01:42:04 (30.9%)	7:24	8.1 (69.2%)
22	JACH-BALICKA Ołka	232		K30	22	00:01:08	03:13:08	04:12:25	05:06:30	05:31:42.90	05:31:42.90	+01:43:07 (31.1%)	7:26	8.1 (69.2%)
23	NIESPODZIANA Anna	548	ROGOZIŃSKI KLUB BIEGACZA	K30	23	00:01:11	03:05:52	04:10:56	05:06:50	05:33:01.10	05:33:01.10	+01:44:25 (31.4%)	7:28	8 (68.4%)
24	KOKOSZKA Magdalena	592	ZABIEGANI MIELEC	K30	24	00:02:03	02:59:18	04:04:28	05:04:18	05:33:09.65	05:33:09.65	+01:44:33 (31.4%)	7:28	8 (68.4%)
25	WYŻYKOWSKA Agnieszka	430	NOWA HUTA TEAM	K30	25	00:02:51	03:09:48	04:17:09	05:08:59	05:34:54.35	05:34:54.35	+01:46:18 (31.7%)	7:30	8 (68.4%)
26	GAJEWSKA Monika	26		K30	26	00:02:49	03:11:23	04:12:24	05:10:26	05:37:14.15	05:37:14.15	+01:48:38 (32.2%)	7:33	7.9 (67.5%)
27	KIJ Kinga	798		K30	27	00:03:06	03:12:04	04:18:47	05:12:59	05:40:24.95	05:40:24.95	+01:51:49 (32.8%)	7:37	7.9 (67.5%)
28	KRZOSEK Joanna	73		K30	28	00:02:15	03:05:30	04:12:50	05:14:07	05:43:18.85	05:43:18.85	+01:54:43 (33.4%)	7:41	7.8 (66.7%)
29	PIĄTEK Beata	621		K30	29	00:02:00	03:08:52	04:20:25	05:15:24	05:44:54.00	05:44:54.00	+01:56:18 (33.7%)	7:43	7.8 (66.7%)
30	GADAMSKA-KABATA Paulina	667		K30	30	00:01:25	03:09:25	04:19:58	05:18:23	05:48:34.25	05:48:34.25	+01:59:58 (34.4%)	7:48	7.7 (65.8%)
31	SEMOW Sylwia	756	KW KRAKÓW	K30	31	00:01:35	03:13:04	04:19:42	05:18:47	05:49:27.40	05:49:27.40	+02:00:51 (34.6%)	7:50	7.7 (65.8%)
32	DOBIES Jagoda	510		K30	32	00:02:09	03:30:27	04:29:18	05:23:37	05:50:23.55	05:50:23.55	+02:01:47 (34.8%)	7:51	7.6 (65.0%)
33	NICEWICZ Marta	406		K30	33	00:02:07	03:14:32	04:27:00	05:23:41	05:51:37.55	05:51:37.55	+02:03:01 (35.0%)	7:53	7.6 (65.0%)
34	OKLEJ Agata	5		K30	34	00:02:57	03:11:52	04:26:52	05:23:11	05:52:29.30	05:52:29.30	+02:03:53 (35.1%)	7:54	7.6 (65.0%)
35	KRUSZYNA Elżbieta	162		K30	35	00:02:25	03:20:40	04:35:11	05:28:47	05:55:16.60	05:55:16.60	+02:06:40 (35.7%)	7:57	7.5 (64.1%)
36	REMLEIN Katarzyna	566	DRUŻYNA SZPIKU/FOR RUN TEAM	K30	36	00:01:31	03:11:44	04:26:51	05:28:08	05:58:03.75	05:58:03.75	+02:09:28 (36.2%)	8:01	7.5 (64.1%)
37	GRAMZA Katarzyna	356	EUFORIABIEGACZA.PL	K30	37	00:02:16	03:17:12	04:32:58	05:29:21	05:58:06.95	05:58:06.95	+02:09:31 (36.2%)	8:01	7.5 (64.1%)
38	RAFAŁ Eliza	319		K30	38	00:01:53	03:27:34	04:36:38	05:32:15	05:59:04.30	05:59:04.30	+02:10:28 (36.3%)	8:03	7.5 (64.1%)
39	KĄNDUŁA Klaudia	550	TKD SZAKAL JEŻYCE RUNNERS	K30	39	00:02:52	03:23:49	04:27:19	05:29:08	05:59:25.95	05:59:25.95	+02:10:50 (36.4%)	8:03	7.4 (63.2%)
40	ROSZKOWSKA Julita	256		K30	40	00:02:49	03:15:19	04:22:20	05:26:32	05:59:40.15	05:59:40.15	+02:11:04 (36.4%)	8:03	7.4 (63.2%)
41	HONKISZ-GODLEWSKA Urszula	414	NOWY STYL GROUP RUNNING TEAM	K30	41	00:01:04	03:14:02	04:27:33	05:30:38	06:00:09.70	06:00:09.70	+02:11:33 (36.5%)	8:04	7.4 (63.2%)
42	WASYLISZYN Bernadetta	612	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	K30	42	00:02:42	03:18:26	04:27:50	05:30:57	06:00:27.20	06:00:27.20	+02:11:51 (36.6%)	8:04	7.4 (63.2%)
43	STRUSIŃSKA Katarzyna	102	TRIPAKA	K30	43	00:01:04	03:23:44	04:31:58	05:34:04	06:01:00.45	06:01:00.45	+02:12:24 (36.7%)	8:05	7.4 (63.2%)
44	MICHALSKA Klementyna	33	FABRYKA TRIATHLONU	K30	44	00:01:30	03:27:40	04:40:37	05:37:31	06:05:47.30	06:05:47.30	+02:17:11 (37.5%)	8:12	7.3 (62.4%)

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						0.1km	26.5km	34.2km	40.7km	44.6km	44.6km			
45	KUJAWSKA Małgorzata	628		K30	45	00:02:08	03:20:37	04:35:51	05:36:39	06:05:48.80	06:05:48.80	+02:17:13 (37.5%)	8:12	7.3 (62.4%)
46	PECYNA Katarzyna	368		K30	46	00:02:51	03:30:28	04:38:54	05:39:09	06:09:23.55	06:09:23.55	+02:20:47 (38.1%)	8:16	7.2 (61.5%)
47	PAZDERSKA-KIPIEL Agnieszka	169	PORANNY PATROL / EVIL TEAM	K30	47	00:01:17	03:22:41	04:31:49	05:41:20	06:14:08.85	06:14:08.85	+02:25:33 (38.9%)	8:23	7.2 (61.5%)
48	KUCIŃSKA Magdalena	365		K30	48	00:01:25	03:15:52	04:34:26	05:39:26	06:14:11.35	06:14:11.35	+02:25:35 (38.9%)	8:23	7.2 (61.5%)
49	ROGOZIŃSKA Monika	761	SS DRUŻYNA WILKA GRUPA DBK	K30	49	00:01:16	03:30:24	04:45:43	05:46:05	06:15:12.75	06:15:12.75	+02:26:37 (39.1%)	8:24	7.1 (60.7%)
50	OKAPIEC Aleksandra	753	AXA RUNNING TEAM	K30	50	00:01:48	03:30:23	04:40:35	05:42:37	06:15:46.05	06:15:46.05	+02:27:10 (39.2%)	8:25	7.1 (60.7%)
51	PIERZCHALSKA Julia	508	ABOVE 2000	K30	51	00:02:16	03:32:11	04:43:46	05:46:21	06:19:54.70	06:19:54.70	+02:31:18 (39.8%)	8:31	7 (59.8%)
52	FIDALI Beata	332	KLUB PODRÓŻNIKÓW ŚRÓDZIEMIE	K30	52	00:01:32	03:43:25	04:51:55	05:53:48	06:24:27.45	06:24:27.45	+02:35:51 (40.5%)	8:37	7 (59.8%)
53	PREJS Beata	795		K30	53	00:01:23	03:34:30	04:52:01	05:56:31	06:29:08.65	06:29:08.65	+02:40:32 (41.3%)	8:43	6.9 (59.0%)
54	ŻAK Oliwia	124	PIASECZNO RUNNING	K30	54	00:02:30	03:30:41	04:55:28	05:57:39	06:30:15.15	06:30:15.15	+02:41:39 (41.4%)	8:45	6.9 (59.0%)
55	JAROSZ-PIWOŃSKA Aldona	155		K30	55	00:02:30	03:30:41	04:55:28	05:57:39	06:30:16.90	06:30:16.90	+02:41:41 (41.4%)	8:45	6.9 (59.0%)
56	MARCINIAK Julia	563	NIGHT RUNNERS POZNAŃ	K30	56	00:01:14	03:33:59	04:59:03	06:01:31	06:31:15.10	06:31:15.10	+02:42:39 (41.6%)	8:46	6.8 (58.1%)
57	LESZEK-KRÓLIKOWSKA Patrycja	336	RABBITS	K30	57	00:01:18	03:38:42	05:01:42	06:05:50	06:37:18.05	06:37:18.05	+02:48:42 (42.5%)	8:54	6.7 (57.3%)
58	MAZUR Magdalena	153	PRZEMYŚL ŻURAWICA	K30	58	00:02:36	03:32:13	04:59:14	06:03:22	06:37:20.35	06:37:20.35	+02:48:44 (42.5%)	8:54	6.7 (57.3%)
59	JATA Marta	469	LUBELSKIE STOWARZYSZENIE BIEGOWE/WW TEAM	K30	59	00:02:42	03:43:25	05:06:15	06:07:30	06:38:35.75	06:38:35.75	+02:50:00 (42.6%)	8:56	6.7 (57.3%)
60	ROSIŃSKA Małgorzata	437	SKLEP BIEGACZA LUBLIN	K30	60	00:02:44	03:43:19	05:05:51	06:06:36	06:38:43.10	06:38:43.10	+02:50:07 (42.7%)	8:56	6.7 (57.3%)
61	PORĘBSKA Dorota	648	NOWA HUTA TEAM	K30	61	00:01:55	03:37:46	05:12:19	06:09:51	06:39:11.50	06:39:11.50	+02:50:35 (42.7%)	8:57	6.7 (57.3%)
62	KAWA Barbara	540	KB MARATOŃCZYK DĘBICA	K30	62	00:02:15	03:45:16	05:10:57	06:15:30	06:47:11.40	06:47:11.40	+02:58:35 (43.9%)	9:07	6.6 (56.4%)
63	BZOWSKA Aleksandra	700		K30	63	00:01:15	03:39:35	05:05:16	06:13:30	06:47:51.85	06:47:51.85	+02:59:16 (44.0%)	9:08	6.6 (56.4%)
63	PIECHOWICZ-KUROWSKA Agata	723	NIGHT RUNNERS GLIWICE	K30	64	00:01:15	03:39:35	05:05:26	06:13:30	06:47:51.85	06:47:51.85	+02:59:16 (44.0%)	9:08	6.6 (56.4%)
65	LATO Karolina	571	LUBLIN BIEGA	K30	65	00:02:46	03:30:11	04:59:47	06:14:21	06:49:25.10	06:49:25.10	+03:00:49 (44.2%)	9:10	6.5 (55.6%)
66	WALCZYŃSKA Karolina	745	NIGHT RUNNERS GLIWICE	K30	66	00:01:45	03:49:20	05:04:50	06:15:50	06:51:11.35	06:51:11.35	+03:02:35 (44.4%)	9:13	6.5 (55.6%)
67	DZIEPAK Dorota	704		K30	67	00:02:20	03:48:26	05:06:37	06:17:01	06:52:32.15	06:52:32.15	+03:03:56 (44.6%)	9:14	6.5 (55.6%)
68	BINIAŚ PASTUSIAK Anna	405		K30	68	00:02:44	03:44:31	05:09:01	06:17:20	06:52:58.15	06:52:58.15	+03:04:22 (44.6%)	9:15	6.5 (55.6%)
69	ZAWADZKA Magdalena	363	AKS POLONIA WARSZAWA	K30	69	00:02:53	03:41:48	05:11:29	06:20:28	06:56:32.00	06:56:32.00	+03:07:56 (45.1%)	9:20	6.4 (54.7%)

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70	KOWALEWSKA Izabela	819	PIASECZNO RUNNING	K30	70	00:02:42	03:56:18	05:18:22	06:25:48	07:02:32.25	07:02:32.25	+03:13:56 (45.9%)	9:28	6.3 (53.8%)
71	KUCZMENDA Katarzyna	787		K30	71	00:02:10	04:08:43	05:42:33	07:04:03	07:45:35.05	07:45:35.05	+03:56:59 (50.9%)	10:26	5.7 (48.7%)

Znaleziono 71 wynik(ów)