



III ZIMOWY MARATON BIESZCZADZKI 2017 - 44,6KM

B4SPORT

Wydarzenie:

Zimowy Maraton Bieszczadzki 2017

Organizator:

Fundacja Bieg Rzeźnika

Data:

2017-01-29

Miejsce:

Cisna

Dystans:

44,6 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	Czas netto 44.6km	Czas brutto 44.6km	Różn	Tempo min/km	Tempo km/h
1	LANGE Beata	610		K40	1	00:01:44	02:34:40	03:22:31	04:08:47	04:28:05.85	04:28:05.85		6:00	10 (100%)
2	JAKOWICZ Agnieszka	783	LABOSPORT	K40	2	00:02:52	03:43:18		04:01:15	04:35:50.45	04:35:50.45	+00:07:44 (2.8%)	6:11	9.7 (97.0%)
3	RENCZ Małgorzata	622		K40	3	00:00:59	02:34:23	03:26:36	04:14:25	04:36:31.35	04:36:31.35	+00:08:25 (3.0%)	6:11	9.7 (97.0%)
4	OLSCHIMKE- MARMUROWICZ Barbara	74	NIGHT RUNNERS ŚLĄSK	K40	4	00:02:14	02:41:24	03:33:45	04:23:09	04:47:18.05	04:47:18.05	+00:19:12 (6.7%)	6:26	9.3 (93.0%)
5	DĘBSKA Joanna	98	NIGHT RUNNERS GLIWICE	K40	5	00:02:01	02:41:08	03:38:44	04:33:11	04:57:04.00	04:57:04.00	+00:28:58 (9.8%)	6:39	9 (90.0%)
6	GRUCHAŁA Agnieszka	462	MEWA GDYNIA	K40	6	00:01:16	02:50:32	03:45:08	04:38:45	05:01:03.35	05:01:03.35	+00:32:57 (10.9%)	6:45	8.9 (89.0%)
7	MALINOWSKA Iwona	646		K40	7	00:00:52	02:42:36	03:45:27	04:43:01	05:11:58.75	05:11:58.75	+00:43:52 (14.1%)	6:59	8.6 (86.0%)
8	ĆWIAKAŁA Halina	585	SAMOTNI WĘDROWCY	K40	8	00:01:00	02:51:54	03:50:43	04:45:33	05:12:13.00	05:12:13.00	+00:44:07 (14.1%)	7:00	8.6 (86.0%)
9	SZWAJKA Aneta	479		K40	9	00:00:47	02:53:03	03:52:24	04:46:24	05:12:52.15	05:12:52.15	+00:44:46 (14.3%)	7:00	8.6 (86.0%)
10	HYJEK Elżbieta	593	ZABIEGANI MIELEC	K40	10	00:02:02	02:52:43	03:50:48	04:46:48	05:13:52.05	05:13:52.05	+00:45:46 (14.6%)	7:02	8.5 (85.0%)
11	DOMARADZKA Violetta	813	RUN VEGAN	K40	11	00:02:45	03:01:08	03:55:11	04:48:17	05:17:31.45	05:17:31.45	+00:49:25 (15.6%)	7:07	8.4 (84.0%)
12	ZĄBIK Dana	531		K40	12	00:02:49	03:10:26	04:06:48	05:00:06	05:25:20.65	05:25:20.65	+00:57:14 (17.6%)	7:17	8.2 (82.0%)
13	ŻEBRAKOWSKA Katarzyna	472	ULTRAMARATONPODKARPACKI.PL	K40	13	00:02:04	03:00:26	04:07:09	05:00:46	05:26:37.35	05:26:37.35	+00:58:31 (17.9%)	7:19	8.2 (82.0%)
14	LIGĘZA Joanna	806	SMASHING PAPKINS	K40	14	00:02:09	03:02:06	04:05:04	04:59:44	05:27:39.50	05:27:39.50	+00:59:33 (18.2%)	7:20	8.2 (82.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k		Split_Mateusz	Split_Kamyk	Split_Mateusz	Czas		Różn	Tempo min/km	Tempo km/h
						0.1km	26.5km				netto 44.6km	brutto 44.6km			
15	TRZEŻWIŃSKA Anna	325		K40	15	00:01:45	02:53:26		03:56:37	04:48:21	05:31:00.65	05:31:00.65	+01:02:54 (19.0%)	7:25	8.1 (81.0%)
16	RAKOWSKA Magdalena	818	DRUŻYNA TVN	K40	16	00:02:18	03:11:51		04:11:58	05:09:52	05:38:29.80	05:38:29.80	+01:10:23 (20.8%)	7:35	7.9 (79.0%)
17	ŻELAZNY Judyta	586	MRÓWKA JAROSŁAW ACTIVE TEAM	K40	17	00:01:57	03:08:04		04:10:37	05:08:46	05:38:47.35	05:38:47.35	+01:10:41 (20.9%)	7:35	7.9 (79.0%)
18	ORACZ Sylwia	327		K40	18	00:02:28	03:11:11		04:17:08	05:12:35	05:39:10.10	05:39:10.10	+01:11:04 (21.0%)	7:36	7.9 (79.0%)
19	WĘGRZYN Małgorzata	594	RESZOWSKIE GAZELE I GEPARDY	K40	19	00:01:43	03:09:55		04:17:43	05:13:57	05:42:01.85	05:42:01.85	+01:13:56 (21.6%)	7:40	7.8 (78.0%)
20	KUNKEL Anna	497	PGB SPORTOWA PACZKA	K40	20	00:01:12	03:20:31		04:22:49	05:17:52	05:44:29.50	05:44:29.50	+01:16:23 (22.2%)	7:43	7.8 (78.0%)
21	LOREK Anna	183	KB MARATOŃCZYK DĘBICA	K40	21	00:02:15	03:13:25		04:25:18	05:23:10	05:51:15.50	05:51:15.50	+01:23:09 (23.7%)	7:52	7.6 (76.0%)
22	LEŚNIAK-POPIEL Marta	688	POZYTYWNIIE ZABIEGANI SANOK	K40	22	00:01:50	03:17:09		04:26:27	05:22:24	05:51:34.30	05:51:34.30	+01:23:28 (23.7%)	7:52	7.6 (76.0%)
23	SAKOWSKA Aneta	304	MARATONKA GRAJEWO	K40	23	00:02:05	03:23:22		04:29:06	05:29:34	05:58:08.00	05:58:08.00	+01:30:02 (25.1%)	8:01	7.5 (75.0%)
24	PRYCIŃSKA Wiesława	575	CAFE SZKOLNA 16	K40	24	00:02:38	03:23:20		04:30:35	05:30:10	05:58:09.75	05:58:09.75	+01:30:03 (25.1%)	8:01	7.5 (75.0%)
25	ŁYSIAK Sylwia	317	ROZBIEGANY RAWICZ	K40	25	00:02:16	03:17:42		04:32:56	05:30:27	05:58:25.45	05:58:25.45	+01:30:19 (25.2%)	8:02	7.5 (75.0%)
26	KOSNOWSKA Katarzyna	740		K40	26	00:02:47	03:19:49		04:29:44	05:29:50	05:58:43.10	05:58:43.10	+01:30:37 (25.3%)	8:02	7.5 (75.0%)
27	MICHALCZEWSKA Marzena	176		K40	27	00:02:55	03:16:37		04:30:09	05:31:05	06:03:37.35	06:03:37.35	+01:35:31 (26.3%)	8:09	7.4 (74.0%)
28	SARAT Ewa	494		K40	28	00:02:29	03:26:56		04:35:35	05:35:53	06:05:43.45	06:05:43.45	+01:37:37 (26.7%)	8:11	7.3 (73.0%)
29	PAUL Viola	123	NIGHT RUNNERS GLIWICE	K40	29	00:02:07	03:24:09		04:35:36	05:35:53	06:05:44.65	06:05:44.65	+01:37:38 (26.7%)	8:12	7.3 (73.0%)
30	GUZEK Agnieszka	613		K40	30	00:01:01	03:28:27		04:35:54	05:35:38	06:06:03.30	06:06:03.30	+01:37:57 (26.8%)	8:12	7.3 (73.0%)
31	WESTER Halina	52	NIGHT RUNNERS GLIWICE	K40	31	00:02:06	03:26:19		04:41:48	05:42:02	06:11:56.45	06:11:56.45	+01:43:50 (27.9%)	8:20	7.2 (72.0%)
32	CUDZIŁO Joanna	395	PKO BANK POLSKI	K40	32	00:02:37	03:30:55		04:41:56	05:41:54	06:13:34.35	06:13:34.35	+01:45:28 (28.2%)	8:22	7.2 (72.0%)
33	SIKORSKA Agnieszka	48		K40	33	00:02:10	03:29:58		04:42:24	05:45:23	06:16:01.20	06:16:01.20	+01:47:55 (28.7%)	8:25	7.1 (71.0%)
34	NIEMIEC-DRWIĘGA Bernadeta	242	POZYTYWNIIE ZABIEGANI SANOK	K40	34	00:01:49	03:29:58		04:44:12	05:45:29	06:17:27.95	06:17:27.95	+01:49:22 (29.0%)	8:27	7.1 (71.0%)
35	DRWIĘGA Beata	238	POZYTYWNIIE ZABIEGANI SANOK	K40	35	00:01:50	03:29:58		04:44:13	05:45:30	06:17:29.30	06:17:29.30	+01:49:23 (29.0%)	8:27	7.1 (71.0%)
36	GARCARZ Monika	587		K40	36	00:01:08	03:36:38		04:49:29	05:49:19	06:19:07.30	06:19:07.30	+01:51:01 (29.3%)	8:30	7.1 (71.0%)
37	ŚWIĘTOCHOWSKA Beata	224	GRUPA SKROMNYCH BIEGACZY	K40	37	00:02:30	03:31:51		04:52:01	05:55:14	06:25:51.95	06:25:51.95	+01:57:46 (30.5%)	8:39	6.9 (69.0%)

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38	STĘPKOWSKA Berta	415	RUN_HELPERS	K40	38	00:02:43	03:34:56	04:59:57	05:59:46	06:28:29.25	06:28:29.25	+02:00:23 (31.0%)	8:42	6.9 (69.0%)
39	MICKIEWICZ Jolanta	285		K40	39	00:02:58	03:34:10	05:01:29	06:01:24	06:31:48.80	06:31:48.80	+02:03:42 (31.6%)	8:47	6.8 (68.0%)
40	JAKUBIEC Justyna	382	LUBELSKA GRUPA TRIATHLONU	K40	40	00:02:45	03:39:12	05:06:18	06:04:04	06:36:29.85	06:36:29.85	+02:08:24 (32.4%)	8:53	6.7 (67.0%)
41	ZYCH Anna	438	LSB	K40	41	00:02:43	03:43:26	05:06:17	06:04:11	06:36:35.50	06:36:35.50	+02:08:29 (32.4%)	8:53	6.7 (67.0%)
42	WŁODARSKA Magdalena	268		K40	42	00:02:16	03:38:28	04:59:18	06:03:53	06:37:15.05	06:37:15.05	+02:09:09 (32.5%)	8:54	6.7 (67.0%)
43	GAWCZYŃSKA - BACZA Izabela	136	PRZEMYŚL- MAROKO	K40	43	00:02:36	03:32:12	04:59:01	06:03:22	06:37:17.35	06:37:17.35	+02:09:11 (32.5%)	8:54	6.7 (67.0%)
44	WRÓBLEWSKA-GAWEŁ Agnieszka	579		K40	44	00:01:55	03:37:46	05:12:19	06:09:51	06:39:08.35	06:39:08.35	+02:11:02 (32.8%)	8:56	6.7 (67.0%)
45	MAZUREK Monika	457	NOWA HUTA TEAM	K40	45	00:01:55	03:37:47	05:12:21	06:09:51	06:39:10.60	06:39:10.60	+02:11:04 (32.8%)	8:56	6.7 (67.0%)
46	DOBROWOLSKA Grażyna	577	KB MARATOŃCZYK DĘBICA	K40	46	00:02:15	03:45:13	05:10:57	06:15:30	06:47:11.15	06:47:11.15	+02:19:05 (34.2%)	9:07	6.6 (66.0%)
47	ŚLEMP Bernadetta	770		K40	47	00:03:06	03:40:52	05:05:25	06:11:51	06:48:36.00	06:48:36.00	+02:20:30 (34.4%)	9:09	6.5 (65.0%)
48	CZECHOWSKA Izabela	384	WW TEAM	K40	48	00:02:40	03:44:31	05:09:01	06:17:20	06:53:21.50	06:53:21.50	+02:25:15 (35.1%)	9:16	6.5 (65.0%)
49	BOGUCKA Martyna	121	JACEK BIEGA RUNNING TEAM	K40	49	00:02:53	03:46:23	05:08:46	06:20:26	06:59:02.70	06:59:02.70	+02:30:56 (36.0%)	9:23	6.4 (64.0%)
50	KUCZEK Katarzyna	269	PGB SPORTOWA PACZKA	K40	50	00:01:22	03:46:30	05:35:13	06:41:41	07:14:02.45	07:14:02.45	+02:45:56 (38.2%)	9:43	6.2 (62.0%)
51	CZYŻ Dorota	565		K40	51	00:02:09	04:01:40	05:34:14	06:43:45	07:19:09.40	07:19:09.40	+02:51:03 (39.0%)	9:50	6.1 (61.0%)

Znaleziono 51 wynik(ów)