

# IX BIEG OLIWSKI - 10KM BIEG

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:**

**Organizator:**

**Data:**

**Miejsce:**

**Dystans:**

IX Bieg Oliwski

Fundacja Silni Ciałem Niezłomni Duchem

2021-11-28

Gdańsk

10 km



Klasyfikacja: M-40

| Msc | Zawodnik               | Numer | Klub                       | Kategoria | Mkat | Czas netto 10km | Różn              | Tempo min/km | Tempo km/h   |
|-----|------------------------|-------|----------------------------|-----------|------|-----------------|-------------------|--------------|--------------|
| 1   | TUSZYŃSKI Jarosław     | 179   | FIGHTINGRUNNERS            | M-40      | 1    | 00:40:07.25     |                   | 4:00         | 15 (100%)    |
| 2   | HATŁAS Adam            | 341   |                            | M-40      | 2    | 00:42:40.80     | +00:02:33 (6.0%)  | 4:16         | 14.1 (94.0%) |
| 3   | PEPLIŃSKI Grzegorz     | 149   |                            | M-40      | 3    | 00:42:54.60     | +00:02:47 (6.5%)  | 4:17         | 14 (93.3%)   |
| 4   | SUŁEK Grzegorz         | 169   | FUNDACJA JEPPESENA         | M-40      | 4    | 00:43:18.00     | +00:03:10 (7.3%)  | 4:19         | 13.9 (92.7%) |
| 5   | KULESZA Mariusz        | 340   |                            | M-40      | 5    | 00:44:29.80     | +00:04:22 (9.8%)  | 4:26         | 13.5 (90.0%) |
| 6   | ŻABCZYŃSKI Daniel      | 198   | BIEGAMYRAZEM.PL            | M-40      | 6    | 00:44:59.40     | +00:04:52 (10.8%) | 4:29         | 13.3 (88.7%) |
| 7   | DYDYMSKI Krzysztof     | 87    |                            | M-40      | 7    | 00:45:57.05     | +00:05:49 (12.7%) | 4:35         | 13.1 (87.3%) |
| 8   | ZACHARUK Marcin        | 192   | GRUPA BIEGOWA 65           | M-40      | 8    | 00:46:12.15     | +00:06:04 (13.2%) | 4:37         | 13 (86.7%)   |
| 9   | CIESIELSKI Witold      | 80    |                            | M-40      | 9    | 00:46:56.00     | +00:06:48 (14.5%) | 4:41         | 12.8 (85.3%) |
| 10  | GRABOWSKI Grzegorz     | 100   | ASTMA GDANSK/INTEL RUNNERS | M-40      | 10   | 00:47:09.90     | +00:07:02 (14.9%) | 4:42         | 12.7 (84.7%) |
| 11  | KOWALSKI Maciej        | 118   | LOTOS RUNNING TEAM         | M-40      | 11   | 00:48:33.35     | +00:08:26 (17.4%) | 4:51         | 12.4 (82.7%) |
| 12  | ŻYDOK Bartosz          | 70    | LAMUSY                     | M-40      | 12   | 00:49:55.65     | +00:09:48 (19.6%) | 4:59         | 12 (80.0%)   |
| 13  | IEFYMENKO Aleksandr    | 103   | CENTAUR                    | M-40      | 13   | 00:50:53.20     | +00:10:45 (21.2%) | 5:05         | 11.8 (78.7%) |
| 14  | GUMIELA Piotr          | 101   | GUMISIOLANDIA              | M-40      | 14   | 00:54:07.40     | +00:14:00 (25.9%) | 5:24         | 11.1 (74.0%) |
| 15  | LIETKE Dariusz         | 131   |                            | M-40      | 15   | 00:55:16.95     | +00:15:09 (27.4%) | 5:31         | 10.9 (72.7%) |
| 16  | SZOPA Marek            | 171   | RUNEDA                     | M-40      | 16   | 00:56:26.30     | +00:16:19 (28.9%) | 5:38         | 10.6 (70.7%) |
| 17  | GĄSKA Maciej           | 97    | PĘDZĄCE ŚLIMAKI            | M-40      | 17   | 00:56:36.85     | +00:16:29 (29.1%) | 5:39         | 10.6 (70.7%) |
| 18  | PASZTALENIĘC Władysław | 147   |                            | M-40      | 18   | 00:56:50.30     | +00:16:43 (29.4%) | 5:41         | 10.6 (70.7%) |
| 19  | MARZEC Przemysław      | 134   | GRUPA BIEGOWA 65           | M-40      | 19   | 00:57:29.15     | +00:17:21 (30.2%) | 5:44         | 10.4 (69.3%) |
| 20  | PAPROCKI Marcin        | 146   |                            | M-40      | 20   | 00:59:11.60     | +00:19:04 (32.2%) | 5:55         | 10.1 (67.3%) |
| 21  | LEIBSCHANG Jacek       | 127   | GRUPA BIEGOWA 65           | M-40      | 21   | 01:02:34.70     | +00:22:27 (35.9%) | 6:15         | 9.6 (64.0%)  |
| 22  | SZTYLKO Michał         | 173   |                            | M-40      | 22   | 01:04:07.90     | +00:24:00 (37.4%) | 6:24         | 9.4 (62.7%)  |

Znaleziono 22 wynik(ów)