# JASTROWIE - PUCHAR WIELKOPOLSKI NORDIC WALKING - 10.72KM

**Organizator:** PFNW
**Data:** 2016-04-16
**Miejsce:** Jastrowie
**Dystans:** 10.72 km

HERKULES
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Klasyfikacja: Wszyscy

Punkt pomiarowy: 5,0 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 5km |
|---|---|---|---|---|---|---|---|---|
| 1 | **LUBIATOWSKI Ireneusz** | **193.** | KS METRACO POLKOWICE | M50-59 | | | 00:00:14 | 00:31:21 |
| 2 | **KLICZKA Kamil** | **182.** | PUSZCZYK BUKOWY | M40-49 | | | 00:00:12 | 00:32:02 |
| 3 | **SIWAK Piotr** | **230.** | KS METRACO POLKOWICE | M50-59 | 1 | | 00:00:10 | 00:32:18 |
| 4 | **HELWICH Stefan** | **170.** | KS METRACO POLKOWICE | M60-69 | 1 | | 00:00:15 | 00:33:09 |
| 5 | **ADAMSKI Robert** | **239.** | DRUŻYNA SZPIKU | M40-49 | 1 | | 00:00:11 | 00:33:46 |
| 6 | **KULIG Henryk** | **189.** | K S ELBLASKIE WŁÓCZY-KIJE | M60-69 | 1 | | 00:00:15 | 00:34:08 |
| 7 | **KRZYŻANOWSKI Robert** | **188.** | GOSIR OSIELSKO | M40-49 | | | 00:00:12 | 00:34:09 |
| 8 | **KOLENKIEWICZ Dariusz** | **183.** | K S ELBLASKIE WŁÓCZY-KIJE | M50-59 | | | 00:00:11 | 00:34:10 |
| 9 | **STANISŁAWSKI Jan** | **240.** | AKTYWNI 50+ | M50-59 | | | 00:00:13 | 00:34:11 |
| 10 | **LUBAWIŃSKI Jerzy-Bernard** | **192.** | FACE NORDIC WALKING TEAM | M60-69 | 1 | | 00:00:13 | 00:34:11 |
| 11 | **WIERCHANOWSKI Bogdan** | **219.** | KS METRACO POLKOWICE | M50-59 | 1 | | 00:00:11 | 00:34:20 |
| 12 | **KALISZ Krzysztof** | **179.** | KS METRACO POLKOWICE | M60-69 | | | 00:00:14 | 00:34:38 |
| 13 | **SMUL Andrzej** | **209.** | GREEN TEAM | M60-69 | | | 00:00:15 | 00:34:39 |
| 14 | **STAWNIAK Karol** | **212.** | KS METRACO POLKOWICE | M60-69 | | | 00:00:13 | 00:34:40 |
| 15 | **SPYCHAŁA Marzena** | **211.** | WESOŁY BORSUK TEAM | K40-49 | | | 00:02:39 | 00:34:44 |
| 16 | **JĘDRASIAK Renata** | **176.** | KS METRACO POLKOWICE | K50-59 | | | 00:02:39 | 00:34:57 |
| 17 | **KĘPA Andrzej** | **181.** | SKI FAMILY TEAM | M60-69 | | | 00:00:14 | 00:35:18 |
| 18 | **CZEKAJŁO Franciszek** | **160.** | TEAM MEPROZET | M60-69 | | | 00:00:15 | 00:35:18 |
| 19 | **KASPRZYK Lilianna** | **180.** | KS METRACO POLKOWICE | K50-59 | | | 00:02:41 | 00:35:20 |
| 20 | **FALKOWSKA Beata** | **164.** | UKS GIMNAZJON SUCHY LAS | K50-59 | | | 00:02:40 | 00:35:25 |
| 21 | **ZAMRZYCKI Leszek** | **222.** | | M50-59 | | | 00:00:16 | 00:35:28 |
| 22 | **CHOLEWIŃSKI Wojciech** | **159.** | KB KATORŻNIK MUROWANA GOSLINA | M50-59 | | | 00:00:12 | 00:35:32 |
| 23 | **ZIĘBA Krzysztof** | **227.** | | M50-59 | | | 00:00:15 | 00:35:43 |
| 24 | **MOTYLSKA Aleksa** | **241.** | NORDIC TEAM GNIEZNO | K18-29 | 1 | | 00:02:35 | 00:36:33 |
| 25 | **KRUSZKA Arleta** | **283.** | MARSZ PO ZDROWIE | K50-59 | | | 00:02:40 | 00:36:39 |
| 26 | **PRAWUCKI Krzysztof** | **204.** | JEZIORKI AKTYWNA WIES | M30-39 | | | 00:00:09 | 00:36:54 |
| 27 | **JANECKI Dariusz** | **174.** | JEZIORKI AKTYWNA WIES | M50-59 | 1 | | 00:00:12 | 00:36:55 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 5km |
|---|---|---|---|---|---|---|---|---|
| 28 | **WOLNIEWICZ Katarzyna** | **220.** | FABRIKANORDIKA | K40-49 | | | 00:02:38 | 00:36:55 |
| 29 | **SKRYCKA Katarzyna** | **208.** | KS METRACO POLKOWICE | K30-39 | | | 00:02:36 | 00:36:56 |
| 30 | **GIBAS Sławomir** | **165.** | | M30-39 | | | 00:00:09 | 00:36:58 |
| 31 | **KACZMARCZYK-PIASECKA Renata** | **178.** | CZARNE PANTERY | K40-49 | | | 00:02:36 | 00:37:10 |
| 32 | **ŁABUS Izabela** | **194.** | FABRIKANORDIKA | K18-29 | | | 00:02:35 | 00:37:37 |
| 33 | **BANACH Joanna** | **155.** | UKS GIMNAZJON SUCHY LAS | K40-49 | | | 00:02:43 | 00:37:39 |
| 34 | **CHOLEWIŃSKA Longina** | **158.** | KB KATORŻNIK MUROWANA GOSLINA | K50-59 | | | 00:02:41 | 00:38:28 |
| 35 | **ZIELIŃSKA Jolanta** | **226.** | GOSIR OSIELSKO | K50-59 | | | 00:02:47 | 00:38:37 |
| 36 | **GRZESZCZAK Andrzej** | **232.** | KS METRACO POLKOWICE | M50-59 | | | 00:00:12 | 00:38:47 |
| DQ | **GODZIŃSKI Paweł** | **167.** | PIELGRZYMI SANTIAGO | M30-39 | 1 | | DQ | 00:38:48 DQ |
| 38 | **BANASZKIEWICZ Katarzyna** | **156.** | SAMA CHODZĘ :) | K40-49 | | | 00:02:43 | 00:38:55 |
| 39 | **ZAWISŁA Stanisław** | **224.** | MARSZ PO ZDROWIE | M60-69 | | | 00:00:14 | 00:39:06 |
| 40 | **ŁOPIŃSKI Aleksy** | **196.** | CZARNE PANTERY | M60-69 | | | 00:00:17 | 00:39:09 |
| 41 | **JANECKA Agnieszka** | **173.** | JEZIORKI AKTYWNA WIES | K40-49 | 1 | | 00:02:42 | 00:39:44 |
| 42 | **APPEL Jerzy** | **154.** | GOSIR OSIELSKO | M70+ | | | 00:00:16 | 00:39:48 |
| 43 | **WACHOWIAK Sylwia** | **214.** | SAILING TEAM FERAJNA | K40-49 | | | 00:02:39 | 00:39:57 |
| 44 | **ROSADZIŃSKA Natalia** | **206.** | | K18-29 | | | 00:02:35 | 00:40:02 |
| 45 | **KOSIŃSKA Maria** | **184.** | MOSIR | K60-69 | | | 00:02:44 | 00:40:03 |
| 46 | **WALKOWIAK Michał** | **215.** | | M30-39 | | | 00:00:08 | 00:40:06 |
| DQ | **WANDEL Agnieszka** | **217.** | FACE NORDIC WALKING TEAM | K40-49 | 1 | | DQ | 00:40:18 DQ |
| 48 | **WORONKO-ZACZYŃSKA Janina** | **221.** | KS METRACO POLKOWICE | K70+ | | | 00:02:46 | 00:40:20 |
| 49 | **KOZŁOWSKA Agnieszka** | **235.** | FACE NORDIC WALKING TEAM | K40-49 | | | 00:02:43 | 00:40:27 |
| 50 | **SOBECKA Marzena** | **210.** | | K40-49 | | | 00:02:40 | 00:40:30 |
| 51 | **POSTEK Danuta** | **203.** | MARSZ PO ZDROWIE | K50-59 | | | 00:02:43 | 00:40:44 |
| 52 | **WASEKA Julitta** | **218.** | | K40-49 | | | 00:02:43 | 00:40:44 |
| 53 | **NOWAKOWSKI Rafał** | **233.** | JEZIORKI AKTYWNA WIES | M30-39 | | | 00:00:09 | 00:40:49 |
| 54 | **STRZELECKI Sebastian** | **213.** | SAILING TEAM FERAJNA | M40-49 | | | 00:00:10 | 00:40:50 |
| 55 | **MAĆKOWIAK Krystyna** | **237.** | FACE NORDIC WALKING TEAM | K60-69 | 1 | | 00:02:47 | 00:40:54 |
| 56 | **KOWNACKA Jolanta** | **186.** | KSIR SPORTICO BIAŁOSLIWIE | K40-49 | | | 00:02:37 | 00:40:59 |
| 57 | **BOROWSKI Marcin** | **236.** | FACE NORDIC WALKING TEAM | M30-39 | | | 00:00:10 | 00:41:01 |
| 58 | **PILECKI Gustaw** | **201.** | GOSIR OSIELSKO | M70+ | 1 | | 00:00:17 | 00:41:17 |
| 59 | **KULKA Maciej** | **190.** | FACE NORDIC WALKING TEAM | M50-59 | | | 00:00:15 | 00:41:20 |
| 60 | **BIAŁAS Grzegorz** | **229.** | | M50-59 | | | 00:00:17 | 00:41:25 |
| 61 | **PISZCZ Wiesław** | **202.** | | M40-49 | | | 00:00:12 | 00:41:30 |
| 62 | **ZIAJKO Szymon** | **238.** | | M30-39 | | | 00:00:10 | 00:41:35 |
| 63 | **MURZYN Monika** | **197.** | KSIR SPORTICO BIAŁOSLIWIE | K30-39 | | | 00:02:38 | 00:41:51 |
| 64 | **NOWAK Maciej** | **198.** | SAILING TEAM FERAJNA | M40-49 | 1 | | 00:00:11 | 00:41:55 |
| 65 | **DRABCZYK Franciszek** | **231.** | KS METRACO POLKOWICE | M60-69 | | | 00:00:16 | 00:42:01 |
| 66 | **CHĘCIŃSKA Krystyna** | **216.** | UKS GIMNAZJON SUCHY LAS | K60-69 | | | 00:02:46 | 00:42:11 |
| 67 | **ZAWADZKA Maria** | **223.** | KS METRACO POLKOWICE | K60-69 | | | 00:02:43 | 00:42:13 |
| 68 | **ROSA Mariola** | **205.** | KSIR SPORTICO BIAŁOSLIWIE | K50-59 | | | 00:02:42 | 00:42:26 |
| 69 | **ZBIELSKA Agnieszka** | **225.** | SAILING TEAM FERAJNA | K30-39 | | | 00:02:36 | 00:42:31 |
| 70 | **JÓŹWIAK Dominik** | **177.** | WTW.WŁOCŁAWEK | M18-29 | | | 00:00:09 | 00:42:45 |
| 71 | **HORIACZEK Małgorzata** | **171.** | UKS GIMNAZJON SUCHY LAS | K60-69 | 1 | | 00:02:45 | 00:42:48 |
| 72 | **OGRODNICZAK Anna** | **199.** | | K30-39 | | | 00:02:37 | 00:42:50 |
| 73 | **HACZYK Anna** | **169.** | UKS GIMNAZJON SUCHY LAS | K30-39 | | | 00:02:38 | 00:42:51 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 5km |
|---|---|---|---|---|---|---|---|---|
| 74 | **ŁASECKA Katarzyna** | **195.** | CZARNE PANTERY | K40-49 | | | 00:02:40 | 00:42:55 |
| 75 | **DYMKOWSKI Krzysztof** | **163.** | CZARNE PANTERY | M40-49 | | | 00:00:10 | 00:43:10 |
| 76 | **DROZDOWICZ Dorota** | **161.** | CZARNE PANTERY | K40-49 | | | 00:02:41 | 00:43:46 |
| 77 | **GIERSZENDORF Monika** | **166.** | FACE NORDIC WALKING TEAM | K40-49 | | | 00:02:39 | 00:44:10 |
| 78 | **BAKOWSKA Maria** | **157.** | NORDIC TEAM GNIEZNO | K60-69 | | | 00:02:46 | 00:44:26 |
| 79 | **ADAMIEC Bożena** | **152.** | | K30-39 | | | 00:02:36 | 00:44:38 |
| 80 | **JAGŁA Monika** | **172.** | KSIR SPORTICO BIAŁOSLIWIE | K40-49 | | | 00:02:40 | 00:44:51 |
| 81 | **KRYZA Małgorzata** | **187.** | KSIR SPORTICO BIAŁOSLIWIE | K30-39 | | | 00:02:37 | 00:44:54 |
| 82 | **SIECZKA Bożena** | **207.** | KSIR SPORTICO BIAŁOSLIWIE | K30-39 | | | 00:02:37 | 00:45:12 |
| 83 | **ADAMIEC Ewa** | **153.** | | K50-59 | | | 00:02:46 | 00:45:12 |
| 84 | **ABRAMOWICZ Ewa** | **151.** | | K40-49 | | | 00:02:45 | 00:45:25 |
| 85 | **KOWALCZUK Maria** | **185.** | | K40-49 | | | 00:02:42 | 00:45:28 |
| 86 | **GREFKIEWICZ Justyna** | **168.** | KB KATORŻNIK MUROWANA GOSŁINA | K40-49 | | | 00:02:44 | 00:45:33 |
| 87 | **BIAŁAS Ewa** | **228.** | | K50-59 | | | 00:02:45 | 00:45:36 |
| 88 | **LIKOWSKA Lidia** | **191.** | | K40-49 | | | 00:02:38 | 00:45:44 |
| 89 | **JARYSZ Agnieszka** | **175.** | FACE NORDIC WALKING TEAM | K30-39 | | | 00:02:42 | 00:46:01 |
| 90 | **OLSZEWSKA Elżbieta** | **200.** | KLUB SPORTOWY 'SPORTICO' | K40-49 | | | 00:02:40 | 00:46:47 |
| 91 | **OLSZEWSKA Martyna** | **234.** | KLUB SPORTOWY 'SPORTICO' | K18-29 | | | 00:02:36 | 00:46:51 |
| 92 | **DUKIEWICZ Aneta** | **162.** | CZARNE PANTERY | K40-49 | | | 00:02:41 | 00:53:28 |

Znaleziono 92 wynik(ów)