



JASTROWIE - PUCHAR WIELKOPOLSKI NORDIC WALKING - 10.72KM

B4SPORT

Organizator: PFNW
Data: 2016-04-16
Miejsce: Jastrowie
Dystans: 10.72 km



Klasyfikacja: M60-69

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	5.36km	10.36km	Czas netto 10.72km	Czas brutto 10.72km	Różn	Tempo min/km	Tempo km/h
1	HELWICH Stefan	170.	KS METRACO POLKOWICE	M60-69	1	1		00:00:15	00:33:09	00:35:46	01:09:52	01:12:46.45	01:13:02.30		6:47	8.8 (100%)
2	KULIG Henryk	189.	K S ELBLASKIE WŁÓCZY-KIJE	M60-69	2	1		00:00:15	00:34:08	00:36:53	01:12:23	01:15:16.75	01:15:31.90	+00:02:30 (3.3%)	7:01	8.5 (96.6%)
3	KALISZ Krzysztof	179.	KS METRACO POLKOWICE	M60-69	3			00:00:14	00:34:38	00:37:26	01:13:12	01:16:03.15	01:16:17.30	+00:03:16 (4.3%)	7:05	8.5 (96.6%)
4	LUBAWIŃSKI Jerzy-Bernard	192.	FACE NORDIC WALKING TEAM	M60-69	4	1		00:00:13	00:34:11	00:37:02	01:13:31	01:16:20.55	01:16:34.45	+00:03:34 (4.7%)	7:07	8.4 (95.5%)
5	KĘPA Andrzej	181.	SKI FAMILY TEAM	M60-69	5			00:00:14	00:35:18	00:38:07	01:13:49	01:16:30.90	01:16:45.65	+00:03:44 (4.9%)	7:08	8.4 (95.5%)
6	CZEKAJŁO Franciszek	160.	TEAM MEPROZET	M60-69	6			00:00:15	00:35:18	00:38:08	01:14:30	01:17:22.35	01:17:37.90	+00:04:35 (5.9%)	7:13	8.3 (94.3%)
7	STAWNIAK Karol	212.	KS METRACO POLKOWICE	M60-69	7			00:00:13	00:34:40	00:37:28	01:14:31	01:17:24.00	01:17:37.40	+00:04:37 (6.0%)	7:13	8.3 (94.3%)
8	SMUL Andrzej	209.	GREEN TEAM	M60-69	8			00:00:15	00:34:39	00:37:27	01:14:39	01:17:37.60	01:17:52.70	+00:04:51 (6.3%)	7:14	8.3 (94.3%)
9	ŁOPIŃSKI Aleksy	196.	CZARNE PANTERY	M60-69	9			00:00:17	00:39:09	00:42:20	01:21:22	01:24:32.05	01:24:49.30	+00:11:45 (13.9%)	7:53	7.6 (86.4%)
10	ZAWISŁA Stanisław	224.	MARSZ PO ZDROWIE	M60-69	10			00:00:14	00:39:06	00:42:23	01:24:23	01:27:53.80	01:28:08.20	+00:15:07 (17.2%)	8:11	7.3 (83.0%)
11	DRABCZYK Franciszek	231.	KS METRACO POLKOWICE	M60-69	11			00:00:16	00:42:01	00:45:31	01:30:19	01:33:55.85	01:34:12.40	+00:21:09 (22.5%)	8:45	6.8 (77.3%)

Znaleziono 11 wynik(ów)