



KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2016-06-11
Miejsce: Kolbuszowa
Dystans: 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 2,5 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 2.5km |
|-----|-----------------------|-------|--------------------------------|-----------|-------------|--------------|-------------|----------|
| 1 | MICHALEC Marcin | 166 | KKB MOSIR KROSNO | M18-29 | | | 00:01:44 | 00:14:21 |
| 2 | SKOWRON Bartłomiej | 33 | VIKING | M18-29 | | | 00:01:44 | 00:14:39 |
| 3 | KARASIŃSKI Maciej | 241 | KS METRACO POLKOWICE | M40-49 | | | 00:02:50 | 00:14:55 |
| 4 | CYRUS Bogdan | 247 | SILESIA NORDIC TEAM | M40-49 | | | 00:02:49 | 00:15:06 |
| 5 | BŁEK Artur | 106 | UNIA MIAST | M30-39 | | | 00:02:06 | 00:15:15 |
| 6 | PIOTROWSKI Michał | 179 | FACE NORDIC WALKING TEAM | M30-39 | | | 00:02:05 | 00:15:20 |
| 7 | PUSZKIEL Leszek | 186 | GREEN TEAM ZIELONA GÓRA | M50-59 | | | 00:03:29 | 00:15:36 |
| 8 | SIEROŃ Jacek | 193 | TSA SANDOMIERZ | M50-59 | | | 00:03:33 | 00:15:39 |
| 9 | WOJTASIŃSKI Daniel | 227 | VIKING NORDIC TEAM CZĘSTOCHOWA | M30-39 | | | 00:02:05 | 00:15:40 |
| 10 | SIWAK Piotr | 196 | KS METRACO POLKOWICE | M50-59 | | | 00:03:31 | 00:15:40 |
| 11 | MICHALSKI Andrzej | 167 | FACE NORDIC WALKING TEAM | M50-59 | | | 00:03:33 | 00:15:40 |
| 12 | REZULSKI Mariusz | 189 | VIKING NORDIC TEAM CZĘSTOCHOWA | M50-59 | | | 00:03:31 | 00:15:46 |
| 13 | NIECHWIEJCZYK Piotr | 172 | UNIA MIAST | M40-49 | | | 00:02:49 | 00:15:51 |
| 14 | PUSZKIEL Adrian | 187 | GREEN TEAM ZIELONA GÓRA | M18-29 | | | 00:01:43 | 00:15:58 |
| 15 | CIEŚLAK Roman | 114 | EPOKA NORDICA ŁÓDŹ | M50-59 | | | 00:03:30 | 00:16:04 |
| 16 | MACKIEWICZ Marcin | 161 | NW CIECHNÓW | M18-29 | 1 | | 00:01:45 | 00:16:08 |
| 17 | LASKOWSKI Mirosław | 251 | AGRO CORN MILANÓW | M40-49 | | | 00:02:50 | 00:16:17 |
| 18 | NOWROTEK Monika | 258 | WESOŁY BORSUK TEAM | K18-29 | | | 00:05:14 | 00:16:34 |
| 19 | PSUT Robert | 184 | EPOKA NORDICA ŁÓDŹ | M18-29 | | | 00:01:43 | 00:16:35 |
| 20 | WIERCHANOWSKI Bogdan | 224 | KS METRACO POLKOWICE | M50-59 | | | 00:03:31 | 00:16:35 |
| 21 | BILIK Wojciech | 105 | SAMOTNI WĘDROWCY | M40-49 | | | 00:02:50 | 00:16:36 |
| 22 | KUŚMIEREK Patryk | 151 | BŁĘKITNI NW DZIEMIANY | M18-29 | | | 00:01:44 | 00:16:37 |
| 23 | NIEDBAŁ Adam | 173 | SILESIA NORDIC TEAM | M40-49 | | | 00:02:52 | 00:16:38 |
| 24 | GONET Grzegorz | 249 | GONET TEAM | M40-49 | | | 00:02:51 | 00:16:44 |
| 25 | KRZANOWSKI Bartłomiej | 147 | SAMOTNI WĘDROWCY | M40-49 | | | 00:02:52 | 00:16:57 |
| 26 | KUŚMIEREK Jan | 152 | BŁĘKITNI NW DZIEMIANY | M40-49 | | | 00:02:53 | 00:16:57 |
| 27 | LIPKO Adrianna | 156 | PENDOLINO | K18-29 | | | 00:05:15 | 00:16:59 |
| 28 | SZWICHTENBERG Wioleta | 215 | FACE NORDIC WALKING TEAM | K18-29 | | | 00:05:16 | 00:17:02 |
| 29 | PIETRASIEWICZ Maciej | 178 | DKSA | M18-29 | | | 00:01:45 | 00:17:05 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 2.5km |
|-----|----------------------------------|------------|----------------------------------|-----------|-------------|--------------|-------------|----------|
| 30 | STOPA Joanna | 209 | BŁĘKITNI NW DZIEMIANY | K18-29 | | | 00:05:14 | 00:17:07 |
| 31 | BIEGA Mariusz | 311 | SANOK SKI TEAM | M40-49 | | | 00:02:53 | 00:17:12 |
| 32 | JONDERKO Grzegorz | 133 | WŁÓCZYKJE SKOCZÓW | M40-49 | | | 00:02:52 | 00:17:14 |
| 33 | JĘDRASIAK Renata | 132 | KS METRACO POLKOWICE | K50-59 | | | 00:07:43 | 00:17:14 |
| 34 | ŚLUSARCZYK Marcin | 234 | WESOŁY BORSUK TEAM | M30-39 | | | 00:02:06 | 00:17:16 |
| 35 | SMUL Andrzej | 199 | GREEN TEAM ZIELONA GÓRA | M60-69 | | | 00:03:57 | 00:17:16 |
| 36 | STAWNIAK Karol | 203 | KS METRACO POLKOWICE | M60-69 | | | 00:03:56 | 00:17:18 |
| 37 | SOBKOWSKI Janusz | 240 | SILESIA NORDIC TEAM | M60-69 | | | 00:03:57 | 00:17:23 |
| 38 | SZCZEPAŃSKI Rafał | 211 | OPEL ACTIVE TEAM | M40-49 | | | 00:02:50 | 00:17:25 |
| 39 | MIERZWA Mariusz | 169 | KLUBSPORTU.PL | M50-59 | | | 00:03:33 | 00:17:28 |
| 40 | SPYCHAŁA Marzena | 237 | WESOŁY BORSUK TEAM | K40-49 | | | 00:06:52 | 00:17:29 |
| 41 | KRZANOWSKI Grzegorz | 146 | FACE NORDIC WALKING TEAM | M30-39 | | | 00:02:08 | 00:17:30 |
| 42 | BALCERAK-KOLASA Joanna | 102 | EPOKA NORDICA ŁÓDŹ | K40-49 | | | 00:06:52 | 00:17:30 |
| 43 | BOCZAR Beata | 107 | GREEN TEAM ZIELONA GÓRA | K50-59 | | | 00:07:43 | 00:17:33 |
| 44 | KUBISZYN Wiesława | 148 | | K40-49 | | | 00:06:53 | 00:17:35 |
| 45 | ŁUKASZEWICZ Joanna | 160 | GREEN TEAM ZIELONA GÓRA | K40-49 | | | 00:06:53 | 00:17:36 |
| 46 | STYŚ Elżbieta | 250 | | K40-49 | | | 00:06:52 | 00:17:38 |
| 47 | KUBISZYN Małgorzata | 149 | | K30-39 | | | 00:06:23 | 00:17:41 |
| 48 | ANTOSZEWSKI Piotr | 101 | DĄBROWA NORDIC TEAM | M40-49 | | | 00:02:52 | 00:17:51 |
| 49 | SZULC Alicja | 214 | NW WERWA MŁAWA | K30-39 | | | 00:06:25 | 00:17:51 |
| 50 | STACHOWICZ Marcin | 201 | BŁĘKITNI NW DZIEMIANY | M18-29 | | | 00:01:44 | 00:17:52 |
| 51 | ŚLUSARCZYK Andrzej | 236 | WESOŁY BORSUK TEAM | M60-69 | | | 00:03:57 | 00:17:53 |
| 52 | DEJDA Piotr | 119 | FACE NORDIC WALKING TEAM | M40-49 | | | 00:02:49 | 00:17:54 |
| 53 | PASIŃSKA-SKOWRON Sylwia | 177 | SILESIA NORDIC TEAM | K30-39 | | | 00:06:24 | 00:17:56 |
| 54 | KOZŁOWSKA Sabina | 144 | DĄBROWA NORDIC TEAM | K30-39 | | | 00:06:23 | 00:18:00 |
| 55 | MARCINKOWSKI Wojciech | 165 | UNIA MIAST | M40-49 | | | 00:02:51 | 00:18:02 |
| 56 | CHOCHLA (STYGA) Monika | 112 | KOLBUSZOWSKI KLUB NORDIC WALKING | K18-29 | | | 00:05:14 | 00:18:11 |
| 57 | DUSIEL Ewa | 121 | VIKING NORDIC TEAM CZĘSTOCHOWA | K40-49 | | | 00:06:54 | 00:18:11 |
| 58 | BOGACZ Grzegorz | 108 | KOLBUSZOWSKI KLUB NORDIC WALKING | M40-49 | | | 00:02:52 | 00:18:12 |
| 59 | MIERNICKI Mariusz | 168 | | M50-59 | | | 00:03:34 | 00:18:12 |
| 60 | SZALWA-NIEZGODA Agnieszka | 245 | KOLBUSZOWSKI KLUB NORDIC WALKING | K40-49 | | | 00:06:52 | 00:18:12 |
| 61 | SITKO Małgorzata | 195 | KOLBUSZOWSKI KLUB NORDIC WALKING | K40-49 | | | 00:06:54 | 00:18:12 |
| 62 | RECZULSKI Mikołaj | 190 | VIKING NORDIC TEAM CZĘSTOCHOWA | M18-29 | | | 00:01:43 | 00:18:17 |
| 63 | MAJDAN Grzegorz | 162 | DKSA | M18-29 | | | 00:01:45 | 00:18:20 |
| 64 | CZYCZ Kazimierz | 117 | GREEN TEAM ZIELONA GÓRA | M60-69 | | | 00:03:59 | 00:18:21 |
| 65 | ŁABUS Izabela | 157 | FABRIKANORDIKA | K18-29 | | | 00:05:15 | 00:18:22 |
| 66 | ŚLUSARCZYK Grzegorz | 235 | WESOŁY BORSUK TEAM | M40-49 | | | 00:02:51 | 00:18:27 |
| 67 | SZCZEPAŃSKA Anna | 210 | FABRIKANORDIKA | K30-39 | | | 00:06:23 | 00:18:27 |
| 68 | MOCZARSKI Mirosław | 24 | KLUB NW 'WŁÓCZYKJE' | M50-59 | | | 00:02:50 | 00:18:31 |
| 69 | KRZANOWSKA Małgorzata | 145 | SAMOTNI WĘDROWCY | K40-49 | | | 00:06:55 | 00:18:31 |
| 70 | ĆWIAKAŁA Halina | 118 | SAMOTNI WĘDROWCY | K40-49 | | | 00:06:55 | 00:18:31 |
| 71 | BYTNIIEWSKI Mieczysław | 111 | BIAŁA BIEGA | M70+ | 1 | | 00:04:16 | 00:18:35 |
| 72 | KOWALSKI Marek | 143 | UNIA MIAST | M50-59 | | | 00:03:31 | 00:18:37 |
| 73 | SKRYCKA Katarzyna | 197 | KS METRACO POLKOWICE | K30-39 | | | 00:06:22 | 00:18:39 |
| 74 | POKRYWKA Bożena | 485 | KLUB NW 'WŁÓCZYKJE' | K40-49 | | | 00:06:54 | 00:18:39 |
| 75 | ŚCIBISZ Bogdan | 239 | DĄBROWA NORDIC TEAM | M70+ | | | 00:04:17 | 00:18:40 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 2.5km |
|-----|---------------------------------|------------|---|-----------|-------------|--------------|-------------|----------|
| 76 | ŻUCHOWICZ Elżbieta | 232 | DĄBROWA NORDIC TEAM | K50-59 | | | 00:07:43 | 00:18:40 |
| 77 | SOBAŃSKA Grażyna | 200 | | K60-69 | | | 00:08:02 | 00:18:48 |
| 78 | MRO CZKOWSKI Janusz | 171 | EPOKA NORDICA ŁÓDŹ | M60-69 | | | 00:03:57 | 00:18:49 |
| 79 | KOWALCZYK Edyta | 141 | KS METRACO POLKOWICE | K40-49 | | | 00:06:52 | 00:18:51 |
| 80 | HAJNUS Wojciech | 128 | | M50-59 | | | 00:03:30 | 00:18:59 |
| 81 | NETKOWSKI Wojciech | 244 | PASJA NORDIC WALKING | M50-59 | | | 00:03:32 | 00:19:00 |
| 82 | KOZŁOWSKA Agnieszka | 243 | FACE NORDIC WALKING TEAM | K40-49 | | | 00:06:53 | 00:19:02 |
| 83 | RYKAŁA Irena | 192 | | K30-39 | | | 00:06:22 | 00:19:03 |
| 84 | JARZYŃSKA Małgorzata | 131 | HIFI ARTE | K50-59 | | | 00:07:44 | 00:19:03 |
| 85 | ŚLEWIŃSKA Magdalena | 216 | BŁĘKITNI NW DZIEMIANY | K18-29 | | | 00:05:15 | 00:19:08 |
| 86 | WAŁECKA Krystyna | 222 | FACE NORDIC WALKING TEAM | K60-69 | | | 00:08:03 | 00:19:09 |
| 87 | ZACHARCZUK Zofia | 230 | FACE NORDIC WALKING TEAM | K50-59 | | | 00:07:44 | 00:19:12 |
| 88 | JURCZYŃSKA Bożena | 135 | VIKING NORDIC TEAM CZĘSTOCHOWA | K50-59 | | | 00:07:45 | 00:19:14 |
| 89 | POZNAŃSKI Wiesław | 182 | AMATOR | M50-59 | | | 00:03:33 | 00:19:18 |
| 90 | WIENSKO Ryszard | 223 | | M60-69 | | | 00:03:58 | 00:19:20 |
| 91 | SIMKO Zbigniew | 194 | KLUB NW 'WŁÓCZYKIJE' | M60-69 | | | 00:03:58 | 00:19:22 |
| 92 | CZECH Tomasz | 326 | SANOK SKI TEAM | M30-39 | | | 00:02:06 | 00:19:24 |
| 93 | GRONALEWSKI Krzysztof | 127 | BŁĘKITNI NW DZIEMIANY | M30-39 | 1 | | 00:02:06 | 00:19:24 |
| 94 | KOSIŃSKA Maria | 137 | MOSIR RYPIN | K60-69 | | | 00:08:03 | 00:19:25 |
| 95 | DZIUBAK Janusz | 124 | RYBNICKI KLUB NORDIC WALKING | M50-59 | | | 00:03:32 | 00:19:26 |
| 96 | PACZUSKA Małgorzata | 246 | FOREVER YOUNG ŁÓDŹ | K50-59 | | | 00:07:45 | 00:19:26 |
| 97 | RACZYŃSKA Aleksandra | 188 | UNIA MIAST | K70+ | | | 00:08:03 | 00:19:29 |
| 98 | WORONKO-ZACZYŃSKA Janina | 228 | KS METRACO POLKOWICE | K70+ | | | 00:08:04 | 00:19:29 |
| 99 | TROJAN Elżbieta | 218 | KLUB NW 'WŁÓCZYKIJE' | K30-39 | | | 00:06:25 | 00:19:30 |
| 100 | POSTEK Danuta | 181 | MARSZ PO ZDROWIE | K50-59 | | | 00:07:45 | 00:19:30 |
| 101 | WIŚNIEWSKI Kazimierz | 226 | ZGÓRKI | M60-69 | | | 00:03:59 | 00:19:33 |
| 102 | SZEWczyk Marek | 213 | FACE NORDIC WALKING TEAM | M50-59 | | | 00:03:33 | 00:19:34 |
| 103 | STEFAŃSKI Andrzej | 206 | FACE NORDIC WALKING TEAM | M50-59 | | | 00:03:31 | 00:19:35 |
| 104 | OLENDEREK Zygmunt | 175 | | M70+ | | | 00:04:17 | 00:19:35 |
| 105 | POCAŁUŃ Adam | 483 | SANOK SKI TEAM | M70+ | | | 00:04:16 | 00:19:44 |
| 106 | STEC Anna | 204 | FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING | K18-29 | | | 00:05:15 | 00:19:45 |
| 107 | ADAMOWSKI Jacek | 100 | UNIA MIAST | M30-39 | | | 00:02:08 | 00:19:51 |
| 108 | TURZYŃSKA-STOPA Maria | 219 | BŁĘKITNI NW DZIEMIANY | K60-69 | | | 00:08:02 | 00:19:56 |
| 109 | BRYL Janina | 110 | | K50-59 | 1 | | 00:07:47 | 00:19:58 |
| 110 | JANKOWSKA Wioletta | 129 | MK TEAM SPORT W WIELKIM MIESCIE | K40-49 | | | 00:06:53 | 00:19:59 |
| 111 | MACH Alicja | 254 | | K50-59 | | | 00:07:44 | 00:20:00 |
| 112 | DZIEMIŃSKA Magdalena | 123 | BŁĘKITNI NW DZIEMIANY | K30-39 | | | 00:06:23 | 00:20:01 |
| 113 | JAROSZ Anna | 130 | KLUB NW 'WŁÓCZYKIJE' | K60-69 | 1 | | 00:08:03 | 00:20:01 |
| 114 | BOROWSKI Marcin | 109 | FACE NORDIC WALKING TEAM | M30-39 | | | 00:02:07 | 00:20:03 |
| 115 | JANDZIŚ Ewa | 256 | KOLBUSZOWSKI KLUB NORDIC WALKING | K30-39 | | | 00:06:27 | 00:20:05 |
| 116 | WROŃSKA Wiesława | 229 | BŁĘKITNI NW DZIEMIANY | K40-49 | | | 00:06:55 | 00:20:05 |
| 117 | KUŹMA Elżbieta | 153 | KLUB NW 'WŁÓCZYKIJE' | K50-59 | | | 00:07:45 | 00:20:05 |
| 118 | BUBAŁA Grażyna | 242 | UNIA MIAST | K30-39 | | | 00:06:24 | 00:20:08 |
| 119 | PŁASZCZYCA Rafał | 180 | NIEZRZESZONY | M40-49 | | | 00:02:51 | 00:20:10 |
| 120 | MOJSIEJCZUK Ryszard | 170 | VIKING NORDIC TEAM CZĘSTOCHOWA | M70+ | | | 00:04:17 | 00:20:10 |
| 121 | KOSSOWSKI Marian | 139 | MARYSIN | M50-59 | | | 00:03:31 | 00:20:14 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 2.5km |
|-----|------------------------------------|------------|---|-----------|-------------|--------------|-------------|----------|
| 122 | KOTULA Jakub | 140 | | M30-39 | | | 00:02:07 | 00:20:24 |
| 123 | JANDZIŚ Wiesław | 257 | KOLBUSZOWSKI KLUB NORDIC WALKING | M40-49 | | | 00:02:55 | 00:20:24 |
| 124 | MIESZCZANIN Joanna | 248 | FABRIKANORDIKA | K30-39 | | | 00:06:25 | 00:20:29 |
| 125 | SZEWCZYK Agnieszka | 212 | FACE NORDIC WALKING TEAM | K40-49 | | | 00:06:54 | 00:20:29 |
| 126 | OMARSKA Grażyna | 176 | PASJA NORDIC WALKING | K50-59 | | | 00:07:47 | 00:20:45 |
| 127 | TRĘTOWICZ Beata | 217 | KKNW/FACE NORDIC WALKING TEAM | K40-49 | | | 00:06:55 | 00:20:57 |
| 128 | SMARUJ-SADOWSKA Janina | 198 | | K60-69 | | | 00:08:04 | 00:20:57 |
| 129 | CHRAPEK Urszula | 113 | KS RUDZICA | K18-29 | | | 00:05:15 | 00:21:11 |
| 130 | RYSZKOWSKA Małgorzata | 503 | WŁÓCZYKJE SKOCZÓW | K50-59 | | | 00:07:46 | 00:21:16 |
| 131 | WIŚNIEWSKA Tamara | 225 | FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING | K50-59 | | | 00:07:46 | 00:21:19 |
| 132 | STEFANIAK Bożena | 205 | | K50-59 | | | 00:07:47 | 00:21:20 |
| 133 | MARCINKOWSKA Renata | 164 | FACE NORDIC WALKING TEAM | K60-69 | | | 00:08:04 | 00:21:23 |
| 134 | RUBACHA Marek | 191 | EPOKA NORDICA ŁÓDŹ | M60-69 | | | 00:03:58 | 00:21:38 |
| 135 | KOSSOWSKA Anna | 138 | MARYSIN | K50-59 | | | 00:07:46 | 00:21:42 |
| 136 | DYLEWSKA Barbara | 238 | DĄBROWA NORDIC TEAM | K60-69 | | | 00:08:02 | 00:21:42 |
| 137 | LINKA Renata | 154 | | K40-49 | | | 00:06:56 | 00:21:54 |
| 138 | GERLE-KOTULA Anna | 126 | | K30-39 | | | 00:06:24 | 00:22:16 |
| 139 | JÓŹWIAK Dominik | 134 | WTW.WŁOCŁAWEK | M18-29 | | | 00:01:43 | 00:22:28 |
| 140 | LIPIŃSKA Urszula | 155 | FACE NORDIC WALKING TEAM | K40-49 | | | 00:06:54 | 00:23:04 |
| 141 | PSZENICZNY-PIECUCH Karolina | 185 | | K30-39 | | | 00:06:26 | 00:26:01 |
| 142 | CICHOWICZ-SKAŁA Katarzyna | 260 | | K30-39 | | | 00:06:28 | 00:30:01 |
| 143 | BARŁOWSKA Małgorzata | 103 | SANTANDER CONSUMER BANK | K40-49 | | | 00:06:27 | 00:30:02 |
| DQ | KALISZ Krzysztof | 136 | KS METRACO POLKOWICE | M60-69 | | Tak | DQ | DQ |
| DQ | KURASZYŃSKA Dorota | 150 | | K30-39 | | Tak | DQ | DQ |

Znaleziono 145 wynik(ów)