



# KONSTANCIN-JEZIORNA - PUCHAR POLSKI NORDIC WALKING - 21.1KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2016-05-15  
**Miejsce:** Konstancin-Jeziorna  
**Dystans:** 21.1 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 1,1 km

| Msc | Zawodnik              | Numer | Klub  | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 1.1km    |
|-----|-----------------------|-------|---|-----------|-------------|--------------|-------------|----------|
| 1   | SKIBA Krzysztof       | 664   | KS METRAKO POLKOWICE  | M 50-59   | 1           |              | 00:02:46    | 00:06:38 |
| 2   | DZIEDZIEWICZ Andrzej  | 689   | KS METRACO POLKOWICE  | M 30-39   |             |              | 00:02:38    | 00:06:46 |
| 3   | STILLER Karol         | 696   | VIKING NORDIC TEAM CZĘSTOCHOWA                              | M 30-39   |             |              | 00:02:39    | 00:07:07 |
| 4   | KORDOWSKI Piotr       | 639   | NOWA HUTA TEAM  | M 40-49   |             |              | 00:02:40    | 00:07:07 |
| 5   | STUPNOWICZ Przemek    | 669   | EPOKA NORDICA ŁÓDŹ  | M 18-29   |             |              | 00:02:38    | 00:07:10 |
| 6   | ADAMSKI Robert        | 621   | DRUŻYNASZPIKU   | M 40-49   |             |              | 00:02:42    | 00:07:12 |
| 7   | ZACZYŃSKA Anna        | 683   | KS METRACO POLKOWICE  | K 30-39   | 1           |              | 00:04:07    | 00:07:12 |
| 8   | BOGACKI Sławek        | 623   | ENERGA NW TEAM  | M 40-49   |             |              | 00:02:41    | 00:07:14 |
| 9   | NOWROTEK Monika       | 652   | WESOŁY BORSUK TEAM  | K 18-29   |             |              | 00:04:06    | 00:07:16 |
| 10  | WRÓBEL Łukasz         | 682   | FUNDACJA 'W TE PĘDY'  | M 30-39   |             |              | 00:02:41    | 00:07:23 |
| 11  | JANCZYK Małgorzata    | 695   | EPOKA NORDICA ŁÓDŹ  | K 30-39   |             |              | 00:04:07    | 00:07:23 |
| 12  | PIETRZYK Jarosław     | 654   | VIKING NORDIC TEAM CZĘSTOCHOWA                              | M 30-39   |             |              | 00:02:39    | 00:07:27 |
| 13  | WIŚNIEWSKI Jacek      | 677   | FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING | M 50-59   |             |              | 00:02:44    | 00:07:27 |
| 14  | LENZ Andrzej          | 647   | ALTOM   | M 50-59   |             |              | 00:02:44    | 00:07:27 |
| 15  | ŻYWICKI Marcin        | 688   | BŁĘKITNI DZIEMIANY  | M 30-39   |             |              | 00:02:39    | 00:07:28 |
| 16  | ZAGAJA Janusz         | 684   | WESOŁY BORSUK TEAM  | M 60+     |             |              | 00:02:46    | 00:07:28 |
| 17  | HELWICH Stefan        | 634   | KS METRAKO POLKOWICE  | M 60+     |             |              | 00:02:47    | 00:07:29 |
| 18  | BIK Stanisław         | 622   | KS METRACO POLKOWICE  | M 50-59   |             |              | 00:02:45    | 00:07:32 |
| 19  | HAŁAS Marcin          | 693   | FACE NORDIC WALKING TEAM                                    | M 30-39   |             |              | 00:02:40    | 00:07:33 |
| 20  | SZCZEBAK Jacek        | 671   | UNIA MIAST  | M 40-49   |             |              | 00:02:43    | 00:07:33 |
| 21  | NALEPKA Jerzy         | 651   | FACE NORDIC WALKING TEAM                                    | M 60+     |             |              | 00:02:46    | 00:07:35 |
| 22  | WESOŁOWSKI Wojciech   | 676   | NORDIC TEAMGNIEZNO  | M 60+     |             |              | 00:02:47    | 00:07:35 |
| 23  | DENCIKOWSKI Marek     | 629   | KBBB/TKKF   | M 40-49   |             |              | 00:02:44    | 00:07:42 |
| 24  | MITURA-ZIELONKA Paweł | 649   | RYBNICKI KLUB NORDIC WALKING / SPACERMISTRZ                 | M 30-39   |             |              | 00:02:40    | 00:07:45 |
| 25  | WARUSZEWSKI Karol     | 675   | BIEGAJĄCY TCZEW   | M 40-49   |             |              | 00:02:41    | 00:07:50 |
| 26  | WOŁOWIEC Marcin       | 681   | FOREVER YOUNG ŁÓDŹ  | M 40-49   |             |              | 00:02:43    | 00:07:50 |
| 27  | ZIĘTEK Sylwia         | 687   | SILESIA NORDIC TEAM   | K 30-39   |             |              | 00:04:08    | 00:07:50 |

| Msc | Zawodnik                             | Numer      | Klub  | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 1.1km    |
|-----|--------------------------------------|------------|---|-----------|-------------|--------------|-------------|----------|
| 28  | <b>FOLWARSKI Andrzej</b>             | <b>630</b> | FACE NORDIC WALKING TEAM                                    | M 50-59   |             |              | 00:02:45    | 00:07:52 |
| 29  | <b>ZAREMBA Jakub</b>                 | <b>685</b> |   | M 30-39   |             |              | 00:02:42    | 00:07:53 |
| 30  | <b>REGULSKI Paweł</b>                | <b>658</b> |   | M 30-39   |             |              | 00:02:40    | 00:07:55 |
| 31  | <b>WOJCIECHOWSKI Tadeusz</b>         | <b>679</b> | DĄBROWA NORDIC TEAM   | M 60+     |             |              | 00:02:46    | 00:07:55 |
| 32  | <b>GWIZDAŁA Marcin</b>               | <b>633</b> | GOSIR OSIELSKO  | M 30-39   |             |              | 00:02:39    | 00:08:03 |
| 33  | <b>WAJS Jerzy</b>                    | <b>674</b> | NW CIECHANÓW  | M 50-59   |             |              | 00:02:45    | 00:08:04 |
| 34  | <b>STĘPIEŃ Lucyna</b>                | <b>667</b> | KS METRACO POLKOWICE  | K 50-59   |             |              | 00:04:14    | 00:08:06 |
| 35  | <b>RADOMSKA Marta</b>                | <b>656</b> | AVOCADO WELLNESS CLUB                                       | K 30-39   |             |              | 00:04:09    | 00:08:15 |
| 36  | <b>OLSCHIMKE-MARMUROWICZ Barbara</b> | <b>653</b> | SILESIA NORDIC TEAM   | K 40-49   |             |              | 00:04:10    | 00:08:15 |
| 37  | <b>KANIEWSKA Beata</b>               | <b>692</b> | VIKING NORDIC TEAM CZĘSTOCHOWA                              | K 40-49   |             |              | 00:04:13    | 00:08:20 |
| 38  | <b>CICHOŃ Aneta</b>                  | <b>626</b> | FABRIKA NORDIKA   | K 30-39   |             |              | 00:04:09    | 00:08:21 |
| 39  | <b>REJMAN Dorota</b>                 | <b>659</b> | FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY                  | K 30-39   |             |              | 00:04:09    | 00:08:22 |
| 40  | <b>LASOTA Dorota</b>                 | <b>645</b> | LZS JUSTYNÓW  | K 40-49   |             |              | 00:04:12    | 00:08:23 |
| 41  | <b>GRĄDZKA-MOŻYSZEK Aleksandra</b>   | <b>632</b> | FORMA NA PIĄTKĘ NW  | K 50-59   |             |              | 00:04:13    | 00:08:23 |
| 42  | <b>KARASIEWICZ Irena</b>             | <b>637</b> | FACE NORDIC WALKING TEAM                                    | K 50-59   | 1           |              | 00:04:14    | 00:08:23 |
| 43  | <b>CZYCZ Emilia</b>                  | <b>628</b> | GREEN TEAM ZIELONA GÓRA                                     | K 60+     | 1           |              | 00:04:14    | 00:08:28 |
| 44  | <b>WOLNIEWICZ Katarzyna</b>          | <b>680</b> | FABRIKANORDIKA  | K 40-49   |             |              | 00:04:12    | 00:08:29 |
| 45  | <b>CIENNIK Kalina</b>                | <b>690</b> |   | K 40-49   | 1           |              | 00:04:14    | 00:08:31 |
| 46  | <b>ŚLIWKA Wanda</b>                  | <b>672</b> | FACE NORDIC WALKING TEAM                                    | K 50-59   |             |              | 00:04:16    | 00:08:31 |
| 47  | <b>KRYSZCZUK Krzysztof</b>           | <b>643</b> |   | M 40-49   |             |              | 00:02:43    | 00:08:33 |
| 48  | <b>CIENNIK Wiktor</b>                | <b>691</b> | FOREVER YOUNG   | M 50-59   |             |              | 00:02:45    | 00:08:33 |
| 49  | <b>IDKOWIAK Magdalena</b>            | <b>635</b> | FACE NORDIC WALKING TEAM                                    | K 30-39   |             |              | 00:04:08    | 00:08:33 |
| 50  | <b>FRANKIEWICZ Mirosław</b>          | <b>631</b> | FORMA NA PIĄTKĘ PABIANICE                                   | M 40-49   |             |              | 00:02:42    | 00:08:35 |
| 51  | <b>CHEĆKO Ewa</b>                    | <b>625</b> | KLUB BIEGAJĄCYCH LEŚNIKÓW                                   | K 30-39   |             |              | 00:04:07    | 00:08:35 |
| 52  | <b>KOBIELA Daria</b>                 | <b>638</b> | BŁĘKITNI DZIEMIANY  | K 18-29   |             |              | 00:04:06    | 00:08:38 |
| 53  | <b>RUSZKOWSKA Bożena</b>             | <b>662</b> | KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'                       | K 60+     |             |              | 00:04:16    | 00:08:38 |
| 54  | <b>WITKOWSKA Maria</b>               | <b>678</b> | UNIA MIAST  | K 60+     |             |              | 00:04:17    | 00:08:38 |
| 55  | <b>CEGŁA Zbyszko</b>                 | <b>624</b> |   | M 60+     |             |              | 00:02:47    | 00:08:39 |
| 56  | <b>TYLUTKI Agnieszka</b>             | <b>673</b> | FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING | K 40-49   |             |              | 00:04:11    | 00:08:41 |
| 57  | <b>MOLENDĄ Magdalena</b>             | <b>650</b> | FACE NORDIC WALKING TEAM                                    | K 30-39   |             |              | 00:04:09    | 00:08:42 |
| 58  | <b>ROSADZIŃSKA Natalia</b>           | <b>660</b> |   | K 18-29   |             |              | 00:04:06    | 00:08:47 |
| 59  | <b>REGULSKA Krystyna</b>             | <b>657</b> |   | K 40-49   |             |              | 00:04:12    | 00:08:51 |
| 60  | <b>BEJTKA Agnieszka</b>              | <b>694</b> |   | K 30-39   |             |              | 00:04:11    | 00:08:53 |
| 61  | <b>SŁABOŃ-SIKORA Aneta</b>           | <b>666</b> | DĄBROWA NORDIC TEAM   | K 30-39   |             |              | 00:04:08    | 00:08:54 |
| 62  | <b>KUCYPERA Dagmara</b>              | <b>644</b> | DĄBROWA NORDIC TEAM   | K 40-49   |             |              | 00:04:09    | 00:08:54 |
| 63  | <b>ROZMUS Jolanta</b>                | <b>661</b> | FACE NORDIC WALKING TEAM                                    | K 60+     |             |              | 00:04:16    | 00:08:56 |
| 64  | <b>KRAWCZYK Jarosław</b>             | <b>641</b> |   | M 50-59   |             |              | 00:04:11    | 00:08:58 |
| 65  | <b>KRAWCZYK Justyna</b>              | <b>642</b> |   | K 30-39   |             |              | 00:04:11    | 00:08:59 |
| 66  | <b>STRZELECKI Sebastian</b>          | <b>668</b> | SAILING TEAM FERAJNA  | M 40-49   |             |              | 00:02:42    | 00:09:07 |
| 67  | <b>PIOTROWSKI Krzysztof</b>          | <b>655</b> | FACE NORDIC WALKING TEAM                                    | M 60+     |             |              | 00:02:48    | 00:09:18 |
| 68  | <b>ZAWADZKA Maria</b>                | <b>686</b> | KS METRACO POLKOWICE  | K 60+     |             |              | 00:04:15    | 00:09:26 |
| 69  | <b>SĄTOWICZ Małgorzata</b>           | <b>663</b> |   | K 50-59   |             |              | 00:04:14    | 00:09:28 |
| 70  | <b>STUPNOWICZ Joanna</b>             | <b>670</b> |   | K 40-49   |             |              | 00:04:12    | 00:09:29 |
| 71  | <b>CIESIELSKI Jerzy</b>              | <b>627</b> | FUNDACJA KRWINKA  | M 60+     |             |              | 00:02:49    | 00:10:17 |
| 72  | <b>LATOSEK Jan</b>                   | <b>646</b> |   | M 60+     |             |              | 00:02:50    | 00:10:29 |

Znaleziono 72 wynik(ów)