LEGNICA - MISTRZOSTWA EUROPY - NORDIC WALKING – 5 KM

Organizator: PFNW
Data: 2016-10-08
Miejsce: Legnica
Dystans: 5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	**STILLER Karol**	**399**		M30-39	1				00:02:15	00:14:26	**00:29:22.10**	**00:31:37.45**		5:52	10.2 (100%)
2	**BOGDAN Cyrus**	**217**		M45-49	1				00:02:59	00:14:18	**00:29:24.10**	**00:32:23.95**	+00:00:02 (0.1%)	5:52	10.2 (100%)
3	**SCHOLZ Wolfgang**	**380**		M40-44	1				00:02:41	00:14:29	**00:29:36.55**	**00:32:17.75**	+00:00:14 (0.8%)	5:55	10.1 (99.0%)
4	**KLICZKA Kamil**	**290**		M45-49	2				00:03:00	00:14:36	**00:29:55.65**	**00:32:55.75**	+00:00:33 (1.9%)	5:59	10 (98.0%)
5	**DELĄG Jakub**	**231**		M18-29	1				00:01:57	00:14:52	**00:30:10.05**	**00:32:07.55**	+00:00:47 (2.6%)	6:02	9.9 (97.1%)
6	**KORDOWSKI Piotr**	**299**		M45-49	3				00:03:00	00:15:04	**00:30:26.10**	**00:33:26.65**	+00:01:04 (3.5%)	6:05	9.9 (97.1%)
7	**WALENDZIAK Ryszard**	**206**		M40-44	2		1		00:02:43	00:14:57	**00:30:36.90**	**00:33:20.20**	+00:01:14 (4.1%)	6:07	9.8 (96.1%)
8	**NIECHWIEJCZYK Piotr**	**348**		M40-44	3				00:02:41	00:15:08	**00:30:37.90**	**00:33:19.10**	+00:01:15 (4.1%)	6:07	9.8 (96.1%)
9	**WOROCH Roman**	**445**		M55-59	1				00:03:52	00:15:10	**00:30:47.65**	**00:34:40.40**	+00:01:25 (4.6%)	6:09	9.7 (95.1%)
10	**GAJEWSKI Eugeniusz**	**247**		M55-59	2				00:03:52	00:15:13	**00:30:58.55**	**00:34:51.30**	+00:01:36 (5.2%)	6:11	9.7 (95.1%)
11	**MICHALSKI Andrzej**	**340**		M55-59	3				00:03:54	00:15:19	**00:31:02.10**	**00:34:56.45**	+00:01:40 (5.4%)	6:12	9.7 (95.1%)
12	**KUBIAK Tomasz**	**310**		M40-44	4				00:02:41	00:15:11	**00:31:11.30**	**00:33:52.65**	+00:01:49 (5.8%)	6:14	9.6 (94.1%)
13	**ROŻYNEK Miron**	**374**		M50-54	1				00:03:24	00:15:32	**00:31:16.65**	**00:34:41.60**	+00:01:54 (6.1%)	6:15	9.6 (94.1%)
14	**PUSZKIEL Leszek**	**363**		M55-59	4		1		00:03:52	00:15:16	**00:31:17.05**	**00:35:09.60**	+00:01:54 (6.1%)	6:15	9.6 (94.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	**HELWICH Stefan**	**266**		M60-64	1				00:04:28	00:15:32	**00:31:20.70**	**00:35:49.10**	+00:01:58 (6.3%)	6:16	9.6 (94.1%)
16	**BOGACKI Sławek**	**216**		M40-44	5				00:02:40	00:15:38	**00:31:44.40**	**00:34:25.35**	+00:02:22 (7.5%)	6:21	9.4 (92.2%)
17	**SŁOMIAN Leszek**	**385**		M55-59	5				00:03:53	00:15:42	**00:31:58.85**	**00:35:52.60**	+00:02:36 (8.2%)	6:23	9.4 (92.2%)
18	**GŁOWA Michał**	**254**		M-Jun.	1				00:01:42	00:15:47	**00:32:01.20**	**00:33:43.55**	+00:02:39 (8.3%)	6:24	9.4 (92.2%)
19	**WOJTASIŃSKI Daniel**	**443**		M30-39	2				00:02:15	00:15:34	**00:32:05.50**	**00:34:21.15**	+00:02:43 (8.5%)	6:25	9.3 (91.2%)
20	**BIK Stanisław**	**213**		M50-54	2				00:03:25	00:15:54	**00:32:08.85**	**00:35:34.35**	+00:02:46 (8.6%)	6:25	9.3 (91.2%)
21	**CZŁAPSKI Krzysztof**	**462**		M50-54	3				00:03:24	00:15:47	**00:32:17.20**	**00:35:42.15**	+00:02:55 (9.0%)	6:27	9.3 (91.2%)
22	**WOLEK Waldemar**	**444**		M40-44	6				00:02:42	00:15:51	**00:32:23.95**	**00:35:06.15**	+00:03:01 (9.4%)	6:28	9.3 (91.2%)
23	**ROSIŃSKI Michał**	**373**		M-Disabled	1	1			00:02:15	00:15:59	**00:32:34.45**	**00:34:50.40**	+00:03:12 (9.8%)	6:31	9.2 (90.2%)
24	**MIELCAREK Leszek**	**341**		M60-64	2				00:04:27	00:16:03	**00:32:36.55**	**00:37:03.90**	+00:03:14 (9.9%)	6:31	9.2 (90.2%)
25	**KŁACZYŃSKA Danuta**	**292**		K40-44	1				00:08:16	00:16:10	**00:32:36.60**	**00:40:52.90**	+00:03:14 (9.9%)	6:31	9.2 (90.2%)
26	**ZAUNER Johann**	**456**		M50-54	4		1		00:03:24	00:15:56	**00:32:41.05**	**00:36:05.45**	+00:03:18 (10.1%)	6:32	9.2 (90.2%)
27	**ÜBELLEITNER Manfred**	**432**		M50-54	5				00:03:24	00:16:04	**00:32:49.55**	**00:36:14.25**	+00:03:27 (10.5%)	6:34	9.1 (89.2%)
28	**ADAMUS Marian**	**203**		M65-69	1				00:05:02	00:16:14	**00:32:56.95**	**00:37:58.95**	+00:03:34 (10.9%)	6:35	9.1 (89.2%)
29	**KROMSKI Pawel**	**306**		M45-49	4				00:03:01	00:16:12	**00:33:00.10**	**00:36:01.35**	+00:03:38 (11.0%)	6:36	9.1 (89.2%)
30	**GRAML Günther**	**259**		M55-59	6				00:03:00	00:16:17	**00:33:02.10**	**00:36:02.65**	+00:03:40 (11.1%)	6:36	9.1 (89.2%)
31	**JĘDRASIAK Renata**	**281**		K50-54	1		1		00:09:16	00:16:27	**00:33:02.85**	**00:42:18.95**	+00:03:40 (11.1%)	6:36	9.1 (89.2%)
32	**ZYGMUNT Gracjan**	**460**		M-Jun.	2				00:01:42	00:16:33	**00:33:04.60**	**00:34:46.70**	+00:03:42 (11.2%)	6:36	9.1 (89.2%)
33	**KACPRZAK Paweł**	**283**		M-Jun.	3				00:01:42	00:16:38	**00:33:05.30**	**00:34:47.45**	+00:03:43 (11.2%)	6:37	9.1 (89.2%)
34	**TOMCZYK Edward**	**427**		M65-69	2				00:05:03	00:16:29	**00:33:13.05**	**00:38:16.50**	+00:03:50 (11.6%)	6:38	9 (88.2%)
35	**SMUL Andrzej**	**388**		M60-64	3		1		00:04:27	00:16:06	**00:33:16.05**	**00:37:43.80**	+00:03:53 (11.7%)	6:39	9 (88.2%)
36	**SKRYCKA Katarzyna**	**384**		K30-39	1				00:07:38	00:16:44	**00:33:18.40**	**00:40:57.10**	+00:03:56 (11.8%)	6:39	9 (88.2%)
37	**HOŁUBKA Mariusz**	**268**		M40-44	7				00:02:41	00:16:29	**00:33:21.70**	**00:36:03.65**	+00:03:59 (12.0%)	6:40	9 (88.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
38	**GAPIŃSKI Leszek**	**251**		M55-59	7				00:03:53	00:16:44	**00:33:27.00**	**00:37:20.45**	+00:04:04 (12.2%)	6:41	9 (88.2%)
39	**DRAPIKOWSKI Marek**	**236**		M55-59	8				00:03:55	00:16:37	**00:33:34.75**	**00:37:30.30**	+00:04:12 (12.5%)	6:43	8.9 (87.3%)
40	**GAŁĘZA Maciej**	**248**		M40-44	8				00:02:43	00:16:23	**00:33:37.40**	**00:36:20.90**	+00:04:15 (12.7%)	6:43	8.9 (87.3%)
41	**PUSZKIEL Adrian**	**362**		M18-29	2				00:01:57	00:15:59	**00:33:41.85**	**00:35:39.50**	+00:04:19 (12.8%)	6:44	8.9 (87.3%)
42	**CIERZNIEWSKI Dariusz**	**225**		M50-54	6				00:03:25	00:16:28	**00:33:44.50**	**00:37:10.30**	+00:04:22 (13.0%)	6:45	8.9 (87.3%)
43	**MACIEJEWSKI Robert**	**333**		M30-39	3				00:02:15	00:16:37	**00:33:45.30**	**00:36:00.65**	+00:04:23 (13.0%)	6:45	8.9 (87.3%)
44	**PARTYKA Teresa**	**358**		K55-59	1				00:09:36	00:16:40	**00:33:45.50**	**00:43:22.45**	+00:04:23 (13.0%)	6:45	8.9 (87.3%)
45	**KASPRZYK Lilianna**	**287**		K55-59	2				00:09:37	00:16:50	**00:33:46.60**	**00:43:23.85**	+00:04:24 (13.1%)	6:45	8.9 (87.3%)
46	**ZMACZYŃSKI Bogusław**	**459**		M60-64	4				00:04:29	00:16:39	**00:33:47.85**	**00:38:16.85**	+00:04:25 (13.1%)	6:45	8.9 (87.3%)
47	**BORKOWSKA Lidia**	**218**		K45-49	1				00:08:40	00:16:49	**00:33:48.30**	**00:42:28.95**	+00:04:26 (13.1%)	6:45	8.9 (87.3%)
48	**WYSOCKI Paweł**	**449**		M18-29	3				00:01:58	00:16:45	**00:33:48.85**	**00:35:47.10**	+00:04:26 (13.1%)	6:45	8.9 (87.3%)
49	**SIKORA Bronisław**	**382**		M60-64	5				00:04:28	00:16:40	**00:33:49.35**	**00:38:17.75**	+00:04:27 (13.2%)	6:45	8.9 (87.3%)
50	**BASSO Daniela**	**209**		K55-59	3				00:09:38	00:16:50	**00:33:51.70**	**00:43:30.45**	+00:04:29 (13.3%)	6:46	8.9 (87.3%)
51	**WILCZAK Kaja**	**474**		K-Jun.	1				00:06:29	00:16:49	**00:33:52.90**	**00:40:22.85**	+00:04:30 (13.3%)	6:46	8.9 (87.3%)
52	**KOWALCZYK Tadeusz**	**302**		M-Disabled	2	1			00:04:30	00:16:45	**00:33:54.55**	**00:38:24.95**	+00:04:32 (13.4%)	6:46	8.8 (86.3%)
53	**GRYGOROWICZ Bogdan**	**463**		M65-69	3				00:05:03	00:16:39	**00:33:56.70**	**00:38:59.85**	+00:04:34 (13.5%)	6:47	8.8 (86.3%)
54	**SPYCHAŁA Marzena**	**392**		K45-49	2				00:08:40	00:16:47	**00:34:02.40**	**00:42:42.80**	+00:04:40 (13.7%)	6:48	8.8 (86.3%)
55	**OLEKSYK Malgorzta**	**354**		K50-54	2				00:09:16	00:16:40	**00:34:03.45**	**00:43:19.70**	+00:04:41 (13.8%)	6:48	8.8 (86.3%)
56	**ŁUKASZEWICZ Joanna**	**331**		K45-49	3				00:08:40	00:16:52	**00:34:09.90**	**00:42:50.30**	+00:04:47 (14.0%)	6:50	8.8 (86.3%)
57	**ZAŃKO Katarzyna**	**455**		K40-44	2				00:08:15	00:16:46	**00:34:10.15**	**00:42:25.55**	+00:04:48 (14.1%)	6:50	8.8 (86.3%)
58	**DUDEK Edward**	**238**		M65-69	4				00:05:02	00:16:42	**00:34:14.60**	**00:39:17.55**	+00:04:52 (14.2%)	6:51	8.8 (86.3%)
59	**LESIŃSKA Marzenna**	**323**		K50-54	3				00:09:15	00:17:08	**00:34:24.95**	**00:43:40.60**	+00:05:02 (14.7%)	6:53	8.7 (85.3%)
60	**CHAMIELEC Bogusław**	**222**		M45-49	5				00:03:02	00:17:14	**00:34:34.20**	**00:37:36.30**	+00:05:12 (15.0%)	6:54	8.7 (85.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
61	**WIERCHANOWSKI Bogdan**	**436**		M55-59	9		1		00:03:54	00:17:20	**00:34:40.05**	**00:38:34.25**	+00:05:17 (15.3%)	6:56	8.7 (85.3%)
62	**CHUDZIŃSKI Andrzej**	**468**		M65-69	5		1		00:05:03	00:17:15	**00:34:49.10**	**00:39:52.55**	+00:05:27 (15.7%)	6:57	8.6 (84.3%)
63	**KOŁODZIEJCZAK Beata**	**294**		K40-44	3				00:08:15	00:17:09	**00:34:49.25**	**00:43:04.65**	+00:05:27 (15.7%)	6:57	8.6 (84.3%)
64	**WESOŁOWSKI Wojciech**	**343**		M60-64	6				00:04:29	00:17:11	**00:34:49.65**	**00:39:18.65**	+00:05:27 (15.7%)	6:57	8.6 (84.3%)
65	**NETKOWSKI Wojciech**	**347**		M55-59	10				00:03:54	00:17:03	**00:34:53.60**	**00:38:47.85**	+00:05:31 (15.8%)	6:58	8.6 (84.3%)
66	**RAKOWIECKI Zbigniew**	**368**		M50-54	7				00:03:26	00:17:17	**00:34:54.15**	**00:38:20.75**	+00:05:32 (15.9%)	6:58	8.6 (84.3%)
67	**PUSZKIEL Jan**	**364**		M55-59	11				00:03:52	00:17:19	**00:34:57.20**	**00:38:50.15**	+00:05:35 (16.0%)	6:59	8.6 (84.3%)
68	**SCHNEIDER Helmut**	**379**		M70+	1				00:05:30	00:17:23	**00:34:57.35**	**00:40:27.85**	+00:05:35 (16.0%)	6:59	8.6 (84.3%)
69	**JERNEJ Anna Maria**	**280**		K55-59	4				00:09:39	00:17:11	**00:35:03.10**	**00:44:42.25**	+00:05:41 (16.2%)	7:00	8.6 (84.3%)
70	**RYBAŁTOWSK Paweł**	**376**		M70+	2				00:05:30	00:17:38	**00:35:03.40**	**00:40:34.05**	+00:05:41 (16.2%)	7:00	8.6 (84.3%)
71	**ROMANOWSKI Marcin**	**484**		M30-39	4				00:02:16	00:17:15	**00:35:05.50**	**00:37:22.10**	+00:05:43 (16.3%)	7:01	8.5 (83.3%)
72	**KUCZYK Jarosław**	**314**		M55-59	12				00:03:54	00:17:16	**00:35:11.85**	**00:39:06.65**	+00:05:49 (16.6%)	7:02	8.5 (83.3%)
73	**MIKOŁAJCZAK Jan**	**342**		M-Disabled	3	1			00:04:29	00:17:19	**00:35:17.15**	**00:39:46.70**	+00:05:55 (16.8%)	7:03	8.5 (83.3%)
74	**ŚLUSARCZYK Marcin**	**416**		M30-39	5				00:02:15	00:17:15	**00:35:19.00**	**00:37:34.55**	+00:05:56 (16.8%)	7:03	8.5 (83.3%)
75	**SŁOWIK Dariusz**	**386**		M30-39	6				00:02:16	00:17:28	**00:35:23.75**	**00:37:40.50**	+00:06:01 (17.0%)	7:04	8.5 (83.3%)
76	**KWAPIS Mariusz**	**483**		M18-29	4				00:01:57	00:17:17	**00:35:30.50**	**00:37:27.90**	+00:06:08 (17.3%)	7:06	8.5 (83.3%)
77	**KURZAWSKA Jolanta**	**316**		K65-69	1				00:10:29	00:17:41	**00:35:34.25**	**00:46:03.80**	+00:06:12 (17.4%)	7:06	8.4 (82.4%)
78	**MALCZYK Anna**	**335**		K30-39	2				00:07:38	00:17:54	**00:35:35.10**	**00:43:13.65**	+00:06:13 (17.5%)	7:07	8.4 (82.4%)
79	**NOWROTEK Roman**	**351**		M65-69	6				00:05:02	00:17:18	**00:35:37.30**	**00:40:39.80**	+00:06:15 (17.6%)	7:07	8.4 (82.4%)
80	**BIK Przemysław**	**214**		M-Child	1				00:01:21	00:16:56	**00:35:40.35**	**00:37:01.80**	+00:06:18 (17.7%)	7:08	8.4 (82.4%)
81	**GAPIŃSKA Janina**	**250**		K55-59	5				00:09:37	00:17:42	**00:35:44.80**	**00:45:22.05**	+00:06:22 (17.8%)	7:09	8.4 (82.4%)
82	**KOWALCZYK Edyta**	**482**		K45-49	4				00:08:42	00:17:41	**00:35:52.90**	**00:44:35.50**	+00:06:30 (18.2%)	7:10	8.4 (82.4%)
83	**TOMASIK Marta**	**426**		K30-39	3				00:07:40	00:17:54	**00:35:53.60**	**00:43:33.95**	+00:06:31 (18.2%)	7:10	8.4 (82.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
84	**JANECKI Dariusz**	**278**		M55-59	13				00:03:54	00:17:37	**00:35:55.05**	**00:39:49.30**	+00:06:32 (18.2%)	7:11	8.4 (82.4%)
85	**STOLARSKA Joanna**	**400**		K-Jun.	2				00:06:30	00:17:43	**00:36:00.65**	**00:42:30.95**	+00:06:38 (18.4%)	7:12	8.3 (81.4%)
86	**CZYCZ Kazimierz**	**230**		M60-64	7				00:04:30	00:17:51	**00:36:02.30**	**00:40:32.40**	+00:06:40 (18.5%)	7:12	8.3 (81.4%)
87	**LASOTA Karolina**	**322**		K18-29	1				00:06:57	00:17:52	**00:36:10.30**	**00:43:08.00**	+00:06:48 (18.8%)	7:14	8.3 (81.4%)
88	**SULECKA Gabriela**	**405**		K-Disabled	1	1			00:09:38	00:17:51	**00:36:10.60**	**00:45:48.75**	+00:06:48 (18.8%)	7:14	8.3 (81.4%)
89	**KOPCZYŃSKI Jakub**	**297**		M18-29	5				00:01:58	00:17:43	**00:36:12.05**	**00:38:10.90**	+00:06:49 (18.9%)	7:14	8.3 (81.4%)
90	**ŻOŁNO Magdalena**	**461**		K50-54	4				00:09:16	00:17:53	**00:36:12.20**	**00:45:28.95**	+00:06:50 (18.9%)	7:14	8.3 (81.4%)
91	**STECYK Marcin**	**395**		M18-29	6				00:01:58	00:17:45	**00:36:14.35**	**00:38:12.60**	+00:06:52 (19.0%)	7:14	8.3 (81.4%)
92	**JANECKA Agnieszka**	**277**		K40-44	4				00:08:16	00:17:45	**00:36:18.85**	**00:44:35.70**	+00:06:56 (19.1%)	7:15	8.3 (81.4%)
93	**MORAWSKI Jarosław**	**345**		M40-44	9				00:02:42	00:17:53	**00:36:20.10**	**00:39:02.80**	+00:06:58 (19.2%)	7:16	8.3 (81.4%)
94	**CZYCZ Emilia**	**229**		K65-69	2				00:10:30	00:17:58	**00:36:20.75**	**00:46:51.45**	+00:06:58 (19.2%)	7:16	8.3 (81.4%)
95	**STYGA Krystyna**	**403**		K50-54	5				00:09:15	00:18:01	**00:36:21.55**	**00:45:37.35**	+00:06:59 (19.2%)	7:16	8.2 (80.4%)
96	**TUCZYNSKA Barbara**	**430**		K30-39	4		1		00:07:40	00:17:56	**00:36:21.90**	**00:44:02.50**	+00:06:59 (19.2%)	7:16	8.2 (80.4%)
97	**DONIGIEWICZ Janusz**	**234**		M60-64	8				00:04:27	00:17:56	**00:36:23.40**	**00:40:51.20**	+00:07:01 (19.3%)	7:16	8.2 (80.4%)
98	**KOTULA Jakub**	**300**		M30-39	7				00:02:15	00:17:55	**00:36:24.55**	**00:38:40.15**	+00:07:02 (19.3%)	7:17	8.2 (80.4%)
99	**SYKISZ Maksym**	**409**		M30-39	8		1		00:02:16	00:18:01	**00:36:25.55**	**00:38:41.65**	+00:07:03 (19.4%)	7:17	8.2 (80.4%)
100	**TRATTNIG Claudia**	**429**		K40-44	5				00:08:18	00:18:04	**00:36:26.20**	**00:44:44.95**	+00:07:04 (19.4%)	7:17	8.2 (80.4%)
101	**WILDAUER Ingo**	**439**		M55-59	14				00:03:53	00:18:08	**00:36:33.70**	**00:40:26.85**	+00:07:11 (19.7%)	7:18	8.2 (80.4%)
102	**SOWA Jan**	**391**		M70+	3				00:05:30	00:18:10	**00:36:34.15**	**00:42:04.50**	+00:07:12 (19.7%)	7:18	8.2 (80.4%)
103	**KONASZCZUK Agnieszka**	**295**		K30-39	5		1		00:07:39	00:18:00	**00:36:46.65**	**00:44:25.65**	+00:07:24 (20.1%)	7:21	8.2 (80.4%)
104	**ŁOPIŃSKI Aleksy**	**329**		M65-69	7				00:05:02	00:18:30	**00:36:51.30**	**00:41:53.35**	+00:07:29 (20.3%)	7:22	8.1 (79.4%)
105	**GAŁĘZA Marta**	**249**		K30-39	6				00:07:41	00:18:40	**00:36:58.55**	**00:44:39.90**	+00:07:36 (20.6%)	7:23	8.1 (79.4%)
106	**CIESIELSKI Krzysztof**	**226**		M60-64	9				00:04:27	00:18:23	**00:37:01.75**	**00:41:29.30**	+00:07:39 (20.7%)	7:24	8.1 (79.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
107	**NIEDL Margot**	**350**		K45-49	5				00:08:41	00:18:11	**00:37:03.50**	**00:45:45.35**	+00:07:41 (20.8%)	7:24	8.1 (79.4%)
108	**WIERZCHOSŁAWSKI Mateusz**	**438**		M18-29	7				00:01:57	00:18:22	**00:37:07.80**	**00:39:05.25**	+00:07:45 (20.9%)	7:25	8.1 (79.4%)
109	**WALENDZIAK Jan**	**457**		M-Child	2				00:01:21	00:17:13	**00:37:10.30**	**00:38:31.65**	+00:07:48 (21.0%)	7:26	8.1 (79.4%)
110	**KORDOWSKA Bogusława**	**298**		K40-44	6				00:08:16	00:18:43	**00:37:11.10**	**00:45:27.15**	+00:07:49 (21.0%)	7:26	8.1 (79.4%)
111	**KRZYŻANOWSKI Wojciech**	**309**		M45-49	6				00:03:01	00:18:21	**00:37:16.75**	**00:40:17.85**	+00:07:54 (21.2%)	7:27	8.1 (79.4%)
112	**PIKSA Kazimierz**	**473**		M65-69	8				00:05:04	00:18:33	**00:37:18.80**	**00:42:23.20**	+00:07:56 (21.3%)	7:27	8 (78.4%)
113	**ŚLUSARCZYK Andrzej**	**417**		M65-69	9				00:05:03	00:18:43	**00:37:19.65**	**00:42:22.70**	+00:07:57 (21.3%)	7:27	8 (78.4%)
114	**ŻUCHOWICZ Elżbieta**	**472**		K55-59	6				00:09:38	00:18:29	**00:37:25.10**	**00:47:03.80**	+00:08:03 (21.5%)	7:29	8 (78.4%)
115	**TIPPMANN Ronny**	**425**		M40-44	10				00:02:41	00:18:02	**00:37:28.25**	**00:40:10.20**	+00:08:06 (21.6%)	7:29	8 (78.4%)
116	**PTAŚ Jolanta**	**477**		K45-49	6				00:08:41	00:18:42	**00:37:33.40**	**00:46:14.65**	+00:08:11 (21.8%)	7:30	8 (78.4%)
117	**FIGURSKA Dominika**	**241**		K18-29	2				00:06:57	00:18:41	**00:37:37.25**	**00:44:35.20**	+00:08:15 (21.9%)	7:31	8 (78.4%)
118	**WIERZCHOSŁAWSKA Agnieszka**	**437**		K18-29	3				00:06:58	00:18:34	**00:37:37.75**	**00:44:36.65**	+00:08:15 (22.0%)	7:31	8 (78.4%)
119	**RUDOLF Natalia**	**375**		K30-39	7				00:07:39	00:18:38	**00:37:41.50**	**00:45:21.20**	+00:08:19 (22.1%)	7:32	8 (78.4%)
120	**LASOTA Dorota**	**321**		K45-49	7				00:08:41	00:18:41	**00:37:43.05**	**00:46:24.20**	+00:08:20 (22.1%)	7:32	8 (78.4%)
121	**ILLITSCH Ewald**	**270**		M60-64	10				00:05:03	00:18:44	**00:37:43.15**	**00:42:46.45**	+00:08:21 (22.1%)	7:32	8 (78.4%)
122	**RIZZI Giorgio**	**370**		M60-64	11				00:04:27	00:18:35	**00:37:44.75**	**00:42:12.40**	+00:08:22 (22.2%)	7:33	7.9 (77.5%)
123	**STARZYŃSKA Ewa**	**393**		K60-64	1				00:10:05	00:18:53	**00:37:55.85**	**00:48:01.75**	+00:08:33 (22.6%)	7:35	7.9 (77.5%)
124	**STERN Delia**	**397**		K-Jun.	3				00:06:06	00:19:15	**00:37:56.90**	**00:44:03.45**	+00:08:34 (22.6%)	7:35	7.9 (77.5%)
125	**GOGÓŁ Jolanta**	**255**		K50-54	6				00:09:17	00:18:43	**00:37:57.10**	**00:47:14.65**	+00:08:35 (22.6%)	7:35	7.9 (77.5%)
126	**OLENDRZYŃSKI Mateusz**	**355**		M-Disabled	4	1	2		00:01:43	00:18:52	**00:37:57.35**	**00:39:40.45**	+00:08:35 (22.6%)	7:35	7.9 (77.5%)
127	**SIERACKA Katarzyna**	**381**		K50-54	7				00:09:17	00:18:53	**00:37:57.60**	**00:47:15.05**	+00:08:35 (22.6%)	7:35	7.9 (77.5%)
128	**BAJ Danuta**	**207**		K55-59	7				00:09:17	00:18:57	**00:37:59.90**	**00:47:17.70**	+00:08:37 (22.7%)	7:36	7.9 (77.5%)
129	**KUCZYK Jolanta**	**313**		K50-54	8				00:09:17	00:18:56	**00:38:02.00**	**00:47:19.15**	+00:08:39 (22.8%)	7:36	7.9 (77.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
130	**GABERT Beata**	**244**		K45-49	8				00:08:41	00:19:07	**00:38:03.40**	**00:46:45.00**	+00:08:41 (22.8%)	7:36	7.9 (77.5%)
131	**DROZD Maria**	**237**		K45-49	9				00:08:40	00:19:02	**00:38:04.05**	**00:46:45.00**	+00:08:41 (22.9%)	7:37	7.9 (77.5%)
132	**SUSKA Danuta**	**407**		K-Disabled	2	1			00:10:29	00:18:52	**00:38:08.65**	**00:48:38.20**	+00:08:46 (23.0%)	7:37	7.9 (77.5%)
133	**AGARWAL Ritu**	**320**		K40-44	7				00:08:15	00:19:06	**00:38:09.60**	**00:46:25.05**	+00:08:47 (23.0%)	7:38	7.9 (77.5%)
134	**MAJCHERCZYK Krzysztof**	**478**		M60-64	12				00:04:28	00:18:56	**00:38:16.40**	**00:42:44.80**	+00:08:54 (23.3%)	7:39	7.8 (76.5%)
135	**KUBIAK Dorian**	**311**		M-Child	3		1		00:01:21	00:18:54	**00:38:18.50**	**00:39:40.00**	+00:08:56 (23.3%)	7:39	7.8 (76.5%)
136	**GWAREK Anita**	**264**		K45-49	10				00:08:42	00:19:02	**00:38:29.50**	**00:47:12.20**	+00:09:07 (23.7%)	7:42	7.8 (76.5%)
137	**DOMIN Krystyna**	**233**		K60-64	2				00:10:05	00:19:10	**00:38:29.65**	**00:48:35.15**	+00:09:07 (23.7%)	7:42	7.8 (76.5%)
138	**KOWALCZYK Joanna**	**303**		K40-44	8				00:08:17	00:19:08	**00:38:32.50**	**00:46:49.75**	+00:09:10 (23.8%)	7:42	7.8 (76.5%)
139	**FASOLA Raffaella**	**240**		K45-49	11				00:07:40	00:19:10	**00:38:32.60**	**00:46:13.50**	+00:09:10 (23.8%)	7:42	7.8 (76.5%)
140	**STRZELECKA Małgorzata**	**401**		K40-44	9				00:08:15	00:19:26	**00:38:32.90**	**00:46:48.85**	+00:09:10 (23.8%)	7:42	7.8 (76.5%)
141	**MAŃKOWSKA Dorota**	**336**		K50-54	9				00:09:18	00:19:07	**00:38:36.00**	**00:47:54.75**	+00:09:13 (23.9%)	7:43	7.8 (76.5%)
142	**CHARCZUK Zenon**	**223**		M55-59	15				00:03:54	00:19:18	**00:38:40.65**	**00:42:35.25**	+00:09:18 (24.1%)	7:44	7.8 (76.5%)
143	**GERLE-KOTULA Anna**	**253**		K30-39	8				00:07:39	00:19:18	**00:38:45.60**	**00:46:24.70**	+00:09:23 (24.2%)	7:45	7.7 (75.5%)
144	**JANIAK Jarosław**	**467**		M-Disabled	5	1			00:03:56	00:17:53	**00:38:47.65**	**00:42:43.65**	+00:09:25 (24.3%)	7:45	7.7 (75.5%)
145	**ŚLUSARCZYK Grzegorz**	**418**		M40-44	11				00:02:43	00:19:21	**00:38:51.40**	**00:41:34.40**	+00:09:29 (24.4%)	7:46	7.7 (75.5%)
146	**PAKMUR Anna**	**357**		K50-54	10		1		00:09:16	00:19:05	**00:39:04.85**	**00:48:21.70**	+00:09:42 (24.9%)	7:49	7.7 (75.5%)
147	**BANASZAK Agata**	**208**		K18-29	4				00:06:58	00:19:27	**00:39:09.40**	**00:46:07.45**	+00:09:47 (25.0%)	7:49	7.7 (75.5%)
148	**WORONKO-ZACZYŃSKA Janina**	**446**		K70+	1				00:10:56	00:18:57	**00:39:10.35**	**00:50:06.60**	+00:09:48 (25.0%)	7:50	7.7 (75.5%)
149	**TIAN Qinghua**	**424**		M30-39	9				00:02:16	00:19:25	**00:39:19.45**	**00:41:35.55**	+00:09:57 (25.3%)	7:51	7.6 (74.5%)
150	**SZYJKA Izabela**	**415**		K30-39	9				00:07:39	00:19:17	**00:39:22.80**	**00:47:02.50**	+00:10:00 (25.4%)	7:52	7.6 (74.5%)
151	**THOMALLA Bogdan**	**423**		M70+	4				00:05:32	00:20:07	**00:39:30.50**	**00:45:02.90**	+00:10:08 (25.7%)	7:54	7.6 (74.5%)
152	**BABUSKA Mariola**	**205**		K50-54	11				00:09:18	00:19:36	**00:39:39.00**	**00:48:57.25**	+00:10:16 (25.9%)	7:55	7.6 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
153	**RACZYŃSKA Aleksandra**	**365**		K70+	2				00:10:56	00:19:27	**00:39:41.15**	**00:50:37.60**	+00:10:19 (26.0%)	7:56	7.6 (74.5%)
154	**KLIMCZAK Piotr**	**291**		M-Disabled	6	1			00:01:42	00:19:23	**00:39:45.40**	**00:41:27.80**	+00:10:23 (26.1%)	7:57	7.5 (73.5%)
155	**BŁASZCZYK Monika**	**215**		K30-39	10				00:07:39	00:19:19	**00:39:48.00**	**00:47:27.85**	+00:10:25 (26.2%)	7:57	7.5 (73.5%)
156	**MARCZYK Jerzy**	**337**		M55-59	16				00:03:55	00:19:37	**00:39:49.30**	**00:43:44.45**	+00:10:27 (26.3%)	7:57	7.5 (73.5%)
157	**RADKA Iwona**	**366**		K45-49	12				00:08:41	00:19:43	**00:39:51.60**	**00:48:33.40**	+00:10:29 (26.3%)	7:58	7.5 (73.5%)
158	**MOŻDŻEŃ Barbara**	**346**		K55-59	8				00:09:38	00:19:26	**00:39:53.10**	**00:49:31.35**	+00:10:31 (26.4%)	7:58	7.5 (73.5%)
159	**ZAKRZEWSKA Henryka**	**454**		K70+	3				00:10:57	00:19:38	**00:39:57.20**	**00:50:54.70**	+00:10:35 (26.5%)	7:59	7.5 (73.5%)
160	**CZARNECKA Maria**	**228**		K-Disabled	3	1			00:09:39	00:19:40	**00:39:57.60**	**00:49:36.65**	+00:10:35 (26.5%)	7:59	7.5 (73.5%)
161	**MĄDRY Zdzisław**	**338**		M60-64	13		1		00:05:02	00:19:29	**00:40:05.00**	**00:45:07.20**	+00:10:42 (26.7%)	8:01	7.5 (73.5%)
162	**KARPIŃSKI Rafał**	**286**		M40-44	12				00:02:41	00:19:55	**00:40:06.15**	**00:42:48.10**	+00:10:44 (26.8%)	8:01	7.5 (73.5%)
163	**KOWALCZYK-LACHOWSKA Marta**	**304**		K30-39	11				00:07:40	00:19:24	**00:40:07.40**	**00:47:47.70**	+00:10:45 (26.8%)	8:01	7.5 (73.5%)
164	**BIELAWSKI Zdzisław**	**211**		M60-64	14				00:04:31	00:20:03	**00:40:10.80**	**00:44:42.15**	+00:10:48 (26.9%)	8:02	7.5 (73.5%)
165	**OMARSKA Grażyna**	**356**		K55-59	9				00:09:38	00:19:56	**00:40:11.45**	**00:49:49.80**	+00:10:49 (26.9%)	8:02	7.5 (73.5%)
166	**CIEŚLIK Magdalena**	**227**		K30-39	12				00:07:40	00:20:11	**00:40:13.00**	**00:47:53.35**	+00:10:50 (27.0%)	8:02	7.5 (73.5%)
167	**GASYNA Joanna**	**252**		K30-39	13				00:07:41	00:20:11	**00:40:18.90**	**00:48:00.55**	+00:10:56 (27.2%)	8:03	7.4 (72.5%)
168	**SZAŁAJ Anna**	**411**		K60-64	3				00:10:04	00:20:10	**00:40:29.40**	**00:50:33.85**	+00:11:07 (27.5%)	8:05	7.4 (72.5%)
169	**BERNASIEWICZ Józef**	**210**		M55-59	17				00:04:01	00:20:32	**00:40:32.45**	**00:44:34.05**	+00:11:10 (27.6%)	8:06	7.4 (72.5%)
170	**URBAN Jacek**	**433**		M65-69	10				00:05:02	00:20:11	**00:40:33.05**	**00:45:35.85**	+00:11:10 (27.6%)	8:06	7.4 (72.5%)
171	**STRZELECKI Sebastian 'Kaszana'**	**402**		M40-44	13				00:02:42	00:20:12	**00:40:35.95**	**00:43:18.75**	+00:11:13 (27.7%)	8:07	7.4 (72.5%)
172	**REMISZEWSKI Adam**	**369**		M70+	5				00:05:31	00:20:03	**00:40:41.25**	**00:46:12.40**	+00:11:19 (27.8%)	8:08	7.4 (72.5%)
173	**TRYBEK Wanda**	**476**		K70+	4				00:10:56	00:20:31	**00:40:49.00**	**00:51:45.70**	+00:11:26 (28.0%)	8:09	7.3 (71.6%)
174	**LEWANDOWSKA Małgorzata**	**324**		K40-44	10				00:08:16	00:20:08	**00:40:51.60**	**00:49:08.40**	+00:11:29 (28.1%)	8:10	7.3 (71.6%)
175	**KRAMER Leszek**	**305**		M70+	6				00:05:32	00:20:13	**00:40:54.10**	**00:46:26.25**	+00:11:32 (28.2%)	8:10	7.3 (71.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
176	**HOŁDA Jolanta**	**267**		K60-64	4				00:10:05	00:20:25	**00:40:54.90**	**00:51:00.75**	+00:11:32 (28.2%)	8:11	7.3 (71.6%)
177	**ZAGRAJEK Katarzyna**	**453**		K40-44	11				00:08:16	00:20:26	**00:41:01.05**	**00:49:17.90**	+00:11:38 (28.4%)	8:12	7.3 (71.6%)
178	**GORZELA Izabela**	**256**		K30-39	14				00:07:40	00:20:28	**00:41:08.20**	**00:48:48.60**	+00:11:46 (28.6%)	8:13	7.3 (71.6%)
179	**TATARYNOWICZ Namysław**	**422**		M30-39	10				00:02:17	00:20:09	**00:41:08.50**	**00:43:25.95**	+00:11:46 (28.6%)	8:13	7.3 (71.6%)
180	**SAWINIEC Piotr**	**378**		M30-39	11				00:02:17	00:20:18	**00:41:16.05**	**00:43:33.40**	+00:11:53 (28.8%)	8:15	7.3 (71.6%)
181	**SULMA Edyta**	**406**		K40-44	12				00:08:17	00:20:38	**00:41:19.05**	**00:49:36.75**	+00:11:56 (28.9%)	8:15	7.3 (71.6%)
182	**TRATTNIG Manfred**	**428**		M45-49	7				00:03:01	00:20:22	**00:41:20.75**	**00:44:22.00**	+00:11:58 (29.0%)	8:16	7.3 (71.6%)
183	**WÓJCIK Henryk**	**448**		M70+	7				00:05:32	00:20:39	**00:41:24.10**	**00:46:56.50**	+00:12:02 (29.1%)	8:16	7.2 (70.6%)
184	**JAGODZIŃSKI Andrzej**	**274**		M55-59	18				00:03:55	00:20:27	**00:41:24.70**	**00:45:20.15**	+00:12:02 (29.1%)	8:17	7.2 (70.6%)
185	**HAUSNER Dariusz**	**479**		M45-49	8				00:03:03	00:20:14	**00:41:34.60**	**00:44:38.05**	+00:12:12 (29.4%)	8:19	7.2 (70.6%)
186	**SŁOWIK Adam**	**387**		M-Disabled	7	1			00:01:21	00:20:12	**00:41:34.85**	**00:42:56.30**	+00:12:12 (29.4%)	8:19	7.2 (70.6%)
187	**PACYNA Helena**	**481**		K65-69	3				00:10:31	00:20:46	**00:41:37.95**	**00:52:09.85**	+00:12:15 (29.5%)	8:19	7.2 (70.6%)
188	**ADAMEK Klaudiusz**	**201**		M-Disabled	8	1	1		00:01:44	00:20:33	**00:41:44.60**	**00:43:28.70**	+00:12:22 (29.6%)	8:20	7.2 (70.6%)
188	**KRÓL Władysław**	**307**		M60-64	15				00:04:29	00:20:46	**00:41:44.60**	**00:46:14.20**	+00:12:22 (29.6%)	8:21	7.2 (70.6%)
190	**ARTYMICZ Maria**	**204**		K60-64	5				00:10:04	00:20:25	**00:41:44.65**	**00:51:48.75**	+00:12:22 (29.6%)	8:20	7.2 (70.6%)
191	**SOJA Jolanta**	**389**		K55-59	10				00:09:38	00:20:42	**00:41:51.60**	**00:51:29.85**	+00:12:29 (29.8%)	8:22	7.2 (70.6%)
192	**SUDOŁ Irena**	**404**		K50-54	12				00:09:16	00:20:45	**00:41:57.40**	**00:51:14.05**	+00:12:35 (30.0%)	8:23	7.1 (69.6%)
193	**NIECHWIEJCZYK Kinga**	**349**		K-Child	1				00:06:05	00:20:48	**00:41:59.00**	**00:48:04.65**	+00:12:36 (30.0%)	8:23	7.1 (69.6%)
194	**GROBELNA Jadwiga**	**262**		K60-64	6				00:10:04	00:20:33	**00:42:01.60**	**00:52:06.40**	+00:12:39 (30.1%)	8:24	7.1 (69.6%)
195	**KULESZA Monika**	**315**		K40-44	13				00:08:18	00:21:01	**00:42:08.40**	**00:50:27.35**	+00:12:46 (30.3%)	8:25	7.1 (69.6%)
196	**HARTMAN Jadwiga**	**265**		K60-64	7				00:10:05	00:21:06	**00:42:15.30**	**00:52:20.55**	+00:12:53 (30.5%)	8:27	7.1 (69.6%)
197	**KAPECKI Kazimierz**	**285**		M-Disabled	9	1			00:05:03	00:20:54	**00:42:17.90**	**00:47:21.80**	+00:12:55 (30.6%)	8:27	7.1 (69.6%)
198	**LIPOWSKI Zdzisław**	**327**		M70+	8				00:05:31	00:20:47	**00:42:26.60**	**00:47:57.75**	+00:13:04 (30.8%)	8:29	7.1 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
199	**ROMANIUK Grzegorz**	**371**		M50-54	8				00:03:26	00:20:26	**00:42:29.05**	**00:45:55.60**	+00:13:06 (30.9%)	8:29	7.1 (69.6%)
200	**LIKOWSKA Lidia**	**326**		K40-44	14				00:08:18	00:21:05	**00:42:33.55**	**00:50:51.85**	+00:13:11 (31.0%)	8:30	7.1 (69.6%)
201	**KUBIE Dominik**	**312**		M-Disabled	10	1			00:01:42	00:20:58	**00:42:41.60**	**00:44:24.55**	+00:13:19 (31.2%)	8:32	7 (68.6%)
202	**WIŚNIEWSKI Krystian**	**440**		M-Disabled	11	1			00:01:22	00:20:42	**00:42:43.25**	**00:44:05.50**	+00:13:21 (31.3%)	8:32	7 (68.6%)
203	**ŚWIRNIAK Krystyna**	**420**		K60-64	8				00:10:04	00:21:23	**00:42:50.45**	**00:52:54.85**	+00:13:28 (31.4%)	8:34	7 (68.6%)
204	**LUDWICZAK Oskar**	**328**		M-Disabled	12	1			00:01:21	00:20:44	**00:43:03.50**	**00:44:25.25**	+00:13:41 (31.8%)	8:36	7 (68.6%)
205	**ZŁAKOWSKA Korina**	**458**		K40-44	15				00:08:16	00:21:17	**00:43:18.50**	**00:51:34.80**	+00:13:56 (32.2%)	8:39	6.9 (67.6%)
206	**WÓJCIK Irena**	**447**		K70+	5				00:10:57	00:21:37	**00:43:21.65**	**00:54:19.15**	+00:13:59 (32.3%)	8:40	6.9 (67.6%)
207	**YANG Liqiang**	**450**		M50-54	9				00:03:00	00:21:07	**00:43:22.95**	**00:46:23.50**	+00:14:00 (32.3%)	8:40	6.9 (67.6%)
208	**GWÓŹDŹ Danuta**	**308**		K60-64	9				00:10:06	00:21:21	**00:43:25.75**	**00:53:32.05**	+00:14:03 (32.4%)	8:41	6.9 (67.6%)
209	**GABIS Elżbieta**	**245**		K55-59	11				00:09:40	00:21:27	**00:43:27.35**	**00:53:07.65**	+00:14:05 (32.4%)	8:41	6.9 (67.6%)
210	**BŁĘDOWSKA Agata**	**470**		K30-39	15				00:07:43	00:22:13	**00:43:52.20**	**00:51:35.50**	+00:14:30 (33.1%)	8:46	6.8 (66.7%)
211	**WOJNAROWSKA Małgorzata**	**442**		K30-39	16				00:07:41	00:21:59	**00:43:58.15**	**00:51:39.25**	+00:14:36 (33.2%)	8:47	6.8 (66.7%)
212	**KOLBUSZ Janina**	**293**		K65-69	4		1		00:10:31	00:21:50	**00:44:01.25**	**00:54:32.25**	+00:14:39 (33.3%)	8:48	6.8 (66.7%)
213	**KULBAS-LEŚNA Aleksandra**	**471**		K30-39	17				00:07:42	00:22:15	**00:44:03.20**	**00:51:45.55**	+00:14:41 (33.3%)	8:48	6.8 (66.7%)
214	**PUSTELNIK Elżbieta**	**361**		K30-39	18				00:07:41	00:21:40	**00:44:09.15**	**00:51:50.90**	+00:14:47 (33.5%)	8:49	6.8 (66.7%)
215	**BOSEK Grzegorz**	**220**		M-Disabled	13	1			00:07:45	00:22:23	**00:44:11.10**	**00:51:56.10**	+00:14:49 (33.5%)	8:50	6.8 (66.7%)
216	**BOSEK Ewa**	**219**		K-Disabled	4	1			00:07:46	00:22:23	**00:44:11.30**	**00:51:57.45**	+00:14:49 (33.5%)	8:50	6.8 (66.7%)
217	**JAGODZŃSKA Bożena**	**275**		K55-59	12				00:09:37	00:21:45	**00:44:12.80**	**00:53:50.40**	+00:14:50 (33.6%)	8:50	6.8 (66.7%)
218	**SOKOŁOWSKA Weronika**	**390**		K18-29	5				00:06:59	00:21:46	**00:44:15.20**	**00:51:14.90**	+00:14:53 (33.6%)	8:51	6.8 (66.7%)
219	**KOWALCZYK Magdalena**	**301**		K18-29	6				00:06:58	00:22:10	**00:44:15.85**	**00:51:14.40**	+00:14:53 (33.7%)	8:51	6.8 (66.7%)
220	**TABOŁA Marta**	**485**		K30-39	19				00:07:43	00:21:58	**00:44:25.35**	**00:52:08.70**	+00:15:03 (33.9%)	8:53	6.8 (66.7%)
221	**SZAŁAJ Aleksandra**	**410**		K30-39	20		1		00:07:41	00:21:58	**00:44:29.10**	**00:52:10.85**	+00:15:07 (34.0%)	8:53	6.7 (65.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
222	**ŚLUSARCZYK Karolina**	**419**		K-Child	2				00:06:05	00:21:37	**00:44:42.80**	**00:50:48.30**	+00:15:20 (34.3%)	8:56	6.7 (65.7%)
223	**GORZELA Marcin**	**257**		M40-44	14				00:02:43	00:22:08	**00:44:50.30**	**00:47:33.40**	+00:15:28 (34.5%)	8:58	6.7 (65.7%)
224	**MIKITIUK Beata**	**344**		K40-44	16				00:08:17	00:22:36	**00:44:50.50**	**00:53:08.05**	+00:15:28 (34.5%)	8:58	6.7 (65.7%)
225	**GAJEWSKA Aleksandra**	**246**		K55-59	13				00:09:39	00:22:14	**00:44:56.40**	**00:54:35.65**	+00:15:34 (34.6%)	8:59	6.7 (65.7%)
226	**ZABŁOTNA Katarzyna**	**451**		K40-44	17				00:08:17	00:22:26	**00:44:59.00**	**00:53:16.85**	+00:15:36 (34.7%)	8:59	6.7 (65.7%)
227	**ROMANIUK Krystyna**	**372**		K50-54	13				00:09:16	00:22:22	**00:44:59.90**	**00:54:16.85**	+00:15:37 (34.7%)	9:00	6.7 (65.7%)
228	**ŁUCZYSZYN Stanisława**	**330**		K65-69	5				00:10:30	00:21:58	**00:45:15.40**	**00:55:45.45**	+00:15:53 (35.1%)	9:03	6.6 (64.7%)
229	**SUPERNAT Jan**	**464**		M70+	9				00:05:30	00:22:21	**00:45:23.45**	**00:50:53.80**	+00:16:01 (35.3%)	9:04	6.6 (64.7%)
230	**KONOPIŃSKA Daria**	**296**		K30-39	21				00:07:41	00:22:35	**00:45:34.15**	**00:53:15.35**	+00:16:12 (35.6%)	9:06	6.6 (64.7%)
231	**PIERZCHAŁA Izabela**	**359**		K30-39	22				00:07:39	00:22:37	**00:45:35.65**	**00:53:15.45**	+00:16:13 (35.6%)	9:07	6.6 (64.7%)
232	**PLEBAŃCZYK Anna**	**360**		K30-39	23				00:07:42	00:22:51	**00:45:36.90**	**00:53:19.60**	+00:16:14 (35.6%)	9:07	6.6 (64.7%)
233	**CHOLEWA Maria**	**224**		K65-69	6				00:10:29	00:22:42	**00:45:41.35**	**00:56:11.20**	+00:16:19 (35.7%)	9:08	6.6 (64.7%)
234	**WLAZLO Elżbieta**	**441**		K70+	6		1		00:10:57	00:22:30	**00:45:41.90**	**00:56:39.40**	+00:16:19 (35.7%)	9:08	6.6 (64.7%)
235	**GÓRAL Paula**	**258**		K-Disabled	5	1			00:06:05	00:21:37	**00:45:48.35**	**00:51:54.20**	+00:16:26 (35.9%)	9:09	6.5 (63.7%)
236	**MACHAJEK Krzysztof**	**332**		M60-64	16				00:04:30	00:22:36	**00:46:03.80**	**00:50:33.85**	+00:16:41 (36.2%)	9:12	6.5 (63.7%)
237	**TYSIAK Czesława**	**431**		K70+	7				00:10:56	00:22:30	**00:46:20.00**	**00:57:16.75**	+00:16:57 (36.6%)	9:16	6.5 (63.7%)
238	**GRYGOROWICZ Teresa**	**269**		K60-64	10				00:10:05	00:22:44	**00:46:24.55**	**00:56:30.45**	+00:17:02 (36.7%)	9:17	6.5 (63.7%)
239	**FOLLHER Jagoda**	**242**		K-Disabled	6	1			00:06:05	00:21:40	**00:47:37.00**	**00:53:42.65**	+00:18:14 (38.3%)	9:31	6.3 (61.8%)
240	**LOBERT-SUPERNAT Ewa**	**465**		K60-64	11				00:10:05	00:23:24	**00:47:38.60**	**00:57:43.90**	+00:18:16 (38.4%)	9:31	6.3 (61.8%)
241	**FRAGER Anton**	**243**		M65-69	11				00:05:31	00:23:23	**00:47:48.25**	**00:53:19.90**	+00:18:26 (38.6%)	9:33	6.3 (61.8%)
242	**BIJAK Ewa**	**212**		K65-69	7				00:10:30	00:23:26	**00:47:50.80**	**00:58:21.70**	+00:18:28 (38.6%)	9:34	6.3 (61.8%)
243	**KAPECKA Krystyna**	**284**		K65-69	8				00:10:30	00:23:27	**00:47:51.65**	**00:58:22.55**	+00:18:29 (38.6%)	9:34	6.3 (61.8%)
244	**TYLUTKI Andrzej**	**469**		M45-49	9				00:03:02	00:24:11	**00:48:34.90**	**00:51:37.15**	+00:19:12 (39.5%)	9:43	6.2 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
245	**DORUCH Ewa**	**480**		K55-59	14				00:08:42	00:23:54	**00:48:54.85**	**00:57:37.55**	+00:19:32 (40.0%)	9:47	6.1 (59.8%)
246	**TATARYNOWICZ Eugeniusz**	**421**		M70+	10		1		00:05:31	00:24:24	**00:49:26.20**	**00:54:57.25**	+00:20:04 (40.6%)	9:53	6.1 (59.8%)
247	**WIDAWSKI Andrzej**	**435**		M45-49	10				00:03:55	00:25:41	**00:51:53.70**	**00:55:49.55**	+00:22:31 (43.4%)	10:22	5.8 (56.9%)
248	**JANYST Barbara**	**279**		K60-64	12				00:10:06	00:24:28			+00:10:03	9:47	6.1 (59.8%)
249	**JANCZAK-NALEWAJ Krystyna**	**276**		M65-69	12				00:10:06	00:24:28			+00:10:02	9:47	6.1 (59.8%)
250	**OLEJCZYK Renata**	**353**		K45-49	13				00:08:41	00:26:12			+00:11:46	10:28	5.7 (55.9%)
DQ	**GRASSL Johann**	**260**		M60-64				1	DQ	00:16:33 DQ	**00:33:28.80 DQ**	**DQ**		-	- (0.0%)
DQ	**SIWAK Piotr**	**383**		M55-59				1	DQ	00:15:11 DQ	**00:33:37.70 DQ**	**DQ**		-	- (0.0%)
DQ	**MAJCHERCZYK Wacław**	**475**		M70+				1	DQ	00:19:59 DQ	**00:39:49.10 DQ**	**DQ**		-	- (0.0%)
DQ	**ZACZYŃSKA Anna**	**452**		K30-39				1	DQ	00:15:39 DQ	**DQ**	**DQ**		-	- (0.0%)
DQ	**GRIMM Dirk**	**261**		M30-39				1	DQ	DQ	**DQ**	**DQ**		-	- (0.0%)
DQ	**RZEPKA Artur**	**377**		M-Disabled		1		1	DQ	DQ	**DQ**	**DQ**		-	- (0.0%)
DQ	**LICKIEWICZ Ewa**	**325**		K40-44				1	DQ	DQ	**DQ**	**DQ**		-	- (0.0%)

Znaleziono 257 wynik(ów)