

**Wydarzenie:** Łemkowyna Ultra-Trail 2021  
**Organizator:** Fundacja Ultra  
**Data:** 2021-05-15  
**Miejsce:** Komańcza  
**Dystans:** 30 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
1	KOREK Michał	3546	MARCINIŚWERCTEAM	Open M	1	01:09:44	<b>02:13:59.10</b>		4:37	13
2	WOJTCZAK Jakub	3613		Open M	2	01:10:18	<b>02:14:46.55</b>	+00:00:47	4:38	12.9
3	GAZDOWICZ Michał	3523	RUNPASSION.PL TEAM	Open M	3	01:14:14	<b>02:27:55.30</b>	+00:13:56	5:06	11.8
4	WOJTASIK Dawid	3612		Open M	4	01:16:15	<b>02:29:02.05</b>	+00:15:02	5:08	11.7
5	ŻURAWSKI Kamil	3480		Open M	5	01:17:11	<b>02:30:44.45</b>	+00:16:45	5:11	11.5
6	JÓZEFCZYK Tomasz	3491	POSMAKUJ RUN TEAM	Open M	6	01:21:35	<b>02:38:55.50</b>	+00:24:56	5:28	10.9
7	JAZŁOCKI Łukasz	3149	LLAMA IN MY LIVING ROOM	Open M	7	01:24:00	<b>02:39:27.65</b>	+00:25:28	5:29	10.9
8	MIGACZ Jacek	3260	TRAILRUN KRAKÓW	Open M	8	01:27:30	<b>02:39:33.35</b>	+00:25:34	5:30	10.9
9	GOLEC Ireneusz	3525	VEGE RUNNERS	Open M	9	01:23:25	<b>02:41:55.20</b>	+00:27:56	5:35	10.7
10	SABAT Sebastian	3343		Open M	10	01:20:12	<b>02:42:02.65</b>	+00:28:03	5:35	10.7
11	KUBACKI Krzysztof	3204	NADLEŚNICTWO ŁOSIE	Open M	11	01:23:22	<b>02:45:20.00</b>	+00:31:20	5:42	10.5
12	TELESZ Mateusz	3603		Open M	12	01:27:21	<b>02:46:07.90</b>	+00:32:08	5:43	10.5
13	SMYK Łukasz	3593		Open M	13	01:22:51	<b>02:46:27.95</b>	+00:32:28	5:44	10.5
14	MAĆZKA Ryszard	3562	LUBELSKI BANK SPÓŁDZIELCZY	Open M	14	01:25:18	<b>02:49:02.20</b>	+00:35:03	5:49	10.3
15	KOSTKA Janusz	3183	POSMAKUJ RUN TEAM	Open M	15	01:24:51	<b>02:50:00.95</b>	+00:36:01	5:51	10.2
16	WYSZYŃSKI Roman	3455		Open M	16	01:28:46	<b>02:51:14.95</b>	+00:37:15	5:54	10.2
17	CICHOSZ Krzysztof	3510		Open M	17	01:25:40	<b>02:51:51.70</b>	+00:37:52	5:55	10.1
18	MALINOWSKA Izabela	3561		Open K	1	01:25:36	<b>02:51:52.05</b>	+00:37:52	5:55	10.1
19	KOPIEĆ Kamil	3545	JAJA NA BOK RUNNING TEAM	Open M	18	01:31:02	<b>02:52:51.35</b>	+00:38:52	5:57	10.1
20	WARDA Jarosław	3420		Open M	19	01:31:21	<b>02:56:36.10</b>	+00:42:37	6:05	9.9
21	MOŻEJKO Artur	3266	NIEPOŁOMICE BIEGAJĄ	Open M	20	01:30:53	<b>02:57:21.00</b>	+00:43:21	6:06	9.8
22	ZIELIŃSKI Paweł	3626	RUCH IZBICA	Open M	21	01:33:34	<b>02:58:32.10</b>	+00:44:33	6:09	9.7
23	WAREĆKA Katarzyna	3606		Open K	2	01:31:14	<b>02:59:28.15</b>	+00:45:29	6:11	9.7
24	REGULSKI Doman	3330		Open M	22	01:32:31	<b>02:59:42.60</b>	+00:45:43	6:11	9.7
25	KOPEĆ Paweł	3177	RZESZOWSKIE GAZELE I GEPARDY	Open M	23	01:29:39	<b>02:59:56.55</b>	+00:45:57	6:12	9.7
26	KURASZ Piotr	3556		Open M	24	01:27:50	<b>03:02:43.75</b>	+00:48:44	6:18	9.5
27	SMYK Małgorzata	3592		Open K	3	01:33:03	<b>03:03:10.70</b>	+00:49:11	6:18	9.5
28	JUREK Przemysław	3155	KS STASZEWSKY	Open M	25	01:35:08	<b>03:03:10.85</b>	+00:49:11	6:18	9.5
29	STRZELCZYK Wiktor	3376	CARPATHIAN RUNNERS	Open M	26	01:29:33	<b>03:03:14.40</b>	+00:49:15	6:19	9.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
30	<b>SMERECKI Maciej</b>	<b>3494</b>	POSMAKUJ RUN TEAM	Open M	27	01:32:34	<b>03:03:25.80</b>	+00:49:26	6:19	9.5
31	<b>KWAŚNIEWSKI Marcin</b>	<b>3557</b>	EINE SPORTGRUPPE	Open M	28	01:34:54	<b>03:03:43.50</b>	+00:49:44	6:20	9.5
32	<b>PAKOWSKI Robert</b>	<b>3288</b>	WANDA PANFIL TEAM	Open M	29		<b>03:04:18.15</b>	+00:50:19	6:21	9.4
33	<b>JASŁOWSKA Justyna</b>	<b>3148</b>	SCOTT	Open K	4	01:34:33	<b>03:04:58.05</b>	+00:50:58	6:22	9.4
34	<b>DUDEK Paweł</b>	<b>3513</b>	RUCH IZBICA	Open M	30	01:33:16	<b>03:05:26.85</b>	+00:51:27	6:23	9.4
35	<b>MAKOWSKI Jarosław</b>	<b>3560</b>	STAY INSANE	Open M	31	01:34:17	<b>03:07:03.90</b>	+00:53:04	6:27	9.3
36	<b>KRAJEWSK Bartek</b>	<b>3194</b>		Open M	32	01:37:46	<b>03:07:08.95</b>	+00:53:09	6:27	9.3
37	<b>SZADKOWSKI Denis</b>	<b>3380</b>		Open M	33	01:31:37	<b>03:07:12.75</b>	+00:53:13	6:27	9.3
38	<b>RODZINKA Erwin</b>	<b>3584</b>		Open M	34	01:36:38	<b>03:07:49.30</b>	+00:53:50	6:28	9.3
39	<b>KOPACZ Piotr</b>	<b>3543</b>	PERFEX	Open M	35	01:37:07	<b>03:08:30.15</b>	+00:54:31	6:30	9.2
40	<b>MICHALCZYK Krzysztof</b>	<b>3563</b>		Open M	36	01:36:41	<b>03:09:43.35</b>	+00:55:44	6:32	9.2
41	<b>BANIAK Eryk</b>	<b>3011</b>		Open M	37	01:32:48	<b>03:10:02.10</b>	+00:56:03	6:33	9.2
42	<b>IZDEBSKI Tomasz</b>	<b>3530</b>	NBS TEAM	Open M	38	01:37:38	<b>03:10:57.25</b>	+00:56:58	6:35	9.1
43	<b>DOBROMILSKA Agata</b>	<b>3063</b>	WM TRISELF	Open K	5	01:38:42	<b>03:11:13.85</b>	+00:57:14	6:35	9.1
44	<b>PETER Marcin</b>	<b>3302</b>		Open M	39	01:36:48	<b>03:11:43.70</b>	+00:57:44	6:36	9.1
45	<b>SAMBOROWSKI Marcin</b>	<b>3347</b>	PRYMA.PL	Open M	40	01:34:38	<b>03:11:50.70</b>	+00:57:51	6:36	9.1
46	<b>SKRZYŃSKI Andrzej</b>	<b>3590</b>	KS STASZEWSKY	Open M	41	01:37:14	<b>03:12:02.95</b>	+00:58:03	6:37	9.1
47	<b>WASIAK Tomasz</b>	<b>3502</b>	RAZEM TRENUJEMY SPORT	Open M	42	01:38:04	<b>03:12:41.60</b>	+00:58:42	6:38	9
48	<b>WADZIŃSKI Kamil</b>	<b>3605</b>	#KASIASOLIŃSKATEAM	Open M	43	01:37:18	<b>03:12:47.70</b>	+00:58:48	6:38	9
49	<b>FOSSAERT Sylwia</b>	<b>3084</b>		Open K	6	01:38:03	<b>03:13:12.75</b>	+00:59:13	6:39	9
50	<b>PELCZAR Joanna</b>	<b>3299</b>		Open K	7	01:39:08	<b>03:13:13.15</b>	+00:59:14	6:39	9
51	<b>PERENC Michał</b>	<b>3300</b>	CARPATHIAN RUNNERS	Open M	44	01:36:37	<b>03:13:22.15</b>	+00:59:23	6:40	9
52	<b>TOMCZYK Grzegorz</b>	<b>3405</b>	PALARNIA KAWY GREGORIO	Open M	45	01:38:02	<b>03:13:31.75</b>	+00:59:32	6:40	9
53	<b>FURS Teodor</b>	<b>3521</b>	PIERDZĄCE ZAJĄCE	Open M	46	01:37:45	<b>03:14:16.50</b>	+01:00:17	6:41	9
54	<b>PATSCHEK Grzegorz</b>	<b>3575</b>		Open M	47	01:37:52	<b>03:15:25.00</b>	+01:01:25	6:44	8.9
55	<b>PRYŚKO-GROBELNA Małgorzata</b>	<b>3583</b>		Open K	8	01:38:21	<b>03:15:33.85</b>	+01:01:34	6:44	8.9
56	<b>STUDZIŃSKI Rafał</b>	<b>3600</b>	ANPOLEKO DRINK TEAM	Open M	48	01:39:24	<b>03:15:53.75</b>	+01:01:54	6:45	8.9
57	<b>OSIK Przemysław</b>	<b>3572</b>	3T BIAŁYSTOK	Open M	49	01:36:32	<b>03:15:58.20</b>	+01:01:59	6:45	8.9
58	<b>GOTFRYD Karol</b>	<b>3526</b>	ANPOLEKO DRINK TEAM	Open M	50	01:40:00	<b>03:16:25.55</b>	+01:02:26	6:46	8.9
59	<b>LATAWIEC Jakub</b>	<b>3218</b>		Open M	51	01:37:55	<b>03:16:36.65</b>	+01:02:37	6:46	8.9
60	<b>GAŁĘCKI Kamil</b>	<b>3090</b>	RYBA TEAM.	Open M	52	01:38:27	<b>03:17:02.60</b>	+01:03:03	6:47	8.8
61	<b>DYŚ Małgorzata</b>	<b>3514</b>	STAY INSANE	Open K	9	01:41:38	<b>03:17:49.00</b>	+01:03:49	6:49	8.8
62	<b>SKWARNECKI Damian</b>	<b>3501</b>		Open M	53	01:41:19	<b>03:18:45.45</b>	+01:04:46	6:51	8.8
63	<b>ORTYL Magdalena</b>	<b>3571</b>	ZABIEGANI MIELEC	Open K	10	01:39:21	<b>03:18:54.10</b>	+01:04:55	6:51	8.7
64	<b>SOWIŃSKA-JANECZEK Joanna</b>	<b>3597</b>	KB MARATON TUREK	Open K	11	01:40:04	<b>03:19:07.40</b>	+01:05:08	6:51	8.7
65	<b>WEWIOR Tomasz</b>	<b>3608</b>		Open M	54	01:38:59	<b>03:19:34.75</b>	+01:05:35	6:52	8.7
66	<b>JĘDRZEJOWSKA Karolina</b>	<b>3152</b>		Open K	12	01:41:09	<b>03:21:24.35</b>	+01:07:25	6:56	8.6
67	<b>JACHYMSKI Ignacy</b>	<b>3138</b>	AKG ŁODŹ	Open M	55	01:40:10	<b>03:22:41.30</b>	+01:08:42	6:59	8.6
68	<b>DYMIŃSKI Paweł</b>	<b>3077</b>		Open M	56	01:44:40	<b>03:23:15.00</b>	+01:09:15	7:00	8.6
69	<b>KUCIŃSKA Magdalena</b>	<b>3206</b>		Open K	13	01:39:59	<b>03:23:47.30</b>	+01:09:48	7:01	8.5
70	<b>MIERZWICKI Krzysztof</b>	<b>3259</b>	MAZURSKIE TROPY	Open M	57	01:42:16	<b>03:23:55.30</b>	+01:09:56	7:01	8.5
71	<b>KORZUS Katarzyna</b>	<b>3181</b>		Open K	14	01:39:49	<b>03:24:03.25</b>	+01:10:04	7:02	8.5
72	<b>KOZIOŁ Sylwester</b>	<b>3191</b>		Open M	58	01:39:33	<b>03:24:36.80</b>	+01:10:37	7:03	8.5
73	<b>KUŁYK Łukasz Kułyk</b>	<b>3209</b>	RUSYNLEM	Open M	59	01:41:52	<b>03:24:49.35</b>	+01:10:50	7:03	8.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
74	<b>KĘDZIERSKI Michał</b>	<b>3166</b>	HTF LUDWIK SIKORSKI	Open M	60	01:41:43	<b>03:25:37.15</b>	+01:11:38	7:05	8.5
75	<b>BIDUŚ Marek</b>	<b>3017</b>		Open M	61	01:44:54	<b>03:26:01.60</b>	+01:12:02	7:06	8.4
76	<b>MUSIAŁ Witold</b>	<b>3565</b>	NIEPOŁOMICE BIEGAJĄ	Open M	62	01:40:54	<b>03:26:20.30</b>	+01:12:21	7:06	8.4
77	<b>MUSIAŁ Anna</b>	<b>3566</b>	NIEPOŁOMICE BIEGAJĄ	Open K	15	01:40:49	<b>03:26:21.15</b>	+01:12:22	7:06	8.4
78	<b>TYSZKIEWICZ Rafał</b>	<b>3490</b>	COLUMBIA	Open M	63	01:47:57	<b>03:26:35.65</b>	+01:12:36	7:07	8.4
79	<b>LEWANDOWSKI Paweł</b>	<b>3222</b>	CHARZYNO - SUPER WIEŚ!	Open M	64	01:48:15	<b>03:26:59.40</b>	+01:13:00	7:08	8.4
80	<b>KOZIOŁ Weronika</b>	<b>3192</b>	TEAM MOUNTAIN FUEL POLSKA	Open K	16	01:41:38	<b>03:27:38.60</b>	+01:13:39	7:09	8.4
81	<b>JEDZINIAK Kamila</b>	<b>3536</b>		Open K	17	01:43:09	<b>03:27:39.25</b>	+01:13:40	7:09	8.4
82	<b>JURECZKO Agnieszka</b>	<b>3539</b>	DZIK KOMANDO	Open K	18	01:45:18	<b>03:28:59.75</b>	+01:15:00	7:12	8.3
83	<b>HUNIA Mateusz</b>	<b>3131</b>		Open M	65	01:39:08	<b>03:29:12.05</b>	+01:15:12	7:12	8.3
84	<b>MADEJ Magdalena</b>	<b>3238</b>		Open K	19	01:45:02	<b>03:29:41.30</b>	+01:15:42	7:13	8.3
85	<b>MĘKARSKI Sławomir</b>	<b>3256</b>	WANDA PANFIL TEAM	Open M	66	01:46:28	<b>03:30:26.40</b>	+01:16:27	7:15	8.3
86	<b>WLEZIEŃ Alek</b>	<b>3434</b>	TRICLUB	Open M	67	01:43:50	<b>03:30:40.70</b>	+01:16:41	7:15	8.3
87	<b>PODBIELSKI Michał</b>	<b>3579</b>		Open M	68	01:48:51	<b>03:31:18.30</b>	+01:17:19	7:17	8.2
88	<b>OLBORSKA Gabriela</b>	<b>3570</b>		Open K	20	01:46:37	<b>03:31:40.35</b>	+01:17:41	7:17	8.2
89	<b>HORZELA Beata</b>	<b>3127</b>		Open K	21	01:46:31	<b>03:31:47.70</b>	+01:17:48	7:18	8.2
90	<b>JÓZEFczyk Jacek</b>	<b>3538</b>		Open M	69	01:48:00	<b>03:33:08.65</b>	+01:19:09	7:20	8.2
91	<b>SIELIWONIK Anita</b>	<b>3353</b>		Open K	22	01:50:38	<b>03:33:47.90</b>	+01:19:48	7:22	8.1
92	<b>ZABIRONINA Olya</b>	<b>3457</b>	POWER TRAINING	Open K	23	01:47:59	<b>03:34:59.65</b>	+01:21:00	7:24	8.1
93	<b>BEDLA Anna</b>	<b>3507</b>		Open K	24	01:48:28	<b>03:35:00.20</b>	+01:21:01	7:24	8.1
94	<b>GŁADYSZ Jadwiga</b>	<b>3524</b>	ADRHA	Open K	25	01:51:34	<b>03:36:13.35</b>	+01:22:14	7:27	8
95	<b>WOJCIECHOWSKI Michał</b>	<b>3439</b>		Open M	70	01:48:59	<b>03:36:20.10</b>	+01:22:21	7:27	8
96	<b>WOJCIECHOWSKI Maciej</b>	<b>3440</b>	STG WARSZAWA	Open M	71	01:49:33	<b>03:36:20.25</b>	+01:22:21	7:27	8
97	<b>CZERNIAK Anna</b>	<b>3512</b>	VEGE RUNNERS	Open K	26	01:51:55	<b>03:36:45.85</b>	+01:22:46	7:28	8
98	<b>KOPEĆ Renata</b>	<b>3544</b>	KS STASZEWCY	Open K	27	01:49:00	<b>03:37:05.45</b>	+01:23:06	7:29	8
99	<b>ZIÓŁKOWSKI Łukasz</b>	<b>3472</b>		Open M	72	01:53:40	<b>03:37:31.10</b>	+01:23:32	7:30	8
100	<b>WOLNY Michał</b>	<b>3444</b>		Open M	73	01:48:11	<b>03:37:35.75</b>	+01:23:36	7:30	8
101	<b>LIŚKIEWICZ Aleksandra</b>	<b>3559</b>	VEGE RUNNERS	Open K	28	01:53:06	<b>03:37:46.25</b>	+01:23:47	7:30	8
102	<b>WÓLKIEWICZ Dorota</b>	<b>3615</b>	KS STASZEWCY	Open K	29		<b>03:38:06.45</b>	+01:24:07	7:31	8
103	<b>DOBOSZYŃSKI Rafał</b>	<b>3062</b>		Open M	74	01:47:29	<b>03:38:31.35</b>	+01:24:32	7:32	8
104	<b>OLESIAK Monika</b>	<b>3281</b>		Open K	30	01:48:32	<b>03:38:36.00</b>	+01:24:36	7:32	8
105	<b>KOLASA Marcin</b>	<b>3487</b>		Open M	75	01:50:39	<b>03:39:44.65</b>	+01:25:45	7:34	7.9
106	<b>KOWALCZUK Paweł</b>	<b>3549</b>		Open M	76	01:53:01	<b>03:40:20.90</b>	+01:26:21	7:35	7.9
107	<b>KONOPKO Kacper</b>	<b>3485</b>	MODESTE BIAŁYSTOK	Open M	77		<b>03:41:08.15</b>	+01:27:09	7:37	7.9
108	<b>COFALSKI Jakub</b>	<b>3049</b>		Open M	78	01:51:54	<b>03:41:15.05</b>	+01:27:15	7:37	7.9
109	<b>KORZENIECKA Klaudia</b>	<b>3486</b>	MODESTE BIAŁYSTOK	Open K	31	01:52:52	<b>03:41:26.85</b>	+01:27:27	7:38	7.9
110	<b>RZEPNIEWSKA Agata</b>	<b>3585</b>		Open K	32	01:51:49	<b>03:41:33.40</b>	+01:27:34	7:38	7.9
111	<b>LIS-PASIONEK Małgorzata</b>	<b>3484</b>		Open K	33	01:55:07	<b>03:41:35.55</b>	+01:27:36	7:38	7.9
112	<b>WRÓBLEWSKI Jacek</b>	<b>3618</b>		Open M	79	01:50:23	<b>03:41:48.15</b>	+01:27:49	7:38	7.8
113	<b>STĘPIEŃ Dorota</b>	<b>3598</b>	MECHANIKA ZDROWIA	Open K	34	01:52:33	<b>03:41:49.05</b>	+01:27:49	7:38	7.8
114	<b>ŁOMIAK Piotr</b>	<b>3235</b>		Open M	80	01:48:10	<b>03:42:02.55</b>	+01:28:03	7:39	7.8
115	<b>HUNIA Filip</b>	<b>3130</b>		Open M	81	01:51:45	<b>03:42:12.10</b>	+01:28:13	7:39	7.8
116	<b>PACIOREK Michał</b>	<b>3286</b>		Open M	82	01:44:24	<b>03:42:24.20</b>	+01:28:25	7:40	7.8
117	<b>JEMIOŁA Paulina</b>	<b>3150</b>	POMUSZ	Open K	35	01:55:30	<b>03:43:03.60</b>	+01:29:04	7:41	7.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów		Różn	Tempo min/km	Tempo km/h
						15.5km	Czas netto 29km			
118	WLOCH Joanna	3435		Open K	36	01:51:29	03:44:06.45	+01:30:07	7:43	7.8
119	BARANSKI Piotr	3012		Open M	83	01:58:37	03:44:56.55	+01:30:57	7:45	7.7
120	WOJCIECHOWSKI Miłosz	3611	TEAM WOJCIECHOWSCY	Open M	84	01:55:26	03:45:38.10	+01:31:39	7:46	7.7
121	KRAUSE Anna	3196		Open K	37	01:53:31	03:45:46.95	+01:31:47	7:47	7.7
122	KOSZELA Aleksandra	3547	ZABIEGANI CZĘSTOCHOWA	Open K	38	01:55:24	03:46:02.60	+01:32:03	7:47	7.7
123	WĘGRZYNEK Mirosława	3423	ADIDAS RUNNERS WARSAW	Open K	39	01:55:17	03:46:26.10	+01:32:27	7:48	7.7
124	BAK Paulina	3506		Open K	40	01:55:36	03:46:44.25	+01:32:45	7:49	7.7
125	DZIARNOWSKA Magda	3515	MECHANIKA ZDROWA	Open K	41	01:54:20	03:46:44.75	+01:32:45	7:49	7.7
126	GÓRSKA Dominika	3106		Open K	42	01:56:21	03:46:50.80	+01:32:51	7:49	7.7
127	ABRAMIUK Michał	3001	MEDYCZNY KLUB TURYSTYCZNY	Open M	85	01:51:27	03:46:56.15	+01:32:57	7:49	7.7
128	HONKISZ-GODLEWSKA Urszula	3529	NOWY STYL GROUP RUNNING TEAM	Open K	43	01:52:34	03:47:12.45	+01:33:13	7:50	7.7
129	GRODOWSKA Katarzyna	3528	BIEGAJĄCY POTWÓR SPAGHETTI	Open K	44	01:51:09	03:47:58.65	+01:33:59	7:51	7.6
130	GŁUSZEK Dariusz	3098	BRAK	Open M	86	01:53:49	03:48:09.20	+01:34:10	7:52	7.6
131	GIBAS Wojciech	3094		Open M	87	01:49:31	03:48:18.05	+01:34:18	7:52	7.6
132	ZAJĄC Paweł	3620		Open M	88	01:49:02	03:48:54.70	+01:34:55	7:53	7.6
133	JASIŃSKA-WARMUŁA Sylwia	3146	FUNTRI	Open K	45	01:54:03	03:49:01.90	+01:35:02	7:53	7.6
134	GAŁKOWSKI Paweł	3522	AFF	Open M	89	01:51:54	03:49:28.45	+01:35:29	7:54	7.6
135	PIECH Marzena	3304	FIT STORY MARZENA PIECH	Open K	46	01:55:17	03:49:58.20	+01:35:59	7:55	7.6
136	ZACHWIEJA Katarzyna	3458	WOODRUN	Open K	47	01:56:26	03:50:00.60	+01:36:01	7:55	7.6
137	MŁOCKA-GORCZYŃSKA Matylda	3264		Open K	48	01:50:37	03:50:02.15	+01:36:03	7:55	7.6
138	CIECHOMSKA Agata	3048	HTF LUDWIK SIKORSKI	Open K	49	01:54:23	03:50:30.15	+01:36:31	7:56	7.5
139	STUDZIŃSKA Joanna	3377		Open K	50	01:56:34	03:50:56.90	+01:36:57	7:57	7.5
140	TENDAJ Daniel	3604		Open M	90	01:58:11	03:51:49.40	+01:37:50	7:59	7.5
141	PASIOŃEK Bartłomiej	3574		Open M	91	01:55:37	03:53:39.35	+01:39:40	8:03	7.4
142	BEJTKA Rafał	3496		Open M	92	01:46:50	03:53:42.05	+01:39:42	8:03	7.4
143	GLAZER Marcin	3488	PKO BANK POLSKI	Open M	93	01:57:20	03:54:44.05	+01:40:44	8:05	7.4
144	TAMBORSKI Tomasz	3399	HTF LUDWIK SIKORSKI	Open M	94	02:03:00	03:55:32.90	+01:41:33	8:07	7.4
145	PAWELEC Krystyna	3298	DOGOŃ GRODZISK MAZOWECKI	Open K	51	02:01:31	03:55:59.05	+01:41:59	8:08	7.4
146	MAJEWSKA Anna	3242	AKG ŁÓDŹ	Open K	52	02:00:21	03:56:25.80	+01:42:26	8:09	7.4
147	DOBEK Halina	3061	GORLICKA GRUPA BIEGOWA	Open K	53	01:58:44	03:57:01.75	+01:43:02	8:10	7.3
148	ŻELAZNY Agnieszka	3489	GORLICKA GRUPA BIEGOWA	Open K	54	01:53:41	03:57:01.80	+01:43:02	8:10	7.3
149	BAŁABAN Waldemar	3009	BIEGUNY WALBA	Open M	95	02:01:23	03:57:07.90	+01:43:08	8:10	7.3
150	GAWRYSZEWSKI Michał	3093		Open M	96	02:03:05	03:57:27.15	+01:43:28	8:11	7.3
151	POLAŃSKI Robert	3581	NOĆNE WOŁKI	Open M	97	02:00:48	03:58:35.70	+01:44:36	8:13	7.3
152	GRANECKA Monika	3527	DZIK KOMANDO	Open K	55	01:55:57	03:59:15.60	+01:45:16	8:15	7.3
153	MASZKOWSKI Rafał	3251		Open M	98	02:00:14	03:59:55.60	+01:45:56	8:16	7.3
154	GRYCZ Michał	3112	TOO HEAVY TO STOP	Open M	99	02:01:12	04:00:18.45	+01:46:19	8:17	7.2
155	JARTYM Karol	3532	MOTOKOMANDO	Open M	100	01:55:55	04:00:44.05	+01:46:44	8:18	7.2
156	MASZKOWSKA Anna	3250		Open K	56	02:01:10	04:00:55.65	+01:46:56	8:18	7.2
157	KRÓL Przemysław	3552	LUBELSKI BANK SPÓŁDZIELCZY	Open M	101	01:59:22	04:01:19.35	+01:47:20	8:19	7.2
158	ULBRYCH Artur	3409		Open M	102	02:01:10	04:01:34.45	+01:47:35	8:19	7.2
159	SANIAK Przemysław	3349		Open M	103	01:59:24	04:01:47.60	+01:47:48	8:20	7.2
160	MILEWSKA Beata	3262	HOP DOG	Open K	57	01:51:09	04:02:41.95	+01:48:42	8:22	7.2
161	JANKOWSKI Gracjan	3142	HOP DOG	Open M	104	01:52:17	04:02:42.45	+01:48:43	8:22	7.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
162	<b>MAZUREK Grzegorz</b>	<b>3252</b>		Open M	105	01:53:55	<b>04:03:25.35</b>	+01:49:26	8:23	7.1
163	<b>KIM Renata</b>	<b>3167</b>	KS STASZEWSKY	Open K	58	02:01:06	<b>04:03:26.25</b>	+01:49:27	8:23	7.1
164	<b>DZIOPA Paweł</b>	<b>3517</b>	WKURW_TEAM	Open M	106	02:02:09	<b>04:04:25.00</b>	+01:50:25	8:25	7.1
165	<b>MEBENGA Joanna</b>	<b>3254</b>	BOAT CITY TEAM	Open K	59	02:04:59	<b>04:05:28.20</b>	+01:51:29	8:27	7.1
166	<b>CICHOWICZ Przemysław</b>	<b>3511</b>	WAWER	Open M	107	01:57:09	<b>04:06:04.55</b>	+01:52:05	8:29	7.1
167	<b>SIKORA Dawid</b>	<b>3354</b>		Open M	108	02:00:04	<b>04:06:39.95</b>	+01:52:40	8:30	7.1
168	<b>WOJAS-KRAWCZYK Kamila</b>	<b>3438</b>	PIĘKNIJSZE ŻYCIE LUBLIN	Open K	60	01:59:46	<b>04:06:48.25</b>	+01:52:49	8:30	7.1
169	<b>MARCINIAK Agata</b>	<b>3497</b>		Open K	61	02:03:16	<b>04:06:54.30</b>	+01:52:55	8:30	7
170	<b>KOWALIK Krzysztof</b>	<b>3188</b>		Open M	109	02:04:47	<b>04:06:55.95</b>	+01:52:56	8:30	7
171	<b>ZIELENKIEWICZ Agnieszka</b>	<b>3624</b>		Open K	62	02:05:33	<b>04:07:43.35</b>	+01:53:44	8:32	7
172	<b>TOKARSKI Jacek</b>	<b>3403</b>		Open M	110	01:58:33	<b>04:08:03.55</b>	+01:54:04	8:33	7
173	<b>HETMAŃCZYK Maciej</b>	<b>3125</b>		Open M	111	01:51:12	<b>04:08:18.10</b>	+01:54:19	8:33	7
174	<b>JACHYMSKA Zofia</b>	<b>3137</b>		Open K	63	02:05:36	<b>04:08:32.50</b>	+01:54:33	8:34	7
175	<b>KOTULA Weronika</b>	<b>3548</b>		Open K	64	01:58:46	<b>04:08:34.45</b>	+01:54:35	8:34	7
176	<b>WISZNIEWSKI Roman</b>	<b>3427</b>		Open M	112	02:05:49	<b>04:08:40.60</b>	+01:54:41	8:34	7
177	<b>ZIĄBKA Jakub</b>	<b>3465</b>	BOAT CITY TEAM	Open M	113	02:05:12	<b>04:09:07.40</b>	+01:55:08	8:35	7
178	<b>MALEC Basia</b>	<b>3244</b>		Open K	65	02:06:51	<b>04:09:14.00</b>	+01:55:14	8:35	7
179	<b>BAJOREK Norbert</b>	<b>3503</b>	FITNESS FREAKS	Open M	114	02:06:55	<b>04:10:33.40</b>	+01:56:34	8:38	6.9
180	<b>SZTYLER Konrad</b>	<b>3602</b>		Open M	115	01:59:47	<b>04:10:44.90</b>	+01:56:45	8:38	6.9
181	<b>PASZEK Krystyna</b>	<b>3293</b>	DOGOŃ GRODZISK MAZOWECKI	Open K	66	02:07:25	<b>04:13:44.00</b>	+01:59:44	8:44	6.9
182	<b>MARCINIAK Katarzyna</b>	<b>3246</b>		Open K	67	02:07:11	<b>04:13:48.55</b>	+01:59:49	8:45	6.9
183	<b>JASEK Wioletta</b>	<b>3533</b>	KOBIETY WATAHY	Open K	68	02:05:23	<b>04:13:59.10</b>	+02:00:00	8:45	6.9
184	<b>ZIELIŃSKA Magdalena</b>	<b>3625</b>		Open K	69	02:05:31	<b>04:14:13.05</b>	+02:00:13	8:45	6.8
185	<b>JASKOT Joanna</b>	<b>3534</b>	HARPAGAN BEAST	Open K	70	02:13:30	<b>04:14:40.05</b>	+02:00:40	8:46	6.8
186	<b>JAROSZ Michał</b>	<b>3145</b>		Open M	116	02:13:27	<b>04:14:41.30</b>	+02:00:42	8:46	6.8
187	<b>PIETRZAK Sylwia</b>	<b>3308</b>	12TRI	Open K	71	02:05:49	<b>04:16:05.80</b>	+02:02:06	8:49	6.8
188	<b>MISZCZYK Honorata</b>	<b>3263</b>	WKS B AKTYWNE BESKIDY	Open K	72	02:07:55	<b>04:16:21.80</b>	+02:02:22	8:50	6.8
189	<b>KOSSAKOWSKA Klaudia</b>	<b>3182</b>		Open K	73	02:06:14	<b>04:16:35.95</b>	+02:02:36	8:50	6.8
190	<b>CZYŻYKIEWICZ Piotr</b>	<b>3059</b>	GORLIĆKA GRUPA BIEGOWA	Open M	117	02:04:35	<b>04:16:55.25</b>	+02:02:56	8:51	6.8
191	<b>PETELSKA- ALTHAMER Matea</b>	<b>3578</b>	12TRI	Open K	74	02:11:00	<b>04:18:39.75</b>	+02:04:40	8:55	6.7
192	<b>MONCZYŃSKA Małgorzata</b>	<b>3265</b>		Open K	75	02:12:14	<b>04:19:09.45</b>	+02:05:10	8:56	6.7
193	<b>ADAŚ Łukasz</b>	<b>3003</b>		Open M	118	02:10:04	<b>04:19:46.90</b>	+02:05:47	8:57	6.7
194	<b>FRĄCZEK Marcin</b>	<b>3520</b>	TMTEAM	Open M	119	02:06:20	<b>04:19:49.05</b>	+02:05:49	8:57	6.7
195	<b>JANIK Magdalena</b>	<b>3141</b>		Open K	76	02:08:25	<b>04:20:43.05</b>	+02:06:43	8:59	6.7
196	<b>JANOWSKA Agata</b>	<b>3143</b>		Open K	77	02:08:28	<b>04:20:44.15</b>	+02:06:45	8:59	6.7
197	<b>DZIEWULSKA Henryka</b>	<b>3516</b>	ROZBIEGANY PIASTÓW	Open K	78	02:08:26	<b>04:21:22.90</b>	+02:07:23	9:00	6.7
198	<b>BAK Magdalena</b>	<b>3504</b>	ROZBIEGANY PIASTOW	Open K	79	02:07:37	<b>04:21:23.95</b>	+02:07:24	9:00	6.7
199	<b>WRÓŃSKA Magdalena</b>	<b>3616</b>	ROZBIEGANY PIASTÓW	Open K	80	02:08:10	<b>04:21:24.45</b>	+02:07:25	9:00	6.7
200	<b>NOWACKA Magda</b>	<b>3568</b>	ROZBIEGANY PIASTOW	Open K	81	02:08:55	<b>04:21:24.55</b>	+02:07:25	9:00	6.7
201	<b>CHOJNOWSKA Dominika</b>	<b>3043</b>	NOAJAK	Open K	82	02:11:20	<b>04:21:31.85</b>	+02:07:32	9:01	6.7
202	<b>SZALSKA Elżbieta</b>	<b>3601</b>		Open K	83	02:14:14	<b>04:21:52.80</b>	+02:07:53	9:01	6.6
203	<b>MARSZAŁEK Bartłomiej</b>	<b>3249</b>		Open M	120	02:08:14	<b>04:25:00.95</b>	+02:11:01	9:08	6.6
204	<b>SOCHAJ Anna</b>	<b>3365</b>		Open K	84	02:05:42	<b>04:26:26.55</b>	+02:12:27	9:11	6.5
205	<b>ROJEK Magdalena</b>	<b>3334</b>		Open K	85	02:11:59	<b>04:27:32.50</b>	+02:13:33	9:13	6.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
206	<b>SZUMLAŃSKA Paulina</b>	<b>3389</b>		Open K	86	02:05:02	<b>04:28:06.40</b>	+02:14:07	9:14	6.5
207	<b>KOZIOL Marcin</b>	<b>3190</b>		Open M	121	02:02:11	<b>04:29:19.95</b>	+02:15:20	9:17	6.5
208	<b>ZABŁOCKA Małgorzata</b>	<b>3619</b>	NATIONALE NEDERLANDEN	Open K	87	02:08:45	<b>04:29:31.45</b>	+02:15:32	9:17	6.5
209	<b>KRAWCZYK Paweł</b>	<b>3197</b>	MEDYCZNY KLUB TURYSTYCZNY W LUBLINIE	Open M	122	02:06:40	<b>04:34:12.45</b>	+02:20:13	9:27	6.3
210	<b>PEPLIŃSKA Iwona</b>	<b>3576</b>		Open K	88	02:16:07	<b>04:34:24.55</b>	+02:20:25	9:27	6.3
211	<b>NITSCH Joanna</b>	<b>3567</b>	UNTS	Open K	89	02:13:34	<b>04:34:48.60</b>	+02:20:49	9:28	6.3
212	<b>KUC Maciek</b>	<b>3205</b>		Open M	123	02:07:19	<b>04:35:44.20</b>	+02:21:45	9:30	6.3
213	<b>BRODAWKA Olga</b>	<b>3029</b>		Open K	90	02:18:02	<b>04:37:04.20</b>	+02:23:05	9:33	6.3
214	<b>KACHNIARZ Tomasz</b>	<b>3540</b>		Open M	124	02:06:59	<b>04:37:19.10</b>	+02:23:20	9:33	6.3
215	<b>NICIEJA Anna</b>	<b>3272</b>		Open K	91	02:22:24	<b>04:38:00.85</b>	+02:24:01	9:35	6.3
216	<b>SITARSKA Agnieszka</b>	<b>3356</b>	KOBIETY WATAHY	Open K	92	02:20:21	<b>04:38:54.05</b>	+02:24:54	9:37	6.2
217	<b>WAJCHERT Krzysztof</b>	<b>3415</b>	#SZYBKIEŃÓŻKI	Open M	125	02:02:52	<b>04:39:54.10</b>	+02:25:55	9:39	6.2
218	<b>PUCHAŁA Aneta</b>	<b>3326</b>		Open K	93	02:19:07	<b>04:40:12.90</b>	+02:26:13	9:39	6.2
219	<b>PYRA Marek</b>	<b>3328</b>	#SZYBKIEŃÓŻKI	Open M	126	02:08:39	<b>04:44:24.70</b>	+02:30:25	9:48	6.1
220	<b>KOZŁOWSKA-WOYCIECHOWSKA Hanna</b>	<b>3550</b>		Open K	94	02:19:16	<b>04:45:28.55</b>	+02:31:29	9:50	6.1
221	<b>SERWATKA Angelika</b>	<b>3587</b>	KOBIETY WATAHY	Open K	95	02:20:53	<b>04:45:54.60</b>	+02:31:55	9:51	6.1
222	<b>JEZIERSKA Karina</b>	<b>3537</b>	12TRI.PL TEAMZABIEGANEDNI	Open K	96	02:20:12	<b>04:46:28.90</b>	+02:32:29	9:52	6.1
223	<b>ZAWISZA Beata</b>	<b>3621</b>	KOBIETY WATAHY	Open K	97	02:26:38	<b>04:46:50.95</b>	+02:32:51	9:53	6.1
224	<b>CHOJNOWSKA Barbara</b>	<b>3044</b>		Open K	98	02:18:08	<b>04:47:22.40</b>	+02:33:23	9:54	6.1
224	<b>SIKORSKA Magdalena</b>	<b>3355</b>	HTF LUDWIK SIKORSKI	Open K	98	02:18:46	<b>04:47:22.40</b>	+02:33:23	9:54	6.1
226	<b>SIKORSKI Ludwik</b>	<b>3589</b>	HTF LUDWIK SIKORSKI	Open M	127	02:18:44	<b>04:47:23.35</b>	+02:33:24	9:54	6.1
227	<b>PODEMSKA Patrycja</b>	<b>3580</b>	FOREST GANG	Open K	100	02:22:23	<b>04:47:45.45</b>	+02:33:46	9:55	6
228	<b>GŁOWACKI Michał</b>	<b>3096</b>	#SZYBKIEŃÓŻKI	Open M	128	02:14:57	<b>04:50:25.30</b>	+02:36:26	10:00	6
229	<b>WIESZOŁEK Grzegorz</b>	<b>3609</b>		Open M	129	02:09:29	<b>04:50:32.50</b>	+02:36:33	10:01	6
230	<b>WRÓBEL Mariola</b>	<b>3617</b>		Open K	101	02:09:26	<b>04:50:33.15</b>	+02:36:34	10:01	6
231	<b>WARDA Agnieszka</b>	<b>3482</b>	SPARTA LUBLIN	Open K	102	02:25:07	<b>04:52:24.25</b>	+02:38:25	10:04	6
232	<b>KALISZUK Małgorzata</b>	<b>3160</b>		Open K	103	02:21:52	<b>04:55:35.45</b>	+02:41:36	10:11	5.9
233	<b>KALISZUK Roman</b>	<b>3159</b>		Open M	130	02:22:34	<b>04:56:03.45</b>	+02:42:04	10:12	5.9
234	<b>FRANCUZ Patrycja</b>	<b>3085</b>		Open K	104	02:27:06	<b>04:57:15.55</b>	+02:43:16	10:15	5.9
235	<b>BORYKA Piotr</b>	<b>3027</b>		Open M	131	02:14:15	<b>04:57:27.55</b>	+02:43:28	10:15	5.8
236	<b>NOWAK Mariusz</b>	<b>3569</b>	BOAT CITY TEAM	Open M	132	02:15:34	<b>04:57:51.75</b>	+02:43:52	10:16	5.8
<b>Przekroczony limit czasu: 05:00:00</b>										
237	<b>MAGOCZY Justyna</b>	<b>3493</b>		Open K	105	02:27:03	<b>05:01:51.20</b>	+02:47:52	10:24	5.8
238	<b>PEPLIŃSKI Piotr</b>	<b>3577</b>		Open M	133	02:25:45	<b>05:03:59.10</b>	+02:50:00	10:28	5.7
239	<b>PATEJUK Anna</b>	<b>3294</b>	DZIKIE ŻYCIE RUNTEAM	Open K	106	02:27:00	<b>05:05:19.35</b>	+02:51:20	10:31	5.7
240	<b>DZIURZYŃSKA Ulka</b>	<b>3518</b>	GOOD COACH TEAM	Open K	107	02:27:11	<b>05:05:34.60</b>	+02:51:35	10:32	5.7
241	<b>LASEK Krzysztof</b>	<b>3217</b>		Open M	134	02:32:51	<b>05:11:09.75</b>	+02:57:10	10:43	5.6
242	<b>JANICKA Aleksandra</b>	<b>3140</b>	BOAT CITY TEAM	Open K	108	02:29:06	<b>05:11:19.65</b>	+02:57:20	10:44	5.6
243	<b>BUKOWIEC Jacek</b>	<b>3037</b>		Open M	135	02:26:06	<b>05:29:10.30</b>	+03:15:11	11:21	5.3
244	<b>DOMANSKI Jarek</b>	<b>3065</b>	GAZELE NA STARCIE	Open M	136	02:37:11	<b>05:31:00.00</b>	+03:17:00	11:24	5.3
245	<b>KORCZYŃSKI Piotr</b>	<b>3179</b>	AR WARSZAWA	Open M	137	02:36:47	<b>05:36:51.25</b>	+03:22:52	11:36	5.2
246	<b>LYSIAK Agnieszka</b>	<b>3231</b>	ADIDAS RUNNERS WARSAW	Open K	109	02:37:19	<b>05:36:52.05</b>	+03:22:52	11:36	5.2
247	<b>KARPIŃSKA Nina</b>	<b>3163</b>		Open K	110	02:35:47	<b>05:39:13.75</b>	+03:25:14	11:41	5.1
248	<b>MANIURA Iwona</b>	<b>3245</b>		Open K	111	02:38:14	<b>05:44:12.65</b>	+03:30:13	11:52	5.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
249	<b>PIETRASZEK Ewa</b>	<b>3306</b>	KOBIETY WATAHY	Open K	112	03:19:20	<b>06:32:10.00</b>	+04:18:10	13:31	4.4
	<b>SŁODKOWSKI Piotr</b>	<b>3591</b>		Open M		02:11:31 DNF	<b>DNF</b>		-	-
	<b>POŹNIAK-STYCZYŃSKA Maja</b>	<b>3582</b>	DDC	Open K		02:32:42 DNF	<b>DNF</b>		-	-
	<b>SĘDZIEŁOWSKI Mariusz</b>	<b>3588</b>		Open M		03:00:36 DNF	<b>DNF</b>		-	-
	<b>STASIAK Mateusz Stasiak</b>	<b>3372</b>	ITFF	Open M		03:09:55 DNF	<b>DNF</b>		-	-
	<b>WOŹNIAK Anna</b>	<b>3448</b>	KOBIETY WATAHY	Open K		03:16:34 DNF	<b>DNF</b>		-	-

Znaleziono 254 wynik(ów)