



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

V Radan Półmaraton Gliwicki 2018
Fundacja Bieg Rzeźnika
2018-11-04
Gliwice
10N km

NORDIC WALKING GLIWICKI - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_15_km 5km	20_km 9.9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	POGORZELSKA Wiesława	1668	KS FORMA WODZISŁAW ŚL.	K-30	1	00:01:27	00:34:53	01:11:39	01:14:32.65	01:16:00.50		7:27	8 (100%)
2	TAISNER Aleksandra	1686	EKIPA NA KIJACH	K-30	2	00:01:32	00:36:39	01:12:54	01:15:36.35	01:17:08.40	+00:01:03 (1.4%)	7:33	7.9 (98.8%)
3	MARONDEL Katarzyna	1650	SILESIA NORDIC TEAM	K-30	3	00:01:13	00:35:51	01:12:54	01:15:51.70	01:17:05.30	+00:01:19 (1.7%)	7:35	7.9 (98.8%)
4	GAWLIK-RYBIŃSKA Kasia	1621	EŁKA TEAM	K-30	4	00:01:40	00:36:52	01:15:07	01:18:09.35	01:19:50.15	+00:03:36 (4.6%)	7:49	7.7 (96.3%)
5	ZUBER Monika	1703	EKIPA NA KIJACH	K-30	5	00:01:35	00:37:50	01:16:20	01:19:16.65	01:20:52.30	+00:04:44 (6.0%)	7:55	7.6 (95.0%)
6	TYCZEWSKA Paulina	1691		K-30	6	00:01:23	00:38:26	01:18:29	01:21:42.95	01:23:05.95	+00:07:10 (8.8%)	8:10	7.3 (91.3%)
7	ZADROGA Dorota	1699	GORA TEAM	K-30	7	00:01:43	00:39:03	01:19:41	01:22:52.75	01:24:35.75	+00:08:20 (10.1%)	8:17	7.2 (90.0%)
8	PLUSCZOK Renata	1663		K-30	8	00:01:47	00:41:16	01:22:56	01:26:11.50	01:27:59.25	+00:11:38 (13.5%)	8:37	7 (87.5%)
9	BROM - NOWAK Anna	1614		K-30	9	00:01:41	00:40:24	01:22:54	01:26:23.70	01:28:05.65	+00:11:51 (13.7%)	8:38	6.9 (86.3%)
10	TRACZEWSKA Magdalena	1689		K-30	10	00:01:46	00:40:38	01:23:06	01:26:24.45	01:28:10.70	+00:11:51 (13.7%)	8:38	6.9 (86.3%)
11	ZDROJEWSKA Agata	1700		K-30	11	00:01:48	00:41:16	01:23:08	01:26:26.00	01:28:14.90	+00:11:53 (13.8%)	8:38	6.9 (86.3%)
12	SZPIECHOWICZ Sylwia	1683		K-30	12	00:00:33	00:41:27	01:25:15	01:28:52.40	01:29:26.35	+00:14:19 (16.1%)	8:53	6.8 (85.0%)
13	ROSIŃSKA Wirginia	1672		K-30	13	00:01:26	00:44:11	01:25:48	01:28:59.75	01:30:25.95	+00:14:27 (16.2%)	8:53	6.7 (83.8%)
14	BANACH Roksana	1611		K-30	14	00:01:27	00:42:40	01:28:00	01:31:40.70	01:33:08.65	+00:17:08 (18.7%)	9:10	6.5 (81.3%)
15	SOBCZAK-KOSIŃSKA Sylwia	1679		K-30	15	00:01:28	00:43:35	01:28:31	01:32:04.65	01:33:33.20	+00:17:32 (19.0%)	9:12	6.5 (81.3%)
16	ZIOŁKOWSKA Dorota	1701		K-30	16	00:01:39	00:44:46	01:29:56	01:33:19.15	01:34:58.75	+00:18:46 (20.1%)	9:19	6.4 (80.0%)
17	KACZMAREK Danuta	1632	SPORT-RELAKS	K-30	17	00:01:29	00:44:40	01:31:19	01:34:56.85	01:36:26.80	+00:20:24 (21.5%)	9:29	6.3 (78.8%)
18	ODOSZEWSKA Barbara	1655	PNEUMOKOKI	K-30	18	00:01:44	00:46:48	01:32:47	01:36:37.40	01:38:21.90	+00:22:04 (22.9%)	9:39	6.2 (77.5%)
19	GENISZEWSKA Emilia	1622	GRYFNE FRELKI	K-30	19	00:01:44	00:46:48	01:32:47	01:36:37.80	01:38:22.10	+00:22:05 (22.9%)	9:39	6.2 (77.5%)
20	SOCZAWA Monika	1680		K-30	20	00:01:43	00:46:19	01:35:15	01:39:10.45	01:40:53.95	+00:24:37 (24.8%)	9:55	6.1 (76.3%)
21	KOTOWSKA Karolina	1635	ETISOFT RUNNING TEAM	K-30	21	00:01:47	00:48:59	01:38:41	01:42:35.50	01:44:22.55	+00:28:02 (27.3%)	10:15	5.8 (72.5%)

Znaleziono 21 wynik(ów)