O-BŁĘDNY MARATON

Wydarzenie: Kudowski Festiwal Biegowy - Sztafeta Górska 2021
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2021-05-09
Miejsce: Kudowa-Zdrój
Dystans: 42 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
1	**RUTKOWSKI Dawid**	**2113**	140MINUT.PL/GRIZZLYTEAM	M-40	1	01:07:05	02:46:23	03:43:58	**04:04:39.75**		5:49	10.3 (100%)
2	**SKRAJNY Łukasz**	**2112**	140MINUT.PL	M-40	2	01:06:38	02:55:55	04:00:33	**04:25:24.05**	+00:20:44 (7.8%)	6:19	9.5 (92.2%)
3	**STYPEREK Jakub**	**2131**	VEGE RUNNERS	M-30	1	01:08:38	02:56:59	04:01:46	**04:26:36.25**	+00:21:56 (8.2%)	6:20	9.5 (92.2%)
4	**BARTYZEL Marek**	**2138**		M-40	3	01:11:00	02:56:12	04:02:00	**04:26:59.10**	+00:22:19 (8.4%)	6:21	9.4 (91.3%)
5	**KACZMARCZYK Łukasz**	**2055**		M-30	2	01:07:00	02:52:41	04:04:01	**04:29:39.90**	+00:25:00 (9.3%)	6:25	9.3 (90.3%)
6	**ROGÓRZ Piotr**	**2134**		M-40	4	01:11:37	03:03:05	04:09:47	**04:33:09.20**	+00:28:29 (10.4%)	6:30	9.2 (89.3%)
7	**RĄCZKOWSKI Daniel**	**2021**	KB ZDYSZAAANI CHOCIANÓW	M-30	3	01:09:50	03:00:51	04:08:26	**04:34:30.00**	+00:29:50 (10.9%)	6:32	9.2 (89.3%)
8	**KACZMARCZYK Przemysław**	**2042**	140MINUT.PL	M-20	1	01:09:25	03:00:01	04:09:12	**04:34:31.45**	+00:29:51 (10.9%)	6:32	9.2 (89.3%)
9	**SZYMURA Wojciech**	**2079**	DECATHLON RYBNIK & PRZYJACIELE	M-40	5	01:10:01	03:01:20	04:09:17	**04:34:58.80**	+00:30:19 (11.0%)	6:32	9.2 (89.3%)
10	**BUK Sławomir**	**2000**	LESZ NO LIMITS RUNNERS	M-40	6	01:09:36	03:01:46	04:08:51	**04:35:04.55**	+00:30:24 (11.1%)	6:32	9.2 (89.3%)
11	**BERG Aleksander**	**2039**		M-30	4	01:11:25	03:02:29	04:12:45	**04:38:09.40**	+00:33:29 (12.0%)	6:37	9.1 (88.3%)
12	**KOTARSKI Jarosław**	**2087**		M-20	2	01:09:33	03:08:49	04:20:57	**04:46:20.30**	+00:41:40 (14.6%)	6:49	8.8 (85.4%)
13	**KWIATKOWSKI Przemysław**	**2148**		M-30	5	01:12:42		04:22:00	**04:48:36.75**	+00:43:57 (15.2%)	6:52	8.7 (84.5%)
14	**PIĄTEK Joanna**	**2001**		K-30	1	01:13:33	03:13:28	04:23:03	**04:50:04.95**	+00:45:25 (15.7%)	6:54	8.7 (84.5%)
15	**DARUL Damian**	**2024**	KB MARATON TUREK	M-40	7	01:13:59	03:14:43	04:28:31	**04:55:09.75**	+00:50:30 (17.1%)	7:01	8.5 (82.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
16	**DANAK Przemek**	**2007**		M-40	8	01:21:49	03:20:29	04:32:59	**04:58:16.10**	+00:53:36 (18.0%)	7:06	8.4 (81.6%)
17	**JABŁOŃSKI Paweł**	**2133**	KUDOWIANKA RUN	M-40	9	01:15:54	03:08:18	04:32:55	**05:01:59.85**	+00:57:20 (19.0%)	7:11	8.3 (80.6%)
18	**SAJEWICZ Dominik**	**2103**	ZGÓRMYSYNY	M-30	6	01:18:25	03:19:11	04:36:28	**05:05:13.55**	+01:00:33 (19.8%)	7:16	8.3 (80.6%)
19	**BARTKIEWICZ Paweł**	**2089**	ADAM DRACZYŃSKI RUNNING TEAM	M-50	1	01:20:53	03:24:40	04:38:25	**05:06:31.55**	+01:01:51 (20.2%)	7:17	8.2 (79.6%)
20	**BOCZEK Leszek**	**2129**	ZAŁOGA GÓRSKA	M-30	7	01:23:36	03:26:20	04:44:58	**05:10:11.10**	+01:05:31 (21.1%)	7:23	8.1 (78.6%)
21	**GAWLEWICZ Tomasz**	**2038**	GAWEŁKI TEAM/POZYTYWNIE ZABIEGANI SANOK	M-40	10	01:15:46	03:18:19	04:38:14	**05:10:15.40**	+01:05:35 (21.1%)	7:23	8.1 (78.6%)
22	**CZERNY Tomasz**	**2080**		M-40	11	01:17:33	03:22:09	04:42:18	**05:11:47.45**	+01:07:07 (21.5%)	7:25	8.1 (78.6%)
23	**MAJCHRZAK Marcin**	**2059**	PRZEDWOJEWSKI TEAM	M-40	12	01:20:35	03:25:04	04:41:30	**05:11:58.35**	+01:07:18 (21.6%)	7:25	8.1 (78.6%)
24	**WEINERT Artur**	**2036**	RUNNER'S POWER	M-30	8	01:20:42	03:27:14	04:48:20	**05:15:38.25**	+01:10:58 (22.5%)	7:30	8 (77.7%)
25	**STASZCZAK Łukasz**	**2051**	TRI TEAM LUBAŃ	M-40	13	01:18:45	03:30:54	04:48:09	**05:16:27.55**	+01:11:47 (22.7%)	7:32	8 (77.7%)
26	**LAMEK Andrzej**	**2158**	AKTYWNY OSTRZESZÓW	M-50	2	01:18:12	03:29:06	04:49:37	**05:19:28.20**	+01:14:48 (23.4%)	7:36	7.9 (76.7%)
27	**PASZKIEWICZ Grzegorz**	**2153**	RAGS	M-30	9	01:19:07	03:28:22	04:49:26	**05:19:47.55**	+01:15:07 (23.5%)	7:36	7.9 (76.7%)
28	**LANGE Szymon**	**2041**		M-40	14	01:20:24	03:28:06	04:50:37	**05:21:08.90**	+01:16:29 (23.8%)	7:38	7.8 (75.7%)
29	**HOTAŁA Sylwia**	**2005**	KUDOWIANKA RUN	K-30	2	01:19:31	03:29:59	04:58:54	**05:26:16.70**	+01:21:36 (25.0%)	7:46	7.7 (74.8%)
30	**ŁUCJANEK Błażej**	**2072**		M-20	3	01:18:12	03:30:59	04:58:43	**05:27:03.15**	+01:22:23 (25.2%)	7:47	7.7 (74.8%)
31	**PAŻUCHA Wojciech**	**2006**	NAPĘDZANY PIEROGAMI	M-40	15	01:21:49	03:37:40	04:59:57	**05:28:53.35**	+01:24:13 (25.6%)	7:49	7.7 (74.8%)
32	**KAMIŃSKI Marek**	**2083**	180 MINUT	M-40	16	01:25:20	03:39:06	05:00:34	**05:29:07.30**	+01:24:27 (25.7%)	7:50	7.7 (74.8%)
33	**DZITKOWSKI Witold**	**2132**		M-30	10	01:19:37	03:30:07	04:58:37	**05:30:15.70**	+01:25:35 (25.9%)	7:51	7.6 (73.8%)
34	**CARUK Damian**	**2099**		M-40	17	01:22:08	03:31:20	05:01:06	**05:30:43.15**	+01:26:03 (26.0%)	7:52	7.6 (73.8%)
35	**ZIMNY Tomasz**	**2046**	ŚRUNDUNIA	M-60	1	01:25:28	03:41:29	05:03:31	**05:31:35.10**	+01:26:55 (26.2%)	7:53	7.6 (73.8%)
36	**ZERZUT Jarosław**	**2037**		M-50	3	01:25:43	03:42:50	05:06:04	**05:34:05.05**	+01:29:25 (26.8%)	7:57	7.5 (72.8%)
37	**MEDEJSZO Mariusz**	**2088**	NOWOSOLSKA GRUPA BIEGOWA	M-40	18	01:22:23	03:36:03	05:03:27	**05:34:21.15**	+01:29:41 (26.8%)	7:57	7.5 (72.8%)
38	**JAMROZIAK Grzegorz**	**2098**	AARSLEFF.BIZ RUNNING TEAM	M-40	19	01:28:13	03:43:17	05:06:40	**05:37:00.15**	+01:32:20 (27.4%)	8:01	7.5 (72.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
39	**FRYSIAK Artur**	**2027**	WIELUŃ ULTRA	M-50	4	01:23:29	03:41:45	05:08:55	**05:37:47.20**	+01:33:07 (27.6%)	8:02	7.5 (72.8%)
40	**KACZOR Piotr**	**2116**	TEAM TIR	M-40	20	01:24:49	03:48:39	05:13:42	**05:43:19.10**	+01:38:39 (28.7%)	8:10	7.3 (70.9%)
41	**ROLICZ Marcin**	**2033**		M-40	21	01:23:30	03:40:16	05:17:08	**05:44:26.65**	+01:39:46 (29.0%)	8:12	7.3 (70.9%)
42	**STACHNIO Tomek**	**2009**	WF OCR TEAM KNO	M-30	11	01:22:45	03:40:56	05:17:15	**05:44:42.45**	+01:40:02 (29.0%)	8:12	7.3 (70.9%)
43	**KOBYDECKA Klaudia**	**2002**		K-30	3	01:25:13	03:42:58	05:17:12	**05:46:03.15**	+01:41:23 (29.3%)	8:14	7.3 (70.9%)
44	**JASTRZĘBSKI Kamil**	**2101**	NADAKTYWNI NOWE MIASTECZKO	M-40	22	01:27:14	03:48:49	05:14:37	**05:46:18.75**	+01:41:39 (29.4%)	8:14	7.3 (70.9%)
45	**BIEL Sławomir**	**2125**	WWW.42K.COM.PL	M-40	23	01:16:36	03:27:46	05:10:53	**05:46:54.20**	+01:42:14 (29.5%)	8:15	7.3 (70.9%)
46	**KRYSIAK Tomasz**	**2054**	AMATORSKIE BIEGANIE W SZCZECINIE	M-30	12	01:23:30	03:40:29	05:18:56	**05:46:54.40**	+01:42:14 (29.5%)	8:15	7.3 (70.9%)
47	**BATOR Michał**	**2136**		M-30	13	01:28:35	03:43:02	05:13:36	**05:46:58.20**	+01:42:18 (29.5%)	8:15	7.3 (70.9%)
48	**PIĘTA Łukasz**	**2008**	INFINITY GYM	M-40	24	01:27:44	03:49:34	05:14:40	**05:51:42.35**	+01:47:02 (30.4%)	8:22	7.2 (69.9%)
49	**MAKLES Pawel**	**2073**		M-20	4	01:34:48	04:07:26	05:24:54	**05:51:50.80**	+01:47:11 (30.5%)	8:22	7.2 (69.9%)
50	**ŻYTKOWIAK Maciej**	**2060**	CZARNY BIAŁY WIEWIÓRKA	M-30	14	01:21:31	03:44:01	05:18:28	**05:52:23.10**	+01:47:43 (30.6%)	8:23	7.2 (69.9%)
51	**PIŁAT Tomasz**	**2061**	CZARNY BIAŁY WIEWIÓRKA	M-30	15	01:21:34	03:43:55	05:18:29	**05:52:29.65**	+01:47:49 (30.6%)	8:23	7.1 (68.9%)
52	**SKRZYPIŃSKI Arkadiusz**	**2019**	PSI PATROL	M-40	25	01:26:41	03:46:43	05:19:14	**05:52:55.00**	+01:48:15 (30.7%)	8:24	7.1 (68.9%)
53	**DZIUBA Piotr**	**2091**		M-40	26	01:22:25	03:40:41	05:20:39	**05:52:56.65**	+01:48:16 (30.7%)	8:24	7.1 (68.9%)
54	**MATYJA Rafał**	**2070**	LESZNOLIMITS RUNNERS	M-30	16	01:30:29	03:53:19	05:23:49	**05:53:09.20**	+01:48:29 (30.7%)	8:24	7.1 (68.9%)
55	**PRAŻANOWSKI Sergiusz**	**2076**		M-30	17	01:27:21	03:46:41	05:21:21	**05:53:41.60**	+01:49:01 (30.8%)	8:25	7.1 (68.9%)
56	**KUBIAK Karolina**	**2152**		K-40	1	01:30:24	03:52:57	05:22:04	**05:53:55.90**	+01:49:16 (30.9%)	8:25	7.1 (68.9%)
57	**MALEŃCZAK Piotr**	**2104**		M-20	5	01:23:29	03:45:31	05:20:43	**05:54:47.00**	+01:50:07 (31.0%)	8:26	7.1 (68.9%)
58	**PUDELKO Roman**	**2115**		M-30	18	01:32:04	03:59:56	05:29:14	**05:58:10.25**	+01:53:30 (31.7%)	8:31	7 (68.0%)
59	**ROSOŁOWSKI Grzegorz**	**2081**	NADAKTYWNI NOWE MIASTECZKO	M-40	27	01:27:28	03:51:52	05:24:52	**05:58:25.15**	+01:53:45 (31.7%)	8:32	7 (68.0%)
60	**GADOMSKI Dariusz**	**2128**		M-50	5	01:31:39	03:52:06	05:27:57	**06:01:10.55**	+01:56:30 (32.3%)	8:35	7 (68.0%)
61	**RÓG Krzysztof**	**2032**	KB ,,ZDYSZAAANI" CHOCIANÓW	M-40	28	01:29:35	03:57:26	05:31:13	**06:03:24.10**	+01:58:44 (32.7%)	8:39	6.9 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
62	**BIENIAS Piotr**	**2147**		M-40	29	01:29:42	03:11:31	05:28:52	**06:03:59.45**	+01:59:19 (32.8%)	8:39	6.9 (67.0%)
63	**CIEŚLA Krzysztof**	**2062**	WF OCR TEAM KOSTRZYN NAD ODRĄ	M-30	19	01:30:50	03:52:17	05:28:50	**06:05:26.25**	+02:00:46 (33.0%)	8:42	6.9 (67.0%)
64	**LACH Sebastian**	**2143**		M-40	30	01:20:41	03:52:00	05:31:52	**06:07:47.60**	+02:03:07 (33.5%)	8:45	6.9 (67.0%)
65	**WAWRZYNIAK Paweł**	**2135**	RUNNER'S POWER	M-40	31	01:35:36	04:06:17	05:40:21	**06:07:52.80**	+02:03:13 (33.5%)	8:45	6.9 (67.0%)
66	**JACKOWIAK Agnieszka**	**2056**	RUNNER'S POWER	K-30	4	01:35:33	04:06:47	05:40:13	**06:10:16.65**	+02:05:36 (33.9%)	8:48	6.8 (66.0%)
67	**RECZUCH Andrzej**	**2149**	DYWIZJON 102	M-40	32	01:32:19	04:04:38	05:38:50	**06:10:50.85**	+02:06:11 (34.0%)	8:49	6.8 (66.0%)
68	**JĘDRASZEK Damian**	**2077**		M-30	20	01:31:18	04:06:13	05:39:53	**06:11:16.35**	+02:06:36 (34.1%)	8:50	6.8 (66.0%)
69	**OLSZEWSKI Jacek**	**2052**		M-40	33	01:35:01	04:07:02	05:39:57	**06:13:45.10**	+02:09:05 (34.5%)	8:53	6.7 (65.0%)
70	**RASZTABIGA Sylwester**	**2092**		M-50	6	01:30:24	04:06:37	05:42:52	**06:13:50.10**	+02:09:10 (34.6%)	8:54	6.7 (65.0%)
71	**BEDNARCZYK Paweł**	**2029**	PZU SPORT TEAM	M-40	34	01:24:06	03:56:38	05:39:24	**06:15:10.65**	+02:10:30 (34.8%)	8:55	6.7 (65.0%)
72	**PŁÓCIENNICZAK Jakub**	**2130**	DREAM RUN	M-40	35	01:28:12	03:58:35	05:37:13	**06:15:46.75**	+02:11:07 (34.9%)	8:56	6.7 (65.0%)
73	**GĘSIAREK Grzegorz**	**2012**		M-40	36	01:29:09	03:57:43	05:41:44	**06:15:47.65**	+02:11:07 (34.9%)	8:56	6.7 (65.0%)
74	**KUBAŚ Dawid**	**2118**	NADLEŚNICTWO ZDROJE	M-30	21	01:32:49	04:04:03	05:41:58	**06:16:10.65**	+02:11:30 (35.0%)	8:57	6.7 (65.0%)
75	**GRABOWY Mateusz**	**2014**	NADAKTYWNI NOWE MIASTECZKO	M-20	6	01:38:07	04:08:49	05:47:24	**06:18:50.25**	+02:14:10 (35.4%)	9:01	6.7 (65.0%)
76	**RZYHA Hubert**	**2106**	RUNNER'S POWER	M-30	22	01:33:56	04:05:17	05:43:45	**06:19:51.40**	+02:15:11 (35.6%)	9:02	6.6 (64.1%)
77	**MUCHA Adam**	**2105**		M-50	7	01:34:21	04:05:28	05:43:39	**06:19:56.30**	+02:15:16 (35.6%)	9:02	6.6 (64.1%)
78	**KUŻEL Adrian**	**2020**	NADAKTYWNI	M-40	37	01:28:35	04:02:07	05:45:45	**06:20:04.55**	+02:15:24 (35.6%)	9:02	6.6 (64.1%)
79	**NOWAK Bartosz**	**2031**	NKB CHYŻY NOWY TOMYŚL	M-20	7	01:28:30	04:02:15	05:44:33	**06:21:14.00**	+02:16:34 (35.8%)	9:04	6.6 (64.1%)
80	**FLASIŃSKI Michał**	**2146**		M-30	23	01:36:51	03:58:21	05:48:42	**06:22:38.15**	+02:17:58 (36.1%)	9:06	6.6 (64.1%)
81	**KANCELARZ Rafał**	**2114**		M-20	8	01:34:53	04:13:14	05:47:38	**06:22:42.80**	+02:18:03 (36.1%)	9:06	6.6 (64.1%)
82	**CHYLIŃSKI Sławomir**	**2017**	NADAKTYWNI NOWE MIASTECZKO	M-50	8	01:36:05	04:13:50	05:51:27	**06:23:42.55**	+02:19:02 (36.2%)	9:08	6.6 (64.1%)
83	**NEUMANN Jacek**	**2090**	CENTRUM ŁĄKOWA 1	M-50	9	01:37:33	04:08:53	05:49:57	**06:23:54.20**	+02:19:14 (36.3%)	9:08	6.6 (64.1%)
84	**WESOŁEK Paweł**	**2048**	RUNNER'S POWER ŚREM	M-40	38	01:35:43	04:08:27	05:48:56	**06:24:01.65**	+02:19:21 (36.3%)	9:08	6.6 (64.1%)

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85	**NOWEK Łukasz**	**2065**	NADAKTYWNI NOWE MIASTECZKO	M-20	9	01:37:24	04:12:43	05:52:41	**06:24:55.75**	+02:20:16 (36.4%)	9:09	6.5 (63.1%)
86	**JAKUBIAK Anna**	**2022**	RUCHOWA AKADEMIA ZDROWIA	K-50	1	01:32:41	04:10:49	05:51:50	**06:25:06.55**	+02:20:26 (36.5%)	9:10	6.5 (63.1%)
87	**FRAŃSKI Łukasz**	**2043**	NKB CHYŻY NOWY TOMYŚL	M-40	39	01:32:15	04:10:29	05:51:18	**06:25:27.80**	+02:20:48 (36.5%)	9:10	6.5 (63.1%)
88	**GULAJSKI Rafał**	**2069**		M-40	40	01:30:16	03:57:50	05:54:48	**06:25:34.25**	+02:20:54 (36.5%)	9:10	6.5 (63.1%)
89	**GORCZYCA Lukasz**	**2064**		M-40	41	01:36:39	04:12:07	05:53:40	**06:27:33.20**	+02:22:53 (36.9%)	9:13	6.5 (63.1%)
90	**MAŚLAK Jacek**	**2067**	STOWARZYSZENIE POZYTYWNIE ZABIEGANI SANOK	M-40	42	01:36:49	04:11:11	05:54:10	**06:29:47.55**	+02:25:07 (37.2%)	9:16	6.5 (63.1%)
91	**MAŚLAK Marzena**	**2068**	STOWARZYSZENIE POZYTYWNIE ZABIEGANI SANOK	K-40	2	01:37:01	04:11:30	05:54:23	**06:30:00.55**	+02:25:20 (37.3%)	9:17	6.5 (63.1%)
92	**KUSTRA Klaudia**	**2040**		K-30	5	01:34:12	04:19:15	05:55:09	**06:30:07.65**	+02:25:27 (37.3%)	9:17	6.5 (63.1%)
93	**SUCHOCKI Grzegorz**	**2030**	NADAKTYWNI NOWE MIASTECZKO	M-50	10	01:36:40	04:13:38	05:56:50	**06:33:46.85**	+02:29:07 (37.9%)	9:22	6.4 (62.1%)
94	**WIETRZYŃSKA Agnieszka**	**2010**		K-40	3	01:33:49	04:12:02	05:58:05	**06:33:50.50**	+02:29:10 (37.9%)	9:22	6.4 (62.1%)
95	**LATANOWICZ Bernard**	**2154**	LATECH BERNARD LATANOWICZ	M-30	24	01:34:44	04:18:08	06:00:21	**06:36:32.15**	+02:31:52 (38.3%)	9:26	6.4 (62.1%)
96	**NOZDRYN-PŁOTNICKI Bolesław**	**2050**		M-40	43	01:36:21	04:16:48	06:00:17	**06:36:38.45**	+02:31:58 (38.3%)	9:26	6.4 (62.1%)
97	**KOZICZAK Katarzyna**	**2078**		K-30	6	01:39:44	04:23:18	06:02:01	**06:36:39.30**	+02:31:59 (38.3%)	9:26	6.4 (62.1%)
98	**RUDNICKI Krzysztof**	**2140**		M-30	25	01:36:24	04:16:44	05:58:29	**06:36:43.35**	+02:32:03 (38.3%)	9:26	6.4 (62.1%)
99	**SIKORSKI Cezary**	**2108**	BBL GUBIN	M-50	11	01:40:12	04:28:23	06:05:46	**06:38:38.80**	+02:33:59 (38.6%)	9:29	6.3 (61.2%)
100	**MAZUR Katarzyna**	**2034**	UMLAUT	K-40	4	01:40:15	04:28:34	06:05:50	**06:38:43.00**	+02:34:03 (38.6%)	9:29	6.3 (61.2%)
101	**KINCEL Krzysztof**	**2119**		M-50	12	01:21:08	04:21:08	06:03:43	**06:39:06.35**	+02:34:26 (38.7%)	9:30	6.3 (61.2%)
102	**LIS Mirosław**	**2011**		M-40	44	01:36:32	04:14:56	06:01:37	**06:40:27.30**	+02:35:47 (38.9%)	9:32	6.3 (61.2%)
103	**OCHNIO Ewa**	**2120**		K-40	5	01:43:09	04:17:29	06:02:11	**06:41:55.75**	+02:37:16 (39.1%)	9:34	6.3 (61.2%)
104	**FIJAŁKOWSKI Waldemar**	**2145**		M-40	45	01:36:42	04:09:07	06:06:08	**06:46:02.50**	+02:41:22 (39.7%)	9:40	6.2 (60.2%)
105	**WCISŁO Robert**	**2141**		M-40	46	01:38:25	04:28:34	06:11:55	**06:46:16.45**	+02:41:36 (39.8%)	9:40	6.2 (60.2%)
106	**LIS Sławomir**	**2045**	BBL OSTROŁĘKA	M-50	13	01:38:32	04:28:49	06:12:03	**06:46:50.75**	+02:42:11 (39.9%)	9:41	6.2 (60.2%)
107	**ŁUSZCZ Janusz**	**2086**	TŁUSTE KOTY	M-50	14	01:34:22	04:22:50	06:15:02	**06:51:20.80**	+02:46:41 (40.5%)	9:47	6.1 (59.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
108	**ZAJĄCZKOWSKI Grzegorz**	**2139**		M-40	47		04:27:42	06:17:28	**06:53:47.00**	+02:49:07 (40.9%)	9:51	6.1 (59.2%)
109	**NAMIOTA Urszula**	**2123**	MARATOŃCZYK	K-60	1	01:43:16	04:32:44	06:20:47	**06:55:00.15**	+02:50:20 (41.0%)	9:52	6.1 (59.2%)
110	**PYTLASIŃSKI Adam**	**2155**		M-40	48	01:33:56	04:24:17	06:15:28	**06:56:06.95**	+02:51:27 (41.2%)	9:54	6.1 (59.2%)
111	**IGRAS Mieczysław**	**2093**	RUNNERS TEAM NYSA	M-60	2	01:34:21	04:24:26	06:18:14	**06:56:54.30**	+02:52:14 (41.3%)	9:55	6 (58.3%)
112	**SUSZCZYNSKI Krzysztof**	**2066**		M-40	49	01:34:36	04:24:43	06:18:35	**06:57:15.60**	+02:52:35 (41.4%)	9:56	6 (58.3%)
113	**RUCIŃSKI Adam**	**2013**		M-40	50	01:43:30	04:35:45	06:19:48	**06:57:20.05**	+02:52:40 (41.4%)	9:56	6 (58.3%)
114	**SZPECHT Piotr**	**2117**		M-30	26	01:40:14	04:38:51	06:25:56	**06:57:31.45**	+02:52:51 (41.4%)	9:56	6 (58.3%)
115	**SZPECHT Filip**	**2074**		M-40	51	01:40:21	04:39:08	06:26:02	**06:57:39.60**	+02:52:59 (41.4%)	9:56	6 (58.3%)
116	**JASICKI Krzysztof**	**2142**	RUNHOGS TYCHY	M-40	52	01:42:14	04:29:41	06:24:20	**06:59:23.55**	+02:54:43 (41.7%)	9:59	6 (58.3%)
117	**STEFAŃSKI Grzegorz**	**2004**	WIERZBICKI RUNNING PROJECT	M-30	27	01:36:54	04:24:36	06:23:52	**07:00:21.30**	+02:55:41 (41.8%)	10:00	6 (58.3%)
118	**SMOLAK Agata**	**2102**		K-30	7	01:43:24	04:37:46	06:26:38	**07:04:29.60**	+02:59:49 (42.4%)	10:06	5.9 (57.3%)
119	**SIKORSKI Grzegorz**	**2084**		M-40	53	01:43:39	04:40:21	06:33:26	**07:10:58.85**	+03:06:19 (43.2%)	10:15	5.8 (56.3%)
120	**KĘPSKI Grzegorz**	**2127**		M-30	28	01:41:11	04:28:09	06:32:12	**07:19:37.65**	+03:14:57 (44.3%)	10:28	5.7 (55.3%)
121	**PUZIO Waldemar**	**2085**	MARATOŃCZYK DĘBICA	M-60	3	01:45:12	04:51:18	06:43:07	**07:20:11.45**	+03:15:31 (44.4%)	10:28	5.7 (55.3%)
122	**DOBROWOLSKA Grażyna**	**2159**	MARATOŃCZYK DĘBICA	K-50	2	01:44:45	04:51:30	06:43:28	**07:20:30.70**	+03:15:50 (44.5%)	10:29	5.7 (55.3%)
123	**RESPONDEK Dariusz**	**2049**		M-40	54	01:44:01	04:49:50	06:46:25	**07:29:20.35**	+03:24:40 (45.6%)	10:41	5.6 (54.4%)
124	**COLAUTTI Enrico**	**2137**	BAD ORGANIZER TEAM	M-50	15	01:39:26	04:52:41	06:52:27	**07:29:24.65**	+03:24:44 (45.6%)	10:42	5.6 (54.4%)
125	**WIŚNIEWSKI Sławomir**	**2047**	KS LENIWIEC	M-30	29	01:39:03	04:48:46	06:52:25	**07:33:31.45**	+03:28:51 (46.1%)	10:47	5.6 (54.4%)
126	**FRĄCKOWIAK Dominik**	**2016**		M-30	30	01:37:39	04:56:05	06:51:37	**07:36:09.05**	+03:31:29 (46.4%)	10:51	5.5 (53.4%)
127	**BAŃKOWSKI Igor**	**2096**		M-60	4	01:47:51	04:56:47	06:56:56	**07:36:35.80**	+03:31:56 (46.4%)	10:52	5.5 (53.4%)
128	**BEBRYS Daniel**	**2063**	CNS NOWA SÓL	M-40	55	01:39:52	04:48:33	06:51:44	**07:38:18.90**	+03:33:39 (46.6%)	10:54	5.5 (53.4%)
129	**DRĄG Bartłomiej**	**2124**	MARATOŃCZYK DĘBICA	M-30	31	01:55:48	05:14:22	07:02:20	**07:40:52.75**	+03:36:13 (46.9%)	10:58	5.5 (53.4%)
130	**KAWA Barbara**	**2122**	MARATOŃCZYK DĘBICA	K-30	8	01:55:53	05:14:22	07:02:24	**07:40:59.50**	+03:36:19 (46.9%)	10:58	5.5 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
131	**BUDZIŃSKI Krzysztof**	**2082**	STARSI PANOWIE DWAJ	M-50	16	01:38:54	05:00:16	07:01:53	**07:42:42.90**	+03:38:03 (47.1%)	11:01	5.4 (52.4%)
132	**GRUCHOT Małgorzata**	**2097**	WBO	K-40	6	01:39:03	05:00:26	07:01:59	**07:42:46.50**	+03:38:06 (47.1%)	11:01	5.4 (52.4%)
133	**CHOLEWICKA Ewelina**	**2015**		K-30	9	02:03:37	05:22:38	07:26:08	**08:08:00.00**	+04:03:20 (49.9%)	11:37	5.2 (50.5%)
134	**GOŁASZEWSKA Marzena**	**2028**	GIGA MARATHON PROJEKT	K-40	7	01:47:51				+00:40:46	10:47	5.6 (54.4%)

Znaleziono 134 wynik(ów)