



OCHOTNICA CHALLENGE 20 KM

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Wydarzenie: Gorce Ultra-Trail
Organizator: Fundacja Run Vegan - GUT
Data: 2022-08-05
Miejsce: Ochotnica Dolna
Dystans: 20 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Potok 9km	Wieża Gorc 11.3km	Czas netto 20.8km	Czas brutto 20.8km	Różn	Tempo min/km	Tempo km/h
1	SOBAS Jacek	1348	ON RUN CREW	M 36-45	1	00:00:01	00:49:03	01:06:37	01:50:48.50	01:50:48.50		5:19	11.3
2	ŻUCHOWSKI Daniel	1382	THE BEZ TEAM POLAND	M 18-35	1	00:00:01	00:51:16	01:09:20	01:51:57.60	01:51:57.60	+00:01:09	5:22	11.1
3	KAZUŁA Jakub	1338		M 18-35	2	00:00:01	00:49:38	01:08:21	01:55:49.50	01:55:49.50	+00:05:01	5:34	10.8
4	GOŁĄB Marek	1238	BANDA GRUDNIA	M 36-45	2	00:00:01	00:52:57	01:11:49	01:57:06.80	01:57:06.80	+00:06:18	5:37	10.7
5	BARAN Piotr	1202	TRAIL IS OUR WAY	M 36-45	3	00:00:02	00:54:43	01:14:17	02:00:33.80	02:00:33.80	+00:09:45	5:47	10.4
6	BARTECKI Jakub	1203	NORMA STAL AG	M 18-35	3	00:00:02	00:56:09	01:15:47	02:05:25.80	02:05:25.80	+00:14:37	6:01	10
7	PAPROCKA Urszula	1329	NOWA HUTA TEAM	K 18-35	1	00:00:02	00:58:01	01:18:19	02:06:42.85	02:06:42.85	+00:15:54	6:05	9.9
8	JANDURA Adrian	1251	GRUPA PODHALAŃSKA GOPR	M 18-35	4	00:00:05	00:57:45	01:17:35	02:08:32.00	02:08:32.00	+00:17:43	6:10	9.7
9	MISSALA Magdalena	1309	POWER TRAINING	K 18-35	2	00:00:07	01:00:00	01:20:42	02:08:48.90	02:08:48.90	+00:18:00	6:11	9.7
10	PAŁKA Mariusz	1327	KB PARANTELA	M 36-45	4	00:00:02	01:00:42	01:22:14	02:13:19.75	02:13:19.75	+00:22:31	6:24	9.4
11	RADKO Marcin	1205		M 36-45	5	00:00:05	01:00:55	01:22:47	02:14:55.30	02:14:55.30	+00:24:06	6:29	9.3
12	TARANTA Daniel	1359	B160	M 18-35	5	00:00:03	00:59:07	01:20:38	02:15:17.20	02:15:17.20	+00:24:28	6:30	9.2
13	MIKA Andrzej	1304		M 36-45	6	00:00:02	01:01:43	01:24:08	02:16:17.85	02:16:17.85	+00:25:29	6:33	9.2
14	JANCZEWSKI Marek	1250		M 36-45	7	00:00:05	00:58:35	01:19:03	02:16:55.55	02:16:55.55	+00:26:07	6:34	9.1
15	SAINTEMARIE Arnaod	1387	MARCIN SWERC TEAM	M 36-45	8	00:00:04	01:03:55	01:25:03	02:19:31.65	02:19:31.65	+00:28:43	6:42	8.9
16	WOKAN Marcin	1369		M 36-45	9	00:00:11	01:04:31	01:28:24	02:21:45.90	02:21:45.90	+00:30:57	6:48	8.8
17	DZIEDZIC Witold	1232		M 36-45	10	00:00:01	01:04:11	01:26:14	02:21:53.15	02:21:53.15	+00:31:04	6:49	8.8
18	MAZUR Jan	1300		M 18-35	6	00:00:05	01:04:14	01:26:48	02:21:53.35	02:21:53.35	+00:31:04	6:49	8.8
19	WÓJCIAK Piotr	1370		M 18-35	7	00:00:07	01:02:07	01:24:28	02:22:45.45	02:22:45.45	+00:31:56	6:51	8.7
20	STACHOŃ Radosław	1349		M 18-35	8	00:00:04	01:00:15	01:23:09	02:23:03.50	02:23:03.50	+00:32:15	6:52	8.7
21	SIOŁA Rafał	1344		M 18-35	9	00:00:03	01:08:03	01:30:33	02:23:39.85	02:23:39.85	+00:32:51	6:54	8.7
22	PELA Dariusz	730		M 36-45	11	00:00:03	01:04:35	01:26:51	02:24:22.95	02:24:22.95	+00:33:34	6:56	8.6
23	SULIK Konrad	563		M 36-45	12	00:00:05	01:04:20	01:25:51	02:25:36.00	02:25:36.00	+00:34:47	7:00	8.6
24	FLORYS Jakub	1234	SEAHORSES	M 36-45	13	00:00:04	01:05:31	01:29:59	02:25:55.55	02:25:55.55	+00:35:07	7:00	8.6
25	HASSAK Maciej	1246	GKC GORLICE	M 36-45	14	00:00:03	01:05:36	01:28:35	02:26:00.25	02:26:00.25	+00:35:11	7:01	8.5
26	RUNOVIČ Anton	1342		M 36-45	15	00:00:28	01:07:37	01:31:00	02:28:06.10	02:28:06.10	+00:37:17	7:07	8.4
27	JUDASZ Leszek	1258		M 18-35	10	00:00:11	01:04:17	01:28:10	02:28:22.45	02:28:22.45	+00:37:33	7:07	8.4
28	WYPARŁO Paweł	1374		M 18-35	11	00:00:02	01:09:09	01:34:54	02:29:23.00	02:29:23.00	+00:38:34	7:10	8.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Potok 9km	Wieża	Czas	Czas	Różn	Tempo min/km	Tempo km/h
								Gorc 11.3km	netto 20.8km	brutto 20.8km			
29	DZIADOWIEC Joanna	1391		K 18-35	3	00:00:04	01:06:25	01:31:21	02:30:42.60	02:30:42.60	+00:39:54	7:14	8.3
30	SAWICKI Michał	1393		M 36-45	16	00:00:05	01:04:41	01:27:44	02:31:49.55	02:31:49.55	+00:41:01	7:17	8.2
31	KOMISARCZYK Anna	1264		K 18-35	4	00:00:07		01:30:25	02:32:10.10	02:32:10.10	+00:41:21	7:18	8.2
32	SZPONDER Artur	1357	KBKS RADOMSKO	M 36-45	17	00:00:06	01:08:34	01:33:14	02:32:30.35	02:32:30.35	+00:41:41	7:19	8.2
33	MAZUR Emilusz	1299		M 46-55	1	00:00:14	01:05:27	01:29:14	02:32:30.50	02:32:30.50	+00:41:42	7:19	8.2
34	PLEWA Rafał	1333		M 36-45	18	00:00:06		01:30:05	02:32:53.75	02:32:53.75	+00:42:05	7:21	8.2
35	TIČINOVIĆ Daniel	1360	BŁĘKITNA XVII-TKA	M 18-35	12	00:00:03	01:09:01	01:34:34	02:33:24.00	02:33:24.00	+00:42:35	7:22	8.1
36	TROCKI Marcin	1363		M 18-35	13	00:00:10	01:08:38	01:32:47	02:34:27.65	02:34:27.65	+00:43:39	7:25	8.1
37	ŁUCKA Artur	1290		M 18-35	14	00:00:05	01:09:26	01:33:57	02:34:32.50	02:34:32.50	+00:43:44	7:25	8.1
38	LIGAS Andrzej	1287		M 36-45	19	00:00:03	01:08:58	01:35:16	02:36:30.45	02:36:30.45	+00:45:41	7:31	8
39	KWAK Szymon	1282		M 18-35	15	00:00:13	01:08:12	01:34:50	02:37:01.55	02:37:01.55	+00:46:13	7:32	7.9
40	GURGUL Mateusz	1244	AROMAT NÓG	M 36-45	20	00:00:16	01:11:46	01:37:43	02:37:42.50	02:37:42.50	+00:46:54	7:34	7.9
41	ZAWADA Michał	1377	SPRYTNE WIEWIÓRKI	M 46-55	2	00:00:04	01:10:50	01:37:37	02:37:52.10	02:37:52.10	+00:47:03	7:35	7.9
42	KOWALIŃSKI Wiesław	1269	HUTNIK KRAKÓW	M 36-45	21	00:00:03	01:09:31	01:34:31	02:38:02.25	02:38:02.25	+00:47:13	7:35	7.9
43	TOPORKIEWICZ Bartosz	1362		M 36-45	22	00:00:18	01:09:23	01:33:30	02:38:10.15	02:38:10.15	+00:47:21	7:36	7.9
44	MUCHA Maciej	1310		M 18-35	16	00:00:17	01:03:58	01:25:29	02:39:48.15	02:39:48.15	+00:48:59	7:40	7.8
45	DZIEDZIC Grzegorz	1231		M 36-45	23	00:00:09	01:11:04	01:38:12	02:40:31.25	02:40:31.25	+00:49:42	7:43	7.8
46	KAPŁON Anna	1259	INFINITY-GYM	K 36-45	1	00:00:04	01:10:03	01:35:49	02:40:51.30	02:40:51.30	+00:50:02	7:43	7.8
47	KAPŁON Piotr	1260	PIGAL KING TEAM	M 36-45	24	00:00:05	01:10:09	01:35:44	02:40:52.25	02:40:52.25	+00:50:03	7:44	7.8
48	BIELECKI Tadeusz	1209	UKS SIÓDEMKA RUMIA	M 46-55	3	00:00:23	01:13:22	01:40:08	02:41:39.70	02:41:39.70	+00:50:51	7:46	7.7
49	RAJSKI Rafal	1339	WARTKIE KIYRPE	M 36-45	25	00:00:03	01:04:07	01:26:30	02:42:25.15	02:42:25.15	+00:51:36	7:48	7.7
50	ŚWIĘTACH Piotr	1388	FENIX RUNNING TEAM	M 18-35	17	00:00:14	01:08:51	01:34:02	02:42:49.70	02:42:49.70	+00:52:01	7:49	7.7
51	ZAJĄC Andrzej	1376	GRUPALUKTRANS.PL	M 36-45	26	00:00:07	01:11:50	01:40:46	02:43:50.55	02:43:50.55	+00:53:02	7:52	7.6
52	KOWALSKA Dorota	1270	KB PARANTELA	K 36-45	2	00:00:10	01:14:21	01:41:38	02:43:59.65	02:43:59.65	+00:53:11	7:53	7.6
53	KWAK Marek	1281		M 18-35	18	00:00:13	01:10:44	01:36:42	02:44:07.90	02:44:07.90	+00:53:19	7:53	7.6
54	NOWOROLNIK Piotr	1317	LKS LUBAŃ TYLMANOWA	M 36-45	27	00:00:17	01:15:29	01:40:54	02:45:20.60	02:45:20.60	+00:54:32	7:56	7.5
55	ZLATKOVA Aleksandra	1379		K 18-35	5	00:00:08	01:14:43	01:40:58	02:46:23.20	02:46:23.20	+00:55:34	7:59	7.5
56	WARDA Paweł	1365	MED-SPORT	M 36-45	28	00:00:07	01:12:25	01:39:21	02:46:34.50	02:46:34.50	+00:55:46	8:00	7.5
57	ZWATYKANICZ Martyna	1384	PROJEKT 1000UP	K 36-45	3	00:00:15		01:43:36	02:47:03.55	02:47:03.55	+00:56:15	8:01	7.5
58	LEWCZUK Norbert	1286	BIEGACZE POMAGACZE / EDYTA LEWANDOWSKA TEAM	M 36-45	29	00:00:12	01:14:05	01:41:02	02:47:06.90	02:47:06.90	+00:56:18	8:02	7.5
59	POPŁAWSKI Piotr	1335	PGB SPORTOWA PACZKA	M 36-45	30	00:00:08	01:15:37	01:43:40	02:48:01.20	02:48:01.20	+00:57:12	8:04	7.4
60	KRAKOWSKI Maciej	1392	ZABIEGANI MIELEC	M 18-35	19	00:00:16	01:20:26	01:48:22	02:48:04.25	02:48:04.25	+00:57:15	8:04	7.4
61	KRZAK Wiktor	1274	ENHA SQUAD	M 36-45	31	00:00:04	01:13:38	01:40:50	02:49:38.40	02:49:38.40	+00:58:49	8:09	7.4
62	CURZYDŁO Magdalena	1222	SANOK BIEGA	K 36-45	4	00:00:05	01:16:54	01:44:22	02:50:22.10	02:50:22.10	+00:59:33	8:11	7.3
63	MYJAK Paweł	1311	UKS FENIX	M 36-45	32	00:00:30	01:14:46	01:41:47	02:51:12.35	02:51:12.35	+01:00:23	8:13	7.3
64	PACHUT Krzysztof	1326		M 36-45	33	00:00:10	01:15:57	01:44:31	02:51:25.40	02:51:25.40	+01:00:36	8:14	7.3
65	DUDEK Piotrek	1229		M 18-35	20	00:00:18	01:15:23	01:41:32	02:53:21.70	02:53:21.70	+01:02:33	8:20	7.2
66	PODLEŚ Robert	1334		M 56+	1	00:00:04	01:12:23	01:39:56	02:54:14.15	02:54:14.15	+01:03:25	8:22	7.2
67	BOCHNIAK Maciej	564		M 36-45	34	00:00:11	01:14:25	01:41:04	02:54:33.80	02:54:33.80	+01:03:45	8:23	7.1
68	ZYZIUK Piotr	1380		M 36-45	35	00:00:22	01:14:29	01:41:26	02:54:35.95	02:54:35.95	+01:03:47	8:23	7.1
69	KOWALSKA Monika	1271		K 36-45	5	00:00:20	01:15:08	01:43:49	02:55:08.40	02:55:08.40	+01:04:19	8:25	7.1
70	KONARSKI Paweł	1265		M 18-35	21	00:00:25	01:17:54	01:46:36	02:55:17.85	02:55:17.85	+01:04:29	8:25	7.1
71	ŁUCZYCKA Iwona	1291	SANOK BIEGA/KOZACKI TEAM HŁOMCZA	K 36-45	6	00:00:04		01:49:52	02:55:31.10	02:55:31.10	+01:04:42	8:26	7.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Potok 9km	Wieża Gorc 11.3km	Czas netto 20.8km	Czas brutto 20.8km	Różn	Tempo min/km	Tempo km/h
72	ZADYKOWICZ-DAWIDZIUK Katarzyna	1375	PROJEKT 1000UP	K 36-45	7	00:00:14	01:17:37	01:46:16	02:56:23.15	02:56:23.15	+01:05:34	8:28	7.1
73	STRZELCZYK Mariusz	1351	PROJEKT 1000UP	M 36-45	36	00:00:13	01:17:39	01:46:02	02:56:23.25	02:56:23.25	+01:05:34	8:28	7.1
74	NIELEPIEC Artur	1314		M 36-45	37	00:00:19	01:12:28	01:38:35	02:56:58.00	02:56:58.00	+01:06:09	8:30	7.1
75	BOGUSZ Tomasz	1211	PROGRAMISTAWRUCHU	M 36-45	38	00:00:33	01:17:06	01:45:09	02:57:59.55	02:57:59.55	+01:07:11	8:33	7
76	DUTKOWIAK Aleksandra	1230	PIĄTKOWO NA BIEGOWO	K 36-45	8	00:00:09	01:19:01	01:48:55	02:59:06.60	02:59:06.60	+01:08:18	8:36	7
77	OBRZUT Tomasz	1318		M 18-35	22	00:00:15	01:15:40	01:44:17	02:59:07.20	02:59:07.20	+01:08:18	8:36	7
78	KORYCIŃSKI Adam	1266		M 18-35	23	00:00:12	01:18:12	01:48:33	03:00:02.10	03:00:02.10	+01:09:13	8:39	6.9
79	DENYSENKO Lech	1225	BDB KATOWCE	M 56+	2	00:00:31	01:19:23	01:47:33	03:00:02.75	03:00:02.75	+01:09:14	8:39	6.9
80	JĘZYK Marek	1257	KS KORONA KRAKÓW	M 18-35	24	00:00:07	01:16:18	01:45:47	03:00:12.30	03:00:12.30	+01:09:23	8:39	6.9
81	CZAYKOWSKI Wojciech	1223	MAMY TO / GRUPA DRUHA BORUCHA	M 36-45	39	00:00:05	01:16:07	01:46:29	03:00:37.90	03:00:37.90	+01:09:49	8:41	6.9
82	SUSZYŃSKA Urszula	1353		K 18-35	6	00:00:14	01:24:27	01:54:35	03:00:49.60	03:00:49.60	+01:10:01	8:41	6.9
83	MATUŁA Natalia	1298	TRIO	K 18-35	7	00:00:04	01:20:11	01:49:54	03:01:14.25	03:01:14.25	+01:10:25	8:42	6.9
84	BORK Łukasz	1212	GRUPA DRUHA BORUCHA	M 36-45	40	00:00:08	01:18:20	01:49:10	03:01:17.60	03:01:17.60	+01:10:29	8:42	6.9
85	CHLIPALA Ewelina	1218		K 18-35	8	00:00:11	01:21:03	01:50:56	03:01:50.80	03:01:50.80	+01:11:02	8:44	6.9
86	KULAK-OKÓLSKA Nina	1280	KAY-MAX	K 36-45	9	00:00:20	01:22:02	01:50:05	03:03:05.05	03:03:05.05	+01:12:16	8:48	6.8
87	KUCZYŃSKI Grzegorz	1278	BIALYSTOK BIEGA TEAM	M 46-55	4	00:00:20	01:20:29	01:50:48	03:04:47.10	03:04:47.10	+01:13:58	8:53	6.8
88	OKÓLSKI Paweł	1321	KAY-MAX	M 36-45	41	00:00:21	01:19:57	01:48:00	03:05:27.35	03:05:27.35	+01:14:38	8:54	6.7
89	GÓRSKI Jakub	1240		M 36-45	42	00:00:12	01:19:28	01:47:18	03:05:36.55	03:05:36.55	+01:14:48	8:55	6.7
90	KULA Piotr	1279	PRZEBIEGŁY ANALITYK	M 46-55	5	00:00:08	01:18:08	01:47:23	03:06:13.50	03:06:13.50	+01:15:25	8:57	6.7
91	FRONK Grzegorz	1236		M 18-35	25	00:00:23	01:20:05	01:50:32	03:06:43.35	03:06:43.35	+01:15:54	8:58	6.7
92	HORODECKI Łukasz	1247		M 36-45	43	00:00:15	01:21:08	01:51:04	03:06:55.60	03:06:55.60	+01:16:07	8:59	6.7
93	PARTYKA Gabriel	1330		M 18-35	26	00:00:19	01:17:18	01:46:08	03:07:13.60	03:07:13.60	+01:16:25	9:00	6.7
94	CZERWIEC Jola	1224		K 36-45	10	00:00:05	01:18:58	01:49:49	03:07:32.75	03:07:32.75	+01:16:44	9:00	6.7
95	APANOWICZ Angelika	1385		K 46-55	1	00:00:11	01:22:24	01:51:45	03:07:42.55	03:07:42.55	+01:16:54	9:01	6.6
96	FETSOVA Katia	1008		K 36-45	11	00:00:11	01:22:11	01:50:29	03:07:42.60	03:07:42.60	+01:16:54	9:01	6.6
97	ZIOMBKA Kuba	1378		M 36-45	44	00:00:07	01:17:32	01:48:29	03:07:51.35	03:07:51.35	+01:17:02	9:01	6.6
98	BERNAKIEWICZ Aleksandra	1208		K 18-35	9	00:00:13	01:23:14	01:54:01	03:08:59.80	03:08:59.80	+01:18:11	9:05	6.6
99	WRÓBLEWSKA Olga	1372	VEGE RUNNERS	K 46-55	2	00:00:12	01:25:57	01:58:00	03:09:22.10	03:09:22.10	+01:18:33	9:06	6.6
100	LISIAK Mateusz	1289	LONŻA TEAM	M 18-35	27	00:00:24	01:23:19	01:54:49	03:10:22.15	03:10:22.15	+01:19:33	9:09	6.6
101	BEM Jakub	1207	NOWA HUTA TEAM	M 18-35	28	00:00:24	01:23:23	01:54:40	03:10:25.85	03:10:25.85	+01:19:37	9:09	6.6
102	PAŁKA Ewa	1328	KB PARANTELA	K 46-55	3	00:00:10	01:24:51	01:55:46	03:10:57.20	03:10:57.20	+01:20:08	9:10	6.5
103	DROBOT Piotr	1228	NA PRZEKÓR	M 46-55	6	00:00:32	01:18:29	01:46:42	03:11:03.45	03:11:03.45	+01:20:14	9:11	6.5
104	NIEMIEC-DRWIĘGA Bernadeta	1315		K 36-45	12	00:00:31	01:18:25	01:46:39	03:11:03.75	03:11:03.75	+01:20:15	9:11	6.5
105	BOROWSKA Teresa	1213		K 46-55	4	00:00:14	01:24:47	01:55:50	03:11:21.95	03:11:21.95	+01:20:33	9:11	6.5
106	BARTOSIK Marcin	1204	WOJCIECHPIETKATRaining	M 18-35	29	00:00:26	01:22:37	01:55:39	03:12:04.75	03:12:04.75	+01:21:16	9:14	6.5
107	KAŻMIERCZAK Adrian	1263		M 18-35	30	00:00:11	01:17:44	01:46:33	03:12:25.00	03:12:25.00	+01:21:36	9:15	6.5
108	OLSZAK Kuba	1324		M 18-35	31	00:00:18	01:20:54	01:49:57	03:13:11.30	03:13:11.30	+01:22:22	9:17	6.5
109	MYŚLICKA Natalia	1312		K 18-35	10	00:00:16	01:20:59	01:50:01	03:13:11.50	03:13:11.50	+01:22:23	9:17	6.5
110	SIPIERA Tomasz	1345		M 46-55	7	00:00:07	01:22:29	01:53:56	03:13:15.35	03:13:15.35	+01:22:26	9:17	6.5
111	BRZozowska Teresa	1214	KB MCKIS JAWORZNO	K 46-55	5	00:00:27	01:25:22	01:56:52	03:13:28.35	03:13:28.35	+01:22:39	9:18	6.5
112	BAKUN Jolanta	1201		K 46-55	6	00:00:09	01:24:38	01:54:56	03:13:35.25	03:13:35.25	+01:22:46	9:18	6.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start		Wieża	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						0.001km	Potok 9km	Gorc 11.3km	netto 20.8km	brutto 20.8km			
113	BAKUN Mariusz	1200	CHEŁM	M 46-55	8	00:00:09	01:24:29	01:55:00	03:13:35.70	03:13:35.70	+01:22:47	9:18	6.4
114	BEDNARSKA Beata	1206		K 36-45	13	00:00:13	01:25:20	01:57:00	03:15:00.35	03:15:00.35	+01:24:11	9:22	6.4
115	MALIK Szymon	1296		M 46-55	9	00:00:13	01:25:28	01:57:09	03:15:06.30	03:15:06.30	+01:24:17	9:22	6.4
116	PUCHAŁA Mariusz	1337		M 46-55	10	00:00:02	01:15:20	01:46:26	03:16:20.90	03:16:20.90	+01:25:32	9:26	6.4
117	SMYCZYŃSKI Tomasz	1347	GRUPA DRUHA BORUCHA	M 36-45	45	00:00:07	01:18:17	01:49:08	03:16:24.90	03:16:24.90	+01:25:36	9:26	6.4
118	MELZER Hanna	1301		K 46-55	7	00:00:25	01:24:19	01:54:08	03:17:26.40	03:17:26.40	+01:26:37	9:29	6.3
119	MELZER Arkadiusz	1302		M 46-55	11	00:00:26	01:24:11	01:52:53	03:17:26.45	03:17:26.45	+01:26:37	9:29	6.3
120	OLEKSY Łukasz	1322		M 18-35	32	00:00:14	01:22:07	01:52:49	03:19:18.70	03:19:18.70	+01:28:30	9:34	6.3
121	RUSNARCZYK Kinga	1548		K 36-45	14	00:00:09	01:26:08	01:59:36	03:19:42.35	03:19:42.35	+01:28:53	9:36	6.2
122	MAKOS Adam	1295	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	M 46-55	12	00:00:18	01:20:19	01:50:51	03:20:27.30	03:20:27.30	+01:29:38	9:38	6.2
123	KARCZ Joanna	1261	BĘDUSKA BRYGADA BIEGOWA	K 36-45	15	00:00:27	01:27:25	02:00:49	03:20:29.55	03:20:29.55	+01:29:41	9:38	6.2
124	PIĘTKA Wojciech	1332		M 18-35	33	00:00:27	01:26:04	01:58:37	03:20:36.95	03:20:36.95	+01:29:48	9:38	6.2
125	OKÓLSKA Aneta	1320	KAY-MAX	K 46-55	8	00:00:22	01:27:38	02:00:53	03:20:46.60	03:20:46.60	+01:29:58	9:39	6.2
126	RAMUS-BLACHUTA Katarzyna	1340		K 36-45	16	00:00:06	01:23:27	01:54:05	03:21:34.55	03:21:34.55	+01:30:46	9:41	6.2
127	BŁASZCZYK Tomek	1210		M 36-45	46	00:00:09	01:22:58	01:57:55	03:24:08.90	03:24:08.90	+01:33:20	9:48	6.1
128	JASIŃSKA Marzena	1252	PIECHOTĄ PO SCHODACH	K 18-35	11	00:00:23	01:29:48	02:02:35	03:24:11.95	03:24:11.95	+01:33:23	9:48	6.1
129	JASIŃSKI Daniel	1253	PIECHOTĄ PO SCHODACH	M 36-45	47	00:00:24	01:29:53	02:02:38	03:24:12.00	03:24:12.00	+01:33:23	9:49	6.1
130	USNACHT Roksana	1364		K 18-35	12	00:00:22	01:07:00	02:03:42	03:25:13.60	03:25:13.60	+01:34:25	9:51	6.1
131	OLSCHIMKE-MARMUROWICZ Barbara	1323		K 46-55	9	00:00:28		02:00:00	03:25:24.10	03:25:24.10	+01:34:35	9:52	6.1
132	CHORYBIŃSKI Krystian	562		M 36-45	48	00:00:25	01:27:44	02:02:32	03:25:58.10	03:25:58.10	+01:35:09	9:54	6.1
133	CHORBIŃSKA Paulina	1219		K 18-35	13	00:00:26	01:27:34	02:02:27	03:25:58.15	03:25:58.15	+01:35:09	9:54	6.1
134	GAJEWSKA-BROŻYNA Katarzyna	1386	KLUB BIEGACZA WARTA	K 36-45	17	00:00:10	01:30:35	02:03:38	03:26:12.60	03:26:12.60	+01:35:24	9:54	6.1
135	GRYGORUK Marek	1243	VEGE RUNNERS	M 46-55	13	00:00:29	01:34:13	02:09:24	03:27:16.10	03:27:16.10	+01:36:27	9:57	6
136	DORSZ Beata	1227		K 46-55	10	00:00:17	01:32:16	02:06:17	03:27:28.80	03:27:28.80	+01:36:40	9:58	6
137	KROMER Ludwik	1273		M 56+	3	00:00:18	01:31:55	02:06:12	03:27:29.15	03:27:29.15	+01:36:40	9:58	6
138	JĘZYK Bartłomiej	1256		M 36-45	49	00:00:11	01:26:00	01:59:21	03:29:31.55	03:29:31.55	+01:38:43	10:04	6
139	BUGAJCZYK Cezary	1390		M 36-45	50	00:00:18	01:21:32	01:52:41	03:29:44.00	03:29:44.00	+01:38:55	10:05	6
140	SICZEK Kamil	1343	BIEGOWA RODZINA	M 36-45	51	00:00:22	01:25:17	01:56:42	03:32:23.80	03:32:23.80	+01:41:35	10:12	5.9
141	SMĘTKOWSKA Anna	1346	BIEGOWA RODZINA	K 18-35	14	00:00:22	01:25:13	01:56:48	03:32:34.20	03:32:34.20	+01:41:45	10:13	5.9
142	GRABARSKA Lidia	1241		K 36-45	18	00:00:18	01:33:47	02:10:07	03:37:30.90	03:37:30.90	+01:46:42	10:27	5.7
143	SAJEWICZ Magda	1383	ULTRA WAY	K 36-45	19	00:00:28	01:34:05	02:07:43	03:43:34.30	03:43:34.30	+01:52:45	10:44	5.6
144	LENARCZYK Katarzyna	1285		K 46-55	11	00:00:06	01:34:37	02:10:45	03:45:32.05	03:45:32.05	+01:54:43	10:50	5.5
145	SUDER Grzegorz	1352		M 36-45	52	00:00:35	01:32:05	02:08:35	03:45:35.40	03:45:35.40	+01:54:46	10:50	5.5
146	STANIASZEK Damian	1350	DASTAN RUNNING TEAM	M 36-45	53	00:00:15	01:37:11	02:12:16	03:46:17.55	03:46:17.55	+01:55:29	10:52	5.5
147	MILCZAREK Marta	1306		K 18-35	15	00:00:32	01:38:41	02:14:38	03:46:25.20	03:46:25.20	+01:55:36	10:53	5.5
148	ŻAK Oliwia	1381		K 36-45	20	00:00:21	01:30:46	02:04:52	03:46:46.75	03:46:46.75	+01:55:58	10:54	5.5
149	TOMASZUK Ewelina	1361	NASTĘPNY KROK TEAM	K 18-35	16	00:00:19	01:36:13	02:12:01	03:48:27.00	03:48:27.00	+01:57:38	10:58	5.5
150	CIALOWICZ Tomasz	1221	CENTRUM SZKOLENIA SPECJALNEGO BLACK	M 36-45	54	00:00:23	01:26:55	01:58:27	03:50:10.65	03:50:10.65	+01:59:22	11:03	5.4
151	FALKIEWICZ Jacek	1233	CENTRUM SZKOLENIA SPECJALNEGO BLACK	M 36-45	55	00:00:24	01:27:12	01:59:49	03:50:11.30	03:50:11.30	+01:59:22	11:03	5.4
152	CEPIELIK Karolina	1217	BBL KROSNO ODRZAŃSKIE	K 36-45	21	00:00:27	01:31:45	02:09:03	03:52:30.05	03:52:30.05	+02:01:41	11:10	5.4
153	PIECYK Ada	1331		K 46-55	12	00:00:16	01:32:01	02:09:11	03:53:05.60	03:53:05.60	+02:02:17	11:12	5.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.001km	Potok 9km	Wieża Gorc 11.3km	Czas netto 20.8km	Czas brutto 20.8km	Różn	Tempo min/km	Tempo km/h
154	MAKARA Dorota	1294	MAMY TO	K 46-55	13	00:00:06	01:46:54	02:22:29	03:53:20.35	03:53:20.35	+02:02:31	11:13	5.3
155	GASIK Wioletta	1237	SŁOŃCA JURY	K 36-45	22	00:00:20	01:38:25	02:14:31	03:56:12.25	03:56:12.25	+02:05:23	11:21	5.3
156	JABŁOŃSKA Dominika	1248		K 36-45	23	00:00:21		01:54:37	04:00:33.95	04:00:33.95	+02:09:45	11:33	5.2
157	PTAK Ewa	1336	KLUB BIEGACZA WARTA	K 36-45	24	00:00:09	01:41:13	02:16:28	04:01:20.70	04:01:20.70	+02:10:32	11:36	5.2
158	KRAJEWSKA-KŁODA Katarzyna	1272	DRUŻYNA SZPIKU	K 46-55	14	00:00:33	01:49:16	02:26:03	04:02:39.40	04:02:39.40	+02:11:50	11:39	5.1
159	OSZCZĘDA Marzena	1325		K 46-55	15	00:00:16	01:48:03	02:25:17	04:14:06.55	04:14:06.55	+02:23:18	12:12	4.9
160	HAŁACZKIEWICZ Emilia	1245	KLUB BIEGACZA WARTA	K 36-45	25	00:00:08	01:50:53	02:30:57	04:23:12.50	04:23:12.50	+02:32:24	12:39	4.7
161	SUWALD Andrzej	1354	JACEKBIEGA RUNNING TEAM	M 56+	4	00:00:35	01:47:20	02:23:34	04:23:55.15	04:23:55.15	+02:33:06	12:41	4.7
162	MIĘTKA Krzysztof	1303		M 46-55	14	00:00:34	01:52:29	02:31:15	04:23:55.65	04:23:55.65	+02:33:07	12:41	4.7
163	KOCHMAN Iwona	1389	VEGE RUNNERS	K 56+	1	00:00:15	01:58:33	02:36:11	04:26:40.20	04:26:40.20	+02:35:51	12:49	4.7
164	NITECKA Patrycja	1316		K 18-35	17	00:00:21	01:54:53	02:37:49	04:38:26.65	04:38:26.65	+02:47:38	13:23	4.5
165	MARMUROWICZ Krystian	1297	WODOCIĄGI BIEGAJĄ	M 46-55	15	00:00:29	01:55:14	02:35:24	04:39:27.70	04:39:27.70	+02:48:39	13:26	4.5
166	REGUŁA Piotr	1341		M 46-55	16	00:00:29	01:56:05	02:35:01	04:39:27.85	04:39:27.85	+02:48:39	13:26	4.5
167	BRZOZOWSKI Piotr	1215		M 46-55	17	00:00:29	02:00:01	02:40:09	04:45:18.40	04:45:18.40	+02:54:29	13:42	4.4
Przekroczony limit czasu: 05:00:00													
168	KWIATKOWSKA Tatiana	1284	KOWALE BIEGAJĄ	K 18-35	18	00:00:30	02:13:02	02:53:30	05:05:39.50	05:05:39.50	+03:14:51	14:41	4.1
169	KWIATKOWSKA Alicja	1283	KOWALE BIEGAJĄ	K 36-45	26	00:00:31	02:13:06	02:54:53	05:16:43.45	05:16:43.45	+03:25:54	15:13	3.9
170	DOBOSZ-CHUDA Joanna	1226	PRESTIGE CONSULTING	K 46-55	16	00:00:31	02:12:54	02:55:20	05:21:59.85	05:21:59.85	+03:31:11	15:28	3.9
171	CHUDA Zofia	1220	PRESTIGE CONSULTING	K 18-35	19	00:00:31	02:12:59	02:57:08	05:22:00.65	05:22:00.65	+03:31:12	15:28	3.9

Znaleziono 171 wynik(ów)