

OCHOTNICA CHALLENGE 20 KM

B4SPORT

Wydarzenie: Gorce Ultra-Trail
Organizator: Fundacja Run Vegan - GUT
Data: 2018-08-12
Miejsce: Gorce
Dystans: 20 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
1	MAREK Dariusz	838	ALPIN SPORT	M 33-44	1	01:26:55.10	01:26:57.00		4:20	13.8 (100%)
2	NOWOCIN Radosław	740		M 32	1	01:31:51.00	01:31:53.00	+00:04:56 (5.4%)	4:35	13.1 (94.9%)
3	UZNAŃSKI Piotr	804	EUROCLEAR RUNNING TEAM	M 32	2	01:32:46.75	01:32:46.75	+00:05:49 (6.3%)	4:38	12.9 (93.5%)
4	BELOWSKI Mateusz	857		M 32	3	01:33:52.40	01:33:54.30	+00:06:57 (7.4%)	4:41	12.8 (92.8%)
5	GUROŚ Dawid	852		M 33-44	2	01:39:49.25	01:39:50.60	+00:12:53 (12.9%)	4:59	12 (87.0%)
6	APPLETON Sam	604	WINCHESTER & DISTRICT AC	M 32	4	01:39:55.00	01:39:59.55	+00:13:02 (13.0%)	4:59	12 (87.0%)
7	TOKARZ Andrzej	862		M 33-44	3	01:40:34.60	01:40:36.95	+00:13:39 (13.6%)	5:01	11.9 (86.2%)
8	KOSTELA Piotr	695		M 32	5	01:40:56.80	01:40:59.35	+00:14:02 (13.9%)	5:02	11.9 (86.2%)
9	FORMELA Łukasz	651		M 33-44	4	01:46:17.50	01:46:21.00	+00:19:24 (18.2%)	5:18	11.3 (81.9%)
10	KOWALCZYK Tomasz	696		M 33-44	5	01:48:40.45	01:48:48.05	+00:21:51 (20.1%)	5:26	11 (79.7%)
11	KUREK Jacek	703	ŚWIETLIKOWO	M 45+	1	01:50:01.00	01:50:06.00	+00:23:09 (21.0%)	5:30	10.9 (79.0%)
12	BIRCH-MACHIN Samuel	615	BARTS AND THE LONDON RUNNING CLUB	M 32	6	01:50:34.00	01:50:38.40	+00:23:41 (21.4%)	5:31	10.9 (79.0%)
13	MIKA Andrzej	730		M 33-44	6	01:51:30.10	01:51:32.80	+00:24:35 (22.1%)	5:34	10.8 (78.3%)
14	CAŁKA Bartłomiej	619	NATIONALE NEDERLANDEN	M 33-44	7	01:51:34.25	01:51:38.00	+00:24:41 (22.1%)	5:34	10.8 (78.3%)
15	KOZA Jan	698	LOKOMOTIV MAJDAN	M 32	7	01:51:36.70	01:51:40.15	+00:24:43 (22.1%)	5:34	10.8 (78.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
16	DZIEDZIC Witold	644	SEKCJA BIEGOWA OKRĘGOWEJ IZBY RADCÓW PRAWNYCH W RZESZOWIE	M 33-44	8	01:51:43.10	01:51:46.65	+00:24:49 (22.2%)	5:35	10.7 (77.5%)
17	SZLACHTOWSKI Andrzej	790		M 45+	2	01:52:07.30	01:52:09.50	+00:25:12 (22.5%)	5:36	10.7 (77.5%)
18	MÜLDNER Rafał	735	PGB SPORTOWA PACZKA	M 33-44	9	01:52:43.40	01:53:01.85	+00:26:04 (23.1%)	5:38	10.6 (76.8%)
19	BIELA Łukasz	614	GÓRSKI STYL TEAM	M 32	8	01:53:03.90	01:53:10.70	+00:26:13 (23.2%)	5:39	10.6 (76.8%)
20	ŚCIESZKA Wojciech	792	13 ELT KRAKÓW - BALICE	M 45+	3	01:53:09.70	01:53:12.60	+00:26:15 (23.2%)	5:39	10.6 (76.8%)
21	DĄBROWICZ Jakub	634		M 33-44	10	01:53:17.80	01:53:20.00	+00:26:23 (23.3%)	5:39	10.6 (76.8%)
22	FRANCUZ Konrad	652	VEGE RUNNERS	M 45+	4	01:54:32.45	01:54:35.05	+00:27:38 (24.1%)	5:43	10.5 (76.1%)
23	ZAWIŁO Bartłomiej	822	NOWA HUTA TEAM	M 32	9	01:56:17.30	01:56:23.70	+00:29:26 (25.3%)	5:48	10.3 (74.6%)
24	ŻYŁA Sebastian	835	SCI GÓRSCY ENTUZJAŚCI	M 32	10	01:56:51.80	01:56:54.35	+00:29:57 (25.6%)	5:50	10.3 (74.6%)
25	ALEKSANDER Szczepaniak	600	JULKATEAM STARY SĄCZ	M 33-44	11	01:56:53.90	01:57:05.30	+00:30:08 (25.7%)	5:50	10.3 (74.6%)
26	ZIGNANI Nicola	830	DINAMO SPORT BELLARIA IGEA MARINA	M 33-44	12	01:58:21.90	01:58:25.05	+00:31:28 (26.6%)	5:55	10.1 (73.2%)
27	BARTOSZ Marek	608		M 33-44	13	01:58:42.35	01:58:48.85	+00:31:51 (26.8%)	5:56	10.1 (73.2%)
28	CYRKLER Rafał	627	ALA TEAM	M 33-44	14	01:59:58.30	02:00:03.05	+00:33:06 (27.6%)	5:59	10 (72.5%)
29	MIZERA Krzysztof	733		M 33-44	15	02:00:44.35	02:00:53.80	+00:33:56 (28.1%)	6:02	9.9 (71.7%)
30	FLORYS Jakub	649	MORSKI KOŃ	M 33-44	16	02:00:50.40	02:00:59.80	+00:34:02 (28.1%)	6:02	9.9 (71.7%)
31	CHLIPAŁA Paweł	622		M 32	11	02:01:36.05	02:01:40.60	+00:34:43 (28.5%)	6:04	9.9 (71.7%)
32	CHMIEL Przemysław	863	ALBATROSY	M 33-44	17	02:01:54.25	02:01:58.45	+00:35:01 (28.7%)	6:05	9.8 (71.0%)
33	DZIEDZIC Krzysztof	642		M 33-44	18	02:02:15.95	02:02:21.85	+00:35:24 (28.9%)	6:06	9.8 (71.0%)
34	SZCZEPANIAK Sławomir	787		M 33-44	19	02:06:37.95	02:06:50.85	+00:39:53 (31.5%)	6:19	9.5 (68.8%)
35	PLATA Piotr	750	JULKATEAM STARY SĄCZ	M 33-44	20	02:07:10.00	02:07:21.40	+00:40:24 (31.7%)	6:21	9.4 (68.1%)
36	JASIURKOWSKI Daniel	672	IGEKA	M 33-44	21	02:07:07.05	02:07:24.25	+00:40:27 (31.8%)	6:21	9.4 (68.1%)
37	DUCZYŃSKI Maciej	637	VEGE RUNNERS	M 32	12	02:07:22.70	02:07:26.90	+00:40:29 (31.8%)	6:22	9.4 (68.1%)
38	BOHDANOWICZ Krystian	228	RAZEM TRENUJEMY SPORT	M 33-44	22	02:07:46.80	02:07:53.50	+00:40:56 (32.0%)	6:23	9.4 (68.1%)

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39	SKORUPKA Leszek	777	M3 SIEDLCE	M 33-44	23	02:07:53.95	02:07:58.30	+00:41:01 (32.1%)	6:23	9.4 (68.1%)
40	SZLACHTOWSKI Łukasz	789	GOPR PODHALE	M 32	13	02:08:25.50	02:08:28.05	+00:41:31 (32.3%)	6:25	9.3 (67.4%)
41	JAKUBOWSKI Piotr	669		M 32	14	02:08:24.15	02:08:34.20	+00:41:37 (32.4%)	6:25	9.3 (67.4%)
42	HANARZ Jacek	837		M 33-44	24	02:08:19.85	02:08:34.30	+00:41:37 (32.4%)	6:25	9.4 (68.1%)
43	KOTLARZ Dawid	836	KS LIMANOWA FORREST	M 32	15	02:08:58.70	02:09:03.55	+00:42:06 (32.6%)	6:26	9.3 (67.4%)
44	KAPAON Andrzej	679	CAZZO CLUB RUNNING TEAM	M 32	16	02:09:05.00	02:09:10.00	+00:42:13 (32.7%)	6:27	9.3 (67.4%)
45	FARON Marcin	646	RUN_OCHOTNICA	M 32	17	02:09:15.10	02:09:18.25	+00:42:21 (32.8%)	6:27	9.3 (67.4%)
46	LESIEWICZ Jarosław	709		M 45+	5	02:09:21.95	02:09:32.55	+00:42:35 (32.9%)	6:28	9.3 (67.4%)
47	GOC Paweł	859		M 33-44	25	02:10:03.55	02:10:12.80	+00:43:15 (33.2%)	6:30	9.2 (66.7%)
48	ŚWIĄDER Andrzej	794		M 33-44	26	02:10:18.85	02:10:27.05	+00:43:30 (33.3%)	6:30	9.2 (66.7%)
49	CZYCZ Mateusz	632	HUSARIA RACE TEAM	M 32	18	02:10:32.80	02:10:40.85	+00:43:43 (33.5%)	6:31	9.2 (66.7%)
50	CEMPEL Piotr	621	-	M 33-44	27	02:10:31.70	02:10:47.75	+00:43:50 (33.5%)	6:31	9.2 (66.7%)
51	BRZESKI Szczepan	617		M 33-44	28	02:10:49.50	02:11:00.80	+00:44:03 (33.6%)	6:32	9.2 (66.7%)
52	BEM Jakub	611	NOWA HUTA TEAM	M 32	19	02:11:24.40	02:11:30.65	+00:44:33 (33.9%)	6:34	9.1 (65.9%)
53	ZAWADA Michał	821		M 33-44	29	02:11:20.25	02:11:36.55	+00:44:39 (33.9%)	6:34	9.1 (65.9%)
54	BERTINO Francesco	612	CAZZO CLUB RUNNING TEAM	M 32	20	02:12:02.35	02:12:08.45	+00:45:11 (34.2%)	6:36	9.1 (65.9%)
55	IWAŃSKI Bogusław	667		M 33-44	30	02:12:03.40	02:12:16.10	+00:45:19 (34.3%)	6:36	9.1 (65.9%)
56	ZYGMUNT Paweł	832		M 45+	6	02:13:16.55	02:13:25.20	+00:46:28 (34.8%)	6:39	9 (65.2%)
57	POLAK Andrzej	756	KW KRAKÓW	M 33-44	31	02:13:25.95	02:13:41.10	+00:46:44 (35.0%)	6:40	9 (65.2%)
58	JURCZAK Kacper	674		M 32	21	02:13:49.45	02:13:55.45	+00:46:58 (35.1%)	6:41	9 (65.2%)
59	KOŁAKOWSKI Bartosz	691	CAZZO CLUB RUNNING TEAM	M 32	22	02:14:40.10	02:14:40.10	+00:47:43 (35.4%)	6:44	8.9 (64.5%)
60	ZIELAK Dariusz	825		M 33-44	32	02:14:33.15	02:14:40.40	+00:47:43 (35.4%)	6:43	8.9 (64.5%)
61	ANDRZEJEWSKI Tomasz	601		M 33-44	33	02:14:37.70	02:14:47.40	+00:47:50 (35.5%)	6:43	8.9 (64.5%)

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62	WÓJCICKI Tomasz	814	ITMBW KRAKÓW	M 32	23	02:14:43.10	02:14:48.15	+00:47:51 (35.5%)	6:44	8.9 (64.5%)
63	URBAŃSKI Mariusz	803		M 33-44	34	02:14:39.40	02:14:50.20	+00:47:53 (35.5%)	6:44	8.9 (64.5%)
64	WULCZYŃSKI Rafał	817		M 33-44	35	02:14:43.35	02:14:54.15	+00:47:57 (35.5%)	6:44	8.9 (64.5%)
65	LEŚNIEWSKI Andrzej	711	FOR RUN TEAM	M 33-44	36	02:14:56.80	02:15:15.85	+00:48:18 (35.7%)	6:44	8.9 (64.5%)
66	ANTOLAK Maciej	602	NOWY TARG RUNNERS/NOWOTARSKI KLUB KOLARSKI	M 33-44	37	02:15:16.10	02:15:18.30	+00:48:21 (35.7%)	6:45	8.9 (64.5%)
67	GWÓŹDŹ Michał	866	CZELADŹ BIEGA	M 33-44	38	02:16:19.60	02:16:28.05	+00:49:31 (36.3%)	6:49	8.8 (63.8%)
68	KAPŁKA Adrian	678	NATALIA TOMASIAK GÓRSKI STYL	M 33-44	39	02:19:29.85	02:19:36.65	+00:52:39 (37.7%)	6:58	8.6 (62.3%)
69	MAŚLANKIEWICZ Bartłomiej	727	PRZYSTAŃ LEŚNIOW	M 32	24	02:19:25.20	02:19:41.05	+00:52:44 (37.8%)	6:58	8.6 (62.3%)
70	SAJDA Igor	769		M 32	25	02:20:19.30	02:20:22.55	+00:53:25 (38.1%)	7:00	8.6 (62.3%)
71	WASZAK Łukasz	808		M 32	26	02:21:59.15	02:22:02.65	+00:55:05 (38.8%)	7:05	8.5 (61.6%)
72	PUTAJ Rafał	759	PGB SPORTOWA PACZKA	M 33-44	40	02:21:45.50	02:22:11.95	+00:55:14 (38.9%)	7:05	8.5 (61.6%)
73	CHODKOWSKI Krzysztof	623		M 33-44	41	02:24:03.95	02:24:08.45	+00:57:11 (39.7%)	7:12	8.3 (60.1%)
74	ŁOPATOWSKI Michał	716	KANAPOWI PIWOSZE KRAKÓW	M 32	27	02:24:11.05	02:24:15.15	+00:57:18 (39.7%)	7:12	8.3 (60.1%)
75	ŁOPATOWSKI Tomasz	717	ZAKWAS RUNNING TEAM KRAKÓW	M 32	28	02:24:11.10	02:24:15.45	+00:57:18 (39.7%)	7:12	8.3 (60.1%)
76	ZIELIŃSKI Grzegorz	829		M 33-44	42	02:24:07.15	02:24:24.35	+00:57:27 (39.8%)	7:12	8.3 (60.1%)
77	SMOLIŃSKI Marcin	779		M 32	29	02:24:26.90	02:24:33.20	+00:57:36 (39.8%)	7:13	8.3 (60.1%)
78	BABICZ Grzegorz	605		M 33-44	43	02:25:54.50	02:26:02.95	+00:59:05 (40.5%)	7:17	8.2 (59.4%)
79	MATEJAK Filip	851	WTS DESKI	M 32	30	02:26:05.85	02:26:12.05	+00:59:15 (40.5%)	7:18	8.2 (59.4%)
80	TRZASKOWSKI Cezary	798		M 32	31	02:26:06.90	02:26:12.85	+00:59:15 (40.5%)	7:18	8.2 (59.4%)
81	GADOMSKI Bartosz	656	CAZZO CLUB RUNNING TEAM	M 32	32	02:26:09.90	02:26:16.50	+00:59:19 (40.6%)	7:18	8.2 (59.4%)
82	FORJASZ Przemysław	650		M 33-44	44	02:26:17.90	02:26:30.30	+00:59:33 (40.7%)	7:18	8.2 (59.4%)
83	PIWOŃSKI Adam	855		M 33-44	45	02:26:20.10	02:26:34.25	+00:59:37 (40.7%)	7:19	8.2 (59.4%)
84	GÓRSKI Rafał	849		M 33-44	46	02:27:56.15	02:28:20.55	+01:01:23 (41.4%)	7:23	8.1 (58.7%)

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85	POCHWAŁA Maciej	753		M 32	33	02:28:37.50	02:28:59.80	+01:02:02 (41.6%)	7:25	8.1 (58.7%)
86	PATEREK Grzegorz	746	WKURW_TEAM	M 33-44	47	02:28:56.15	02:29:03.75	+01:02:06 (41.7%)	7:26	8.1 (58.7%)
87	RUSNARCZYK Wojciech	765	ZDROWIE	M 33-44	48	02:29:11.20	02:29:13.10	+01:02:16 (41.7%)	7:27	8 (58.0%)
88	LANGOWSKI Roman	707	VADAIN RUNNING CLUB	M 33-44	49	02:28:59.55	02:29:27.95	+01:02:30 (41.8%)	7:26	8.1 (58.7%)
89	FALKOWSKI Piotr	888	KS PEGAZ PIASECZNO	M 45+	7	02:30:44.10	02:30:44.10	+01:03:47 (42.3%)	7:32	8 (58.0%)
90	KERZKOWSKI Marcin	858	BIAŁOSTOCKA SEKTA BIEGOWA	M 33-44	50	02:30:50.90	02:31:00.20	+01:04:03 (42.4%)	7:32	8 (58.0%)
91	GAJDA Piotr	657	ORANGE POLSKA	M 45+	8	02:30:57.10	02:31:10.35	+01:04:13 (42.5%)	7:32	7.9 (57.2%)
92	SIERZPUTOWSKI Jan	774		M 32	34	02:31:09.85	02:31:34.15	+01:04:37 (42.6%)	7:33	7.9 (57.2%)
93	PRZYGODZKI Roman	758	NOWY TARG RUNNERS	M 33-44	51	02:32:42.50	02:32:47.85	+01:05:50 (43.1%)	7:38	7.9 (57.2%)
94	ŁOPUSIŃSKI Piotr	718	CAZZO CLUB RUNNING TEAM	M 32	35	02:33:08.50	02:33:15.20	+01:06:18 (43.3%)	7:39	7.8 (56.5%)
95	MALIHIN Dragos	722		M 33-44	52	02:33:20.35	02:33:27.45	+01:06:30 (43.3%)	7:40	7.8 (56.5%)
96	CASAÑA Fran	620	INDEPENDENT	M 33-44	53	02:33:34.35	02:33:43.60	+01:06:46 (43.4%)	7:40	7.8 (56.5%)
97	MATUSZAK Piotr	728		M 45+	9	02:36:58.85	02:37:15.75	+01:10:18 (44.7%)	7:50	7.6 (55.1%)
98	SZEWCZYK Mariusz	788		M 45+	10	02:37:06.45	02:37:28.25	+01:10:31 (44.8%)	7:51	7.6 (55.1%)
99	MASZCZYK Andrzej	726		M 45+	11	02:37:44.25	02:38:02.45	+01:11:05 (45.0%)	7:53	7.6 (55.1%)
100	PŁATEK Paweł	751	PGB SPORTOWA PACZKA	M 33-44	54	02:38:48.80	02:39:07.95	+01:12:10 (45.4%)	7:56	7.6 (55.1%)
101	KACZMAREK Jan	675		M 45+	12	02:39:02.75	02:39:25.90	+01:12:28 (45.5%)	7:57	7.5 (54.3%)
102	GAZDA Artur	841		M 32	36	02:40:16.70	02:40:19.55	+01:13:22 (45.8%)	8:00	7.5 (54.3%)
103	GARNCARZ Piotr	659		M 33-44	55	02:40:24.05	02:40:37.15	+01:13:40 (45.9%)	8:01	7.5 (54.3%)
104	BALCEWICZ Alfred	606	BIEGNIJ Z PROSERVICE	M 32	37	02:42:26.25	02:42:47.40	+01:15:50 (46.6%)	8:07	7.4 (53.6%)
105	SZYMKOWIAK Paweł	791		M 33-44	56	02:45:07.45	02:45:27.40	+01:18:30 (47.4%)	8:15	7.3 (52.9%)
106	WÓJCIK Radosław	815		M 32	38	02:45:08.10	02:45:28.20	+01:18:31 (47.5%)	8:15	7.3 (52.9%)
107	ZYCH Herbert	831		M 45+	13	02:45:45.05	02:45:59.20	+01:19:02 (47.6%)	8:17	7.2 (52.2%)

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108	SERĘGA Tomasz	772	WKURW-TEAM	M 33-44	57	02:46:56.50	02:47:04.20	+01:20:07 (48.0%)	8:20	7.2 (52.2%)
109	DUDA Piotr	639		M 32	39	02:49:09.15	02:49:23.60	+01:22:26 (48.7%)	8:27	7.1 (51.4%)
110	ŚLUSARSKI Włodzimierz	793	OBOZY BIEGOWE	M 45+	14	02:51:15.35	02:51:18.90	+01:24:21 (49.2%)	8:33	7 (50.7%)
111	GOŁDYN Marek	860		M 33-44	58	02:51:43.70	02:51:46.90	+01:24:49 (49.4%)	8:35	7 (50.7%)
112	SIOŁA Franciszek	776		M 45+	15	02:51:50.65	02:52:00.55	+01:25:03 (49.5%)	8:35	7 (50.7%)
113	JAROSZ Artur	856		M 45+	16	02:52:39.30	02:52:49.65	+01:25:52 (49.7%)	8:37	7 (50.7%)
114	RAPACZ Mariusz	761	MPK-ŁÓDŹ	M 45+	17	02:52:54.10	02:53:08.25	+01:26:11 (49.8%)	8:38	6.9 (50.0%)
115	WOJCIECHOWSKI Gaurahari	871		M 32	40	03:09:26.95	03:09:48.00	+01:42:51 (54.2%)	9:28	6.3 (45.7%)
116	ZEMŁA Krzysztof	823	RUNBERRIES	M 45+	18	03:09:30.40	03:09:49.80	+01:42:52 (54.2%)	9:28	6.3 (45.7%)
117	KRZYŻEWSKI Roger	701		M 32	41	03:14:49.95	03:15:09.90	+01:48:12 (55.4%)	9:44	6.2 (44.9%)
118	ZIELIŃSKI Jacek	828	ROZBIEGANY PIASTÓW	M 33-44	59	03:16:35.30	03:16:55.45	+01:49:58 (55.8%)	9:49	6.1 (44.2%)
119	PIĄTEK Waldemar	749		M 45+	19	03:16:54.40	03:16:59.85	+01:50:02 (55.9%)	9:50	6.1 (44.2%)
120	ROGATKO Adam	763	SYNERIC ENGINEERS	M 33-44	60	03:17:13.10	03:17:31.95	+01:50:34 (56.0%)	9:51	6.1 (44.2%)
121	MIŁOSZEWSKI Paweł	731		M 45+	20	03:17:16.60	03:17:35.70	+01:50:38 (56.0%)	9:51	6.1 (44.2%)
122	KWIATKOWSKI Wiktor	872		M 33-44	61	03:18:53.35	03:19:14.60	+01:52:17 (56.4%)	9:56	6 (43.5%)
123	GRUDZIEŃ Paweł	710	VADAIN RUNNING CLUB	M 33-44	62	03:20:55.30	03:21:26.00	+01:54:29 (56.8%)	10:02	6 (43.5%)
124	GAUR Vineet	660		M 33-44	63	03:23:04.45	03:23:13.55	+01:56:16 (57.2%)	10:09	5.9 (42.8%)
125	KONDRAK Piotr	693	VEGE RUNNERS	M 33-44	64	03:23:20.85	03:23:27.65	+01:56:30 (57.3%)	10:10	5.9 (42.8%)
126	POPŁAWSKI Piotr	757	PGB SPORTOWA PACZKA	M 33-44	65	03:24:30.30	03:24:56.10	+01:57:59 (57.6%)	10:13	5.9 (42.8%)
127	DUDA Krzysztof	641	WATAHA - ŁĄCZY NAS BIEGANIE	M 33-44	66	03:26:32.80	03:26:46.40	+01:59:49 (57.9%)	10:19	5.8 (42.0%)
128	KASIŃSKI Jakub	684		M 32	42	03:30:14.45	03:30:32.15	+02:03:35 (58.7%)	10:30	5.7 (41.3%)
129	POCHWAŁA Piotr	754		M 45+	21	03:32:05.70	03:32:29.40	+02:05:32 (59.1%)	10:36	5.7 (41.3%)
130	KUŹMA Maciej	704	YULO RUN TEAM	M 45+	22	03:32:27.95	03:32:53.15	+02:05:56 (59.2%)	10:37	5.6 (40.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 20km	Czas brutto 20km	Różn	Tempo min/km	Tempo km/h
131	BARON Jarek	865		M 32	43	03:38:29.10	03:38:58.25	+02:12:01 (60.3%)	10:55	5.5 (39.9%)
132	PAWEŁCZUK Piotr	747		M 33-44	67	03:39:04.70	03:39:26.55	+02:12:29 (60.4%)	10:57	5.5 (39.9%)
133	KNOSOWSKI Sławomir	687	HEKI TEAM	M 45+	23	03:41:38.20	03:41:53.10	+02:14:56 (60.8%)	11:04	5.4 (39.1%)
134	KOWALIK Grzegorz	697	RUNOWO RANGERS	M 45+	24	03:46:49.60	03:47:11.90	+02:20:14 (61.7%)	11:20	5.3 (38.4%)
135	CZECHOWSKI Jerzy	631	MZA - WARSZAWA	M 45+	25	03:47:53.25	03:48:04.85	+02:21:07 (61.9%)	11:23	5.3 (38.4%)
136	KACZYNSKI Piotr	676		M 33-44	68	03:51:52.55	03:52:01.80	+02:25:04 (62.5%)	11:35	5.2 (37.7%)
137	KAPCIA Tomasz	681		M 32	44	03:54:48.60	03:55:04.05	+02:28:07 (63.0%)	11:44	5.1 (37.0%)
138	KARCZ Michał	682		M 32	45	03:54:48.90	03:55:04.90	+02:28:07 (63.0%)	11:44	5.1 (37.0%)

Znaleziono 138 wynik(ów)