

# OCREC2019 - SHORT COURSE

B4SPORT

**Wydarzenie:**

OCR EUROPEAN CHAMPIONSHIPS

**Organizator:**

Stowarzyszenie Biegów Przeszkodowych OCR

Polska

**Data:**

2019-06-27

**Miejsce:**

Gdynia

**Dystans:**

5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 18-24

| Msc | Zawodnik           | Numer | Klub                         | Kategoria | Mkat | Spiker_OCR<br>4.9km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|--------------------|-------|------------------------------|-----------|------|---------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 1   | KASPRZYK Sebastian | 125   |                              | M 18-24   | 1    | 00:40:50            | 00:40:53.65          | 00:40:53.65           |                   | 8:10            | 7.3 (100%)    |
| 2   | MORI Riccardo      | 144   |                              | M 18-24   | 2    | 00:42:50            | 00:42:54.60          | 00:42:54.65           | +00:02:01 (4.7%)  | 8:34            | 7 (95.9%)     |
| 3   | WILK Sylwester     | 120   |                              | M 18-24   | 3    | 00:43:34            | 00:43:39.60          | 00:43:39.60           | +00:02:45 (6.3%)  | 8:43            | 6.9 (94.5%)   |
| 4   | STENBECK Fredrik   | 142   |                              | M 18-24   | 4    | 00:44:39            | 00:44:42.80          | 00:44:43.15           | +00:03:49 (8.6%)  | 8:56            | 6.7 (91.8%)   |
| 5   | ALVES Duarte       | 147   | OCR PORTUGAL LAB             | M 18-24   | 5    | 00:47:16            | 00:47:21.10          | 00:47:21.35           | +00:06:27 (13.6%) | 9:28            | 6.3 (86.3%)   |
| 6   | ŚWIĘTEK Bartosz    | 123   |                              | M 18-24   | 6    | 00:47:33            | 00:47:37.35          | 00:47:38.65           | +00:06:45 (14.2%) | 9:31            | 6.3 (86.3%)   |
| 7   | RIJNEKER Jesper    | 129   | TEAM 4SPORT                  | M 18-24   | 7    | 00:47:39            | 00:47:44.80          | 00:47:44.85           | +00:06:51 (14.4%) | 9:32            | 6.3 (86.3%)   |
| 8   | DECIUK Teofil      | 122   |                              | M 18-24   | 8    | 00:48:23            | 00:48:28.30          | 00:48:28.95           | +00:07:35 (15.7%) | 9:41            | 6.2 (84.9%)   |
| 9   | SERAFIŃSKI Maciej  | 126   | NEXTREME                     | M 18-24   | 9    | 00:49:11            | 00:49:17.35          | 00:49:17.60           | +00:08:23 (17.0%) | 9:51            | 6.1 (83.6%)   |
| 10  | TITCOMB Daniel     | 134   |                              | M 18-24   | 10   | 00:49:28            | 00:49:34.00          | 00:49:34.50           | +00:08:40 (17.5%) | 9:54            | 6.1 (83.6%)   |
| 11  | CEJKO Dawid        | 128   |                              | M 18-24   | 11   | 00:49:51            | 00:49:55.85          | 00:49:56.20           | +00:09:02 (18.1%) | 9:59            | 6 (82.2%)     |
| 12  | KADRMAS Marek      | 132   | OCRA CZ                      | M 18-24   | 12   | 00:50:27            | 00:50:31.50          | 00:50:31.85           | +00:09:38 (19.1%) | 10:06           | 5.9 (80.8%)   |
| 13  | PANIN Egor         | 133   |                              | M 18-24   | 13   | 00:50:41            | 00:50:46.20          | 00:50:46.75           | +00:09:53 (19.5%) | 10:09           | 5.9 (80.8%)   |
| 14  | MIKRUT Jakub       | 127   |                              | M 18-24   | 14   | 00:51:08            | 00:51:13.00          | 00:51:14.00           | +00:10:20 (20.2%) | 10:14           | 5.9 (80.8%)   |
| 15  | KUIK Thomas        | 148   | TEAM HANG-ON THE NETHERLANDS | M 18-24   | 15   | 00:51:29            | 00:51:36.10          | 00:51:36.25           | +00:10:42 (20.8%) | 10:19           | 5.8 (79.5%)   |
| 16  | CLAESSON Albin     | 141   |                              | M 18-24   | 16   | 00:52:50            | 00:52:54.50          | 00:52:55.15           | +00:12:01 (22.7%) | 10:35           | 5.7 (78.1%)   |
| 17  | VILA Jose          | 152   | OCRAMICX                     | M 18-24   | 17   | 00:54:27            | 00:54:31.65          | 00:54:31.80           | +00:13:38 (25.0%) | 10:54           | 5.5 (75.3%)   |
| 18  | VOLÁK Adam         | 177   |                              | M 18-24   | 18   | 00:54:36            | 00:54:41.20          | 00:54:43.25           | +00:13:49 (25.3%) | 10:56           | 5.5 (75.3%)   |
| 19  | SZYSZKA Kacper     | 163   | KONIUCHY OCR                 | M 18-24   | 19   | 00:58:37            | 00:58:41.90          | 00:58:44.05           | +00:17:50 (30.4%) | 11:44           | 5.1 (69.9%)   |
| 20  | HANSEN Mads Voss   | 137   |                              | M 18-24   | 20   | 00:58:53            | 00:58:57.70          | 00:58:58.55           | +00:18:04 (30.7%) | 11:47           | 5.1 (69.9%)   |
| 21  | ALMERSKÄR Viktor   | 131   |                              | M 18-24   | 21   | 00:58:56            | 00:59:02.15          | 00:59:02.95           | +00:18:09 (30.7%) | 11:48           | 5.1 (69.9%)   |
| 22  | ORICHOWSKI Witalij | 156   |                              | M 18-24   | 22   | 00:59:15            | 00:59:21.60          | 00:59:24.10           | +00:18:30 (31.2%) | 11:52           | 5.1 (69.9%)   |
| 23  | WISPELWEIJ Sem     | 150   | HANG ON THE NETHERLANDS      | M 18-24   | 23   | 00:59:19            | 00:59:24.85          | 00:59:25.00           | +00:18:31 (31.2%) | 11:53           | 5 (68.5%)     |
| 24  | PAWŁOWSKI Kamil    | 162   |                              | M 18-24   | 24   | 01:01:24            | 01:01:29.20          | 01:01:31.25           | +00:20:37 (33.5%) | 12:17           | 4.9 (67.1%)   |
| 25  | VASYA Dudnikov     | 151   |                              | M 18-24   | 25   | 01:05:21            | 01:05:27.30          | 01:05:27.55           | +00:24:33 (37.5%) | 13:05           | 4.6 (63.0%)   |
| 26  | KERSTEN Max        | 190   | OUTDOOR VALLEY               | M 18-24   | 26   | 01:06:02            | 01:06:06.70          | 01:06:09.55           | +00:25:15 (38.2%) | 13:13           | 4.5 (61.6%)   |
| 27  | CIEPIELA Jan       | 166   |                              | M 18-24   | 27   | 01:06:45            | 01:06:57.80          | 01:07:00.15           | +00:26:06 (39.0%) | 13:23           | 4.5 (61.6%)   |
| 28  | ZDEB Maciek        | 160   |                              | M 18-24   | 28   | 01:07:50            | 01:07:54.70          | 01:07:57.45           | +00:27:03 (39.8%) | 13:35           | 4.4 (60.3%)   |
| 29  | BUCCARELLA Luca    | 185   |                              | M 18-24   | 29   | 01:07:54            | 01:07:59.50          | 01:08:02.00           | +00:27:08 (39.9%) | 13:36           | 4.4 (60.3%)   |

| Msc                                | Zawodnik                    | Numer | Klub                       | Kategoria | Mkat | Spiker_OCR<br>4.9km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|------------------------------------|-----------------------------|-------|----------------------------|-----------|------|---------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 30                                 | KOSIŃSKI Jakub              | 167   |                            | M 18-24   | 30   | 01:09:31            | 01:09:37.05          | 01:09:39.40           | +00:28:45 (41.3%) | 13:55           | 4.3 (58.9%)   |
| 31                                 | SRNSKÝ Daniel               | 189   |                            | M 18-24   | 31   | 01:09:54            | 01:09:58.70          | 01:10:01.45           | +00:29:07 (41.6%) | 13:59           | 4.3 (58.9%)   |
| 32                                 | NILSSON Erik                | 136   |                            | M 18-24   | 32   | 01:11:45            | 01:11:52.55          | 01:11:52.70           | +00:30:59 (43.1%) | 14:22           | 4.2 (57.5%)   |
| 33                                 | DORNYI Tamás                | 178   |                            | M 18-24   | 33   | 01:13:22            | 01:13:27.05          | 01:13:29.00           | +00:32:35 (44.3%) | 14:41           | 4.1 (56.2%)   |
| 34                                 | ŠULDA Jakub                 | 188   |                            | M 18-24   | 34   | 01:15:31            | 01:15:37.50          | 01:15:39.50           | +00:34:45 (45.9%) | 15:07           | 4 (54.8%)     |
| 35                                 | ŁUKASZEWSKI Jakub           | 158   | HUSARIA RACE TEAM          | M 18-24   | 35   | 01:22:59            | 01:23:03.65          | 01:23:05.95           | +00:42:12 (50.8%) | 16:36           | 3.6 (49.3%)   |
| 36                                 | KMIECIAK Jakub              | 165   | DIRTY SPARROWS             | M 18-24   | 36   | 01:42:17            | 01:42:22.80          | 01:42:25.45           | +01:01:31 (60.1%) | 20:28           | 2.9 (39.7%)   |
| 37                                 | JANOŮŠEK Petr               | 183   | GLADIATORS CZECH           | M 18-24   | 37   | 02:01:59            | 02:02:05.15          | 02:02:08.10           | +01:21:14 (66.5%) | 24:25           | 2.5 (34.2%)   |
| 38                                 | JÓZWIK Adrian               | 121   | NEXTREME                   | M 18-24   | 38   | 02:08:12            | 02:08:18.95          | 02:08:19.60           | +01:27:25 (68.1%) | 25:39           | 2.3 (31.5%)   |
| Przekroczony limit czasu: 02:30:00 |                             |       |                            |           |      |                     |                      |                       |                   |                 |               |
| 39                                 | SZEPANSKI Michael           | 187   |                            | M 18-24   | 39   | 02:50:59            | 02:51:04.05          | 02:51:06.65           | +02:10:13 (76.1%) | 34:12           | 1.8 (24.7%)   |
| DNC                                | ADAMEC Jakub                | 130   |                            | M 18-24   |      | 01:28:31            | 01:28:39.45          | 01:28:39.80           |                   | 0:00            | 3.4 (46.6%)   |
| DNC                                | YUCEL Jeffrey               | 174   | OCR BELGIUM                | M 18-24   |      | 01:32:18            | 01:32:36.70          | 01:32:36.70           |                   | 0:00            | 3.2 (43.8%)   |
| DNC                                | BURDZY Daniel               | 169   | BESTIE OCR LEGIONOWO       | M 18-24   |      | 01:42:16            | 01:42:23.75          | 01:42:25.55           |                   | 0:00            | 2.9 (39.7%)   |
| DNC                                | MISKA Daniel                | 168   | ENJOY BY SPORT             | M 18-24   |      | 01:42:38            | 01:42:47.65          | 01:42:49.50           |                   | 0:00            | 2.9 (39.7%)   |
| DNC                                | SIMMONS John                | 186   | RENEGADE RUNNERS           | M 18-24   |      | 01:44:09            | 01:44:14.95          | 01:44:17.85           |                   | 0:00            | 2.9 (39.7%)   |
| DNC                                | CASTRO Christian Danis      | 138   |                            | M 18-24   |      | 01:52:17            | 01:52:36.50          | 01:52:37.05           |                   | 0:00            | 2.7 (37.0%)   |
| DNC                                | KINDBOM Aron                | 145   |                            | M 18-24   |      | 01:57:55            | 01:58:00.40          | 01:58:01.45           |                   | 0:00            | 2.5 (34.2%)   |
| DNC                                | MADSEN Ditlev               | 181   |                            | M 18-24   |      | 02:01:55            | 02:02:03.80          | 02:02:06.25           |                   | 0:00            | 2.5 (34.2%)   |
| DNC                                | JURNÍK Lukáš                | 176   |                            | M 18-24   |      | 02:03:26            | 02:03:41.90          | 02:03:44.55           |                   | 0:00            | 2.4 (32.9%)   |
| DNC                                | CHATFIELD Connor            | 149   |                            | M 18-24   |      | 02:04:08            | 02:04:14.50          | 02:04:15.15           |                   | 0:00            | 2.4 (32.9%)   |
| DNC                                | DOUHAN Dylan                | 173   | KARLSHAMN OCR              | M 18-24   |      | 02:09:45            | 02:09:51.75          | 02:09:54.65           |                   | 0:00            | 2.3 (31.5%)   |
| DNC                                | BRUUN Emil Hvidenlund       | 172   |                            | M 18-24   |      | 02:10:33            | 02:10:40.05          | 02:10:42.30           |                   | 0:00            | 2.3 (31.5%)   |
| DNC                                | BAK Łukasz                  | 161   |                            | M 18-24   |      | 02:10:39            | 02:10:46.30          | 02:10:48.90           |                   | 0:00            | 2.3 (31.5%)   |
| DNC                                | THOMAYER Jan                | 182   |                            | M 18-24   |      | 02:10:59            | 02:11:06.55          | 02:11:09.50           |                   | 0:00            | 2.3 (31.5%)   |
| DNC                                | BROKEŠ Ondřej               | 139   |                            | M 18-24   |      | 02:15:57            | 02:16:05.50          | 02:16:06.50           |                   | 0:00            | 2.2 (30.1%)   |
| DNC                                | SEGARRA Jossuan             | 170   |                            | M 18-24   |      | 02:19:14            | 02:19:26.15          | 02:19:26.15           |                   | 0:00            | 2.2 (30.1%)   |
| DNC                                | DIDIER Ludovic              | 175   |                            | M 18-24   |      | 02:19:54            | 02:20:03.05          | 02:20:06.20           |                   | 0:00            | 2.1 (28.8%)   |
| DNC                                | ROBBRECHT Chris             | 143   |                            | M 18-24   |      | 02:27:33            | 02:27:44.75          | 02:27:45.55           |                   | 0:00            | 2 (27.4%)     |
| DNC                                | WÓJCIK Michał               | 164   | HUSARIA RACE TEAM KATOWICE | M 18-24   |      | 02:30:22            | 02:30:26.50          | 02:30:29.15           |                   | 0:00            | 2 (27.4%)     |
| DNC                                | GARDEBRAND Lucas Kjellin    | 146   | GRIPEN OCR                 | M 18-24   |      | 02:34:51            | 02:35:00.15          | 02:35:01.60           |                   | 0:00            | 1.9 (26.0%)   |
| DNC                                | JAGODZIŃSKI Damian          | 157   | XRUNNERS                   | M 18-24   |      | 02:40:55            | 02:41:06.65          | 02:41:06.65           |                   | 0:00            | 1.9 (26.0%)   |
| DNC                                | YAKUSHEV Anton              | 179   | OCR RUSSIA                 | M 18-24   |      | 02:45:07            | 02:45:24.20          | 02:45:26.85           |                   | 0:00            | 1.8 (24.7%)   |
| DNC                                | GONZALEZ-DIAZ Andres Ramiro | 184   | TEAMMADNESS                | M 18-24   |      | 02:46:17            | 02:46:25.00          | 02:46:27.80           |                   | 0:00            | 1.8 (24.7%)   |
| DNC                                | FRANICA Mateusz             | 159   | CARBON OCR RACING TEAM     | M 18-24   |      | 03:28:25            | 03:28:37.70          | 03:28:40.45           |                   | 0:00            | 1.4 (19.2%)   |
|                                    | ŠNOPL Vít                   | 140   | #GLADIATORRACETEAM         | M 18-24   |      | DNF                 | DNF                  | DNF                   |                   | -               | - (0.0%)      |
|                                    | LILJESTAM Richard           | 180   |                            | M 18-24   |      | DNF                 | DNF                  | DNF                   |                   | -               | - (0.0%)      |
|                                    | KOZŁOWSKI Artur             | 124   |                            | M 18-24   |      | DNF                 | DNF                  | DNF                   |                   | -               | - (0.0%)      |