

OCREC2019 - SHORT COURSE

B4SPORT

Wydarzenie: OCR EUROPEAN CHAMPIONSHIPS
Organizator: Stowarzyszenie Biegów Przeszkodowych OCR
Data: Polska
Miejsce: 2019-06-27
Dystans: Gdynia
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 30-34

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spiker_OCR 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PRUSAK Piotr	312		M 30-34	1	00:43:20	00:43:24.55	00:43:27.45		8:41	6.9 (100%)
2	SELIANIN Dmytro	309		M 30-34	2	00:46:08	00:46:12.50	00:46:15.70	+00:02:48 (6.1%)	9:14	6.5 (94.2%)
3	MOSE Kristian	311	TEAM REBORN OCR	M 30-34	3	00:49:14	00:49:18.40	00:49:21.55	+00:05:54 (12.0%)	9:51	6.1 (88.4%)
4	GRAVERS Mads	322		M 30-34	4	00:50:07	00:50:11.45	00:50:14.60	+00:06:47 (13.5%)	10:02	6 (87.0%)
5	URBAŃSKI Kamil	307	NEXTREME / 17 BRYGADA ZMECHANIZOWANA	M 30-34	5	00:50:18	00:50:22.40	00:50:25.75	+00:06:58 (13.8%)	10:04	6 (87.0%)
6	JAROSZ Dawid	308	XRUNNERS	M 30-34	6	00:51:54	00:51:59.05	00:52:02.05	+00:08:34 (16.5%)	10:23	5.8 (84.1%)
7	MAZUR Damian	310	SOCIOS SILESIA	M 30-34	7	00:52:13	00:52:17.45	00:52:20.75	+00:08:53 (17.0%)	10:27	5.7 (82.6%)
8	JOLES Roël	393	TEAM HANG-ON THE NETHERLANDS	M 30-34	8	00:53:24	00:53:28.55	00:53:30.75	+00:10:03 (18.8%)	10:41	5.6 (81.2%)
9	PELISSIER Benoît	377		M 30-34	9	00:54:03	00:54:07.25	00:54:10.15	+00:10:42 (19.8%)	10:49	5.5 (79.7%)
10	KARCZMARSKI Mateusz	305		M 30-34	10	00:55:09	00:55:14.25	00:55:16.75	+00:11:49 (21.4%)	11:02	5.4 (78.3%)
11	GYÖMRI Máté	397	TEST TEAM	M 30-34	11	00:55:20	00:55:24.75	00:55:26.10	+00:11:58 (21.6%)	11:05	5.4 (78.3%)
12	MENSINK Nick	361	OCR SKILLZ	M 30-34	12	00:57:18	00:57:22.50	00:57:25.35	+00:13:57 (24.3%)	11:28	5.2 (75.4%)
13	SETTELE Stefan	368	MIT OCR GERMANY	M 30-34	13	00:59:20	00:59:23.40	00:59:26.10	+00:15:58 (26.9%)	11:52	5.1 (73.9%)
14	ASMUSSEN Andreas Munk	335		M 30-34	14	00:59:19	00:59:22.65	00:59:26.60	+00:15:59 (26.9%)	11:52	5.1 (73.9%)
15	KOŁOSZUK Marcin	343	NEXTREME / 4 ZPPLOT	M 30-34	15	00:59:52	00:59:57.50	01:00:00.15	+00:16:32 (27.6%)	11:59	5 (72.5%)
16	CAMBRIDGE Luke	365	TEAM NORTHMAN OCR	M 30-34	16	01:00:44	01:00:49.80	01:00:53.05	+00:17:25 (28.6%)	12:10	4.9 (71.0%)
17	MEEL Jim Van Der	333	TEAM HANG-ON THE NETHERLANDS	M 30-34	17	01:01:06	01:01:11.65	01:01:15.10	+00:17:47 (29.1%)	12:14	4.9 (71.0%)
18	WALTILLA Marcus	325	OCR TEAM MAUS	M 30-34	18	01:02:43	01:02:46.95	01:02:50.45	+00:19:23 (30.8%)	12:33	4.8 (69.6%)
19	LEMA Damián Espasandín	410		M 30-34	19	01:03:38	01:03:42.95	01:03:44.45	+00:20:17 (31.8%)	12:44	4.7 (68.1%)
20	SVOBODA Vítek	409	CHALLENGER	M 30-34	20	01:04:40	01:04:45.05	01:04:47.05	+00:21:19 (32.9%)	12:57	4.6 (66.7%)
21	SJÖLIN Johan	376		M 30-34	21	01:16:16	01:16:21.75	01:16:24.80	+00:32:57 (43.1%)	15:16	3.9 (56.5%)
22	MAROS Artsiom	321		M 30-34	22	01:17:41	01:17:46.45	01:17:49.90	+00:34:22 (44.2%)	15:33	3.9 (56.5%)
23	REGNELL Fredrick	326		M 30-34	23	01:18:09	01:18:14.10	01:18:17.45	+00:34:50 (44.5%)	15:38	3.8 (55.1%)
24	YANN Chambert	328	SPARTAN LIONS	M 30-34	24	01:19:15	01:19:20.90	01:19:24.25	+00:35:56 (45.3%)	15:52	3.8 (55.1%)
25	PŁÓCIENNIK Piotr	348		M 30-34	25	01:21:09	01:21:13.65	01:21:16.25	+00:37:48 (46.5%)	16:14	3.7 (53.6%)
26	NIELSEN Søren	432		M 30-34	26	01:22:10	01:22:14.45	01:22:17.50	+00:38:50 (47.2%)	16:26	3.6 (52.2%)
27	GAWRYLUK Marcin	415		M 30-34	27	01:23:05	01:23:11.60	01:23:13.45	+00:39:46 (47.8%)	16:38	3.6 (52.2%)
28	TYL Lukáš	374		M 30-34	28	01:23:32	01:23:38.10	01:23:41.55	+00:40:14 (48.1%)	16:43	3.6 (52.2%)
29	MÉDARD Olivier	411	LES BISONS	M 30-34	29	01:25:04	01:25:10.00	01:25:12.30	+00:41:44 (49.0%)	17:02	3.5 (50.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spiker_OCR 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
30	REKUTIN Ivan	422		M 30-34	30	01:26:16	01:26:19.60	01:26:22.45	+00:42:55 (49.7%)	17:16	3.5 (50.7%)
31	JASTRZĘBSKI Piotr	352		M 30-34	31	01:26:30	01:26:35.90	01:26:38.50	+00:43:11 (49.8%)	17:19	3.5 (50.7%)
32	NIELSEN Daniel Birk	413		M 30-34	32	01:26:34	01:26:38.00	01:26:40.80	+00:43:13 (49.9%)	17:19	3.5 (50.7%)
33	JULIEN Andrew	355	TEAMMADNESS	M 30-34	33	01:27:43	01:27:50.60	01:27:53.65	+00:44:26 (50.6%)	17:34	3.4 (49.3%)
34	ÖBERG Robin	354	@HEJAPAPPA	M 30-34	34	01:28:33	01:28:38.20	01:28:40.60	+00:45:13 (51.0%)	17:43	3.4 (49.3%)
35	JAKOBSSON Niklas	323		M 30-34	35	01:28:45	01:28:50.75	01:28:54.40	+00:45:26 (51.1%)	17:46	3.4 (49.3%)
36	BÄR Marcel	404	MIT OCR GERMANY	M 30-34	36	01:29:11	01:29:16.75	01:29:18.65	+00:45:51 (51.3%)	17:51	3.4 (49.3%)
37	CSÁSZÁR Vilmos	392	OCR GABORTEAM	M 30-34	37	01:30:31	01:30:36.25	01:30:39.20	+00:47:11 (52.1%)	18:07	3.3 (47.8%)
38	BYRCZEK Michał	349		M 30-34	38	01:31:38	01:31:42.70	01:31:45.30	+00:48:17 (52.6%)	18:20	3.3 (47.8%)
39	OLSEN Mads-Christian Brill	351		M 30-34	39	01:32:13	01:32:18.15	01:32:21.05	+00:48:53 (52.9%)	18:27	3.2 (46.4%)
40	WILSON Tom	371		M 30-34	40	01:32:15	01:32:23.95	01:32:27.30	+00:48:59 (53.0%)	18:28	3.2 (46.4%)
41	VITALI Hrachov	439		M 30-34	41	01:32:33	01:32:38.55	01:32:42.00	+00:49:14 (53.1%)	18:31	3.2 (46.4%)
42	PETERSEN Thomas	360		M 30-34	42	01:32:37	01:32:42.70	01:32:46.75	+00:49:19 (53.2%)	18:32	3.2 (46.4%)
43	FABRÈGUE Rémi	339		M 30-34	43	01:32:37	01:32:43.70	01:32:47.35	+00:49:19 (53.2%)	18:32	3.2 (46.4%)
44	GARCIA Adrián Ruiz	332	THE LAST TRAINING	M 30-34	44	01:32:53	01:33:16.15	01:33:19.40	+00:49:51 (53.4%)	18:39	3.2 (46.4%)
45	URBANO David Quintana	324	TFG/TONI MUSCLE	M 30-34	45	01:34:00	01:34:09.15	01:34:13.25	+00:50:45 (53.9%)	18:49	3.2 (46.4%)
46	ZAPPA Stefano	428	WHITE DONKEYS	M 30-34	46	01:34:08	01:34:12.00	01:34:14.40	+00:50:46 (53.9%)	18:50	3.2 (46.4%)
47	MOROÑ Bartłomiej	381		M 30-34	47	01:33:54	01:34:32.40	01:34:34.40	+00:51:06 (54.0%)	18:54	3.2 (46.4%)
48	SAVIN Aleksei	331		M 30-34	48	01:34:48	01:34:51.20	01:34:55.00	+00:51:27 (54.2%)	18:58	3.2 (46.4%)
49	BŁĘDZKI Adam	418		M 30-34	49	01:35:03	01:35:08.95	01:35:11.05	+00:51:43 (54.3%)	19:01	3.2 (46.4%)
50	CHOŁUJ Łukasz	419		M 30-34	50	01:35:08	01:35:11.85	01:35:13.70	+00:51:46 (54.4%)	19:02	3.2 (46.4%)
51	ANANIN Artem	367		M 30-34	51	01:35:47	01:35:53.75	01:35:56.15	+00:52:28 (54.7%)	19:10	3.1 (44.9%)
52	NIELSEN Dennis	391		M 30-34	52	01:36:39	01:36:43.50	01:36:46.45	+00:53:19 (55.1%)	19:20	3.1 (44.9%)
53	ZIMMER Markus	429		M 30-34	53	01:37:10	01:37:17.85	01:37:20.45	+00:53:53 (55.4%)	19:27	3.1 (44.9%)
54	PIELATOWSKI Adam	420		M 30-34	54	01:37:56	01:38:03.05	01:38:06.30	+00:54:38 (55.7%)	19:36	3.1 (44.9%)
55	BAPTISTE David	356	TEAMMADNESS	M 30-34	55	01:38:10	01:38:14.85	01:38:17.60	+00:54:50 (55.8%)	19:39	3.1 (44.9%)
56	DUPUIS Jean-Charles	357	SWAT NORD	M 30-34	56	01:38:50	01:38:57.85	01:39:00.60	+00:55:33 (56.1%)	19:47	3 (43.5%)
57	SAŁATA Marcin	306		M 30-34	57	01:39:37	01:39:44.40	01:39:47.50	+00:56:20 (56.5%)	19:56	3 (43.5%)
58	ALEX Fastres	412		M 30-34	58	01:42:18	01:42:27.00	01:42:29.15	+00:59:01 (57.6%)	20:29	2.9 (42.0%)
59	GESSLER Sergej	317	TEAM OUTDOOR OCR	M 30-34	59	01:44:21	01:44:28.15	01:44:31.20	+01:01:03 (58.4%)	20:53	2.9 (42.0%)
60	LIUTKUS Dainius	337	OCR BALTIC WARRIORS	M 30-34	60	01:50:57	01:51:03.45	01:51:06.45	+01:07:39 (60.9%)	22:12	2.7 (39.1%)
61	BARANAUSKAS Darius	372	OCR BALTIC WARRIORS	M 30-34	61	01:55:23	01:55:27.45	01:55:30.50	+01:12:03 (62.4%)	23:05	2.6 (37.7%)
62	THONON Simon	390	OCR BELGIUM WALLONIA MEN	M 30-34	62	01:57:03	01:57:10.65	01:57:12.15	+01:13:44 (62.9%)	23:26	2.6 (37.7%)
63	VALERII Kaldin	370		M 30-34	63	01:59:39	01:59:42.95	01:59:45.55	+01:16:18 (63.7%)	23:56	2.5 (36.2%)
64	DEDIEU Semi	403		M 30-34	64	02:13:13	02:13:25.55	02:13:27.35	+01:29:59 (67.4%)	26:41	2.2 (31.9%)
65	REMMER Thomas	434		M 30-34	65	02:10:04	02:10:09.45	02:16:12.40	+01:32:44 (68.1%)	26:02	2.3 (33.3%)
66	WOJEWÓDKA Krystian	417	ETRANS TEAM	M 30-34	66	02:17:43	02:17:50.30	02:17:52.35	+01:34:24 (68.5%)	27:34	2.2 (31.9%)
67	IDCZAK Piotr	345		M 30-34	67	02:26:58	02:27:04.90	02:27:07.85	+01:43:40 (70.5%)	29:25	2 (29.0%)
Przekroczony limit czasu: 02:30:00											
68	ZIMOŃ Norbert	385	WATAHA GRUPA TRENINGOWA	M 30-34	68	02:33:38	02:33:43.25	02:33:45.55	+01:50:18 (71.7%)	30:44	2 (29.0%)
69	PALMA Pedro	358		M 30-34	69	03:06:13	03:06:24.30	03:06:28.05	+02:23:00 (76.7%)	37:17	1.6 (23.2%)
DNC	BUGYS Renaldas	336		M 30-34		01:12:33	01:12:40.35	01:12:43.35		0:00	4.1 (59.4%)
DNC	BRÄHMIG Mattes	363		M 30-34		01:16:42	01:16:49.15	01:16:52.15		0:00	3.9 (56.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spiker_OCR 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
DNC	T. Martin	446		M 30-34		01:19:24	01:19:34.25	01:19:37.50		0:00	3.8 (55.1%)
DNC	DOUBEK Milan	366		M 30-34		01:28:46	01:28:58.60	01:29:02.20		0:00	3.4 (49.3%)
DNC	HAAN John De	396		M 30-34		01:30:01	01:30:08.70	01:30:11.15		0:00	3.3 (47.8%)
DNC	ČERNÝ Vaclav	330		M 30-34		01:33:44	01:33:49.55	01:33:52.50		0:00	3.2 (46.4%)
DNC	JONSSON Nils	320		M 30-34		01:35:06	01:35:14.65	01:35:17.45		0:00	3.1 (44.9%)
DNC	LARNEMARK David	406		M 30-34		01:40:34	01:40:43.55	01:40:45.70		0:00	3 (43.5%)
DNC	MOBERG Linus	443	AB KARL HEDIN IF	M 30-34		01:40:44	01:40:49.50	01:40:52.35		0:00	3 (43.5%)
DNC	KASCHE Denny	329		M 30-34		01:43:14	01:43:31.00	01:43:34.85		0:00	2.9 (42.0%)
DNC	BALASHOV Roman	314	GAZPROMBANK OCR TEAM	M 30-34		01:43:32	01:43:36.70	01:43:39.25		0:00	2.9 (42.0%)
DNC	GERGELY Szabó Bálint	416	OCR GABORTEAM	M 30-34		01:44:07	01:44:16.20	01:44:18.70		0:00	2.9 (42.0%)
DNC	RAVENZWAAIJ Jeroen Van	436		M 30-34		01:44:12	01:44:21.15	01:44:23.90		0:00	2.9 (42.0%)
DNC	ARTZ Claus	387		M 30-34		01:47:47	01:47:57.25	01:47:59.25		0:00	2.8 (40.6%)
DNC	HORSCH Stefan	435	OCRCREWDUISBURG	M 30-34		01:48:02	01:48:15.85	01:48:18.65		0:00	2.8 (40.6%)
DNC	ROTH Zdeněk	350		M 30-34		01:48:47	01:48:55.80	01:48:58.65		0:00	2.8 (40.6%)
DNC	HORBACH Lars	431		M 30-34		01:50:42	01:50:49.10	01:50:51.80		0:00	2.7 (39.1%)
DNC	KOLB Lars	362	FIT FOR ME	M 30-34		01:50:46	01:50:55.00	01:50:58.75		0:00	2.7 (39.1%)
DNC	GRIFFITHS James	440	CLIFF LAKES OCR	M 30-34		01:51:14	01:51:20.70	01:51:23.15		0:00	2.7 (39.1%)
DNC	DOMORÁD Vojtěch	408		M 30-34		01:52:53	01:53:01.25	01:53:03.85		0:00	2.7 (39.1%)
DNC	PRZYSTAW Maxim	425	OPFERCREW	M 30-34		01:53:00	01:53:09.45	01:53:13.75		0:00	2.7 (39.1%)
DNC	BELEN Timothy Van	318		M 30-34		01:54:05	01:54:10.90	01:54:14.40		0:00	2.6 (37.7%)
DNC	RIHA Zdenek	444	TEAM CZECH REPUBLIC	M 30-34		01:57:14	01:57:20.85	01:57:23.55		0:00	2.6 (37.7%)
DNC	JACKIEWICZ Lukasz	438		M 30-34		02:06:43	02:06:50.85	02:06:54.15		0:00	2.4 (34.8%)
DNC	POULTER Mark	386	TEAM BRIGHTHAMMER	M 30-34		02:09:43	02:09:52.00	02:09:54.65		0:00	2.3 (33.3%)
DNC	KILIMNIK Tomasz	347		M 30-34		02:09:52	02:10:00.75	02:10:03.75		0:00	2.3 (33.3%)
DNC	MAWLAM Jason	394		M 30-34		02:10:43	02:10:53.15	02:10:54.85		0:00	2.3 (33.3%)
DNC	SÉBASTIEN Galdeano	430		M 30-34		02:13:23	02:13:31.20	02:13:33.10		0:00	2.2 (31.9%)
DNC	SZUMLAŃSKI Marcin	383		M 30-34		02:15:30	02:15:35.50	02:15:37.85		0:00	2.2 (31.9%)
DNC	CHRISTENSEN Michael	338	OCR FIGHTERS	M 30-34		02:17:33	02:17:39.70	02:17:43.20		0:00	2.2 (31.9%)
DNC	KOMOSIŃSKI Łukasz	313		M 30-34		02:20:18	02:20:27.85	02:20:31.40		0:00	2.1 (30.4%)
DNC	DOODY Kelvin	442		M 30-34		02:20:28	02:20:35.30	02:20:37.25		0:00	2.1 (30.4%)
DNC	CHRISTOPHER Michel	369		M 30-34		02:20:44	02:21:01.05	02:21:04.05		0:00	2.1 (30.4%)
DNC	POLSTRA Berry	427		M 30-34		02:23:17	02:23:25.90	02:23:29.20		0:00	2.1 (30.4%)
DNC	ŁASKOWSKI Piotr	382	BEFIT24TEAM	M 30-34		02:23:17	02:23:45.35	02:23:48.60		0:00	2.1 (30.4%)
DNC	CASTILLO Aythami Castilla Del	400		M 30-34		02:23:50	02:23:58.40	02:24:00.95		0:00	2.1 (30.4%)
DNC	KLONOWSKI Kamil	346	HUSARIA RACE TEAM KATOWICE	M 30-34		02:31:15	02:31:25.75	02:31:28.35		0:00	2 (29.0%)
DNC	GUILLAUMIN Thomas	433	TR1BE OCR TEAM	M 30-34		02:35:10	02:35:29.60	02:35:32.30		0:00	1.9 (27.5%)
DNC	HARVEY-VALLENDER Oliver	421	CLIFF LAKES OCR	M 30-34		02:36:25	02:36:33.00	02:36:35.40		0:00	1.9 (27.5%)
DNC	ALEKSANDR Anokhin	327	STAGE TEAM RUSSIA	M 30-34		02:36:26	02:36:39.50	02:36:42.30		0:00	1.9 (27.5%)
DNC	KOLOTII Mykola	364		M 30-34		02:41:45	02:41:54.70	02:41:57.30		0:00	1.9 (27.5%)
DNC	PLATA Arkadiusz	342		M 30-34		02:42:28	02:42:45.50	02:42:48.70		0:00	1.8 (26.1%)
DNC	LASKOWSKI Tomasz	344		M 30-34		02:43:27	02:43:43.65	02:43:47.15		0:00	1.8 (26.1%)
DNC	POZO Juan Carlos Contador	405	SONS OF WORKOUT OCR	M 30-34		02:45:37	02:45:45.15	02:45:45.15		0:00	1.8 (26.1%)
DNC	MONTRON Adrien	441		M 30-34		02:51:35	02:51:42.75	02:51:44.85		0:00	1.7 (24.6%)
DNC	SADOWSKI Michał	384		M 30-34		02:52:14	02:52:22.10	02:52:23.55		0:00	1.7 (24.6%)

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DNC	RUDY Rychlinski	426		M 30-34		02:53:32	02:53:43.95	02:53:46.35		0:00	1.7 (24.6%)
DNC	HAWKINS Nathan	353		M 30-34		02:57:28	02:57:35.35	02:57:39.50		0:00	1.7 (24.6%)
DNC	TOCHKA Dzianis	319		M 30-34		03:01:55	03:02:01.90	03:02:05.00		0:00	1.6 (23.2%)
DNC	JIRKU Milan	399		M 30-34		03:03:10	03:03:14.00	03:03:16.75		0:00	1.6 (23.2%)
DNC	GRAY Scott	375		M 30-34		03:05:33	03:05:43.90	03:05:47.55		0:00	1.6 (23.2%)
DNC	AUBRIOT Pierre Charles	424		M 30-34		03:15:02	03:15:21.25	03:15:24.50		0:00	1.5 (21.7%)
DNC	CHMIELORZ Józef	380	CARBON OCR RACING TEAM	M 30-34		03:17:49	03:17:59.10	03:18:00.55		0:00	1.5 (21.7%)
DNC	CUERVO Alex Felipe	315	TRI OLENYA	M 30-34		03:19:39	03:19:48.05	03:19:51.00		0:00	1.5 (21.7%)
DNC	BARALDI Davide	395	WHITE DONKEYS	M 30-34		03:31:54	03:32:08.65	03:32:10.70		0:00	1.4 (20.3%)
DNC	HAHN Henrik	389		M 30-34		03:41:54	03:42:03.30	03:42:05.65		0:00	1.4 (20.3%)
DNC	STRNAD Sebastian	398	UNTERFRANKEN VIKINGS	M 30-34		04:37:52	04:38:01.25	04:38:03.40		0:00	1.1 (15.9%)
	ILNICKI Darek	340		M 30-34		DNF	DNF	DNF		-	- (0.0%)
	HERNANDEZ Ayoze Herrera	316	TFG/TONI MUSCLE	M 30-34		DNF	DNF	DNF		-	- (0.0%)
	CURTIS Carl	359		M 30-34		DNF	DNF	DNF		-	- (0.0%)
	COMMANDEUR Tjeerd	437		M 30-34		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 130 wynik(ów)