OCREC2019 - SHORT COURSE

Wydarzenie: OCR EUROPEAN CHAMPIONSHIPS
Organizator: Stowarzyszenie Biegów Przeszkodowych OCR Polska
Data: 2019-06-27
Miejsce: Gdynia
Dystans: 5 km

Klasyfikacja: M 35-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spiker_OCR 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	**KRAUCHANKA Aliaksandr**	**521**		M 35-39	1	01:07:13	**01:07:18.15**	**01:07:20.60**		13:27	4.5 (100%)
2	**SZCZEPANIAK Marcin**	**454**	XRUNNERS	M 35-39	2	01:09:45	**01:09:50.15**	**01:09:51.90**	+00:02:31 (3.6%)	13:58	4.3 (95.6%)
3	**DIJKSTRA Dooitze**	**562**	TEAM HANG-ON THE NETHERLANDS	M 35-39	3	01:11:33	**01:11:38.65**	**01:11:41.55**	+00:04:20 (6.1%)	14:19	4.2 (93.3%)
4	**BURÉN Johan**	**481**	KARLSHAMN OCR	M 35-39	4	01:12:00	**01:12:05.75**	**01:12:07.65**	+00:04:47 (6.6%)	14:25	4.2 (93.3%)
5	**JOZEFIAK Lukasz**	**453**	XRUNNERS	M 35-39	5	01:12:33	**01:12:38.50**	**01:12:40.65**	+00:05:20 (7.3%)	14:31	4.1 (91.1%)
6	**WAŁDOWSKI Dominik**	**459**		M 35-39	6	01:13:19	**01:13:25.20**	**01:13:27.75**	+00:06:07 (8.3%)	14:41	4.1 (91.1%)
7	**WISSING Arjan**	**470**	VUDA OBSTACLE TEAM	M 35-39	7	01:14:27	**01:14:32.55**	**01:14:34.35**	+00:07:13 (9.7%)	14:54	4 (88.9%)
8	**MADSEN Tommy**	**450**	GRIPEN OCR	M 35-39	8	01:14:52	**01:14:57.60**	**01:14:59.45**	+00:07:38 (10.2%)	14:59	4 (88.9%)
9	**LISOWSKI Grzegorz**	**458**	SOCIOS SILESIA	M 35-39	9	01:16:00	**01:16:05.15**	**01:16:07.10**	+00:08:46 (11.5%)	15:13	3.9 (86.7%)
10	**САПАТОВ Константин**	**553**		M 35-39	10	01:17:12	**01:17:16.80**	**01:17:19.45**	+00:09:58 (12.9%)	15:27	3.9 (86.7%)
11	**CRUZ Sebastien**	**486**		M 35-39	11	01:17:16	**01:17:22.25**	**01:17:24.40**	+00:10:03 (13.0%)	15:28	3.9 (86.7%)
12	**MARUSZEWSKI Marcin**	**455**	NEXTREME	M 35-39	12	01:17:38	**01:17:42.35**	**01:17:43.90**	+00:10:23 (13.4%)	15:32	3.9 (86.7%)
13	**CAPPELEN Dan**	**549**	#3KLØVERENOCR	M 35-39	13	01:17:34	**01:17:40.55**	**01:17:49.65**	+00:10:29 (13.5%)	15:32	3.9 (86.7%)
14	**KASZA Rafal**	**456**	HUSARIA RACE TEAM	M 35-39	14	01:17:48	**01:17:54.20**	**01:17:55.35**	+00:10:34 (13.6%)	15:34	3.9 (86.7%)
15	**TOMASZ Komarnicki**	**530**	GRUBIORZE LOTAJOM	M 35-39	15	01:18:51	**01:18:56.70**	**01:18:58.95**	+00:11:38 (14.7%)	15:47	3.8 (84.4%)
16	**SLUIS Richard**	**514**		M 35-39	16	01:19:16	**01:19:21.40**	**01:19:24.05**	+00:12:03 (15.2%)	15:52	3.8 (84.4%)
17	**RYDSTRÖM Johan**	**513**	KARLSHAMN OCR	M 35-39	17	01:20:08	**01:20:13.90**	**01:20:17.15**	+00:12:56 (16.1%)	16:02	3.7 (82.2%)
18	**LISOWSKI Adam**	**460**	SOCIOS SILESIA	M 35-39	18	01:20:45	**01:20:49.70**	**01:20:51.40**	+00:13:30 (16.7%)	16:10	3.7 (82.2%)
19	**OVECHKIN Taras**	**474**		M 35-39	19	01:21:09	**01:21:15.05**	**01:21:17.35**	+00:13:56 (17.2%)	16:15	3.7 (82.2%)
20	**ALEKSEI Giatcintov**	**462**		M 35-39	20	01:21:39	**01:21:44.45**	**01:21:46.30**	+00:14:25 (17.6%)	16:21	3.7 (82.2%)
21	**KONARSKI Łukasz**	**534**	KONTENER FORMY	M 35-39	21	01:23:25	**01:23:31.20**	**01:23:33.45**	+00:16:12 (19.4%)	16:42	3.6 (80.0%)
22	**OLEKSIUK Andrii**	**467**		M 35-39	22	01:23:51	**01:23:56.15**	**01:23:57.55**	+00:16:36 (19.8%)	16:47	3.6 (80.0%)
23	**MAŁEK Rafał**	**489**	WATAHA	M 35-39	23	01:23:57	**01:24:01.00**	**01:24:03.95**	+00:16:43 (19.9%)	16:48	3.6 (80.0%)
24	**JAKUBCZAK Marcin**	**452**		M 35-39	24	01:24:10	**01:24:15.70**	**01:24:18.25**	+00:16:57 (20.1%)	16:51	3.6 (80.0%)
25	**CHRISTIAN Ramberger**	**478**	TEAM CELTIC WARRIOR	M 35-39	25	01:24:17	**01:24:23.95**	**01:24:26.50**	+00:17:05 (20.2%)	16:52	3.6 (80.0%)
26	**PODGORSKI Marek**	**492**		M 35-39	26	01:24:51	**01:24:56.20**	**01:24:58.30**	+00:17:37 (20.7%)	16:59	3.5 (77.8%)
27	**ENDERBY Rich**	**464**	TEAM OMRM	M 35-39	27	01:24:58	**01:25:04.95**	**01:25:07.00**	+00:17:46 (20.9%)	17:01	3.5 (77.8%)
28	**SWACZYNSKI Krzysztof**	**497**	HUSARIA RACE TEAM	M 35-39	28	01:25:41	**01:25:46.60**	**01:25:49.85**	+00:18:29 (21.5%)	17:09	3.5 (77.8%)
29	**TAYLOR Adam**	**466**		M 35-39	29	01:25:45	**01:25:50.15**	**01:25:52.45**	+00:18:31 (21.6%)	17:10	3.5 (77.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spiker_OCR 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
30	**SCHYBERG Oscar**	**556**	KARLSHAMN OCR	M 35-39	30	01:25:59	**01:26:03.80**	**01:26:07.15**	+00:18:46 (21.8%)	17:12	3.5 (77.8%)
31	**YANIN Denis**	**472**		M 35-39	31	01:28:17	**01:28:21.45**	**01:28:23.65**	+00:21:03 (23.8%)	17:40	3.4 (75.6%)
32	**PAPPERMANN Jens**	**483**		M 35-39	32	01:28:20	**01:28:23.55**	**01:28:26.00**	+00:21:05 (23.8%)	17:40	3.4 (75.6%)
33	**CAJDERT Johan**	**482**		M 35-39	33	01:28:37	**01:28:49.05**	**01:28:51.70**	+00:21:31 (24.2%)	17:45	3.4 (75.6%)
34	**WHETTON Eddie**	**473**		M 35-39	34	01:30:31	**01:30:36.25**	**01:30:37.70**	+00:23:17 (25.7%)	18:07	3.3 (73.3%)
35	**HANSEN Stefan**	**471**	#3KLØVERENOCR	M 35-39	35	01:31:02	**01:31:09.35**	**01:31:11.90**	+00:23:51 (26.2%)	18:13	3.3 (73.3%)
36	**HÅKONSEN Cato**	**479**	THE BEAST OCR TEAM MEN	M 35-39	36	01:40:32	**01:40:37.85**	**01:40:40.55**	+00:33:19 (33.1%)	20:07	3 (66.7%)
37	**BORUC Tomasz**	**538**		M 35-39	37	01:46:15	**01:46:22.65**	**01:46:25.75**	+00:39:05 (36.7%)	21:16	2.8 (62.2%)
38	**GÖSTA Christian**	**512**	EVOLUTIONRACE	M 35-39	38	01:50:57	**01:51:07.50**	**01:51:12.05**	+00:43:51 (39.4%)	22:13	2.7 (60.0%)
39	**MILEHAM Nicky**	**501**	TEAM OMRM	M 35-39	39	01:57:50	**01:57:57.00**	**01:57:59.30**	+00:50:38 (42.9%)	23:35	2.5 (55.6%)
40	**BELLINI Giulio**	**544**	ANIS MUDDERS	M 35-39	40	02:01:47	**02:01:55.20**	**02:01:58.45**	+00:54:37 (44.8%)	24:23	2.5 (55.6%)
41	**HÖGSTRÖM Andreas**	**545**	FIGEHOLMS BRYGGERI	M 35-39	41	02:02:34	**02:02:41.40**	**02:02:45.10**	+00:55:24 (45.1%)	24:32	2.4 (53.3%)
42	**NOVIN Thomas**	**503**	GRIPEN OCR	M 35-39	42	02:05:01	**02:05:04.10**	**02:05:06.85**	+00:57:46 (46.2%)	25:00	2.4 (53.3%)
43	**ROMANOWSKI Łukasz**	**494**	HUSARIA RACE TEAM	M 35-39	43	02:04:57	**02:05:04.30**	**02:05:07.90**	+00:57:47 (46.2%)	25:00	2.4 (53.3%)
44	**BRØDLØS Kristian**	**542**		M 35-39	44	02:09:04	**02:09:08.75**	**02:09:17.90**	+01:01:57 (47.9%)	25:49	2.3 (51.1%)
45	**PETERSEN Ulf**	**508**	TEAM SOLID	M 35-39	45	02:11:04	**02:11:13.70**	**02:11:16.00**	+01:03:55 (48.7%)	26:14	2.3 (51.1%)
46	**PYSZNIAK Paweł**	**493**		M 35-39	46	02:12:34	**02:12:38.70**	**02:12:41.20**	+01:05:20 (49.2%)	26:31	2.3 (51.1%)
47	**ROETS Elio**	**518**	OCR BELGIUM	M 35-39	47	02:19:01	**02:19:11.40**	**02:19:14.50**	+01:11:53 (51.6%)	27:50	2.2 (48.9%)
Przekroczony limit czasu: 02:30:00											
48	**GAWIN Krzysztof**	**495**	BEFIT24TEAM	M 35-39	48	02:49:22	**02:49:28.75**	**02:49:31.50**	+01:42:10 (60.3%)	33:53	1.8 (40.0%)
49	**KUBIESA Jakub**	**491**	HUSARIA RACE TEAM	M 35-39	49	02:49:54	**02:49:59.90**	**02:50:03.60**	+01:42:43 (60.4%)	34:00	1.8 (40.0%)
50	**KULIK Sergey**	**552**		M 35-39	50	02:54:50	**02:54:55.05**	**02:54:57.20**	+01:47:36 (61.5%)	34:59	1.7 (37.8%)
DNC	**HERK Erik Van**	**484**		M 35-39		01:21:02	**01:21:09.20**	**01:21:10.95**		0:00	3.7 (82.2%)
DNC	**BELT Rico Van Den**	**511**		M 35-39		01:26:03	**01:26:18.60**	**01:26:20.55**		0:00	3.5 (77.8%)
DNC	**OPOLONY Ireneusz**	**499**	SOCIOS SILESIA	M 35-39		01:26:08	**01:26:24.65**	**01:26:26.75**		0:00	3.5 (77.8%)
DNC	**SHIROKOV Igor**	**504**	GAZPROMBANK OCR TEAM	M 35-39		01:28:12	**01:28:20.95**	**01:28:23.85**		0:00	3.4 (75.6%)
DNC	**BAKER Stephen**	**485**		M 35-39		01:28:28	**01:28:36.65**	**01:28:38.50**		0:00	3.4 (75.6%)
DNC	**SCHÜLER Constantin**	**509**		M 35-39		01:29:16	**01:29:24.10**	**01:29:26.75**		0:00	3.4 (75.6%)
DNC	**KRAUS Tomáš**	**546**	SUNNY GANG PLZEŇ	M 35-39		01:33:40	**01:34:00.45**	**01:34:02.65**		0:00	3.2 (71.1%)
DNC	**JENSEN Michael Degn**	**543**		M 35-39		01:35:24	**01:35:34.60**	**01:35:43.70**		0:00	3.1 (68.9%)
DNC	**BAIA Rafael**	**468**		M 35-39		01:38:03	**01:38:11.00**	**01:38:14.55**		0:00	3.1 (68.9%)
DNC	**WONNEBERGER Lars**	**465**	MUDBUSTERS	M 35-39		01:42:03	**01:42:18.05**	**01:42:20.30**		0:00	2.9 (64.4%)
DNC	**RICHTER Lukáš**	**558**		M 35-39		01:44:11	**01:44:18.45**	**01:44:20.70**		0:00	2.9 (64.4%)
DNC	**BRUECKER Christoph**	**555**	OCR CREW DUISBURG	M 35-39		01:49:55	**01:50:04.20**	**01:50:06.95**		0:00	2.7 (60.0%)
DNC	**KHOSCHNUD Ramin**	**463**	DAS GRIMSGRAMS	M 35-39		01:51:32	**01:51:43.60**	**01:51:46.35**		0:00	2.7 (60.0%)
DNC	**SZTAJER Bartek**	**537**	LUBIĘ BURPEES'Y	M 35-39		01:52:42	**01:52:46.70**	**01:52:49.35**		0:00	2.7 (60.0%)
DNC	**BUKSZYŃSKI Jano**	**451**		M 35-39		01:58:16	**01:58:22.45**	**01:58:24.15**		0:00	2.5 (55.6%)
DNC	**ESTIVAL Julien**	**515**		M 35-39		01:58:15	**01:58:23.35**	**01:58:26.80**		0:00	2.5 (55.6%)
DNC	**DION Stéphane**	**519**		M 35-39		02:00:11	**02:00:25.20**	**02:00:30.35**		0:00	2.5 (55.6%)
DNC	**JUSZCZYK Jaroslaw**	**527**	DZIKI Z GOSŁAWA	M 35-39		02:00:50	**02:00:57.60**	**02:01:01.35**		0:00	2.5 (55.6%)
DNC	**MONTAN Johan**	**548**		M 35-39		02:02:35	**02:02:41.45**	**02:02:45.15**		0:00	2.4 (53.3%)
DNC	**LOUCA Sebastian**	**516**		M 35-39		02:02:57	**02:03:14.05**	**02:03:17.40**		0:00	2.4 (53.3%)
DNC	**BERGE Kjetil**	**475**		M 35-39		02:04:06	**02:04:15.90**	**02:04:19.05**		0:00	2.4 (53.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spiker_OCR 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
DNC	**SERGEY Rudometov**	**477**		M 35-39		02:05:05	**02:05:23.15**	**02:05:26.15**		0:00	2.4 (53.3%)
DNC	**LAGREZE Sven**	**461**	OCR MUNICH	M 35-39		02:05:19	**02:05:28.05**	**02:05:30.30**		0:00	2.4 (53.3%)
DNC	**SUBBOTINAS Vitalijus**	**449**	OCR BALTIC WARRIORS	M 35-39		02:05:38	**02:05:48.40**	**02:05:50.70**		0:00	2.4 (53.3%)
DNC	**STEVENSON Alan**	**532**		M 35-39		02:06:27	**02:06:34.55**	**02:06:37.00**		0:00	2.4 (53.3%)
DNC	**VIAGA Raul Fidel Duharte**	**505**		M 35-39		02:08:57	**02:09:05.20**	**02:09:08.65**		0:00	2.3 (51.1%)
DNC	**FAVA Alan**	**520**		M 35-39		02:10:27	**02:10:34.25**	**02:10:37.10**		0:00	2.3 (51.1%)
DNC	**CHŁĄD Aleksander**	**535**		M 35-39		02:11:24	**02:11:32.10**	**02:11:34.35**		0:00	2.3 (51.1%)
DNC	**KAMIŃSKI Zbigniew**	**496**		M 35-39		02:11:43	**02:11:51.15**	**02:11:53.80**		0:00	2.3 (51.1%)
DNC	**VOSSLER Martin**	**557**		M 35-39		02:12:08	**02:12:16.35**	**02:12:16.35**		0:00	2.3 (51.1%)
DNC	**DAY Nick**	**551**		M 35-39		02:12:53	**02:13:01.55**	**02:13:04.10**		0:00	2.3 (51.1%)
DNC	**KEREK Bernhard**	**502**	BÄHRINGER WILDSAUE	M 35-39		02:14:50	**02:14:59.90**	**02:15:03.35**		0:00	2.2 (48.9%)
DNC	**SJÖGREN Niklas**	**469**	TEAM FRIGOVÄST	M 35-39		02:15:30	**02:15:36.80**	**02:15:39.60**		0:00	2.2 (48.9%)
DNC	**MORAWSKI Grzegorz**	**490**		M 35-39		02:16:20	**02:16:28.50**	**02:16:30.80**		0:00	2.2 (48.9%)
DNC	**ZALEJASZ Sylwester**	**536**	HELL SQUAD	M 35-39		02:17:26	**02:17:37.45**	**02:17:39.90**		0:00	2.2 (48.9%)
DNC	**KRZYŻOWSKI Grzegorz**	**563**		M 35-39		02:19:04	**02:19:20.50**	**02:19:22.95**		0:00	2.2 (48.9%)
DNC	**PETROW Janeck**	**506**		M 35-39		02:20:52	**02:21:32.95**	**02:21:35.35**		0:00	2.1 (46.7%)
DNC	**MIODEK Adrian**	**533**	DIRTY SPARROWS	M 35-39		02:21:29	**02:21:35.55**	**02:21:38.00**		0:00	2.1 (46.7%)
DNC	**SWART Maarten**	**517**		M 35-39		02:26:32	**02:26:37.15**	**02:26:39.65**		0:00	2 (44.4%)
DNC	**STRÖM Tomas**	**554**		M 35-39		02:27:49	**02:28:10.35**	**02:28:14.55**		0:00	2 (44.4%)
DNC	**GAWRYLUK Michał**	**539**		M 35-39		02:30:40	**02:30:48.55**	**02:30:51.40**		0:00	2 (44.4%)
DNC	**HERNANDEZ Arnedo**	**480**		M 35-39		02:30:35	**02:30:53.85**	**02:30:56.15**		0:00	2 (44.4%)
DNC	**HOLUBAR Martin**	**476**		M 35-39		02:31:51	**02:31:58.25**	**02:32:00.25**		0:00	2 (44.4%)
DNC	**MEIER Rolf**	**541**		M 35-39		02:32:20	**02:32:28.95**	**02:32:38.20**		0:00	2 (44.4%)
DNC	**PORTON David**	**560**		M 35-39		02:37:29	**02:37:36.45**	**02:37:39.70**		0:00	1.9 (42.2%)
DNC	**SZYDŁOWSKI Łukasz**	**498**		M 35-39		02:39:09	**02:39:19.10**	**02:39:22.25**		0:00	1.9 (42.2%)
DNC	**HINTON Mike**	**523**		M 35-39		02:41:33	**02:41:40.00**	**02:41:40.00**		0:00	1.9 (42.2%)
DNC	**SOBRINO David Ruedas**	**510**		M 35-39		02:48:52	**02:48:59.05**	**02:49:01.45**		0:00	1.8 (40.0%)
DNC	**SŁONIEWSKI Rafał**	**500**		M 35-39		03:25:33	**03:25:42.10**	**03:25:45.55**		0:00	1.5 (33.3%)
DNC	**JANSEN Theo**	**561**		M 35-39		03:40:45	**03:40:51.55**	**03:40:54.15**		0:00	1.4 (31.1%)

Znaleziono 100 wynik(ów)