OSIELSKO - III MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE

Organizator: PFNW
Data: 2016-04-23
Miejsce: Osielsko
Dystans: 42.195 km

HERKULES
www.herkules.org.pl

Klasyfikacja: K50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	4.22km	8.439km	12.659km	16.878km	21.098km	25.317km	29.537km	33.756km	37.976km	Czas netto 42.195km	Czas brutto 42.195km	Różn	Tempo min/km	Tempo km/h
1	**STĘPIEŃ Lucyna**	**96**	KS METRACO POLKOWICE	K50-59	1			00:02:42	00:30:57	01:01:42	01:32:44	02:04:23	02:36:22	03:09:05	03:42:45	04:17:47	04:53:06	**05:27:58.65**	**05:30:40.65**		7:46	7.7 (100%)
2	**ŁOPATKIEWICZ Beata**	**42**		K50-59	2			00:02:40	00:30:57	01:01:43	01:32:45	02:04:40	02:37:51	03:11:15	03:45:57	04:20:50	04:56:28	**05:31:55.35**	**05:34:35.45**	+00:03:56 (1.2%)	7:51	7.6 (98.7%)
3	**JANKOWSKA Katarzyna**	**22**	MOSIR/GIMNAZJUM	K50-59	3			00:02:39	00:32:53	01:05:07	01:37:56	02:10:41	02:43:51	03:17:21	03:51:25	04:26:11	05:01:29	**05:36:14.10**	**05:38:53.85**	+00:08:15 (2.5%)	7:58	7.5 (97.4%)
4	**KARASIEWICZ Irena**	**28**	FACE NW TEAM	K50-59	4			00:02:39	00:33:03	01:06:19	01:39:40	02:13:15	02:46:58	03:20:30	03:55:00	04:29:21	05:03:53	**05:38:29.95**	**05:41:08.95**	+00:10:31 (3.1%)	8:01	7.5 (97.4%)
5	**ŚLIWKA Wanda**	**76**	FACE NORDIC WALKING TEAM	K50-59	5			00:02:42	00:32:41	01:04:34	01:36:53	02:10:14	02:44:37	03:20:09	03:54:36	04:29:48	05:07:54	**05:46:17.85**	**05:49:00.60**	+00:18:19 (5.3%)	8:12	7.3 (94.8%)
6	**KUPIBIDA Boguslawa**	**38**	SILESIA NORDIC TEAM	K50-59	6			00:02:40	00:34:09	01:07:51	01:41:27	02:15:02	02:49:34	03:24:15	03:59:28	04:36:25	05:12:12	**05:47:28.55**	**05:50:09.30**	+00:19:29 (5.6%)	8:14	7.3 (94.8%)
7	**PIERNICKA Krystyna**	**56**		K50-59	7			00:02:42	00:32:42	01:04:36	01:37:04	02:10:32	02:45:57	03:23:05	04:00:28	04:38:01	05:16:04	**05:53:32.00**	**05:56:14.60**	+00:25:33 (7.2%)	8:22	7.2 (93.5%)
8	**PACZUSKA Małgorzata**	**54**	FOREVER YOUNG ŁÓDŹ	K50-59	8			00:02:43	00:34:54	01:09:30	01:44:35	02:20:01	02:56:11	03:32:49	04:10:13	04:50:09	05:30:01	**06:11:20.55**	**06:14:04.25**	+00:43:21 (11.7%)	8:47	6.8 (88.3%)
9	**ROSIŃSKA Dorota**	**62**		K50-59	9			00:02:41	00:36:55	01:14:21	01:52:24	02:30:37	03:09:50	03:50:18	04:31:51	05:13:47	05:54:56	**06:35:07.45**	**06:37:49.00**	+01:07:08 (17.0%)	9:21	6.4 (83.1%)
	BOCZAR Beata	**5**	GREEN TEAM ZIELONA GÓRA	K50-59				DNF	00:31:40 DNF	01:03:44 DNF	01:36:21 DNF	02:09:24 DNF	02:43:19 DNF	DNF	DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)

Znaleziono 10 wynik(ów)