OSIELSKO - PUCHAR POLSKI NORDIC WALKING 2019 - 5 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: PUCHAR POLSKI NORDIC WALKING 2019
Organizator: Osielsko
Data: 2019-08-10
Miejsce: Osielsko
Dystans: 5 km



Klasyfikacja: M60-64

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	**WOROCH Roman**	**285**	KS METRACO POLKOWICE	M60-64	1			**00:31:02.50**		6:12	9.7 (100%)
2	**GAJEWSKI Eugeniusz**	**50**		M60-64	2			**00:31:13.60**	+00:00:11 (0.6%)	6:14	9.6 (99.0%)
3	**TRZCIŃSKI Eugeniusz**	**264**		M60-64	3			**00:34:38.95**	+00:03:36 (10.4%)	6:55	8.7 (89.7%)
4	**GAPIŃSKI Leszek**	**356**	CKZIU MECHANIK NYSA	M60-64	4			**00:35:13.40**	+00:04:10 (11.9%)	7:02	8.5 (87.6%)
5	**WIŚNIEWSKI Kazimierz**	**281**	PASJA NORDIC WALKING	M60-64	5			**00:36:45.60**	+00:05:43 (15.6%)	7:21	8.2 (84.5%)
6	**POZNAŃSKI Wiesław**	**195**		M60-64	6			**00:36:51.55**	+00:05:49 (15.8%)	7:22	8.1 (83.5%)
7	**KOZIARZ Roman**	**112**	STADION ŚLĄSKI	M60-64	7			**00:36:54.25**	+00:05:51 (15.9%)	7:22	8.1 (83.5%)
8	**CIESIELSKI Krzysztof**	**27**	FAST WALKER	M60-64	8			**00:36:58.00**	+00:05:55 (16.0%)	7:23	8.1 (83.5%)
9	**MOTOCZYŃSKI Krzysztof**	**158**	GOSIR OSIELSKO	M60-64	9			**00:37:54.65**	+00:06:52 (18.1%)	7:35	7.9 (81.4%)
10	**GOŁĘBIEWSKI Andrzej**	**60**	KLUB NW PATYCZAKI – GRUDZIĄDZ	M60-64	10			**00:37:59.20**	+00:06:56 (18.3%)	7:36	7.9 (81.4%)
11	**ŁUKASIK Michał**	**143**	TORUŃ - IDZIEMY BEZ RYZYKA	M60-64	11			**00:38:32.80**	+00:07:30 (19.5%)	7:42	7.8 (80.4%)
12	**KĘSY Wiesław**	**93**	MY Z PODWÓRKA	M60-64	12			**00:39:35.10**	+00:08:32 (21.6%)	7:55	7.6 (78.4%)
13	**KARCZMARSKI Krzysztof**	**92**	IPA RADOM	M60-64	13			**00:41:22.25**	+00:10:19 (25.0%)	8:16	7.3 (75.3%)
14	**PAJĘCKI Adam**	**179**	PARAKULOS KOWAL	M60-64	14			**00:42:56.55**	+00:11:54 (27.7%)	8:35	7 (72.2%)
15	**TARCZYŃSKI Waldemar**	**368**		M60-64	15			**00:44:19.45**	+00:13:16 (30.0%)	8:52	6.8 (70.1%)
16	**KUCZYŃSKI Włodzimierz**	**126**	NORDIC WALKING KIEKRZ	M60-64	16			**00:44:52.30**	+00:13:49 (30.8%)	8:58	6.7 (69.1%)
17	**REZMER Mieczysław**	**215**		M60-64	17			**00:47:10.80**	+00:16:08 (34.2%)	9:26	6.4 (66.0%)
18	**STAROSZ Andrzej**	**239**		M60-64	18			**00:47:13.75**	+00:16:11 (34.3%)	9:26	6.4 (66.0%)
19	**NOWAKOWSKI Tomasz**	**315**	GOSIR OSIELSKO	M60-64	19			**00:53:32.45**	+00:22:29 (42.0%)	10:42	5.6 (57.7%)

Znaleziono 19 wynik(ów)