



Organizator:
Data:
Miejsce:
Dystans:

PFNW
2016-04-23
Osielsko
4.2195 km

OSIELSKO - RAJD GMINNY NORDIC WALKING

B4SPORT

 **HERKULES**
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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 4.2195km	Czas brutto 4.2195km	Różn	Tempo min/km	Tempo km/h
1	LUBIATOWSKI Ireneusz	112	KS METRACO POLKOWICE	M-OPEN	1			02:52:33	00:25:07.25	03:17:40.40		5:57	10.1 (100%)
2	SKIBA Krzysztof	58	KS METRACO POLKOWICE	M-OPEN	2			02:55:11	00:25:26.85	03:20:37.85	+00:00:19 (1.3%)	6:01	10 (99.0%)
3	DEMBKOWSKI Ryszard	144	GOSIR OSIELSKO	M-OPEN	3			02:52:33	00:26:58.25	03:19:31.70	+00:01:51 (6.9%)	6:23	9.4 (93.1%)
4	GAJEWSKI Eugeniusz	110	KS METRACO POLKOWICE	M-OPEN	4			02:52:32	00:27:16.55	03:19:49.15	+00:02:09 (7.9%)	6:27	9.3 (92.1%)
5	ZACZYŃSKA Anna	83	KS METRACO POLKOWICE	K-OPEN	1			02:55:11	00:27:56.45	03:23:08.10	+00:02:49 (10.1%)	6:37	9.1 (90.1%)
6	MIELECKA Agnieszka	147	GOSIR OSIELSKO	K-OPEN	2			02:52:33	00:28:04.20	03:20:37.25	+00:02:56 (10.5%)	6:39	9 (89.1%)
7	CHABROS Małgorzata	139		K-OPEN	3			02:54:00	00:28:44.15	03:22:44.15	+00:03:36 (12.6%)	6:48	8.8 (87.1%)
8	STAWNIAK Karol	130	KS METRACO POLKOWICE	M-OPEN	5			02:52:36	00:28:55.25	03:21:31.80	+00:03:48 (13.1%)	6:51	8.8 (87.1%)
9	KUŁAKOWSKA Anna	143	GOSIR OSIELSKO	K-OPEN	4			02:52:39	00:29:08.20	03:21:48.15	+00:04:00 (13.8%)	6:54	8.7 (86.1%)
10	GRYGOROWICZ Bogdan	129	KS METRACO POLKOWICE	M-OPEN	6			02:52:32	00:29:09.30	03:21:41.55	+00:04:02 (13.8%)	6:54	8.7 (86.1%)
11	WALENDZIAK Jan	126	POCHODZĘ Z MALBORKA	M-OPEN	7			02:52:34	00:29:27.15	03:22:01.85	+00:04:19 (14.7%)	6:58	8.6 (85.1%)
12	SZCZEPAŃSKI Rafał	132	OPEL ACTIVE TEAM	M-OPEN	8			02:54:03	00:29:28.20	03:23:31.75	+00:04:20 (14.8%)	6:58	8.6 (85.1%)
13	MOTYLSKA Aleksa	149	NORDIC TEAM GNIEZNO	K-OPEN	5			02:52:34	00:29:35.30	03:22:09.50	+00:04:28 (15.1%)	7:00	8.6 (85.1%)
14	SKRYCKA Katarzyna	127	KS METRACO POLKOWICE	K-OPEN	6			02:52:34	00:30:09.35	03:22:44.15	+00:05:02 (16.7%)	7:08	8.4 (83.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 4.2195km	Czas brutto 4.2195km	Różn	Tempo min/km	Tempo km/h
15	UKLEJEWSKI Przemysław	94		M-OPEN	9			02:52:34	00:30:22.70	03:22:56.80	+00:05:15 (17.3%)	7:11	8.3 (82.2%)
16	SULECKA Gabriela	67		K-OPEN	7			02:52:33	00:30:39.60	03:23:12.75	+00:05:32 (18.1%)	7:15	8.3 (82.2%)
17	WIERZCHOSŁAWSKI Mateusz	76		M-OPEN	10			02:56:36	00:30:56.05	03:27:32.25	+00:05:48 (18.8%)	7:19	8.2 (81.2%)
18	GÓRSKI Jacek	98		M-OPEN	11			02:52:35	00:31:00.35	03:23:35.95	+00:05:53 (19.0%)	7:20	8.2 (81.2%)
19	MÓL Wioletta	96	CZELADŹ BIEGA	K-OPEN	8			02:52:36	00:31:25.70	03:24:02.25	+00:06:18 (20.1%)	7:26	8.1 (80.2%)
20	KUSIEWICZ Piotr	32	GOSIR OSIELSKO	M-OPEN	12			02:52:35	00:31:40.40	03:24:15.45	+00:06:33 (20.7%)	7:30	8 (79.2%)
21	WIERZCHOSŁAWSKA Agnieszka	75		K-OPEN	9			02:56:35	00:31:46.05	03:28:21.65	+00:06:38 (20.9%)	7:31	8 (79.2%)
22	GOŁĘBIEWSKI Andrzej	118	PATYCZAKI	M-OPEN	13			02:53:59	00:31:56.35	03:25:56.20	+00:06:49 (21.3%)	7:34	7.9 (78.2%)
23	DOMINIKOWSKI Tomasz	153	ZSB OSIELSKO	M-OPEN	14			02:55:13	00:31:58.00	03:27:11.45	+00:06:50 (21.4%)	7:34	7.9 (78.2%)
24	SKRZYPCZAK Cyprian	152	ZSB OSIELSKO	M-OPEN	15			02:55:13	00:31:58.15	03:27:11.20	+00:06:50 (21.4%)	7:34	7.9 (78.2%)
25	ZIELIŃSKA Jolanta	131	GOSIR OSIELSKO	K-OPEN	10			02:58:08	00:32:05.55	03:30:13.65	+00:06:58 (21.7%)	7:36	7.9 (78.2%)
26	KĘDZIERSKA Edyta	99	PFNW	K-OPEN	11			02:54:02	00:32:38.10	03:26:40.65	+00:07:30 (23.0%)	7:43	7.8 (77.2%)
27	MŁYNARCZYK Dorota	150	ZSB OSIELSKO	K-OPEN	12			02:54:04	00:32:38.40	03:26:42.40	+00:07:31 (23.0%)	7:43	7.8 (77.2%)
28	SZPILMAN Janusz	69	FACE NORDIC WALKING TEAM	M-OPEN	16			02:55:15	00:32:38.45	03:27:53.50	+00:07:31 (23.0%)	7:43	7.8 (77.2%)
29	MAJCHRZAK Jakub	125	POCHODZĘ Z MALBORKA	M-OPEN	17			02:52:35	00:33:00.75	03:25:35.80	+00:07:53 (23.9%)	7:49	7.7 (76.2%)
30	CHABROS Teresa	140		K-OPEN	13			02:56:40	00:33:11.60	03:29:52.25	+00:08:04 (24.3%)	7:52	7.6 (75.2%)
31	APPEL Jerzy	2	GOSIR OSIELSKO	M-OPEN	18			02:52:36	00:33:19.90	03:25:56.85	+00:08:12 (24.6%)	7:53	7.6 (75.2%)
32	POPOWSKI Tomasz	54	4DON	M-OPEN	19			02:55:17	00:33:23.05	03:28:40.85	+00:08:15 (24.8%)	7:54	7.6 (75.2%)
33	STARZYŃSKA Ewa	128	KS METRACO POLKOWICE	K-OPEN	14			02:52:33	00:33:42.05	03:26:15.80	+00:08:34 (25.5%)	7:59	7.5 (74.3%)
34	ŚLEWIŃSKA Magdalena	137	BŁĘKITNI	K-OPEN	15			02:54:07	00:33:43.40	03:27:50.55	+00:08:36 (25.5%)	7:59	7.5 (74.3%)
35	SITEK Justyna	57	GOSIR OSIELSKO	K-OPEN	16			02:58:01	00:33:46.90	03:31:48.50	+00:08:39 (25.6%)	8:00	7.5 (74.3%)
36	KUBIAK Andrzej	114		M-OPEN	20			02:58:05	00:33:55.70	03:32:01.30	+00:08:48 (26.0%)	8:02	7.5 (74.3%)
37	STELMACH Dariusz	66	ST TEAM	M-OPEN	21			02:55:12	00:33:56.40	03:29:08.40	+00:08:49 (26.0%)	8:02	7.5 (74.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 4.2195km	Czas brutto 4.2195km	Różn	Tempo min/km	Tempo km/h
38	JAKUBOWSKA Anna	155	POWIAT BYDGOSKI	K-OPEN	17			02:58:03	00:33:58.30	03:32:01.50	+00:08:51 (26.1%)	8:02	7.5 (74.3%)
39	WOJCIECHOWSKA Janina	80		K-OPEN	18			02:58:02	00:34:10.70	03:32:13.25	+00:09:03 (26.5%)	8:06	7.4 (73.3%)
40	JÓŹWIAK Dominik	25	WTWWŁOCLAWEK	M-OPEN	22			02:52:32	00:34:12.60	03:26:45.15	+00:09:05 (26.6%)	8:06	7.4 (73.3%)
41	MROCEK-ŻAL Justyna	47	BUSHI TORUŃ	K-OPEN	19			02:58:05	00:34:27.00	03:32:32.30	+00:09:19 (27.1%)	8:09	7.3 (72.3%)
42	PIOTRKIEWICZ Anna	52		K-OPEN	20			02:55:15	00:34:53.45	03:30:08.75	+00:09:46 (28.0%)	8:15	7.3 (72.3%)
43	WIŚNIEWSKI Janusz	78	WTW.WŁOCLAWEK	M-OPEN	23			02:58:07	00:34:56.45	03:33:03.75	+00:09:49 (28.1%)	8:16	7.2 (71.3%)
44	DZIEMIŃSKI Jan	120	BŁĘKITNI	M-OPEN	24			02:52:38	00:35:04.80	03:27:43.00	+00:09:57 (28.4%)	8:18	7.2 (71.3%)
45	SŁOWIK Kacper	61		M-OPEN	25			02:54:06	00:35:21.05	03:29:27.50	+00:10:13 (28.9%)	8:22	7.2 (71.3%)
46	MATAŚKA Teresa	100		K-OPEN	21			02:56:37	00:35:28.20	03:32:05.20	+00:10:20 (29.2%)	8:24	7.1 (70.3%)
47	KOZŁOWSKA Julia	31	FACE NORDIC WALKING TEAM	K-OPEN	22			02:58:10	00:35:36.75	03:33:47.40	+00:10:29 (29.5%)	8:26	7.1 (70.3%)
48	SŁOWIK Amelia	62		K-OPEN	23			02:54:05	00:35:41.80	03:29:46.85	+00:10:34 (29.6%)	8:27	7.1 (70.3%)
49	BIERYT Arkadiusz	5	KLUB WEELNES BYDGOSZCZ	M-OPEN	26			02:56:38	00:35:42.35	03:32:21.30	+00:10:35 (29.6%)	8:27	7.1 (70.3%)
50	UKLEJEWSKA Agnieszka	95		K-OPEN	24			02:54:02	00:35:43.70	03:29:45.80	+00:10:36 (29.7%)	8:27	7.1 (70.3%)
51	GOSTOMSKA Bożena	105		K-OPEN	25			02:52:35	00:35:44.30	03:28:19.95	+00:10:37 (29.7%)	8:28	7.1 (70.3%)
52	BONIEWICZ Konrad	9	GOSIR OSIELSKO	M-OPEN	27			02:54:07	00:35:44.80	03:29:52.00	+00:10:37 (29.7%)	8:28	7.1 (70.3%)
53	CZARNOWSKI Janusz	148		M-OPEN	28			02:56:38	00:35:45.80	03:32:23.85	+00:10:38 (29.8%)	8:28	7.1 (70.3%)
54	SMARUJ-SADOWSKA Janina	64		K-OPEN	26			02:55:14	00:35:47.25	03:31:01.35	+00:10:40 (29.8%)	8:28	7.1 (70.3%)
55	NOWAKOWSKA Ewa	48	GOSIR OSIELSKO	K-OPEN	27			02:54:01	00:35:58.00	03:29:59.40	+00:10:50 (30.2%)	8:31	7 (69.3%)
56	WIŚNIEWSKA Iwona	77	WTW.WŁOCLAWEK	K-OPEN	28			02:52:32	00:36:01.50	03:28:34.35	+00:10:54 (30.3%)	8:32	7 (69.3%)
57	GÓRSKI Piotr	124	GOSIR OSIELSKO	M-OPEN	29			02:54:03	00:36:04.45	03:30:08.40	+00:10:57 (30.4%)	8:33	7 (69.3%)
58	ZABRZEŃSKA Anna	158	ZSB OSIELSKO	K-OPEN	29			02:55:14	00:36:11.90	03:31:26.45	+00:11:04 (30.6%)	8:34	7 (69.3%)
59	KOMAJDA Jarosław	115	GOSIR OSIELSKO	M-OPEN	30			02:58:07	00:36:20.80	03:34:27.90	+00:11:13 (30.9%)	8:36	7 (69.3%)
60	CZĘSTOCHOWSKI Piotr	154	DZIECĘCE GRAFFITI	M-OPEN	31			02:58:08	00:36:21.65	03:34:30.35	+00:11:14 (30.9%)	8:37	7 (69.3%)

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61	STELMACH Katarzyna	142	ST TEAM	K-OPEN	30			02:55:13	00:36:31.10	03:31:44.25	+00:11:23 (31.2%)	8:39	6.9 (68.3%)
62	STELMACH Anita	65	ST TEAM	K-OPEN	31			02:55:13	00:36:31.15	03:31:44.25	+00:11:23 (31.2%)	8:39	6.9 (68.3%)
63	WYSOCKI Gabriel	123	BŁĘKITNI	M-OPEN	32			02:52:38	00:36:31.55	03:29:10.20	+00:11:24 (31.2%)	8:39	6.9 (68.3%)
64	GÓRSKA Violetta	97		K-OPEN	32			02:54:03	00:36:48.20	03:30:51.35	+00:11:40 (31.7%)	8:43	6.9 (68.3%)
65	GRUDNOWSKI Norbert	111		M-OPEN	33			02:52:37	00:36:48.40	03:29:26.25	+00:11:41 (31.7%)	8:43	6.9 (68.3%)
66	KUŚMIEREK Beata	107		K-OPEN	33			02:52:38	00:36:48.45	03:29:26.55	+00:11:41 (31.8%)	8:43	6.9 (68.3%)
67	GRUDNOWSKA Wiktoria	108		K-OPEN	34			02:52:37	00:36:49.55	03:29:26.75	+00:11:42 (31.8%)	8:43	6.9 (68.3%)
68	JANIEC Jadwiga	23		K-OPEN	35			02:56:38	00:36:57.65	03:33:36.60	+00:11:50 (32.0%)	8:45	6.8 (67.3%)
69	BARANOWSKA Agnieszka	135		K-OPEN	36			02:58:01	00:37:00.90	03:35:02.85	+00:11:53 (32.1%)	8:46	6.8 (67.3%)
70	PORZYCH Wojciech	159	POWIAT BYDGOSKI	M-OPEN	34			02:58:06	00:37:14.60	03:35:20.85	+00:12:07 (32.5%)	8:49	6.8 (67.3%)
71	AŁADOWICZ Anna	1	BRAK	K-OPEN	37			02:54:04	00:37:23.55	03:31:28.50	+00:12:16 (32.8%)	8:51	6.8 (67.3%)
72	KRYZEL Dorota	104		K-OPEN	38			02:52:36	00:37:31.20	03:30:07.90	+00:12:23 (33.0%)	8:53	6.7 (66.3%)
73	WOJTASZAK Maria	81	'NASZA WIEŚ'	K-OPEN	39			02:55:12	00:37:36.10	03:32:48.50	+00:12:28 (33.2%)	8:54	6.7 (66.3%)
74	WOJTASZAK Weronika	82	'NASZA WIEŚ'	K-OPEN	40			02:55:12	00:37:36.25	03:32:49.10	+00:12:29 (33.2%)	8:54	6.7 (66.3%)
75	OGONOWSKA Edyta	117	PATYCZAKI	K-OPEN	41			02:54:00	00:37:41.15	03:31:41.45	+00:12:33 (33.3%)	8:55	6.7 (66.3%)
76	SIKORSKA Małgorzata	151	ZSB OSIELSKO	K-OPEN	42			02:54:04	00:37:43.20	03:31:47.45	+00:12:35 (33.4%)	8:56	6.7 (66.3%)
77	BIERYT Joanna	7	KLUB WELLNESS BYDGOSZCZ	K-OPEN	43			02:56:42	00:37:43.45	03:34:25.60	+00:12:36 (33.4%)	8:56	6.7 (66.3%)
78	MĄDRA Eleonora Krystyna	42	'NASZA WIEŚ'	K-OPEN	44			02:54:06	00:37:43.95	03:31:50.10	+00:12:36 (33.4%)	8:56	6.7 (66.3%)
79	ZIELIŃSKA Danuta	84		K-OPEN	45			02:56:38	00:37:53.50	03:34:31.90	+00:12:46 (33.7%)	8:58	6.7 (66.3%)
80	KOZŁOWSKI Piotr	156	POWIAT BYDGOSKI	M-OPEN	35			02:58:03	00:37:53.80	03:35:56.95	+00:12:46 (33.7%)	8:58	6.7 (66.3%)
81	BALICKA Krzysztofa	4		K-OPEN	46			02:56:39	00:37:57.15	03:34:36.80	+00:12:49 (33.8%)	8:59	6.7 (66.3%)
82	CZAJA Agnieszka	14	BRAK	K-OPEN	47			02:56:40	00:38:19.85	03:35:00.70	+00:13:12 (34.5%)	9:05	6.6 (65.3%)
83	CZAJA Aneta	15	JEZIORKI AKTYWNA WIEŚ	K-OPEN	48			02:56:40	00:38:20.75	03:35:00.90	+00:13:13 (34.5%)	9:05	6.6 (65.3%)

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									4.2195km	4.2195km			
84	BANASZAK Małgorzata	160		K-OPEN	49			02:55:14	00:38:24.55	03:33:38.80	+00:13:17 (34.6%)	9:05	6.6 (65.3%)
85	KOLBUSZ Janina	101	KS METRACO POLKOWICE	K-OPEN	50			02:52:39	00:38:24.85	03:31:04.20	+00:13:17 (34.6%)	9:06	6.6 (65.3%)
86	GROBELNA Jadwiga	102	KS METRACO POLKOWICE	K-OPEN	51			02:52:38	00:38:25.55	03:31:04.20	+00:13:18 (34.6%)	9:06	6.6 (65.3%)
87	TURZYŃSKA Józefa	116	BŁĘKITNI	M-OPEN	36			02:54:01	00:38:39.50	03:32:40.85	+00:13:32 (35.0%)	9:09	6.6 (65.3%)
88	MIERZYŃSKA Weronika	44	OSW NR 1 IM. L.BRAILLE'A	K-OPEN	52			02:55:17	00:38:40.25	03:33:57.85	+00:13:33 (35.0%)	9:09	6.5 (64.4%)
89	SIEG Patrycja	56	OSW NR 1 IM. L.BRAILLE'A	K-OPEN	53			02:55:16	00:38:40.90	03:33:57.65	+00:13:33 (35.1%)	9:10	6.5 (64.4%)
90	GAŁGAŃSKA Beata	19	OSW NR 1 IM. L.BRAILLE'A	K-OPEN	54			02:55:16	00:38:41.20	03:33:57.35	+00:13:33 (35.1%)	9:10	6.5 (64.4%)
91	KAŻMIERCZAK Żanetta	28	GOSIR OSIELSKO	K-OPEN	55			02:58:05	00:38:46.10	03:36:52.05	+00:13:38 (35.2%)	9:11	6.5 (64.4%)
92	MOTOCZYŃSKA Aleksandra	46	GOSIR OSIELSKO	K-OPEN	56			02:54:02	00:38:48.45	03:32:50.55	+00:13:41 (35.3%)	9:11	6.5 (64.4%)
93	PERS Agnieszka	51	'NASZA WIEŚ'	K-OPEN	57			02:55:12	00:38:57.65	03:34:09.90	+00:13:50 (35.5%)	9:13	6.5 (64.4%)
94	KAŻMIERCZAK Lena	27	GOSIR OSIELSKO	K-OPEN	58			02:58:04	00:38:58.70	03:37:03.00	+00:13:51 (35.6%)	9:14	6.5 (64.4%)
95	BALBUZA-WALKOWSKA Lucyna	136		K-OPEN	59			02:56:40	00:39:17.15	03:35:57.50	+00:14:09 (36.1%)	9:18	6.4 (63.4%)
96	DASZKIEWICZ Jadwiga	16	'NASZA WIEŚ'	K-OPEN	60			02:54:06	00:39:19.25	03:33:25.35	+00:14:12 (36.1%)	9:19	6.4 (63.4%)
97	LEWANDOWSKI Szymon	86	GOSIR OSIELSKO	M-OPEN	37			02:52:34	00:39:21.00	03:31:55.50	+00:14:13 (36.2%)	9:19	6.4 (63.4%)
98	BONIEWICZ Alina	10	GOSIR OSIELSKO	K-OPEN	61			02:55:19	00:39:25.50	03:34:44.85	+00:14:18 (36.3%)	9:20	6.4 (63.4%)
99	ORLIKOWSKA Barbara	50	'NASZA WIEŚ'	K-OPEN	62			02:54:04	00:39:39.50	03:33:44.35	+00:14:32 (36.7%)	9:23	6.4 (63.4%)
100	LINOWSKA Katarzyna	40		K-OPEN	63			02:57:55	00:39:46.45	03:37:42.20	+00:14:39 (36.8%)	9:25	6.4 (63.4%)
101	CHYREK Renata	13		K-OPEN	64			02:54:06	00:40:00.30	03:34:06.55	+00:14:53 (37.2%)	9:28	6.3 (62.4%)
102	FRELICH Barbara	18	'NASZA WIEŚ'	K-OPEN	65			02:54:05	00:40:07.95	03:34:13.45	+00:15:00 (37.4%)	9:30	6.3 (62.4%)
103	CZĘSTOCHOWSKI Tadeusz	113		M-OPEN	38			02:52:33	00:40:39.40	03:33:13.15	+00:15:32 (38.2%)	9:38	6.2 (61.4%)
104	MATUSZAK Ksawera	41	'NASZA WIEŚ'	K-OPEN	66			02:55:12	00:40:50.20	03:36:02.20	+00:15:42 (38.5%)	9:40	6.2 (61.4%)
105	GIERSZENDORF Paweł	20	FACE NORDIC WALKING TEAM	M-OPEN	39			02:58:12	00:40:58.70	03:39:11.05	+00:15:51 (38.7%)	9:42	6.2 (61.4%)
106	RACKA Mariola	55	OSW NR 1 IM. L.BRAILLE'A	K-OPEN	67			02:55:16	00:41:08.20	03:36:25.05	+00:16:00 (38.9%)	9:45	6.2 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 4.2195km	Czas brutto 4.2195km	Różn	Tempo min/km	Tempo km/h
107	TABAKA Anna	72	OSW NR 1 IM. L.BRAILLE'A	K-OPEN	68			02:55:16	00:41:08.95	03:36:25.35	+00:16:01 (39.0%)	9:45	6.2 (61.4%)
108	KOZA Patrycja	29	OSW NR 1 IM. L.BRAILLE'A	K-OPEN	69			02:55:16	00:41:09.05	03:36:25.60	+00:16:01 (39.0%)	9:45	6.2 (61.4%)
109	LESZCZYŃSKA Kazimiera	34	GOSIR OSIELSKO	K-OPEN	70			02:56:43	00:41:18.10	03:38:01.95	+00:16:10 (39.2%)	9:47	6.1 (60.4%)
110	LESZCZYŃSKA Wiesława	33	GOSIR OSIELSKO	K-OPEN	71			02:56:41	00:41:19.10	03:38:00.85	+00:16:11 (39.2%)	9:47	6.1 (60.4%)
111	KOWALKOWSKA Anna	91		K-OPEN	72			02:56:43	00:41:21.20	03:38:05.10	+00:16:13 (39.3%)	9:48	6.1 (60.4%)
112	LESZCZYŃSKI Władysław	35	GOSIR OSIELSKO	M-OPEN	40			02:56:43	00:41:23.65	03:38:06.75	+00:16:16 (39.3%)	9:48	6.1 (60.4%)
113	LESZCZYŃSKI Bartek	90		M-OPEN	41			02:56:36	00:41:24.45	03:38:00.65	+00:16:17 (39.3%)	9:48	6.1 (60.4%)
114	LEWANDOWSKI Sławek	87	GOSIR OSIELSKO	M-OPEN	42			02:52:35	00:41:41.80	03:34:17.30	+00:16:34 (39.8%)	9:52	6.1 (60.4%)
115	GIERSZEWSKA Barbara	106		K-OPEN	73			02:52:37	00:41:44.95	03:34:22.30	+00:16:37 (39.8%)	9:53	6.1 (60.4%)
116	STOPA Gerard	109		M-OPEN	43			02:54:02	00:41:56.40	03:35:59.00	+00:16:49 (40.1%)	9:56	6 (59.4%)
117	SŁOWIK Sylwia	59		K-OPEN	74			02:56:38	00:42:05.85	03:38:44.80	+00:16:58 (40.3%)	9:58	6 (59.4%)
118	BUBANS Natalia	11	OSW NR 1 IM. L.BRAILLE'A	K-OPEN	75			02:55:18	00:42:56.70	03:38:15.00	+00:17:49 (41.5%)	10:10	5.9 (58.4%)
119	STAUBACH Mirosława	121	BŁĘKITNI	K-OPEN	76			02:52:37	00:44:36.10	03:37:13.90	+00:19:28 (43.7%)	10:34	5.7 (56.4%)
120	DANIELS Teresa	103		K-OPEN	77			02:52:35	00:44:38.05	03:37:13.95	+00:19:30 (43.7%)	10:34	5.7 (56.4%)
121	LESZCZYŃSKA Pola	89		K-OPEN	78			02:56:37	00:44:49.55	03:41:26.65	+00:19:42 (44.0%)	10:37	5.6 (55.4%)
122	OSOWIEC Julian	122		M-OPEN	44			02:56:43	00:44:50.60	03:41:33.80	+00:19:43 (44.0%)	10:37	5.6 (55.4%)
123	GIERSZENDORF Borys	21	FACE NORDIC WALKING TEAM	M-OPEN	45			02:58:11	00:45:11.45	03:43:22.80	+00:20:04 (44.4%)	10:42	5.6 (55.4%)
124	LIKOWSKA Zofia	39		K-OPEN	79			02:58:13	00:45:11.70	03:43:24.95	+00:20:04 (44.4%)	10:42	5.6 (55.4%)
125	LIKOWSKA Lidia	38		K-OPEN	80			02:58:13	00:45:11.95	03:43:25.35	+00:20:04 (44.4%)	10:42	5.6 (55.4%)
126	TYLUTKI Andrzej	73	FACE NW TEAM, UKS SIEDLESZCZANY NORDIC WALKING	M-OPEN	46			02:58:11	00:45:12.75	03:43:23.90	+00:20:05 (44.4%)	10:42	5.6 (55.4%)
126	LIKOWSKI Wojciech	134		M-OPEN	47			02:58:13	00:45:12.75	03:43:25.85	+00:20:05 (44.4%)	10:42	5.6 (55.4%)
128	GIERSZENDORF Monika	22	FACE NORDIC WALKING TEAM	K-OPEN	81			02:58:11	00:45:12.90	03:43:24.00	+00:20:05 (44.4%)	10:42	5.6 (55.4%)
129	CHWALISZEWSKA Barbara	138	GOSIR OSIELSKO	M-OPEN	48			02:58:09	00:45:36.25	03:43:45.75	+00:20:29 (44.9%)	10:48	5.6 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 4.2195km	Czas brutto 4.2195km	Różn	Tempo min/km	Tempo km/h
130	SZUMIŁO Mateusz	71	GOSIR OSIELSKO	M-OPEN	49			02:58:05	00:46:03.60	03:44:08.75	+00:20:56 (45.5%)	10:54	5.5 (54.5%)
131	SZUMIŁO Joanna	70	GOSIR OSIELSKO	K-OPEN	82			02:58:05	00:46:05.05	03:44:10.20	+00:20:57 (45.5%)	10:55	5.5 (54.5%)
132	JUSZCZAK Justyna	141		K-OPEN	83			02:58:04	00:46:07.85	03:44:11.85	+00:21:00 (45.5%)	10:55	5.5 (54.5%)
133	CHWALISZEWSKI Michał	43	GOSIR OSIELSKO	M-OPEN	50			02:58:11	00:46:30.45	03:44:41.55	+00:21:23 (46.0%)	11:01	5.4 (53.5%)
134	MYLER Georgina	145	KSN ŁUCZNICZKA OCULUS	K-OPEN	84			02:55:19	00:46:56.70	03:42:16.35	+00:21:49 (46.5%)	11:07	5.4 (53.5%)
135	GÓRNA Urszula	146	KSN ŁUCZNICZKA OCULUS	K-OPEN	85			02:55:20	00:46:57.95	03:42:18.15	+00:21:50 (46.5%)	11:07	5.4 (53.5%)
136	BACZYŃSKA Grażyna	3	GOSIR--OSIELSKO	K-OPEN	86			02:55:20	00:47:14.90	03:42:35.60	+00:22:07 (46.8%)	11:11	5.4 (53.5%)
137	CICHOWSKI Wiesław	119	PATYCZAKI	M-OPEN	51			02:54:01	00:48:13.35	03:42:14.70	+00:23:06 (47.9%)	11:25	5.3 (52.5%)
138	SŁOWIK Przemysław	60		M-OPEN	52			02:56:39	00:53:12.25	03:49:51.90	+00:28:05 (52.8%)	12:36	4.8 (47.5%)
139	SŁOWIK Błażej	63		M-OPEN	53			02:56:36	00:53:15.90	03:49:51.90	+00:28:08 (52.8%)	12:37	4.8 (47.5%)
140	LESZCZYŃSKA Lucyna	93		K-OPEN	87			02:56:37	00:58:18.70	03:54:56.60	+00:33:11 (56.9%)	13:49	4.3 (42.6%)
141	LESZCZYŃSKI Darek	88	OSIELSKO	M-OPEN	54			02:56:36	00:58:18.75	03:54:55.70	+00:33:11 (56.9%)	13:49	4.3 (42.6%)
142	ZAMYŚLEWSKA Danuta	157		K-OPEN	88			02:55:14					(0.0%)

Znaleziono 142 wynik(ów)