



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Roll&Run Stalno
Stowarzyszenie Life Balance Place
2022-05-28
Stalno
5 km

ROLL & RUN :: BIEG GŁÓWNY

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dwubój	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZPARŁO Łukasz	220	KENPACHI	M40	1		00:18:47.25	00:18:47.65		3:45	16 (100%)
2	WADELSKI Maciej	223	1 BRYGADA LOGISTYCZNA	M30	1		00:19:39.10	00:19:40.60	+00:00:52 (4.5%)	3:55	15.3 (95.6%)
3	PARASZKA Łukasz	54	MINIONSSPEEDTEAM	M30	2	Tak	00:20:07.80	00:20:09.95	+00:01:22 (6.8%)	4:01	14.9 (93.1%)
4	WERNIK Roman	214		M40	2		00:20:34.70	00:20:36.40	+00:01:48 (8.8%)	4:06	14.6 (91.3%)
5	BISTUŁA Artur	227	O CO BIEGA PABIANICE	M20	1		00:21:08.95	00:21:10.05	+00:02:22 (11.2%)	4:13	14.2 (88.8%)
6	HOROSIEWICZ Bartosz	211	KS GEPRAD KĘPNO	M30	3		00:21:19.95	00:21:21.60	+00:02:33 (12.0%)	4:15	14.1 (88.1%)
7	ZIMLIŃSKI Dawid	218		M30	4		00:21:54.60	00:21:55.95	+00:03:08 (14.3%)	4:22	13.7 (85.6%)
8	CIBOROWSKI Itan	61	SEBA-SPORT PISZ	M20	2	Tak	00:22:14.10	00:22:15.75	+00:03:28 (15.6%)	4:26	13.5 (84.4%)
9	CIBOROWSKI Sebastian	60	SEBA-SPORT PISZ	M50	1	Tak	00:22:18.20	00:22:20.15	+00:03:32 (15.9%)	4:27	13.5 (84.4%)
10	BONAS Maciej	221	OSP RYBIENIEC	M20	3		00:22:45.30	00:22:47.10	+00:03:59 (17.5%)	4:33	13.2 (82.5%)
11	WADELSKA Joanna	224	PSY GOŃCZE JANKI-EGO	K30	1		00:24:06.85	00:24:08.80	+00:05:21 (22.2%)	4:49	12.4 (77.5%)
12	ZIÓŁKOWSKI Julian	50	STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY	M50	2	Tak	00:24:16.10	00:24:19.05	+00:05:31 (22.7%)	4:51	12.4 (77.5%)
13	WOŹNICKI Paweł	51	SPEEDSKATING ŁÓDŹ	M50	3	Tak	00:24:22.60	00:24:25.50	+00:05:37 (23.1%)	4:52	12.3 (76.9%)
14	LEŚNIEWICZ-PARASZKA Danuta	55	MINIONSSPEEDTEAM	K30	2	Tak	00:24:31.40	00:24:33.70	+00:05:46 (23.5%)	4:54	12.2 (76.3%)
15	ĆWIKLIŃSKA Anna	215	AKADEMIA MISTRZÓW SPORTU	K40	1		00:24:37.30	00:24:40.75	+00:05:53 (23.8%)	4:55	12.2 (76.3%)
16	MITKOWSKA Natalia	56		K30	3	Tak	00:24:45.75	00:24:48.15	+00:06:00 (24.2%)	4:57	12.1 (75.6%)
17	MICHALSKI Mariusz	70	UKS ZWOLEŃ-TEAM	M30	5		00:25:06.00	00:25:06.00	+00:06:18 (25.1%)	5:01	12 (75.0%)
18	BORAWSKA Anna	210	MAŁA LADY PANK	K40	2		00:26:02.15	00:26:04.50	+00:07:16 (27.9%)	5:12	11.5 (71.9%)
19	WYLEGA Adrian	225		M30	6		00:27:00.45	00:27:01.55	+00:08:13 (30.5%)	5:24	11.1 (69.4%)
20	CHOJECKI Dariusz	57		M50	4	Tak	00:28:15.40	00:28:18.65	+00:09:31 (33.6%)	5:39	10.6 (66.3%)
21	PIONTEK Elżbieta	219		K60+	1		00:28:32.60	00:28:35.70	+00:09:48 (34.3%)	5:42	10.5 (65.6%)
22	KĘDZIORSKA Beata	217		K50	1		00:29:26.35	00:29:30.10	+00:10:42 (36.3%)	5:53	10.2 (63.8%)
23	RICHERT Teresa	222	LIFE BALANCE PLACE	K40	3		00:30:17.20	00:30:21.10	+00:11:33 (38.1%)	6:03	9.9 (61.9%)
24	KĘDZIORSKI Marek	216		M50	5		00:35:03.20	00:35:06.30	+00:16:18 (46.5%)	7:00	8.6 (53.8%)
25	BANIA Zygmunt	59		M60+	1	Tak	00:40:57.50	00:41:01.10	+00:22:13 (54.2%)	8:11	7.3 (45.6%)

Znaleziono 25 wynik(ów)