



Organizator:
Data:
Miejsce:
Dystans:

Green House / Budlex
2019-09-15
Bydgoszcz
5 km

RUN BUDLEX FOR WOMEN

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K18-35 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MAIK Daria	227		K18-35 lat	1	00:00:01	00:09:38	00:19:30.80	00:19:31.90		3:54	15.4 (100%)
2	ŻUCHOWSKA Anna	492		K18-35 lat	2	00:00:01	00:10:15	00:20:56.45	00:20:58.35	+00:01:25 (6.8%)	4:11	14.3 (92.9%)
3	ŻUCHOWSKA Joanna	494	EKO OPAŁ PŁONNE/ UMK TORUŃ	K18-35 lat	3	00:00:01	00:11:06	00:22:22.75	00:22:24.10	+00:02:51 (12.8%)	4:28	13.4 (87.0%)
4	STROKOWSKA Paulina	398		K18-35 lat	4	00:00:05	00:11:05	00:22:53.35	00:22:58.50	+00:03:22 (14.7%)	4:34	13.1 (85.1%)
5	TOMCZYK Agata	430	SLA POLONIA BYDGOSZCZ	K18-35 lat	5	00:00:03	00:11:15	00:23:08.10	00:23:11.70	+00:03:37 (15.7%)	4:37	13 (84.4%)
6	DOBRZYŃSKA Ewa	65		K18-35 lat	6	00:00:04	00:11:33	00:23:58.55	00:24:02.85	+00:04:27 (18.6%)	4:47	12.5 (81.2%)
7	RUSOŃ Oliwia	352		K18-35 lat	7	00:00:01	00:11:25	00:24:06.25	00:24:07.95	+00:04:35 (19.0%)	4:49	12.4 (80.5%)
8	LUZAK Magdalena	217	REEBOK RUN CREW BYDGOSZCZ	K18-35 lat	8	00:00:06	00:11:56	00:24:14.10	00:24:20.10	+00:04:43 (19.5%)	4:50	12.4 (80.5%)
9	STRÓŻYK Grażyna	399		K18-35 lat	9	00:00:06	00:12:17	00:24:41.85	00:24:48.40	+00:05:11 (21.0%)	4:56	12.1 (78.6%)
10	PIOTROWSKA Katarzyna	320		K18-35 lat	10	00:00:06	00:12:18	00:24:44.85	00:24:51.70	+00:05:14 (21.2%)	4:57	12.1 (78.6%)
11	ZWIĄZEK Hanka	491		K18-35 lat	11	00:00:14	00:12:34	00:24:49.15	00:25:03.40	+00:05:18 (21.4%)	4:57	12.1 (78.6%)
12	MIRASZEWSKA Marta	256	AKTYWNE LISEWO	K18-35 lat	12	00:00:04	00:12:18	00:25:06.40	00:25:10.95	+00:05:35 (22.3%)	5:01	12 (77.9%)
13	GIL Żaneta	93		K18-35 lat	13	00:00:09	00:12:45	00:25:17.40	00:25:27.25	+00:05:46 (22.8%)	5:03	11.9 (77.3%)
14	ŻUCHOWSKA Paulina	493	AZS TORUŃ	K18-35 lat	14	00:00:05	00:12:14	00:25:18.20	00:25:23.80	+00:05:47 (22.9%)	5:03	11.9 (77.3%)
15	FILIPSKA Paulina	79		K18-35 lat	15	00:00:03	00:12:24	00:25:21.85	00:25:25.05	+00:05:51 (23.1%)	5:04	11.8 (76.6%)
16	MARACH Patrycja	237		K18-35 lat	16	00:00:16	00:12:47	00:25:35.45	00:25:51.85	+00:06:04 (23.7%)	5:07	11.7 (76.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	WOJDAT Dominika	465	ZIELONY PELIKAN	K18-35 lat	17	00:00:34	00:12:32	00:25:36.75	00:26:10.95	+00:06:05 (23.8%)	5:07	11.7 (76.0%)
18	ŁUCZKOWIAK Małgorzata	225		K18-35 lat	18	00:00:10	00:13:04	00:25:54.05	00:26:04.50	+00:06:23 (24.7%)	5:10	11.6 (75.3%)
19	DEKOWSKA Ania	61		K18-35 lat	19	00:00:37	00:13:17	00:25:58.05	00:26:35.20	+00:06:27 (24.9%)	5:11	11.6 (75.3%)
20	JEZIORSKA Izabela	134		K18-35 lat	20	00:00:08	00:12:52	00:25:59.35	00:26:08.05	+00:06:28 (24.9%)	5:12	11.5 (74.7%)
21	WRONKOWSKA Anna	470		K18-35 lat	21	00:00:21	00:13:29	00:26:08.00	00:26:29.85	+00:06:37 (25.3%)	5:13	11.5 (74.7%)
22	ULOWSKA Katarzyna	440	CHMIELARZ TEAM	K18-35 lat	22	00:00:19	00:13:05	00:26:12.10	00:26:31.25	+00:06:41 (25.5%)	5:14	11.5 (74.7%)
23	KALEMBA Daria	135	LAUREOLA FITNESS	K18-35 lat	23	00:00:07	00:13:06	00:26:17.95	00:26:25.90	+00:06:47 (25.8%)	5:15	11.4 (74.0%)
24	ŁUBIŃSKA-BARTYLAK Hanna	224	MAMA HANKA	K18-35 lat	24	00:00:43	00:13:05	00:26:28.25	00:27:11.90	+00:06:57 (26.3%)	5:17	11.3 (73.4%)
25	POTRZEBOWSKA Agata	331	#ŻÓŁTOKRÓLEWSCY	K18-35 lat	25	00:00:09	00:13:17	00:26:41.60	00:26:50.60	+00:07:10 (26.9%)	5:20	11.2 (72.7%)
26	NALEWALSKA Justyna	267	SERCE TYBETU/WKURW_TEAM	K18-35 lat	26	00:00:15	00:12:49	00:26:43.30	00:26:58.35	+00:07:12 (27.0%)	5:20	11.2 (72.7%)
27	LEWANDOWSKA Sylwia	209		K18-35 lat	27	00:00:06	00:12:58	00:26:48.25	00:26:54.30	+00:07:17 (27.2%)	5:21	11.2 (72.7%)
28	PILAKOWSKA Patrycja	317	ELTRA	K18-35 lat	28	00:00:07	00:13:15	00:27:33.80	00:27:40.80	+00:08:03 (29.2%)	5:30	10.9 (70.8%)
29	BAGNIEWSKA Małgorzata	11		K18-35 lat	29	00:00:16	00:14:06	00:27:35.10	00:27:51.10	+00:08:04 (29.3%)	5:31	10.9 (70.8%)
30	SIUDZIŃSKA Anna	374		K18-35 lat	30	00:00:06	00:13:47	00:27:41.10	00:27:47.20	+00:08:10 (29.5%)	5:32	10.8 (70.1%)
31	JASKUŁA Karolina	127		K18-35 lat	31	00:00:04	00:13:48	00:28:06.90	00:28:11.20	+00:08:36 (30.6%)	5:37	10.7 (69.5%)
32	KORPAL Żaneta	164		K18-35 lat	32	00:00:06	00:13:35	00:28:10.50	00:28:17.10	+00:08:39 (30.7%)	5:38	10.6 (68.8%)
33	SOBOLEWSKA Aleksandra	389	REEBOKRUNCREW BYDGOSZCZ	K18-35 lat	33	00:00:06	00:14:18	00:28:17.70	00:28:24.15	+00:08:46 (31.0%)	5:39	10.6 (68.8%)
34	JESZAWICZ Joanna	133		K18-35 lat	34	00:00:21	00:13:52	00:28:17.85	00:28:39.35	+00:08:47 (31.0%)	5:39	10.6 (68.8%)
35	ZAMOJSKA Pola	480		K18-35 lat	35	00:00:08	00:13:48	00:28:20.65	00:28:28.70	+00:08:49 (31.2%)	5:40	10.6 (68.8%)
36	POSLAD Martyna	330		K18-35 lat	36	00:00:25	00:14:40	00:28:22.65	00:28:48.05	+00:08:51 (31.2%)	5:40	10.6 (68.8%)
37	ZIELIŃSKA Iwona	484	MROCZA WOMEN	K18-35 lat	37	00:00:03	00:14:29	00:28:25.50	00:28:28.90	+00:08:54 (31.4%)	5:41	10.6 (68.8%)
38	LEWANDOWSKA Ewelina	205		K18-35 lat	38	00:00:09	00:14:36	00:28:31.40	00:28:40.70	+00:09:00 (31.6%)	5:42	10.5 (68.2%)
39	GÓRAL Anna	99		K18-35 lat	39	00:00:12	00:14:13	00:28:46.25	00:28:58.30	+00:09:15 (32.2%)	5:45	10.4 (67.5%)

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40	OZOROWSKA Karolina	294		K18-35 lat	40	00:00:14	00:14:23	00:28:55.25	00:29:10.05	+00:09:24 (32.5%)	5:47	10.4 (67.5%)
41	SKURCZYŃSKA Magdalena	381		K18-35 lat	41	00:00:07	00:14:10	00:29:03.75	00:29:11.50	+00:09:32 (32.9%)	5:48	10.3 (66.9%)
42	CHONCHERA Ewelina	46		K18-35 lat	42	00:00:16	00:14:27	00:29:13.40	00:29:30.35	+00:09:42 (33.2%)	5:50	10.3 (66.9%)
43	NAWROT Patrycja	271		K18-35 lat	43	00:00:04	00:14:39	00:29:14.55	00:29:18.55	+00:09:43 (33.3%)	5:50	10.3 (66.9%)
44	KŁOSOWSKA Magdalena	160	FIT MANIA	K18-35 lat	44	00:00:04	00:14:10	00:29:14.90	00:29:19.10	+00:09:44 (33.3%)	5:51	10.3 (66.9%)
45	KIERCZYŃSKA Agnieszka	152	ZSP4	K18-35 lat	45	00:00:03	00:13:42	00:29:25.75	00:29:29.65	+00:09:54 (33.7%)	5:53	10.2 (66.2%)
46	PALIŃSKA Magdalena	297		K18-35 lat	46	00:00:05	00:13:53	00:29:40.30	00:29:45.30	+00:10:09 (34.2%)	5:56	10.1 (65.6%)
47	STYPCZYŃSKA Karolina	401		K18-35 lat	47	00:00:25	00:14:57	00:29:41.20	00:30:06.30	+00:10:10 (34.3%)	5:56	10.1 (65.6%)
48	HAJNCE Michalina	109		K18-35 lat	48	00:00:23	00:15:40	00:29:42.10	00:30:06.05	+00:10:11 (34.3%)	5:56	10.1 (65.6%)
49	METZLER Magdalena	245		K18-35 lat	49	00:00:26	00:15:09	00:29:43.35	00:30:10.10	+00:10:12 (34.3%)	5:56	10.1 (65.6%)
50	PAWLAK Magdalena	305	WTORKOWY TRENING	K18-35 lat	50	00:00:22	00:15:06	00:29:45.80	00:30:08.30	+00:10:15 (34.4%)	5:57	10.1 (65.6%)
51	GIPP Małgorzata	94		K18-35 lat	51	00:00:12	00:15:10	00:29:50.00	00:30:02.60	+00:10:19 (34.6%)	5:58	10.1 (65.6%)
52	FILIPEK Weronika	78	NEUROSANA	K18-35 lat	52	00:00:13	00:14:33	00:29:53.35	00:30:07.00	+00:10:22 (34.7%)	5:58	10 (64.9%)
53	MSRKIEWICZ Karolina	262		K18-35 lat	53	00:00:05	00:14:14	00:29:53.90	00:29:59.80	+00:10:23 (34.7%)	5:58	10 (64.9%)
54	KUBIAK-KUJAWA Joanna	186		K18-35 lat	54	00:00:12	00:15:33	00:29:59.15	00:30:11.70	+00:10:28 (34.9%)	5:59	10 (64.9%)
55	BISKUP Katarzyna	24		K18-35 lat	55	00:00:26	00:15:41	00:30:01.85	00:30:28.25	+00:10:31 (35.0%)	6:00	10 (64.9%)
56	TEJZA Sandra	425		K18-35 lat	56	00:00:41	00:14:50	00:30:09.10	00:30:50.20	+00:10:38 (35.3%)	6:01	10 (64.9%)
57	JAGIELSKA Patrycja	119		K18-35 lat	57	00:00:24	00:14:45	00:30:10.10	00:30:34.50	+00:10:39 (35.3%)	6:02	9.9 (64.3%)
58	TUREK Natalia	434		K18-35 lat	58	00:00:14	00:15:20	00:30:20.40	00:30:35.15	+00:10:49 (35.7%)	6:04	9.9 (64.3%)
59	RÓŻYCZKA Joanna	350		K18-35 lat	59	00:00:12	00:14:59	00:30:26.15	00:30:38.15	+00:10:55 (35.9%)	6:05	9.9 (64.3%)
60	GAPSKA Weronika	88		K18-35 lat	60	00:00:26	00:14:49	00:30:28.90	00:30:55.60	+00:10:58 (36.0%)	6:05	9.8 (63.6%)
61	SŁYSZ-DEC Paulina	385		K18-35 lat	61	00:00:03	00:14:44	00:30:31.00	00:30:34.50	+00:11:00 (36.1%)	6:06	9.8 (63.6%)
62	SUCHARSKA Magdalena	402		K18-35 lat	62	00:00:40	00:14:56	00:30:32.10	00:31:13.00	+00:11:01 (36.1%)	6:06	9.8 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
63	SCHUMACHER-RATAJ Marta	367		K18-35 lat	63	00:00:22	00:14:59	00:30:36.60	00:30:58.75	+00:11:05 (36.3%)	6:07	9.8 (63.6%)
64	ZIELIŃSKA Izabela	486		K18-35 lat	64	00:00:18	00:15:29	00:30:44.90	00:31:02.95	+00:11:14 (36.5%)	6:08	9.8 (63.6%)
65	ŚWIERCZYŃSKA Maria	424		K18-35 lat	65	00:00:07	00:14:53	00:30:53.80	00:31:01.30	+00:11:23 (36.8%)	6:10	9.7 (63.0%)
66	PĘZIOŁ Aleksandra	310		K18-35 lat	66	00:00:45	00:16:31	00:30:53.95	00:31:39.10	+00:11:23 (36.8%)	6:10	9.7 (63.0%)
67	KRUCZYŃSKA Kamila	180		K18-35 lat	67	00:00:08	00:14:50	00:30:55.50	00:31:03.70	+00:11:24 (36.9%)	6:11	9.7 (63.0%)
68	SZULTKA Magdalena	419		K18-35 lat	68	00:00:29	00:15:00	00:30:58.90	00:31:28.40	+00:11:28 (37.0%)	6:11	9.7 (63.0%)
69	KONIECZNA Katarzyna	161		K18-35 lat	69	00:00:15	00:15:14	00:31:07.10	00:31:22.85	+00:11:36 (37.3%)	6:13	9.6 (62.3%)
70	ZUSKA Ewa	490	BUDLEX	K18-35 lat	70	00:00:22	00:15:43	00:31:10.15	00:31:32.60	+00:11:39 (37.4%)	6:14	9.6 (62.3%)
71	BONDAS Marta	27		K18-35 lat	71	00:00:11	00:15:16	00:31:11.00	00:31:22.40	+00:11:40 (37.4%)	6:14	9.6 (62.3%)
72	SIEG Patrycja	503		K18-35 lat	72	00:00:09	00:16:25	00:31:12.80	00:31:22.15	+00:11:42 (37.5%)	6:14	9.6 (62.3%)
73	KLETT Patrycja	157		K18-35 lat	73	00:00:34	00:16:15	00:31:22.10	00:31:56.15	+00:11:51 (37.8%)	6:16	9.6 (62.3%)
74	DAMMER Ewa	59		K18-35 lat	74	00:00:41	00:16:00	00:31:24.55	00:32:06.35	+00:11:53 (37.9%)	6:17	9.5 (61.7%)
75	MARCINKOWSKA Katarzyna	240		K18-35 lat	75	00:00:14	00:15:13	00:31:24.90	00:31:39.65	+00:11:54 (37.9%)	6:17	9.5 (61.7%)
76	TUCZKOWSKA Joanna	433		K18-35 lat	76	00:00:16	00:16:12	00:31:30.10	00:31:46.25	+00:11:59 (38.1%)	6:18	9.5 (61.7%)
77	DOMŻALSKA Katarzyna	67		K18-35 lat	77	00:00:28	00:15:23	00:31:30.75	00:31:58.90	+00:11:59 (38.1%)	6:18	9.5 (61.7%)
78	WILIŃSKA Ewelina	453		K18-35 lat	78	00:00:33	00:16:00	00:31:36.20	00:32:09.65	+00:12:05 (38.3%)	6:19	9.5 (61.7%)
79	ALACHNIEWICZ Aleksandra	4		K18-35 lat	79	00:00:08	00:15:20	00:31:38.00	00:31:46.90	+00:12:07 (38.3%)	6:19	9.5 (61.7%)
80	MAKSYMIUK Monika	231		K18-35 lat	80	00:00:16	00:15:54	00:31:38.15	00:31:55.10	+00:12:07 (38.3%)	6:19	9.5 (61.7%)
81	PAWŁOWSKA Marta	306		K18-35 lat	81	00:00:16	00:15:54	00:31:38.55	00:31:55.05	+00:12:07 (38.3%)	6:19	9.5 (61.7%)
82	KUBOWICZ-KAMIŃSKA Hania	187	QBOWICZ RODZINNA MAFIA BIEGOWA	K18-35 lat	82	00:00:51	00:15:57	00:31:56.45	00:32:47.75	+00:12:25 (38.9%)	6:23	9.4 (61.0%)
83	SIUDOWSKA Marta	373		K18-35 lat	83	00:00:28	00:16:15	00:32:00.70	00:32:29.65	+00:12:29 (39.0%)	6:24	9.4 (61.0%)
84	PAŁGAN Kasia	299		K18-35 lat	84	00:00:07	00:17:00	00:32:03.10	00:32:10.10	+00:12:32 (39.1%)	6:24	9.4 (61.0%)
85	KRAWCZUK Joanna	176		K18-35 lat	85	00:00:32	00:15:50	00:32:04.25	00:32:36.45	+00:12:33 (39.2%)	6:24	9.4 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
86	KAZIMIERAK-MALIŃSKA Agnieszka	148		K18-35 lat	86	00:00:36	00:16:14	00:32:07.95	00:32:44.60	+00:12:37 (39.3%)	6:25	9.3 (60.4%)
87	ZIOMKOWSKA Beata	488		K18-35 lat	87	00:00:18	00:16:06	00:32:16.65	00:32:35.00	+00:12:45 (39.5%)	6:27	9.3 (60.4%)
88	BRZEZINSKA Kinga	32		K18-35 lat	88	00:00:42	00:16:28	00:32:20.20	00:33:02.55	+00:12:49 (39.7%)	6:28	9.3 (60.4%)
88	KUCZKOWSKA-WRÓBEL Małgorzata	188		K18-35 lat	89	00:00:42	00:16:29	00:32:20.20	00:33:02.45	+00:12:49 (39.7%)	6:28	9.3 (60.4%)
90	KRZYŻANOWSKA Patrycja	184		K18-35 lat	90	00:00:00	00:16:40	00:32:28.10	00:32:28.10	+00:12:57 (39.9%)	6:29	9.2 (59.7%)
91	STEPKA Monika	397		K18-35 lat	91	00:00:42	00:16:44	00:32:28.65	00:33:11.50	+00:12:57 (39.9%)	6:29	9.2 (59.7%)
92	SEWRUK Iwona	369		K18-35 lat	92	00:00:42	00:16:44	00:32:29.05	00:33:11.70	+00:12:58 (39.9%)	6:29	9.2 (59.7%)
93	BARCIKOWSKA Weronika	14		K18-35 lat	93	00:00:27	00:16:16	00:32:30.25	00:32:58.15	+00:12:59 (40.0%)	6:30	9.2 (59.7%)
94	RAKOWSKA Natalia	339	STEPONE GIRLS POWER	K18-35 lat	94	00:00:47	00:16:34	00:32:31.15	00:33:18.90	+00:13:00 (40.0%)	6:30	9.2 (59.7%)
95	CHLEBOSZ Sylwia	43	STEPONE GIRLS POWER	K18-35 lat	95	00:00:47	00:16:34	00:32:31.20	00:33:18.80	+00:13:00 (40.0%)	6:30	9.2 (59.7%)
96	SŁOJEWSKA Dorota	382	STEPONE GIRLS POWER	K18-35 lat	96	00:00:47	00:16:35	00:32:31.50	00:33:19.10	+00:13:00 (40.0%)	6:30	9.2 (59.7%)
97	AMROZIEWICZ Beata	6		K18-35 lat	97	00:00:09	00:16:00	00:32:37.55	00:32:46.80	+00:13:06 (40.2%)	6:31	9.2 (59.7%)
98	PIESIK Ewa	313		K18-35 lat	98	00:00:15	00:16:26	00:32:52.20	00:33:07.25	+00:13:21 (40.6%)	6:34	9.1 (59.1%)
99	TUSZYŃSKA Anna	436		K18-35 lat	99	00:00:18	00:15:36	00:32:56.90	00:33:15.00	+00:13:26 (40.8%)	6:35	9.1 (59.1%)
100	WÓJCIK Monika	469	MW AQUA	K18-35 lat	100	00:00:20	00:16:52	00:32:59.95	00:33:20.50	+00:13:29 (40.9%)	6:36	9.1 (59.1%)
101	CIESZYŃSKA Agnieszka	52		K18-35 lat	101	00:00:23	00:16:46	00:33:02.40	00:33:25.85	+00:13:31 (40.9%)	6:36	9.1 (59.1%)
102	KASZOWSKA Natalia	144		K18-35 lat	102	00:00:25	00:16:43	00:33:06.25	00:33:32.00	+00:13:35 (41.1%)	6:37	9.1 (59.1%)
103	LISOWIEC Zuzanna	212	LAUREOLA FITNESS	K18-35 lat	103	00:00:39	00:16:35	00:33:11.70	00:33:51.20	+00:13:40 (41.2%)	6:38	9 (58.4%)
104	NOWAK Aleksandra	276		K18-35 lat	104	00:00:33	00:16:27	00:33:19.35	00:33:52.55	+00:13:48 (41.4%)	6:39	9 (58.4%)
105	JAKUBOWSKA Kasia	122	ADHD SQUAD	K18-35 lat	105	00:00:42	00:17:30	00:33:19.60	00:34:02.50	+00:13:48 (41.4%)	6:40	9 (58.4%)
106	KWIATKOWSKA Malgorzata	200		K18-35 lat	106	00:00:35	00:15:58	00:33:19.70	00:33:54.95	+00:13:48 (41.5%)	6:39	9 (58.4%)
107	SZYMCZAK Elwira	423		K18-35 lat	107	00:00:39	00:16:10	00:33:24.45	00:34:03.50	+00:13:53 (41.6%)	6:40	9 (58.4%)
108	STEFANKO-SKAŁECKA Anna	395		K18-35 lat	108	00:00:40	00:16:58	00:33:28.20	00:34:08.70	+00:13:57 (41.7%)	6:41	9 (58.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
109	KUŹNIAK Marta	197		K18-35 lat	109	00:00:21	00:17:37	00:33:28.45	00:33:49.55	+00:13:57 (41.7%)	6:41	9 (58.4%)
110	MATYASH Mariya	243	ZIELONY PELIKAN	K18-35 lat	110	00:00:36	00:17:36	00:33:31.50	00:34:07.85	+00:14:00 (41.8%)	6:42	9 (58.4%)
111	OLECH Justyna	287	ZIELONY PELIKAN	K18-35 lat	111	00:00:36	00:17:36	00:33:31.70	00:34:07.90	+00:14:00 (41.8%)	6:42	9 (58.4%)
112	WALTER Ania	446		K18-35 lat	112	00:00:27	00:16:20	00:33:33.70	00:34:01.35	+00:14:02 (41.9%)	6:42	8.9 (57.8%)
113	WIŚNIEWSKA Karolina	456		K18-35 lat	113	00:00:08	00:16:40	00:33:38.30	00:33:46.80	+00:14:07 (42.0%)	6:43	8.9 (57.8%)
114	SKRZYŃSKA Dorota	380		K18-35 lat	114	00:00:10	00:16:35	00:33:40.00	00:33:50.45	+00:14:09 (42.0%)	6:44	8.9 (57.8%)
115	WRZESIŃSKA Katarzyna	473		K18-35 lat	115	00:00:32	00:16:59	00:33:46.70	00:34:19.35	+00:14:15 (42.2%)	6:45	8.9 (57.8%)
116	GÓRSKA Małgorzata	101	ZIELONY PELIKAN	K18-35 lat	116	00:00:36	00:17:37	00:33:47.35	00:34:23.90	+00:14:16 (42.2%)	6:45	8.9 (57.8%)
117	WIŚNIEWSKA Izabela	455		K18-35 lat	117	00:00:31	00:17:17	00:33:48.85	00:34:20.20	+00:14:18 (42.3%)	6:45	8.9 (57.8%)
118	HETZIG Monika	114		K18-35 lat	118	00:00:13	00:18:15	00:33:50.40	00:34:03.45	+00:14:19 (42.3%)	6:46	8.9 (57.8%)
119	SZCZEPANIAK Monika	409		K18-35 lat	119	00:00:06	00:16:33	00:33:52.15	00:33:59.05	+00:14:21 (42.4%)	6:46	8.9 (57.8%)
120	SMOLIŃSKA Daria	388		K18-35 lat	120	00:00:18	00:16:11	00:33:52.55	00:34:11.15	+00:14:21 (42.4%)	6:46	8.9 (57.8%)
121	GRABSKA-ZIELIŃSKA Sylwia	105		K18-35 lat	121	00:00:25	00:16:03	00:33:53.65	00:34:18.70	+00:14:22 (42.4%)	6:46	8.9 (57.8%)
122	PATYK Klaudia	304		K18-35 lat	122	00:00:16	00:15:55	00:34:06.85	00:34:22.95	+00:14:36 (42.8%)	6:49	8.8 (57.1%)
123	LUTOMSKA Magdalena	216		K18-35 lat	123	00:00:10	00:16:34	00:34:09.35	00:34:20.25	+00:14:38 (42.9%)	6:50	8.8 (57.1%)
124	BUKLEWSKA Katarzyna	40		K18-35 lat	124	00:00:04	00:15:54	00:34:11.00	00:34:15.90	+00:14:40 (42.9%)	6:50	8.8 (57.1%)
125	JARMOŁOWICZ Aleksandra	123		K18-35 lat	125	00:00:14	00:17:18	00:34:12.50	00:34:26.70	+00:14:41 (43.0%)	6:50	8.8 (57.1%)
126	GÓLCZ Katarzyna	98		K18-35 lat	126	00:00:05	00:16:31	00:34:16.90	00:34:22.10	+00:14:46 (43.1%)	6:51	8.8 (57.1%)
127	PIETRZAK Monika	314		K18-35 lat	127	00:00:30	00:17:31	00:34:26.10	00:34:56.50	+00:14:55 (43.3%)	6:53	8.7 (56.5%)
128	MOCNA Anna	260		K18-35 lat	128	00:00:14	00:17:16	00:34:31.45	00:34:46.40	+00:15:00 (43.5%)	6:54	8.7 (56.5%)
129	HARCZENKO Klaudia	111		K18-35 lat	129	00:00:17	00:16:22	00:34:36.45	00:34:53.95	+00:15:05 (43.6%)	6:55	8.7 (56.5%)
130	ŁAZARSKA Joanna	221		K18-35 lat	130	00:00:23	00:16:48	00:34:37.50	00:35:00.85	+00:15:06 (43.6%)	6:55	8.7 (56.5%)
131	NAWROCKA Martyna	268		K18-35 lat	131	00:00:41	00:17:25	00:34:40.55	00:35:22.30	+00:15:09 (43.7%)	6:56	8.6 (55.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
132	LIZOŃ Kamila	213		K18-35 lat	132	00:00:34	00:17:41	00:34:45.95	00:35:20.55	+00:15:15 (43.9%)	6:57	8.6 (55.8%)
133	KOSAKOWSKA Dominika	165		K18-35 lat	133	00:00:06	00:16:53	00:34:51.35	00:34:58.15	+00:15:20 (44.0%)	6:58	8.6 (55.8%)
134	RUTKOWSKA Oriana	354	SERVITOR	K18-35 lat	134	00:00:41	00:16:48	00:34:55.00	00:35:36.75	+00:15:24 (44.1%)	6:59	8.6 (55.8%)
135	DEPTUŁA Dominika	62		K18-35 lat	135	00:00:09	00:17:07	00:34:56.70	00:35:06.50	+00:15:25 (44.2%)	6:59	8.6 (55.8%)
136	GORGOL Daria	97		K18-35 lat	136	00:00:32	00:17:38	00:35:05.80	00:35:37.90	+00:15:35 (44.4%)	7:01	8.6 (55.8%)
137	KOWALSKA Juka	170		K18-35 lat	137	00:00:37	00:17:20	00:35:08.75	00:35:46.65	+00:15:37 (44.5%)	7:01	8.5 (55.2%)
138	MIKULSKA Dominika	252		K18-35 lat	138	00:00:18	00:16:49	00:35:24.95	00:35:43.55	+00:15:54 (44.9%)	7:05	8.5 (55.2%)
139	NOWACKA Roksana	275		K18-35 lat	139	00:00:37	00:17:55	00:35:36.50	00:36:14.40	+00:16:05 (45.2%)	7:07	8.4 (54.5%)
140	RYTLEWSKA Alicja	358		K18-35 lat	140	00:00:45	00:17:31	00:35:40.00	00:36:25.80	+00:16:09 (45.3%)	7:08	8.4 (54.5%)
141	FEDEK Natalia	77		K18-35 lat	141	00:00:07	00:17:08	00:35:50.70	00:35:58.25	+00:16:19 (45.6%)	7:10	8.4 (54.5%)
142	KAWECKA Marzena	146	CROSFICIARY	K18-35 lat	142	00:00:22	00:17:48	00:35:59.35	00:36:22.00	+00:16:28 (45.8%)	7:12	8.3 (53.9%)
143	LESZCZYŃSKA Joanna	203		K18-35 lat	143	00:00:40	00:18:25	00:36:01.80	00:36:42.70	+00:16:31 (45.8%)	7:12	8.3 (53.9%)
144	KOPROWSKA Aleksandra	162		K18-35 lat	144	00:00:33	00:18:01	00:36:06.05	00:36:39.55	+00:16:35 (45.9%)	7:13	8.3 (53.9%)
145	UMIEJSKA Emilia	441		K18-35 lat	145	00:00:43	00:17:58	00:36:12.80	00:36:56.45	+00:16:42 (46.1%)	7:14	8.3 (53.9%)
146	KUFEL Maria	190		K18-35 lat	146	00:00:15	00:16:35	00:36:15.90	00:36:31.10	+00:16:45 (46.2%)	7:15	8.3 (53.9%)
147	STUCZYŃSKA Paulina	400		K18-35 lat	147	00:00:09	00:17:33	00:36:30.65	00:36:40.15	+00:16:59 (46.6%)	7:18	8.2 (53.2%)
148	SIRANT-LITWA Monika	372		K18-35 lat	148	00:00:11	00:17:01	00:36:35.50	00:36:46.95	+00:17:04 (46.7%)	7:19	8.2 (53.2%)
149	BAK Paulina	17		K18-35 lat	149	00:00:11	00:17:01	00:36:35.90	00:36:47.05	+00:17:05 (46.7%)	7:19	8.2 (53.2%)
150	NAWROCKA Karolina	269	TESSA-DOM	K18-35 lat	150	00:00:13	00:18:18	00:37:02.55	00:37:15.60	+00:17:31 (47.3%)	7:24	8.1 (52.6%)
151	SZCZAP Natalia	407		K18-35 lat	151	00:00:45	00:18:18	00:37:15.60	00:38:01.50	+00:17:44 (47.6%)	7:27	8.1 (52.6%)
152	PLOMINSKA Monika	323		K18-35 lat	152	00:00:07	00:17:47	00:37:28.20	00:37:35.80	+00:17:57 (47.9%)	7:29	8 (51.9%)
153	RUTKOWSKA Mariola	507		K18-35 lat	153	00:00:23	00:18:27	00:38:02.05	00:38:25.85	+00:18:31 (48.7%)	7:36	7.9 (51.3%)
154	SAKWIŃSKA Aleksandra	363		K18-35 lat	154	00:00:21	00:18:39	00:38:06.65	00:38:27.75	+00:18:35 (48.8%)	7:37	7.9 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
155	MOCHOCKA Anna	259		K18-35 lat	155	00:00:44	00:18:24	00:38:14.95	00:38:59.10	+00:18:44 (49.0%)	7:39	7.8 (50.6%)
156	TOMCZAK Kinga	429		K18-35 lat	156	00:00:39	00:20:25	00:38:30.45	00:39:09.80	+00:18:59 (49.3%)	7:42	7.8 (50.6%)
157	GRALAK Anna	106		K18-35 lat	157	00:00:44	00:18:40	00:38:48.80	00:39:33.65	+00:19:18 (49.7%)	7:45	7.7 (50.0%)
158	TOPOLEWSKA Sylwia	431		K18-35 lat	158	00:00:20	00:18:58	00:39:47.60	00:40:08.10	+00:20:16 (51.0%)	7:57	7.5 (48.7%)
159	KASPRZYK Daria	143		K18-35 lat	159	00:00:46	00:19:51	00:39:52.10	00:40:39.00	+00:20:21 (51.1%)	7:58	7.5 (48.7%)
160	SZYDLIK Marzena	421		K18-35 lat	160	00:00:21	00:19:05	00:40:03.70	00:40:24.95	+00:20:32 (51.3%)	8:00	7.5 (48.7%)
161	CZERWIŃSKA Ewelina	56		K18-35 lat	161	00:00:32	00:19:02	00:40:07.90	00:40:40.15	+00:20:37 (51.4%)	8:01	7.5 (48.7%)
162	CHMIEL Anna	45		K18-35 lat	162	00:00:45	00:19:35	00:40:17.40	00:41:02.75	+00:20:46 (51.6%)	8:03	7.4 (48.1%)
163	LESZCZYŃSKA Alicja	504		K18-35 lat	163	00:00:43	00:19:49	00:40:33.40	00:41:16.85	+00:21:02 (51.9%)	8:06	7.4 (48.1%)
164	MICHAŁEK Ania	248		K18-35 lat	164	00:00:39	00:20:27	00:40:39.95	00:41:19.60	+00:21:09 (52.0%)	8:08	7.4 (48.1%)
165	UMIŃSKA-BERG Joanna	442		K18-35 lat	165	00:00:41	00:19:57	00:40:46.85	00:41:28.45	+00:21:16 (52.2%)	8:09	7.4 (48.1%)
166	BARTELA Alicja	15		K18-35 lat	166	00:00:31	00:19:53	00:40:57.80	00:41:29.30	+00:21:27 (52.4%)	8:11	7.3 (47.4%)
167	SŁUPIKOWSKA Magdalena	384		K18-35 lat	167	00:00:09	00:19:04	00:41:29.15	00:41:39.10	+00:21:58 (53.0%)	8:18	7.2 (46.8%)
168	GAURA Anna	91		K18-35 lat	168	00:00:39	00:20:23	00:41:50.80	00:42:29.80	+00:22:20 (53.4%)	8:22	7.2 (46.8%)
169	MIKOŁAJCZYK Joanna	251		K18-35 lat	169	00:00:29	00:19:43	00:42:00.10	00:42:29.65	+00:22:29 (53.5%)	8:24	7.1 (46.1%)
170	KATAFIASZ Anna	145		K18-35 lat	170	00:00:29	00:19:43	00:42:00.45	00:42:30.00	+00:22:29 (53.5%)	8:24	7.1 (46.1%)
171	GROCHOWSKA Ania	107		K18-35 lat	171	00:00:49	00:19:40	00:42:19.05	00:43:08.75	+00:22:48 (53.9%)	8:27	7.1 (46.1%)
172	WITKIEWICZ-ŁUKASZEK Sandra	458		K18-35 lat	172	00:00:39	00:21:03	00:42:55.85	00:43:35.00	+00:23:25 (54.5%)	8:35	7 (45.5%)
173	BEDNAREK Julia	19		K18-35 lat	173	00:00:40	00:21:43	00:45:31.95	00:46:11.95	+00:26:01 (57.1%)	9:06	6.6 (42.9%)
174	LEŚNIAK Oliwia	204	KULAWIE PADALCE	K18-35 lat	174	00:00:30	00:23:24	00:47:21.25	00:47:51.90	+00:27:50 (58.8%)	9:28	6.3 (40.9%)

Znaleziono 174 wynik(ów)