RUN BUDLEX FOR WOMEN

Organizator: Green House / Budlex
Data: 2018-09-16
Miejsce: Bydgoszcz
Dystans: 5 km

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	**PALACZ Wioletta**	**222**		K40	1	00:00:01	00:11:10	**00:22:41.90**	**00:22:43.25**		4:32	13.2 (100%)
2	**ANDRZEJAK Sylwia**	**3**		K40	2	00:00:01	00:12:00	**00:24:16.20**	**00:24:17.90**	+00:01:34 (6.5%)	4:51	12.4 (93.9%)
3	**SMAŻYK Ewelina**	**279**		K40	3	00:00:03	00:11:54	**00:24:42.75**	**00:24:46.45**	+00:02:00 (8.2%)	4:56	12.1 (91.7%)
4	**KWIATKOWSKA Bożena**	**166**		K40	4	00:00:05	00:12:31	**00:25:07.80**	**00:25:13.50**	+00:02:25 (9.7%)	5:01	11.9 (90.2%)
5	**KUBIS Sylwia**	**157**	TEAM KUCYKI	K40	5	00:00:12	00:12:26	**00:25:13.25**	**00:25:25.45**	+00:02:31 (10.0%)	5:02	11.9 (90.2%)
6	**BRZOZOWSKA Iwona**	**26**		K40	6	00:00:02	00:12:21	**00:25:16.20**	**00:25:19.15**	+00:02:34 (10.2%)	5:03	11.9 (90.2%)
7	**STEJUK Aleksandra**	**293**	AMS TRIATHLON	K40	7	00:00:07	00:12:32	**00:25:38.40**	**00:25:46.35**	+00:02:56 (11.5%)	5:07	11.7 (88.6%)
8	**GROBELNA Angelika**	**81**	BYDGOSZCZ NA START	K40	8	00:00:15	00:12:44	**00:25:57.40**	**00:26:13.10**	+00:03:15 (12.6%)	5:11	11.6 (87.9%)
9	**WOJCIECHOWSKA Emilia**	**341**		K40	9	00:00:01	00:12:53	**00:26:17.55**	**00:26:19.50**	+00:03:35 (13.7%)	5:15	11.4 (86.4%)
10	**GIERSZEWSKA Grażyna**	**65**		K40	10	00:00:17	00:13:42	**00:26:17.80**	**00:26:35.70**	+00:03:35 (13.7%)	5:15	11.4 (86.4%)
11	**SOBOL Magdalena**	**284**		K40	11	00:00:02	00:12:55	**00:26:29.65**	**00:26:32.15**	+00:03:47 (14.3%)	5:18	11.3 (85.6%)
12	**JANKOWSKA Kasia**	**98**		K40	12	00:00:27	00:13:39	**00:26:45.75**	**00:27:13.35**	+00:04:03 (15.2%)	5:21	11.2 (84.8%)
13	**FRONTCZAK Iwona**	**58**	INOWROCŁAW BIEGA	K40	13	00:00:02	00:13:03	**00:27:07.10**	**00:27:09.10**	+00:04:25 (16.3%)	5:25	11.1 (84.1%)
14	**NOGA Magdalena**	**215**		K40	14	00:00:04	00:13:36	**00:27:26.80**	**00:27:31.25**	+00:04:44 (17.3%)	5:29	10.9 (82.6%)
15	**GADZIŃSKA Aleksandra**	**62**		K40	15	00:00:09	00:13:40	**00:27:29.90**	**00:27:39.20**	+00:04:48 (17.5%)	5:30	10.9 (82.6%)
16	**PIJAROWSKA Beata**	**235**		K40	16	00:00:21	00:13:46	**00:27:33.30**	**00:27:54.95**	+00:04:51 (17.6%)	5:30	10.9 (82.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	**STĘPIEŃ Monika**	**294**		K40	17	00:00:17	00:13:55	**00:27:46.40**	**00:28:03.85**	+00:05:04 (18.3%)	5:33	10.8 (81.8%)
18	**KOCHAŃSKA Wioletta**	**129**		K40	18	00:00:11	00:13:50	**00:27:58.55**	**00:28:09.55**	+00:05:16 (18.9%)	5:35	10.7 (81.1%)
19	**PESZYŃSKA Joanna**	**230**		K40	19	00:00:21	00:14:05	**00:28:01.65**	**00:28:23.55**	+00:05:19 (19.0%)	5:36	10.7 (81.1%)
20	**WŁODARCZYK Katarzyna**	**340**		K40	20	00:00:11	00:13:47	**00:28:05.20**	**00:28:16.75**	+00:05:23 (19.2%)	5:37	10.7 (81.1%)
21	**PAWLEWSKA Joanna**	**228**		K40	21	00:00:25	00:14:46	**00:28:08.80**	**00:28:34.60**	+00:05:26 (19.4%)	5:37	10.7 (81.1%)
22	**JENDRZEJCZAK Małgorzata**	**112**	BARBELL SQUAD	K40	22	00:00:16	00:14:05	**00:28:22.95**	**00:28:39.55**	+00:05:41 (20.0%)	5:40	10.6 (80.3%)
23	**GOLIMOWSKA Anna**	**69**		K40	23	00:00:18	00:14:36	**00:28:31.70**	**00:28:49.90**	+00:05:49 (20.4%)	5:42	10.5 (79.5%)
24	**POLACKA Jadwiga**	**240**	DĘBY OSIELSKO	K40	24	00:00:29	00:14:59	**00:28:36.20**	**00:29:05.25**	+00:05:54 (20.6%)	5:43	10.5 (79.5%)
25	**WOJEWODA-SIWICKA Sylwia**	**342**	SMAKI	K40	25	00:00:13	00:13:50	**00:28:40.00**	**00:28:53.15**	+00:05:58 (20.8%)	5:44	10.5 (79.5%)
26	**SZEWCZUK Ewa**	**303**		K40	26	00:00:18	00:14:36	**00:28:42.60**	**00:29:00.60**	+00:06:00 (20.9%)	5:44	10.5 (79.5%)
27	**DŁUGOŃSKA Beata**	**45**		K40	27	00:00:20	00:14:09	**00:28:51.80**	**00:29:11.95**	+00:06:09 (21.4%)	5:46	10.4 (78.8%)
28	**GRACZKOWSKA Mirosława**	**80**		K40	28	00:00:16	00:14:06	**00:29:20.95**	**00:29:37.40**	+00:06:39 (22.7%)	5:52	10.2 (77.3%)
29	**KOZACZYK Joanna**	**139**	DECATHLON TEAM INOWROCŁAW	K40	29	00:00:16	00:14:47	**00:29:28.80**	**00:29:44.80**	+00:06:46 (23.0%)	5:53	10.2 (77.3%)
30	**KĘDZIERSKA Marzena**	**122**		K40	30	00:00:05	00:14:10	**00:29:53.05**	**00:29:58.50**	+00:07:11 (24.0%)	5:58	10 (75.8%)
31	**KORBEL Ewa**	**134**		K40	31	00:00:12	00:14:41	**00:30:09.85**	**00:30:22.35**	+00:07:27 (24.8%)	6:02	9.9 (75.0%)
32	**DZIŻA-KONICZYŃSKA Zuzanna**	**54**		K40	32	00:00:02	00:14:39	**00:30:12.10**	**00:30:14.50**	+00:07:30 (24.8%)	6:02	9.9 (75.0%)
33	**KRÓL Katarzyna**	**145**		K40	33	00:00:19	00:14:47	**00:30:12.15**	**00:30:31.15**	+00:07:30 (24.8%)	6:02	9.9 (75.0%)
34	**NELKE Monika**	**211**		K40	34	00:00:32	00:15:33	**00:30:22.45**	**00:30:54.80**	+00:07:40 (25.3%)	6:04	9.9 (75.0%)
35	**KRYMER Agnieszka**	**151**		K40	35	00:00:11	00:15:12	**00:30:25.25**	**00:30:36.55**	+00:07:43 (25.4%)	6:05	9.9 (75.0%)
36	**RYDELSKA Kinga**	**264**		K40	36	00:00:12	00:15:03	**00:30:27.30**	**00:30:40.10**	+00:07:45 (25.5%)	6:05	9.8 (74.2%)
37	**BARAŃSKA Sylwia**	**10**	PARKRUN BYDGOSZCZ	K40	37	00:00:22	00:15:21	**00:30:39.35**	**00:31:01.55**	+00:07:57 (26.0%)	6:07	9.8 (74.2%)
38	**HYŻY Iwona**	**92**		K40	38	00:00:10	00:15:06	**00:30:43.75**	**00:30:54.15**	+00:08:01 (26.1%)	6:08	9.8 (74.2%)
39	**WRONA Iwona**	**383**		K40	39	00:00:36	00:15:15	**00:30:50.30**	**00:31:26.55**	+00:08:08 (26.4%)	6:10	9.7 (73.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
40	**AUGUSTYNOWICZ Aurelia**	**7**	RCI BYDGOSZCZ	K40	40	00:00:09	00:15:00	**00:30:50.75**	**00:31:00.60**	+00:08:08 (26.4%)	6:10	9.7 (73.5%)
41	**WALICH Aleksandra**	**375**		K40	41	00:00:06	00:15:08	**00:31:16.40**	**00:31:23.05**	+00:08:34 (27.4%)	6:15	9.6 (72.7%)
42	**PRZYBYLSKA Paulina**	**245**		K40	42	00:00:28	00:15:52	**00:31:35.35**	**00:32:04.10**	+00:08:53 (28.1%)	6:19	9.5 (72.0%)
43	**TWARDOWSKA Katarzyna**	**318**		K40	43	00:00:32	00:15:42	**00:31:40.80**	**00:32:12.85**	+00:08:58 (28.4%)	6:20	9.5 (72.0%)
44	**SZYMCZAK Barbara**	**308**		K40	44	00:00:11	00:15:29	**00:31:54.40**	**00:32:05.50**	+00:09:12 (28.9%)	6:22	9.4 (71.2%)
45	**CYBUL Anna**	**37**		K40	45	00:00:11	00:15:45	**00:32:13.60**	**00:32:24.80**	+00:09:31 (29.6%)	6:26	9.3 (70.5%)
46	**SAWARSKA-WILK Agnieszka**	**269**		K40	46	00:00:00	00:16:00	**00:32:13.95**	**00:32:13.95**	+00:09:32 (29.6%)	6:26	9.3 (70.5%)
47	**SKOWRON Monika**	**278**		K40	47	00:00:28	00:16:00	**00:32:24.80**	**00:32:53.05**	+00:09:42 (30.0%)	6:29	9.3 (70.5%)
48	**ZIENKIEWICZ Anna**	**363**		K40	48	00:00:08	00:15:34	**00:32:27.40**	**00:32:35.60**	+00:09:45 (30.1%)	6:29	9.2 (69.7%)
49	**DĘBCZYŃSKA Agnieszka**	**44**	KLUB ZDROWEGO STYLU ŻYCIA DOBRY KLIMAT	K40	49	00:00:12	00:15:45	**00:32:27.70**	**00:32:40.40**	+00:09:45 (30.1%)	6:29	9.2 (69.7%)
50	**PRZYBYL Donata**	**243**		K40	50	00:00:17	00:16:00	**00:32:45.90**	**00:33:03.80**	+00:10:04 (30.7%)	6:33	9.2 (69.7%)
51	**GRABOWSKA Joanna**	**77**		K40	51	00:00:06	00:15:44	**00:32:51.35**	**00:32:58.15**	+00:10:09 (30.9%)	6:34	9.1 (68.9%)
52	**POCZWARDOWSKA Wioletta**	**239**		K40	52	00:00:34	00:16:47	**00:32:59.60**	**00:33:34.55**	+00:10:17 (31.2%)	6:36	9.1 (68.9%)
53	**ŻYŁA Marta**	**371**		K40	53	00:00:06	00:15:40	**00:33:05.50**	**00:33:11.70**	+00:10:23 (31.4%)	6:37	9.1 (68.9%)
54	**SIERADZKA Małgorzata**	**273**		K40	54	00:00:26	00:16:00	**00:33:23.25**	**00:33:49.45**	+00:10:41 (32.0%)	6:40	9 (68.2%)
55	**WITKOWSKA Ania**	**335**	KTR MASA TURYSTYCZNA	K40	55	00:00:36	00:17:08	**00:33:27.10**	**00:34:04.05**	+00:10:45 (32.1%)	6:41	9 (68.2%)
56	**IDCZAK Hanna**	**93**		K40	56	00:00:36	00:17:08	**00:33:27.45**	**00:34:04.30**	+00:10:45 (32.2%)	6:41	9 (68.2%)
57	**NAWROCKA Magdalena**	**210**		K40	57	00:00:29	00:16:05	**00:33:33.15**	**00:34:02.25**	+00:10:51 (32.3%)	6:42	8.9 (67.4%)
58	**MOŚCICKA Paulina**	**203**		K40	58	00:00:19	00:15:40	**00:33:41.50**	**00:34:00.90**	+00:10:59 (32.6%)	6:44	8.9 (67.4%)
59	**MICHALAK Anita**	**193**		K40	59	00:00:23	00:16:53	**00:33:42.25**	**00:34:05.45**	+00:11:00 (32.7%)	6:44	8.9 (67.4%)
60	**PYPKOWSKA Agnieszka**	**246**		K40	60	00:00:09	00:15:56	**00:33:50.65**	**00:34:00.50**	+00:11:08 (32.9%)	6:46	8.9 (67.4%)
61	**SEYDAK Jolanta**	**374**		K40	61	00:00:29	00:16:47	**00:33:58.20**	**00:34:27.60**	+00:11:16 (33.2%)	6:47	8.8 (66.7%)
62	**DALKA Renata**	**41**		K40	62	00:00:06	00:16:10	**00:34:02.60**	**00:34:08.75**	+00:11:20 (33.3%)	6:48	8.8 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_Bud 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
63	**BŁAŻEJEWSKA Karolina**	**20**		K40	63	00:00:17	00:16:53	**00:34:34.25**	**00:34:51.45**	+00:11:52 (34.3%)	6:54	8.7 (65.9%)
64	**RYCHLICKA Agnieszka**	**263**		K40	64	00:00:06	00:16:39	**00:34:36.50**	**00:34:42.90**	+00:11:54 (34.4%)	6:55	8.7 (65.9%)
65	**JAWORSKA Karolina**	**109**		K40	65	00:00:20	00:17:04	**00:34:42.55**	**00:35:02.90**	+00:12:00 (34.6%)	6:56	8.6 (65.2%)
66	**RASSALSKA Roma**	**254**		K40	66	00:00:35	00:17:45	**00:35:48.10**	**00:36:23.35**	+00:13:06 (36.6%)	7:09	8.4 (63.6%)
67	**NOWAKOWSKA-SZWAJCA Anna**	**217**		K40	67	00:00:11	00:17:28	**00:36:22.55**	**00:36:33.75**	+00:13:40 (37.6%)	7:16	8.2 (62.1%)
68	**RASSALSKA-KAUSA Jola**	**255**		K40	68	00:00:34	00:17:49	**00:36:28.60**	**00:37:03.55**	+00:13:46 (37.8%)	7:17	8.2 (62.1%)
69	**PASZKOWSKA Katarzyna**	**226**	CROSSGYM BYDGOSZC	K40	69	00:00:28	00:18:20	**00:36:35.90**	**00:37:04.10**	+00:13:54 (38.0%)	7:19	8.2 (62.1%)
70	**WRÓBLEWSKA Anna**	**350**		K40	70	00:00:29	00:17:53	**00:36:48.25**	**00:37:17.75**	+00:14:06 (38.3%)	7:21	8.2 (62.1%)
71	**KŁACZYŃSKA Ewa**	**372**		K40	71	00:00:21	00:17:52	**00:37:38.10**	**00:38:00.05**	+00:14:56 (39.7%)	7:31	8 (60.6%)
72	**WITKOWSKA Renata**	**336**		K40	72	00:00:33	00:18:41	**00:37:49.30**	**00:38:22.60**	+00:15:07 (40.0%)	7:33	7.9 (59.8%)
73	**HĘSIAK Katarzyna**	**89**		K40	73	00:00:08	00:18:21	**00:38:46.75**	**00:38:54.95**	+00:16:04 (41.5%)	7:45	7.7 (58.3%)
74	**ZABOKLICKA Beata**	**358**		K40	74	00:00:21	00:22:07	**00:46:54.40**	**00:47:16.00**	+00:24:12 (51.6%)	9:23	6.4 (48.5%)
75	**SAWOŚKO-DUDA Joanna**	**270**		K40	75	00:00:00	00:18:41			+	7:28	8 (60.6%)
76	**BARTKOWIAK Agata**	**12**		K40	76	00:00:00	70:14:09			+	1685:39	0 (0.0%)

Znaleziono 76 wynik(ów)