RZEŹNICZEK

Wydarzenie: VII FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2021-05-28
Miejsce: Cisna
Dystans: 28 km

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 28km	Różn	Tempo min/km	Tempo km/h
1	**WINIARCZYK-JADACH Beata**	**4240**	TG SOKÓŁ ZAKOPANE	K40	1	**03:05:46.60**		6:38	9 (100%)
2	**BIENIECKA Anna**	**4257**	BIEG RZEŹNIKA	K40	2	**03:15:42.50**	+00:09:55 (5.1%)	6:59	8.6 (95.6%)
3	**HERBICH-SAR Violetta**	**5007**	FUDU & CO.	K40	3	**03:21:37.90**	+00:15:51 (7.9%)	7:12	8.3 (92.2%)
4	**GARBOWSKA Monika**	**4655**	COMPAÑEROS ASFALT TEAM	K40	4	**03:26:39.70**	+00:20:53 (10.1%)	7:22	8.1 (90.0%)
5	**KOCHANOWSKA Michalina**	**4085**		K40	5	**03:41:08.00**	+00:35:21 (16.0%)	7:53	7.6 (84.4%)
6	**SOLIŃSKA Magdalena**	**4320**		K40	6	**03:43:26.05**	+00:37:39 (16.9%)	7:58	7.5 (83.3%)
7	**WIERCIOCH Bożena**	**4829**	RACE FIGHTER GOSIR DĘBE WLK.	K40	7	**03:44:18.45**	+00:38:31 (17.2%)	8:00	7.5 (83.3%)
8	**KORZEP-CZEKALSKA Dorota**	**5038**		K40	8	**03:46:17.20**	+00:40:30 (17.9%)	8:04	7.4 (82.2%)
9	**HOŁUBIEC Agnieszka**	**4470**	YULO RUN TEAM SIEDLCE	K40	9	**03:51:32.70**	+00:45:46 (19.8%)	8:16	7.3 (81.1%)
10	**NAZIMEK Lilianna**	**4972**	SUO TEMPORE	K40	10	**03:54:36.25**	+00:48:49 (20.8%)	8:22	7.2 (80.0%)
11	**MARKOWSKA Ewa**	**4478**	SZAKALE BAŁUT	K40	11	**03:57:31.90**	+00:51:45 (21.8%)	8:28	7.1 (78.9%)
12	**FLORCZAK Sylwia**	**4652**	SZAKALE BAŁUT	K40	12	**03:58:19.90**	+00:52:33 (22.1%)	8:30	7 (77.8%)
13	**KADZIDŁOWSKA Aleksandra**	**4684**	EVERRUN	K40	13	**03:58:30.50**	+00:52:43 (22.1%)	8:31	7 (77.8%)
14	**TOMALAK Emilia**	**4223**		K40	14	**04:04:00.55**	+00:58:13 (23.9%)	8:42	6.9 (76.7%)
15	**LEŚNIAK-POPIEL Marta**	**4720**	DZIEWCZYNY Z SANOKA	K40	15	**04:04:09.35**	+00:58:22 (23.9%)	8:43	6.9 (76.7%)
16	**CEBRAT Ewa**	**4635**	DZIEWCZYNY Z SANOKA	K40	16	**04:04:31.15**	+00:58:44 (24.0%)	8:43	6.9 (76.7%)
17	**BURCHARD Beata**	**4421**		K40	17	**04:07:16.90**	+01:01:30 (24.9%)	8:49	6.8 (75.6%)
18	**GMAJ Karolina**	**5068**		K40	18	**04:09:44.15**	+01:03:57 (25.6%)	8:55	6.7 (74.4%)
19	**KSIĘŻNIK Anna**	**4106**		K40	19	**04:10:19.60**	+01:04:33 (25.8%)	8:56	6.7 (74.4%)
20	**KUŹMA Dorota**	**4714**		K40	20	**04:10:43.15**	+01:04:56 (25.9%)	8:57	6.7 (74.4%)
21	**SZCZYPLIŃSKA Anna**	**4588**	SFORA BMK	K40	21	**04:12:09.90**	+01:06:23 (26.3%)	9:00	6.7 (74.4%)
22	**MICHNO Małgorzata**	**4292**	JAROSŁAWSKI BIEGACZ	K40	22	**04:13:52.85**	+01:08:06 (26.8%)	9:04	6.6 (73.3%)
23	**MARCINIAK Anna**	**4730**		K40	23	**04:14:57.75**	+01:09:11 (27.1%)	9:06	6.6 (73.3%)
24	**GRZEGÓRZEK Anna**	**4270**		K40	24	**04:15:08.15**	+01:09:21 (27.2%)	9:06	6.6 (73.3%)
25	**KOZACZUK Maria**	**4279**		K40	25	**04:16:53.10**	+01:11:06 (27.7%)	9:10	6.5 (72.2%)
26	**MARGOŁA Marta**	**4137**		K40	26	**04:17:17.05**	+01:11:30 (27.8%)	9:11	6.5 (72.2%)
27	**SIENKIEWICZ Joanna**	**4792**	GS TEAM	K40	27	**04:17:25.15**	+01:11:38 (27.8%)	9:11	6.5 (72.2%)
28	**MIKOŁAJCZAK Barbara**	**4737**		K40	28	**04:18:13.30**	+01:12:26 (28.1%)	9:13	6.5 (72.2%)
29	**GLICA Monika**	**4662**		K40	29	**04:18:20.40**	+01:12:33 (28.1%)	9:13	6.5 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 28km	Różn	Tempo min/km	Tempo km/h
30	**SZUBERT-WALENCZAK Magdalena**	**5087**	TEAM ZABIEGANEDNI	K40	30	**04:20:24.20**	+01:14:37 (28.7%)	9:18	6.5 (72.2%)
31	**GODZIMIRSKA Eliza**	**4663**	REEBOK	K40	31	**04:20:42.70**	+01:14:56 (28.7%)	9:18	6.4 (71.1%)
32	**KOCHAŃSKA Joanna**	**4086**		K40	32	**04:22:08.65**	+01:16:22 (29.1%)	9:21	6.4 (71.1%)
33	**KUCHARSKA Aneta**	**4108**	ROZBIEGAJMY RADOMSKO	K40	33	**04:24:49.65**	+01:19:03 (29.8%)	9:27	6.3 (70.0%)
34	**BARSKA-OLSZEWSKA Ewa**	**4005**	ROZBIEGAJMY RADOMSKO	K40	34	**04:24:49.90**	+01:19:03 (29.9%)	9:27	6.3 (70.0%)
35	**CEGLEWSKA Izabela**	**4021**		K40	35	**04:25:37.40**	+01:19:50 (30.1%)	9:29	6.3 (70.0%)
36	**KABALA Joanna**	**4075**	CMKP TEAM	K40	36	**04:25:51.85**	+01:20:05 (30.1%)	9:29	6.3 (70.0%)
37	**STEBELSKA Monika**	**4806**	QUEENS OF CHAMONIX	K40	37	**04:28:03.40**	+01:22:16 (30.7%)	9:34	6.3 (70.0%)
38	**BOCHEN Izabela**	**4345**		K40	38	**04:28:05.15**	+01:22:18 (30.7%)	9:34	6.3 (70.0%)
39	**KARPIŁOWSKA Maria**	**4537**	VICIOUS CIRCLE	K40	39	**04:28:24.15**	+01:22:37 (30.8%)	9:35	6.3 (70.0%)
40	**RZEPNIEWSKA Joanna**	**4785**	MARKOWI BIEGACZE	K40	40	**04:28:48.45**	+01:23:01 (30.9%)	9:36	6.3 (70.0%)
41	**KOSEWSKA Monika**	**4541**	SFORA BMK	K40	41	**04:31:17.75**	+01:25:31 (31.5%)	9:41	6.2 (68.9%)
42	**MIKULSKA Magdalena**	**4559**		K40	42	**04:31:30.55**	+01:25:43 (31.6%)	9:41	6.2 (68.9%)
43	**KNAPCZYK Elżbieta**	**4084**	PĘDZĄCE ŁANIE	K40	43	**04:31:38.05**	+01:25:51 (31.6%)	9:42	6.2 (68.9%)
44	**JANOWSKA Justyna**	**4071**	CB163 LILIOWA TEAM	K40	44	**04:33:29.90**	+01:27:43 (32.1%)	9:46	6.1 (67.8%)
45	**SIEROCIŃSKA Monika**	**4794**	CROSFFIT SIEDLCE	K40	45	**04:34:50.00**	+01:29:03 (32.4%)	9:48	6.1 (67.8%)
46	**ROMANOWICZ Katarzyna**	**4450**		K40	46	**04:36:03.05**	+01:30:16 (32.7%)	9:51	6.1 (67.8%)
47	**CZECH Dorota**	**4263**	AFR POLAND	K40	47	**04:36:40.65**	+01:30:54 (32.9%)	9:52	6.1 (67.8%)
48	**MASZKOWSKA Anna**	**4556**		K40	48	**04:40:35.25**	+01:34:48 (33.8%)	10:01	6 (66.7%)
49	**BIAŁEK Kamila**	**4499**		K40	49	**04:40:52.00**	+01:35:05 (33.9%)	10:01	6 (66.7%)
50	**DYLĄG Katarzyna**	**4354**		K40	50	**04:41:58.15**	+01:36:11 (34.1%)	10:04	6 (66.7%)
51	**HOLIK Iwona**	**4365**		K40	51	**04:41:58.30**	+01:36:11 (34.1%)	10:04	6 (66.7%)
52	**GOŁASZEWSKA Marta**	**4664**		K40	52	**04:42:17.90**	+01:36:31 (34.2%)	10:04	6 (66.7%)
53	**KRÓL Iwona**	**4373**		K40	53	**04:42:29.10**	+01:36:42 (34.2%)	10:05	5.9 (65.6%)
54	**JURAŚ-KMIEĆ Marzena**	**5089**	BIEGAM SOBIE	K40	54	**04:42:49.70**	+01:37:03 (34.3%)	10:06	5.9 (65.6%)
55	**AGNIESZKA Berendt**	**5034**		K40	55	**04:43:55.90**	+01:38:09 (34.6%)	10:08	5.9 (65.6%)
56	**PRZEWORSKA Basia**	**4312**	CZARNECKI RUN TEAM	K40	56	**04:44:00.20**	+01:38:13 (34.6%)	10:08	5.9 (65.6%)
57	**OBARA Aneta**	**4300**		K40	57	**04:44:00.50**	+01:38:13 (34.6%)	10:08	5.9 (65.6%)
58	**SZCZOTKA Agata**	**4329**		K40	58	**04:44:40.15**	+01:38:53 (34.7%)	10:10	5.9 (65.6%)
59	**LEŚNIAKOWSKA Anna**	**4119**	TUR TERKA ULTRA RUNNING	K40	59	**04:44:59.30**	+01:39:12 (34.8%)	10:10	5.9 (65.6%)
60	**MRUCZYŃSKA-PIETRUCZANIS Katarzyna**	**4897**	AKTYWNI WĘGRÓW, DEVI HIMAL TEAM	K40	60	**04:45:13.90**	+01:39:27 (34.9%)	10:11	5.9 (65.6%)
61	**PIASECZYŃSKA-JAMBOR Agata**	**4759**	ŻÓRAWSKI TEAM	K40	61	**04:45:27.60**	+01:39:41 (34.9%)	10:11	5.9 (65.6%)
62	**PAWLAK Beata**	**4752**		K40	62	**04:45:27.70**	+01:39:41 (34.9%)	10:11	5.9 (65.6%)
63	**RÓŻAK-RUKUSZEWICZ Magdalena**	**4779**	DZIKIE GRUBASY SZATANA	K40	63	**04:45:41.85**	+01:39:55 (35.0%)	10:12	5.9 (65.6%)
64	**LATOS Joanna**	**4551**		K40	64	**04:45:49.90**	+01:40:03 (35.0%)	10:12	5.9 (65.6%)
65	**ŁUKASZYK Kamila**	**4724**		K40	65	**04:45:57.45**	+01:40:10 (35.0%)	10:12	5.9 (65.6%)
66	**BURGS Edyta**	**4633**		K40	66	**04:46:44.60**	+01:40:58 (35.2%)	10:14	5.9 (65.6%)
67	**SZYMKIEWICZ Ewa**	**4402**		K40	67	**04:48:27.30**	+01:42:40 (35.6%)	10:18	5.8 (64.4%)
68	**PAPIERNIK Aneta**	**4749**	MARKOWI BIEGACZE	K40	68	**04:48:30.35**	+01:42:43 (35.6%)	10:18	5.8 (64.4%)
69	**FILIPIAK Beata**	**4042**	MGB	K40	69	**04:48:46.25**	+01:42:59 (35.7%)	10:18	5.8 (64.4%)
70	**KRUCZEK Monika**	**4103**	TEAM PAPRY	K40	70	**04:49:55.45**	+01:44:08 (35.9%)	10:21	5.8 (64.4%)
71	**HORODYŃSKA Mirosława**	**4067**	KOTWICA BRZEG	K40	71	**04:50:55.05**	+01:45:08 (36.1%)	10:23	5.8 (64.4%)
72	**PALUSZKIEWICZ Karolina**	**4303**	MAĆKOWIAK TEAM	K40	72	**04:50:55.10**	+01:45:08 (36.1%)	10:23	5.8 (64.4%)
73	**CZARNY Marzena**	**4638**	JAWORZNO ŁBC	K40	73	**04:51:34.10**	+01:45:47 (36.3%)	10:24	5.8 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 28km	Różn	Tempo min/km	Tempo km/h
74	**BLADOWSKA Katarzyna**	**4620**	RUNEDA	K40	74	**04:52:54.75**	+01:47:08 (36.6%)	10:27	5.7 (63.3%)
75	**PASLAWSKA Irma**	**4570**		K40	75	**04:53:30.25**	+01:47:43 (36.7%)	10:28	5.7 (63.3%)
76	**SZARKOWSKA-LUDEW Katarzyna**	**4328**	3 T BIAŁYSTOK	K40	76	**04:54:06.75**	+01:48:20 (36.8%)	10:30	5.7 (63.3%)
77	**ADAMCZYK Ania**	**4000**		K40	77	**04:55:27.00**	+01:49:40 (37.1%)	10:33	5.7 (63.3%)
78	**LE FELIC Monika**	**4115**		K40	78	**04:56:23.90**	+01:50:37 (37.3%)	10:35	5.7 (63.3%)
79	**MARON Agnieszka**	**5006**	ADIDAS RUNNERS WARSAW	K40	79	**04:57:00.00**	+01:51:13 (37.4%)	10:36	5.7 (63.3%)
80	**LEKS-MASZKOWSKA Ryszarda**	**4285**	OBORYGENI	K40	80	**04:58:02.05**	+01:52:15 (37.7%)	10:38	5.6 (62.2%)
81	**KRZYSZTOFOWICZ Karolina**	**4545**		K40	81	**04:59:41.55**	+01:53:54 (38.0%)	10:42	5.6 (62.2%)
82	**BRZOZOWSKA-GĄSKA Anna**	**4630**		K40	82	**05:00:50.65**	+01:55:04 (38.2%)	10:44	5.6 (62.2%)
83	**RYŻYŃSKA Agnieszka**	**4914**	CHEŁM BIEGA	K40	83	**05:01:19.35**	+01:55:32 (38.3%)	10:45	5.6 (62.2%)
84	**GÓRKA Jolanta**	**4063**	SUSKA GRUPA BIEGOWA	K40	84	**05:02:01.00**	+01:56:14 (38.5%)	10:47	5.6 (62.2%)
85	**KONCA Beata**	**4696**	KB OŻARÓW MAZOWIECKI BIEGA	K40	85	**05:03:06.25**	+01:57:19 (38.7%)	10:49	5.5 (61.1%)
86	**DADAŚ Elżbieta**	**4640**	BP RUNNING TEAM GLIWICE	K40	86	**05:03:23.00**	+01:57:36 (38.8%)	10:50	5.5 (61.1%)
87	**MROCZEK Marta**	**4143**	DZICY KONIOWE	K40	87	**05:03:39.10**	+01:57:52 (38.8%)	10:50	5.5 (61.1%)
88	**MIŁKOWSKA Aneta**	**4950**	DZICY KONIOWIE	K40	88	**05:03:39.20**	+01:57:52 (38.8%)	10:50	5.5 (61.1%)
89	**DYMKOWSKA Małgorzata**	**4997**		K40	89	**05:03:41.15**	+01:57:54 (38.8%)	10:50	5.5 (61.1%)
90	**ZIELIŃSKA IGNASZAK Iwona**	**4845**	HEROBOX	K40	90	**05:03:48.30**	+01:58:01 (38.9%)	10:51	5.5 (61.1%)
91	**SYPKO-KUBICKA Katarzyna**	**4204**	KOZŁOWICKI CROSS SIS FABRYKA ZMIAN	K40	91	**05:05:36.15**	+01:59:49 (39.2%)	10:54	5.5 (61.1%)
92	**ZALEWSKA Agnieszka**	**4496**		K40	92	**05:07:42.50**	+02:01:55 (39.6%)	10:59	5.5 (61.1%)
93	**BEDNARSKA-KOZIOŁ Danuta**	**4977**	KOTWICA KRZEG	K40	93	**05:09:01.05**	+02:03:14 (39.9%)	11:02	5.4 (60.0%)
94	**PILECKA Joanna**	**4761**		K40	94	**05:09:28.10**	+02:03:41 (40.0%)	11:03	5.4 (60.0%)
95	**POSTÓŁ Karolina**	**4769**	COMPANEROS ASFALT TEAM	K40	95	**05:11:06.85**	+02:05:20 (40.3%)	11:06	5.4 (60.0%)
96	**GANDECKA Beata**	**4360**	MIĘDZYRZECKIE GAZELE	K40	96	**05:12:21.20**	+02:06:34 (40.5%)	11:09	5.4 (60.0%)
97	**RĘKOSIEWICZ-TOKARZ Monika**	**4949**	GŁOGOVIA	K40	97	**05:13:29.40**	+02:07:42 (40.7%)	11:11	5.4 (60.0%)
98	**GDYNIA Sylwia**	**4658**		K40	98	**05:15:06.65**	+02:09:20 (41.0%)	11:15	5.3 (58.9%)
99	**GRZELAK Karina**	**4065**		K40	99	**05:16:43.50**	+02:10:56 (41.3%)	11:18	5.3 (58.9%)
100	**DOMAŃSKA Katarzyna**	**4033**	ROZBIEGAJMY RADOMSKO	K40	100	**05:17:58.70**	+02:12:12 (41.6%)	11:21	5.3 (58.9%)
101	**CZAJKA Dagmara**	**4350**		K40	101	**05:20:12.40**	+02:14:25 (42.0%)	11:26	5.2 (57.8%)
102	**MAŃCZAK Agnieszka**	**4554**	CZERWONACKIE KIJANKI	K40	102	**05:20:16.05**	+02:14:29 (42.0%)	11:26	5.2 (57.8%)
103	**BURMAN Beata**	**4506**		K40	103	**05:20:16.50**	+02:14:29 (42.0%)	11:26	5.2 (57.8%)
104	**DONIEC Katarzyna**	**4466**	AGARUN	K40	104	**05:20:27.30**	+02:14:40 (42.0%)	11:26	5.2 (57.8%)
105	**CIEŚLIK Malwina**	**4028**	ROZBIEGAJMY RADOMSKO	K40	105	**05:20:39.70**	+02:14:53 (42.1%)	11:27	5.2 (57.8%)
106	**ZELMANOWICZ - SZŁAPA Ewa**	**4843**	IZBICKO W BIEGU	K40	106	**05:23:11.30**	+02:17:24 (42.5%)	11:32	5.2 (57.8%)
107	**KOWALCZYK Anna**	**4278**	DOGOŃ GRODZISK MAZOWIECKI , DKMS	K40	107	**05:23:36.60**	+02:17:50 (42.6%)	11:33	5.2 (57.8%)
108	**PIETRUSZEWSKA Katarzyna**	**4572**	ORANGE POLSKA	K40	108	**05:25:18.05**	+02:19:31 (42.9%)	11:37	5.2 (57.8%)
109	**HERMAN Agnieszka**	**4526**		K40	109	**05:26:30.05**	+02:20:43 (43.1%)	11:39	5.1 (56.7%)
110	**KIJEWSKA Karolina**	**4372**	BRYGADA KRYZYS WIEKU ŚREDNIEGO	K40	110	**05:26:46.85**	+02:21:00 (43.1%)	11:40	5.1 (56.7%)
111	**STANKOWSKA Justyna**	**4803**	KIJKOWE TRZEMESZNO	K40	111	**05:26:49.30**	+02:21:02 (43.2%)	11:40	5.1 (56.7%)
112	**JĘCZMINSKA Anna**	**4532**	SAMI SWOI	K40	112	**05:28:22.95**	+02:22:36 (43.4%)	11:43	5.1 (56.7%)
113	**ŁOCHOWSKA-PIOTROWICZ Magdalena**	**4128**	TEAM PAPRY	K40	113	**05:29:32.80**	+02:23:46 (43.6%)	11:46	5.1 (56.7%)
114	**MONTEWKA DE VALLE Jowita**	**4142**	SLOW JOGGING SIEDLCE	K40	114	**05:30:24.90**	+02:24:38 (43.8%)	11:48	5.1 (56.7%)
115	**ZADROŻNA Dorota**	**4959**	JACK RUNNER	K40	115	**05:32:41.75**	+02:26:55 (44.2%)	11:52	5 (55.6%)
116	**NOWAK Ania**	**5059**		K40	116	**05:32:41.90**	+02:26:55 (44.2%)	11:52	5 (55.6%)
117	**MILLER-GRONIECKA Ilona**	**4479**		K40	117	**05:35:09.15**	+02:29:22 (44.6%)	11:58	5 (55.6%)

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118	**WEILAND Emila**	**5085**		K40	118	**05:36:46.70**	+02:31:00 (44.8%)	12:01	5 (55.6%)
119	**WOJCIECHOWSKA Jolanta**	**4494**	YULO RUN TEAM SIEDLCE	K40	119	**05:41:23.05**	+02:35:36 (45.6%)	12:11	4.9 (54.4%)
120	**ZACHAREK Ewelina**	**4840**	HEROBOX	K40	120	**05:44:55.30**	+02:39:08 (46.1%)	12:19	4.9 (54.4%)
121	**STANKIEWICZ Katarzyna**	**4585**	CZERWONACKIE KIJANKI	K40	121	**05:48:45.35**	+02:42:58 (46.7%)	12:27	4.8 (53.3%)
122	**KRAWCZUK Sylwia**	**4701**		K40	122	**05:57:25.55**	+02:51:38 (48.0%)	12:45	4.7 (52.2%)
123	**MÓWIŃSKA Katarzyna**	**4563**		K40	123	**05:58:42.45**	+02:52:55 (48.2%)	12:48	4.7 (52.2%)
124	**PRZEWOSKA Anna**	**4948**	RUN DE GIRARD	K40	124	**06:00:00.85**	+02:54:14 (48.4%)	12:51	4.7 (52.2%)
125	**KOZACZUK Katarzyna**	**5031**	PĘDZĄCE LENIWCE	K40	125	**06:00:08.25**	+02:54:21 (48.4%)	12:51	4.7 (52.2%)
126	**GETLER-STRZYŻOWSKA Małgorzata**	**5015**		K40	126	**06:00:08.45**	+02:54:21 (48.4%)	12:51	4.7 (52.2%)
127	**BOROWIEC-RÓŻYCKA Magdalena**	**4258**	BIEGAJĄCY ŚWIDNIK	K40	127	**06:00:32.00**	+02:54:45 (48.5%)	12:52	4.7 (52.2%)
128	**LEBUDA Sylwia**	**4117**	TEAM PAPRY	K40	128	**06:03:04.05**	+02:57:17 (48.8%)	12:58	4.6 (51.1%)
129	**LENC Kasia**	**4378**		K40	129	**06:04:19.35**	+02:58:32 (49.0%)	13:00	4.6 (51.1%)
130	**KUSMIERCZYK Ewa**	**5014**	ROZBIEGAJMY RADOMSKO	K40	130	**06:12:53.45**	+03:07:06 (50.2%)	13:19	4.5 (50.0%)
131	**LEHMANN Alicja**	**4377**		K40	131	**06:14:53.00**	+03:09:06 (50.4%)	13:23	4.5 (50.0%)
132	**BARAŃSKA Justyna**	**4343**		K40	132	**06:15:17.45**	+03:09:30 (50.5%)	13:24	4.5 (50.0%)
133	**GASIK Wiola**	**4656**	SŁOŃCA JURY	K40	133	**06:15:49.60**	+03:10:03 (50.6%)	13:25	4.5 (50.0%)
134	**GONERA Ewa**	**4058**	ROZBIEGAJMY RADOMSKO	K40	134	**06:17:49.65**	+03:12:03 (50.8%)	13:29	4.4 (48.9%)
135	**BIAŁOKOS Anna**	**4617**	EUROCASH	K40	135	**06:18:04.65**	+03:12:18 (50.9%)	13:30	4.4 (48.9%)
136	**KRÓLIKOWSKA Monika**	**4435**		K40	136	**06:18:40.20**	+03:12:53 (50.9%)	13:31	4.4 (48.9%)
137	**GRZESZCZAK Małgorzata**	**4469**	BIEGAMYRAZEM.PL	K40	137	**06:22:08.75**	+03:16:22 (51.4%)	13:38	4.4 (48.9%)
138	**DANIELEWSKA Magdalena**	**4510**		K40	138	**06:22:18.70**	+03:16:32 (51.4%)	13:39	4.4 (48.9%)
139	**LANGNER Katarzyna**	**4476**		K40	139	**06:22:26.60**	+03:16:40 (51.4%)	13:39	4.4 (48.9%)
140	**WITEK Sylwia**	**4599**		K40	140	**06:23:54.25**	+03:18:07 (51.6%)	13:42	4.4 (48.9%)
141	**FABJANCZYK Agnieszka**	**4511**	GRUPAJURAPL	K40	141	**06:26:52.40**	+03:21:05 (52.0%)	13:49	4.3 (47.8%)
142	**KOKOWSKA-SMOK Dagmara**	**5053**	GRUPA JURA PL	K40	142	**06:26:53.20**	+03:21:06 (52.0%)	13:49	4.3 (47.8%)
143	**BUJNOWSKA Sylwia**	**4346**		K40	143	**06:28:14.55**	+03:22:27 (52.1%)	13:51	4.3 (47.8%)
144	**HYBIŃSKA Joanna**	**4366**		K40	144	**06:28:14.90**	+03:22:28 (52.2%)	13:51	4.3 (47.8%)
145	**RAJKIEWICZ Agnieszka**	**5061**	RGB	K40	145	**06:31:41.10**	+03:25:54 (52.6%)	13:59	4.3 (47.8%)
146	**DWORNICKA Magdalena**	**5060**	RGB	K40	146	**06:31:42.45**	+03:25:55 (52.6%)	13:59	4.3 (47.8%)
147	**ILNICKA-BOROWCZYK Kinga**	**4068**		K40	147	**06:36:13.30**	+03:30:26 (53.1%)	14:09	4.2 (46.7%)
148	**ZIENCINA Agnieszka**	**4417**		K40	148	**06:36:58.10**	+03:31:11 (53.2%)	14:10	4.2 (46.7%)
149	**ORZECHOWSKA Luiza**	**4388**		K40	149	**06:36:58.40**	+03:31:11 (53.2%)	14:10	4.2 (46.7%)
150	**GRUSZECKA Aleksandra**	**4669**		K40	150	**06:37:35.45**	+03:31:48 (53.3%)	14:11	4.2 (46.7%)
151	**WEINER Aleksandra**	**4828**	VIKINGTRENINGCENTER	K40	151	**06:37:35.55**	+03:31:48 (53.3%)	14:11	4.2 (46.7%)
152	**BANAŚ Katarzyna**	**4613**	VIKING TRAINING CENTER	K40	152	**06:37:35.65**	+03:31:49 (53.3%)	14:11	4.2 (46.7%)
153	**WASILUK Ewa**	**4944**	ROZBIEGAJMY RADOMSKO	K40	153	**06:37:50.65**	+03:32:04 (53.3%)	14:12	4.2 (46.7%)
154	**KRZYSZKOWSKA-CUDAK Anna**	**4946**	ROZBIEGAJMY RADOMSKO	K40	154	**06:39:10.95**	+03:33:24 (53.5%)	14:15	4.2 (46.7%)
155	**STANKOWSKA Marzena**	**4804**	KIJKOWE TRZEMESZNO	K40	155	**06:44:27.85**	+03:38:41 (54.1%)	14:26	4.2 (46.7%)
156	**SYRYJCZYK-SACZUK Joanna**	**4814**		K40	156	**06:49:07.75**	+03:43:21 (54.6%)	14:36	4.1 (45.6%)
157	**SIERECKA Dorota**	**4919**	TEAM ZABIEGANEDNI // WKURW_TEAM	K40	157	**06:50:25.55**	+03:44:38 (54.7%)	14:39	4.1 (45.6%)
158	**ARABASZ Aneta**	**4497**		K40	158	**06:51:06.90**	+03:45:20 (54.8%)	14:40	4.1 (45.6%)
159	**MARASEK Anna**	**4286**	SAMI SWOI	K40	159	**06:51:39.60**	+03:45:53 (54.9%)	14:42	4.1 (45.6%)
160	**SZOLL Monika**	**4589**	ULTRASY	K40	160	**06:55:57.95**	+03:50:11 (55.3%)	14:51	4 (44.4%)
161	**GIESZCZYŃSKA Magdalena**	**4661**	12WBOT	K40	161	**07:11:02.65**	+04:05:16 (56.9%)	15:23	3.9 (43.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 28km	Różn	Tempo min/km	Tempo km/h
162	**PAWŁOWSKA Danuta**	**4905**	WKURW_TEAM	K40	162	**07:13:29.95**	+04:07:43 (57.1%)	15:28	3.9 (43.3%)
163	**CHRAPEK Barbara**	**4024**	ROZBIEGAJMY RADOMSKO	K40	163	**07:38:57.30**	+04:33:10 (59.5%)	16:23	3.7 (41.1%)
164	**LUTOSTAŃSKA Monika**	**4380**		K40	164	**07:39:10.10**	+04:33:23 (59.5%)	16:23	3.7 (41.1%)
165	**ZAŁĘSKA-KĘSY Monika**	**4974**	ROZBIEGAJMY RADOMSKO	K40	165	**07:45:51.40**	+04:40:04 (60.1%)	16:38	3.6 (40.0%)
	PASZKOWSKA Katarzyna	**4390**	CB163	K40		**DNF**		-	- (0.0%)

Znaleziono 166 wynik(ów)