RZEŹNIK ENIGMA 2018

Wydarzenie: IV FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2018-06-03
Miejsce: Cisna
Dystans: 30 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 30km	Czas brutto 30km	Różn	Tempo min/km	Tempo km/h
1	**BIELAWA Rafał**	**3277**		M40	1	**03:10:00.00**	**03:10:00.00**		6:20	9.5 (100%)
1	**PROBST Wojciech**	**3240**		M30	1	**03:10:00.00**	**03:10:00.00**	+00:00:00 (0.0%)	6:20	9.5 (100%)
3	**JAROSZUK Andrzej**	**3189**		M20	1	**03:59:31.85**	**03:59:31.85**	+00:49:31 (20.7%)	7:59	7.5 (78.9%)
4	**CHOJNACKI Wiktor**	**3197**		M30	2	**04:19:20.05**	**04:19:20.05**	+01:09:20 (26.7%)	8:38	6.9 (72.6%)
5	**ZAMOJSKI Robert**	**3200**		M40	2	**04:26:15.40**	**04:26:15.40**	+01:16:15 (28.6%)	8:52	6.8 (71.6%)
6	**BARANOWSKI Jacek**	**3238**		M30	3	**04:29:10.95**	**04:29:10.95**	+01:19:10 (29.4%)	8:58	6.7 (70.5%)
7	**KOWALCZYK Mariusz**	**3178**		M40	3	**04:32:30.90**	**04:32:30.90**	+01:22:30 (30.3%)	9:05	6.6 (69.5%)
8	**PERENC Michał**	**3066**	HUSARIA RACE TEAM	M20	2	**04:32:49.65**	**04:32:49.65**	+01:22:49 (30.4%)	9:05	6.6 (69.5%)
9	**NARKO Aleksey**	**3089**	HUSARIA RACE TEAM	M20	3	**04:34:35.85**	**04:34:35.85**	+01:24:35 (30.8%)	9:09	6.6 (69.5%)
10	**LITWIN Bartłomiej**	**3251**		M30	4	**04:36:57.55**	**04:36:57.55**	+01:26:57 (31.4%)	9:13	6.5 (68.4%)
11	**GŁUSZKO Przemek**	**3097**	SOLINA TEAM	M30	5	**04:37:33.50**	**04:37:33.50**	+01:27:33 (31.5%)	9:15	6.5 (68.4%)
12	**RAJNER Krzysztof**	**3106**	ULTRA KOSZALIN	M30	6	**04:39:32.90**	**04:39:32.90**	+01:29:32 (32.0%)	9:19	6.4 (67.4%)
13	**KONIK Marcin**	**3142**		M30	7	**04:39:47.75**	**04:39:47.75**	+01:29:47 (32.1%)	9:19	6.4 (67.4%)
14	**GOSTOMSKA Katarzyna**	**3159**		K30	1	**04:39:50.20**	**04:39:50.20**	+01:29:50 (32.1%)	9:19	6.4 (67.4%)
15	**SZMYD Kamil**	**3235**		M20	4	**04:41:11.15**	**04:41:11.15**	+01:31:11 (32.4%)	9:22	6.4 (67.4%)
16	**BONIKOWSKI Tomasz**	**3035**		M40	4	**04:41:22.20**	**04:41:22.20**	+01:31:22 (32.5%)	9:22	6.4 (67.4%)
17	**WNOROWSKI Stefan**	**3145**	GREY	M40	5	**04:42:07.85**	**04:42:07.85**	+01:32:07 (32.7%)	9:24	6.4 (67.4%)
18	**MAJEWSKI Marcin**	**3139**	GOLONKA HULS	M20	5	**04:43:47.55**	**04:43:47.55**	+01:33:47 (33.0%)	9:27	6.3 (66.3%)
18	**JAREMA Maciek**	**3219**	LOKOMOTIV MAJDAN	M30	8	**04:43:47.55**	**04:43:47.55**	+01:33:47 (33.0%)	9:27	6.3 (66.3%)
20	**DAJCZ Jarosław**	**3160**	KORONA PABIANICE	M30	9	**04:44:55.00**	**04:44:55.00**	+01:34:55 (33.3%)	9:29	6.3 (66.3%)
21	**PUCHACZ Piotr**	**3129**		M40	6	**04:45:01.85**	**04:45:01.85**	+01:35:01 (33.3%)	9:30	6.3 (66.3%)
22	**DYMEK Mateusz**	**3233**		M30	10	**04:45:50.60**	**04:45:50.60**	+01:35:50 (33.5%)	9:31	6.3 (66.3%)
23	**ŚWIDZIŃSKI Tomasz**	**3217**	VEGE RUNNERS	M40	7	**04:46:34.35**	**04:46:34.35**	+01:36:34 (33.7%)	9:33	6.3 (66.3%)
24	**PIĄTEK Beata**	**3005**		K30	2	**04:46:51.15**	**04:46:51.15**	+01:36:51 (33.8%)	9:33	6.3 (66.3%)
25	**ĆWIĄKAŁA Michał**	**3109**	PW PODKARPACKIE WILKI	M30	11	**04:46:53.10**	**04:46:53.10**	+01:36:53 (33.8%)	9:33	6.3 (66.3%)
26	**URBAN Hubert**	**3037**	HUSARIA RACE TEAM	M30	12	**04:51:37.80**	**04:51:37.80**	+01:41:37 (34.8%)	9:43	6.2 (65.3%)
27	**KOSZOREK Mateusz**	**3216**		M20	6	**04:51:53.80**	**04:51:53.80**	+01:41:53 (34.9%)	9:43	6.2 (65.3%)
28	**GŁUSZEK Tomasz**	**3209**		M30	13	**04:52:25.65**	**04:52:25.65**	+01:42:25 (35.0%)	9:44	6.2 (65.3%)
29	**SAMUŚ Dariusz**	**3245**		M30	14	**04:55:42.90**	**04:55:42.90**	+01:45:42 (35.7%)	9:51	6.1 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 30km	Czas brutto 30km	Różn	Tempo min/km	Tempo km/h
30	**PRZYPOLSKI Paweł**	**3058**	IM-POSSIBLE TEAM	M40	8	**04:59:10.65**	**04:59:10.65**	+01:49:10 (36.5%)	9:58	6 (63.2%)
31	**NOWAK Miroslaw**	**3017**		M40	9	**05:07:54.55**	**05:07:54.55**	+01:57:54 (38.3%)	10:15	5.8 (61.1%)
32	**PONIEWOZIK Ireneusz**	**3104**		M40	10	**05:07:54.80**	**05:07:54.80**	+01:57:54 (38.3%)	10:15	5.8 (61.1%)
33	**WACHOWSKI Karol**	**3125**		M40	11	**05:16:57.75**	**05:16:57.75**	+02:06:57 (40.1%)	10:33	5.7 (60.0%)
34	**DZIUBAŁA Karolina**	**3237**		K20	1	**05:17:11.50**	**05:17:11.50**	+02:07:11 (40.1%)	10:34	5.7 (60.0%)
35	**CHMIELOWIEC Anna**	**3019**	KB GALERIA WARSZAWA	K40	1	**05:20:15.95**	**05:20:15.95**	+02:10:15 (40.7%)	10:40	5.6 (58.9%)
36	**TITZ-KOZA Julita**	**3054**		K30	3	**05:21:02.45**	**05:21:02.45**	+02:11:02 (40.8%)	10:42	5.6 (58.9%)
37	**GRABOŚ Nina**	**3027**		K40	2	**05:23:57.40**	**05:23:57.40**	+02:13:57 (41.4%)	10:47	5.6 (58.9%)
38	**BONIKOWSKI Mateusz**	**3053**	GTS	M30	15	**05:24:33.00**	**05:24:33.00**	+02:14:33 (41.5%)	10:49	5.5 (57.9%)
39	**WISZ Piotr**	**3122**		M20	7	**05:24:33.65**	**05:24:33.65**	+02:14:33 (41.5%)	10:49	5.5 (57.9%)
40	**ROKOSZ Rafał**	**3250**		M20	8	**05:25:12.10**	**05:25:12.10**	+02:15:12 (41.6%)	10:50	5.5 (57.9%)
41	**OBUCHOWICZ Łukasz**	**3117**		M30	16	**05:25:43.80**	**05:25:43.80**	+02:15:43 (41.7%)	10:51	5.5 (57.9%)
42	**BILSKI Łukasz**	**3171**		M30	17	**05:26:05.75**	**05:26:05.75**	+02:16:05 (41.7%)	10:52	5.5 (57.9%)
43	**JUSZCZAK Marcin**	**3138**		M40	12	**05:26:28.95**	**05:26:28.95**	+02:16:28 (41.8%)	10:52	5.5 (57.9%)
44	**WRÓBEL Aleksandra**	**3040**	DIRTY SPARROWS	K20	2	**05:27:52.75**	**05:27:52.75**	+02:17:52 (42.1%)	10:55	5.5 (57.9%)
45	**TOKARZ Marcin**	**3008**		M40	13	**05:28:11.70**	**05:28:11.70**	+02:18:11 (42.1%)	10:56	5.5 (57.9%)
46	**NALAZEK Marcin**	**3243**		M30	18	**05:28:11.75**	**05:28:11.75**	+02:18:11 (42.1%)	10:56	5.5 (57.9%)
47	**PODLASZEWSKI Jacek**	**3091**	SPC	M40	14	**05:28:23.45**	**05:28:23.45**	+02:18:23 (42.1%)	10:56	5.5 (57.9%)
48	**ZABURKO Mateusz**	**3099**		M30	19	**05:28:33.05**	**05:28:33.05**	+02:18:33 (42.2%)	10:57	5.5 (57.9%)
49	**MAJEWSKI Wojciech**	**3140**	GOLONKA HULS	M20	9	**05:28:56.10**	**05:28:56.10**	+02:18:56 (42.2%)	10:57	5.5 (57.9%)
50	**LEDWOLORZ Anna**	**3215**	KS KANAŁEK	K30	4	**05:30:18.00**	**05:30:18.00**	+02:20:18 (42.5%)	11:00	5.4 (56.8%)
51	**RYGIEL Ryszard**	**3045**		M40	15	**05:30:36.10**	**05:30:36.10**	+02:20:36 (42.5%)	11:01	5.4 (56.8%)
52	**BIELEC Karol**	**3166**	ROZBIEGAMY NOWY DWÓR	M30	20	**05:31:17.35**	**05:31:17.35**	+02:21:17 (42.6%)	11:02	5.4 (56.8%)
53	**KIEŁBASA Sylwia**	**3150**		K30	5	**05:32:44.55**	**05:32:44.55**	+02:22:44 (42.9%)	11:05	5.4 (56.8%)
54	**BUCZYŃSKI Jan**	**3149**		M30	21	**05:32:45.10**	**05:32:45.10**	+02:22:45 (42.9%)	11:05	5.4 (56.8%)
55	**ZARUDZKI Łukasz**	**3021**	NOTHING TO FEAR	M40	16	**05:33:26.55**	**05:33:26.55**	+02:23:26 (43.0%)	11:06	5.4 (56.8%)
56	**CHOROŚ Michał**	**3011**	HU RACE TEAM	M20	10	**05:33:54.65**	**05:33:54.65**	+02:23:54 (43.1%)	11:07	5.4 (56.8%)
57	**SOSZKA Przemysław**	**3183**		M30	22	**05:33:55.40**	**05:33:55.40**	+02:23:55 (43.1%)	11:07	5.4 (56.8%)
58	**WOJCIECHOWSKI Krzysztof**	**3072**		M40	17	**05:34:39.75**	**05:34:39.75**	+02:24:39 (43.2%)	11:09	5.4 (56.8%)
59	**GARNYS Radek**	**3069**		M40	18	**05:34:49.90**	**05:34:49.90**	+02:24:49 (43.3%)	11:09	5.4 (56.8%)
60	**PODOLAK Zbigniew**	**3147**		M50	1	**05:35:12.25**	**05:35:12.25**	+02:25:12 (43.3%)	11:10	5.4 (56.8%)
61	**JEZIOREK Adam**	**3208**		M50	2	**05:35:18.60**	**05:35:18.60**	+02:25:18 (43.3%)	11:10	5.4 (56.8%)
62	**KULCZYŃSKI Michał**	**3101**		M40	19	**05:35:47.70**	**05:35:47.70**	+02:25:47 (43.4%)	11:11	5.4 (56.8%)
63	**WŁODARCZYK Teresa**	**3062**	SPC	K50	1	**05:36:09.65**	**05:36:09.65**	+02:26:09 (43.5%)	11:12	5.4 (56.8%)
64	**BĄK Andrzej**	**3068**	SPC	M40	20	**05:36:09.85**	**05:36:09.85**	+02:26:09 (43.5%)	11:12	5.4 (56.8%)
65	**GONTARZ Aleksandra**	**3121**		K30	6	**05:36:24.10**	**05:36:24.10**	+02:26:24 (43.5%)	11:12	5.4 (56.8%)
66	**SŁOTWIŃSKI Adam**	**3110**		M30	23	**05:36:30.25**	**05:36:30.25**	+02:26:30 (43.5%)	11:13	5.3 (55.8%)
67	**BABICZ Karol**	**3126**	HUSARIA RACE TEAM	M20	11	**05:36:33.55**	**05:36:33.55**	+02:26:33 (43.5%)	11:13	5.3 (55.8%)
68	**KOSIŃSKI Jakub**	**3067**	HUSARIA RACE TEAM	M20	12	**05:36:39.75**	**05:36:39.75**	+02:26:39 (43.6%)	11:13	5.3 (55.8%)
69	**HARSCHE Pawel**	**3070**		M30	24	**05:36:51.05**	**05:36:51.05**	+02:26:51 (43.6%)	11:13	5.3 (55.8%)
70	**MARCULA Emil**	**3026**	HUSARIA RACE TEAM	M20	13	**05:36:58.90**	**05:36:58.90**	+02:26:58 (43.6%)	11:13	5.3 (55.8%)
71	**STACHYRA Andrzej**	**3176**	LSB	M50	3	**05:37:04.40**	**05:37:04.40**	+02:27:04 (43.6%)	11:14	5.3 (55.8%)
72	**HAJTEK Jakub**	**3196**	NAUKA BIEGA	M30	25	**05:37:11.35**	**05:37:11.35**	+02:27:11 (43.7%)	11:14	5.3 (55.8%)
73	**DARMOCHWAŁ Leszek**	**3236**	DZIKIE BOBRY	M40	21	**05:37:12.95**	**05:37:12.95**	+02:27:12 (43.7%)	11:14	5.3 (55.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 30km	Czas brutto 30km	Różn	Tempo min/km	Tempo km/h
74	**KOMAŃSKI Rafał**	**3193**	DRUŻYNA SZPIKU	M40	22	**05:37:22.65**	**05:37:22.65**	+02:27:22 (43.7%)	11:14	5.3 (55.8%)
75	**KASEJA Kacper**	**3194**		M20	14	**05:37:24.50**	**05:37:24.50**	+02:27:24 (43.7%)	11:14	5.3 (55.8%)
76	**ZAREMBA Marek**	**3242**		M50	4	**05:39:08.60**	**05:39:08.60**	+02:29:08 (44.0%)	11:18	5.3 (55.8%)
76	**KUPCZAK Grzegorz**	**3241**		M20	15	**05:39:08.60**	**05:39:08.60**	+02:29:08 (44.0%)	11:18	5.3 (55.8%)
78	**SENCZENKO Waldemar**	**3060**	NOTHING TO FEAR	M30	26	**05:39:23.15**	**05:39:23.15**	+02:29:23 (44.0%)	11:18	5.3 (55.8%)
79	**BANASZEK Domininka**	**3227**	BIEGUSIEM.PL	K30	7	**05:39:25.90**	**05:39:25.90**	+02:29:25 (44.0%)	11:18	5.3 (55.8%)
80	**RADKOWSKI Dariusz**	**3179**	ZMUSILI MNIE TO BIEGAM	M40	23	**05:39:28.80**	**05:39:28.80**	+02:29:28 (44.0%)	11:18	5.3 (55.8%)
81	**JADWIŃSKI Wojciech**	**3108**	REEBOK RUN CLUB	M30	27	**05:41:23.70**	**05:41:23.70**	+02:31:23 (44.3%)	11:22	5.3 (55.8%)
82	**ORCHOLSKI Witold**	**3249**		M40	24	**05:41:37.55**	**05:41:37.55**	+02:31:37 (44.4%)	11:23	5.3 (55.8%)
83	**BIŚ Rafał**	**3123**		M50	5	**05:41:39.85**	**05:41:39.85**	+02:31:39 (44.4%)	11:23	5.3 (55.8%)
84	**WIDOMSKA MACIEJEWSKA Joanna**	**3239**		K30	8	**05:44:01.70**	**05:44:01.70**	+02:34:01 (44.8%)	11:28	5.2 (54.7%)
85	**SOKULSKI Marcin**	**3020**	KASZANKI	M30	28	**05:44:01.85**	**05:44:01.85**	+02:34:01 (44.8%)	11:28	5.2 (54.7%)
86	**BAKA Przemysław**	**3073**	GTS TRADYCJA	M20	16	**05:46:50.75**	**05:46:50.75**	+02:36:50 (45.2%)	11:33	5.2 (54.7%)
87	**BAKA Mateusz**	**3010**	GTS TRADYCJA	M20	17	**05:46:51.35**	**05:46:51.35**	+02:36:51 (45.2%)	11:33	5.2 (54.7%)
88	**STANEK Krzysztof**	**3132**	LD RUNNER	M50	6	**05:47:36.90**	**05:47:36.90**	+02:37:36 (45.3%)	11:35	5.2 (54.7%)
89	**STAROWICZ Kazimierz**	**3130**		M20	18	**05:47:47.95**	**05:47:47.95**	+02:37:47 (45.4%)	11:35	5.2 (54.7%)
90	**OZIĘBAŁA Wiktor**	**3025**		M20	19	**05:47:49.05**	**05:47:49.05**	+02:37:49 (45.4%)	11:35	5.2 (54.7%)
91	**KAMIŃSKI Paweł**	**3136**		M40	25	**05:49:04.10**	**05:49:04.10**	+02:39:04 (45.6%)	11:38	5.2 (54.7%)
92	**NALEPA Maciej**	**3174**		M30	29	**05:49:10.25**	**05:49:10.25**	+02:39:10 (45.6%)	11:38	5.2 (54.7%)
93	**STACHYRA Bartłomiej**	**3177**		M20	20	**05:49:30.50**	**05:49:30.50**	+02:39:30 (45.6%)	11:39	5.2 (54.7%)
94	**ZIELIŃSKI Tomasz**	**3032**	TETRYCY SCHRODINGERA	M40	26	**05:49:49.65**	**05:49:49.65**	+02:39:49 (45.7%)	11:39	5.1 (53.7%)
95	**BRZYSKI Grzegorz**	**3146**		M30	30	**05:50:00.15**	**05:50:00.15**	+02:40:00 (45.7%)	11:40	5.1 (53.7%)
96	**ZIENKIEWICZ Agata**	**3095**	PIASECZNO RUNNING	K30	9	**05:50:30.05**	**05:50:30.05**	+02:40:30 (45.8%)	11:41	5.1 (53.7%)
97	**MĄKA Katarzyna**	**3165**		K30	10	**05:51:22.30**	**05:51:22.30**	+02:41:22 (45.9%)	11:42	5.1 (53.7%)
98	**KRAWIEC Cezary**	**3164**		M30	31	**05:51:22.35**	**05:51:22.35**	+02:41:22 (45.9%)	11:42	5.1 (53.7%)
99	**NAZIMEK Lilianna**	**3111**	SUO TEMPORE	K40	3	**05:51:34.25**	**05:51:34.25**	+02:41:34 (46.0%)	11:43	5.1 (53.7%)
100	**KOWALEWSKA Izabela**	**3100**	PIASECZNO RUNNING	K30	11	**05:51:57.45**	**05:51:57.45**	+02:41:57 (46.0%)	11:43	5.1 (53.7%)
101	**AMBICKI Miłosz**	**3127**	WKURW_TEAM	M30	32	**05:52:29.65**	**05:52:29.65**	+02:42:29 (46.1%)	11:44	5.1 (53.7%)
102	**RÓŻYCKA Agnieszka**	**3039**	NAUKA BIEGA	K40	4	**05:54:33.80**	**05:54:33.80**	+02:44:33 (46.4%)	11:49	5.1 (53.7%)
103	**PIEKARSKA-NAJBART Alicja**	**3056**	NAUKA BIEGA	K40	5	**05:54:41.75**	**05:54:41.75**	+02:44:41 (46.4%)	11:49	5.1 (53.7%)
104	**KAŁKA Marcin**	**3163**		M30	33	**05:56:03.40**	**05:56:03.40**	+02:46:03 (46.6%)	11:52	5.1 (53.7%)
105	**KOWALIK Andrzej**	**3107**	BEZPIECZNY.PL/BIEG OPOLSKI	M30	34	**05:56:31.50**	**05:56:31.50**	+02:46:31 (46.7%)	11:53	5 (52.6%)
106	**PAWLAK Bartosz**	**3202**		M40	27	**05:56:37.80**	**05:56:37.80**	+02:46:37 (46.7%)	11:53	5 (52.6%)
106	**KRAJCZYŃSKI Jakub**	**3204**	PKO BANK POLSKI	M40	27	**05:56:37.80**	**05:56:37.80**	+02:46:37 (46.7%)	11:53	5 (52.6%)
108	**JAMBOR Michał**	**3201**	BRACTWO BIEGOWE BGK	M30	35	**05:56:38.70**	**05:56:38.70**	+02:46:38 (46.7%)	11:53	5 (52.6%)
109	**SKOPEK Agata**	**3028**	HUSARIA RACE TEAM	K20	3	**05:56:45.70**	**05:56:45.70**	+02:46:45 (46.7%)	11:53	5 (52.6%)
110	**BAJDAK Łukasz**	**3247**		M30	36	**05:56:58.85**	**05:56:58.85**	+02:46:58 (46.8%)	11:53	5 (52.6%)
111	**MULARZ Dorota**	**3230**		K30	12	**05:59:57.75**	**05:59:57.75**	+02:49:57 (47.2%)	11:59	5 (52.6%)
112	**KWAŚNIEWSKI Łukasz**	**3134**		M30	37	**06:00:40.05**	**06:00:40.05**	+02:50:40 (47.3%)	12:01	5 (52.6%)
113	**ŁOŚ Małgorzata**	**3133**	BIGYELLOWFOOT ADVENTURE TEAM	K30	13	**06:00:40.25**	**06:00:40.25**	+02:50:40 (47.3%)	12:01	5 (52.6%)
114	**DRABIK Jacek**	**3081**		M50	7	**06:00:45.35**	**06:00:45.35**	+02:50:45 (47.3%)	12:01	5 (52.6%)
115	**GÓRECKA Milena**	**3205**	WRONIECKI KLUB BIEGACZA	K30	14	**06:02:02.50**	**06:02:02.50**	+02:52:02 (47.5%)	12:04	5 (52.6%)
116	**SZULC Klaudia**	**3004**	HUSARIA RACE TEAM	K20	4	**06:02:12.15**	**06:02:12.15**	+02:52:12 (47.5%)	12:04	5 (52.6%)
117	**BĄK Piotr**	**3018**	HUSARIA RACE TEAM	M30	38	**06:02:17.15**	**06:02:17.15**	+02:52:17 (47.6%)	12:04	5 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 30km	Czas brutto 30km	Różn	Tempo min/km	Tempo km/h
118	**SZYMAŃSKI Michał**	**3098**		M30	39	**06:02:32.25**	**06:02:32.25**	+02:52:32 (47.6%)	12:05	5 (52.6%)
119	**KĘPKA Waldemar**	**3115**		M60	1	**06:03:18.10**	**06:03:18.10**	+02:53:18 (47.7%)	12:06	5 (52.6%)
120	**TRAWKA Damian**	**3051**		M30	40	**06:03:20.35**	**06:03:20.35**	+02:53:20 (47.7%)	12:06	5 (52.6%)
121	**JUSZCZAK Mateusz**	**3137**		M20	21	**06:03:49.40**	**06:03:49.40**	+02:53:49 (47.8%)	12:07	4.9 (51.6%)
122	**BRYŁA Krzysztof**	**3024**	DRUŻYNA SZPIKU / BIEGNIJMY.PL KOSZALIN	M40	29	**06:03:55.50**	**06:03:55.50**	+02:53:55 (47.8%)	12:07	4.9 (51.6%)
123	**KACPRZYK Ewa**	**3124**		K30	15	**06:06:10.60**	**06:06:10.60**	+02:56:10 (48.1%)	12:12	4.9 (51.6%)
124	**DUCHNA Tomasz**	**3182**		M30	41	**06:06:53.70**	**06:06:53.70**	+02:56:53 (48.2%)	12:13	4.9 (51.6%)
125	**SUKIENNICZAK Tomasz**	**3228**		M30	42	**06:07:11.30**	**06:07:11.30**	+02:57:11 (48.3%)	12:14	4.9 (51.6%)
126	**KURZYDŁO Michał**	**3190**		M20	22	**06:11:34.25**	**06:11:34.25**	+03:01:34 (48.9%)	12:23	4.8 (50.5%)
127	**KOWALCZYK Łukasz**	**3246**		M30	43	**06:14:14.70**	**06:14:14.70**	+03:04:14 (49.2%)	12:28	4.8 (50.5%)
128	**SKURSKA Monika**	**3048**		K40	6	**06:14:15.55**	**06:14:15.55**	+03:04:15 (49.2%)	12:28	4.8 (50.5%)
129	**DRONKA Dominik**	**3077**		M30	44	**06:14:38.95**	**06:14:38.95**	+03:04:38 (49.3%)	12:29	4.8 (50.5%)
130	**COFALSKI Jakub**	**3185**		M30	45	**06:21:43.35**	**06:21:43.35**	+03:11:43 (50.2%)	12:43	4.7 (49.5%)
131	**KOŁODZIEJ Mirosław**	**3029**		M20	23	**06:26:20.95**	**06:26:20.95**	+03:16:20 (50.8%)	12:52	4.7 (49.5%)
132	**BLACHA Agata**	**3120**		K30	16	**06:26:21.55**	**06:26:21.55**	+03:16:21 (50.8%)	12:52	4.7 (49.5%)
133	**DOBRZYŃSKA Małgorzata**	**3064**	SPC	K50	2	**06:27:02.70**	**06:27:02.70**	+03:17:02 (50.9%)	12:54	4.7 (49.5%)
134	**KRUCZYK Damian**	**3199**	BDK	M20	24	**06:27:28.90**	**06:27:28.90**	+03:17:28 (51.0%)	12:54	4.6 (48.4%)
135	**SADOWIŃSKA Adriana**	**3033**	NOWA HUTA TEAM/ WKURW_TEAM	K40	7	**06:28:08.75**	**06:28:08.75**	+03:18:08 (51.0%)	12:56	4.6 (48.4%)
136	**WINICKA Daria**	**3152**		K30	17	**06:29:05.10**	**06:29:05.10**	+03:19:05 (51.2%)	12:58	4.6 (48.4%)
137	**WĄSOWSKA Jagoda**	**3210**	KS PEGAZ PIASECZNO	K50	3	**06:29:56.00**	**06:29:56.00**	+03:19:56 (51.3%)	12:59	4.6 (48.4%)
138	**PIOTROWSKI Marek**	**3038**	MORSOWNICY Z LEGNICY	M50	8	**06:30:24.55**	**06:30:24.55**	+03:20:24 (51.3%)	13:00	4.6 (48.4%)
139	**KISZKIS Elżbieta**	**3023**	HUSARIA RACE TEAM	K40	8	**06:30:31.35**	**06:30:31.35**	+03:20:31 (51.3%)	13:01	4.6 (48.4%)
140	**JASEK-BORS Paulina**	**3044**	HUSARIA RACE TEAM	K30	18	**06:30:31.45**	**06:30:31.45**	+03:20:31 (51.3%)	13:01	4.6 (48.4%)
141	**WSZOŁEK Magdalena**	**3075**		K30	19	**06:31:14.45**	**06:31:14.45**	+03:21:14 (51.4%)	13:02	4.6 (48.4%)
142	**PASZKOWSKA Barbara**	**3223**	SKLEP ROWEROWY GÓRA ROWERSKA	K30	20	**06:31:46.40**	**06:31:46.40**	+03:21:46 (51.5%)	13:03	4.6 (48.4%)
143	**STASIUK Natalia**	**3050**	HUSARIA RACE TEAM	K30	21	**06:32:07.95**	**06:32:07.95**	+03:22:07 (51.5%)	13:04	4.6 (48.4%)
144	**STASIUK Arkadiusz**	**3049**	HUSARIA RACE TEAM	M30	46	**06:32:08.10**	**06:32:08.10**	+03:22:08 (51.5%)	13:04	4.6 (48.4%)
145	**BŁASIŃSKA Żaneta**	**3063**	SPC	K40	9	**06:34:58.65**	**06:34:58.65**	+03:24:58 (51.9%)	13:09	4.6 (48.4%)
146	**FREJ Marcin**	**3102**	ZABIEGANI.TV	M30	47	**06:35:15.20**	**06:35:15.20**	+03:25:15 (51.9%)	13:10	4.6 (48.4%)
147	**GĄSIOREK Kamila**	**3103**		K20	5	**06:35:15.30**	**06:35:15.30**	+03:25:15 (51.9%)	13:10	4.6 (48.4%)
148	**HERMAN Paweł**	**3076**		M40	30	**06:35:20.40**	**06:35:20.40**	+03:25:20 (51.9%)	13:10	4.6 (48.4%)
149	**BIENIAS Krzysztof**	**3214**		M20	25	**06:36:02.45**	**06:36:02.45**	+03:26:02 (52.0%)	13:12	4.5 (47.4%)
150	**BIENIAS Tomasz**	**3213**		M20	26	**06:36:02.50**	**06:36:02.50**	+03:26:02 (52.0%)	13:12	4.5 (47.4%)
151	**DOMINIAK-BĄK Izabela**	**3074**		K30	22	**06:38:20.30**	**06:38:20.30**	+03:28:20 (52.3%)	13:16	4.5 (47.4%)
152	**GÓRECKA Aldona**	**3206**		K30	23	**06:39:07.30**	**06:39:07.30**	+03:29:07 (52.4%)	13:18	4.5 (47.4%)
153	**BURZYŃSKI Klaudiusz**	**3105**		M30	48	**06:41:14.75**	**06:41:14.75**	+03:31:14 (52.6%)	13:22	4.5 (47.4%)
154	**SZCZYPEK Ola**	**3181**	SMT SZCZECIN	K30	24	**06:41:34.55**	**06:41:34.55**	+03:31:34 (52.7%)	13:23	4.5 (47.4%)
155	**MOCZADKO Maria**	**3244**		K40	10	**06:42:05.40**	**06:42:05.40**	+03:32:05 (52.7%)	13:24	4.5 (47.4%)
156	**BEŁKOT Dariusz**	**3167**		M50	9	**06:42:05.90**	**06:42:05.90**	+03:32:05 (52.7%)	13:24	4.5 (47.4%)
157	**ZARUDZKI Paweł**	**3022**	NOTHING TO FEAR	M30	49	**06:44:00.95**	**06:44:00.95**	+03:34:00 (53.0%)	13:28	4.5 (47.4%)
158	**JĘDRZEJCZYK Arkadiusz**	**3162**	HUSARIA RACE TEAM	M30	50	**06:45:54.50**	**06:45:54.50**	+03:35:54 (53.2%)	13:31	4.4 (46.3%)
159	**MEZYK Marzena**	**3161**	HUSARIA RACE TEAM	K30	25	**06:46:02.20**	**06:46:02.20**	+03:36:02 (53.2%)	13:32	4.4 (46.3%)
160	**MAZURKIEWICZ Bartłomiej**	**3116**	ZAPOROWY MARATON TEAM	M20	27	**06:46:24.05**	**06:46:24.05**	+03:36:24 (53.2%)	13:32	4.4 (46.3%)
161	**NOWACZYK Dominika**	**3043**	HUSARIA RACE TEAM	K20	6	**06:46:24.20**	**06:46:24.20**	+03:36:24 (53.2%)	13:32	4.4 (46.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 30km	Czas brutto 30km	Różn	Tempo min/km	Tempo km/h
162	**CYMMER Michał**	**3224**		M30	51	**06:46:24.55**	**06:46:24.55**	+03:36:24 (53.2%)	13:32	4.4 (46.3%)
163	**WYSOCKA Edyta**	**3220**	HUSARIA RACE TEAM	K30	26	**06:49:33.05**	**06:49:33.05**	+03:39:33 (53.6%)	13:39	4.4 (46.3%)
164	**PACIGA Krzysztof**	**3046**	HUSARIA RACE TEAM	M20	28	**06:50:52.05**	**06:50:52.05**	+03:40:52 (53.8%)	13:41	4.4 (46.3%)
165	**BILSKI Piotr**	**3170**		M30	52	**06:51:17.70**	**06:51:17.70**	+03:41:17 (53.8%)	13:42	4.4 (46.3%)
166	**JAWOREK Anna**	**3211**	ROZBIEGAMY NOWY DWÓR	K40	11	**06:54:37.95**	**06:54:37.95**	+03:44:37 (54.2%)	13:49	4.3 (45.3%)
167	**PIERZGALSKI Sebastian**	**3087**		M40	31	**06:55:22.30**	**06:55:22.30**	+03:45:22 (54.3%)	13:50	4.3 (45.3%)
168	**SZATKOWSKA Ewa**	**3055**	KOBIETYBIEGAJA	K50	4	**06:55:40.70**	**06:55:40.70**	+03:45:40 (54.3%)	13:51	4.3 (45.3%)
169	**BEZKOROWAJNY Mateusz**	**3041**		M20	29	**06:56:45.70**	**06:56:45.70**	+03:46:45 (54.4%)	13:53	4.3 (45.3%)
170	**SIERPOWSKA-BARTOSIK Agnieszka**	**3083**	VEGERUNNERS	K40	12	**07:00:20.45**	**07:00:20.45**	+03:50:20 (54.8%)	14:00	4.3 (45.3%)
171	**JAWORSKI Bartłomiej**	**3057**	SPC	M20	30	**07:03:06.05**	**07:03:06.05**	+03:53:06 (55.1%)	14:06	4.3 (45.3%)
172	**KOSZAŁKA Aleksandra**	**3192**		K20	7	**07:03:09.20**	**07:03:09.20**	+03:53:09 (55.1%)	14:06	4.3 (45.3%)
173	**ZADROŻNA Dorota**	**3034**	JACK RUNNER	K40	13	**07:04:50.85**	**07:04:50.85**	+03:54:50 (55.3%)	14:09	4.2 (44.2%)
174	**KUSZ Gosia**	**3154**	TOKYO TEAM	K30	27	**07:06:13.15**	**07:06:13.15**	+03:56:13 (55.4%)	14:12	4.2 (44.2%)
174	**KUSZ Janusz**	**3155**	TOKYO TEAM	K40	14	**07:06:13.15**	**07:06:13.15**	+03:56:13 (55.4%)	14:12	4.2 (44.2%)
176	**JODKO Magda**	**3012**	A CO TO BĘDZIE?	K40	15	**07:06:43.70**	**07:06:43.70**	+03:56:43 (55.5%)	14:13	4.2 (44.2%)
177	**MATUSEWICZ Patrycja**	**3114**		K40	16	**07:07:45.45**	**07:07:45.45**	+03:57:45 (55.6%)	14:15	4.2 (44.2%)
178	**MODZELEWSKA Karolina**	**3061**	SPC	K30	28	**07:07:56.70**	**07:07:56.70**	+03:57:56 (55.6%)	14:15	4.2 (44.2%)
179	**LEPA-ROMAN Magdalena**	**3079**	PRZECINAK 77	K40	17	**07:09:49.05**	**07:09:49.05**	+03:59:49 (55.8%)	14:19	4.2 (44.2%)
180	**KUKAWSKA Joanna**	**3191**	RK ATHLETICS	K50	5	**07:11:05.20**	**07:11:05.20**	+04:01:05 (55.9%)	14:22	4.2 (44.2%)
181	**JANOWSKA Ula**	**3082**		K40	18	**07:11:53.95**	**07:11:53.95**	+04:01:53 (56.0%)	14:23	4.2 (44.2%)
182	**POLSKA Joanna**	**3207**	AKADEMIA BIEGANIA GRUDZIĄDZ	K40	19	**07:11:54.05**	**07:11:54.05**	+04:01:54 (56.0%)	14:23	4.2 (44.2%)
183	**CICHECKA Anna**	**3006**	A CO TO BĘDZIE?	K40	20	**07:11:57.15**	**07:11:57.15**	+04:01:57 (56.0%)	14:23	4.2 (44.2%)
184	**MIGDALSKI Krzysztof**	**3153**		M50	10	**07:12:07.45**	**07:12:07.45**	+04:02:07 (56.0%)	14:24	4.2 (44.2%)
185	**ŁEMPICKA Małgorzata**	**3232**	PIASECZNO RUNNING	K30	29	**07:13:14.95**	**07:13:14.95**	+04:03:14 (56.1%)	14:26	4.2 (44.2%)
186	**REDZYŃSKI Paweł**	**3148**		M20	31	**07:16:26.15**	**07:16:26.15**	+04:06:26 (56.5%)	14:32	4.1 (43.2%)
187	**MALINOWSKA Marta**	**3143**		K30	30	**07:16:26.95**	**07:16:26.95**	+04:06:26 (56.5%)	14:32	4.1 (43.2%)
188	**KOCYŁA Marzena**	**3156**		K40	21	**07:19:15.05**	**07:19:15.05**	+04:09:15 (56.7%)	14:38	4.1 (43.2%)
	WIKA-SKOMSKA Joanna	**3009**	A CO TO BĘDZIE?	K40		**DNF**	**DNF**		-	- (0.0%)
	GRANIEWSKI Aleksander	**3096**		M40		**DNF**	**DNF**		-	- (0.0%)
	MĄKOSA Konrad	**3078**		M40		**DNF**	**DNF**		-	- (0.0%)
	BARYZA Robert	**3059**		M40		**DNF**	**DNF**		-	- (0.0%)
	SZCZEPKOWSKI Paweł	**3188**	ARTEQUIPMENT	M60		**DNF**	**DNF**		-	- (0.0%)
	OWCZAREK Sylwia	**3080**	HUSARIA RACE TEAM	K30		**DNF**	**DNF**		-	- (0.0%)
	BELKA Dawid	**3226**	W BIEGU PISANW	M30		**DNF**	**DNF**		-	- (0.0%)
	PAWŁOWSKA Agnieszka	**3090**	RUNMAGEDDON	K20		**DNF**	**DNF**		-	- (0.0%)
	BAKA Marcin	**3007**	GTS TRADYCJA	M50		**DNF**	**DNF**		-	- (0.0%)
	WĘGRZYNKIEWICZ Maria	**3112**		K20		**DNF**	**DNF**		-	- (0.0%)
	RAJNER Gosia	**3052**	ABOVE2000	K30		**DNF**	**DNF**		-	- (0.0%)
	GNIOT Joanna	**3015**	A CO TO BĘDZIE?	K40		**DNF**	**DNF**		-	- (0.0%)
	MIKRUT Małgorzata	**3016**	A CO TO BĘDZIE?	K40		**DNF**	**DNF**		-	- (0.0%)
	ULER Maciej	**3218**	W BIEGU PISANE	M30		**DNF**	**DNF**		-	- (0.0%)
	DEMNICKA Monika	**3094**		K30		**DNF**	**DNF**		-	- (0.0%)

Znaleziono 203 wynik(ów)