

RZEŹNIK ULTRA 2016 - 100KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Fundacja Bieg Rzeźnika
Data: 2016-05-21
Miejsce: Cisna
Dystans: 100 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
1	BIAŁOBRZESKI Sebastian	1334	BE 3 TRIATHLON- CITY ZEN	M20	1	01:45:58	04:32:18	05:22:51	08:50:27	11:41:42	13:01:53.35	13:01:53.35		7:35	7.9 (100%)
2	HRYNIÓW Łukasz	1401	BIEG OPOLSKI	M30	1	01:44:38	04:21:56	05:09:31	09:04:17	12:21:03	13:39:07.00	13:39:07.00	+00:37:13 (4.5%)	7:57	7.5 (94.9%)
3	ATANASOW ANCEW Dawid	1211	WATAHA TRAIL TEAM	M40	1	02:00:21	04:48:03	05:39:58	09:32:42	12:40:44	14:02:35.15	14:02:35.15	+01:00:41 (7.2%)	8:10	7.3 (92.4%)
4	PAJĄK Łukasz	1544		M30	2	02:01:46	05:01:28	05:58:56	09:51:00	13:01:09	14:11:24.70	14:11:24.70	+01:09:31 (8.2%)	8:15	7.3 (92.4%)
5	REDZIAK Łukasz	1062	WKURW_TEAM	M20	2	01:48:42	04:37:45	05:34:42	09:39:27	12:58:21	14:16:51.75	14:16:51.75	+01:14:58 (8.7%)	8:19	7.2 (91.1%)
6	ĆWIK Iwona	1033		K30	1	02:03:45	05:06:26	05:58:22	09:57:03	13:16:29	14:38:21.90	14:38:21.90	+01:36:28 (11.0%)	8:31	7 (88.6%)
7	JAŁOCHA Mieczysław	1556	PRZEMYSKI KLUB BIEGACZA TEAM	M40	2	02:00:48	04:45:28	05:46:43	10:17:49	13:33:48	14:46:42.60	14:46:42.60	+01:44:49 (11.8%)	8:36	7 (88.6%)
8	URAMEK Grzegorz	1012		M40	3	02:01:32	04:54:25	05:49:36	10:00:04	13:36:32	14:50:32.75	14:50:32.75	+01:48:39 (12.2%)	8:38	6.9 (87.3%)
9	KOT Rafał	1573	WAY BEHIND HORIZON	M30	3	02:00:50	05:08:37	06:07:06	10:06:38	13:37:07	15:07:28.40	15:07:28.40	+02:05:35 (13.8%)	8:48	6.8 (86.1%)
10	SMOLEŃ Marcin	1076		M30	4	02:08:34	05:12:02	06:18:16	10:28:34	13:59:10	15:22:27.95	15:22:27.95	+02:20:34 (15.2%)	8:57	6.7 (84.8%)
11	WASILEWSKI Krzysztof	1406		M30	5	02:06:34	05:08:42	06:08:09	10:25:26	13:51:41	15:23:27.80	15:23:27.80	+02:21:34 (15.3%)	8:57	6.7 (84.8%)
12	SAWICZ Robert	1237		M40	4	02:00:52	05:07:44	06:05:06	10:23:45	13:52:42	15:28:02.75	15:28:02.75	+02:26:09 (15.7%)	9:00	6.7 (84.8%)
13	CIECIERA Paweł	1001	PRZĘŁAJOWIEC	M40	5	02:09:11	05:18:09	06:17:23	10:35:25	13:53:05	15:33:40.60	15:33:40.60	+02:31:47 (16.3%)	9:03	6.6 (83.5%)
14	MOSSOCZY Zbigniew	1120	BIKEBOARD	M40	6	01:56:39	05:01:17	06:03:16	10:15:42	13:57:58	15:41:12.20	15:41:12.20	+02:39:18 (16.9%)	9:08	6.6 (83.5%)
15	SADURSKI Krzysztof	1320	CARINII	M40	7	02:03:55	05:20:56	06:16:54	10:41:51	14:15:49	15:46:00.85	15:46:00.85	+02:44:07 (17.3%)	9:11	6.5 (82.3%)
16	LIPOWICZ Łukasz	1412		M40	8	02:13:03	05:26:14	06:25:47	10:59:36	14:23:13	15:47:10.20	15:47:10.20	+02:45:16 (17.4%)	9:11	6.5 (82.3%)
17	SIGNERSKI Remigiusz	1122	X TEAM KLUB SPORTOWY XTTRI.PL	M30	6	02:15:57	05:33:48	06:32:38	10:57:27	14:26:40	15:51:27.80	15:51:27.80	+02:49:34 (17.8%)	9:14	6.5 (82.3%)
18	KOCZWARA Tomek	1005		M30	7	02:04:50	04:46:28	05:39:37	10:36:31	14:22:54	15:56:12.40	15:56:12.40	+02:54:19 (18.2%)	9:17	6.5 (82.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
											103km	103km			
19	ŚLIWKA Cezary	1132	DWAJ ZGRYŻLIWI TETRYCY	M30	8	02:06:21	05:11:02	06:08:10	10:28:33	14:22:48	16:07:01.60	16:07:01.60	+03:05:08 (19.1%)	9:23	6.4 (81.0%)
20	ŚCIUBEŁ Michał	1131	DWAJ ZGRYŻLIWI TETRYCY	M30	9	02:06:22	05:11:02	06:08:09	10:28:33	14:22:47	16:07:01.85	16:07:01.85	+03:05:08 (19.1%)	9:23	6.4 (81.0%)
21	NOWAK Piotr	1527	BIESZCZADY	M40	9	02:34:28	06:06:20	07:05:13	11:21:38	14:40:27	16:07:35.50	16:07:35.50	+03:05:42 (19.2%)	9:23	6.4 (81.0%)
22	SKOWROŃSKI Rafał	1525		M30	10	02:07:32	05:19:39	06:14:34	10:48:53	14:37:24	16:09:36.65	16:09:36.65	+03:07:43 (19.4%)	9:24	6.4 (81.0%)
23	MAKOWSKI Maciej	1061	KORONA PABIANICE	M30	11	02:20:19	05:43:41	06:40:30	11:11:59	14:42:42	16:12:38.80	16:12:38.80	+03:10:45 (19.6%)	9:26	6.4 (81.0%)
24	SOBLIK Łukasz	1442		M30	12	02:06:47	05:28:01	06:26:20	10:38:44	14:30:20	16:18:26.20	16:18:26.20	+03:16:32 (20.1%)	9:29	6.3 (79.7%)
25	CIEPLIK Łukasz	1235	RUNRECORD.PL / NAVIGATORIA	M30	13	02:13:51	05:37:51	06:36:29	11:12:12	14:40:28	16:19:59.05	16:19:59.05	+03:18:05 (20.2%)	9:30	6.3 (79.7%)
26	KONIAKARZ Michał	1503		M40	10	02:14:11	05:39:46	06:40:36	11:39:24	15:08:36	16:20:46.95	16:20:46.95	+03:18:53 (20.3%)	9:31	6.3 (79.7%)
27	MUCHA Jacek	1275		M40	11	02:19:14	05:36:42	06:34:54	11:02:19	14:35:42	16:21:45.70	16:21:45.70	+03:19:52 (20.4%)	9:31	6.3 (79.7%)
28	BENEDYKCIŃSKA Katarzyna	1218	SMOK TRÓJGŁOWY	K30	2	02:10:34	05:11:54	06:08:47	11:00:00	14:44:42	16:21:53.80	16:21:53.80	+03:20:00 (20.4%)	9:31	6.3 (79.7%)
29	DZIEWIOR Arkadiusz	1112		M40	12	02:27:34	05:49:48	06:49:53	11:11:13	14:48:35	16:23:32.80	16:23:32.80	+03:21:39 (20.5%)	9:32	6.3 (79.7%)
30	WIDERA Karol	1249		M20	3	02:09:32	05:28:01	06:26:16	10:46:43	14:30:18	16:25:07.60	16:25:07.60	+03:23:14 (20.6%)	9:33	6.3 (79.7%)
31	JANERKA MORON Marzka	1316	DZIABNIĘCI	K30	3	02:16:05	05:36:11	06:40:03	11:12:34	14:48:34	16:25:25.60	16:25:25.60	+03:23:32 (20.7%)	9:34	6.3 (79.7%)
32	KĘPOWICZ Marcin	1116		M30	14	02:09:44	05:17:52	06:16:15	10:31:43	14:26:15	16:28:11.35	16:28:11.35	+03:26:18 (20.9%)	9:35	6.3 (79.7%)
33	MART Mariusz	1056	ŁOMIAŃKOWSKA GRUPA BIEGOWA	M40	13	02:25:38	05:42:53	06:41:42	11:10:00	14:53:14	16:28:23.20	16:28:23.20	+03:26:29 (20.9%)	9:35	6.3 (79.7%)
34	TUSZKANOW Grzegorz	1240	TUCHOL TEAM	M30	15	02:17:44	05:33:57	06:33:20	11:10:00	14:53:13	16:28:23.50	16:28:23.50	+03:26:30 (20.9%)	9:35	6.3 (79.7%)
35	WOLNY-DUNST Tomasz	1400	OIRP GDAŃSK / PONIEWIERKA	M30	16	02:28:44	06:10:27	07:22:46	11:41:55	15:00:09	16:29:03.60	16:29:03.60	+03:27:10 (20.9%)	9:36	6.2 (78.5%)
36	KANIA Piotr	1053		M30	17	02:09:53	05:33:28	06:32:50	11:02:55	14:55:56	16:30:06.60	16:30:06.60	+03:28:13 (21.0%)	9:36	6.2 (78.5%)
37	ZMORZYŃSKI Jakub	1114		M30	18	02:14:01	05:30:53	06:29:38	11:12:51	14:48:35	16:30:22.95	16:30:22.95	+03:28:29 (21.1%)	9:36	6.2 (78.5%)
38	POLAK Ewa	1308	TKS BÓBR	K30	4	02:15:55	05:42:34	06:38:24	11:14:38	15:00:51	16:30:40.40	16:30:40.40	+03:28:47 (21.1%)	9:37	6.2 (78.5%)
39	MAJCHRZAK Tymoteusz	1083	ZAPIERDALACZE	M40	14	02:10:08	05:39:00	06:43:56	11:08:51	14:49:44	16:33:51.70	16:33:51.70	+03:31:58 (21.3%)	9:38	6.2 (78.5%)
40	ŚLADECZEK Andrzej	1282	CORAZ LEPSI	M40	15	02:07:43	05:15:51	06:12:18	10:59:41	15:13:34	16:35:12.75	16:35:12.75	+03:33:19 (21.4%)	9:39	6.2 (78.5%)
41	BORUSIŃSKI Piotr	1481	STOPA SŁUPSK	M40	16	01:55:57	05:05:55	06:02:05	10:13:48	14:14:05	16:35:27.90	16:35:27.90	+03:33:34 (21.5%)	9:39	6.2 (78.5%)
42	LISIECKI Bartosz	1312		M30	19	02:09:25	05:24:31	06:23:20	10:57:16	14:44:45	16:36:58.90	16:36:58.90	+03:35:05 (21.6%)	9:40	6.2 (78.5%)
43	SMOLL Tomasz	1179	OPEL ACTIVE TEAM	M40	17	02:19:24	05:45:27	06:46:45	11:18:15	14:55:56	16:38:37.55	16:38:37.55	+03:36:44 (21.7%)	9:41	6.2 (78.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
44	ŻEBROWSKI Marek	1318		M50	1	02:16:06	05:36:56	06:43:36	11:22:08	15:04:39	16:42:35.65	16:42:35.65	+03:40:42 (22.0%)	9:44	6.2 (78.5%)
45	SZYMAŃSKI Arkadiusz	1242	KB ERGO	M30	20	02:11:09	05:38:25	06:30:22	11:30:55	15:08:56	16:44:11.15	16:44:11.15	+03:42:17 (22.1%)	9:44	6.2 (78.5%)
46	BARTKOWSKI Mariusz	1186		M20	4	02:13:02	05:25:07	06:23:20	11:01:22	15:01:36	16:44:57.10	16:44:57.10	+03:43:03 (22.2%)	9:45	6.1 (77.2%)
47	KOWALIK Andrzej	1037	BIEG OPOLSKI	M30	21	01:51:32	04:49:42	05:48:18	11:01:44	14:59:46	16:45:52.10	16:45:52.10	+03:43:58 (22.3%)	9:45	6.1 (77.2%)
48	BARTOSZ Marek	1160		M30	22	02:15:17	05:33:26	06:33:21	11:03:57	15:05:29	16:46:25.05	16:46:25.05	+03:44:31 (22.3%)	9:46	6.1 (77.2%)
49	SILKA Tomasz	1433	HRMAX ŻORY	M40	18	02:07:44	05:40:35	06:42:59	11:59:22	15:23:08	16:49:21.20	16:49:21.20	+03:47:27 (22.5%)	9:47	6.1 (77.2%)
50	KARPIŃSKI Robert	1268	SPARTANIE DZIECIOM	M40	19	02:18:27	05:48:45	06:51:23	11:36:18	15:20:14	16:51:43.45	16:51:43.45	+03:49:50 (22.7%)	9:49	6.1 (77.2%)
51	KRUŻEL Rafał	1155	RYŚ KARPATY	M40	20	02:01:46	05:31:48	06:42:40	11:08:41	14:59:22	16:52:13.85	16:52:13.85	+03:50:20 (22.8%)	9:49	6.1 (77.2%)
52	MICHALAK Mariusz	1192		M40	21	02:20:18	05:47:43	06:45:47	11:24:34	15:01:11	16:52:14.05	16:52:14.05	+03:50:20 (22.8%)	9:49	6.1 (77.2%)
53	SZEFER Maciej	1519	VICTORIA ŻYTNO	M30	23	02:25:03	05:50:49	06:52:57	11:27:32	15:21:31	16:53:22.05	16:53:22.05	+03:51:28 (22.8%)	9:50	6.1 (77.2%)
54	LUBOWICKI Łukasz	1243	40-LATEK TYCHY	M30	24	02:16:22	05:35:09	06:39:31	11:28:04	15:07:27	16:53:24.65	16:53:24.65	+03:51:31 (22.8%)	9:50	6.1 (77.2%)
55	NYKA Jan	1214		M40	22	02:25:38	06:00:29	06:59:34	11:56:13	15:32:54	17:03:59.60	17:03:59.60	+04:02:06 (23.6%)	9:56	6 (75.9%)
56	MAJ Robert	1319	TVP LUBLIN	M40	23	02:11:31	05:37:16	06:47:13	11:54:37	15:37:30	17:13:32.50	17:13:32.50	+04:11:39 (24.3%)	10:02	6 (75.9%)
57	PORĘBA Eugeniusz	1570	MIECHÓW	M50	2	02:42:27	06:43:29	07:45:08	12:29:06	15:53:34	17:19:01.20	17:19:01.20	+04:17:07 (24.7%)	10:05	5.9 (74.7%)
58	GOLEC Rafał	1255		M40	24	02:21:02	06:01:39	07:08:37	12:04:11	15:35:55	17:19:25.55	17:19:25.55	+04:17:32 (24.8%)	10:05	5.9 (74.7%)
59	DĄBROWSKI Cezary	1413	MAXI PIASECZNO	M40	25	02:38:32	06:24:40	07:23:47	12:02:07	15:50:22	17:19:38.65	17:19:38.65	+04:17:45 (24.8%)	10:05	5.9 (74.7%)
60	RÓG Leszek	1313	NIEZRZESZONY	M40	26	02:26:55	06:04:30	07:03:02	11:23:01	15:16:42	17:20:44.45	17:20:44.45	+04:18:51 (24.9%)	10:06	5.9 (74.7%)
61	KSIĘŻNIK Dorota	1139		K40	1	02:27:33	06:03:08	07:03:45	12:00:30	15:42:48	17:24:54.85	17:24:54.85	+04:23:01 (25.2%)	10:08	5.9 (74.7%)
62	SZKODA Dariusz	1476	LP-HP!!!	M30	25	02:10:37	05:44:20	06:52:02	11:36:23	15:37:48	17:24:55.90	17:24:55.90	+04:23:02 (25.2%)	10:08	5.9 (74.7%)
62	POCHROŃ Marcin	1246	WIERUNSZÓW	M20	5	02:26:58	06:06:08	07:06:25	11:42:17	15:37:48	17:24:55.90	17:24:55.90	+04:23:02 (25.2%)	10:08	5.9 (74.7%)
64	SZUKAŁA Damian	1135	ŻARY RUNNERS TEAM	M30	26	02:10:37	05:55:03	06:54:08	11:37:08	15:37:48	17:24:55.95	17:24:55.95	+04:23:02 (25.2%)	10:08	5.9 (74.7%)
65	BOGACKI Andrzej	1147	KB MCKIS JAWORZNO	M50	3	02:33:12	06:47:00	07:52:53	12:26:03	15:50:10	17:24:56.20	17:24:56.20	+04:23:02 (25.2%)	10:08	5.9 (74.7%)
66	JANDZIŚ Wiesław	1210	AKTYWNY DYNÓW	M40	27	02:16:19	05:57:48	06:58:24	12:03:32	15:38:20	17:24:56.80	17:24:56.80	+04:23:03 (25.2%)	10:08	5.9 (74.7%)
67	GUZOWSKI Andrzej	1197		M50	4	02:27:33	06:03:07	07:03:45	12:00:31	15:42:47	17:26:23.25	17:26:23.25	+04:24:29 (25.3%)	10:09	5.9 (74.7%)
68	TRZCIELIŃSKI Roman	1047	PSY WARSZAWA	M60	1	02:28:14	06:08:18	07:20:40	12:00:29	15:55:23	17:28:20.70	17:28:20.70	+04:26:27 (25.4%)	10:10	5.9 (74.7%)

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											103km	103km			
69	BŁACH Piotr	1284	OPEL ACTIVE TEAM	M40	28	02:24:38	06:05:01	07:08:23			17:29:02.00	17:29:02.00	+04:27:08 (25.5%)	10:11	5.9 (74.7%)
70	GRYGIERZEC Grzegorz	1546		M30	27	02:22:00	05:51:08	06:59:01	11:50:30	15:49:32	17:29:17.90	17:29:17.90	+04:27:24 (25.5%)	10:11	5.9 (74.7%)
71	GANC Marcin	1321		M30	28	02:16:51	06:11:50	07:19:13	11:58:04	15:50:38	17:32:27.95	17:32:27.95	+04:30:34 (25.7%)	10:13	5.9 (74.7%)
72	SZYMIK Marcin	1088	RATOWNIK GÓRNICZY	M40	29	02:18:21	05:49:06	06:54:24	11:46:47	15:56:07	17:32:28.20	17:32:28.20	+04:30:34 (25.7%)	10:13	5.9 (74.7%)
73	KLINIK Paweł	1137	RAFAKO	M30	29	02:33:04	06:12:43	07:19:45	12:04:50	15:46:55	17:35:18.55	17:35:18.55	+04:33:25 (25.9%)	10:14	5.9 (74.7%)
74	KOSZAREK Maciej	1074		M40	30	02:40:37	06:23:00	07:25:13	11:56:10	16:14:57	17:35:22.80	17:35:22.80	+04:33:29 (25.9%)	10:14	5.9 (74.7%)
75	WOSKOWSKA Magdalena	1133	RAFAKO	K30	5	02:33:04	06:12:44	07:19:46	12:04:56	15:46:55	17:35:33.65	17:35:33.65	+04:33:40 (25.9%)	10:14	5.9 (74.7%)
76	KOSZAREK Andrzej	1073		M40	31	02:40:36	06:23:01	07:25:12	11:56:20	16:14:57	17:36:49.30	17:36:49.30	+04:34:55 (26.0%)	10:15	5.8 (73.4%)
77	KOLAŃCZYK Filip	1314		M30	30	02:13:08	05:49:30	06:48:27	11:54:11	16:00:11	17:37:22.85	17:37:22.85	+04:35:29 (26.1%)	10:15	5.8 (73.4%)
78	WITCZAK Przemysław	1030	DREAMTIME TRAILS	M40	32	02:19:59	05:58:13	06:59:34	11:44:09	15:37:26	17:39:20.75	17:39:20.75	+04:37:27 (26.2%)	10:17	5.8 (73.4%)
79	LACHOWICZ Przemysław	1176		M30	31	02:34:08	06:10:21	07:14:02	12:04:26	16:17:22	17:39:50.20	17:39:50.20	+04:37:56 (26.2%)	10:17	5.8 (73.4%)
80	BŁASIAK Renata	1000	PRZEWODNIK BESKIDZKI	K30	6	02:14:22	05:38:17	06:43:39	11:37:18	15:58:24	17:43:39.20	17:43:39.20	+04:41:45 (26.5%)	10:19	5.8 (73.4%)
80	BŁASIAK Wojciech	1105		M40	33	02:14:22	05:38:20	06:43:42	11:37:18	15:58:23	17:43:39.20	17:43:39.20	+04:41:45 (26.5%)	10:19	5.8 (73.4%)
82	KOLMAJER Rafał	1486	RUN BYDGOSZCZ	M30	32	02:19:02	05:56:51	07:00:50	11:46:02	15:58:24	17:45:47.65	17:45:47.65	+04:43:54 (26.6%)	10:20	5.8 (73.4%)
83	APANASIEWICZ Bartosz	1203	RUNSPACE.PL	M30	33	02:19:02	05:56:51	07:00:51	11:46:03	15:58:22	17:45:49.05	17:45:49.05	+04:43:55 (26.6%)	10:20	5.8 (73.4%)
84	WYLUPEK Tomasz	1159	POZYTYWNE ZAKRECENI	M40	34	02:37:32	06:28:02	07:28:28	12:00:12	16:02:23	17:46:50.00	17:46:50.00	+04:44:56 (26.7%)	10:21	5.8 (73.4%)
85	OLAWIŃSKI Karol	1045	TRIATHLON MIETKÓW TEAM	M30	34	02:23:22	06:01:40	07:03:52	11:44:24	16:02:35	17:47:18.45	17:47:18.45	+04:45:25 (26.7%)	10:21	5.8 (73.4%)
86	MARCZAK Krzysztof	1117	PKO BP RUNNING TEAM	M40	35	02:26:12	06:06:19	07:09:50	12:00:28	16:11:07	17:48:12.70	17:48:12.70	+04:46:19 (26.8%)	10:22	5.8 (73.4%)
87	MIKOŁAJCZYK Henryk	1456	ULTRAMARATON PODKARPACKI	M40	36	02:38:43	06:27:26	07:38:20	12:21:18	16:26:49	17:49:49.05	17:49:49.05	+04:47:55 (26.9%)	10:23	5.8 (73.4%)
88	JACHYMSKI Jacek	1408	AKG ŁÓDŹ	M50	5	02:49:47	06:36:11	07:51:04	12:34:41	16:16:35	17:50:43.45	17:50:43.45	+04:48:50 (27.0%)	10:23	5.8 (73.4%)
89	CIEŚLAR Tomasz	1329	PRAWDZIWA STAL	M20	6	01:56:35	05:23:28	06:32:52	11:37:20	15:55:24	17:50:47.65	17:50:47.65	+04:48:54 (27.0%)	10:23	5.8 (73.4%)
90	MAJ Grzegorz	1080		M40	37	02:17:11	06:07:14	07:14:52	12:00:51	15:47:41	17:51:17.70	17:51:17.70	+04:49:24 (27.0%)	10:24	5.8 (73.4%)
91	BĄK Adam	1146	KKL KIELCE	M50	6	02:15:15	06:07:14	07:14:49	12:00:31	15:47:41	17:51:17.90	17:51:17.90	+04:49:24 (27.0%)	10:24	5.8 (73.4%)
92	KUŹNIEWSKI Jan	1342		M20	7	02:41:41	06:22:43	07:26:42	12:18:43	16:08:30	17:51:53.35	17:51:53.35	+04:50:00 (27.1%)	10:24	5.8 (73.4%)
93	PYRKOSZ Damian	1409	AMBASADOR FESTIWALU BIEGÓW KRYNICA	M40	38	02:33:08	06:28:45	07:30:25	12:29:04	16:32:08	17:53:21.25	17:53:21.25	+04:51:27 (27.2%)	10:25	5.8 (73.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
											103km	103km			
94	WACNIK Janusz	1281	RZESZOWSKIE GAZELE I GEPARDY	M40	39	02:24:17	06:14:01	07:20:26	12:03:48	16:06:23	17:53:25.40	17:53:25.40	+04:51:32 (27.2%)	10:25	5.8 (73.4%)
95	MIODUSZEWSKI Mariusz	1202	10 WARSZAWSKI PUŁK SAMOCHODOWY	M40	40	02:35:22	06:12:47	07:19:54	12:15:26	16:30:51	17:54:31.70	17:54:31.70	+04:52:38 (27.2%)	10:25	5.8 (73.4%)
96	KARNICKI Paweł	1558	NZN	M40	41	02:17:14	05:50:28	06:59:32	11:41:07	15:44:52	17:56:10.75	17:56:10.75	+04:54:17 (27.3%)	10:26	5.7 (72.2%)
97	POŁOMSKI Daniel	1078	LOGI-STY-KA	M40	42	02:15:42	05:49:05	06:54:51	11:46:04	15:52:01	17:56:21.15	17:56:21.15	+04:54:27 (27.4%)	10:27	5.7 (72.2%)
97	ŚWIERZYŃSKI Witold	1072	RAZ SZCZECIN	M40	42	02:09:39	05:25:14	06:27:58	11:36:16	15:52:01	17:56:21.15	17:56:21.15	+04:54:27 (27.4%)	10:27	5.7 (72.2%)
99	JODKO-NARKIEWICZ Adam	1069	DALEKO JESZCZE?	M30	35	02:20:59	05:43:21	06:40:26	11:38:24	15:48:09	17:58:27.40	17:58:27.40	+04:56:34 (27.5%)	10:28	5.7 (72.2%)
100	KAPUSTA Paweł	1128		M30	36	02:15:50	05:56:26	06:58:58	11:46:21	15:48:08	17:58:27.80	17:58:27.80	+04:56:34 (27.5%)	10:28	5.7 (72.2%)
101	CZYŻKOWSKI Rafał	1492	CHŁOPAKI Z NIZIN	M30	37	02:08:33	05:05:36	06:06:59	11:32:29	15:44:52	17:58:28.10	17:58:28.10	+04:56:34 (27.5%)	10:28	5.7 (72.2%)
102	FOLAND Bogumił	1461	SPARTA	M30	38	02:12:15	05:39:18	06:53:01	12:15:23	16:27:26	17:59:05.70	17:59:05.70	+04:57:12 (27.5%)	10:28	5.7 (72.2%)
103	GOSTKOWSKI Wiesław	1447		M50	7	02:20:03	06:20:00	07:23:40	12:05:37	16:04:38	17:59:31.90	17:59:31.90	+04:57:38 (27.6%)	10:28	5.7 (72.2%)
104	MAŃKOWSKI Krzysztof	1075	12TRI.PL MAKERUNEASIER	M30	39	02:20:04	06:20:01	07:23:43	12:05:40	16:04:37	18:00:29.70	18:00:29.70	+04:58:36 (27.6%)	10:29	5.7 (72.2%)
105	JACKIEWICZ Waldemar	1113		M40	44	02:22:46	06:03:25	07:12:33	12:12:45	16:09:32	18:00:45.90	18:00:45.90	+04:58:52 (27.7%)	10:29	5.7 (72.2%)
106	ŁUBIEŃSKI Wojciech	1248		M30	40	02:28:36	06:05:44	07:16:57	12:41:43	16:35:51	18:03:19.85	18:03:19.85	+05:01:26 (27.8%)	10:31	5.7 (72.2%)
107	DĄBROWSKI Karol	1448	W POGONI ZA DUCHEM	M30	41	02:18:29	06:03:05	07:15:20	12:02:45	16:15:48	18:04:19.20	18:04:19.20	+05:02:25 (27.9%)	10:31	5.7 (72.2%)
108	CHRZĄŚCIK Anna	1537	REHMEDICA, HARMONIA FITNESS	K30	7	02:37:34	06:23:27	07:30:42	12:21:15	16:17:56	18:04:25.90	18:04:25.90	+05:02:32 (27.9%)	10:31	5.7 (72.2%)
109	LACHERA Marek	1008	W POGONI ZA DUCHEM	M30	42	02:23:54	06:06:29	07:14:54	12:05:08	16:17:56	18:04:27.15	18:04:27.15	+05:02:33 (27.9%)	10:31	5.7 (72.2%)
110	WASZKIEWICZ Tomasz	1175	W POGONI ZA DUCHEM	M40	45	02:23:57	06:06:30	07:14:48	12:05:01	16:18:07	18:04:28.20	18:04:28.20	+05:02:34 (27.9%)	10:31	5.7 (72.2%)
111	CIOCH Paweł	1269	PLOTSERWIS TEAM	M30	43	02:37:35	06:35:08	07:45:43	12:36:56	16:36:42	18:05:09.70	18:05:09.70	+05:03:16 (27.9%)	10:32	5.7 (72.2%)
112	MACIOSZEK Krystyna	1266		K20	1	02:37:36	06:35:10	07:44:13	12:29:17	16:30:21	18:07:33.40	18:07:33.40	+05:05:40 (28.1%)	10:33	5.7 (72.2%)
113	BEDNARCZYK Jacek	1085	WUJEK BIEGA	M40	46	02:29:45	06:22:47	07:27:39	12:39:43	16:38:46	18:10:13.95	18:10:13.95	+05:08:20 (28.3%)	10:35	5.7 (72.2%)
114	POZLEWICZ Dariusz	1077	MUTANT RUN	M40	47	02:29:15	06:22:45	07:29:46	12:21:22	16:28:02	18:10:20.80	18:10:20.80	+05:08:27 (28.3%)	10:35	5.7 (72.2%)
115	MADEJCZYK Sebastian	1336	TUCHOW	M40	48	02:39:45	06:22:41	07:30:38	12:10:19	16:27:39	18:10:58.75	18:10:58.75	+05:09:05 (28.3%)	10:35	5.7 (72.2%)
116	KATNER Cezary	1071		M30	44	02:30:37	06:11:18	07:11:27	12:03:03	16:33:38	18:11:04.45	18:11:04.45	+05:09:11 (28.3%)	10:35	5.7 (72.2%)
117	STANOWSKI Grzegorz	1091	FOREVER YOUNG	M40	49	02:18:26	06:00:28	07:03:45	12:21:09	16:33:42	18:12:05.40	18:12:05.40	+05:10:12 (28.4%)	10:36	5.7 (72.2%)
118	JAROSIK Daniel	1207		M40	50	02:19:33	05:51:51	06:59:00	12:03:40	16:12:50	18:13:34.00	18:13:34.00	+05:11:40 (28.5%)	10:37	5.7 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
119	BILNIK Monika	1470	KLA ZABIEGANI CZĘSTOCHOWA	K40	2	02:27:36	06:24:06	07:28:14	12:32:17	16:34:52	18:14:48.65	18:14:48.65	+05:12:55 (28.6%)	10:37	5.6 (70.9%)
120	MARGAS Grzegorz	1419	MEERCATEAM	M40	51	02:33:55	06:36:09	07:49:03	12:47:58	16:39:02	18:14:48.95	18:14:48.95	+05:12:55 (28.6%)	10:37	5.6 (70.9%)
121	PIETRZAK Daniel	1184		M20	8	02:44:35	06:43:51	07:50:07	13:03:49	16:55:35	18:17:51.45	18:17:51.45	+05:15:58 (28.8%)	10:39	5.6 (70.9%)
122	DOMIN Łukasz	1174	AKTYWNY DYNÓW	M20	9	02:16:19	05:57:48	06:58:24	12:03:31	16:27:07	18:18:50.05	18:18:50.05	+05:16:56 (28.8%)	10:40	5.6 (70.9%)
123	BARANOWSKI Michał	1201		M30	45	02:30:41	06:11:17	07:12:14	12:03:17	16:33:39	18:19:39.50	18:19:39.50	+05:17:46 (28.9%)	10:40	5.6 (70.9%)
124	DŻUGAN Witold	1087		M40	52	02:12:53	05:54:03	06:59:55	12:25:25	16:40:08	18:20:11.30	18:20:11.30	+05:18:17 (28.9%)	10:40	5.6 (70.9%)
125	MALEŃSKI Maciek	1027	GANG LYSYCH	M40	53			07:20:54	12:21:00	16:32:15	18:23:02.25	18:23:02.25	+05:21:08 (29.1%)	10:42	5.6 (70.9%)
126	PAJDOSZ Rafał	1149	KB BIAŁA BIEGA	M30	46	02:15:20	05:46:01	06:47:42	12:05:06	16:17:38	18:23:43.15	18:23:43.15	+05:21:49 (29.2%)	10:42	5.6 (70.9%)
127	SOKÓŁ Sylwia	1533		K30	8	02:38:37	06:21:54	07:33:19	12:32:33	17:01:22	18:23:54.65	18:23:54.65	+05:22:01 (29.2%)	10:43	5.6 (70.9%)
128	ZAMOJSKI Robert	1035	RISE & SHINE	M40	54	02:03:45	05:20:42	06:20:04	11:41:21	16:41:20	18:26:07.10	18:26:07.10	+05:24:13 (29.3%)	10:44	5.6 (70.9%)
129	WŁADYKA Witold	1490	GO4ADVENTURE	M40	55	02:33:55	06:25:25	07:45:53	12:53:26	16:43:24	18:26:49.30	18:26:49.30	+05:24:55 (29.4%)	10:44	5.6 (70.9%)
130	DOMINIAK Klaudia	1022	BIKEBOARD	K30	9	02:28:09	06:10:15	07:17:56	11:56:21	16:41:55	18:29:13.70	18:29:13.70	+05:27:20 (29.5%)	10:46	5.6 (70.9%)
131	MALISZEWSKI Jacek	1444	SMASHING PAPKINS	M40	56	02:36:50	06:28:47	07:28:54	12:12:30	16:33:53	18:29:14.70	18:29:14.70	+05:27:21 (29.5%)	10:46	5.6 (70.9%)
132	BENESZ Robert	1489	RZESZOWSKIE GAZELE I GEPARDY	M40	57	02:36:51	06:27:42	07:28:59	12:12:30	16:34:02	18:29:17.50	18:29:17.50	+05:27:24 (29.5%)	10:46	5.6 (70.9%)
133	KRUK Sławomir	1453	RZESZOWSKIE GAZELE I GEPARDY.	M50	8	02:45:04	06:46:06	07:54:31	12:54:57	16:42:16	18:29:17.65	18:29:17.65	+05:27:24 (29.5%)	10:46	5.6 (70.9%)
134	PALUSZKIEWICZ Robert	1199		M40	58	02:26:57	06:07:54	07:10:10	12:27:12	16:49:41	18:29:37.90	18:29:37.90	+05:27:44 (29.5%)	10:46	5.6 (70.9%)
135	KRUZEL Rafal	1060	BIEGOWE MISIE	M40	59	02:44:13	06:41:55	07:57:51	12:53:23	16:52:45	18:29:38.20	18:29:38.20	+05:27:44 (29.5%)	10:46	5.6 (70.9%)
136	JUCHA Jacek	1253	CA AKTYWNI/ CA BROKER	M40	60	02:38:10	06:29:41	07:34:14	12:36:37	16:49:43	18:30:34.70	18:30:34.70	+05:28:41 (29.6%)	10:46	5.6 (70.9%)
137	SĘK Tomasz	1311		M30	47	02:10:35	06:01:21	07:06:08	12:14:49	16:40:27	18:30:35.10	18:30:35.10	+05:28:41 (29.6%)	10:46	5.6 (70.9%)
138	KORBELA Maciej	1154		M40	61	02:37:31	06:28:06	07:28:29	12:35:44	16:53:10	18:34:27.65	18:34:27.65	+05:32:34 (29.8%)	10:49	5.5 (69.6%)
139	GÓRSKI Krzysztof	1426	BIEGOWI ZAJAWKOWICZE	M40	62	02:26:01	06:46:09	07:53:00	12:47:50	16:54:01	18:34:37.40	18:34:37.40	+05:32:44 (29.9%)	10:49	5.5 (69.6%)
140	SZYPOWSKI Marcin	1156	KOSZALIN	M30	48	02:34:33	06:11:40	07:18:53	12:21:34	16:57:13	18:34:48.00	18:34:48.00	+05:32:54 (29.9%)	10:49	5.5 (69.6%)
141	GLAJC Daniel	1517		M40	63	02:33:54	06:17:54	07:29:57	12:22:49	16:39:34	18:37:06.65	18:37:06.65	+05:35:13 (30.0%)	10:50	5.5 (69.6%)
142	SIEMIŃSKI Radosław	1550		M30	49	02:33:54	06:17:54	07:28:45	12:25:21	16:39:34	18:37:07.30	18:37:07.30	+05:35:13 (30.0%)	10:50	5.5 (69.6%)
143	SAMBOR Mariusz	1099	WUJEK BIEGA	M30	50	02:26:13	06:10:30	07:14:02	12:28:49	16:53:12	18:40:45.50	18:40:45.50	+05:38:52 (30.2%)	10:52	5.5 (69.6%)

											Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km					
144	BRODOWSKI Michał	1403	INTEL RUNNERS	M30	51	02:29:46	06:25:46	07:28:44	12:49:17	16:53:58	18:43:15.15	18:43:15.15	+05:41:21 (30.4%)	10:54	5.5 (69.6%)
145	PELPLIŃSKI Piotr	1250		M30	52	02:22:55	07:04:53	08:07:04	13:18:52	17:09:40	18:45:28.65	18:45:28.65	+05:43:35 (30.5%)	10:55	5.5 (69.6%)
146	NIEDZIELA Wojciech	1509		M40	64	02:27:28	06:07:03	07:17:58	12:21:29	16:53:37	18:45:49.85	18:45:49.85	+05:43:56 (30.6%)	10:55	5.5 (69.6%)
147	KRZYWICKI Paweł	1508	GÓRAL ŚWIĘTOKRZYSKI	M40	65	02:43:28	06:57:37	08:05:21	13:20:32	17:18:38	18:46:10.90	18:46:10.90	+05:44:17 (30.6%)	10:56	5.5 (69.6%)
148	BIL Marcin	1067		M40	66	02:24:07	06:14:31	07:30:47	12:42:40	16:54:08	18:48:01.10	18:48:01.10	+05:46:07 (30.7%)	10:57	5.5 (69.6%)
149	PAJĄK Sebastian	1340		M40	67	02:16:28	06:02:43	07:25:10	13:00:21	17:16:42	18:48:47.55	18:48:47.55	+05:46:54 (30.7%)	10:57	5.5 (69.6%)
150	WAWRZYNIAK Michał	1264	KLUB BIEGACZA WARTA	M30	53	02:27:42	06:21:39	07:19:15	12:28:58	16:58:32	18:50:51.70	18:50:51.70	+05:48:58 (30.9%)	10:58	5.5 (69.6%)
151	KACZMAREK Mateusz	1220	RACE.ONSIGHT.PL	M20	10	02:24:44	06:17:33	07:26:42	12:27:11	16:40:31	18:54:49.70	18:54:49.70	+05:52:56 (31.1%)	11:01	5.4 (68.4%)
152	WAJDA Grzegorz	1180	KW GLIWICE	M30	54	02:05:44	06:07:26	07:14:21	12:04:24	17:06:47	18:54:50.20	18:54:50.20	+05:52:56 (31.1%)	11:01	5.4 (68.4%)
153	ORACZ Mateusz	1217	BEZ LITOŚCI	M20	11	02:21:50	06:06:37	07:18:02	12:36:43	17:25:00	19:01:34.35	19:01:34.35	+05:59:41 (31.5%)	11:04	5.4 (68.4%)
154	PANEK Piotr	1190	WATER TEAM	M40	68	02:35:34	06:50:48	08:01:14	13:16:25	17:30:20	19:02:19.50	19:02:19.50	+06:00:26 (31.6%)	11:05	5.4 (68.4%)
155	ZASŁONKA Konrad	1050		M30	55	02:27:40	06:12:50	07:26:33	12:35:49	16:47:36	19:02:30.55	19:02:30.55	+06:00:37 (31.6%)	11:05	5.4 (68.4%)
156	MUSZYŃSKI Krzysztof	1143		M30	56	02:27:41	06:12:50	07:26:34	12:28:48	16:44:16	19:02:31.05	19:02:31.05	+06:00:37 (31.6%)	11:05	5.4 (68.4%)
157	WIĄCEK Mirosław	1198	KTM	M30	57	02:35:36	06:51:13	08:01:14	13:21:58	17:30:23	19:03:49.10	19:03:49.10	+06:01:55 (31.6%)	11:06	5.4 (68.4%)
158	KOLASIŃSKI Jarosław	1344		M50	9	02:45:18	06:52:11	08:04:29	13:07:21	17:18:39	19:05:29.05	19:05:29.05	+06:03:35 (31.7%)	11:07	5.4 (68.4%)
159	RUTKOWSKA Małgorzata	1436		K30	10	02:28:58	06:21:07	07:28:07	12:15:54	17:03:47	19:06:24.35	19:06:24.35	+06:04:31 (31.8%)	11:07	5.4 (68.4%)
160	RUPNIEWSKI Tomasz	1172	WILD DUCK	M40	69	02:32:11	06:38:03	07:49:13	12:54:57	17:18:33	19:06:25.00	19:06:25.00	+06:04:31 (31.8%)	11:07	5.4 (68.4%)
161	LITEWKA Rafał	1270		M20	12	02:37:03	06:10:12	07:20:40	11:53:03	16:39:41	19:07:58.60	19:07:58.60	+06:06:05 (31.9%)	11:08	5.4 (68.4%)
162	NOWAKOWSKI Paweł	1123		M30	58	02:15:41	06:07:05	07:14:21	12:28:41	17:16:55	19:09:14.35	19:09:14.35	+06:07:21 (32.0%)	11:09	5.4 (68.4%)
163	ZUBOWICZ Jakub	1280	ŻWAWĘ ŻUBRY	M30	59	02:41:41	06:38:04	07:54:08	12:50:18	17:02:31	19:10:24.80	19:10:24.80	+06:08:31 (32.0%)	11:10	5.4 (68.4%)
164	DOMAGAŁA Remigiusz	1048	MORYŃ Piotr	M40	70	02:30:10	06:41:41	07:50:49	13:11:51	17:29:36	19:12:14.25	19:12:14.25	+06:10:20 (32.1%)	11:11	5.4 (68.4%)
164	MORYŃ Piotr	1263		M40	70	02:28:14	06:33:09	07:41:23	13:02:56	17:30:16	19:12:14.25	19:12:14.25	+06:10:20 (32.1%)	11:11	5.4 (68.4%)
166	CHROMIK Wacław	1195		M40	72	02:20:20	06:26:04	07:36:15	13:38:03	17:48:20	19:19:00.55	19:19:00.55	+06:17:07 (32.5%)	11:15	5.3 (67.1%)
167	KUSIAK Piotr	1299	KKL SPRAWNI-RAZEM KIELCE	M50	10	02:28:55	06:44:28	07:50:25	13:24:46	17:30:16	19:19:33.35	19:19:33.35	+06:17:40 (32.6%)	11:15	5.3 (67.1%)
168	DZIERKA Mariusz	1228		M40	73	02:25:10	06:23:23	07:41:50	13:20:02	17:29:30	19:20:56.80	19:20:56.80	+06:19:03 (32.7%)	11:16	5.3 (67.1%)

											Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km					
169	PRONCZUK Adam	1252	CA BROKER RYTM WINNER	M50	11	02:52:53	07:03:16	08:21:50	13:21:46	17:30:45	19:22:01.70	19:22:01.70	+06:20:08 (32.7%)	11:16	5.3 (67.1%)
170	JANECKA Artur	1127		M30	60	02:21:31	06:34:53	07:50:06	12:51:42	17:39:32	19:22:50.40	19:22:50.40	+06:20:57 (32.8%)	11:17	5.3 (67.1%)
171	DUDEK Bartłomiej	1540	12TRI.PL	M30	61	02:43:12	06:55:29	08:05:12	13:28:00	17:39:35	19:22:50.85	19:22:50.85	+06:20:57 (32.8%)	11:17	5.3 (67.1%)
172	KOWALSKI Edward	1064	NIEPOŁOMICE BIEGAJĄ	M50	12	02:28:30	06:36:11	07:49:52	13:25:50	17:36:23	19:23:41.00	19:23:41.00	+06:21:47 (32.8%)	11:17	5.3 (67.1%)
173	SUDAKOWSKI Tomasz	1126	DOZ DRUŻYNA RAWA	M40	74	02:20:02	06:01:08	07:08:50	12:45:18	17:22:49	19:27:06.90	19:27:06.90	+06:25:13 (33.0%)	11:19	5.3 (67.1%)
174	POBŁOCKI Jan	1437	SPARTANIE DZIECIOM	M50	13	02:46:33	06:57:38	08:00:53	13:07:38	17:24:38	19:27:07.30	19:27:07.30	+06:25:13 (33.0%)	11:19	5.3 (67.1%)
175	PUZIO Waldemar	1328	KLUB BIEGACZA MARATOŃCZYK DĘBICA	M50	14	02:28:37	06:36:08	07:50:11	13:11:11	17:30:16	19:29:48.50	19:29:48.50	+06:27:55 (33.2%)	11:21	5.3 (67.1%)
176	WOSIK Marek	1301	SZYBK MAŁPA	M60	2	02:19:20	06:14:48	07:34:05	12:34:50	17:22:49	19:29:49.00	19:29:49.00	+06:27:55 (33.2%)	11:21	5.3 (67.1%)
177	PILECKI Maciej	1009		M30	62	02:27:17	06:20:38	07:23:58	12:50:56	17:47:10	19:37:23.80	19:37:23.80	+06:35:30 (33.6%)	11:25	5.2 (65.8%)
178	CIEŚLAK Dominika	1435		K30	11	02:29:42	06:23:42	07:29:33	12:54:16	17:42:43	19:38:36.35	19:38:36.35	+06:36:43 (33.7%)	11:26	5.2 (65.8%)
179	OBROŚLAK Jacek	1262	OPEL ACTIVE TEAM	M40	75	02:24:38	06:15:08	07:26:36	12:54:29	17:42:43	19:38:37.45	19:38:37.45	+06:36:44 (33.7%)	11:26	5.2 (65.8%)
180	ZIEMBA Przemysław	1191	BRACIK ZIEMBA TEAM	M30	63	02:15:27	06:31:36	07:53:26	13:08:52	17:39:03	19:41:59.65	19:41:59.65	+06:40:06 (33.8%)	11:28	5.2 (65.8%)
181	SZPYT Ryszard	1467	BIŁGORAJ ULTRA TRAIL	M40	76	02:34:32	06:32:29	07:39:03	12:38:08	17:03:48	19:42:15.10	19:42:15.10	+06:40:21 (33.9%)	11:28	5.2 (65.8%)
182	KORDOWICZ Łukasz	1439	BIŁGORAJ ULTRA TRAIL	M30	64	02:34:32	06:32:27	07:39:01	12:38:00	17:03:47	19:42:16.45	19:42:16.45	+06:40:23 (33.9%)	11:28	5.2 (65.8%)
183	KOBELUK Damian	1468	BIŁGORAJ ULTRA TRAIL	M30	65	02:34:32	06:32:31	07:39:04	12:48:17	17:25:02	19:42:20.60	19:42:20.60	+06:40:27 (33.9%)	11:28	5.2 (65.8%)
184	ZAJĄC Filip	1066	GÓRAL ŚWIĘTOKRZYSKI / SK KICKBOXING KIELCE	M30	66	02:24:10	06:14:31	07:30:47	12:58:06	17:37:28	19:42:28.60	19:42:28.60	+06:40:35 (33.9%)	11:28	5.2 (65.8%)
185	PORĘBSKI Jacek	1459	COFFEE-TECH SERWIS TEAM	M40	77	02:33:47	06:32:13	07:42:55	13:03:58	17:38:24	19:42:49.10	19:42:49.10	+06:40:55 (33.9%)	11:29	5.2 (65.8%)
186	MASIULANIEC Agata	1108	BIEGOWYSWIAT.PL/ SKLEPBIEGOWY.COM	K20	2	02:44:40	06:55:45	08:08:46	13:41:33	17:55:29	19:44:03.90	19:44:03.90	+06:42:10 (34.0%)	11:29	5.2 (65.8%)
187	KRUPIŃSKI Tadeusz	1323		M50	15	02:36:22	06:55:08	08:06:48	13:18:26	17:45:10	19:46:30.40	19:46:30.40	+06:44:37 (34.1%)	11:31	5.2 (65.8%)
188	GORZKOWSKI Witold	1215	IM2010	M50	16	02:42:15	06:42:40	07:56:41	13:38:16	17:58:42	19:48:28.30	19:48:28.30	+06:46:34 (34.2%)	11:32	5.2 (65.8%)
189	GOŚCIEJ Andrzej	1226	WIELICZKA-SOLNE MIASTO	M60	3	02:42:16	06:42:42	07:56:42	13:38:16	17:58:42	19:48:29.50	19:48:29.50	+06:46:36 (34.2%)	11:32	5.2 (65.8%)
190	JAWORSKI Marcin	1051	JAWORSKI TEAM	M30	67	02:14:12	05:58:34	07:06:23	12:21:37	17:51:38	19:48:30.85	19:48:30.85	+06:46:37 (34.2%)	11:32	5.2 (65.8%)
191	WACHOWSKA Alina	1499	SMOK TRÓJGŁOWY	K50	1	02:34:18	06:45:05	07:55:34	13:29:53	17:54:55	19:48:53.80	19:48:53.80	+06:47:00 (34.2%)	11:32	5.2 (65.8%)
192	PAWŁOWSKI Arkadiusz	1084		M30	68	02:23:58	05:55:02	06:54:40	11:44:25	17:06:41	19:49:29.90	19:49:29.90	+06:47:36 (34.3%)	11:32	5.2 (65.8%)
193	CZAPSKI Piotr	1187		M50	17	02:41:08	06:48:34	07:59:45	13:29:20	17:55:16	19:52:01.00	19:52:01.00	+06:50:07 (34.4%)	11:34	5.2 (65.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
											103km	103km			
194	MIKOWSKI Artur	1111	ALNOR	M40	78	02:22:17	06:35:12	07:42:26	13:15:14	17:50:53	19:53:14.40	19:53:14.40	+06:51:21 (34.5%)	11:35	5.2 (65.8%)
195	WIERZBOWSKI Krzysztof	1036	MOTOINTEGRATOR.PL	M30	69	02:23:26	06:35:11	07:42:26	13:15:15	17:50:53	19:53:14.45	19:53:14.45	+06:51:21 (34.5%)	11:35	5.2 (65.8%)
196	TOPOLSKI Piotr	1168		M30	70	02:26:57	06:18:28	07:38:19	13:14:55	17:50:53	19:53:14.55	19:53:14.55	+06:51:21 (34.5%)	11:35	5.2 (65.8%)
197	CHRZANOWSKA Barbara	1462	CSIR AGATSU / ZDZIERAJ KAPCIE	K30	12	02:36:46	06:53:25	08:01:18	13:37:22	18:01:03	19:56:51.50	19:56:51.50	+06:54:58 (34.7%)	11:37	5.2 (65.8%)
198	WYSOCKI Damian	1450	CSIR AGATSU	M30	71	02:36:46	06:53:21	08:00:52	13:37:25	18:01:05	19:56:51.70	19:56:51.70	+06:54:58 (34.7%)	11:37	5.2 (65.8%)
199	ZYCH Wiktor	1557		M30	72	02:42:48	06:47:27	07:53:16	13:35:38	17:55:20	19:57:00.35	19:57:00.35	+06:55:07 (34.7%)	11:37	5.2 (65.8%)
200	NOWAK Maciej	1563	RUNNER'S COOKING	M40	79	02:15:02	05:45:01	06:48:04	11:59:20	16:48:40	19:59:15.05	19:59:15.05	+06:57:21 (34.8%)	11:38	5.2 (65.8%)
201	BOGACZYK Krzysztof	1057		M30	73	02:11:33	07:00:12	08:00:55	13:25:28	18:02:00	20:00:07.35	20:00:07.35	+06:58:14 (34.8%)	11:39	5.1 (64.6%)
202	GORGOL Tomasz	1200	RUN BYDGOSZCZ	M30	74	02:21:30	06:19:15	07:25:00	13:13:40	18:03:37	20:01:36.05	20:01:36.05	+06:59:42 (34.9%)	11:39	5.1 (64.6%)
203	ZAGDAŃSKI Robert	1423		M30	75	02:40:57	06:41:43	07:52:06	13:28:25	17:51:01	20:02:26.50	20:02:26.50	+07:00:33 (35.0%)	11:40	5.1 (64.6%)
204	ŚLĄCZKA Arkadiusz	1416	FINISZ RYMANÓW	M30	76	02:40:56	06:41:41	07:52:10	13:23:11	17:50:59	20:02:28.05	20:02:28.05	+07:00:34 (35.0%)	11:40	5.1 (64.6%)
205	KRZYSZTOŃ Piotr	1178	GMP LASY / KRAŚNIK	M30	77	02:38:51	06:46:51	07:53:36	13:15:37	17:55:13	20:03:06.50	20:03:06.50	+07:01:13 (35.0%)	11:40	5.1 (64.6%)
206	BALAWEJDER Marcin	1225		M30	78	02:41:29	06:54:04	08:01:32	13:18:04	17:55:25	20:03:09.35	20:03:09.35	+07:01:16 (35.0%)	11:40	5.1 (64.6%)
207	CIEŚLAK Krzysztof	1469	CIEMNA STRONA MOCY	M30	79	02:44:45	06:55:34	07:58:58	13:38:58	17:55:26	20:03:26.75	20:03:26.75	+07:01:33 (35.0%)	11:41	5.1 (64.6%)
208	CIEŚLAK Jakub	1483	TERVIS	M30	80	02:44:44	06:55:35	07:58:57	13:38:55	17:55:23	20:03:26.85	20:03:26.85	+07:01:33 (35.0%)	11:41	5.1 (64.6%)
209	WĘGIEL Bogdan	1158	MCD	M40	80	02:35:21	06:38:39	07:48:54	13:36:55	18:10:37	20:04:22.20	20:04:22.20	+07:02:28 (35.1%)	11:41	5.1 (64.6%)
210	HABA Konrad	1425	K2B	M30	81	02:33:22	06:47:56	08:04:29	13:29:52	17:56:05	20:04:51.70	20:04:51.70	+07:02:58 (35.1%)	11:41	5.1 (64.6%)
211	MAŃKOWSKI Leszek	1348	EDIFICATOR/BELTRANI	M30	82	02:33:22	06:47:56	08:04:26	13:33:33	17:56:06	20:04:53.95	20:04:53.95	+07:03:00 (35.1%)	11:41	5.1 (64.6%)
212	JĘDRZEJOWSKA-DEC Anna	1013	OTK RZEŹNIK	K40	3	02:32:10	06:48:51	07:56:39	13:39:03	18:09:36	20:10:19.15	20:10:19.15	+07:08:25 (35.4%)	11:45	5.1 (64.6%)
212	MĄCZKA Bronisław	1014	OTK RZEŹNIK	M60	4	02:32:08	06:48:51	07:56:38	13:39:02	18:09:37	20:10:19.15	20:10:19.15	+07:08:25 (35.4%)	11:45	5.1 (64.6%)
214	ZWĘGLIŃSKI Andrzej	1063		M40	81	02:25:19	06:54:45	08:05:46	13:38:47	18:21:30	20:12:23.10	20:12:23.10	+07:10:29 (35.5%)	11:46	5.1 (64.6%)
215	SADY Piotr	1101	ANTYGRAWITACJA	M30	83	02:43:39	06:54:12	08:04:50	13:36:27	18:11:56	20:13:08.50	20:13:08.50	+07:11:15 (35.5%)	11:46	5.1 (64.6%)
216	NIZIOŁ Marian	1177	DRUŻYNA A	M50	18	02:37:58	06:52:29	07:54:41	13:39:33	18:13:15	20:13:48.60	20:13:48.60	+07:11:55 (35.6%)	11:47	5.1 (64.6%)
217	PAPROCKI Wiesław	1151	KB MCKIS JAWORZNO	M50	19	02:38:00	06:52:29	07:54:41	13:47:06	18:13:15	20:13:48.85	20:13:48.85	+07:11:55 (35.6%)	11:47	5.1 (64.6%)
218	NÓŻKA Andrzej	1142	LP -HP !!!	M30	84	02:33:03	06:41:39	08:05:52	13:45:07	18:30:13	20:14:01.50	20:14:01.50	+07:12:08 (35.6%)	11:47	5.1 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
											103km	103km			
219	ŻUROWSKI Marcin	1212		M40	82	02:26:31	06:47:03	08:02:50	13:33:48	18:25:44	20:17:52.60	20:17:52.60	+07:15:59 (35.8%)	11:49	5.1 (64.6%)
220	ROGÓSZ Piotr	1026	ODBIEGAMYODNORMY	M40	83	02:48:58	06:55:57	08:07:14	13:25:38	18:09:36	20:22:23.55	20:22:23.55	+07:20:30 (36.0%)	11:52	5.1 (64.6%)
221	FINFANDO Zbigniew	1294	BSSG	M40	84	02:39:16	06:44:25	07:58:29	13:47:22	18:31:14	20:32:43.70	20:32:43.70	+07:30:50 (36.6%)	11:58	5 (63.3%)
222	DĄBSKI Grzegorz	1183		M30	85	02:31:18	07:00:54	08:09:03	13:56:23	18:31:11	20:51:43.30	20:51:43.30	+07:49:49 (37.5%)	12:09	4.9 (62.0%)
223	KRZCZUK Benedykt	1326		M50	20	02:27:37	06:53:56	08:00:11	13:56:14	18:46:34	21:07:21.30	21:07:21.30	+08:05:27 (38.3%)	12:18	4.9 (62.0%)
224	KAJMOWICZ Łukasz	1538		M30	86	02:44:00	06:55:22	08:19:31	13:56:29	18:46:37	21:07:21.85	21:07:21.85	+08:05:28 (38.3%)	12:18	4.9 (62.0%)
225	SYPNIEWSKA Hanna	1438	SPARTANIE DZIECIOM	K60	1	02:47:01	07:14:47	08:22:49	14:30:42	19:33:54	21:16:48.35	21:16:48.35	+08:14:55 (38.8%)	12:23	4.8 (60.8%)
226	BUCHHOLZ Piotr	1441		M40	85	02:34:50	06:46:26	07:58:58	13:53:25	19:25:05	21:35:17.10	21:35:17.10	+08:33:23 (39.6%)	12:34	4.8 (60.8%)
227	MAŁKOWSKI Krzysztof	1052	NATURAL-BORN-RUNNERS.PL	M30	87	02:34:55	06:46:25	07:58:56	13:53:24	19:24:35	21:35:20.45	21:35:20.45	+08:33:27 (39.6%)	12:34	4.8 (60.8%)
	PRAŻMOWSKI Piotr	1222	AM NAT	M30		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	RĘBILAS Adam	1551		M20		02:13:07 DNF	05:46:11 DNF	06:52:59 DNF	11:49:57 DNF	DNF	DNF	DNF		-	- (0.0%)
	LANGE Zbigniew	1502		M40		02:41:15 DNF	06:17:03 DNF	07:20:26 DNF	12:21:02 DNF	DNF	DNF	DNF		-	- (0.0%)
	PINDUR Grzegorz	1324		M40		02:06:37 DNF	05:40:26 DNF	06:43:34 DNF	12:27:23 DNF	DNF	DNF	DNF		-	- (0.0%)
	PIELECKI Bartek	1414	KS GEPARD ŻUKCZYN	M30		02:37:04 DNF	06:28:56 DNF	07:43:42 DNF	12:34:52 DNF	DNF	DNF	DNF		-	- (0.0%)
	RZECHOWSKI Filip	1524	BIGYELLOWFOOT ADVENTURE TEAM	M30		02:13:12 DNF	06:07:12 DNF	07:09:38 DNF	12:45:09 DNF	DNF	DNF	DNF		-	- (0.0%)
	LEWANDOWSKI Wojciech	1506		M40		02:15:22 DNF	06:04:19 DNF	07:14:58 DNF	12:49:01 DNF	DNF	DNF	DNF		-	- (0.0%)
	KIRKIEWICZ Ireneusz	1256		M40		02:41:53 DNF	06:26:30 DNF	07:26:01 DNF	12:57:02 DNF	DNF	DNF	DNF		-	- (0.0%)
	KUPCZAK Grzegorz	1292	KAMIKADZE	M20		02:42:39 DNF	06:53:33 DNF	07:56:22 DNF	12:57:05 DNF	DNF	DNF	DNF		-	- (0.0%)
	SIDOR Paweł	1227	W4TEAM	M40		02:45:31 DNF	06:34:50 DNF	07:40:12 DNF	13:10:56 DNF	DNF	DNF	DNF		-	- (0.0%)
	NOWACKI Mariusz	1576		M20		02:29:49 DNF	06:08:33 DNF	07:12:03 DNF	13:15:27 DNF	DNF	DNF	DNF		-	- (0.0%)
	GRZESZCZUK Wojciech	1209		M50		02:36:48 DNF	06:34:54 DNF	07:42:16 DNF	13:18:16 DNF	DNF	DNF	DNF		-	- (0.0%)
	WITEK Bogdan	1065	WATER TEAM	M50		02:35:35 DNF	06:50:47 DNF	08:01:23 DNF	13:21:58 DNF	DNF	DNF	DNF		-	- (0.0%)
	SYGOCKI Konrad	1297	BIEGAM NA TARCHOMINIE	M30		02:38:30 DNF	06:54:26 DNF	08:10:38 DNF	13:23:10 DNF	DNF	DNF	DNF		-	- (0.0%)
	PARZONKA Paweł	1560	K.S.LENIWIEC	M40		02:16:09 DNF	06:17:00 DNF	07:39:06 DNF	13:23:32 DNF	DNF	DNF	DNF		-	- (0.0%)
	STAWSKI Dariusz	1477	KB ARTURÓWEK ŁÓDZ	M50		02:33:50 DNF	06:41:38 DNF	07:40:45 DNF	13:23:35 DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km					Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
						17.7km	38.8km	48.9km	71km	92km					
	SOKÓŁ Tomasz	1535		M30		02:38:37 DNF	06:24:58 DNF	07:41:07 DNF	13:25:23 DNF	DNF	DNF	DNF		-	- (0.0%)
	MACHALIŃSKI Mariusz	1415	GDAŃSK-OSOWA	M40		02:37:05 DNF	06:31:32 DNF	07:43:42 DNF	13:25:43 DNF	DNF	DNF	DNF		-	- (0.0%)
	KUNA Piotr	1541	REHABILITANCI.ORG.PL	M30		02:49:12 DNF	06:39:41 DNF	07:51:38 DNF	13:25:45 DNF	DNF	DNF	DNF		-	- (0.0%)
	STARZYŃSKI Stefan	1144	PERFECT RUNNER LUBLIN	M40		02:35:58 DNF	06:33:22 DNF	07:44:58 DNF	13:26:36 DNF	DNF	DNF	DNF		-	- (0.0%)
	LEHMANN Dawid	1559	K.S.LENIWIEC	M20		02:16:07 DNF	06:17:01 DNF	07:39:06 DNF	13:28:19 DNF	DNF	DNF	DNF		-	- (0.0%)
	STASZEWSKI Piotr	1040		M40		02:26:31 DNF	06:47:03 DNF	08:02:44 DNF	13:34:54 DNF	DNF	DNF	DNF		-	- (0.0%)
	JASKULSKI Karol	1315		M30		02:33:23 DNF	06:47:59 DNF	07:56:37 DNF	13:38:56 DNF	DNF	DNF	DNF		-	- (0.0%)
	ULOWSKI Jacek	1236	ŁYSE ŁOSIE 2 FAN-RUN TEAM ŁÓDŹ	M40		02:44:49 DNF	06:49:57 DNF	07:58:26 DNF	13:40:03 DNF	DNF	DNF	DNF		-	- (0.0%)
	MALINOWSKI Maciej	1479		M40		02:40:57 DNF	06:51:10 DNF	07:56:21 DNF	13:40:36 DNF	DNF	DNF	DNF		-	- (0.0%)
	CHYLEWSKI Paweł	1518	ZIELONY DOM	M30		02:48:40 DNF	06:54:17 DNF	08:04:49 DNF	13:41:10 DNF	DNF	DNF	DNF		-	- (0.0%)
	GÓRNIAK Jan	1516	JAN PAWEŁ	M30		02:48:45 DNF	06:54:17 DNF	08:04:49 DNF	13:41:10 DNF	DNF	DNF	DNF		-	- (0.0%)
	WALECZEK Sławomir	1173		M40		02:29:59 DNF	06:20:39 DNF	07:28:56 DNF	13:42:55 DNF	DNF	DNF	DNF		-	- (0.0%)
	WIŚNIEWSKI Artur	1194	INTRO	M40		02:27:12 DNF	06:31:36 DNF	07:53:26 DNF	13:52:37 DNF	DNF	DNF	DNF		-	- (0.0%)
	BŁOCH Marek	1145	BLOCHS	M40		02:36:49 DNF	06:40:23 DNF	07:56:52 DNF	13:55:55 DNF	DNF	DNF	DNF		-	- (0.0%)
	WENGRZIK Piotr	1025	APOSTROPHE CREATIVE COMMUNITIES	M40		02:31:34 DNF	06:21:24 DNF	07:29:42 DNF	13:56:12 DNF	DNF	DNF	DNF		-	- (0.0%)
	ZAREMBA Marek	1293	KAMIKADZE	M50		02:42:39 DNF	07:01:55 DNF	08:17:51 DNF	13:58:20 DNF	DNF	DNF	DNF		-	- (0.0%)
	KRUK Grzegorz	1480	ALIOR RUNNING TEAM	M30		02:37:05 DNF	06:58:43 DNF	08:12:49 DNF	14:16:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	SPYCHAŁA Marek	1474	ŚWIAT BIEGACZA	M40		02:42:34 DNF	06:52:37 DNF	08:05:49 DNF	14:19:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	TARNOWSKI Krzysztof	1130	KW LUBLIN	M30		02:31:16 DNF	06:53:55 DNF	08:10:48 DNF	14:23:49 DNF	DNF	DNF	DNF		-	- (0.0%)
	ZAWADKA Andrzej	1463	SZCZECIŃSKI KLUB WYSOKOGÓRSKI	M50		02:38:11 DNF	06:50:52 DNF	08:05:59 DNF	14:26:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	SIKORA Artur	1325	KB ŁAPKA	M40		02:44:39 DNF	06:59:52 DNF	08:12:05 DNF	14:26:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	MAJKUCIŃSKI Marek	1457	BIEGIEM RADOM!	M40		02:46:47 DNF	07:08:41 DNF	08:20:41 DNF	14:28:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	ŚWIECZKA Jarosław	1473	WARSAW AIRPORT RUNNERS	M30		02:32:28 DNF	06:58:38 DNF	08:11:50 DNF	14:29:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	STYSIEK Piotr	1466	BIEGIEM RADOM!	M40		02:46:47 DNF	07:10:21 DNF	08:20:44 DNF	14:33:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	KALINOWSKI Sławomir	1452	GREENSKY	M30		02:44:56 DNF	06:58:41 DNF	08:14:34 DNF	14:41:42 DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
	NOSEK Maciej	1458	TAKBIEGAMY	M20		02:43:47 DNF	06:43:11 DNF	08:01:25 DNF	14:47:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	KOTOWSKI Andrzej	1189	SUGER MAN	M40		02:29:58 DNF	06:56:31 DNF	08:25:32 DNF	14:48:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	ŁAZAREK Daniel	1471	KAWALER WIECZOROWĄ PORĄ	M30		02:33:03 DNF	06:59:37 DNF	08:14:32 DNF	15:02:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	JÓZEFOWICZ Krzysztof	1472		M30		02:53:30 DNF	07:03:09 DNF	08:19:22 DNF	15:04:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	KALATA Łukasz	1522	CSAIU TORUŃ	M30		02:40:56 DNF	06:55:25 DNF	08:21:19 DNF	15:09:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	NIZIOŁEK Marek	1482	DAMY RADĘ	M40		02:48:33 DNF	06:59:46 DNF	08:26:44 DNF	15:09:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	NITSCH Tomasz	1555	UNTS WARSZAWA	M40		02:42:48 DNF	07:12:02 DNF	08:33:10 DNF	15:42:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	JAKUBOWSKI Wojciech	1247	KB GEOTERMIA UNIEJÓW	M40		02:32:44 DNF	06:51:44 DNF	07:58:08 DNF	16:05:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	JADWISZCZAK Grzegorz	1405	PĘDZIWIATR BIAŁYSTOK	M40		02:36:36 DNF	06:52:42 DNF	08:03:56 DNF	16:28:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	PAŁKOWSKA Agata	1102	RUNNING OBSESSION TEAM	K40		02:46:07 DNF	07:01:39 DNF	08:22:59 DNF	16:34:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	BRZĘK Szymon	1185	ELCKIEJ STOWARZYSZENIE SPORTÓW WALKI „SEKCJA ZERO"	M20		02:37:24 DNF	07:02:33 DNF	08:20:38 DNF	16:38:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	KOZERA Waldemar	1291		M30		02:28:02 DNF	06:53:52 DNF	08:05:56 DNF	16:45:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	FURTAK Krzysztof	1230	KTOŚ MUSI BYĆ OSTATNI	M50		02:40:23 DNF	06:50:27 DNF	08:11:03 DNF	17:05:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	POŁCZYŃSKI Paweł	1427	STALOWA ŁYDA	M30		02:43:48 DNF	06:38:04 DNF	08:01:24 DNF	17:48:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	KUFERA Dariusz	1125	FRAPOL RAZEM!	M40		02:38:25 DNF	06:48:15 DNF	08:06:45 DNF	18:34:42 DNF	DNF	DNF	DNF		-	- (0.0%)
	WROŻYNA Rafał	1443		M20		02:06:48 DNF	05:39:01 DNF	06:37:04 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WILK Dawid	1303	NIGHT RUNNERS ZABRZE	M20		02:11:00 DNF	05:38:46 DNF	06:52:44 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MINIUR Jacek	1068		M40		02:17:11 DNF	06:07:13 DNF	07:14:52 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	JEKA Mateusz	1196	WOBR	M20		02:14:08 DNF	05:52:53 DNF	07:16:39 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZWOLIŃSKI Łukasz	1136	OTK RZEŹNIK	M30		02:20:16 DNF	06:08:15 DNF	07:18:41 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	GRYGIEL Rafał	1106		M20		02:13:32 DNF	06:01:21 DNF	07:18:43 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	POMIERSKI Karol	1224	KIZ	M30		02:27:33 DNF	06:10:05 DNF	07:22:40 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	FABIŃSKI Marcin	1041	LUŻNA GUMA	M30		02:24:08 DNF	06:09:12 DNF	07:23:45 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	POMIERSKI Zbigniew	1223	KIZ	M30		02:27:33 DNF	06:17:30 DNF	07:23:47 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KUJAWSKI Bogusław	1169	GRUPETTO GORLICE	M50		02:07:44 DNF	06:02:35 DNF	07:25:10 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
	SKOCZYŃSKI Tomasz	1475		M40		02:28:26 DNF	06:17:43 DNF	07:27:48 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ROGACZ Piotr	1152	SZAKALE	M30		02:37:32 DNF	06:28:05 DNF	07:31:53 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	TUCZAPSKI Artur	1261		M50		02:34:36 DNF	06:23:23 DNF	07:36:29 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BADURA Wojtek	1049	ZIELONATRAFFKA	M40		02:34:53 DNF	06:26:18 DNF	07:46:06 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SZLĘK Andrzej	1238	KS ŁÓDŹ	M40		02:17:47 DNF	06:30:52 DNF	07:46:20 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	DOLIŃSKI Adam	1278	KB LEGIONOWO	M30		02:22:30 DNF	06:52:11 DNF	07:46:53 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MUTRYNOWSKI Piotr	1305		M40		02:48:27 DNF	06:48:56 DNF	07:52:13 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MIKUSZEWSKI Łukasz	1287	RZESZOWSKIE GAZELE I GEPARDY	M20		02:25:59 DNF	06:53:22 DNF	08:00:52 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	GRZESZCZUK Grzegorz	1495	KB GALERIA	M50		02:35:33 DNF	06:40:10 DNF	08:05:03 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ŚMICHURSKI Krzysztof	1504	WEST SPORTS TEAM	M20		02:28:43 DNF	06:50:51 DNF	08:07:50 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KUNERT Łukasz	1505	WEST SPORTS TEAM	M20		02:28:43 DNF	06:51:11 DNF	08:07:56 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	DYMEK Karol	1451		M30		02:32:28 DNF	06:58:02 DNF	08:11:50 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	DRÓŻDŹ Tomasz	1534	MKS SZERSZEŃ BOGATYNIA	M40		02:41:48 DNF	07:03:04 DNF	08:21:20 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	DRÓŻDŹ Ireneusz	1536		M40		02:41:50 DNF	07:03:21 DNF	08:21:52 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	RÓŻANKOWSKA Aleksandra	1273	STRZELBY Z BRIXTON	K40		02:46:08 DNF	07:02:33 DNF	08:25:28 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WARCHOŁ Andrzej	1121	THE RUNNERS ŚWIECIE	M50		02:52:44 DNF	07:10:25 DNF	08:26:25 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BRZEZOWSKA Beata	1487	ALBATROSY	K40		02:52:20 DNF	07:11:59 DNF	08:26:43 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	HOLOVIN Jozef	1090		M40		02:46:43 DNF	07:06:10 DNF	08:33:41 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SIWIEC Tomasz	1455	BIEGNĘ DLA MARCINA	M30		02:45:48 DNF	07:14:45 DNF	08:42:44 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	GMYS Tomasz	1449		M30		02:31:35 DNF	07:17:26 DNF	08:43:43 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BIZOŃ Michał	1446	WWW.RUNSPACE.PL	M30		02:27:09 DNF	07:17:24 DNF	08:43:44 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	DUDEK Arkadiusz	1465		M50		02:39:31 DNF	07:19:15 DNF	08:43:46 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NOGA Łukasz	1167	ZDZIERAJ KAPCIE WWW.AGATSU.PL	M30		02:38:35 DNF	07:14:38 DNF	08:45:27 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	OBARSKI Norbert	1046		M50		02:47:07 DNF	07:14:40 DNF	08:45:27 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KAMIŃSKI Krystian	1420	STARA PIŁA	M30		02:45:02 DNF	07:14:44 DNF	08:47:49 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

										Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer		Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km			
	WINCZURA Leszek	1417			M40		02:45:04 DNF	07:14:48 DNF	08:47:50 DNF	DNF	DNF	DNF	DNF	- (0.0%)
	PARYS Andrzej	1440	ELAKTYWNI		M60		03:01:11 DNF	DNF	08:49:12 DNF	DNF	DNF	DNF	DNF	- (0.0%)
	GŁOWACKI Arek	1510			M30		02:14:34 DNF	06:18:39 DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	PUZOŃ Robert	1575			M30		02:11:28 DNF	06:34:11 DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	ŻYREK Maciej	1279			M40		02:21:25 DNF	06:34:18 DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	ŚLIWIŃSKI Andrzej	1571	MIECHÓW		M50		02:42:26 DNF	06:43:19 DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	MARINO Bastien	1150			M20		02:01:09 DNF	06:45:41 DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	MARGAS Konrad	1491	PAŃSTWOWA STRAŻ POŻARNA		M20		02:17:43 DNF	06:48:11 DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	NIEDZIELA Michał	1513			M30		02:37:23 DNF	06:54:34 DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	DYCZKA Robert	1170	AKTYWNY ROZBARK		M40		02:26:34 DNF	07:06:02 DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	CZARNECKI Paweł	1539	KM PSP RADOM		M30		02:37:46 DNF	07:19:49 DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	JEREMICZ Marcin	1402	ELAVON POLAND		M30		02:41:29 DNF	07:20:13 DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	POLAK Bartosz	1163	KUCHNIA FUNKCJONALNA		M30		02:10:33 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	MAŁEK Łukasz	1454			M30		02:18:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	ZAKRZEWSKI Wojtek Harry	1095	HARRY'S ANGELS		M40		02:23:22 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	SYMA Sebastian	1307			M40		02:23:24 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	CYGAN Karol	1054	POLSKA NA SZCZYZIE		M20		02:23:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	EBERT Adam	1304			M30		02:28:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	WERNER Kamil	1058	BIEGAM NA TARCHOMINIE		M30		02:31:34 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	REAUD Julien	1055	FRAPOL RAZEM!		M30		02:38:26 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	JURGA Sebastian	1221	RACE.ONSIGHT.PL		M20		02:38:35 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	MICHALSKI Tomasz	1404	KB ARTURÓWEK		M20		02:41:00 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	CZERWONIUK Arkadiusz	1484	SZCZECIŃSKI KLUB WYSOKOGÓRSKI		M40		02:42:06 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	KALKA Kamil	1554			M30		02:44:28 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)
	CZECHOWICZ Tomasz	1545			M40		02:44:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
	BUSZ Jacek	1407	ELAVON POLAND	M30		02:44:46 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NOWAK Piotr	1411	BRACIA N	M30		02:47:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NOWAK Paweł	1418	BRACIA N	M30		02:47:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	DENEKA Jacek	1188	ULTRALOVERS	M40		02:47:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	GŁUSZEK Michał	1574		M20		02:48:09 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	RYZNAR Łukasz	1332	NIEZRZESZONY	M30		02:49:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SOBCZAK Piotr	1331	ODBIEGAMYODNORMY	M40		02:49:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PIOTROWSKI Maciej	1028	ODBIEGAMYODNORMY	M40		02:50:33 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	CHUDY Przemysław	1260	CHUDY	M50		02:51:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	GŁUSZCZAK Jerzy	1410		M50		02:52:29 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	JACKOWSKI Jacek	1093	JGB 'SOKÓŁ' JAROSŁAW	M40		02:53:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	JACKOWSKA Ewa	1089	JGB 'SOKÓŁ' JAROSŁAW	K40		02:53:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	TRZCIŃSKI Mateusz	1092		M20		02:53:28 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SZKUTA Michał	1429	NKB CHYŻY NOWY TOMYŚL	M30		02:54:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	FUNKA Andrzej	1432	NKB CHYŻY NOWY TOMYŚL	M50		02:54:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ORDZIEJEWSKI Dominik	1460		M30		02:54:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SŁAWIŃSKI Kazimierz	1529	KLUB GÓRSKI PTTK KIELCE	M40		02:57:57 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	OPOKA Andrzej	1542		M50		02:58:20 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MAZIEC Dariusz	1430	NKB CHYŻY NOWY TOMYŚL	M30		02:58:36 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WDOWCZYK Cyprian	1464		M20		03:01:12 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SOBIERAJ Artur	1572	WKU W BĘDZINIE	M20		03:02:39 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PIEPRZAK Andrzej	1081	PARKÓWKA	M30		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZIENTEK Stanisław	1493		M60		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WRÓBEL Agnieszka	1100	WWW.GOHARDORGOHOME.PL	K20		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BŁACHOWICZ Tomasz	1079	WIERUNSZÓW	M30		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
	WĘGIERSKI Wojtek	1428		M30		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BALUK Marek	1306	BOREK-CHEŁM	M50		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZOLTEK Adam	1552		M30		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 371 wynik(ów)