



Organizator:
Data:
Miejsce:
Dystans:

Qualifit
2016-07-30
Nowa Wieś
42 km

SILESIA HIGHLAND MARATHON

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kary	Czas startu	9.5km	18km	32km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
1	MIKOŁAJCZYK Sandra	212	SILESIA RUNNERS CLUB	K18	1		00:00:02	00:42:20	01:21:35	02:33:15	03:33:23.20	03:33:25.90		5:04	11.8 (100%)
2	MAJER Ewa	74	SOLGAR POLSKA	K30	1		00:00:02	00:44:10	01:25:42	02:53:38	03:55:12.05	03:55:14.10	+00:21:48 (9.3%)	5:36	10.7 (90.7%)
3	LEWANDOWSKA Edyta	261	E.L.OTE SPORTS	K30	2	+10min	00:00:01	00:40:36	01:32:27	02:54:25	04:10:52.85	04:10:54.00	+00:37:29 (14.9%)	5:58	10 (84.7%)
4	KOCZUR Tamara	243	AMBITNI AMATORZY	K30	3		00:00:03	00:50:11	01:35:44	03:11:43	04:37:09.50	04:37:13.15	+01:03:46 (23.0%)	6:35	9.1 (77.1%)
5	JACKOWIAK Gosia	191		K18	2		00:00:08	00:55:45	01:48:14	03:32:39	04:55:17.65	04:55:26.00	+01:21:54 (27.7%)	7:01	8.5 (72.0%)
6	KUBISZ Dorota	254		K30	4		00:00:11	00:51:25	01:51:28	03:34:16	04:57:07.45	04:57:19.15	+01:23:44 (28.2%)	7:04	8.5 (72.0%)
7	CZAPKIEWICZ Gosia	133	SPARTANIE DZIECOM	K40	1		00:00:03	00:53:18	01:49:48	03:33:52	04:59:49.90	04:59:53.30	+01:26:26 (28.8%)	7:08	8.4 (71.2%)
8	OLSCHIMKE-MARMUROWICZ Barbara	168	NIGHTRUNNERS ŚLĄSK/SILESIA RUNNING TEAM	K40	2		00:00:06	00:57:10	01:49:50	03:24:30	05:01:17.00	05:01:23.45	+01:27:53 (29.2%)	7:10	8.4 (71.2%)
9	LUBOWICKA Anna	117	40 - LATEK TYCHY	K30	5		00:00:09	00:56:42	01:51:23	03:37:48	05:03:41.35	05:03:50.65	+01:30:18 (29.7%)	7:13	8.3 (70.3%)
10	KRAUSE Sylwia	118	RADLINIOKI W BIEGU	K40	3		00:00:06	00:57:06	01:57:23	04:02:59	05:35:41.60	05:35:47.75	+02:02:18 (36.4%)	7:59	7.5 (63.6%)
11	BYLICA Wioletta	153		K30	6		00:00:10	01:04:20	02:13:09	04:07:03	05:49:23.05	05:49:33.85	+02:15:59 (38.9%)	8:19	7.2 (61.0%)
12	MIGZA Sabina	175	NIEPANIKUJ.PL	K30	7		00:00:12	01:01:50	02:13:54	04:15:56	05:53:01.95	05:53:14.30	+02:19:38 (39.6%)	8:24	7.1 (60.2%)
13	KOCÓJ Dominika	179	NIGHT RUNNER'S GLIWICE	K18	3		00:00:11	01:10:10	02:15:59	04:31:59	06:14:36.70	06:14:48.10	+02:41:13 (43.0%)	8:55	6.7 (56.8%)
14	KUPIBIDA Bogusława	158	SILESIA NORDIC TEAM	K50	1		00:00:07	01:00:55	02:15:27	04:29:24	06:22:49.20	06:22:56.20	+02:49:26 (44.3%)	9:06	6.6 (55.9%)

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15	KITA Ewa	166		K50	2		00:00:09	01:03:36	02:11:02	04:34:09	06:28:17.40	06:28:26.55	+02:54:54 (45.0%)	9:14	6.5 (55.1%)
16	TARGAŃSKA Kamila	190	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K18	4		00:00:07	01:04:34	02:18:27	04:40:52	06:38:23.10	06:38:30.15	+03:04:59 (46.4%)	9:29	6.3 (53.4%)
	FOUZA Bachar	231		K30			DNF	00:41:10 DNF	01:35:12 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 17 wynik(ów)