ULTRA ROZTOCZE | 60KM

Wydarzenie: Ultra Roztocze 2021
Organizator: Fundacja Na Ratunek
Data: 2021-10-02
Miejsce: Susiec
Dystans: 55 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krasnobród 27km	Guciów 39km	Obrocz 49km	Kara/ bonifikata	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
1	**WOJTCZAK Jakub**	**6190**	I-SPORT TEAM	Senior Mężczyzn	1		03:08:29	04:17:58		**04:38:24.85**	**04:38:26.60**		5:03	11.9 (100%)
2	**ZIĘBA Robert**	**6207**	BOBOWSKA GRUPA BIEGOWA	Master Mężczyzn	1		03:12:17	04:26:52		**04:47:38.45**	**04:47:41.25**	+00:09:14 (3.2%)	5:13	11.5 (96.6%)
3	**WĘGLIŃSKI Mikołaj**	**6183**		Senior Mężczyzn	2		03:11:32	04:26:47		**04:47:30.60**	**04:47:42.10**	+00:09:15 (3.2%)	5:13	11.5 (96.6%)
4	**KOWALIK Andrzej**	**6092**	SALMING RUNNING POLSKA	Master Mężczyzn	2			04:32:01		**04:55:38.95**	**04:55:44.55**	+00:17:17 (5.8%)	5:22	11.2 (94.1%)
5	**KŁOSOWICZ Leszek**	**6083**		Master Mężczyzn	3			04:23:32	00:16:00	**04:59:34.60**	**04:59:39.10**	+00:21:12 (7.1%)	5:09	11.6 (97.5%)
6	**WŁOCH Kamil**	**6187**	SARNI TĘTENT	Senior Mężczyzn	3		03:24:39	04:49:19		**05:10:40.60**	**05:10:44.45**	+00:32:17 (10.4%)	5:38	10.6 (89.1%)
7	**OGŁUSZKA Michał**	**6132**	SAFEPRO USŁUGI BHP	Master Mężczyzn	4			04:52:40		**05:13:59.25**	**05:14:01.30**	+00:35:34 (11.3%)	5:42	10.5 (88.2%)
8	**KRAWCZYK Karol**	**6096**	LENIWI INACZEJ	Senior Mężczyzn	4		03:30:49	04:53:25		**05:16:01.80**	**05:16:06.00**	+00:37:39 (11.9%)	5:44	10.4 (87.4%)
9	**ZIĘBA Mariusz**	**6206**	BOBOWSKA GRUPA BIEGOWA	Weteran Mężczyzn	1	02:28:24	03:39:30	05:00:30		**05:23:01.15**	**05:23:03.80**	+00:44:37 (13.8%)	5:52	10.2 (85.7%)
10	**ADAMEK Dariusz**	**6001**	#ADAMCZERWIŃSKITEAM	Weteran Mężczyzn	2	02:32:52	03:42:27	05:03:41		**05:25:36.55**	**05:25:42.75**	+00:47:16 (14.5%)	5:55	10.1 (84.9%)
11	**GORCZYCKI Arkadiusz**	**6054**	MIECHOWICKA GRUPA BIEGOWA	Master Mężczyzn	5	02:34:23	03:44:45	05:06:46		**05:29:07.55**	**05:29:11.20**	+00:50:44 (15.4%)	5:59	10 (84.0%)
12	**ZIELIŃSKI Mateusz**	**6205**		Senior Mężczyzn	5	02:28:58	03:39:19	05:05:44		**05:29:29.20**	**05:29:36.25**	+00:51:09 (15.5%)	5:59	10 (84.0%)
13	**CIUPEK Jerzy**	**6029**	RĄCZE GAZELE	Dinozaur Mężczyzn	1		03:38:15	05:05:27		**05:29:25.15**	**05:29:37.10**	+00:51:10 (15.5%)	5:59	10 (84.0%)
14	**CICHOSZ Krzysztof**	**6024**	KRASNOSTAWSKA GRUPA ZBIEGÓW I PODBIEGÓW	Master Mężczyzn	6	02:30:11	03:42:07	05:07:11		**05:29:41.75**	**05:29:46.55**	+00:51:19 (15.6%)	5:59	10 (84.0%)
15	**MALINOWSKA Izabela**	**6113**		Senior Kobiet	1	02:30:03	03:42:02	05:07:06		**05:29:41.50**	**05:29:46.60**	+00:51:20 (15.6%)	5:59	10 (84.0%)
16	**SZPINDA Sebastian**	**527**		Master Mężczyzn	7	02:30:26	03:43:41	05:09:43		**05:30:13.15**	**05:30:19.80**	+00:51:53 (15.7%)	6:00	10 (84.0%)
17	**SOBIESZEK Sylwia**	**6154**	ZWOLEŃNICY BIEGANIA	Master Kobiet	1	02:29:13	03:41:21	05:08:34		**05:30:22.75**	**05:30:35.80**	+00:52:09 (15.8%)	6:00	10 (84.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krasnobród 27km	Guciów 39km	Obrocz 49km	Kara/ bonifikata	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
18	**MALINA Michał**	**6112**	HUTNIK RUN	Master Mężczyzn	8	02:39:11	03:50:52	05:10:19		**05:32:20.05**	**05:32:27.30**	+00:54:00 (16.2%)	6:02	9.9 (83.2%)
19	**WNUCZEK Łukasz**	**6188**	BIEGAJĄCY ŚWIDNIK	Master Mężczyzn	9		03:39:30	05:10:44		**05:34:48.65**	**05:34:53.75**	+00:56:27 (16.9%)	6:05	9.9 (83.2%)
20	**ANTCZAK Jolanta**	**6004**	SPORTOWE PUŁAWY	Senior Kobiet	2	02:28:13	03:43:41	05:12:36		**05:36:07.40**	**05:36:17.50**	+00:57:50 (17.2%)	6:06	9.8 (82.4%)
21	**WIERUSZEWSKA Agata**	**1109**		Master Kobiet	2	01:59:57	03:19:57	05:08:35		**05:36:59.55**	**05:36:59.55**	+00:58:32 (17.4%)	6:07	9.8 (82.4%)
22	**CITUK Grzegorz**	**6026**	42K PRO TEAM	Master Mężczyzn	10	02:34:25	03:45:38	05:18:16		**05:40:37.10**	**05:40:40.80**	+01:02:14 (18.3%)	6:11	9.7 (81.5%)
23	**BŁĘDOWSKI Mariusz**	**6014**	AAC FORD AUTO STYL WŁOCŁAWEK	Master Mężczyzn	11	02:31:57	03:45:35	05:19:20		**05:40:28.40**	**05:40:43.80**	+01:02:17 (18.3%)	6:11	9.7 (81.5%)
24	**STEFANIUK Roman**	**6159**	GRUPA-BIEGACZY SKÓRZEC-BIEGA	Weteran Mężczyzn	3	02:28:11	03:45:36	05:18:56		**05:45:07.30**	**05:45:18.80**	+01:06:52 (19.4%)	6:16	9.6 (80.7%)
25	**FRYSIAK Artur**	**6044**		Weteran Mężczyzn	4		03:41:54	05:20:10		**05:46:06.85**	**05:46:18.55**	+01:07:51 (19.6%)	6:17	9.5 (79.8%)
26	**CHOŁOTA Marek**	**6023**	BIEGOWY ŚWIAT	Master Mężczyzn	12	02:34:42	03:50:44	05:28:19		**05:48:41.70**	**05:48:47.70**	+01:10:21 (20.2%)	6:20	9.5 (79.8%)
27	**POPIS Tomasz**	**6144**		Weteran Mężczyzn	5	02:26:16	03:43:52	05:24:47		**05:49:41.60**	**05:49:45.15**	+01:11:18 (20.4%)	6:21	9.4 (79.0%)
28	**SIEMIEŃCZUK Robert**	**6151**		Weteran Mężczyzn	6	02:39:00	03:53:13	05:27:06		**05:50:04.35**	**05:50:19.35**	+01:11:52 (20.5%)	6:21	9.4 (79.0%)
29	**STOLARSKI Maciej**	**6161**		Master Mężczyzn	13	02:27:36	03:50:04	05:29:14		**05:53:16.25**	**05:53:22.75**	+01:14:56 (21.2%)	6:25	9.3 (78.2%)
30	**WIELOCH Andrzej**	**6185**	ZRYW PARZYMIECHY	Weteran Mężczyzn	7	02:51:04	04:05:33	05:35:41		**05:58:23.50**	**05:58:52.15**	+01:20:25 (22.4%)	6:30	9.2 (77.3%)
31	**ORZEŁEK Przemek**	**6135**	ZRYW PARZYMIECHY	Master Mężczyzn	14	02:51:04	04:05:38	05:35:50		**05:58:24.30**	**05:58:52.40**	+01:20:25 (22.4%)	6:30	9.2 (77.3%)
32	**SOBCZAK Monika**	**6153**		Senior Kobiet	3	02:53:03	04:09:43	05:38:18		**05:59:44.10**	**05:59:56.55**	+01:21:29 (22.6%)	6:32	9.2 (77.3%)
33	**KAMIŃSKI Krzysztof**	**6074**	GĄBIN BIEGA	Master Mężczyzn	15	02:43:34	04:05:32	05:36:37		**06:00:06.40**	**06:00:09.50**	+01:21:42 (22.7%)	6:32	9.2 (77.3%)
34	**ZAJĄC Marcin**	**6200**	77CATS	Master Mężczyzn	16	02:37:35	04:04:03	05:38:16		**06:00:01.25**	**06:00:24.60**	+01:21:58 (22.7%)	6:32	9.2 (77.3%)
35	**URBAŃCZYK Darek**	**6179**		Master Mężczyzn	17	02:48:09	04:05:22	05:44:49		**06:07:20.90**	**06:07:48.30**	+01:29:21 (24.3%)	6:40	9 (75.6%)
36	**NOWAKOWSKI Izydor**	**6131**	#ADAMCZERWIŃSKITEAM	Master Mężczyzn	18	02:32:52	03:50:58	05:42:32		**06:07:46.55**	**06:07:54.55**	+01:29:27 (24.3%)	6:41	9 (75.6%)
37	**WRONA Magdalena**	**6195**		Senior Kobiet	4	02:49:17	04:10:10	05:43:13		**06:09:20.75**	**06:09:31.15**	+01:31:04 (24.6%)	6:42	8.9 (74.8%)
38	**WOJTUNIK Grzegorz**	**6191**		Master Mężczyzn	19	02:47:01	04:04:00	05:47:01		**06:13:17.70**	**06:13:39.60**	+01:35:13 (25.5%)	6:47	8.8 (73.9%)
39	**SZECHLECKI Krzysztof**	**6169**	BEUNSTOPPABLE	Weteran Mężczyzn	8	02:38:33	04:08:34	05:47:23		**06:13:26.50**	**06:14:02.30**	+01:35:35 (25.6%)	6:47	8.8 (73.9%)
40	**ADAMOWICZ Agnieszka**	**6002**	ZWOLEŃNICY BIEGANIA	Master Kobiet	3	02:52:16	04:15:00	05:52:42		**06:16:22.65**	**06:16:36.50**	+01:38:09 (26.1%)	6:50	8.8 (73.9%)
41	**MENDLA Agata**	**6120**	KS FORMA WODZISŁAW ŚLĄSKI	Master Kobiet	4	02:53:01	04:13:29	05:52:28		**06:16:43.30**	**06:16:56.05**	+01:38:29 (26.1%)	6:50	8.8 (73.9%)
42	**BĄK Artur**	**6011**	FC PO 40TCE	Weteran Mężczyzn	9	02:48:57	04:07:11	05:49:24		**06:17:24.80**	**06:17:40.30**	+01:39:13 (26.3%)	6:51	8.7 (73.1%)

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43	**STELMACH Krzysztof**	**6160**		Weteran Mężczyzn	10	02:45:16	04:10:26	05:50:31		**06:17:50.80**	**06:18:08.30**	+01:39:41 (26.4%)	6:52	8.7 (73.1%)
44	**DUDEK Paweł**	**6038**	RUCH IZBICA	Master Mężczyzn	20	02:47:05	04:07:38	05:51:45		**06:20:19.80**	**06:20:25.65**	+01:41:59 (26.8%)	6:54	8.7 (73.1%)
45	**KARAŚ Kamil**	**6076**	ULTRINO AMATEUR	Master Mężczyzn	21	02:53:09	04:13:16	05:53:26		**06:20:29.55**	**06:20:43.60**	+01:42:17 (26.9%)	6:55	8.7 (73.1%)
46	**KRZEMPEK Krzysztof**	**6098**	ULTRA BESKID SPORT	Weteran Mężczyzn	11	02:47:00	04:13:04	05:53:38		**06:21:18.60**	**06:21:27.05**	+01:43:00 (27.0%)	6:55	8.7 (73.1%)
47	**MAKARSKI Krzysztof**	**6110**	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	Master Mężczyzn	22	02:45:37	04:10:25	05:55:40		**06:21:57.25**	**06:22:01.40**	+01:43:34 (27.1%)	6:56	8.6 (72.3%)
48	**KUBACKA Marta**	**6100**	DRUŻYNA TVN	Master Kobiet	5	02:51:17	04:19:23	05:57:17		**06:21:54.65**	**06:22:06.55**	+01:43:39 (27.1%)	6:56	8.6 (72.3%)
49	**MICHALAK Katarzyna**	**6121**	ORANGE POLSKA	Master Kobiet	6	02:57:29	04:22:12	05:58:00		**06:23:00.45**	**06:23:13.40**	+01:44:46 (27.3%)	6:57	8.6 (72.3%)
50	**PALUCH Daniel**	**6138**		Master Mężczyzn	23	02:49:55	04:14:48	05:58:46		**06:24:29.15**	**06:24:51.70**	+01:46:25 (27.7%)	6:59	8.6 (72.3%)
51	**ZABDYR Marcin**	**6197**	KS PEGAZ	Weteran Mężczyzn	12	02:47:55	04:10:53	06:01:05		**06:28:29.50**	**06:28:40.90**	+01:50:14 (28.4%)	7:03	8.5 (71.4%)
52	**JARZYNKA Krzysztof**	**6067**	K2	Weteran Mężczyzn	13	02:48:33	04:13:29	06:01:11		**06:29:03.90**	**06:29:13.30**	+01:50:46 (28.5%)	7:04	8.5 (71.4%)
53	**JĘDRZEJCZYK Tomaszek**	**6071**	NAZWA GRUPY W TOKU	Master Mężczyzn	24	02:51:10	04:16:34	06:01:20		**06:29:06.90**	**06:29:27.20**	+01:51:00 (28.5%)	7:04	8.5 (71.4%)
54	**GADOMSKI Dariusz**	**6045**		Weteran Mężczyzn	14	02:50:49	04:19:00	06:03:03		**06:31:49.55**	**06:32:06.95**	+01:53:40 (29.0%)	7:07	8.4 (70.6%)
55	**FIGIEL Marek**	**6040**	F.C.PO40TCE	Weteran Mężczyzn	15	03:04:44		06:05:09		**06:32:22.35**	**06:32:39.05**	+01:54:12 (29.1%)	7:08	8.4 (70.6%)
56	**GAWROŃSKI Hubert**	**6048**	HUGO	Master Mężczyzn	25	02:51:45	04:13:13	06:01:55		**06:32:14.50**	**06:32:43.60**	+01:54:17 (29.1%)	7:07	8.4 (70.6%)
57	**SZABLAN Wioletta**	**6165**	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	Master Kobiet	7	02:57:30	04:21:35	06:06:16		**06:33:00.45**	**06:33:20.30**	+01:54:53 (29.2%)	7:08	8.4 (70.6%)
58	**ZAJĄC Józek**	**6199**	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	Weteran Mężczyzn	16	02:57:56	04:21:19	06:06:03		**06:32:59.60**	**06:33:20.60**	+01:54:54 (29.2%)	7:08	8.4 (70.6%)
59	**CIUBA Paweł**	**6027**	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	Weteran Mężczyzn	17	02:57:57	04:18:05	06:06:25		**06:33:03.45**	**06:33:22.30**	+01:54:55 (29.2%)	7:08	8.4 (70.6%)
60	**SZMAJDOWICZ Paweł**	**6171**	FACHDOM TEAM	Weteran Mężczyzn	18	02:52:01	04:18:24	06:08:59		**06:33:58.80**	**06:34:08.70**	+01:55:42 (29.4%)	7:09	8.4 (70.6%)
61	**KULKA Monika**	**6102**	RĄCZE GAZELE	Weteran Kobiet	1	02:52:05	04:18:24	06:08:51		**06:34:01.30**	**06:34:08.90**	+01:55:42 (29.4%)	7:09	8.4 (70.6%)
62	**NADOLSKI Michał**	**6129**		Master Mężczyzn	26	02:57:19	04:17:46	06:05:56		**06:34:22.75**	**06:34:54.85**	+01:56:28 (29.5%)	7:10	8.4 (70.6%)
63	**MARZEC Dariusz**	**6116**		Weteran Mężczyzn	19	02:40:09	04:07:27	06:11:22		**06:38:23.10**	**06:38:27.40**	+02:00:00 (30.1%)	7:14	8.3 (69.7%)
64	**MIERZWA Adam**	**6123**	-	Weteran Mężczyzn	20	03:03:31	04:34:05	06:17:44		**06:43:15.25**	**06:43:45.10**	+02:05:18 (31.0%)	7:19	8.2 (68.9%)
65	**JARZĄBEK Michał**	**6066**	MRUNNERS	Senior Mężczyzn	6	02:57:44	04:26:45	06:18:10		**06:44:11.25**	**06:44:41.85**	+02:06:15 (31.2%)	7:20	8.2 (68.9%)
66	**CIUBA Paweł**	**6028**	SPRÓCHNIALI HERKULESI	Senior Mężczyzn	7	02:48:50	04:34:44	06:21:06		**06:48:23.30**	**06:48:27.60**	+02:10:01 (31.8%)	7:25	8.1 (68.1%)
67	**FRAŃSKI Łukasz**	**6042**	NKB CHYŻY NOWY TOMYŚL	Master Mężczyzn	27	02:53:28	04:30:02	06:18:21		**06:48:56.50**	**06:49:01.80**	+02:10:35 (31.9%)	7:26	8.1 (68.1%)

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68	**WAWRZYNIAK Damian**	**6182**	AKTYWNI KAMIEŃSK	Master Mężczyzn	28	03:10:55	04:34:59	06:24:45		**06:53:45.45**	**06:54:10.50**	+02:15:43 (32.8%)	7:31	8 (67.2%)
69	**KOKOTEK Maciej**	**6087**	KITA TEAM HTF LUDWIK SIKORSKI	Master Mężczyzn	29	03:01:13	04:26:13	06:27:46		**06:56:57.35**	**06:57:13.30**	+02:18:46 (33.3%)	7:34	7.9 (66.4%)
70	**KURZAWSKI Marek**	**6104**		Weteran Mężczyzn	21	03:16:00	04:41:15	06:31:22		**06:58:01.40**	**06:58:11.40**	+02:19:44 (33.4%)	7:36	7.9 (66.4%)
71	**POROWSKI Lukasz**	**6145**		Senior Mężczyzn	8	02:55:45	04:25:22	06:24:23		**06:58:09.20**	**06:58:27.50**	+02:20:00 (33.5%)	7:36	7.9 (66.4%)
72	**KULIK Marcin**	**6101**	KAJTAMETA? T(E)AM	Master Mężczyzn	30	03:21:22	04:46:46	06:34:38		**07:01:12.90**	**07:01:35.30**	+02:23:08 (34.0%)	7:39	7.8 (65.5%)
73	**MATUSZAK Paweł**	**6117**	KAJTAMETA? T(E)AM	Master Mężczyzn	31	03:21:23	04:46:43	06:34:46		**07:01:14.30**	**07:01:36.70**	+02:23:10 (34.0%)	7:39	7.8 (65.5%)
74	**ARCISZEWSKI Michał**	**6006**	SPRÓCHNIALI HERKULESI	Master Mężczyzn	32	03:05:06	04:40:36	06:35:01		**07:05:12.75**	**07:05:17.65**	+02:26:51 (34.5%)	7:43	7.8 (65.5%)
75	**KOŚCIELNY Łukasz**	**6091**	FORMA WODZISŁAW ŚLĄSKI	Weteran Mężczyzn	22	03:11:23	04:45:41	06:39:22		**07:06:50.60**	**07:07:05.30**	+02:28:38 (34.8%)	7:45	7.7 (64.7%)
76	**KAMYSZ Robert**	**6075**		Weteran Mężczyzn	23	03:11:07	04:40:13	06:37:29		**07:07:41.45**	**07:07:57.85**	+02:29:31 (34.9%)	7:46	7.7 (64.7%)
77	**GOLI Leszek**	**6052**		Master Mężczyzn	33	03:06:29	04:42:27	06:40:54		**07:08:01.15**	**07:08:19.60**	+02:29:53 (35.0%)	7:46	7.7 (64.7%)
78	**RAK Mirosław**	**6148**	ULTRA BESKID SPORT	Senior Mężczyzn	9	02:50:57	04:34:21	06:29:47		**07:09:46.85**	**07:09:58.45**	+02:31:31 (35.2%)	7:48	7.7 (64.7%)
79	**PASZKO Stanisław**	**6139**	DINOZAUR Z ROZTOCZA	Dinozaur Mężczyzn	2	03:17:15	04:54:05	06:42:41		**07:10:17.45**	**07:10:47.70**	+02:32:21 (35.4%)	7:49	7.7 (64.7%)
80	**PRZEWŁOKA Wojciech**	**6146**	SAINT-GOBAIN SQUAD	Master Mężczyzn	34	03:12:42	04:50:17	06:43:23		**07:11:09.15**	**07:11:12.25**	+02:32:45 (35.4%)	7:50	7.7 (64.7%)
81	**MAŁKA Marta**	**6115**	TOMASZOWSKA GRUPA BIEGOWA	Senior Kobiet	5	03:01:16	04:31:16	06:35:48		**07:11:11.25**	**07:11:28.30**	+02:33:01 (35.5%)	7:50	7.7 (64.7%)
82	**WAGNER Tomasz**	**6180**	TOMASZOWSKA GRUPA BIEGOWA	Master Mężczyzn	35	02:53:14	04:22:36	06:35:53		**07:11:13.20**	**07:11:28.75**	+02:33:02 (35.5%)	7:50	7.7 (64.7%)
83	**DOMIŃCZYK Rafał**	**6035**	ULTRAS Z ŁAZ	Master Mężczyzn	36	03:22:49	05:04:28	06:45:27		**07:13:17.85**	**07:13:19.75**	+02:34:53 (35.7%)	7:52	7.6 (63.9%)
83	**BARAN Stanisław**	**6010**	SAINT-GOBAIN SQUAD	Weteran Mężczyzn	24	03:22:46	05:04:27	06:45:09		**07:13:16.30**	**07:13:19.75**	+02:34:53 (35.7%)	7:52	7.6 (63.9%)
85	**WRÓBLEWSKA Katarzyna**	**540**	GRUPA JURA PL	Master Kobiet	8	03:21:09	05:04:29	06:45:00		**07:13:17.10**	**07:13:20.05**	+02:34:53 (35.7%)	7:52	7.6 (63.9%)
86	**OSZYWA Damian**	**507**	DAMCZI RUN	Master Mężczyzn	37	02:59:41	04:42:20	06:44:50		**07:15:03.40**	**07:15:37.85**	+02:37:11 (36.1%)	7:54	7.6 (63.9%)
87	**KASPRZAK Ania**	**6078**		Master Kobiet	9	03:16:00	04:46:57	06:46:02		**07:16:16.80**	**07:16:27.60**	+02:38:01 (36.2%)	7:55	7.6 (63.9%)
88	**JEZIERSKI Jakub**	**6069**		Weteran Mężczyzn	25	03:15:29	04:39:46	06:45:31		**07:15:50.80**	**07:16:29.00**	+02:38:02 (36.2%)	7:55	7.6 (63.9%)
89	**KOCIOLEK Krzysztof**	**6086**	LUBRYKANT MAFIA	Master Mężczyzn	38	03:23:22	05:01:32	06:50:31		**07:18:02.90**	**07:18:27.95**	+02:40:01 (36.5%)	7:57	7.5 (63.0%)
90	**JAROSIŃSKI Łukasz**	**6065**	TAŃCZĄCE MUCHOMORKI	Master Mężczyzn	39	03:18:37	04:54:40	06:53:22		**07:18:02.05**	**07:18:34.85**	+02:40:08 (36.5%)	7:57	7.5 (63.0%)
91	**PODAWCA Łukasz**	**6143**	SZKOŁA PODOFICERSKA WOJSK LĄDOWYCH W POZNANIU	Master Mężczyzn	40	03:05:55	04:47:49	06:49:55		**07:18:17.80**	**07:18:39.10**	+02:40:12 (36.5%)	7:58	7.5 (63.0%)
92	**WOSZTYL Alicja**	**6192**		Senior Kobiet	6	03:05:54	04:47:50	06:49:48		**07:18:17.70**	**07:18:40.05**	+02:40:13 (36.5%)	7:58	7.5 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krasnobród 27km	Guciów 39km	Obrocz 49km	Kara/ bonifikata	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
93	**SZAFRAN Łukasz**	**6167**	ULTRINO AMATEUR	Master Mężczyzn	41	02:52:40	04:34:06	06:49:44		**07:20:30.75**	**07:20:44.70**	+02:42:18 (36.8%)	8:00	7.5 (63.0%)
94	**KĄDZIOŁKA Jan**	**6017**		Weteran Mężczyzn	26	03:26:21	05:00:31	06:51:04		**07:21:33.80**	**07:21:42.95**	+02:43:16 (37.0%)	8:01	7.5 (63.0%)
95	**ŚWIĘTONIOWSKA Justyna**	**6176**		Master Kobiet	10	03:21:07	04:59:55	06:59:20		**07:25:57.35**	**07:26:11.40**	+02:47:44 (37.6%)	8:06	7.4 (62.2%)
96	**JABŁOŃSKI Michał**	**6062**		Weteran Mężczyzn	27	03:18:45	04:57:30	06:58:49		**07:25:42.30**	**07:26:21.10**	+02:47:54 (37.6%)	8:06	7.4 (62.2%)
97	**GRZESIK Jolanta**	**6057**	TOMASZOWSKA GRUPA BIEGOWA	Weteran Kobiet	2	03:22:02	05:01:30	07:00:16		**07:27:55.40**	**07:28:11.95**	+02:49:45 (37.9%)	8:08	7.4 (62.2%)
98	**MAŁEK Paweł**	**6114**	NIEPOŁOMICE BIEGAJĄ	Weteran Mężczyzn	28	02:54:16	04:39:42	06:56:21		**07:28:38.70**	**07:28:49.20**	+02:50:22 (38.0%)	8:09	7.4 (62.2%)
99	**SZABLA Marcin**	**6164**	SAINT GOBAIN SQUAD	Master Mężczyzn	42	03:22:48	05:04:30	07:02:02		**07:30:03.00**	**07:30:05.70**	+02:51:39 (38.1%)	8:10	7.3 (61.3%)
100	**KORZENIOWSKI Łukasz**	**6090**	NAZWA GRUPY W TOKU	Master Mężczyzn	43	03:22:34	04:59:52	06:59:20		**07:30:17.45**	**07:30:35.40**	+02:52:08 (38.2%)	8:11	7.3 (61.3%)
101	**WICHTOWSKI Marek**	**6184**	WORKDAY	Master Mężczyzn	44	03:06:10	04:53:07	06:55:10		**07:30:23.45**	**07:30:47.50**	+02:52:20 (38.2%)	8:11	7.3 (61.3%)
102	**FRANKOWSKA Dorota**	**6041**		Weteran Kobiet	3	03:18:49	04:58:36	07:01:54		**07:31:48.55**	**07:32:09.15**	+02:53:42 (38.4%)	8:12	7.3 (61.3%)
103	**ZATORSKI Andrzej**	**545**		Dinozaur Mężczyzn	3	03:10:54	04:43:01	06:55:26		**07:32:02.05**	**07:32:29.00**	+02:54:02 (38.5%)	8:13	7.3 (61.3%)
104	**GŁÓWKA Alfred**	**6050**		Weteran Mężczyzn	29	03:04:39	04:57:33	07:01:27		**07:32:42.55**	**07:33:10.30**	+02:54:43 (38.6%)	8:13	7.3 (61.3%)
105	**HUNKIEWICZ Ewelina**	**6061**	MARKOWI BIEGACZE	Master Kobiet	11	03:23:44	05:07:29	07:01:55		**07:34:01.05**	**07:34:13.65**	+02:55:47 (38.7%)	8:15	7.3 (61.3%)
105	**LIPIŃSKA Katarzyna**	**6108**	MARKOWI BIEGACZE	Senior Kobiet	7	03:23:41	05:07:29	07:01:47		**07:34:00.60**	**07:34:13.65**	+02:55:47 (38.7%)	8:15	7.3 (61.3%)
107	**ZIELIŃSKI Tomasz**	**6204**	TETRYCY SCHRODINGERA	Weteran Mężczyzn	30	03:32:42	05:14:03	07:06:58		**07:37:14.05**	**07:37:39.10**	+02:59:12 (39.2%)	8:18	7.2 (60.5%)
108	**OLBRYCH Piotr**	**6133**		Weteran Mężczyzn	31	03:15:50	05:01:29	07:03:31		**07:37:55.00**	**07:38:14.35**	+02:59:47 (39.2%)	8:19	7.2 (60.5%)
109	**KENIG Jakub**	**6080**	TRAWERS KRZESZOWICE	Master Mężczyzn	45	03:26:56	05:10:33	07:08:33		**07:39:14.15**	**07:39:22.80**	+03:00:56 (39.4%)	8:20	7.2 (60.5%)
110	**HALASTRA Anna**	**6059**	TRAWERS KRZESZOWICE	Master Kobiet	12	03:26:54	05:10:30	07:08:39		**07:39:13.85**	**07:39:22.90**	+03:00:56 (39.4%)	8:20	7.2 (60.5%)
111	**KOBIERSKI Szymon**	**6085**		Weteran Mężczyzn	32	03:09:39	04:44:49	07:05:11		**07:39:15.30**	**07:39:24.10**	+03:00:57 (39.4%)	8:21	7.2 (60.5%)
112	**CZERNIACHOWSKI Artur**	**6031**	BIEGAMY DLA SIEBIE	Weteran Mężczyzn	33	03:38:25	05:11:24	07:06:43		**07:40:37.45**	**07:40:55.40**	+03:02:28 (39.6%)	8:22	7.2 (60.5%)
113	**BORKOWSKI Sebastian**	**6015**	STREET RUN RADOM	Master Mężczyzn	46	03:20:48	04:56:57	07:11:47		**07:45:19.05**	**07:45:24.45**	+03:06:57 (40.2%)	8:27	7.1 (59.7%)
114	**GAJĘCKA Marta**	**6047**	STREET RUN RADOM	Senior Kobiet	8	03:20:48	04:56:56	07:11:51		**07:45:19.30**	**07:45:24.70**	+03:06:58 (40.2%)	8:27	7.1 (59.7%)
115	**LADRA Ryszard**	**6107**	KKM KALORYFER	Master Mężczyzn	47	03:27:54	05:20:47	07:18:27		**07:46:19.80**	**07:46:30.30**	+03:08:03 (40.3%)	8:28	7.1 (59.7%)
116	**JEŻOWSKI Jacek**	**6070**	HEŃTEAM	Weteran Mężczyzn	34	03:43:47	05:17:27	07:23:17		**07:47:31.00**	**07:48:03.65**	+03:09:37 (40.5%)	8:30	7.1 (59.7%)
117	**MICHOWSKA Anna**	**6122**	HEŃTEAM	Master Kobiet	13	03:43:39	05:17:33	07:23:19		**07:48:28.90**	**07:49:02.05**	+03:10:35 (40.6%)	8:31	7 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krasnobród 27km	Guciów 39km	Obrocz 49km	Kara/ bonifikata	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
118	**WIĘCKOWSKA Beata**	**6186**		Weteran Kobiet	4	03:43:42	05:17:35	07:23:02		**07:48:26.70**	**07:49:02.10**	+03:10:35 (40.6%)	8:31	7 (58.8%)
119	**CZOCHARA Aneta**	**6032**	HEŃTEAM	Master Kobiet	14	03:44:03	05:17:23	07:22:59		**07:48:27.95**	**07:49:02.45**	+03:10:35 (40.6%)	8:31	7 (58.8%)
120	**ŚLIWA Konrad**	**6175**	HEŃTEAM	Master Mężczyzn	48	03:44:04	05:17:24	07:23:07		**07:48:28.15**	**07:49:02.70**	+03:10:36 (40.6%)	8:31	7 (58.8%)
121	**KOŁODZIEJ Jacek**	**6088**	COMPAÑEROS ASFALT TEAM	Weteran Mężczyzn	35	03:17:27	05:00:33	07:15:41		**07:50:32.30**	**07:50:40.20**	+03:12:13 (40.8%)	8:33	7 (58.8%)
122	**NIEZNAJ Beata**	**548**		Master Kobiet	15	03:26:18	05:20:39	07:22:56		**07:52:28.80**	**07:52:54.90**	+03:14:28 (41.1%)	8:35	7 (58.8%)
123	**JANUSZEWSKA Izabela**	**6064**	BIEGAM U KOLESI	Master Kobiet	16	03:31:15	05:20:50	07:22:53		**07:53:33.65**	**07:53:55.35**	+03:15:28 (41.2%)	8:36	7 (58.8%)
124	**SZYPROWSKI Jarek**	**6173**		Master Mężczyzn	49	03:05:18	04:50:33	07:20:42		**07:54:07.55**	**07:54:13.70**	+03:15:47 (41.3%)	8:37	7 (58.8%)
125	**NAKONIECZNY Jacek**	**6130**	SII RUNNING TEAM	Senior Mężczyzn	10	03:31:37	05:14:41	07:23:59		**07:54:57.55**	**07:55:23.55**	+03:16:56 (41.4%)	8:38	6.9 (58.0%)
126	**KOBIERSKI Radosław**	**6084**	TAŃCZĄCE MUCHOMORKI	Weteran Mężczyzn	36	03:25:23	05:11:28	07:22:38		**07:55:50.85**	**07:56:22.25**	+03:17:55 (41.5%)	8:39	6.9 (58.0%)
127	**KOWALSKI Waldemar**	**6093**		Master Mężczyzn	50	03:16:09	05:10:21	07:30:03		**07:58:56.05**	**07:59:07.75**	+03:20:41 (41.9%)	8:42	6.9 (58.0%)
128	**ŻUK Agata**	**6210**	HEŃTEAM	Master Kobiet	17	03:43:37	05:21:44	07:29:36		**07:59:38.55**	**08:00:12.40**	+03:21:45 (42.0%)	8:43	6.9 (58.0%)
128	**SZEWCZUK Joanna**	**6170**		Weteran Kobiet	5	03:43:44	05:21:44	07:29:32		**07:59:38.50**	**08:00:12.40**	+03:21:45 (42.0%)	8:43	6.9 (58.0%)
130	**ORŁOWSKI Przemek**	**6134**	HEŃTEAM	Master Mężczyzn	51	03:43:41	05:21:49	07:29:44		**07:59:38.70**	**08:00:13.50**	+03:21:46 (42.0%)	8:43	6.9 (58.0%)
131	**GOŁOFIT Aneta**	**6053**		Master Kobiet	18	03:39:47	05:26:01	07:30:50		**07:59:47.20**	**08:00:16.45**	+03:21:49 (42.0%)	8:43	6.9 (58.0%)
132	**BARAN Joanna**	**6009**		Master Kobiet	19	03:27:43	05:21:10	07:28:45		**08:03:53.90**	**08:04:30.35**	+03:26:03 (42.5%)	8:47	6.8 (57.1%)
133	**BARAN Roman**	**6008**		Master Mężczyzn	52	03:27:44	05:21:09	07:28:47		**08:03:54.25**	**08:04:31.30**	+03:26:04 (42.5%)	8:47	6.8 (57.1%)
134	**KIPPING Magdalena**	**6082**	ULTRA BESKID SPORT	Master Kobiet	20	03:37:48	05:24:41	07:37:06		**08:08:02.25**	**08:08:15.30**	+03:29:48 (43.0%)	8:52	6.8 (57.1%)
135	**CASTILLO-ŻARCZYŃSKI Luz**	**6021**	ULTRA BESKID SPORT	Weteran Kobiet	6	03:37:47	05:24:41	07:37:08		**08:10:46.35**	**08:11:02.65**	+03:32:36 (43.3%)	8:55	6.7 (56.3%)
136	**STAWSKA Anna**	**6158**		Master Kobiet	21	03:41:59	05:25:01	07:39:20		**08:11:02.55**	**08:11:28.35**	+03:33:01 (43.3%)	8:55	6.7 (56.3%)
137	**MAZUR Mateusz**	**6118**	ORANGE POLSKA	Senior Mężczyzn	11	03:44:01	05:31:10	07:37:27		**08:15:11.90**	**08:16:35.30**	+03:38:08 (43.9%)	9:00	6.7 (56.3%)
138	**ARMATYS Grzegorz**	**6007**	ORANGE POLSKA	Weteran Mężczyzn	37	03:44:22	05:31:29	07:37:40		**08:15:33.15**	**08:16:35.35**	+03:38:08 (43.9%)	9:00	6.7 (56.3%)
139	**JANIK Tomasz**	**6063**	ORANGE POLSKA	Weteran Mężczyzn	38	03:44:41	05:32:21	07:38:19		**08:15:52.65**	**08:16:35.85**	+03:38:09 (43.9%)	9:00	6.7 (56.3%)
139	**WYSOKIŃSKI Jerzy**	**6196**	ORANGE POLSKA	Weteran Mężczyzn	38	03:43:55	05:31:46	07:37:32		**08:15:09.05**	**08:16:35.85**	+03:38:09 (43.9%)	9:00	6.7 (56.3%)
141	**FRUCZ Jacek**	**6043**		Weteran Mężczyzn	40	03:38:27	05:28:55	07:43:12		**08:19:26.15**	**08:20:02.35**	+03:41:35 (44.3%)	9:04	6.6 (55.5%)
142	**ZAWALSKI Paweł**	**6201**	GO APTIV	Master Mężczyzn	53	03:27:59	05:21:01	07:42:55		**08:20:06.65**	**08:20:16.55**	+03:41:49 (44.3%)	9:05	6.6 (55.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krasnobród 27km	Guciów 39km	Obrocz 49km	Kara/ bonifikata	Czas netto 55km	Czas brutto 55km	Różn	Tempo min/km	Tempo km/h
143	**ŁUCZAK-POKÓJ Barbara**	**562**		Senior Kobiet	9	03:42:00	05:28:12	07:49:12		**08:24:36.85**	**08:24:57.60**	+03:46:31 (44.9%)	9:10	6.5 (54.6%)
144	**BRZEZIŃSKA Teresa**	**6018**	BPRT GLIWICE	Master Kobiet	22	03:43:58	05:39:09	07:55:32		**08:26:32.15**	**08:26:39.15**	+03:48:12 (45.0%)	9:12	6.5 (54.6%)
145	**ZDROJKOWSKI Ireneusz**	**6203**	BIEGIEM RADOM	Master Mężczyzn	54		05:37:56	07:55:11		**08:27:38.85**	**08:28:17.05**	+03:49:50 (45.2%)	9:13	6.5 (54.6%)
146	**ADAMUS Katarzyna**	**6003**	ULTRA BESKID SPORT	Master Kobiet	23	03:56:09	05:52:35	08:04:13		**08:36:53.65**	**08:37:07.65**	+03:58:41 (46.2%)	9:23	6.4 (53.8%)
147	**GAJDA Mateusz**	**6046**	SPRÓCHNIALI HERKULESI	Senior Mężczyzn	12	03:37:20	05:38:27	07:58:25		**08:37:17.65**	**08:37:23.35**	+03:58:56 (46.2%)	9:24	6.4 (53.8%)
148	**ZAWISZA Joanna**	**6202**	VEGERUNNERS	Weteran Kobiet	7	03:49:21	05:46:39	08:05:42		**08:37:23.35**	**08:37:47.60**	+03:59:21 (46.2%)	9:24	6.4 (53.8%)
149	**DRAPA Rafał**	**6036**		Master Mężczyzn	55	03:49:21	05:46:38	08:06:01		**08:37:24.20**	**08:37:48.00**	+03:59:21 (46.2%)	9:24	6.4 (53.8%)
150	**KRZEMPEK Bogusława**	**6097**	ULTRA BESKID SPORT	Weteran Kobiet	8	03:56:12	05:54:17	08:13:22		**08:48:11.15**	**08:48:26.55**	+04:09:59 (47.3%)	9:36	6.2 (52.1%)
151	**TYCZYŃSKA Małgorzata**	**6178**		Dinozaur Kobiet	1	03:56:06	05:57:40	08:26:17		**08:58:32.15**	**08:58:53.05**	+04:20:26 (48.3%)	9:47	6.1 (51.3%)
152	**ZAGÓRSKA Beata**	**555**		Master Kobiet	24	04:13:23	06:34:17	08:50:36		**09:27:22.60**	**09:27:46.05**	+04:49:19 (51.0%)	10:18	5.8 (48.7%)
153	**GUTOWSKA Urszula**	**6058**	NGB KŁOBUCK	Weteran Kobiet	9	04:08:30	06:24:22	09:00:54		**09:44:19.35**	**09:44:46.25**	+05:06:19 (52.4%)	10:37	5.6 (47.1%)
154	**WOŚKO Gabriela**	**6193**	STG WARSZAWA	Senior Kobiet	10	04:09:50	06:18:04			**09:46:25.00**	**09:46:44.65**	+05:08:18 (52.5%)	10:39	5.6 (47.1%)
155	**WALKOWIAK Jacek**	**6181**	BIEGAMY DLA SIEBIE	Weteran Mężczyzn	41	03:38:24	06:07:28	09:04:49		**09:46:31.65**	**09:46:50.40**	+05:08:23 (52.6%)	10:39	5.6 (47.1%)
	DUDA Michał	**650**		Weteran Mężczyzn		DNF	04:09:22 DNF	05:56:04 DNF		**DNF**	**DNF**		-	- (0.0%)
	JOZEFIAK Jakub	**6072**		Weteran Mężczyzn		03:03:50 DNF	DNF	06:31:04 DNF		**DNF**	**DNF**		-	- (0.0%)
	PABIAŃCZYK Małgorzata	**6136**		Master Kobiet		DNF	DNF	09:05:05 DNF		**DNF**	**DNF**		-	- (0.0%)
	SZCZABEL Krystian	**6168**		Senior Mężczyzn		03:02:00 DNF	DNF	DNF		**DNF**	**DNF**		-	- (0.0%)
	KĘDZIOR Michał	**6081**	DRUŻYNA SZPIKU	Senior Mężczyzn		03:02:46 DNF	DNF	DNF		**DNF**	**DNF**		-	- (0.0%)
	KRZYŻANOWSKI Łukasz	**6099**	HUTNIK RUN	Master Mężczyzn		DNF	DNF	DNF		**DNF**	**DNF**		-	- (0.0%)

Znaleziono 161 wynik(ów)