



VI HYUNDAI ULTRAMARATON BIESZCZADZKI - 26 KM

B4SPORT

Wydarzenie: Maraton Bieszczadzki 2018
Organizator: Fundacja Bieg Rzeźnika
Data: 2018-10-13
Miejsce: Cisna
Dystans: 26 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|---|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 1 | NOWOCIN Radosław | 1214 | | M20 | 1 | 00:55:59 | 02:11:05.90 | 02:11:35.30 | | 5:02 | 11.9 |
| 2 | STYCZEŃ Piotr | 1192 | CKBABCIE/WOŹNIAKRUNNINGTEAM | M30 | 1 | 00:59:37 | 02:17:14.75 | 02:17:44.10 | +00:06:08 | 5:16 | 11.4 |
| 3 | DUDZIK Łukasz | 1291 | GÓRAL BIEGA | M30 | 2 | 01:03:15 | 02:26:47.35 | 02:27:17.15 | +00:15:41 | 5:38 | 10.6 |
| 4 | ADAMCZYK Przemysław | 1360 | ADIDAS RUNNERS WARSAW | M40 | 1 | 01:04:32 | 02:27:38.20 | 02:28:08.20 | +00:16:32 | 5:40 | 10.6 |
| 5 | MOTYKA Kamil | 1173 | JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ - KAMIL-BIEGA | M30 | 3 | 01:04:33 | 02:29:38.00 | 02:30:08.90 | +00:18:33 | 5:45 | 10.4 |
| 6 | PIELECKI Bartłomiej | 1371 | | M30 | 4 | 01:02:45 | 02:30:11.55 | 02:30:42.30 | +00:19:07 | 5:46 | 10.4 |
| 7 | ZIELAK Darek | 1344 | | M40 | 2 | 01:06:35 | 02:36:04.85 | 02:36:37.15 | +00:25:01 | 6:00 | 10 |
| 8 | LEMAŃSKI Damian | 1358 | | M20 | 2 | 01:06:58 | 02:37:49.10 | 02:38:20.75 | +00:26:45 | 6:04 | 9.9 |
| 9 | DELEKTA Dariusz | 1326 | DELNOVA | M30 | 5 | 01:09:36 | 02:39:32.20 | 02:40:04.35 | +00:28:29 | 6:08 | 9.8 |
| 10 | FLĄDRO Daniel | 1341 | | M40 | 3 | 01:07:21 | 02:42:15.00 | 02:42:44.10 | +00:31:08 | 6:14 | 9.6 |
| 11 | RUPIŃSKI Krzysztof | 1330 | TRAINING LAB | M20 | 3 | 01:10:46 | 02:43:16.55 | 02:43:50.10 | +00:32:14 | 6:16 | 9.6 |
| 12 | DELEKTA Jan | 1325 | DJ | M40 | 4 | 01:09:34 | 02:43:31.00 | 02:44:03.85 | +00:32:28 | 6:17 | 9.5 |
| 13 | TELEGA Maciej | 1230 | | M20 | 4 | 01:11:42 | 02:46:46.10 | 02:47:43.45 | +00:36:08 | 6:24 | 9.4 |
| 14 | JASTRZĄBEK Konrad | 1123 | EVERRUN | M30 | 6 | 01:14:11 | 02:49:38.80 | 02:50:12.00 | +00:38:36 | 6:31 | 9.2 |
| 15 | KOWALIK Ewelina | 1225 | FIZJOBIEGACZE SZCZECIN | K20 | 1 | 01:10:41 | 02:49:47.10 | 02:50:17.70 | +00:38:42 | 6:31 | 9.2 |
| 16 | RICHTER Marcin | 1108 | | M30 | 7 | 01:11:31 | 02:50:18.15 | 02:50:59.40 | +00:39:24 | 6:33 | 9.2 |
| 17 | BEKAS Marcin | 1375 | RUNONLINE.PL | M40 | 5 | 01:11:44 | 02:52:06.05 | 02:52:36.80 | +00:41:01 | 6:37 | 9.1 |
| 18 | WĘGRZYN Radosław | 1249 | | M20 | 5 | 01:10:36 | 02:53:01.25 | 02:54:03.35 | +00:42:28 | 6:39 | 9 |
| 19 | ADAMIAK Marcin | 1117 | EVERRUN | M40 | 6 | 01:12:51 | 02:54:06.70 | 02:54:39.60 | +00:43:04 | 6:41 | 9 |
| 20 | SZCZEPAŃSKI Marcin | 1116 | EVERRUN | M40 | 7 | 01:14:11 | 02:54:10.70 | 02:54:43.90 | +00:43:08 | 6:41 | 9 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|---------------------------------|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 21 | KOPEĆ Arkadiusz | 1335 | WOLBROM TEAM | M40 | 8 | 01:12:13 | 02:54:58.00 | 02:55:30.40 | +00:43:55 | 6:43 | 8.9 |
| 22 | CZERCHAWSKI Janusz | 1021 | | M40 | 9 | 01:12:58 | 02:56:25.75 | 02:57:05.55 | +00:45:30 | 6:47 | 8.8 |
| 23 | KOPEĆ Paweł | 1287 | RZESZOWSKIE GAZELE I GEPARDY | M30 | 8 | 01:11:24 | 02:56:40.40 | 02:57:12.35 | +00:45:37 | 6:47 | 8.8 |
| 24 | BURANDT Magdalena | 1345 | DRUŻYNA WILKA/3 LIFE TEAM | K30 | 1 | 01:14:43 | 02:59:34.85 | 03:00:13.60 | +00:48:38 | 6:54 | 8.7 |
| 25 | JASIŃSKI Michał | 1156 | | M30 | 9 | 01:13:33 | 02:59:42.15 | 03:00:15.20 | +00:48:39 | 6:54 | 8.7 |
| 26 | KUCZKOWSKI Krzysztof | 1161 | TRAINING LAB | M30 | 10 | 01:14:43 | 02:59:43.15 | 03:00:18.30 | +00:48:43 | 6:54 | 8.7 |
| 27 | TOKARZ Adrian | 1241 | DZIKIE MUSTANGI | M30 | 11 | 01:13:55 | 03:01:53.85 | 03:02:48.35 | +00:51:13 | 6:59 | 8.6 |
| 28 | WOŹNIAK Grzegorz | 1248 | | M30 | 12 | 01:15:58 | 03:02:48.15 | 03:03:26.20 | +00:51:50 | 7:01 | 8.5 |
| 29 | SURDAKCI Mateusz | 1054 | | M30 | 13 | 01:15:16 | 03:03:46.20 | 03:04:28.55 | +00:52:53 | 7:04 | 8.5 |
| 30 | KLAPPHOLZ Adriana | 209 | BIEGIEM PRZEZ CHYBIE | K40 | 1 | 01:19:59 | 03:05:11.15 | 03:05:43.10 | +00:54:07 | 7:07 | 8.4 |
| 31 | LISTOPAD Dariusz | 1215 | NOVEMBEREER RUNNING TEAM | M40 | 10 | 01:12:05 | 03:05:50.05 | 03:06:20.55 | +00:54:45 | 7:08 | 8.4 |
| 32 | KORCZYK Jakub | 1197 | | M30 | 14 | 01:17:34 | 03:06:07.70 | 03:06:40.65 | +00:55:05 | 7:09 | 8.4 |
| 33 | WRĘCZYCKI Mirosław | 1239 | CIDRY LOTAJOM | M50 | 1 | 01:20:08 | 03:06:02.70 | 03:06:44.50 | +00:55:09 | 7:09 | 8.4 |
| 34 | JAGODZIŃSKI Robert | 1092 | JAGODA TEAM | M40 | 11 | 01:20:00 | 03:06:32.20 | 03:07:10.35 | +00:55:35 | 7:10 | 8.4 |
| 35 | POLIŃSKI Robert | 1160 | TRAINING LAB | M30 | 15 | 01:21:36 | 03:06:49.65 | 03:07:23.45 | +00:55:48 | 7:11 | 8.3 |
| 36 | GŁUSZKO Przemysław | 1315 | SOLINA TEAM | M30 | 16 | 01:10:54 | 03:07:28.50 | 03:07:59.25 | +00:56:23 | 7:12 | 8.3 |
| 37 | BERTINO Francesco | 1245 | CAZZO CLUB RUNNING TEAM | M20 | 6 | 01:18:15 | 03:08:09.80 | 03:08:40.55 | +00:57:05 | 7:14 | 8.3 |
| 38 | STRAŚ Jarosław | 1372 | | M30 | 17 | 01:25:13 | 03:08:05.20 | 03:08:52.45 | +00:57:17 | 7:14 | 8.3 |
| 39 | KAŻMIERCZAK Bartłomiej | 1218 | | M30 | 18 | 01:20:56 | 03:09:50.05 | 03:10:23.85 | +00:58:48 | 7:18 | 8.2 |
| 40 | ZASINA Sebastian | 1181 | RUBEZAHL TEAM | M30 | 19 | 01:17:24 | 03:11:51.60 | 03:12:23.75 | +01:00:48 | 7:22 | 8.1 |
| 41 | TARNOWSKI Mieczysław | 1128 | | M30 | 20 | 01:16:57 | 03:12:08.35 | 03:12:39.90 | +01:01:04 | 7:23 | 8.1 |
| 42 | SIERPIŃSKI Mateusz | 1151 | TRAINING LAB | M30 | 21 | 01:20:22 | 03:11:44.90 | 03:12:40.40 | +01:01:05 | 7:22 | 8.1 |
| 43 | WOŁOSZYN Piotr | 1278 | | M30 | 22 | 01:20:04 | 03:12:14.70 | 03:12:53.50 | +01:01:18 | 7:23 | 8.1 |
| 44 | MAKARSKI Krzysztof | 1179 | JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ | M30 | 23 | 01:19:04 | 03:12:28.90 | 03:13:00.25 | +01:01:24 | 7:24 | 8.1 |
| 45 | PRZYBYŁOWICZ Ramona | 1135 | | K30 | 2 | 01:20:23 | 03:12:29.15 | 03:13:00.40 | +01:01:25 | 7:24 | 8.1 |
| 46 | ŚWIĄDER Jerzy | 1083 | | M40 | 12 | 01:18:37 | 03:12:35.60 | 03:13:19.40 | +01:01:44 | 7:24 | 8.1 |
| 47 | GOŁASZEWSKA Karolina | 1318 | WARSZTAT FORMY | K30 | 3 | 01:23:06 | 03:13:09.55 | 03:13:54.50 | +01:02:19 | 7:25 | 8.1 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|-------------|--|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 48 | PRZYBYŁOWICZ Marek | 1136 | | M40 | 13 | 01:20:23 | 03:13:31.95 | 03:14:03.05 | +01:02:27 | 7:26 | 8.1 |
| 49 | BAJOR Michał | 1336 | | M30 | 24 | 01:19:58 | 03:13:51.05 | 03:14:40.35 | +01:03:05 | 7:27 | 8 |
| 50 | KRASUSKI Mirosław | 1319 | 1966 | M50 | 2 | 01:19:42 | 03:14:19.60 | 03:14:50.65 | +01:03:15 | 7:28 | 8 |
| 51 | KACZMAREK Mateusz | 1058 | TEAM BARDZO | M20 | 7 | 01:17:16 | 03:14:07.25 | 03:15:07.55 | +01:03:32 | 7:27 | 8 |
| 52 | MAŁKIEWICZ Michał | 1299 | OSZŹW MIŃSK MAZ./KS ZIELONO-CZARNI | M20 | 8 | 01:18:53 | 03:14:48.35 | 03:15:18.60 | +01:03:43 | 7:29 | 8 |
| 53 | IZDEBSKI Paweł | 1357 | | M30 | 25 | 01:42:02 | 03:15:20.20 | 03:15:52.80 | +01:04:17 | 7:30 | 8 |
| 54 | PECA Dariusz | 1369 | BIAŁYBÓR TEAM | M30 | 26 | 01:19:03 | 03:16:02.55 | 03:16:34.40 | +01:04:59 | 7:32 | 8 |
| 55 | MAZURKIEWICZ Bartłomiej | 1176 | ZAPOROWY MARATON TEAM | M20 | 9 | 01:18:37 | 03:16:02.85 | 03:16:42.85 | +01:05:07 | 7:32 | 8 |
| 56 | GĄSIENICA Jakub | 1232 | | M30 | 27 | 01:18:32 | 03:16:13.00 | 03:16:53.55 | +01:05:18 | 7:32 | 8 |
| 57 | WOJTANOWSKA Karolina | 1363 | DREAM CHASER TEAM | K20 | 2 | 01:20:32 | 03:17:46.85 | 03:18:16.05 | +01:06:40 | 7:36 | 7.9 |
| 58 | SZCZEPANEK Sylwester | 1276 | BOBOWSKA GRUPA BIEGOEA | M30 | 28 | 01:25:58 | 03:17:57.05 | 03:19:02.35 | +01:07:27 | 7:36 | 7.9 |
| 59 | NOWAKOWSKI Wojciech | 1237 | | M30 | 29 | 01:23:21 | 03:18:26.20 | 03:19:06.50 | +01:07:31 | 7:37 | 7.9 |
| 60 | WRÓBLEWSKI Adrian | 1322 | 3ATHLETE.PL | M30 | 30 | 01:23:26 | 03:20:06.95 | 03:21:06.25 | +01:09:30 | 7:41 | 7.8 |
| 61 | BANY Marek | 1203 | | M40 | 14 | 01:24:24 | 03:20:42.65 | 03:21:22.40 | +01:09:47 | 7:43 | 7.8 |
| 62 | PRUSKI Zbigniew | 1253 | | M40 | 15 | 01:17:07 | 03:21:06.50 | 03:21:40.60 | +01:10:05 | 7:44 | 7.8 |
| 63 | PINKOWSKI Dariusz | 1043 | PKP LUBLINIEC , CALESTHENICA LUBLINIEC | M40 | 16 | 01:17:08 | 03:21:06.50 | 03:21:40.90 | +01:10:05 | 7:44 | 7.8 |
| 64 | BARTOSIK Marek | 1320 | BEAUTYSPORT.PL | M40 | 17 | 01:23:16 | 03:21:08.90 | 03:21:42.60 | +01:10:07 | 7:44 | 7.8 |
| 65 | NOWAKOWSKI Arkadiusz | 1097 | TRIATHLON SIEDLCE CLUB | M30 | 31 | 01:19:42 | 03:21:11.45 | 03:21:43.40 | +01:10:08 | 7:44 | 7.8 |
| 66 | DĄBROWSKI Maciej | 1275 | | M30 | 32 | 01:33:30 | 03:21:03.85 | 03:22:00.30 | +01:10:25 | 7:44 | 7.8 |
| 67 | PORĘBSKI Łukasz | 226 | STOWARZYSZENIE PROSHARE CYCLING TEAM | M30 | 33 | 01:22:39 | 03:20:54.70 | 03:22:03.25 | +01:10:27 | 7:43 | 7.8 |
| 68 | SZTUBA Robert | 1368 | | M30 | 34 | 01:20:45 | 03:21:35.45 | 03:22:08.15 | +01:10:32 | 7:45 | 7.7 |
| 69 | ZIÓŁKOWSKI Krzysztof | 1346 | | M30 | 35 | 01:29:10 | 03:22:03.80 | 03:23:00.90 | +01:11:25 | 7:46 | 7.7 |
| 70 | ŻEBRAKOWSKA Katarzyna | 1323 | ULTRAMARATONPODKARPACKI.PL | K40 | 2 | 01:30:18 | 03:22:31.45 | 03:23:07.70 | +01:11:32 | 7:47 | 7.7 |
| 71 | ZEBRAKOWSKI Grzegorz | 1328 | WARSZTAT RUCHU KATARZYNA ŻEBRAKOWSKA | M40 | 18 | 01:30:18 | 03:22:30.25 | 03:23:08.00 | +01:11:32 | 7:47 | 7.7 |
| 72 | PODBIELSKI Krystian | 1187 | ROCHE RUNNERS | M40 | 19 | | 03:23:09.00 | 03:23:09.00 | +01:11:33 | 7:48 | 7.7 |
| 73 | SZADŁOWSKI Dariusz | 1062 | DRIM TIM | M40 | 20 | 01:24:14 | 03:22:44.50 | 03:23:36.35 | +01:12:01 | 7:47 | 7.7 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|------------------------------|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 74 | KRASOWSKI Łukasz | 1050 | | M30 | 36 | 01:24:20 | 03:23:01.50 | 03:23:42.65 | +01:12:07 | 7:48 | 7.7 |
| 75 | PARTYKA Sebastian | 1076 | | M30 | 37 | 01:23:50 | 03:23:43.75 | 03:24:16.70 | +01:12:41 | 7:50 | 7.7 |
| 76 | SZYBKOWSKI Marcin | 1074 | | M30 | 38 | 01:23:47 | 03:24:03.80 | 03:24:37.30 | +01:13:02 | 7:50 | 7.6 |
| 77 | SADZIK Dariusz | 1281 | GRUPALUKTRANS.PL | M30 | 39 | 01:29:20 | 03:23:33.35 | 03:24:39.70 | +01:13:04 | 7:49 | 7.7 |
| 78 | SKRZESZEWSKI Henryk P. | 1247 | FARTLEK GO | M40 | 21 | 01:23:40 | 03:24:35.05 | 03:25:07.50 | +01:13:32 | 7:52 | 7.6 |
| 79 | IDZIOR Tomasz | 1086 | | M20 | 10 | 01:24:25 | 03:24:46.15 | 03:25:34.20 | +01:13:58 | 7:52 | 7.6 |
| 80 | SZYBIAK Joanna | 1236 | | K40 | 3 | 01:23:50 | 03:25:06.05 | 03:25:41.20 | +01:14:05 | 7:53 | 7.6 |
| 81 | FRIDRICH Marcin | 1158 | TRAINING LAB | M20 | 11 | 01:21:37 | 03:25:41.85 | 03:26:15.70 | +01:14:40 | 7:54 | 7.6 |
| 82 | MORAWIEC Daniel | 1349 | BEAUTYSPORT.PL | M40 | 22 | 01:26:57 | 03:26:14.40 | 03:26:49.40 | +01:15:14 | 7:55 | 7.6 |
| 83 | RAPACZ Marcin | 1056 | FUNDACJA TYLKO BIESZCZADY | M50 | 3 | 01:23:47 | 03:27:07.10 | 03:27:42.60 | +01:16:07 | 7:57 | 7.5 |
| 84 | ŁUCJANEK Andrzej | 1188 | | M30 | 40 | | 03:27:50.00 | 03:27:50.00 | +01:16:14 | 7:59 | 7.5 |
| 85 | CZARNACKA Karolina | 1126 | | K30 | 4 | 01:30:34 | 03:27:24.05 | 03:28:09.30 | +01:16:34 | 7:58 | 7.5 |
| 86 | GRENDA Jarek | 1178 | | M40 | 23 | 01:21:35 | 03:28:08.95 | 03:28:49.35 | +01:17:14 | 8:00 | 7.5 |
| 87 | GUJSKI Marcin | 1175 | TRIPAKA | M30 | 41 | 01:32:27 | 03:28:17.90 | 03:28:55.35 | +01:17:20 | 8:00 | 7.5 |
| 88 | GRONCZEWSKI Artur | 1211 | FMW RUNNERS | M40 | 24 | 01:21:01 | 03:28:40.05 | 03:29:13.35 | +01:17:38 | 8:01 | 7.5 |
| 89 | MŁYNARCZYK Tatiana | 1072 | HUSARIA RACE TEAM | K30 | 5 | 01:25:05 | 03:29:12.00 | 03:29:53.25 | +01:18:17 | 8:02 | 7.5 |
| 90 | WICZKOWSKI Gabriel | 1071 | ANWIL TEAM | M50 | 4 | 01:29:41 | 03:32:03.70 | 03:32:51.85 | +01:21:16 | 8:09 | 7.4 |
| 91 | ŁASTOWIECKI Radosław | 1250 | KS BARAKUDA MIŃSK MAZOWIECKI | M40 | 25 | 01:26:33 | 03:32:33.45 | 03:33:19.65 | +01:21:44 | 8:10 | 7.3 |
| 92 | KRASOWSKI Mateusz | 1052 | | M30 | 42 | 01:24:28 | 03:32:50.20 | 03:33:31.35 | +01:21:56 | 8:11 | 7.3 |
| 93 | PORZUCZEK Bartosz | 1068 | | M30 | 43 | 01:12:34 | 03:33:05.40 | 03:33:51.15 | +01:22:15 | 8:11 | 7.3 |
| 94 | POKRYWKA Stefan | 1366 | | M60 | 1 | 01:28:14 | 03:33:06.45 | 03:34:05.00 | +01:22:29 | 8:11 | 7.3 |
| 95 | DOŁŻYŃSKI Krzysztof | 1147 | LATAJĄCE KLAPKI KUBOTA | M30 | 44 | 01:33:49 | 03:33:26.45 | 03:34:18.05 | +01:22:42 | 8:12 | 7.3 |
| 96 | SZYBISTY Grzegorz | 1207 | KROSNO GLASS RUNING TEAM | M40 | 26 | 01:27:08 | 03:33:58.40 | 03:34:40.80 | +01:23:05 | 8:13 | 7.3 |
| 97 | HYDZIK Łukasz | 1030 | LIDER SANOK | M40 | 27 | 01:27:07 | 03:34:17.90 | 03:34:54.80 | +01:23:19 | 8:14 | 7.3 |
| 98 | RADOMIŃSKI Tomasz | 1251 | KS BARAKUDA MIŃSK MAZOWIECKI | M40 | 28 | 01:26:34 | 03:34:24.30 | 03:35:11.10 | +01:23:35 | 8:14 | 7.3 |
| 99 | JASTRZĄBEK Agnieszka | 1111 | EVERRUN | K30 | 6 | 01:28:21 | 03:34:29.45 | 03:35:13.40 | +01:23:38 | 8:15 | 7.3 |
| 100 | JABŁOŃSKI Karol | 1297 | KS ZIELONO - CZARNI | M30 | 45 | | 03:35:15.00 | 03:35:15.00 | +01:23:39 | 8:16 | 7.2 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|--------------------------------------|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 101 | SKARŻYŃSKI Marek | 1309 | TRIATHLON LUBLIN TEAM | M40 | 29 | 01:25:05 | 03:34:46.80 | 03:35:32.35 | +01:23:57 | 8:15 | 7.3 |
| 102 | GRANDA Paweł | 1378 | 21 DAPLOT | M30 | 46 | 01:24:50 | 03:34:47.00 | 03:35:33.15 | +01:23:57 | 8:15 | 7.3 |
| 103 | MATUSIK-SKALSKA Renata | 1303 | ŻUKI W BŁOCIE | K40 | 4 | 01:29:05 | 03:34:55.50 | 03:35:49.15 | +01:24:13 | 8:16 | 7.3 |
| 104 | SKALSKI Jarosław | 1302 | | M40 | 30 | 01:29:06 | 03:34:56.05 | 03:35:49.45 | +01:24:14 | 8:16 | 7.3 |
| 105 | KOWALSKI Łukasz | 1316 | | M30 | 47 | 01:25:59 | 03:35:50.45 | 03:36:31.35 | +01:24:56 | 8:18 | 7.2 |
| 106 | SKONECZNA Magdalena | 1075 | | K30 | 7 | 01:32:20 | 03:36:11.35 | 03:37:13.05 | +01:25:37 | 8:18 | 7.2 |
| 107 | GRĘBOWSKI Sebastian | 1098 | UKS START | M40 | 31 | 01:21:49 | 03:36:38.75 | 03:37:18.55 | +01:25:43 | 8:19 | 7.2 |
| 108 | MURAWSKI Michał | 1384 | | M40 | 32 | 01:35:34 | 03:36:27.25 | 03:37:25.20 | +01:25:49 | 8:19 | 7.2 |
| 109 | RYSIAWA Marek | 1347 | | M40 | 33 | 01:28:15 | 03:36:48.00 | 03:37:26.40 | +01:25:51 | 8:20 | 7.2 |
| 110 | DULAK Anna | 1342 | ROBDOR | K40 | 5 | 01:35:29 | 03:37:03.10 | 03:37:41.25 | +01:26:05 | 8:20 | 7.2 |
| 111 | DUBIJ Albert | 1024 | BIAŁYSTOK BIEGA TEAM | M40 | 34 | 01:30:31 | 03:36:51.65 | 03:37:41.40 | +01:26:06 | 8:20 | 7.2 |
| 112 | URBAŚ Paweł | 1066 | | M40 | 35 | 01:30:35 | 03:36:55.10 | 03:37:42.05 | +01:26:06 | 8:20 | 7.2 |
| 113 | SKOWERA Edward | 1129 | PĘDZIWIATR BIAŁYSTOK | M60 | 2 | 01:30:28 | 03:36:56.25 | 03:37:44.25 | +01:26:08 | 8:20 | 7.2 |
| 114 | ZIĘBA Tomasz | 1332 | JACEKBIEGA RUNNING TEAM | M40 | 36 | 01:25:50 | 03:37:18.90 | 03:38:02.35 | +01:26:27 | 8:21 | 7.2 |
| 115 | RADYK Jakub | 1269 | PRZEMYSKI KLUB BIEGACZA | M30 | 48 | 01:24:29 | 03:37:45.95 | 03:38:28.45 | +01:26:53 | 8:22 | 7.2 |
| 116 | LEGUTKO Piotr | 1166 | | M30 | 49 | 01:30:34 | 03:37:56.45 | 03:38:37.75 | +01:27:02 | 8:22 | 7.2 |
| 117 | KĘDZIOŁKA Łukasz | 1367 | | M20 | 12 | 01:31:11 | 03:37:54.90 | 03:38:47.80 | +01:27:12 | 8:22 | 7.2 |
| 118 | KURZYŃSKI Michał | 1049 | EFEKT GOMBAO | M30 | 50 | 01:21:20 | 03:38:29.50 | 03:39:03.10 | +01:27:27 | 8:24 | 7.1 |
| 119 | FURMAGA Przemysław | 1018 | POWER TRAINING | M30 | 51 | 01:28:00 | 03:38:31.00 | 03:39:19.90 | +01:27:44 | 8:24 | 7.1 |
| 120 | SPRAWKA Marta | 1259 | CAZZO CLUB RUNNING TEAM | K20 | 3 | 01:33:43 | 03:38:37.90 | 03:39:20.00 | +01:27:44 | 8:24 | 7.1 |
| 121 | ŻYCHOWICZ Rafał | 1198 | ALD RUNNING TEAM | M30 | 52 | 01:30:08 | 03:39:25.10 | 03:40:11.25 | +01:28:35 | 8:26 | 7.1 |
| 122 | ŻARNICKI Kamil | 1061 | STAY INSANE / CROSSFIT Z16 | M30 | 53 | 01:30:56 | 03:40:14.85 | 03:40:56.90 | +01:29:21 | 8:28 | 7.1 |
| 123 | TUSZYŃSKA Karolina | 1038 | KS RYGLICE | K30 | 8 | 01:31:41 | 03:40:46.50 | 03:41:23.95 | +01:29:48 | 8:29 | 7.1 |
| 124 | MATOSZKA Arkadiusz | 1163 | TRAINING LAB | M30 | 54 | 01:26:48 | 03:42:05.35 | 03:42:39.45 | +01:31:04 | 8:32 | 7 |
| 125 | STYCZEŃ Ewelina | 1152 | CKBABCIE/WOŹNIAKRUNNINGTEAM | K30 | 9 | 01:34:53 | 03:42:00.75 | 03:42:47.70 | +01:31:12 | 8:32 | 7 |
| 126 | MAJEWSKI Sebastian | 1212 | ODROBINĘ BLIŻEJ NIEBA - MAJKI RUNNER | M30 | 55 | 01:22:57 | 03:42:12.95 | 03:42:56.30 | +01:31:21 | 8:32 | 7 |
| 127 | RZEPNIEWSKA Agata | 1262 | | K30 | 10 | 01:36:13 | 03:42:05.25 | 03:43:02.10 | +01:31:26 | 8:32 | 7 |
| 128 | KOZAK Filip | 1165 | | M40 | 37 | 01:24:21 | 03:42:40.35 | 03:43:16.30 | +01:31:41 | 8:33 | 7 |
| 129 | BITNER Krystian | 1172 | | M30 | 56 | 01:24:20 | 03:42:41.10 | 03:43:16.45 | +01:31:41 | 8:33 | 7 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|--------------------------------------|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 130 | KOSEK Dariusz | 1268 | 1966 | M50 | 5 | 01:25:50 | 03:43:09.95 | 03:44:03.95 | +01:32:28 | 8:34 | 7 |
| 131 | DYLEWSKI Paweł | 1317 | FIZJO-SPORT/ ŁĘCZNA BIEGA | M40 | 38 | 01:32:14 | 03:43:12.70 | 03:44:09.45 | +01:32:34 | 8:35 | 7 |
| 132 | GAJOS Anna | 1256 | LUBELSKIE STOWARZYSZENIE BIEGOWE | K40 | 6 | 01:30:57 | 03:43:50.20 | 03:44:35.95 | +01:33:00 | 8:36 | 7 |
| 133 | LACH Agnieszka | 1379 | AUUUUU | K40 | 7 | 01:34:23 | 03:43:56.45 | 03:44:59.60 | +01:33:24 | 8:36 | 7 |
| 134 | ZIELIŃSKA Iwona | 1118 | WKB MARATOŃCZYK WŁOCŁAWEK | K50 | 1 | 01:31:17 | 03:43:59.85 | 03:45:03.75 | +01:33:28 | 8:36 | 7 |
| 135 | DUTKIEWICZ Iwona | 1290 | | K40 | 8 | 01:34:33 | 03:44:31.50 | 03:45:23.20 | +01:33:47 | 8:38 | 6.9 |
| 136 | KRZYSZTOŃ Piotr | 444 | GMP LASY KRAŚNIK | M30 | 57 | 01:26:52 | 03:44:35.80 | 03:45:35.05 | +01:33:59 | 8:38 | 6.9 |
| 137 | WIŚNIEWSKA Bożena | 1180 | | K40 | 9 | 01:36:17 | 03:45:40.15 | 03:46:23.10 | +01:34:47 | 8:40 | 6.9 |
| 138 | MAŁEK Daren | 1205 | | M20 | 13 | 01:29:38 | 03:45:55.10 | 03:46:34.40 | +01:34:59 | 8:41 | 6.9 |
| 139 | SZCZUKA Krzysztof | 1258 | _____SEVEN SUMMITS | M30 | 58 | 01:36:09 | 03:45:49.45 | 03:46:40.20 | +01:35:04 | 8:41 | 6.9 |
| 140 | RZEPKOWSKA Mirosława | 1289 | | K30 | 11 | 01:32:42 | 03:46:26.10 | 03:47:15.85 | +01:35:40 | 8:42 | 6.9 |
| 141 | FRANUSIAK Marek | 1310 | | M20 | 14 | 01:40:04 | 03:47:26.25 | 03:47:26.25 | +01:35:50 | 8:44 | 6.9 |
| 142 | MACIOSZEK Katarzyna | 1170 | FLORKI | K30 | 12 | 01:36:17 | 03:46:30.40 | 03:47:31.80 | +01:35:56 | 8:42 | 6.9 |
| 143 | WARZYCHA Dawid | 1013 | PKP INTERCITY | M20 | 15 | 01:30:35 | 03:46:45.10 | 03:47:38.05 | +01:36:02 | 8:43 | 6.9 |
| 144 | MAJCHRZAK Joanna | 1162 | TRAINING LAB | K30 | 13 | 01:29:40 | 03:47:31.55 | 03:48:06.90 | +01:36:31 | 8:45 | 6.9 |
| 145 | PASZKO Stanisław | 1270 | BSK MIÓD KOZACKI BILGORAJ | M60 | 3 | 01:36:09 | 03:47:20.40 | 03:48:12.85 | +01:36:37 | 8:44 | 6.9 |
| 146 | GRALA-MAKA Wiesława | 1208 | STARGLOSS TEAM OSTROŁĘKA | K40 | 10 | 01:35:19 | 03:47:30.10 | 03:48:15.00 | +01:36:39 | 8:45 | 6.9 |
| 147 | ŻEBRAKOWSKI Marek | 1374 | WARSZTAT RUCHU KATARZYNA ŻEBRAKOWSKA | M50 | 6 | 01:37:31 | 03:47:58.85 | 03:48:35.70 | +01:37:00 | 8:46 | 6.8 |
| 148 | SZUBERT Agnieszka | 1131 | KOŁOBRZEG BIEGA | K30 | 14 | 01:36:24 | 03:47:58.90 | 03:48:43.60 | +01:37:08 | 8:46 | 6.8 |
| 149 | KŁOCEK Konrad | 1337 | | M30 | 59 | 01:28:57 | 03:47:59.15 | 03:48:59.55 | +01:37:24 | 8:46 | 6.8 |
| 150 | JABŁOŃSKA Dorota | 1191 | OUTDOOR TRAINING | K20 | 4 | 01:37:46 | 03:48:23.20 | 03:49:03.75 | +01:37:28 | 8:47 | 6.8 |
| 151 | BERNACKI Kamil | 1100 | OSTROBIEC | M40 | 39 | 01:40:18 | 03:48:23.75 | 03:49:14.50 | +01:37:39 | 8:47 | 6.8 |
| 152 | FRANKOWSKI Piotr | 1002 | | M40 | 40 | 01:30:19 | 03:48:31.30 | 03:49:19.75 | +01:37:44 | 8:47 | 6.8 |
| 153 | BAGIŃSKI Paweł | 1079 | | M40 | 41 | 01:34:57 | 03:48:33.25 | 03:49:20.35 | +01:37:45 | 8:47 | 6.8 |
| 154 | ORZOŁ Jacek | 280 | KB LENIWIEC ZĄBKI | M30 | 60 | 01:30:42 | 03:49:03.90 | 03:49:42.40 | +01:38:07 | 8:48 | 6.8 |
| 155 | WARZYCHA Krzysztof | 1012 | | M50 | 7 | 01:31:07 | 03:48:56.00 | 03:49:47.55 | +01:38:12 | 8:48 | 6.8 |
| 156 | ŻELEŚKIEWICZ Arkadiusz | 1096 | KB GEOTERMIA UNIEJÓW | M30 | 61 | 01:27:49 | 03:49:27.80 | 03:50:06.05 | +01:38:30 | 8:49 | 6.8 |
| 157 | TUREK Michal | 1174 | ROCHE RUNNERS | M30 | 62 | 01:34:08 | 03:49:48.70 | 03:50:23.70 | +01:38:48 | 8:50 | 6.8 |
| 158 | SEREDA Joanna | 1145 | ADIDAS RUNNERS WARSAW | K20 | 5 | 01:35:09 | 03:49:50.70 | 03:50:28.00 | +01:38:52 | 8:50 | 6.8 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|------------------------------|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 159 | GALUS Jacek | 1020 | | M40 | 42 | 01:38:49 | 03:49:43.20 | 03:50:37.40 | +01:39:02 | 8:50 | 6.8 |
| 160 | GŁUSZKO Justyna | 1314 | SOLINA TEAM | K30 | 15 | 01:34:57 | 03:50:06.40 | 03:50:37.75 | +01:39:02 | 8:51 | 6.8 |
| 161 | WAŚ Marek | 1377 | MARIAN BIEGA | M40 | 43 | 01:36:24 | 03:50:50.55 | 03:51:25.35 | +01:39:50 | 8:52 | 6.8 |
| 162 | ZDROJEWSKA Magdalena | 1228 | | K40 | 11 | 01:43:44 | 03:50:51.10 | 03:51:43.05 | +01:40:07 | 8:52 | 6.8 |
| 163 | SZTUBA Roman | 1370 | BIAŁYBÓR TEAM | M30 | 63 | 01:36:51 | 03:51:23.65 | 03:51:57.15 | +01:40:21 | 8:54 | 6.7 |
| 164 | MAJEWSKI Marek | 1154 | TRAINING LAB | M30 | 64 | 01:29:41 | 03:51:54.05 | 03:52:28.45 | +01:40:53 | 8:55 | 6.7 |
| 165 | WAŁACHOWSKA Urszula | 1095 | SOLINATEAM | K30 | 16 | 01:33:40 | 03:51:58.65 | 03:52:29.90 | +01:40:54 | 8:55 | 6.7 |
| 166 | JANKOWSKI Łukasz | 1261 | | M30 | 65 | 01:36:16 | 03:52:23.55 | 03:53:14.60 | +01:41:39 | 8:56 | 6.7 |
| 167 | DZIEDZINA Tomasz | 1361 | MUAY RUNNING TEAM | M40 | 44 | 01:32:23 | 03:52:56.85 | 03:53:33.25 | +01:41:57 | 8:57 | 6.7 |
| 168 | GMAJ Karolina | 1578 | | K30 | 17 | 01:33:39 | 03:52:51.05 | 03:53:35.55 | +01:42:00 | 8:57 | 6.7 |
| 169 | TROĆ Maria | 1308 | SKAWINA BIEGA | K20 | 6 | 01:30:06 | 03:53:19.20 | 03:53:55.45 | +01:42:20 | 8:58 | 6.7 |
| 170 | BARDAN Michał | 1199 | ALD RUNNING TEAM | M30 | 66 | 01:29:47 | 03:53:17.45 | 03:54:03.30 | +01:42:28 | 8:58 | 6.7 |
| 171 | BABINSKA Inga | 1104 | | K40 | 12 | 01:35:41 | 03:54:15.90 | 03:54:55.35 | +01:43:20 | 9:00 | 6.7 |
| 172 | KOŁACZ Piotr | 1194 | | M40 | 45 | 01:37:28 | 03:55:04.40 | 03:55:41.30 | +01:44:06 | 9:02 | 6.6 |
| 173 | BALCEWICZ Alfred | 1204 | | M20 | 16 | 01:36:00 | 03:54:49.90 | 03:55:45.80 | +01:44:10 | 9:01 | 6.6 |
| 174 | NIEDBAŁ Maja | 1141 | | K20 | 7 | 01:33:32 | 03:55:25.35 | 03:56:03.55 | +01:44:28 | 9:03 | 6.6 |
| 175 | NIEDBAŁ Magdalena | 1142 | | K20 | 8 | 01:33:31 | 03:55:25.80 | 03:56:04.50 | +01:44:29 | 9:03 | 6.6 |
| 176 | KACZMARSKI Wojciech | 1182 | ROCHE RUNNERS | M50 | 8 | 01:34:04 | 03:55:30.65 | 03:56:06.40 | +01:44:31 | 9:03 | 6.6 |
| 177 | SIDOR Jerzy | 1364 | | M60 | 4 | 01:34:53 | 03:55:36.30 | 03:56:17.75 | +01:44:42 | 9:03 | 6.6 |
| 178 | JAGODZIŃSKA Aleksandra | 1091 | JAGODA TEAM | K40 | 13 | 01:40:23 | 03:55:53.80 | 03:56:33.10 | +01:44:57 | 9:04 | 6.6 |
| 179 | CIUPA Tomasz | 1305 | LUBIĘ BIEGAĆ LENIWIE LBL | M40 | 46 | 01:39:30 | 03:55:55.90 | 03:56:48.50 | +01:45:13 | 9:04 | 6.6 |
| 180 | GRANDE Piotr | 1150 | BIGYELLOWFOOD ADVENTURE TEAM | M30 | 67 | 01:33:53 | 03:56:04.35 | 03:56:55.10 | +01:45:19 | 9:04 | 6.6 |
| 181 | PELCZAR Jakub | 1234 | | M30 | 68 | 01:36:16 | 03:57:10.40 | 03:57:49.00 | +01:46:13 | 9:07 | 6.6 |
| 182 | MAZGAJ Michał | 1327 | NOA | M30 | 69 | 01:33:41 | 03:57:05.50 | 03:57:50.90 | +01:46:15 | 9:07 | 6.6 |
| 183 | KOWALEWSKI Kasper | 1348 | | M20 | 17 | 01:29:45 | 03:57:36.95 | 03:58:16.55 | +01:46:41 | 9:08 | 6.6 |
| 184 | BENTKOWSKA Magdalena | 1257 | WKURW_TEAM | K30 | 18 | 01:32:30 | 03:57:37.60 | 03:58:16.65 | +01:46:41 | 9:08 | 6.6 |
| 185 | MAŃKOWSKI Wojciech | 1352 | TRAINING LAB | M30 | 70 | 01:37:25 | 03:59:05.10 | 03:59:40.10 | +01:48:04 | 9:11 | 6.5 |
| 186 | SZYMAŃSKI Mariusz | 1119 | MKB DREPTAK | M40 | 47 | 01:38:10 | 03:58:54.25 | 03:59:43.10 | +01:48:07 | 9:11 | 6.5 |
| 187 | GUDZ Beata | 1373 | INŻYNIERIA BIEGANIA | K30 | 19 | 01:43:33 | 03:59:04.40 | 03:59:54.85 | +01:48:19 | 9:11 | 6.5 |
| 188 | GÓRA Zbigniew | 1124 | WADOWICE | M40 | 48 | 01:35:21 | 03:59:22.10 | 03:59:55.15 | +01:48:19 | 9:12 | 6.5 |
| 189 | GOCYLA Dariusz | 1034 | 1966 | M50 | 9 | 01:35:45 | 03:59:26.05 | 04:00:20.05 | +01:48:44 | 9:12 | 6.5 |
| 190 | DOŁHUN Adam | 1354 | RUN PASJA BYDGOSZCX | M30 | 71 | 01:35:35 | 03:59:59.75 | 04:00:53.20 | +01:49:17 | 9:13 | 6.5 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|-----|--|-------------|--------------------------------------|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 191 | PERUZYNSKA-ZYCH Ilona | 1113 | | K40 | 14 | 01:39:42 | 04:00:18.00 | 04:01:03.80 | +01:49:28 | 9:14 | 6.5 |
| 192 | JASIŃSKI Mikołaj | 1333 | UKA WARSZAWA | M50 | 10 | 01:35:40 | 04:00:26.45 | 04:01:07.00 | +01:49:31 | 9:14 | 6.5 |
| 193 | SASAL Monika | 1055 | FUNDACJA TYLKO BIESZCZADY | K30 | 20 | 01:40:29 | 04:00:35.25 | 04:01:11.70 | +01:49:36 | 9:15 | 6.5 |
| 194 | MARCINEK Wojciech | 1210 | WARSZTAT RUCHU KATARZYNA ŻEBRAKOWSKA | M40 | 49 | 01:39:02 | 04:00:58.30 | 04:01:36.05 | +01:50:00 | 9:16 | 6.5 |
| 195 | PORSCH Arkadiusz | 1298 | | M40 | 50 | 01:44:12 | 04:01:30.25 | 04:02:27.90 | +01:50:52 | 9:17 | 6.5 |
| 196 | WINCZURA Leszek | 1355 | | M40 | 51 | 01:36:16 | 04:01:49.10 | 04:02:45.65 | +01:51:10 | 9:18 | 6.5 |
| 197 | ŻYŁKA Ireneusz | 1105 | BIEGACZ | M40 | 52 | 01:36:26 | 04:02:12.20 | 04:02:58.10 | +01:51:22 | 9:18 | 6.4 |
| 198 | PIĄTEK Dawid | 1159 | TRAINING LAB | M30 | 72 | 01:27:27 | 04:03:02.15 | 04:03:37.05 | +01:52:01 | 9:20 | 6.4 |
| 199 | DROSZCZ Krzysztof | 1307 | BIGYELLOWFOOT ADVENTURE TEAM | M30 | 73 | 01:35:22 | 04:02:48.45 | 04:03:37.85 | +01:52:02 | 9:20 | 6.4 |
| 200 | WĘGLIŃSKI Sebastian | 1265 | MKB DREPTAK | M30 | 74 | 01:38:49 | 04:04:16.80 | 04:05:06.40 | +01:53:31 | 9:23 | 6.4 |
| 201 | WĘGLIŃSKA Joanna | 1264 | MKB DREPTAK | K30 | 21 | 01:38:55 | 04:04:22.90 | 04:05:06.80 | +01:53:31 | 9:23 | 6.4 |
| 202 | ZEMŁA Piotr | 1053 | | M40 | 53 | 01:38:21 | 04:05:14.60 | 04:05:57.95 | +01:54:22 | 9:25 | 6.4 |
| 203 | PASIECZNA Małgorzata | 1059 | FARTLEK GO | K30 | 22 | 01:40:35 | 04:05:44.45 | 04:06:16.10 | +01:54:40 | 9:27 | 6.3 |
| 204 | DOMARADZKA-KASZUBOWICZ Wiktoria | 1120 | POZYTYWNIIE ZABIEGANI SANOK | K30 | 23 | 01:45:19 | 04:05:29.25 | 04:06:29.05 | +01:54:53 | 9:26 | 6.4 |
| 205 | WICZKOWSKI Dawid | 1084 | | M20 | 18 | 01:33:47 | 04:06:31.10 | 04:07:17.75 | +01:55:42 | 9:28 | 6.3 |
| 206 | BUCIORA Paweł | 1343 | | M30 | 75 | 01:34:36 | 04:06:41.25 | 04:07:19.50 | +01:55:44 | 9:29 | 6.3 |
| 207 | SZCZEPANIK Marek | 1240 | NATURECALLING.PL | M30 | 76 | 01:36:34 | 04:06:18.35 | 04:07:19.80 | +01:55:44 | 9:28 | 6.3 |
| 208 | ZYDEK Katarzyna | 1229 | DZIK KOMANDO | K20 | 9 | 01:32:32 | 04:07:56.25 | 04:08:38.50 | +01:57:03 | 9:32 | 6.3 |
| 208 | JAGODZIŃSKI Hubert | 1381 | DZIK COMANDO | M20 | 19 | 01:32:35 | 04:07:58.15 | 04:08:38.50 | +01:57:03 | 9:32 | 6.3 |
| 210 | KACZMAREK Łukasz | 1350 | DZIK KOMANDO | M30 | 77 | 01:32:33 | 04:07:56.95 | 04:08:38.70 | +01:57:03 | 9:32 | 6.3 |
| 211 | BOGDAŃSKI Bartosz | 1185 | DZIK KOMANDO | M30 | 78 | 01:32:33 | 04:07:58.00 | 04:08:38.90 | +01:57:03 | 9:32 | 6.3 |
| 212 | JANUSZKIEWICZ Wojciech | 1031 | | M40 | 54 | 01:37:24 | 04:07:50.85 | 04:08:41.15 | +01:57:05 | 9:31 | 6.3 |
| 213 | KOZIŃSKA Agata | 1242 | RUN PASJA | K20 | 10 | 01:40:12 | 04:07:55.55 | 04:08:47.90 | +01:57:12 | 9:32 | 6.3 |
| 214 | PRZYBYLSKI Marcin | 1220 | | M40 | 55 | 01:42:34 | 04:08:10.45 | 04:08:55.35 | +01:57:20 | 9:32 | 6.3 |
| 215 | FILIPIAK Magdalena | 1223 | OSP TARGOWO | K40 | 15 | 01:41:47 | 04:08:11.45 | 04:09:08.80 | +01:57:33 | 9:32 | 6.3 |
| 216 | KAZEK Sylwia | 1255 | | K30 | 24 | 01:37:19 | 04:08:33.15 | 04:09:12.95 | +01:57:37 | 9:33 | 6.3 |
| 217 | LULA Radosław | 1078 | | M40 | 56 | 01:34:55 | 04:08:39.85 | 04:09:27.40 | +01:57:52 | 9:33 | 6.3 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki | Czas netto | Czas brutto | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|--------------------------------------|-----------|------|------------|-------------|-------------|-----------|--------------|------------|
| | | | | | | 12km | 26km | 26km | | | |
| 218 | LUBAŃSKA Alicja | 1267 | ZS BUKOWICE | K50 | 2 | 01:35:15 | 04:09:23.85 | 04:10:00.40 | +01:58:25 | 9:35 | 6.3 |
| 219 | KĄCKI Piotr | 1032 | | M50 | 11 | 01:39:59 | 04:09:38.90 | 04:10:23.70 | +01:58:48 | 9:36 | 6.2 |
| 220 | GRUSZKA Karol | 1153 | TRAINING LAB | M30 | 79 | 01:39:56 | 04:09:50.45 | 04:10:26.40 | +01:58:51 | 9:36 | 6.2 |
| 221 | KULEC Anna | 1252 | | K20 | 11 | 01:35:17 | 04:09:27.65 | 04:10:29.45 | +01:58:54 | 9:35 | 6.3 |
| 222 | KAŁUŻNY Andrzej | 1037 | | M40 | 57 | 01:35:57 | 04:09:47.05 | 04:10:34.45 | +01:58:59 | 9:36 | 6.2 |
| 223 | WACŁAWEK Marta | 1284 | POWER TRAINING | K30 | 25 | 01:45:10 | 04:09:43.10 | 04:10:35.25 | +01:58:59 | 9:36 | 6.2 |
| 224 | SOSZYŃSKA Małgorzata | 1304 | 1962 | K50 | 3 | 01:45:48 | 04:10:01.60 | 04:10:51.40 | +01:59:16 | 9:37 | 6.2 |
| 225 | FILIPIAK Grzegorz | 1224 | OSP TARGOWO | M40 | 58 | 01:38:42 | 04:10:17.25 | 04:11:14.65 | +01:59:39 | 9:37 | 6.2 |
| 226 | MAZAN Przemysław | 1266 | | M40 | 59 | 01:43:18 | 04:10:30.30 | 04:11:30.40 | +01:59:55 | 9:38 | 6.2 |
| 227 | RUBAJ Adam | 1376 | KWIDZYN BIEGA | M40 | 60 | 01:36:26 | 04:11:11.65 | 04:11:49.15 | +02:00:13 | 9:39 | 6.2 |
| 228 | MAJSTEREK Paweł | 1283 | | M30 | 80 | 01:43:22 | 04:11:00.40 | 04:11:59.70 | +02:00:24 | 9:39 | 6.2 |
| 229 | RUPIŃSKI Maciej | 1331 | | M50 | 12 | 01:35:59 | 04:11:29.85 | 04:12:22.80 | +02:00:47 | 9:40 | 6.2 |
| 230 | LIS Arkadiusz | 1273 | NOGIZETRE | M30 | 81 | 01:52:04 | 04:11:32.70 | 04:12:33.60 | +02:00:58 | 9:40 | 6.2 |
| 231 | KRZYŻEWSKI Roger | 1103 | | M30 | 82 | 01:38:54 | 04:13:17.70 | 04:13:56.80 | +02:02:21 | 9:44 | 6.2 |
| 232 | MAJDA Dominika | 1121 | PGB SPROROWA PACZKA BIEGOWA | K20 | 12 | 01:40:32 | 04:14:08.65 | 04:14:08.65 | +02:02:33 | 9:46 | 6.1 |
| 233 | SOBOLEWSKI Grzegorz | 1144 | MASAKRA KLUB SPORTOWY | M30 | 83 | 01:44:05 | 04:13:36.35 | 04:14:43.25 | +02:03:07 | 9:45 | 6.2 |
| 234 | ARGIER Łukasz | 1621 | | M30 | 84 | 01:44:16 | 04:14:59.20 | 04:16:11.40 | +02:04:36 | 9:48 | 6.1 |
| 235 | PIĘTA Łukasz | 1243 | | M40 | 61 | 01:44:58 | 04:15:43.40 | 04:16:22.90 | +02:04:47 | 9:50 | 6.1 |
| 236 | SIUDA Anna | 1073 | NAMEDYCYNE SKLEP24 GMBH JP | K20 | 13 | 01:44:53 | 04:15:22.70 | 04:16:23.30 | +02:04:48 | 9:49 | 6.1 |
| 237 | JURCZAK Robert | 1334 | | M40 | 62 | 01:39:48 | 04:15:39.85 | 04:16:28.95 | +02:04:53 | 9:49 | 6.1 |
| 238 | JĘDRZEJEWSKA Agnieszka | 1026 | JAKOŚTOBĘDZIE | K30 | 26 | 01:44:29 | 04:15:41.80 | 04:16:31.90 | +02:04:56 | 9:50 | 6.1 |
| 239 | HORODYSKI Maciej | 1222 | WKB MARATOŃCZYK | M60 | 5 | 01:38:50 | 04:15:55.85 | 04:16:43.30 | +02:05:08 | 9:50 | 6.1 |
| 240 | ORLEWSKI Piotr | 1226 | WARSZTAT RUCHU KATARZYNA ŻEBRAKOWSKA | M50 | 13 | 01:40:07 | 04:16:07.25 | 04:16:45.15 | +02:05:09 | 9:51 | 6.1 |
| 241 | KRUCZEK Robert | 1221 | WARSZTAT RUCHU KATARZYNA ŻEBRAKOWSKA | M50 | 14 | 01:41:01 | 04:16:07.90 | 04:16:45.25 | +02:05:09 | 9:51 | 6.1 |
| 242 | KŁOPOT Grzegorz | 1048 | AKMB PĘDZIWIATR GLIWICE | M30 | 85 | 01:36:04 | 04:15:45.60 | 04:16:46.80 | +02:05:11 | 9:50 | 6.1 |
| 243 | PECYNA Dariusz | 1246 | METAL HEART | M40 | 63 | 01:49:51 | 04:16:08.25 | 04:17:03.15 | +02:05:27 | 9:51 | 6.1 |
| 244 | PAJĄK Krzysztof | 1140 | SPORTIVA GLIWICE | M50 | 15 | 01:39:40 | 04:16:34.20 | 04:17:08.80 | +02:05:33 | 9:52 | 6.1 |
| 245 | DOMARADZKA Ewa | 1005 | | K40 | 16 | 01:48:49 | 04:16:31.05 | 04:17:23.65 | +02:05:48 | 9:51 | 6.1 |
| 246 | GOSZCZYŃSKI Piotr | 1359 | | M40 | 64 | 01:40:29 | 04:16:41.05 | 04:17:49.10 | +02:06:13 | 9:52 | 6.1 |
| 247 | CIEZYNSKI Eryk | 1046 | EMAK | M40 | 65 | 01:34:57 | 04:17:11.00 | 04:18:02.60 | +02:06:27 | 9:53 | 6.1 |
| 248 | GONET Radosław | 1200 | GONET TEAM | M40 | 66 | 01:36:31 | 04:17:52.65 | 04:18:34.90 | +02:06:59 | 9:55 | 6 |
| 248 | GONET Grzegorz | 1202 | GONETTEAM | M40 | 67 | 01:36:46 | 04:17:51.85 | 04:18:34.90 | +02:06:59 | 9:55 | 6.1 |
| 250 | BALCER Marcin | 1190 | | M30 | 86 | 01:50:55 | 04:17:24.40 | 04:18:38.00 | +02:07:02 | 9:54 | 6.1 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|------------------------------|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 251 | MIELNICZEK Ewa | 1285 | | K40 | 17 | 01:47:32 | 04:18:00.20 | 04:18:38.90 | +02:07:03 | 9:55 | 6 |
| 252 | MIŁOSZ Bartłomiej | 1093 | KASZANKI | M50 | 16 | 01:41:55 | 04:17:42.30 | 04:18:40.40 | +02:07:05 | 9:54 | 6.1 |
| 253 | PIWOWARSKI Bartosz | 1077 | | M30 | 87 | 01:42:36 | 04:18:33.00 | 04:19:12.90 | +02:07:37 | 9:56 | 6 |
| 254 | WRÓBLEWSKA Dorota | 1051 | BZG | K50 | 4 | 01:46:26 | 04:18:13.60 | 04:19:14.00 | +02:07:38 | 9:55 | 6 |
| 255 | KRÓLIKOWSKA Emilia | 1339 | | K30 | 27 | 01:48:27 | 04:18:12.30 | 04:19:17.70 | +02:07:42 | 9:55 | 6 |
| 255 | LESZCZYŃSKA Kamila | 1340 | | K20 | 14 | 01:48:28 | 04:18:12.50 | 04:19:17.70 | +02:07:42 | 9:55 | 6 |
| 257 | KURKOWIAK Krzysztof | 1109 | WKURW_TEAM | M30 | 88 | 01:43:35 | 04:18:44.95 | 04:19:22.70 | +02:07:47 | 9:57 | 6 |
| 258 | PŁATEK Katarzyna | 1112 | WKURW_TEAM | K30 | 28 | 01:43:35 | 04:18:45.80 | 04:19:22.95 | +02:07:47 | 9:57 | 6 |
| 259 | KOŁACZ Liliana | 1311 | | K30 | 29 | 01:42:34 | 04:19:08.15 | 04:19:45.20 | +02:08:09 | 9:58 | 6 |
| 260 | KOŁACZ Tomasz | 1312 | | M30 | 89 | 01:42:37 | 04:19:07.80 | 04:19:45.35 | +02:08:10 | 9:58 | 6 |
| 261 | ZIELAK Aldona | 1383 | | K40 | 18 | 01:43:33 | 04:19:27.20 | 04:20:15.80 | +02:08:40 | 9:58 | 6 |
| 262 | KĘDRA Agnieszka | 1025 | PODKARPACKA SZKOŁA KRAV MAGA | K20 | 15 | 01:42:28 | 04:19:37.80 | 04:20:33.00 | +02:08:57 | 9:59 | 6 |
| 263 | LATAŁA Andrzej | 1294 | BIEGAJĄCY ŚWIDNIK | M40 | 68 | 01:40:01 | 04:19:36.20 | 04:20:34.75 | +02:08:59 | 9:59 | 6 |
| 264 | SUGIER Tomasz | 1365 | WKURW_TEAM | M30 | 90 | 01:42:10 | 04:21:53.90 | 04:22:38.55 | +02:11:03 | 10:04 | 6 |
| 265 | GANCARSKI Marcin | 1235 | NOWY STYL GROUP RUNNING TEAM | M30 | 91 | 01:46:54 | 04:24:20.80 | 04:25:09.95 | +02:13:34 | 10:10 | 5.9 |
| 266 | MATUSIAK Anna | 1035 | | K50 | 5 | 01:45:14 | 04:24:43.25 | 04:25:21.50 | +02:13:46 | 10:10 | 5.9 |
| 267 | LATOS Joanna | 1099 | | K40 | 19 | 01:48:57 | 04:25:16.85 | 04:26:05.20 | +02:14:29 | 10:12 | 5.9 |
| 268 | KAWKA Paweł | 1329 | | M30 | 92 | 01:41:57 | 04:25:20.40 | 04:26:28.75 | +02:14:53 | 10:12 | 5.9 |
| 269 | ADAMSKI Bartłomiej | 1148 | | M40 | 69 | 01:45:20 | 04:29:06.40 | 04:29:41.85 | +02:18:06 | 10:21 | 5.8 |
| 270 | URBANOWICZ Łukasz | 1149 | | M40 | 70 | 01:45:19 | 04:29:09.60 | 04:29:45.85 | +02:18:10 | 10:21 | 5.8 |
| 271 | KOTOMSKA Renata | 460 | FIGLARZE | K40 | 20 | 01:39:07 | 04:29:08.25 | 04:29:49.40 | +02:18:14 | 10:21 | 5.8 |
| 272 | BRATKO-SETKOWICZ Alina | 1107 | | K30 | 30 | 01:50:23 | 04:28:53.25 | 04:29:50.00 | +02:18:14 | 10:20 | 5.8 |
| 273 | CĘCELEWSKI Jarosław | 456 | FIGLARZE | M40 | 71 | 01:41:46 | 04:29:09.20 | 04:29:50.05 | +02:18:14 | 10:21 | 5.8 |
| 274 | BEDNAREK Grażyna | 1206 | RUN PASJA | K40 | 21 | 01:51:45 | 04:29:13.80 | 04:30:07.80 | +02:18:32 | 10:21 | 5.8 |
| 275 | HYZIAK Jakub | 1216 | FHU HYZIAK | M40 | 72 | 01:49:47 | 04:29:17.95 | 04:30:13.45 | +02:18:38 | 10:21 | 5.8 |
| 276 | HYZIAK Joanna | 1217 | FHU HYZIAK | K40 | 22 | 01:49:47 | 04:29:16.55 | 04:30:13.60 | +02:18:38 | 10:21 | 5.8 |
| 277 | WALOSZEK Marcin | 1069 | DZIKIE MUSTANGI | M30 | 93 | 01:32:14 | 04:31:54.50 | 04:32:51.05 | +02:21:15 | 10:27 | 5.7 |
| 278 | FOTYGA Agnieszka | 1122 | OSTROBIEC | K40 | 23 | 01:47:31 | 04:32:11.20 | 04:33:04.35 | +02:21:29 | 10:28 | 5.7 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------------|-------------|---|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 279 | SAWCZUK Marek | 1164 | GONET TEAM | M40 | 73 | 01:48:25 | 04:32:46.45 | 04:33:29.45 | +02:21:54 | 10:29 | 5.7 |
| 280 | STACHOWICZ Marcin | 1110 | 5F TEAM | M30 | 94 | 01:42:30 | 04:32:49.25 | 04:33:45.05 | +02:22:09 | 10:29 | 5.7 |
| 281 | PAWLIK Katarzyna | 1115 | 5F TEAM | K30 | 31 | 01:42:30 | 04:32:50.35 | 04:33:45.45 | +02:22:10 | 10:29 | 5.7 |
| 282 | KIJOWSKI Tomasz | 1155 | FOJADOR | M50 | 17 | 01:41:44 | 04:33:31.30 | 04:34:32.60 | +02:22:57 | 10:31 | 5.7 |
| 283 | JAMRÓZ Robert | 1085 | JAMERKI | M40 | 74 | 01:36:09 | 04:36:00.10 | 04:37:06.95 | +02:25:31 | 10:36 | 5.7 |
| 284 | ORZECHOWSKA Karolina | 1186 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | K30 | 32 | 01:49:21 | 04:37:00.25 | 04:37:52.10 | +02:26:16 | 10:39 | 5.6 |
| 285 | CEBRAT Tomasz | 1274 | | M40 | 75 | 01:49:41 | 04:37:07.85 | 04:38:01.85 | +02:26:26 | 10:39 | 5.6 |
| 286 | LESZCZYŃSKA Małgorzata | 1196 | | K40 | 24 | 01:52:11 | 04:38:28.95 | 04:39:12.90 | +02:27:37 | 10:42 | 5.6 |
| 287 | WÓJCIK Justyna | 1321 | WKURW_TEAM | K30 | 33 | 01:38:43 | 04:38:27.35 | 04:39:13.55 | +02:27:38 | 10:42 | 5.6 |
| 288 | CEGLARSKI Jacek | 1324 | WKURW_TEAM | M40 | 76 | 01:38:43 | 04:38:28.25 | 04:39:13.65 | +02:27:38 | 10:42 | 5.6 |
| 289 | KIJEWICZ Michał | 1272 | | M30 | 95 | 01:52:39 | 04:38:15.05 | 04:39:13.75 | +02:27:38 | 10:42 | 5.6 |
| 290 | GŁOWACKI Zdzisław | 1382 | | M60 | 6 | 01:48:08 | 04:38:15.20 | 04:39:14.35 | +02:27:39 | 10:42 | 5.6 |
| 291 | PIEKARZ Paweł | 1195 | | M30 | 96 | 01:38:47 | 04:39:02.50 | 04:40:05.65 | +02:28:30 | 10:43 | 5.6 |
| 292 | SKOWROŃSKA Agnieszka | 1044 | | K40 | 25 | 01:55:42 | 04:40:12.30 | 04:41:03.00 | +02:29:27 | 10:46 | 5.6 |
| 293 | BRZEZIŃSKA Teresa | 455 | NIGHT RUNNERS GLIWICE | K40 | 26 | 01:52:04 | 04:40:30.65 | 04:41:23.80 | +02:29:48 | 10:47 | 5.6 |
| 294 | TYMBOROWSKA - WIEDRO Gosia | 1286 | WKURW_TEAM /WOZNIAK RUNNING TEAM /BIEGNĘ ŻEBY BARTEK MÓGŁBIEGAĆ | K40 | 27 | 01:44:35 | 04:40:36.10 | 04:41:27.20 | +02:29:51 | 10:47 | 5.6 |
| 295 | ZIOBER Barbara | 1380 | SNG WILD DUCKS | K20 | 16 | 01:54:52 | 04:40:59.35 | 04:41:54.05 | +02:30:18 | 10:48 | 5.6 |
| 296 | KOŁTUNICKI Krzysztof | 1003 | GORCE ULTRA TRAIL | M40 | 77 | 01:54:41 | 04:41:35.25 | 04:42:39.50 | +02:31:04 | 10:49 | 5.5 |
| 297 | WICZKOWSKA Jolanta | 1070 | | K40 | 28 | 01:52:44 | 04:43:00.25 | 04:43:47.85 | +02:32:12 | 10:53 | 5.5 |
| 298 | WITCZAK Ola | 1087 | GKS FABIANKI | K40 | 29 | 01:49:19 | 04:42:44.40 | 04:43:47.95 | +02:32:12 | 10:52 | 5.5 |
| 299 | DĄBROWSKA Edyta | 1209 | | K30 | 34 | 01:53:48 | 04:45:33.70 | 04:46:26.30 | +02:34:51 | 10:59 | 5.5 |
| 300 | CZOSTEK Joanna | 1260 | WKURW_TEAM | K50 | 6 | 01:54:38 | 04:47:05.35 | 04:47:53.70 | +02:36:18 | 11:02 | 5.4 |
| 301 | TATARATA Paweł | 1157 | TRAINING LAB | M30 | 97 | 01:44:48 | 04:47:52.10 | 04:48:28.10 | +02:36:52 | 11:04 | 5.4 |
| 302 | PECYNA Katarzyna | 1356 | PSZCZYNA BIEGA | K30 | 35 | 01:56:32 | 04:48:46.10 | 04:49:42.00 | +02:38:06 | 11:06 | 5.4 |
| 303 | GÓRKA Aleksandra | 1201 | | K30 | 36 | 01:54:25 | 04:49:20.60 | 04:50:04.25 | +02:38:28 | 11:07 | 5.4 |
| 304 | ZATOŃ Bożena | 1362 | | K30 | 37 | 01:55:15 | 04:49:46.35 | 04:50:40.20 | +02:39:04 | 11:08 | 5.4 |
| 305 | OSIKOWSKA Aleksandra | 1282 | POWER TRAINING | K30 | 38 | 01:56:13 | 04:51:17.95 | 04:52:09.00 | +02:40:33 | 11:12 | 5.4 |
| 306 | JAKUBCZYK - LATAŁA Agnieszka | 1295 | BIEGAJĄCY ŚWIDNIK | K40 | 30 | 01:52:01 | 04:51:36.85 | 04:52:35.50 | +02:41:00 | 11:12 | 5.3 |
| 307 | KANIA Krystyna | 1106 | | K60 | 1 | 01:48:35 | 04:51:59.70 | 04:52:55.30 | +02:41:20 | 11:13 | 5.3 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | P2_Roztoki 12km | Czas netto 26km | Czas brutto 26km | Różn | Tempo min/km | Tempo km/h |
|---|------------------------------|-------------|------------------------|-----------|------|--------------------|-----------------------|------------------------|-----------|-----------------|---------------|
| 307 | SOBOLEWSKI Jarosław | 1263 | VEGE RUNNERS | M40 | 78 | 01:50:24 | 04:51:51.10 | 04:52:55.30 | +02:41:20 | 11:13 | 5.3 |
| 309 | PRZECZ-FUS Agnieszka | 1047 | WW TEAM | K50 | 7 | 01:51:50 | 04:52:36.40 | 04:53:34.50 | +02:41:59 | 11:15 | 5.3 |
| 310 | CELI Piotr | 1288 | KASZTANIAKI TEAM | M30 | 98 | 01:53:01 | 04:54:19.25 | 04:55:25.75 | +02:43:50 | 11:19 | 5.3 |
| 311 | KNAPIK Ilona | 1353 | | K40 | 31 | 01:55:10 | 04:54:25.80 | 04:55:26.30 | +02:43:51 | 11:19 | 5.3 |
| 312 | SAMEK Artur | 1244 | | M40 | 79 | 01:53:28 | 04:56:50.65 | 04:57:27.40 | +02:45:52 | 11:25 | 5.3 |
| Przekroczony limit czasu: 05:00:00 | | | | | | | | | | | |
| 313 | FIREK Grażyna | 1300 | RGB CYKU PYKU | K40 | 32 | 01:59:17 | 04:59:17.40 | 05:00:02.60 | +02:48:27 | 11:30 | 5.2 |
| 313 | MATUSZEWSKI Arkadiusz | 1301 | | M40 | 80 | 01:59:18 | 04:59:17.90 | 05:00:02.60 | +02:48:27 | 11:30 | 5.2 |
| 315 | GOLON Leszek | 1139 | KRAV MAGA | M30 | 99 | 01:41:31 | 04:59:30.65 | 05:00:37.60 | +02:49:02 | 11:31 | 5.2 |
| 316 | JEZIOREK Jozi | 1171 | | M40 | 81 | 02:10:39 | 05:00:59.80 | 05:02:04.50 | +02:50:29 | 11:34 | 5.2 |
| 317 | SWATEK Mateusz | 1137 | | M20 | 20 | 01:47:31 | 05:01:28.90 | 05:02:11.95 | +02:50:36 | 11:35 | 5.2 |
| 318 | GRONOWSKA Małgorzata | 1338 | RGB CYKU PYKU | K40 | 33 | 01:54:25 | 05:02:34.60 | 05:03:18.80 | +02:51:43 | 11:38 | 5.2 |
| 319 | BOGATKIEWICZ Maciej | 1167 | FLORKI | M20 | 21 | 02:01:52 | 05:03:02.30 | 05:04:02.85 | +02:52:27 | 11:39 | 5.1 |
| 320 | MACIOSZEK Krystyna | 1168 | FLORKI | K30 | 39 | 02:02:23 | 05:03:12.75 | 05:04:15.15 | +02:52:39 | 11:39 | 5.1 |
| 321 | MACIOSZEK Ania | 1169 | FLORKI | K20 | 17 | 02:02:24 | 05:03:13.20 | 05:04:16.25 | +02:52:40 | 11:39 | 5.1 |
| 322 | FURMAN Agnieszka | 1146 | OCHAJORUN & FRIENDS | K30 | 40 | 02:02:48 | 05:05:47.85 | 05:06:50.45 | +02:55:15 | 11:45 | 5.1 |
| 323 | FURMAN Michał | 1193 | OCHAJORUN & FRIENDS | M30 | 100 | 02:02:48 | 05:05:52.80 | 05:06:55.40 | +02:55:20 | 11:45 | 5.1 |
| 324 | KWIATKOWSKA Alicja | 1127 | MAŁE LWY | K30 | 41 | 02:05:54 | 05:06:05.75 | 05:06:56.20 | +02:55:20 | 11:46 | 5.1 |
| 325 | SAMOJLIK Daniel | 1130 | PĘDZIWIATR BIAŁYSTOK | M30 | 101 | 01:49:04 | 05:07:17.45 | 05:08:05.70 | +02:56:30 | 11:49 | 5.1 |
| 326 | PRZYBYLSKA Magdalena | 1219 | | K30 | 42 | 02:06:28 | 05:08:36.60 | 05:09:21.10 | +02:57:45 | 11:52 | 5.1 |
| 327 | WĄSOWSKA Jagoda | 1400 | | K50 | 8 | 02:03:30 | 05:08:49.95 | 05:09:53.85 | +02:58:18 | 11:52 | 5.1 |
| 328 | DAWID Honorata | 1065 | | K40 | 34 | 02:02:59 | 05:10:14.90 | 05:10:49.50 | +02:59:14 | 11:55 | 5 |
| 329 | RZECZKOWSKI Maciej | 1064 | WARSZAWSKI KLUB GÓRSKI | M50 | 18 | 02:04:36 | 05:10:38.75 | 05:11:44.65 | +03:00:09 | 11:56 | 5 |
| 330 | KUŚMIERSKI Krzysztof | 1067 | WARSZAWSKI KLUB GÓRSKI | M40 | 82 | 02:05:09 | 05:10:38.85 | 05:11:45.05 | +03:00:09 | 11:56 | 5 |
| 331 | KARPIŃSKA Nina | 1296 | | K30 | 43 | 02:02:50 | 05:29:12.05 | 05:30:14.35 | +03:18:39 | 12:39 | 4.7 |
| 332 | JÓŻWIK Artur | 1063 | BIEGAM, BO BIEGAM. | M40 | 83 | 02:14:06 | 05:29:39.35 | 05:30:38.90 | +03:19:03 | 12:40 | 4.7 |
| 333 | KOLAKOWSKA Anna | 1101 | NIGHT RUNNERS GLIWICE | K40 | 35 | 02:22:21 | 06:11:36.90 | 06:12:39.25 | +04:01:03 | 14:17 | 4.2 |
| 334 | FU Zhigang | 1001 | | M60 | 7 | | 06:27:29.55 | 06:27:29.55 | +04:15:54 | 14:54 | 4 |
| 335 | RUPIŃSKA Maria | 1351 | | K20 | 18 | | 06:56:29.55 | 06:56:29.55 | +04:44:54 | 16:01 | 3.7 |
| | MARCOL Mateusz | 1007 | | M20 | | 01:48:19 DNF | DNF | DNF | - | - | - |

Znaleziono 336 wynik(ów)