VI ZIMOWA BIESZCZADZKA DYCHA 2020

Wydarzenie: Zimowy Maraton Bieszczadzki 2020
Organizator: Fundacja Bieg Rzeźnika
Data: 2020-01-25
Miejsce: Cisna
Dystans: 10 km

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Za Skrzyżowaniem 6.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	**SOLIŃSKA Magdalena**	**1648**		K40	1	00:33:33		**00:51:01.15**	**00:51:13.85**		5:06	11.8 (100%)
2	**DUDZIAK Agnieszka**	**1537**	POMPA TEAM	K40	2	00:36:27		**00:53:33.55**	**00:55:13.70**	+00:03:59 (7.2%)	5:21	11.2 (94.9%)
3	**GRUSZECKA Anna**	**1549**		K40	3	00:38:34		**00:57:40.00**	**00:58:03.05**	+00:06:49 (11.7%)	5:46	10.4 (88.1%)
4	**MALINOWSKA Iwona**	**1588**		K40	4	00:39:02		**00:59:10.00**	**01:00:20.45**	+00:09:06 (15.1%)	5:55	10.1 (85.6%)
5	**ŻELAZNY Agnieszla**	**1693**	GORLICKA GRUPA BIEGOWA	K40	5	00:35:21	00:10:00	**01:04:06.00**	**01:04:21.00**	+00:13:07 (20.4%)	5:24	11.1 (94.1%)
6	**KOŁODZIEJ Katarzyna**	**1572**		K40	6	00:42:31		**01:04:28.20**	**01:04:53.35**	+00:13:39 (21.0%)	6:26	9.3 (78.8%)
7	**PAWŁOWSKA Agnieszka**	**1613**	PRZEMYSKI KLUB BIEGACZA	K40	7	00:42:33		**01:03:26.75**	**01:05:31.20**	+00:14:17 (21.8%)	6:20	9.5 (80.5%)
8	**NIZIK Magdalena**	**1606**	VEGEDOG	K40	8			**01:04:33.80**	**01:05:48.15**	+00:14:34 (22.1%)	6:27	9.3 (78.8%)
9	**KŁODZIŃSKA Barbara**	**1568**	ULTRAMĘKI	K40	9	00:43:36		**01:05:03.70**	**01:06:09.25**	+00:14:55 (22.6%)	6:30	9.2 (78.0%)
10	**PISZCZYGŁOWA Bernadeta**	**1620**		K40	10	00:42:47		**01:05:56.85**	**01:06:36.45**	+00:15:22 (23.1%)	6:35	9.1 (77.1%)
11	**BARTOSZEK Renia**	**1511**		K40	11	00:44:01		**01:06:18.45**	**01:06:58.40**	+00:15:44 (23.5%)	6:37	9 (76.3%)
12	**ŚWIGONIAK Anna**	**1672**	NOWA HUTA TEAM	K40	12	00:46:06		**01:08:21.45**	**01:10:23.95**	+00:19:10 (27.2%)	6:50	8.8 (74.6%)
13	**PRUSZKOWSKA Katarzyna**	**1626**	CROSSFITTER BOX CHEŁM	K40	13	00:46:28		**01:08:59.00**	**01:10:44.05**	+00:19:30 (27.6%)	6:53	8.7 (73.7%)
14	**BOGUCKA Martyna**	**1514**	JACEKBIEGA RUNNING TEAM	K40	14	00:47:33		**01:10:43.75**	**01:12:13.65**	+00:20:59 (29.1%)	7:04	8.5 (72.0%)
15	**GIEŁBAGA Anna**	**1547**		K40	15	00:46:06		**01:10:43.25**	**01:12:13.70**	+00:20:59 (29.1%)	7:04	8.5 (72.0%)
16	**WÓJCIK Kamila**	**1688**	LACHO-TEAM	K40	16	00:47:33		**01:12:13.55**	**01:12:34.75**	+00:21:20 (29.4%)	7:13	8.3 (70.3%)
17	**SUŁKOWSKA Joanna**	**1657**		K40	17	00:47:24		**01:13:28.75**	**01:14:20.70**	+00:23:06 (31.1%)	7:20	8.2 (69.5%)
18	**PĘKALSKA Anna**	**1616**		K40	18	00:49:06		**01:14:12.80**	**01:15:56.20**	+00:24:42 (32.5%)	7:25	8.1 (68.6%)
19	**LEŚNIAK Beata**	**1582**		K40	19	00:52:10		**01:19:47.60**	**01:20:28.45**	+00:29:14 (36.3%)	7:58	7.5 (63.6%)
20	**JANIK Anna**	**1559**		K40	20	00:46:49	00:20:00	**01:31:25.00**	**01:31:47.00**	+00:40:33 (44.2%)	7:08	8.4 (71.2%)

Znaleziono 20 wynik(ów)