

VI ZIMOWA BIESZCZADZKA DYCHA 2020

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Zimowy Maraton Bieszczadzki 2020
Fundacja Bieg Rzeźnika
2020-01-25
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Za Skrzyżowaniem 6.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	RACHWAŁSKI Tomasz	1628	BŁĘKITNI	M40	1	00:28:15		00:42:42.35	00:42:51.30		4:16	14 (100%)
2	MARZEC Krzysztof	1596	STALOWOWOLSKI KLUB BIEGACZA	M40	2	00:28:01		00:43:12.25	00:43:13.55	+00:00:22 (0.9%)	4:19	13.9 (99.3%)
3	ŚWIDZIŃSKI Tomasz	1670	VEGE RUNNERS HAJIME KRAKÓW	M40	3	00:28:13		00:43:26.15	00:43:29.00	+00:00:37 (1.4%)	4:20	13.8 (98.6%)
4	MARCZAK Paweł	1593	DRUŻYNA BLONDYNA - ŁUKASZ OSKIERKO	M40	4	00:29:04		00:44:08.05	00:44:12.10	+00:01:20 (3.0%)	4:24	13.6 (97.1%)
5	MAJCHROWICZ Wiktor	1730		M40	5	00:29:26		00:43:57.25	00:45:35.95	+00:02:44 (6.0%)	4:23	13.7 (97.9%)
6	SZNAJDER Rafał	1666	G.O.A.T. TEAM MICHAŁOWICE	M40	6	00:30:54		00:46:56.20	00:46:59.35	+00:04:08 (8.8%)	4:41	12.8 (91.4%)
7	BODZIOCH Grzegorz	1513	GORLICKA GRUPA BIEGOWA	M40	7	00:31:00		00:47:30.40	00:47:39.85	+00:04:48 (10.1%)	4:45	12.6 (90.0%)
8	BILSKI Marcin	1512		M40	8	00:32:10		00:48:07.95	00:48:20.65	+00:05:29 (11.4%)	4:48	12.5 (89.3%)
9	HORODEJCZUK Antoni	1556	HORODEJCZUK TEAM	M40	9	00:32:17		00:49:37.75	00:49:39.55	+00:06:48 (13.7%)	4:57	12.1 (86.4%)
10	SIKORA Jarek	1706		M40	10	00:33:30		00:50:25.90	00:50:49.05	+00:07:57 (15.7%)	5:02	11.9 (85.0%)
11	POLEWKA Tomasz	1712	UKS KOMETA	M40	11	00:34:18		00:52:26.80	00:52:28.80	+00:09:37 (18.3%)	5:14	11.4 (81.4%)
12	JANKOWSKI Michał	1560		M40	12	00:33:56		00:52:44.25	00:52:53.35	+00:10:02 (19.0%)	5:16	11.4 (81.4%)
13	FLASKA Zdenek	1540	MARAS TEAM	M40	13	00:34:52		00:52:06.40	00:53:58.25	+00:11:06 (20.6%)	5:12	11.5 (82.1%)
14	WRÓBEL Bartłomiej	1724	CISNA	M40	14	00:34:53		00:53:59.15	00:54:01.05	+00:11:09 (20.7%)	5:24	11.1 (79.3%)
15	KOGUT Leszek	1569		M40	15	00:35:26		00:54:27.05	00:55:15.85	+00:12:24 (22.5%)	5:26	11 (78.6%)

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16	DUDZIAK Dariusz	1536	POMPA TEAM	M40	16	00:36:28		00:53:58.95	00:55:39.70	+00:12:48 (23.0%)	5:23	11.1 (79.3%)
17	PŁESZKA Marek	1622	KLUB SPORTOWY OTRYT I	M40	17	00:31:55	00:10:00	00:58:57.00	00:59:03.00	+00:16:11 (27.4%)	4:53	12.3 (87.9%)
18	ROSTEK Arkadiusz	1633	ULTRAMĘKI	M40	18	00:40:11		00:59:19.65	01:00:25.50	+00:17:34 (29.1%)	5:56	10.1 (72.1%)
18	GRUSZECKI Tomasz	1550		M40	18	00:39:30		01:00:00.85	01:00:25.50	+00:17:34 (29.1%)	6:00	10 (71.4%)
20	SZYMONIAK Marcin	1669		M40	20	00:39:27		00:59:21.80	01:01:28.95	+00:18:37 (30.3%)	5:56	10.1 (72.1%)
21	GAŁUSZKA Mariusz	1699	GOPR	M40	21	00:39:22		01:01:41.10	01:01:55.85	+00:19:04 (30.8%)	6:10	9.7 (69.3%)
22	MANIAK Łukasz	1589		M40	22	00:39:42		01:00:10.90	01:02:10.50	+00:19:19 (31.1%)	6:01	10 (71.4%)
23	WITKO Jerzy	1682	BRAK	M40	23	00:41:03		01:02:06.40	01:02:55.15	+00:20:03 (31.9%)	6:12	9.7 (69.3%)
24	LYPINSKI Mikael	1176		M40	24	00:41:09		01:02:50.25	01:03:02.40	+00:20:11 (32.0%)	2:43	22 (157.1%)
25	MARCISZ Bogusław	1592	ŻANDARMERIA WOJSKOWA RZESZÓW	M40	25	00:40:46		01:02:33.45	01:03:40.85	+00:20:49 (32.7%)	6:15	9.6 (68.6%)
26	GUCWA Mirosław	1551	BACK ON TRACK	M40	26	00:39:56		01:04:26.60	01:06:06.20	+00:23:14 (35.2%)	6:26	9.3 (66.4%)
27	HENNIG Waldemar	1555	ECO KĄPINO	M40	27	00:42:34		01:04:18.15	01:06:13.00	+00:23:21 (35.3%)	6:25	9.3 (66.4%)
28	JANIK Jacek	1558		M40	28	00:30:04	00:20:00	01:06:21.00	01:06:43.00	+00:23:51 (35.8%)	4:38	12.9 (92.1%)
29	RABIEJEWSKI Zbigniew	1627	ŻANDARMERIA WOJSKOWA RZESZÓW	M40	29	00:42:35		01:08:00.30	01:09:06.40	+00:26:15 (38.0%)	6:48	8.8 (62.9%)
30	CHMIELEWSKI Marcin	1733		M40	30	00:45:43		01:10:02.55	01:12:08.30	+00:29:17 (40.6%)	7:00	8.6 (61.4%)
31	CZERSKI Krzysztof	1530		M40	31	00:46:49		01:11:15.85	01:12:11.35	+00:29:20 (40.6%)	7:07	8.4 (60.0%)
32	PENKALA Marcin	1615	STRANGERS	M40	32	00:46:55		01:10:09.95	01:12:25.30	+00:29:34 (40.8%)	7:01	8.6 (61.4%)
33	SKÓRA Michał	1640	MICHAŁ TEAM	M40	33	00:47:46		01:11:48.15	01:12:56.50	+00:30:05 (41.2%)	7:10	8.4 (60.0%)
34	NOWOMIEJSKI Marcin	1608	BIEGACZ CEGŁÓW	M40	34	00:30:22	00:30:00	01:16:32.00	01:16:38.00	+00:33:46 (44.1%)	4:39	12.9 (92.1%)
35	LESZCZYŃSKI Aleksander	1723		M40	35	00:51:36		01:18:23.90	01:19:52.10	+00:37:00 (46.3%)	7:50	7.7 (55.0%)
36	JASIURKOWSKI Robert	1562		M40	36	00:53:02		01:20:20.15	01:21:23.95	+00:38:32 (47.4%)	8:02	7.5 (53.6%)
37	STEC Sebastian	1652	SIEMUSZOWA	M40	37	00:46:30	00:10:00	01:19:17.00	01:21:35.00	+00:38:43 (47.5%)	6:55	8.7 (62.1%)
38	CZAJA Wacław	1526		M40	38	00:51:27		01:20:42.00	01:22:58.85	+00:40:07 (48.4%)	8:04	7.4 (52.9%)

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39	SOŁTYSEK Sebastian	1649	UNIVERSAL SOLDIERS	M40	39	01:12:03		01:54:06.90	01:55:54.30	+01:13:03 (63.0%)	11:24	5.3 (37.9%)
40	SOŁTYSEK Grzegorz	1650	UNIVERSAL SOLDIERS	M40	40	01:12:08		01:54:06.55	01:55:55.15	+01:13:03 (63.0%)	11:24	5.3 (37.9%)

Znaleziono 40 wynik(ów)