VI ZIMOWA BIESZCZADZKA DYCHA 2020

Wydarzenie: Zimowy Maraton Bieszczadzki 2020
Organizator: Fundacja Bieg Rzeźnika
Data: 2020-01-25
Miejsce: Cisna
Dystans: 10 km

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Za Skrzyżowaniem 6.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	**DOMISZEWSKI Ignacy**	**1501**	GUKLA BRATKOWICE	M30	1	00:22:14		**00:34:25.00**	**00:34:25.40**		3:26	17.4 (100%)
2	**GAJEWSKI Marek**	**1543**	@ARKENYA_TEAM	M30	2	00:25:21		**00:38:40.85**	**00:38:43.25**	+00:04:17 (11.1%)	3:52	15.5 (89.1%)
3	**PACHUT Jerzy**	**1610**	MUAY RUNNING TEAM	M20	1	00:26:01		**00:39:09.65**	**00:39:12.25**	+00:04:46 (12.2%)	3:55	15.3 (87.9%)
4	**NOWAK Marcin**	**1503**	STALOWOWOLSKI KLUB BIEGACZA	M30	3	00:25:52		**00:39:20.30**	**00:39:21.20**	+00:04:55 (12.5%)	3:56	15.2 (87.4%)
5	**GAWRON Janusz**	**1704**	BRYGADA BESKIDÓW	M20	2	00:26:04		**00:39:25.25**	**00:39:26.45**	+00:05:01 (12.7%)	3:56	15.2 (87.4%)
6	**CHLIPAŁA Paweł**	**1521**		M20	3	00:26:03		**00:39:43.80**	**00:39:43.80**	+00:05:18 (13.4%)	3:58	15.1 (86.8%)
7	**ŚWIERAD Krystian**	**1671**		M20	4	00:26:04		**00:39:56.05**	**00:39:59.05**	+00:05:33 (13.9%)	3:59	15 (86.2%)
8	**SZCZEPANIAK Damian**	**1661**	KAMIENICA	M30	4	00:26:45		**00:40:52.05**	**00:40:54.40**	+00:06:29 (15.8%)	4:05	14.7 (84.5%)
9	**KOŁODZIEJCZYK Łukasz**	**1709**	UKS KOMETA	M20	5	00:26:48		**00:40:54.70**	**00:40:56.90**	+00:06:31 (15.9%)	4:05	14.7 (84.5%)
10	**CHOJNACKI Wiktor**	**1523**		M30	5	00:27:41		**00:42:21.65**	**00:42:26.95**	+00:08:01 (18.9%)	4:14	14.2 (81.6%)
11	**RACHWALSKI Tomasz**	**1628**	BŁĘKITNI	M40	1	00:28:15		**00:42:42.35**	**00:42:51.30**	+00:08:25 (19.7%)	4:16	14 (80.5%)
12	**MARZEC Krzysztof**	**1596**	STALOWOWOLSKI KLUB BIEGACZA	M40	2	00:28:01		**00:43:12.25**	**00:43:13.55**	+00:08:48 (20.4%)	4:19	13.9 (79.9%)
13	**ŚWIDZIŃSKI Tomasz**	**1670**	VEGE RUNNERS HAJIME KRAKÓW	M40	3	00:28:13		**00:43:26.15**	**00:43:29.00**	+00:09:03 (20.8%)	4:20	13.8 (79.3%)
14	**ZAWADZKI Marcin**	**1695**	SZCZWANY TRZMIEL TEAM	M30	6	00:28:26		**00:44:08.85**	**00:44:10.35**	+00:09:44 (22.1%)	4:24	13.6 (78.2%)
15	**MARCZAK Paweł**	**1593**	DRUŻYNA BLONDYNA - ŁUKASZ OSKIERKO	M40	4	00:29:04		**00:44:08.05**	**00:44:12.10**	+00:09:46 (22.1%)	4:24	13.6 (78.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Za Skrzyżowaniem 6.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	**WÓJCIK Józef**	**1687**	CHEŁM BIEGA	M50	1	00:29:15		**00:44:54.25**	**00:44:58.75**	+00:10:33 (23.5%)	4:29	13.4 (77.0%)
17	**SABAT Sebastian**	**1707**		M20	6	00:29:30		**00:45:08.95**	**00:45:09.40**	+00:10:44 (23.8%)	4:30	13.3 (76.4%)
18	**FRANCZYK Piotr**	**1542**	KOT I WILK	M30	7	00:29:27		**00:44:54.20**	**00:45:10.20**	+00:10:44 (23.8%)	4:29	13.4 (77.0%)
19	**MAJCHROWICZ Wiktor**	**1730**		M40	5	00:29:26		**00:43:57.25**	**00:45:35.95**	+00:11:10 (24.5%)	4:23	13.7 (78.7%)
20	**WŁOCH Sławomir**	**1683**	KROSNO MIASTO SZKŁA	M50	2	00:30:30		**00:46:15.85**	**00:46:20.85**	+00:11:55 (25.7%)	4:37	13 (74.7%)
21	**WETHACZ Mariusz**	**1719**		M30	8	00:30:41		**00:46:42.75**	**00:46:49.85**	+00:12:24 (26.5%)	4:40	12.8 (73.6%)
22	**SZNAJDER Rafał**	**1666**	G.O.A.T. TEAM MICHAŁOWICE	M40	6	00:30:54		**00:46:56.20**	**00:46:59.35**	+00:12:33 (26.7%)	4:41	12.8 (73.6%)
23	**SKOTNICKI Jakub**	**1638**	ADIDAS RUNNERS WARSAW	M30	9	00:31:53		**00:47:21.25**	**00:47:34.80**	+00:13:09 (27.7%)	4:44	12.7 (73.0%)
24	**BODZIOCH Grzegorz**	**1513**	GORLICKA GRUPA BIEGOWA	M40	7	00:31:00		**00:47:30.40**	**00:47:39.85**	+00:13:14 (27.8%)	4:45	12.6 (72.4%)
25	**WIESNER Leszek**	**1679**	NOWA HUTA TEAM	M20	7	00:30:53		**00:47:26.45**	**00:47:43.65**	+00:13:18 (27.9%)	4:44	12.6 (72.4%)
26	**BARAŃSKI Jarosław**	**1718**		M30	10	00:31:33		**00:47:56.45**	**00:48:17.10**	+00:13:51 (28.7%)	4:47	12.5 (71.8%)
27	**BILSKI Marcin**	**1512**		M40	8	00:32:10		**00:48:07.95**	**00:48:20.65**	+00:13:55 (28.8%)	4:48	12.5 (71.8%)
28	**KSIĄŻKIEWICZ Bartłomiej**	**1577**	ROCKY BALBOA	M30	11	00:33:07		**00:49:14.00**	**00:49:14.00**	+00:14:48 (30.1%)	4:55	12.2 (70.1%)
29	**HORODEJCZUK Antoni**	**1556**	HORODEJCZUK TEAM	M40	9	00:32:17		**00:49:37.75**	**00:49:39.55**	+00:15:14 (30.7%)	4:57	12.1 (69.5%)
30	**HADUCH Jerzy**	**1552**	SANOK I OKOLICE	M60	1	00:32:41		**00:50:06.40**	**00:50:12.35**	+00:15:46 (31.4%)	5:00	12 (69.0%)
31	**MARCINIAK Tomasz**	**1591**	RADOMNO BIEGA	M30	12	00:33:27		**00:50:20.15**	**00:50:46.30**	+00:16:20 (32.2%)	5:02	11.9 (68.4%)
32	**SIKORA Jarek**	**1706**		M40	10	00:33:30		**00:50:25.90**	**00:50:49.05**	+00:16:23 (32.3%)	5:02	11.9 (68.4%)
33	**PIOTROWSKI Przemysław**	**1619**	NOWA HUTA TEAM	M30	13	00:34:17		**00:51:24.10**	**00:51:41.95**	+00:17:16 (33.4%)	5:08	11.7 (67.2%)
34	**WOŹNIAK Janusz**	**1685**	PORMAT JEDLICZE BIEGA	M50	3	00:33:51		**00:51:35.00**	**00:51:51.05**	+00:17:25 (33.6%)	5:09	11.6 (66.7%)
35	**KORONA Jan**	**1574**	KROSNO	M60	2	00:33:57		**00:51:42.00**	**00:52:00.50**	+00:17:35 (33.8%)	5:10	11.6 (66.7%)
36	**POLEWKA Tomasz**	**1712**	UKS KOMETA	M40	11	00:34:18		**00:52:26.80**	**00:52:28.80**	+00:18:03 (34.4%)	5:14	11.4 (65.5%)
37	**SOKOŁOWSKI Wojciech**	**1645**		M30	14	00:34:16		**00:51:02.75**	**00:52:47.70**	+00:18:22 (34.8%)	5:06	11.8 (67.8%)
38	**JANKOWSKI Michał**	**1560**		M40	12	00:33:56		**00:52:44.25**	**00:52:53.35**	+00:18:27 (34.9%)	5:16	11.4 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Za Skrzyżowaniem 6.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
39	**ZIELONKA Michał**	**1691**		M20	8	00:35:06		**00:53:27.20**	**00:53:31.90**	+00:19:06 (35.7%)	5:20	11.2 (64.4%)
40	**FLASKA Zdenek**	**1540**	MARAS TEAM	M40	13	00:34:52		**00:52:06.40**	**00:53:58.25**	+00:19:32 (36.2%)	5:12	11.5 (66.1%)
41	**WRÓBEL Bartłomiej**	**1724**	CISNA	M40	14	00:34:53		**00:53:59.15**	**00:54:01.05**	+00:19:35 (36.3%)	5:24	11.1 (63.8%)
42	**ZIĘBAKOWSKI Mikołaj**	**1692**		M20	9	00:35:17		**00:54:19.95**	**00:55:12.55**	+00:20:47 (37.6%)	5:26	11 (63.2%)
43	**KOGUT Leszek**	**1569**		M40	15	00:35:26		**00:54:27.05**	**00:55:15.85**	+00:20:50 (37.7%)	5:26	11 (63.2%)
44	**JANAS Marian**	**1731**		M60	3	00:36:28		**00:55:09.95**	**00:55:22.25**	+00:20:56 (37.8%)	5:31	10.9 (62.6%)
45	**DUDZIAK Dariusz**	**1536**	POMPA TEAM	M40	16	00:36:28		**00:53:58.95**	**00:55:39.70**	+00:21:14 (38.2%)	5:23	11.1 (63.8%)
46	**PODOLAK Zbigniew**	**1624**		M50	4	00:36:51		**00:55:37.15**	**00:56:22.85**	+00:21:57 (38.9%)	5:33	10.8 (62.1%)
47	**KANDEFER Wojciech**	**1564**		M50	5	00:36:18		**00:56:29.05**	**00:56:35.75**	+00:22:10 (39.2%)	5:38	10.6 (60.9%)
48	**WĘGRZYN Paweł**	**1725**		M20	10	00:36:07		**00:56:55.75**	**00:56:57.95**	+00:22:32 (39.6%)	5:41	10.5 (60.3%)
49	**DRAG Piotr**	**1717**		M30	15	00:36:38		**00:57:23.25**	**00:57:24.60**	+00:22:59 (40.0%)	5:44	10.5 (60.3%)
50	**PŁESZKA Marek**	**1622**	KLUB SPORTOWY OTRYT I	M40	17	00:31:55	00:10:00	**00:58:57.00**	**00:59:03.00**	+00:24:37 (41.7%)	4:53	12.3 (70.7%)
51	**KORALEWSKI Paweł**	**1573**	JAGRO TEAM	M30	16	00:38:59		**00:57:19.60**	**00:59:06.10**	+00:24:40 (41.8%)	5:44	10.5 (60.3%)
52	**ŻÓŁKIEWICZ Mateusz**	**1694**		M20	11	00:37:49		**00:58:15.75**	**00:59:06.15**	+00:24:40 (41.8%)	5:49	10.3 (59.2%)
53	**WOJCIECHOWSKI Wojciech**	**1684**		M20	12	00:37:53		**00:58:24.60**	**00:59:14.45**	+00:24:49 (41.9%)	5:50	10.3 (59.2%)
54	**SAMUS Dariusz**	**1701**	STG RZESZÓW	M30	17	00:39:32		**00:59:01.30**	**00:59:18.85**	+00:24:53 (42.0%)	5:54	10.2 (58.6%)
55	**RUSIN Aleksander**	**1700**		M30	18	00:38:20		**00:58:39.60**	**00:59:22.00**	+00:24:56 (42.0%)	5:52	10.2 (58.6%)
56	**BURTAN Marcin**	**1519**	TERMOAKTYWNIE.PL	M30	19	00:37:57		**00:57:46.20**	**00:59:24.50**	+00:24:59 (42.1%)	5:46	10.4 (59.8%)
57	**RUSIN Łukasz**	**1635**		M30	20	00:38:25		**00:59:14.65**	**00:59:25.45**	+00:25:00 (42.1%)	5:55	10.1 (58.0%)
58	**MATYKIEWICZ Jarosław**	**1599**		M50	6	00:39:26		**00:57:48.50**	**00:59:47.35**	+00:25:21 (42.4%)	5:46	10.4 (59.8%)
59	**GAJOS Łukasz**	**1544**	LIGA GENTLEMANÓW	M30	21	00:39:19		**00:59:15.15**	**00:59:59.35**	+00:25:33 (42.6%)	5:55	10.1 (58.0%)
60	**ROSTEK Arkadiusz**	**1633**	ULTRAMĘKI	M40	18	00:40:11		**00:59:19.65**	**01:00:25.50**	+00:26:00 (43.0%)	5:56	10.1 (58.0%)
60	**GRUSZECKI Tomasz**	**1550**		M40	18	00:39:30		**01:00:00.85**	**01:00:25.50**	+00:26:00 (43.0%)	6:00	10 (57.5%)

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62	**DVORŠČAK Milan**	**1538**	MARAS TEAM	M50	7	00:38:29		**00:58:34.50**	**01:00:25.85**	+00:26:00 (43.0%)	5:51	10.2 (58.6%)
63	**ANDRASZ Paweł**	**1506**	KMP ŁÓDŹ	M20	13	00:39:10		**01:00:16.15**	**01:00:31.60**	+00:26:06 (43.1%)	6:01	10 (57.5%)
64	**STEC Andrzej**	**1654**		M50	8	00:39:30		**01:00:02.15**	**01:01:00.80**	+00:26:35 (43.6%)	6:00	10 (57.5%)
65	**SAMEK Aleksander**	**1636**		M30	22	00:39:35		**01:00:45.75**	**01:01:27.45**	+00:27:02 (44.0%)	6:04	9.9 (56.9%)
66	**SZYMONIAK Marcin**	**1669**		M40	20	00:39:27		**00:59:21.80**	**01:01:28.95**	+00:27:03 (44.0%)	5:56	10.1 (58.0%)
67	**GAŁUSZKA Mariusz**	**1699**	GOPR	M40	21	00:39:22		**01:01:41.10**	**01:01:55.85**	+00:27:30 (44.4%)	6:10	9.7 (55.7%)
68	**MANIAK Łukasz**	**1589**		M40	22	00:39:42		**01:00:10.90**	**01:02:10.50**	+00:27:45 (44.6%)	6:01	10 (57.5%)
69	**JARMOC Wojciech**	**1561**	FUNDACJA LATARNIA	M30	23	00:40:30		**01:01:00.60**	**01:02:11.70**	+00:27:46 (44.7%)	6:06	9.8 (56.3%)
70	**SKRUTEK Adam**	**1721**		M30	24	00:40:44		**01:00:29.40**	**01:02:15.35**	+00:27:49 (44.7%)	6:03	9.9 (56.9%)
71	**KLOS Kamil**	**1567**		M20	14	00:40:44		**01:00:24.30**	**01:02:37.95**	+00:28:12 (45.0%)	6:02	9.9 (56.9%)
72	**WITKO Jerzy**	**1682**	BRAK	M40	23	00:41:03		**01:02:06.40**	**01:02:55.15**	+00:28:29 (45.3%)	6:12	9.7 (55.7%)
73	**SOKOŁOWSKI Jerzy**	**1646**	MOHER SKI TEAM	M50	9	00:41:03		**01:01:12.75**	**01:02:59.45**	+00:28:34 (45.4%)	6:07	9.8 (56.3%)
74	**LYPINSKI Mikael**	**1176**		M40	24	00:41:09		**01:02:50.25**	**01:03:02.40**	+00:28:37 (45.4%)	2:43	22 (126.4%)
75	**CZARNECKI Konrad**	**1529**		M30	25	00:39:58		**01:01:16.80**	**01:03:06.90**	+00:28:41 (45.5%)	6:07	9.8 (56.3%)
76	**WOJCIECHOWSKI Paweł**	**1729**	J U V E R U N	M30	26	00:40:29		**01:00:40.35**	**01:03:10.35**	+00:28:44 (45.5%)	6:04	9.9 (56.9%)
77	**KURASZ Witold**	**1579**	--	M50	10	00:42:14		**01:01:01.75**	**01:03:21.45**	+00:28:56 (45.7%)	6:06	9.8 (56.3%)
78	**CHMIELEWSKI Mateusz**	**1522**	HARDCOROWEWYCHYLYLYBYMY	M30	27	00:42:31		**01:02:57.05**	**01:03:29.35**	+00:29:03 (45.8%)	6:17	9.5 (54.6%)
79	**MARCISZ Boguslaw**	**1592**	ŻANDARMERIA WOJSKOWA RZESZÓW	M40	25	00:40:46		**01:02:33.45**	**01:03:40.85**	+00:29:15 (45.9%)	6:15	9.6 (55.2%)
80	**DRĄŻEK Łukasz**	**1534**		M30	28	00:40:58		**01:02:23.10**	**01:03:59.35**	+00:29:33 (46.2%)	6:14	9.6 (55.2%)
81	**WARGA Jan**	**1736**	MARAS TEAM	M30	29	00:40:26		**01:03:00.60**	**01:04:52.90**	+00:30:27 (46.9%)	6:18	9.5 (54.6%)
82	**IWANIEC Piotr**	**1557**	BIEGANIE SZYDERCÓW	M30	30	00:42:16		**01:04:10.20**	**01:05:12.70**	+00:30:47 (47.2%)	6:25	9.4 (54.0%)
83	**CZUBA Tomasz**	**1531**	FUNDACJA LATARNIA	M30	31	00:44:54		**01:04:01.05**	**01:05:12.75**	+00:30:47 (47.2%)	6:24	9.4 (54.0%)
84	**KOZA Sebastian**	**1575**	SSW TEAM KROSNICE	M20	15	00:43:32		**01:05:39.25**	**01:05:57.40**	+00:31:32 (47.8%)	6:33	9.1 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Za Skrzyżowaniem 6.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
85	**SZPUNAR Daniel**	**1667**	HUSARIA RACE TEAM	M20	16	00:36:20	00:10:00	**01:04:31.00**	**01:05:58.00**	+00:31:32 (47.8%)	5:27	11 (63.2%)
86	**GUCWA Mirosław**	**1551**	BACK ON TRACK	M40	26	00:39:56		**01:04:26.60**	**01:06:06.20**	+00:31:40 (47.9%)	6:26	9.3 (53.4%)
87	**HENNIG Waldemar**	**1555**	ECO KĄPINO	M40	27	00:42:34		**01:04:18.15**	**01:06:13.00**	+00:31:47 (48.0%)	6:25	9.3 (53.4%)
88	**KONDRAK Jan**	**1702**	LUBELSKA FEDERACJA BARDÓW	M60	4	00:43:00		**01:04:20.70**	**01:06:23.20**	+00:31:57 (48.1%)	6:26	9.3 (53.4%)
89	**KAPLON Andrzej**	**1566**	KS HUDKA SPYRA	M50	11	00:42:49		**01:04:46.80**	**01:06:42.45**	+00:32:17 (48.4%)	6:28	9.3 (53.4%)
90	**JANIK Jacek**	**1558**		M40	28	00:30:04	00:20:00	**01:06:21.00**	**01:06:43.00**	+00:32:17 (48.4%)	4:38	12.9 (74.1%)
91	**SOBCZYK Grzegorz**	**1644**		M20	17	00:42:47		**01:05:13.55**	**01:07:10.75**	+00:32:45 (48.8%)	6:31	9.2 (52.9%)
92	**ŁUSZCZ Paweł**	**1584**		M30	32	00:44:36		**01:06:01.25**	**01:08:03.45**	+00:33:38 (49.4%)	6:36	9.1 (52.3%)
93	**PENKALA Piotr**	**1614**	STRANGERS	M20	18	00:47:21		**01:06:01.60**	**01:08:15.85**	+00:33:50 (49.6%)	6:36	9.1 (52.3%)
94	**RABIEJEWSKI Zbigniew**	**1627**	ŻANDARMERIA WOJSKOWA RZESZÓW	M40	29	00:42:35		**01:08:00.30**	**01:09:06.40**	+00:34:41 (50.2%)	6:48	8.8 (50.6%)
95	**PAWLIK Tomasz**	**1612**	JB WARSAW	M30	33	00:43:50		**01:07:52.05**	**01:09:49.40**	+00:35:24 (50.7%)	6:47	8.8 (50.6%)
96	**STACHOWNIUK Artur**	**1714**	CROSSFITTER BOX CHEŁM	M30	34	00:46:29		**01:08:59.70**	**01:10:44.15**	+00:36:18 (51.3%)	6:54	8.7 (50.0%)
97	**MISIEK Marcin**	**1720**	WQURW	M50	12	00:46:07		**01:09:14.00**	**01:11:12.35**	+00:36:46 (51.7%)	6:55	8.7 (50.0%)
98	**RADON Marcin**	**1629**	SENNIK.BIZ	M30	35	00:45:23		**01:09:31.60**	**01:11:19.90**	+00:36:54 (51.7%)	6:57	8.6 (49.4%)
99	**CHRUŚCIEL Lesław**	**1728**		M50	13	00:47:22		**01:10:42.25**	**01:12:02.50**	+00:37:37 (52.2%)	7:04	8.5 (48.9%)
100	**CHMIELEWSKI Marcin**	**1733**		M40	30	00:45:43		**01:10:02.55**	**01:12:08.30**	+00:37:42 (52.3%)	7:00	8.6 (49.4%)
101	**CZERSKI Krzysztof**	**1530**		M40	31	00:46:49		**01:11:15.85**	**01:12:11.35**	+00:37:45 (52.3%)	7:07	8.4 (48.3%)
102	**PENKALA Marcin**	**1615**	STRANGERS	M40	32	00:46:55		**01:10:09.95**	**01:12:25.30**	+00:37:59 (52.5%)	7:01	8.6 (49.4%)
103	**SKRUTEK Jan**	**1641**	SEKCJA SPORTÓW GÓRSKICH BIESZCZADZKI GOPR	M60	5	00:46:54		**01:10:48.25**	**01:12:40.10**	+00:38:14 (52.6%)	7:04	8.5 (48.9%)
104	**SKÓRA Michał**	**1640**	MICHAŁ TEAM	M40	33	00:47:46		**01:11:48.15**	**01:12:56.50**	+00:38:31 (52.8%)	7:10	8.4 (48.3%)
105	**MARMON Krzysztof**	**1594**	KKJM ŚNIEŻNE ŁAZY	M30	36	00:47:01		**01:11:54.05**	**01:13:11.65**	+00:38:46 (53.0%)	7:11	8.3 (47.7%)
106	**ZEGAR Krzysztof**	**1690**	KKJM ŚNIEŻNE ŁAZY	M20	19	00:48:26		**01:11:56.20**	**01:13:15.70**	+00:38:50 (53.0%)	7:11	8.3 (47.7%)
107	**SKOWROŃ Jakub**	**1713**	WKURW_TEAM	M30	37	00:47:57		**01:12:27.30**	**01:13:41.45**	+00:39:16 (53.3%)	7:14	8.3 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Za Skrzyżowaniem 6.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
108	**KUŁACZKOWSKI Konrad**	**1578**		M30	38	00:48:11		**01:12:56.75**	**01:13:51.30**	+00:39:25 (53.4%)	7:17	8.2 (47.1%)
109	**SZELA Daniel**	**1664**	DZIKIE MUSTANGI	M30	39	00:47:45		**01:12:38.30**	**01:14:39.55**	+00:40:14 (53.9%)	7:15	8.3 (47.7%)
110	**NOWAK Tomasz**	**1607**	DZIKIE MUSTANGI	M30	40	00:48:09		**01:12:38.85**	**01:14:40.00**	+00:40:14 (53.9%)	7:15	8.3 (47.7%)
111	**NOWOMIEJSKI Marcin**	**1608**	BIEGACZ CEGŁÓW	M40	34	00:30:22	00:30:00	**01:16:32.00**	**01:16:38.00**	+00:42:12 (55.1%)	4:39	12.9 (74.1%)
112	**SKORUPKA Rafał**	**1637**	FUNDACJA LATARNIA	M30	41	00:49:06		**01:16:47.05**	**01:17:58.45**	+00:43:33 (55.9%)	7:40	7.8 (44.8%)
113	**STEC Szymon**	**1726**		M20	20	00:43:32	00:10:00	**01:15:51.00**	**01:18:09.00**	+00:43:43 (56.0%)	6:35	9.1 (52.3%)
114	**LESZCZYŃSKI Aleksander**	**1723**		M40	35	00:51:36		**01:18:23.90**	**01:19:52.10**	+00:45:26 (56.9%)	7:50	7.7 (44.3%)
115	**CZAPLA Andrzej**	**1527**		M60	6	00:50:43		**01:18:37.05**	**01:20:06.50**	+00:45:41 (57.0%)	7:51	7.6 (43.7%)
116	**JASIURKOWSKI Robert**	**1562**		M40	36	00:53:02		**01:20:20.15**	**01:21:23.95**	+00:46:58 (57.7%)	8:02	7.5 (43.1%)
117	**STEC Sebastian**	**1652**	SIEMUSZOWA	M40	37	00:46:30	00:10:00	**01:19:17.00**	**01:21:35.00**	+00:47:09 (57.8%)	6:55	8.7 (50.0%)
118	**CZAJA Wacław**	**1526**		M40	38	00:51:27		**01:20:42.00**	**01:22:58.85**	+00:48:33 (58.5%)	8:04	7.4 (42.5%)
119	**SŁOBODA Krzysztof**	**1643**	RUN SŁOBODAN	M60	7	00:57:05		**01:29:31.15**	**01:31:36.70**	+00:57:11 (62.4%)	8:57	6.7 (38.5%)
120	**ROJ Dawid**	**1632**	RUN SŁOBODAN	M30	42	00:57:05		**01:29:31.20**	**01:31:37.15**	+00:57:11 (62.4%)	8:57	6.7 (38.5%)
121	**LASKOWSKI Marcin**	**1580**		M50	14	01:00:04		**01:33:38.95**	**01:35:47.15**	+01:01:21 (64.1%)	9:21	6.4 (36.8%)
122	**BOŚ Tomasz**	**1727**		M30	43	00:57:37	00:10:00	**01:34:33.00**	**01:36:32.00**	+01:02:06 (64.3%)	8:27	7.1 (40.8%)
123	**BOREK Wojciech**	**1515**	EP-HEART-TEAM	M50	15	01:01:39		**01:39:40.15**	**01:41:54.95**	+01:07:29 (66.2%)	9:58	6 (34.5%)
124	**SOŁTYSEK Sebastian**	**1649**	UNIVERSAL SOLDIERS	M40	39	01:12:03		**01:54:06.90**	**01:55:54.30**	+01:21:28 (70.3%)	11:24	5.3 (30.5%)
125	**SOŁTYSEK Grzegorz**	**1650**	UNIVERSAL SOLDIERS	M40	40	01:12:08		**01:54:06.55**	**01:55:55.15**	+01:21:29 (70.3%)	11:24	5.3 (30.5%)
126	**GARNCARZ Adam**	**119**		M20	21						0:56	63.5 (364.9%)

Znaleziono 126 wynik(ów)