

WIELKA PREHYBA - 43 KM

Wydarzenie: Biegi w Szczawnicy
Organizator: Fundacja Strefa Przygód
Data: 2022-04-23
Miejsce: Szczawnica
Dystans: 43.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
1	**RZESZÓTKO Marcin**	**1201**	BUFF THE NORTH FACE	M30	1	tak	01:14:24	01:57:27	02:52:38	**03:26:09.85**	**03:26:10.55**		4:44	12.7 (100%)
2	**WITEK Andrzej**	**1203**	140MINUT.PL	M30	2	tak	01:18:15	02:02:49	02:58:54	**03:34:11.65**	**03:34:13.10**	+00:08:02 (3.8%)	4:55	12.2 (96.1%)
3	**SZCZEŚNIEWSKI Miłosz**	**1825**	HOKA GARMIN TEAM	M30	3	tak	01:19:14	02:03:38	03:01:32	**03:36:57.80**	**03:36:59.05**	+00:10:48 (5.0%)	4:59	12 (94.5%)
4	**SKUPIEŃ Tomasz**	**1211**		M30	4	tak	01:21:46	02:06:39	03:05:55	**03:41:37.55**	**03:41:38.95**	+00:15:28 (7.0%)	5:05	11.8 (92.9%)
5	**MILEWSKI Dominik**	**1207**	RYKOWISKO TEAM	M20	1	tak	01:22:02	02:07:40	03:06:46	**03:43:10.95**	**03:43:12.20**	+00:17:01 (7.6%)	5:07	11.7 (92.1%)
6	**WOŁĄKIEWICZ Piotr**	**1794**	RMT TEAM PRO	M20	2	tak	01:18:21	02:05:38	03:08:01	**03:44:52.90**	**03:44:54.65**	+00:18:44 (8.3%)	5:10	11.6 (91.3%)
7	**LEŚNIAK Kamil**	**1205**	HOKA GARMIN TEAM	M20	3	tak	01:18:18	02:04:18	03:06:19	**03:47:34.00**	**03:47:35.25**	+00:21:24 (9.4%)	5:13	11.5 (90.6%)
8	**DOMBROWSKI Maciej**	**1215**	ON RUNNING	M30	5	tak	01:23:57	02:11:53	03:13:52	**03:50:48.80**	**03:50:50.35**	+00:24:39 (10.7%)	5:18	11.3 (89.0%)
9	**PARIS Nicola**	**1597**	LA RECASTELLO	M30	6		01:25:25	02:16:06	03:21:42	**04:01:38.30**	**04:01:40.90**	+00:35:30 (14.7%)	5:33	10.8 (85.0%)
10	**KSIĄŻKIEWICZ Piotr**	**1643**	CITY TRAIL TEAM / MKS UNIA HRUBIESZÓW	M30	7	tak	01:27:13	02:17:08	03:23:24	**04:03:01.80**	**04:03:03.85**	+00:36:53 (15.2%)	5:35	10.7 (84.3%)
11	**GUTT Piotr**	**1222**		M20	4		01:26:08	02:15:52	03:20:45	**04:04:20.80**	**04:04:22.75**	+00:38:12 (15.6%)	5:37	10.7 (84.3%)
12	**KANTOR Martyna**	**1204**	SALOMON SUUNTO TEAM	K30	1	tak	01:28:52	02:21:14	03:27:52	**04:05:45.80**	**04:05:48.15**	+00:39:37 (16.1%)	5:38	10.6 (83.5%)
13	**KOCZWARA Tomek**	**1893**	MARCIN ŚWIERC TEAM	M40	1	tak	01:25:54	02:16:46	03:22:48	**04:05:49.65**	**04:05:56.60**	+00:39:46 (16.2%)	5:39	10.6 (83.5%)
14	**CHOROŚ Piotr**	**1891**	STAY INSANE	M40	2		01:30:51	02:21:08	03:26:50	**04:07:05.95**	**04:07:09.95**	+00:40:59 (16.6%)	5:40	10.6 (83.5%)
15	**KOREK Michał**	**1264**	MARCINŚWIERCTEAM	M40	3		01:30:09	02:21:07	03:27:07	**04:07:38.75**	**04:07:42.55**	+00:41:32 (16.8%)	5:41	10.5 (82.7%)
16	**NICPOŃ Sebastian**	**1894**	KARKONOSZ RUNNING TEAM	M20	5	tak	01:27:04	02:18:17	03:29:15	**04:08:21.65**	**04:08:24.25**	+00:42:13 (17.0%)	5:42	10.5 (82.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
17	**WITOWSKA Mirosława**	**1212**	HOKA GARMIN TEAM	K30	2	tak	01:30:09	02:25:51	03:29:54	**04:09:27.85**	**04:09:30.95**	+00:43:20 (17.4%)	5:44	10.5 (82.7%)
18	**MAZAN Piotr**	**1446**	FINISZ RYMANÓW	M40	4		01:31:43	02:23:01	03:29:30	**04:11:08.15**	**04:11:10.70**	+00:45:00 (17.9%)	5:46	10.4 (81.9%)
19	**WĄCHAŁA Łukasz**	**1223**		M20	6		01:31:28	02:23:33	03:30:08	**04:12:20.55**	**04:12:24.60**	+00:46:14 (18.3%)	5:48	10.3 (81.1%)
20	**WILK Katarzyna**	**1208**		K30	3	tak	01:32:38	02:25:39	03:35:20	**04:13:32.15**	**04:13:34.95**	+00:47:24 (18.7%)	5:49	10.3 (81.1%)
21	**KAŹMIERCZYK Bartosz**	**1634**	LKS ŻELAZNY OPOCZNO RUNNING TEAM	M20	7	tak	01:27:10	02:19:14	03:30:25	**04:14:10.60**	**04:14:13.85**	+00:48:03 (18.9%)	5:50	10.3 (81.1%)
22	**LAGNER Sebastian**	**1637**	KB SOBÓTKA/ PRZEDWOJEWSKI_TEAM	M30	8		01:25:26	02:17:15	03:27:49	**04:14:50.75**	**04:14:54.65**	+00:48:44 (19.1%)	5:51	10.2 (80.3%)
23	**SOLIŃSKA Katarzyna**	**1206**	ON RUNNING POLSKA	K30	4	tak	01:32:58	02:26:03	03:36:13	**04:17:47.55**	**04:17:50.85**	+00:51:40 (20.0%)	5:55	10.1 (79.5%)
24	**RUTKOWSKI Dawid**	**1733**	GRIZZLYTEAM/140MINUT.PL	M40	5		01:33:35	02:28:31	03:41:27	**04:21:35.00**	**04:21:36.55**	+00:55:26 (21.2%)	6:00	10 (78.7%)
25	**GALAS Karol**	**1685**	GORLICE	M30	9		01:29:13	02:21:51	03:38:10	**04:21:40.95**	**04:21:46.20**	+00:55:35 (21.2%)	6:00	10 (78.7%)
26	**PIĄTEK Mateusz**	**1599**	RMT TEAM	M30	10		01:35:17	02:28:57	03:40:33	**04:22:26.10**	**04:22:30.15**	+00:56:19 (21.5%)	6:01	9.9 (78.0%)
27	**KOBYŁECKI Michał**	**1700**	PROCOM SYSTEM TEAM	M20	8		01:30:45	02:25:50	03:41:57	**04:23:38.00**	**04:23:39.85**	+00:57:29 (21.8%)	6:03	9.9 (78.0%)
28	**SOBCZAK Henryk**	**1708**	-	M30	11		01:36:14	02:29:03	03:42:56	**04:24:06.40**	**04:24:08.10**	+00:57:57 (21.9%)	6:04	9.9 (78.0%)
29	**TRACZ Paulina**	**1202**		K30	5	tak	01:32:59	02:28:12	03:41:52	**04:24:33.45**	**04:24:36.00**	+00:58:25 (22.1%)	6:04	9.9 (78.0%)
30	**LISAK Krzysztof**	**1892**		M30	12	tak	01:32:23	02:25:46	03:39:34	**04:26:58.90**	**04:27:01.20**	+01:00:50 (22.8%)	6:08	9.8 (77.2%)
31	**CEBERAK Bartosz**	**1388**		M30	13		01:25:31	02:17:19	03:38:59	**04:28:28.40**	**04:28:31.20**	+01:02:20 (23.2%)	6:10	9.7 (76.4%)
32	**MATUSIAK Daniel**	**1272**		M30	14		01:31:51	02:27:01	03:43:03	**04:29:08.25**	**04:29:24.20**	+01:03:13 (23.5%)	6:11	9.7 (76.4%)
33	**FLOREK Sebastian**	**1224**	PRZEHYBA TRAIL	M30	15		01:35:34	02:32:49	03:46:11	**04:30:01.30**	**04:30:05.65**	+01:03:55 (23.7%)	6:12	9.7 (76.4%)
34	**SOLARSKI Sergiusz**	**1739**	1981	M40	6		01:37:57	02:34:08	03:48:59	**04:30:58.75**	**04:31:02.90**	+01:04:52 (23.9%)	6:13	9.6 (75.6%)
35	**PIECHA Artur**	**1367**	SKY RUNNING TEAM	M40	7		01:37:05	02:34:02	03:48:52	**04:31:13.80**	**04:31:16.90**	+01:05:06 (24.0%)	6:14	9.6 (75.6%)
36	**GOŁĄB Marek**	**1325**	STAY INSANE	M30	16		01:37:15	02:33:59	03:49:08	**04:31:50.00**	**04:31:52.65**	+01:05:42 (24.2%)	6:14	9.6 (75.6%)
37	**POŻAK Grzegorz**	**1486**	STAY INSANE	M40	8		01:43:29	02:40:59	03:55:21	**04:38:13.05**	**04:38:23.80**	+01:12:13 (25.9%)	6:23	9.4 (74.0%)
38	**ZAJĄC Robert**	**1327**	ORANGE POLSKA	M40	9		01:39:26	02:36:59	03:54:26	**04:39:02.80**	**04:39:02.80**	+01:12:52 (26.1%)	6:24	9.4 (74.0%)
39	**WIECZOREK Nina**	**1803**	MKS SIECHNICE	K20	1	tak	01:41:32	02:40:45	03:57:41	**04:40:32.65**	**04:40:46.85**	+01:14:36 (26.6%)	6:26	9.3 (73.2%)
40	**STANKIEWICZ Tomasz**	**1275**	PLANYBIEGOWE.PL	M30	17	tak	01:38:22	02:34:17	03:54:23	**04:40:50.45**	**04:40:54.75**	+01:14:44 (26.6%)	6:27	9.3 (73.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
41	**BYRSA Sylwia**	**1849**		K20	2		01:40:08	02:40:44	03:56:15	**04:40:59.70**	**04:41:03.25**	+01:14:52 (26.6%)	6:27	9.3 (73.2%)
42	**STACHOWIAK Łukasz**	**1226**	STR POZNAŃ / CITY TRAIL TEAM	M30	18		01:37:06	02:34:51	03:55:59	**04:41:44.15**	**04:41:47.40**	+01:15:36 (26.8%)	6:28	9.3 (73.2%)
43	**SENDOR Piotr**	**1829**		M40	10		01:40:06	02:39:30	03:56:22	**04:42:44.05**	**04:42:47.90**	+01:16:37 (27.1%)	6:29	9.2 (72.4%)
44	**RUDNIK Tomasz**	**1514**		M40	11		01:42:03	02:39:16	03:58:16	**04:42:43.00**	**04:42:54.65**	+01:16:44 (27.1%)	6:29	9.2 (72.4%)
45	**WOJTAS Maciej**	**1402**		M40	12		01:35:41	02:33:00	03:56:16	**04:43:00.25**	**04:43:04.40**	+01:16:53 (27.2%)	6:30	9.2 (72.4%)
46	**BARAN Piotr**	**1309**	TRAIL IS OUR WAY	M40	13		01:40:00	02:39:15	03:58:19	**04:43:04.30**	**04:43:07.70**	+01:16:57 (27.2%)	6:30	9.2 (72.4%)
47	**MAMALA Justyna**	**1216**	PAMTRANS	K30	6		01:43:40	02:43:14	03:58:51	**04:44:29.80**	**04:44:32.90**	+01:18:22 (27.5%)	6:32	9.2 (72.4%)
48	**KACZMAREK Tomasz**	**1287**	NIEPOŁOMICE BIEGAJĄ	M40	14		01:41:44	02:40:17	03:59:01	**04:45:23.45**	**04:45:31.20**	+01:19:20 (27.8%)	6:33	9.1 (71.7%)
49	**SZCZEPANIAK Damian**	**1676**	DAMIAN	M40	15		01:40:37	02:39:56	04:01:53	**04:46:07.75**	**04:46:12.35**	+01:20:01 (28.0%)	6:34	9.1 (71.7%)
50	**CZARNY Jarosław**	**1587**		M30	19		01:42:20	02:39:31	03:58:22	**04:46:39.10**	**04:46:44.65**	+01:20:34 (28.1%)	6:35	9.1 (71.7%)
51	**ŁABUZ Małgorzata**	**1588**		K30	7		01:42:53	02:42:10	04:01:53	**04:47:33.10**	**04:47:38.35**	+01:21:27 (28.3%)	6:36	9.1 (71.7%)
52	**STAŃCO Paweł**	**1846**	PRZEDWOJEWSKI TEAM	M30	20		01:34:18	02:30:33	03:57:14	**04:47:36.65**	**04:47:44.15**	+01:21:33 (28.3%)	6:36	9.1 (71.7%)
53	**ŻURAWSKI Sławomir**	**1292**	1979	M40	16		01:42:06	02:41:35	04:03:01	**04:47:56.20**	**04:47:59.65**	+01:21:49 (28.4%)	6:37	9.1 (71.7%)
54	**ZABEL Robert**	**1230**	WKS WAWEL KRAKÓW	M40	17		01:40:44	02:39:53	04:02:00	**04:48:16.30**	**04:48:20.00**	+01:22:09 (28.5%)	6:37	9.1 (71.7%)
55	**GEZELA Mariusz**	**1511**	EUFORIA BIEGACZA TEAM	M40	18		01:40:50	02:40:04	04:02:10	**04:50:03.90**	**04:50:08.25**	+01:23:57 (28.9%)	6:40	9 (70.9%)
56	**DESSAUER Wioletta**	**1372**	STAY INSANE	K40	1		01:43:40	02:43:25	04:03:19	**04:50:02.45**	**04:50:13.90**	+01:24:03 (29.0%)	6:40	9 (70.9%)
57	**RANOSZ Piotr**	**1884**		M40	19		01:43:31	02:43:36	04:04:33	**04:51:22.55**	**04:51:29.65**	+01:25:19 (29.3%)	6:41	9 (70.9%)
58	**SZKOŁA Paweł**	**1640**		M30	21		01:40:31	02:39:40	04:00:02	**04:51:41.60**	**04:51:44.70**	+01:25:34 (29.3%)	6:42	8.9 (70.1%)
59	**MORAWIEC Piotr**	**1301**		M20	9		01:44:26	02:45:23	04:05:12	**04:51:39.30**	**04:51:56.25**	+01:25:45 (29.4%)	6:42	8.9 (70.1%)
60	**BRZOZA Adam**	**1538**	BIEGAMZAPARATEM.PL	M50	1		01:43:25	02:43:05	04:06:22	**04:52:37.80**	**04:52:43.35**	+01:26:32 (29.6%)	6:43	8.9 (70.1%)
61	**MAKARSKI Krzysztof**	**1777**	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	M40	20		01:42:19	02:41:42	04:06:09	**04:53:01.80**	**04:53:10.90**	+01:27:00 (29.7%)	6:44	8.9 (70.1%)
62	**SENDEK Sylwia**	**1766**	INFINITY-GYM	K30	8	tak	01:47:58	02:49:04	04:08:38	**04:54:55.35**	**04:54:59.75**	+01:28:49 (30.1%)	6:46	8.8 (69.3%)
63	**SKOWRON Michał**	**1811**	BIEGAM_BO_MAM_DZIECI	M30	22		01:46:10	02:49:37	04:09:48	**04:54:56.10**	**04:55:18.80**	+01:29:08 (30.2%)	6:46	8.8 (69.3%)
64	**KOWALCZYK Mateusz**	**1719**	MINUTKA TRAIL / PRZEWORSKA GRUPA BIEGOWA	M30	23		01:42:44	02:43:06	04:09:48	**04:55:36.95**	**04:55:39.90**	+01:29:29 (30.3%)	6:47	8.8 (69.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
65	**STASZCZAK Łukasz**	**1619**	TRI TEAM LUBAŃ	M40	21		01:36:31	02:39:06	04:03:39	**04:55:51.60**	**04:56:00.55**	+01:29:50 (30.3%)	6:48	8.8 (69.3%)
66	**LACHOR Krzysztof**	**1743**	RUNNING TEAM NASTOPY.PL	M20	10		01:40:51	02:40:06	04:09:32	**04:58:42.65**	**04:58:47.90**	+01:32:37 (31.0%)	6:52	8.7 (68.5%)
67	**KRZYSZTOŃ Marcin**	**1740**	GMP LASY - KRAŚNIK	M30	24		01:43:44	02:44:45	04:09:37	**04:58:51.50**	**04:58:57.95**	+01:32:47 (31.0%)	6:52	8.7 (68.5%)
68	**MAJKUT Andrzej**	**1842**	KS HARPAGAN TARNOBRZEG	M40	22	tak	01:45:47	02:48:07	04:11:43	**05:00:36.55**	**05:00:41.80**	+01:34:31 (31.4%)	6:54	8.7 (68.5%)
69	**BIENIAS Łukasz**	**1902**	BLACKHATULTRA	M30	25		01:46:22	02:50:46	04:16:00	**05:01:58.15**	**05:02:34.00**	+01:36:23 (31.9%)	6:56	8.6 (67.7%)
70	**SZCZYGIEŁ Łukasz**	**1789**		M30	26		01:43:27	02:41:03	04:09:55	**05:02:34.80**	**05:02:47.15**	+01:36:36 (31.9%)	6:57	8.6 (67.7%)
71	**WÓJCIK Łukasz**	**1251**	SZYBCIEJ NIE DAM RADY	M30	27		01:44:10	02:47:37	04:13:57	**05:03:14.65**	**05:03:27.25**	+01:37:16 (32.1%)	6:58	8.6 (67.7%)
72	**BISKUPSKI Piotr**	**1863**		M40	23		01:43:58	02:45:42	04:14:30	**05:03:27.25**	**05:03:34.10**	+01:37:23 (32.1%)	6:58	8.6 (67.7%)
73	**ZYGMUNT Tomasz**	**1644**		M20	11		01:40:18	02:41:46	04:18:08	**05:04:42.25**	**05:04:47.70**	+01:38:37 (32.4%)	7:00	8.6 (67.7%)
74	**DUDEK Wojciech**	**1725**	WOJCIECH DUDEK	M30	28		01:40:40	02:44:46	04:14:34	**05:04:39.25**	**05:04:49.50**	+01:38:38 (32.4%)	7:00	8.6 (67.7%)
75	**PASEK Tomasz**	**1427**	EKOMOTEL&PARKPINOKIO	M40	24		01:42:33	02:45:58	04:15:35	**05:05:41.35**	**05:05:45.05**	+01:39:34 (32.6%)	7:01	8.5 (66.9%)
76	**DYGACZ Agnieszka**	**1834**	LHOTSE TEAM/42K PRO TEAM	K30	9	tak	01:42:35	02:44:40	04:11:40	**05:05:52.45**	**05:05:54.65**	+01:39:44 (32.6%)	7:01	8.5 (66.9%)
77	**PIĄTEK Joanna**	**1598**		K30	10		01:48:53	02:52:11	04:17:23	**05:06:12.10**	**05:06:17.95**	+01:40:07 (32.7%)	7:02	8.5 (66.9%)
78	**MALECKA-LEŃ Patrycja**	**1562**	STAJNIA BALONA	K40	2	tak	01:48:22	02:53:23	04:17:44	**05:06:45.30**	**05:06:47.90**	+01:40:37 (32.8%)	7:03	8.5 (66.9%)
79	**GARGAS Ewa**	**1628**	PRZEDWOJEWSKI_TEAM	K30	11		01:49:02	02:50:10	04:18:29	**05:07:40.75**	**05:07:47.35**	+01:41:36 (33.0%)	7:04	8.5 (66.9%)
80	**ROSŁON Piotr**	**1265**		M40	25		01:44:00	02:49:44	04:20:51	**05:10:09.95**	**05:10:15.80**	+01:44:05 (33.5%)	7:07	8.4 (66.1%)
81	**LASOCKI Marcin**	**1721**	12TRI.PL / TEAM ZABIEGANEDNI	M40	26		01:40:24	02:45:56	04:16:11	**05:10:01.25**	**05:10:28.85**	+01:44:18 (33.6%)	7:07	8.4 (66.1%)
82	**GRUPA Jarosław**	**1501**	SZWLA STARGARD	M40	27		01:46:30	02:53:38	04:21:21	**05:11:39.25**	**05:11:39.25**	+01:45:28 (33.8%)	7:09	8.4 (66.1%)
83	**STEPANIUK Adam**	**1276**	BIEGAMY DZISIAJ? WIERZBICA	M40	28		01:47:44	02:52:27	04:21:24	**05:12:13.75**	**05:12:28.05**	+01:46:17 (34.0%)	7:10	8.4 (66.1%)
84	**STASZELIS Krzysztof**	**1848**	POCO LOCO ADVENTURE	M30	29		01:45:24	02:50:52	04:22:42	**05:13:22.90**	**05:13:30.15**	+01:47:19 (34.2%)	7:12	8.3 (65.4%)
85	**LASOTA Robert**	**1871**	DOM I LAS 7	M40	29		01:37:52	02:41:55	04:21:00	**05:13:56.60**	**05:13:58.55**	+01:47:48 (34.3%)	7:13	8.3 (65.4%)
86	**MILANOWSKA-ZABEL Kaja**	**1340**	#CODEAGAINSTCANCER	K30	12		01:51:37	02:55:52	04:20:42	**05:14:19.00**	**05:14:23.30**	+01:48:12 (34.4%)	7:13	8.3 (65.4%)
87	**BŁĄDEK Sławomir**	**1412**		M30	30		01:45:34	02:51:41	04:24:49	**05:14:33.95**	**05:14:38.75**	+01:48:28 (34.5%)	7:13	8.3 (65.4%)
88	**SZCZESZEK Łukasz**	**1716**	RYCERZE HARDCORU	M40	30		01:47:45	02:51:37	04:24:36	**05:16:14.90**	**05:16:23.40**	+01:50:12 (34.8%)	7:16	8.3 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
89	**WALDOWSKI Arkadiusz**	**1476**		M30	31		01:45:14	02:47:43	04:21:30	**05:16:03.95**	**05:16:30.00**	+01:50:19 (34.9%)	7:15	8.3 (65.4%)
90	**DĄBROWSKI Michał**	**1559**	CINCLUS	M50	2		01:47:34	02:57:26	04:27:10	**05:15:40.20**	**05:16:33.15**	+01:50:22 (34.9%)	7:15	8.3 (65.4%)
91	**PAPIERZ Marta**	**1448**		K20	3		01:51:17	02:57:37	04:25:42	**05:16:29.40**	**05:16:35.00**	+01:50:24 (34.9%)	7:16	8.2 (64.6%)
92	**UMANA Diego**	**1343**	CENTRUM REHABILITACJI FUNKCJONALNEJ SOWA	M40	31		01:42:21	02:46:14	04:24:01	**05:17:10.45**	**05:17:12.65**	+01:51:02 (35.0%)	7:17	8.2 (64.6%)
93	**MATYJASZCZYK Kamil**	**1237**	ŁĘCZNA BIEGA	M30	32		01:42:08	02:50:31	04:28:44	**05:17:34.40**	**05:17:42.45**	+01:51:31 (35.1%)	7:18	8.2 (64.6%)
94	**WÓJCIK Robert**	**1835**	42K PRO TEAM	M30	33		01:43:28	02:50:40	04:24:01	**05:19:01.90**	**05:19:04.70**	+01:52:54 (35.4%)	7:20	8.2 (64.6%)
95	**WASIEWICZ Adam**	**1678**	NIE MÓJ CYRK, MOJE MAŁPY	M30	34		01:51:20	02:56:15	04:28:37	**05:19:06.60**	**05:19:15.25**	+01:53:04 (35.4%)	7:20	8.2 (64.6%)
96	**MATUSZ Krystian**	**1346**		M20	12		01:45:36	02:53:56	04:29:20	**05:19:31.25**	**05:19:36.50**	+01:53:25 (35.5%)	7:20	8.2 (64.6%)
97	**OGŁUSZKA Michał**	**1856**	SAFEPRO USŁUGI BHP	M30	35		01:48:19	02:54:01	04:30:41	**05:21:53.65**	**05:21:57.05**	+01:55:46 (36.0%)	7:23	8.1 (63.8%)
98	**DOLCZEWSKI Dariusz**	**1705**	NAPRZÓD MŁOCINY BAT	M40	32		01:45:50	02:51:12	04:29:32	**05:22:40.60**	**05:22:54.80**	+01:56:44 (36.2%)	7:25	8.1 (63.8%)
99	**MALISZEWSKA Justyna**	**1596**	MOTOMROKO	K20	4		01:45:28	02:50:48	04:27:52	**05:23:00.00**	**05:23:14.50**	+01:57:03 (36.2%)	7:25	8.1 (63.8%)
100	**BOHUN Dawid**	**1666**	DAWID	M40	33		01:53:05	02:59:50	04:31:09	**05:23:13.50**	**05:23:28.95**	+01:57:18 (36.3%)	7:25	8.1 (63.8%)
101	**KRZEMIŃSKI Marcin**	**1785**	SPRINT GORZYCE	M40	34		01:48:32	02:54:29	04:27:13	**05:23:51.15**	**05:24:39.95**	+01:58:29 (36.5%)	7:26	8.1 (63.8%)
102	**DOMIN Tomasz**	**1415**	SEVENCOINS.PL	M40	35		01:55:12	03:03:07	04:33:18	**05:24:33.15**	**05:25:10.60**	+01:59:00 (36.6%)	7:27	8 (63.0%)
103	**BOROWICZ Monika**	**1220**	CKS BUDOWLANI / ZABIEGANI CZĘSTOCHOWA	K40	3	tak	01:48:52	03:00:18	04:33:23	**05:25:42.55**	**05:25:47.80**	+01:59:37 (36.7%)	7:29	8 (63.0%)
104	**CHMIELEWSKI Dariusz**	**1253**	DLA MARTY	M50	3		01:53:57	03:00:02	04:33:05	**05:26:17.10**	**05:26:37.95**	+02:00:27 (36.9%)	7:30	8 (63.0%)
105	**KAŹMIERCZAK Piotr**	**1633**		M30	36		01:48:23	02:53:03	04:32:12	**05:26:58.95**	**05:27:08.85**	+02:00:58 (37.0%)	7:30	8 (63.0%)
106	**KOŁEK Szymon**	**1718**		M50	4		01:55:24	03:04:34	04:34:45	**05:26:46.80**	**05:27:11.60**	+02:01:01 (37.0%)	7:30	8 (63.0%)
107	**PŁAZA Radosław**	**1249**	ULTRASEKUNDA	M40	36		01:47:38	02:54:57	04:33:10	**05:27:15.90**	**05:27:37.95**	+02:01:27 (37.1%)	7:31	8 (63.0%)
108	**WALASZCZYK Sławomir**	**1815**	POLWAX RACING TEAM	M30	37		01:52:52	03:00:37	04:33:17	**05:27:26.45**	**05:27:39.10**	+02:01:28 (37.1%)	7:31	8 (63.0%)
109	**ŻARNOWSKI Grzegorz**	**1734**	GREGZARNOWSKI.PL	M40	37		01:57:49	03:04:24	04:35:31	**05:27:29.80**	**05:27:54.05**	+02:01:43 (37.1%)	7:31	8 (63.0%)
110	**MUCHA Piotr**	**1233**	PM KANCELARIA	M40	38		01:52:48	02:56:45	04:32:47	**05:27:28.40**	**05:28:01.95**	+02:01:51 (37.1%)	7:31	8 (63.0%)
111	**ZYS Marcin**	**1581**		M40	39		01:50:49	02:58:05	04:33:41	**05:29:39.00**	**05:29:54.25**	+02:03:43 (37.5%)	7:34	7.9 (62.2%)
112	**SKRZYP Tomasz**	**1444**		M30	38		01:45:18	02:53:16	04:32:40	**05:29:40.15**	**05:29:54.30**	+02:03:43 (37.5%)	7:34	7.9 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
113	**SŁUGOCKI Mateusz**	**1352**		M30	39		01:54:18	03:01:49	04:35:27	**05:29:52.30**	**05:30:20.25**	+02:04:09 (37.6%)	7:34	7.9 (62.2%)
114	**NAGY Béla**	**1869**	ÓLOMLÁBÚAK	M40	40		01:57:18	03:08:27	04:37:32	**05:30:11.30**	**05:30:22.35**	+02:04:11 (37.6%)	7:35	7.9 (62.2%)
115	**KOLASA Przemysław**	**1626**		M30	40		01:52:56	03:01:48	04:40:50	**05:31:05.55**	**05:31:23.10**	+02:05:12 (37.8%)	7:36	7.9 (62.2%)
116	**FUKS Szymon**	**1376**	MCBIEGACZE	M40	41		01:50:22	02:57:49	04:40:19	**05:31:31.35**	**05:31:40.25**	+02:05:29 (37.8%)	7:37	7.9 (62.2%)
117	**KALISZUK Przemysław**	**1322**		M30	41		01:53:01	03:01:33	04:39:06	**05:31:53.55**	**05:32:18.85**	+02:06:08 (38.0%)	7:37	7.9 (62.2%)
118	**POŁUBOK Kajetan**	**1673**		M40	42		01:54:25	03:01:46	04:40:40	**05:33:28.40**	**05:33:58.45**	+02:07:47 (38.3%)	7:39	7.8 (61.4%)
119	**BANASIAK Marcin**	**1583**	FUJITSU RUNNING TEAM	M40	43		01:46:11	02:51:49	04:37:14	**05:34:08.95**	**05:35:00.65**	+02:08:50 (38.5%)	7:40	7.8 (61.4%)
120	**MAGDA Katarzyna**	**1461**		K40	4		01:55:35	03:04:38	04:41:17	**05:35:22.10**	**05:35:29.00**	+02:09:18 (38.5%)	7:42	7.8 (61.4%)
121	**KACZMAREK Maciej**	**1722**	MEISSNER KOZIOŁ KACZMAREK & PARTNER SP.K.	M30	42		01:56:53	03:03:20	04:40:25	**05:34:43.20**	**05:35:48.45**	+02:09:37 (38.6%)	7:41	7.8 (61.4%)
122	**WŁOCH Sławomir**	**1504**		M50	5		01:57:00	03:06:47	04:43:06	**05:35:55.60**	**05:36:03.50**	+02:09:52 (38.6%)	7:43	7.8 (61.4%)
123	**WOŁOSZYN Piotr**	**1859**	A NA CO TO KOMU POTRZEBNE	M40	44		01:57:06	03:07:53	04:46:19	**05:35:52.40**	**05:36:06.20**	+02:09:55 (38.7%)	7:43	7.8 (61.4%)
124	**ORŁOWSKI Jaku**	**1750**		M30	43		01:48:24	03:03:43	04:44:57	**05:35:40.15**	**05:36:14.20**	+02:10:03 (38.7%)	7:42	7.8 (61.4%)
125	**ANTCZAK Jolanta**	**1537**	SPORTOWE PUŁAWY	K30	13		01:58:49	03:10:02	04:43:58	**05:36:30.90**	**05:36:38.30**	+02:10:27 (38.8%)	7:44	7.8 (61.4%)
126	**MRÓWKA Michał**	**1229**	OBOZY GÓRSKIE	M30	44		01:56:22	03:08:03	04:46:18	**05:36:37.85**	**05:36:44.15**	+02:10:33 (38.8%)	7:44	7.8 (61.4%)
127	**KOWALSKA Katarzyna**	**1612**	POLSKA	K40	5		01:59:14	03:10:30	04:46:03	**05:36:45.90**	**05:37:22.75**	+02:11:12 (38.9%)	7:44	7.8 (61.4%)
128	**ESZNER Agnieszka**	**1717**		K40	6		01:56:38	03:08:33	04:42:59	**05:37:08.80**	**05:37:30.55**	+02:11:20 (38.9%)	7:45	7.7 (60.6%)
129	**LIPSKI Michał**	**1258**	STARY CZŁOWIEK KOJOT	M30	45		01:54:39	03:02:05	04:41:54	**05:37:34.35**	**05:37:51.95**	+02:11:41 (39.0%)	7:45	7.7 (60.6%)
130	**NIEDŹWIEDŹ Tomasz**	**1738**	SOBASTEAM	M40	45		01:51:29	03:02:27	04:42:06	**05:37:59.00**	**05:38:03.60**	+02:11:53 (39.0%)	7:46	7.7 (60.6%)
131	**STASIAK Bartosz**	**1600**	DRUŻYNA SZPIKU	M30	46		01:56:17	03:02:56	04:44:48	**05:37:31.90**	**05:38:16.30**	+02:12:05 (39.1%)	7:45	7.7 (60.6%)
132	**PELA Dariusz**	**1690**		M30	47		01:59:19	03:12:24	04:45:16	**05:39:05.10**	**05:39:26.45**	+02:13:15 (39.3%)	7:47	7.7 (60.6%)
133	**URYGA Jakub**	**1782**	DEUTSCHE BANK MARATHON TEAM	M40	46		01:54:29	03:04:11	04:42:46	**05:39:13.65**	**05:39:30.40**	+02:13:19 (39.3%)	7:47	7.7 (60.6%)
134	**SWORSKI Roman**	**1494**	TRENUJSKUTECZNIE.COM / VEGAN & VEGE RUNNERS	M30	48		01:47:30	02:55:22	04:47:46	**05:40:51.05**	**05:41:07.00**	+02:14:56 (39.6%)	7:50	7.7 (60.6%)
135	**GALA Grzegorz**	**1683**	SCHENKER TECHNOLOGY CENTER RUNNERS	M40	47		01:52:19	03:02:56	04:46:20	**05:40:59.70**	**05:41:22.05**	+02:15:11 (39.6%)	7:50	7.7 (60.6%)
136	**WINTER Piotr**	**1482**	NIGHT RUNNERS	M30	49		01:50:06	02:58:56	04:41:44	**05:41:31.45**	**05:41:36.05**	+02:15:25 (39.6%)	7:51	7.6 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
137	**JANOWICZ Rafał**	**1832**	MIĘKKI ŻELEK	M40	48		01:56:57	03:09:36	04:49:19	**05:41:55.25**	**05:42:11.80**	+02:16:01 (39.7%)	7:51	7.6 (59.8%)
138	**KWIATKOWSKI Przemysław**	**1256**		M30	50		01:56:16	03:04:10	04:50:46	**05:43:04.65**	**05:43:10.20**	+02:16:59 (39.9%)	7:53	7.6 (59.8%)
139	**NAGY Szilvia**	**1870**	ÓLOMLÁBÚAK	K40	7		02:02:58	03:16:17	04:48:32	**05:43:11.55**	**05:43:11.55**	+02:17:01 (39.9%)	7:53	7.6 (59.8%)
140	**GRANOPS Maciej**	**1707**		M40	49		01:59:29	03:12:18	04:49:37	**05:43:00.50**	**05:43:23.85**	+02:17:13 (40.0%)	7:53	7.6 (59.8%)
141	**SZADKOWSKI Denis**	**1658**		M20	13		01:59:16	03:10:19	04:46:12	**05:43:21.80**	**05:43:28.25**	+02:17:17 (40.0%)	7:53	7.6 (59.8%)
142	**ZAJĄC Grzegorz**	**1516**	LUBELSKI WĘGIEL BOGDANKA	M40	50		01:51:08	03:03:00	04:45:29	**05:43:25.25**	**05:43:38.50**	+02:17:27 (40.0%)	7:53	7.6 (59.8%)
143	**ZIEMBA Michal**	**1774**	ZIOMKI	M30	51		01:57:28	03:10:08	04:47:59	**05:43:36.80**	**05:43:41.40**	+02:17:30 (40.0%)	7:53	7.6 (59.8%)
144	**KUNZ Tomasz**	**1433**		M50	6		02:00:02	03:10:43	04:49:05	**05:43:34.20**	**05:43:48.30**	+02:17:37 (40.0%)	7:53	7.6 (59.8%)
145	**BYDOŃ Agnieszka**	**1751**	#ADAMCZERWIŃSKITEAM	K40	8		01:58:51	03:12:03	04:46:41	**05:44:31.80**	**05:44:38.90**	+02:18:28 (40.2%)	7:55	7.6 (59.8%)
146	**CHMIEL Joanna**	**1544**		K30	14		02:00:10	03:16:02	04:52:52	**05:44:49.05**	**05:45:02.90**	+02:18:52 (40.2%)	7:55	7.6 (59.8%)
147	**BORDA-SIECZKOWSKI Jarosław**	**1670**		M40	51		01:59:58	03:11:13	04:49:04	**05:45:40.35**	**05:45:53.85**	+02:19:43 (40.4%)	7:56	7.6 (59.8%)
148	**GOTFRYD Adam**	**1660**		M40	52		02:00:39	03:12:55	04:54:52	**05:45:39.80**	**05:45:54.05**	+02:19:43 (40.4%)	7:56	7.6 (59.8%)
149	**BOHDANOWICZ Krystian**	**1831**	1980	M40	53		01:58:31	03:11:16	04:49:35	**05:45:55.35**	**05:46:18.10**	+02:20:07 (40.5%)	7:57	7.5 (59.1%)
150	**SMACZNY Bartłomiej**	**1528**	WTM	M30	52		01:56:13	03:08:49	04:49:16	**05:46:43.35**	**05:47:07.40**	+02:20:56 (40.6%)	7:58	7.5 (59.1%)
151	**KMITA Krzysztof**	**1753**		M30	53		01:56:56	03:11:48	04:52:33	**05:47:33.55**	**05:48:02.15**	+02:21:51 (40.8%)	7:59	7.5 (59.1%)
152	**MRUGAŁA Monika**	**1390**	TRAIL IS OUR WAY TEAM	K40	9		01:56:55	03:10:47	04:51:18	**05:47:46.75**	**05:48:19.60**	+02:22:09 (40.8%)	7:59	7.5 (59.1%)
153	**KOZERA Katarzyna**	**1595**	BUSHIDO	K30	15		02:01:02	03:16:11	04:54:10	**05:48:29.05**	**05:49:01.50**	+02:22:50 (40.9%)	8:00	7.5 (59.1%)
154	**BIENIEK Rafał**	**1906**		M40	54		01:58:24	03:12:53	04:57:39	**05:49:03.35**	**05:49:12.45**	+02:23:01 (41.0%)	8:01	7.5 (59.1%)
155	**MAZURKIEWICZ Jarosław**	**1878**	KS GRUCHA	M30	54		01:53:01	03:03:43	04:53:48	**05:49:09.85**	**05:49:20.10**	+02:23:09 (41.0%)	8:01	7.5 (59.1%)
156	**RUSIN Krzysztof**	**1796**		M20	14		01:47:34	02:56:58	04:53:11	**05:49:38.80**	**05:49:43.75**	+02:23:33 (41.0%)	8:02	7.5 (59.1%)
157	**MANDZIUK Grzegorz**	**1471**	ORT ŁOMIANKI	M30	55		01:53:33	03:05:33	04:53:43	**05:49:47.30**	**05:49:47.30**	+02:23:36 (41.1%)	8:02	7.5 (59.1%)
158	**OSTROWSKI Artur**	**1361**	SKS	M50	7		02:32:07		04:40:41	**05:49:25.85**	**05:50:28.90**	+02:24:18 (41.2%)	8:01	7.5 (59.1%)
159	**KUCZYŃSKI Marcin**	**1356**	SKS	M40	55		02:32:08		04:40:42	**05:49:28.80**	**05:50:30.40**	+02:24:19 (41.2%)	8:02	7.5 (59.1%)
160	**WERENKOWICZ-WRONA Ilona**	**1655**	LKB RUDNIK	K40	10		02:00:38	03:12:07	04:54:17	**05:50:24.55**	**05:50:41.25**	+02:24:30 (41.2%)	8:03	7.4 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
161	**BIHUN Natalia**	**1737**	NOA	K30	16		02:02:34	03:13:37	04:54:12	**05:50:59.55**	**05:51:03.45**	+02:24:52 (41.3%)	8:04	7.4 (58.3%)
162	**RYMAR Alan**	**1468**	GWARDIA NAFTY	M20	15		01:56:52	03:08:39	04:51:41	**05:50:56.25**	**05:51:16.05**	+02:25:05 (41.3%)	8:04	7.4 (58.3%)
163	**SMOLIŃSKI Piotr**	**1347**		M30	56		02:03:47	03:18:34	04:58:30	**05:52:09.90**	**05:52:26.75**	+02:26:16 (41.5%)	8:05	7.4 (58.3%)
164	**PUŁA Waldemar**	**1407**	STAY INSANE	M40	56		01:59:57	03:10:46	04:56:43	**05:52:04.50**	**05:52:29.20**	+02:26:18 (41.5%)	8:05	7.4 (58.3%)
165	**FILIPIUK Tomek**	**1677**	POWIAT ŚWIDNICKI	M30	57		01:53:22	03:04:54	04:51:32	**05:52:23.20**	**05:52:36.40**	+02:26:25 (41.5%)	8:06	7.4 (58.3%)
166	**BOSS Oskar**	**1903**	NATIONALE-NEDERLANDEN RUNNING TEAM	M20	16		01:53:00	03:06:53	04:56:35	**05:52:42.75**	**05:52:49.50**	+02:26:38 (41.6%)	8:06	7.4 (58.3%)
167	**KARP Pawel**	**1712**		M30	58		01:47:40	02:55:42	04:54:05	**05:52:42.85**	**05:53:00.50**	+02:26:49 (41.6%)	8:06	7.4 (58.3%)
168	**SZCZEPAŃSKI Grzegorz**	**1905**		M40	57		02:01:55	03:16:08	04:57:39	**05:52:34.15**	**05:53:18.10**	+02:27:07 (41.6%)	8:06	7.4 (58.3%)
169	**SIVUĽKA Martin**	**1647**	MARAS TEAM	M40	58		02:06:07	03:18:50	05:02:12	**05:54:10.45**	**05:54:21.65**	+02:28:11 (41.8%)	8:08	7.4 (58.3%)
170	**PROKULEWICZ Tomasz**	**1867**		M40	59		01:56:02	03:10:17	04:57:56	**05:54:09.00**	**05:54:24.55**	+02:28:14 (41.8%)	8:08	7.4 (58.3%)
171	**PŁAZIAK-KOWALSKA Magdalena**	**1618**	2K	K30	17		02:00:40	03:15:32	04:55:10	**05:54:10.95**	**05:54:40.35**	+02:28:29 (41.9%)	8:08	7.4 (58.3%)
172	**DZIERŻAK Elżbieta**	**1795**	WWW.TRENINGFIZJOTERAPIA.PL	K40	11		02:06:12	03:21:44	04:59:52	**05:54:42.30**	**05:54:52.35**	+02:28:41 (41.9%)	8:09	7.4 (58.3%)
173	**MALINOWSKI Marek**	**1558**		M40	60		02:06:02	03:20:35	04:59:50	**05:54:45.20**	**05:55:00.20**	+02:28:49 (41.9%)	8:09	7.4 (58.3%)
174	**GŁOWACKI Krzysztof**	**1813**	WIDZEW RUNNING TEAM	M30	59		01:58:31	03:12:14	04:57:53	**05:54:37.60**	**05:55:00.30**	+02:28:49 (41.9%)	8:09	7.4 (58.3%)
175	**KOMAR Anna**	**1399**		K30	18		02:03:09	03:18:56	04:57:46	**05:55:01.10**	**05:55:14.05**	+02:29:03 (42.0%)	8:09	7.4 (58.3%)
176	**RATAJ Artur**	**1545**	KATOWICE	M40	61		01:57:04	03:11:11	04:58:56	**05:56:06.30**	**05:56:11.55**	+02:30:01 (42.1%)	8:11	7.3 (57.5%)
177	**PRZYBYSŁAWSKI Dariusz**	**1883**		M20	17		01:59:14	03:18:18	05:01:59	**05:55:31.90**	**05:56:12.15**	+02:30:01 (42.1%)	8:10	7.3 (57.5%)
178	**MYŚLIWIEC Przemysław**	**1852**		M50	8		02:00:27	03:16:14	04:54:58	**05:55:59.15**	**05:56:12.85**	+02:30:02 (42.1%)	8:11	7.3 (57.5%)
179	**KLUS Anna**	**1333**	TRAIL IS OUR WAY TEAM	K30	19		02:03:47	03:17:36	05:00:56	**05:55:39.25**	**05:56:13.15**	+02:30:02 (42.1%)	8:10	7.3 (57.5%)
180	**SOBCZAK Aleksandra**	**1784**		K30	20		02:04:53	03:20:55	05:02:13	**05:56:42.10**	**05:56:54.40**	+02:30:43 (42.2%)	8:12	7.3 (57.5%)
181	**WIADERNA Nina**	**1659**		K30	21		02:05:06	03:18:52	04:59:41	**05:56:18.90**	**05:57:01.05**	+02:30:50 (42.3%)	8:11	7.3 (57.5%)
182	**KIJAK Bartosz**	**1263**		M40	62		01:55:45	03:08:18	04:56:52	**05:56:21.60**	**05:57:10.90**	+02:31:00 (42.3%)	8:11	7.3 (57.5%)
183	**ILKOVIC Matus**	**1682**		M30	60		02:00:29	03:15:56	05:03:17	**05:57:24.55**	**05:57:42.95**	+02:31:32 (42.4%)	8:12	7.3 (57.5%)
184	**ZAJĄC Mateusz**	**1819**		M40	63		02:00:08	03:15:54	04:58:30	**05:57:39.45**	**05:58:01.00**	+02:31:50 (42.4%)	8:13	7.3 (57.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
185	**SZYMULA Janusz**	**1396**		M40	64		02:01:23	03:16:37	05:03:47	**05:58:33.90**	**05:59:03.35**	+02:32:52 (42.6%)	8:14	7.3 (57.5%)
186	**WNĘK Marek**	**1280**		M30	61		01:59:24	03:17:41	05:00:17	**05:59:16.40**	**05:59:42.35**	+02:33:31 (42.7%)	8:15	7.3 (57.5%)
187	**JĘDRASZEK Alicja**	**1585**		K40	12		02:08:26	03:24:01	05:04:14	**05:59:23.60**	**05:59:58.50**	+02:33:47 (42.7%)	8:15	7.3 (57.5%)
188	**ŁATWIŃSKI Łukasz**	**1826**	MOCNA GRUPA CEZARA	M30	62		02:05:29	03:18:34	05:02:14	**05:59:45.85**	**06:00:00.65**	+02:33:50 (42.7%)	8:16	7.3 (57.5%)
189	**ŚWIĄTKOWSKI Maciej**	**1288**		M30	63		01:59:42	03:16:02	05:04:32	**05:59:57.50**	**06:00:13.50**	+02:34:02 (42.8%)	8:16	7.3 (57.5%)
190	**KOSMALA Przemek**	**1247**	MARCINSWIERCTEAM	M40	65		01:56:48	03:12:17	04:58:44	**05:59:52.20**	**06:00:31.70**	+02:34:21 (42.8%)	8:16	7.3 (57.5%)
191	**KUCIŃSKI Tomasz**	**2772**	MKB DREPTAK	M40	66		02:06:19	03:31:15	05:08:06	**06:02:02.00**	**06:02:30.35**	+02:36:19 (43.1%)	8:19	7.2 (56.7%)
192	**PŁUDOWSKI Bartosz**	**1850**	CHODZIESKIE TOWARZYSTWO ROWEROWE	M30	64		02:05:07	03:19:17	05:06:50	**06:02:10.55**	**06:02:36.40**	+02:36:25 (43.1%)	8:19	7.2 (56.7%)
193	**SPYTKOWSKA Katarzyna**	**1702**		K20	5		02:05:10	03:19:23	05:06:56	**06:02:16.95**	**06:02:36.75**	+02:36:26 (43.1%)	8:19	7.2 (56.7%)
194	**SPYTKOWSKI Patryk**	**1703**		M30	65		02:05:09	03:19:17	05:06:50	**06:02:11.90**	**06:02:37.10**	+02:36:26 (43.1%)	8:19	7.2 (56.7%)
195	**NOWAK Krzysztof**	**1684**		M30	66		01:59:59	03:19:53	05:09:04	**06:02:42.55**	**06:03:04.00**	+02:36:53 (43.2%)	8:20	7.2 (56.7%)
196	**MAŚLANY Mariusz**	**1487**	ELEKTROMETAL ENERGETYKA	M50	9		02:02:31	03:20:17	05:05:20	**06:03:00.65**	**06:03:10.45**	+02:36:59 (43.2%)	8:20	7.2 (56.7%)
197	**KARWACKI Grzegorz**	**1329**	1972	M50	10		02:04:09	03:19:44	05:04:34	**06:03:25.70**	**06:03:54.70**	+02:37:44 (43.3%)	8:21	7.2 (56.7%)
198	**MOLASY Dorota**	**1714**	AKTYWNIE Z MOLKAMI	K30	22		02:08:06	03:27:00	05:08:55	**06:03:48.65**	**06:04:18.85**	+02:38:08 (43.4%)	8:21	7.2 (56.7%)
199	**RADECKI Wojciech**	**1664**	NIEPOŁOMICE BIEGAJĄ	M50	11		02:09:36	03:25:21	05:07:22	**06:04:03.55**	**06:04:21.95**	+02:38:11 (43.4%)	8:22	7.2 (56.7%)
200	**WILAMOWSKI Bartłomiej**	**1241**	RYKOWISKO TEAM	M30	67		02:09:24	03:26:13	05:09:02	**06:04:20.00**	**06:04:30.75**	+02:38:20 (43.4%)	8:22	7.2 (56.7%)
201	**SŁOMKOWSKI Mateusz**	**1669**		M30	68		02:05:13	03:18:02	05:05:20	**06:04:30.15**	**06:04:52.65**	+02:38:42 (43.5%)	8:22	7.2 (56.7%)
202	**RATKA Adriana**	**1621**		K30	23		02:08:50	03:26:37	05:06:32	**06:04:24.00**	**06:05:09.95**	+02:38:59 (43.5%)	8:22	7.2 (56.7%)
203	**PAŁYSA Robert**	**1900**	STANWEX II	M20	18		02:06:03	03:21:57	05:06:05	**06:04:15.15**	**06:05:10.55**	+02:39:00 (43.5%)	8:22	7.2 (56.7%)
204	**TOMASZEWSKI Tomasz**	**1895**		M40	67		02:09:16	03:23:27	05:07:05	**06:04:28.55**	**06:05:19.85**	+02:39:09 (43.6%)	8:22	7.2 (56.7%)
205	**SZYMULA Mariusz**	**1416**	SZYMULA RUNNERS	M40	68		02:01:23	03:16:59	05:07:05	**06:04:52.30**	**06:05:22.45**	+02:39:11 (43.6%)	8:23	7.2 (56.7%)
206	**GACHOWSKI Łukasz**	**1521**		M40	69		01:58:46	03:16:04	05:04:52	**06:05:08.90**	**06:05:24.90**	+02:39:14 (43.6%)	8:23	7.1 (55.9%)
207	**ŚLĄSKI Bartosz**	**1742**	PRZEDWOJEWSKI TEAM	M30	69		02:08:57	03:24:55	05:10:07	**06:05:15.35**	**06:05:45.85**	+02:39:35 (43.6%)	8:23	7.1 (55.9%)
208	**KUJAWSKA-FREJLICH Joanna**	**1404**		K30	24		02:09:06	03:26:22	05:13:43	**06:05:38.65**	**06:05:59.25**	+02:39:48 (43.7%)	8:24	7.1 (55.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
209	**RAMOTOWSKI Marcin**	**1822**		M40	70		02:02:53	03:17:44	05:04:10	**06:05:37.35**	**06:06:02.35**	+02:39:51 (43.7%)	8:24	7.1 (55.9%)
210	**TRZÓSŁO Tomasz**	**1293**	TOMASZ TRZÓSŁO	M30	70		02:07:15	03:22:17	05:06:24	**06:06:19.15**	**06:06:56.30**	+02:40:45 (43.8%)	8:25	7.1 (55.9%)
211	**BODZIOCH Grzegorz**	**1252**	GORLICKA GRUPA BIEGOWA	M40	71		02:07:42	03:25:02	05:12:05	**06:06:52.05**	**06:07:09.85**	+02:40:59 (43.8%)	8:26	7.1 (55.9%)
212	**MĄCZKA Martyna**	**1865**	VEGERUNNERS	K30	25		02:03:50	03:16:15	05:04:00	**06:06:51.90**	**06:07:15.55**	+02:41:05 (43.9%)	8:26	7.1 (55.9%)
213	**KŁÓDKIEWICZ Marcin**	**1747**		M30	71		02:06:05	03:24:02	05:08:13	**06:06:45.85**	**06:07:23.80**	+02:41:13 (43.9%)	8:25	7.1 (55.9%)
214	**BURDA Jarosław**	**1769**	RAKOŃ WARRIORS	M30	72		02:14:13	03:31:18	05:11:16	**06:06:26.70**	**06:07:29.95**	+02:41:19 (43.9%)	8:25	7.1 (55.9%)
215	**GATKOWSKI Dariusz**	**1492**	SKPB WARSZAWA	M40	72		02:13:21	03:27:47	05:12:46	**06:07:38.05**	**06:08:13.65**	+02:42:03 (44.0%)	8:27	7.1 (55.9%)
216	**JANCZAK Konrad**	**1549**		M30	73		02:03:02	03:19:18	05:09:03	**06:07:54.00**	**06:08:15.45**	+02:42:04 (44.0%)	8:27	7.1 (55.9%)
217	**KLIMEK Przemysław**	**1749**	KLUB BIEGACZA AZS UEK	M40	73		01:59:35	03:18:11	05:10:44	**06:07:32.90**	**06:08:23.70**	+02:42:13 (44.0%)	8:26	7.1 (55.9%)
218	**BRZUSZKIEWICZ Michał**	**1757**	DREAM RUN	M30	74		01:55:51	03:15:03	05:08:13	**06:08:25.85**	**06:08:33.10**	+02:42:22 (44.1%)	8:28	7.1 (55.9%)
219	**WIERZCHOŃ Michał**	**1761**	MR. DOC	M40	74		02:00:43	03:21:21	05:11:03	**06:08:06.40**	**06:08:34.70**	+02:42:24 (44.1%)	8:27	7.1 (55.9%)
220	**DORENDA Marta**	**1351**		K30	26		02:09:58	03:27:24	05:12:21	**06:09:00.15**	**06:09:04.90**	+02:42:54 (44.1%)	8:28	7.1 (55.9%)
221	**SOWA-LEWANDOWSKA Katarzyna**	**1354**	UKS LIDER SIERCZA/TECHNIKAM/4F	K30	27	tak	02:09:28	03:25:02	05:10:21	**06:08:48.55**	**06:09:25.80**	+02:43:15 (44.2%)	8:28	7.1 (55.9%)
222	**SOWIŃSKA-JANECZEK Joanna**	**1240**	KB MARATON TUREK	K30	28		02:05:58	03:24:49	05:11:15	**06:08:58.20**	**06:09:28.00**	+02:43:17 (44.2%)	8:28	7.1 (55.9%)
223	**PYCHA Piotr**	**1760**	FROGPROJECT PIOTR PYCHA	M30	75					**06:10:00.00**	**06:10:00.00**	+02:43:49 (44.3%)	8:30	7.1 (55.9%)
224	**MOCZYŃSKI Maciej**	**1898**		M40	75		02:11:29	03:31:58	05:16:14	**06:09:10.45**	**06:10:04.45**	+02:43:53 (44.3%)	8:29	7.1 (55.9%)
225	**KOŁBA Paweł**	**1255**	KUSY BUKOWNO	M30	76		02:09:35	03:32:33	05:14:41	**06:09:05.20**	**06:10:17.15**	+02:44:06 (44.3%)	8:29	7.1 (55.9%)
226	**SZEPCZYŃSKA Anna**	**1772**	ŻARY RUUNERS TEAM	K40	13		02:06:05	03:26:30	05:15:03	**06:09:43.95**	**06:10:21.10**	+02:44:10 (44.3%)	8:29	7.1 (55.9%)
227	**ŁUCJANEK Justyna**	**1326**	KAJA TEAM	K40	14		02:13:04	03:32:28	05:16:59	**06:12:02.75**	**06:12:10.25**	+02:45:59 (44.6%)	8:33	7 (55.1%)
228	**DZIOB Grzegorz**	**1460**	NIEPOŁOMICE BIEGAJĄ	M30	77		02:00:28	03:17:16	05:07:06	**06:11:56.50**	**06:12:14.60**	+02:46:04 (44.6%)	8:33	7 (55.1%)
229	**KUŚPIT Przemek**	**1631**		M30	78		02:07:18	03:26:51	05:14:02	**06:11:56.65**	**06:12:15.35**	+02:46:04 (44.6%)	8:33	7 (55.1%)
230	**HERSZFELD Karol**	**1228**	ŚWIŃSKIE CYCE	M30	79		02:04:02	03:22:16	05:10:36	**06:12:07.45**	**06:12:41.25**	+02:46:30 (44.7%)	8:33	7 (55.1%)
231	**MAĆKOWIAK Krzysztof**	**1897**	MAĆKOWIAK TEAM	M40	76		02:01:56	03:20:49	05:10:18	**06:12:21.35**	**06:12:44.20**	+02:46:33 (44.7%)	8:33	7 (55.1%)
232	**DĄBROWSKI Andrzej**	**1786**		M30	80		02:04:03	03:18:02	05:08:27	**06:12:42.15**	**06:13:25.00**	+02:47:14 (44.8%)	8:34	7 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
233	**MUDY-MADER Justyna**	**1763**	KKS VICTORIA STALOWA WOLA	K30	29		02:12:28	03:28:01	05:13:37	**06:13:49.95**	**06:14:10.40**	+02:47:59 (44.9%)	8:35	7 (55.1%)
234	**PAĆKO Michał**	**1577**	SPARTA LUBLIN	M30	81		02:09:29	03:24:59	05:11:05	**06:13:41.70**	**06:14:11.85**	+02:48:01 (44.9%)	8:35	7 (55.1%)
235	**SUCHANEK Radosław**	**1450**		M50	12		02:05:34	03:24:00	05:12:40	**06:14:10.75**	**06:14:16.35**	+02:48:05 (44.9%)	8:36	7 (55.1%)
236	**OCHOCKI Mateusz**	**1413**	POZYTYWNIE ZABIEGANI KLESZCZÓW	M40	77		01:57:07	03:16:10	05:13:45	**06:14:10.95**	**06:14:18.65**	+02:48:08 (44.9%)	8:36	7 (55.1%)
237	**SZYMANIAK Emil**	**1479**		M30	82		02:03:19	03:24:46	05:13:05	**06:14:14.25**	**06:14:24.90**	+02:48:14 (44.9%)	8:36	7 (55.1%)
238	**MIERZEJEWSKI Krzysztof**	**1840**	ICEFLOWER.PL	M40	78		02:17:10	03:35:48	05:18:09	**06:14:03.00**	**06:14:26.35**	+02:48:15 (44.9%)	8:35	7 (55.1%)
239	**ADAMUS Jakub**	**1235**		M30	83		02:06:40	03:23:07	05:12:08	**06:14:29.40**	**06:14:53.80**	+02:48:43 (45.0%)	8:36	7 (55.1%)
240	**WOCHOWSKI Tomasz**	**1605**		M30	84		02:17:09	03:33:33	05:18:29	**06:14:41.95**	**06:15:20.30**	+02:49:09 (45.1%)	8:36	7 (55.1%)
241	**KOŁTUNIAK Hubert**	**1656**	DRUŻYNA STASIA	M40	79		02:06:32	03:23:25	05:09:45	**06:15:43.70**	**06:16:50.80**	+02:50:40 (45.3%)	8:38	6.9 (54.3%)
242	**FORMA Bartosz**	**1641**	INFINITY GYM	M40	80		02:01:46	03:17:57	05:08:45	**06:16:41.30**	**06:16:56.45**	+02:50:45 (45.3%)	8:39	6.9 (54.3%)
243	**DROZD Maciej**	**1847**	DREAM RUN	M40	81		02:06:36	03:25:33	05:15:24	**06:16:56.90**	**06:17:05.65**	+02:50:55 (45.3%)	8:39	6.9 (54.3%)
244	**KUNYSZ Mateusz**	**1820**	BORGWARNER RUNNING TEAM	M30	85		02:06:41	03:24:28	05:18:33	**06:16:51.95**	**06:17:11.15**	+02:51:00 (45.3%)	8:39	6.9 (54.3%)
245	**MADEJ Anna**	**1401**	VEGE RUNNERS	K40	15		02:08:50	03:27:10	05:15:09	**06:16:36.10**	**06:17:11.35**	+02:51:00 (45.3%)	8:39	6.9 (54.3%)
246	**LENKOWSKA Adrianna**	**1771**	RANOCONCEPT	K20	6		02:11:35	03:34:56	05:18:02	**06:17:08.25**	**06:17:16.55**	+02:51:06 (45.4%)	8:40	6.9 (54.3%)
247	**WAROWNY Piotr**	**2439**	BIEGUSIEM.PL	M40	82		02:04:11	03:22:39	05:15:17	**06:17:21.65**	**06:17:27.80**	+02:51:17 (45.4%)	8:40	6.9 (54.3%)
248	**PAPRZYCKI Romuald**	**1735**	NORBULLO TEAM BIEGA NATURALNIE	M50	13		02:09:22	03:29:15	05:17:39	**06:17:29.00**	**06:17:37.15**	+02:51:26 (45.4%)	8:40	6.9 (54.3%)
249	**GĄSIOROWSKI Michał**	**1443**	OGARY DOLORES	M40	83		02:08:17	03:24:50	05:11:11	**06:16:52.75**	**06:17:52.75**	+02:51:42 (45.4%)	8:39	6.9 (54.3%)
250	**NOWAK Bartłomiej**	**1441**	GANG ULTRABIESA	M30	86		02:04:27	03:20:28	05:14:39	**06:17:45.00**	**06:18:00.85**	+02:51:50 (45.5%)	8:41	6.9 (54.3%)
251	**DZIKOWSKI Michal**	**1582**		M20	19		01:50:25	03:15:52	05:14:16	**06:17:55.50**	**06:18:14.85**	+02:52:04 (45.5%)	8:41	6.9 (54.3%)
252	**RYBAK Łukasz**	**1671**		M40	84		02:01:20	03:20:26	05:15:28	**06:18:13.45**	**06:18:28.00**	+02:52:17 (45.5%)	8:41	6.9 (54.3%)
253	**LIPKA Sebastian**	**1509**	ZABIEGANY-TATA	M40	85		01:59:11	03:28:12	05:21:34	**06:18:15.95**	**06:18:43.85**	+02:52:33 (45.6%)	8:41	6.9 (54.3%)
254	**MANCZENKO Eugeniusz**	**1775**	MARKOWI BIEGACZE	M40	86		02:02:46	03:24:54	05:18:14	**06:18:22.15**	**06:19:04.30**	+02:52:53 (45.6%)	8:41	6.9 (54.3%)
255	**KACPRZYK Katarzyna**	**1336**	SPRINTEX TEAM	K30	30		02:10:06	03:28:49	05:21:55	**06:19:12.30**	**06:19:31.75**	+02:53:21 (45.7%)	8:43	6.9 (54.3%)
256	**JURCZAK Anna**	**1687**		K20	7		02:04:41	03:26:18	05:22:14	**06:18:59.70**	**06:19:34.90**	+02:53:24 (45.7%)	8:42	6.9 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
257	**PIĘTA Sebastian**	**1686**		M20	20		02:04:40	03:26:28	05:22:15	**06:19:00.15**	**06:19:35.45**	+02:53:24 (45.7%)	8:42	6.9 (54.3%)
258	**RADZIWON Wojciech**	**1507**	OSTRÓDA RUNNERS	M30	87		02:15:03	03:37:50	05:23:15	**06:19:08.85**	**06:20:01.20**	+02:53:50 (45.7%)	8:42	6.9 (54.3%)
259	**SITEK Arkadiusz**	**1381**	AKTYWNI WĘGRÓW	M40	87		02:03:38	03:27:13	05:16:34	**06:19:32.60**	**06:20:09.85**	+02:53:59 (45.8%)	8:43	6.9 (54.3%)
260	**KOEHLER Ola**	**1816**		K30	31		02:05:56	03:23:39	05:15:18	**06:20:00.55**	**06:20:12.10**	+02:54:01 (45.8%)	8:44	6.9 (54.3%)
261	**ŻACZEK Łukasz**	**1360**	JZDL	M30	88		02:01:18	03:19:18	05:22:25	**06:19:50.40**	**06:20:32.05**	+02:54:21 (45.8%)	8:43	6.9 (54.3%)
262	**WINIAREK Leszek**	**1812**	#TEAMDKMS	M40	88		02:08:40	03:30:49	05:21:06	**06:20:22.40**	**06:20:39.40**	+02:54:28 (45.8%)	8:44	6.9 (54.3%)
263	**MURAWSKI Michał**	**1314**		M40	89		02:04:23	03:24:03	05:17:07	**06:20:51.65**	**06:21:13.60**	+02:55:03 (45.9%)	8:45	6.9 (54.3%)
264	**GRADKOWSKA Gosia**	**1246**		K40	16		02:05:53	03:29:01	05:23:12	**06:20:26.15**	**06:21:18.00**	+02:55:07 (45.9%)	8:44	6.9 (54.3%)
265	**CYRULIK Justyna**	**1244**	KRAKOWSKI KLUB OYAMA	K30	32		02:14:50	03:34:35	05:23:43	**06:21:30.35**	**06:21:57.15**	+02:55:46 (46.0%)	8:46	6.8 (53.5%)
266	**KRZYSZTOŃ Grzegorz**	**1320**	GMP LASY KRAŚNIK	M30	89		02:15:56	03:36:16	05:24:48	**06:21:28.30**	**06:21:57.30**	+02:55:46 (46.0%)	8:46	6.8 (53.5%)
267	**PAWLAK Milena**	**1281**		K30	33		02:10:27	03:36:21	05:26:00	**06:22:12.00**	**06:22:50.35**	+02:56:39 (46.1%)	8:47	6.8 (53.5%)
268	**PAWLAK Agnieszka**	**1394**		K30	34		02:10:28	03:36:23	05:26:00	**06:22:12.65**	**06:22:50.40**	+02:56:39 (46.1%)	8:47	6.8 (53.5%)
269	**GRZYBEK Sławomir**	**1730**	BARTOSZ GORCZYCA RUNNING TEAM	M30	90		02:08:42	03:29:51	05:22:23	**06:23:22.25**	**06:23:26.25**	+02:57:15 (46.2%)	8:48	6.8 (53.5%)
270	**KOPEĆ Renata**	**1505**	B	K40	17		02:19:28	03:40:36	05:26:07	**06:22:44.25**	**06:23:26.90**	+02:57:16 (46.2%)	8:47	6.8 (53.5%)
271	**WNUK Tomasz**	**1604**	NAPRZÓD MŁOCINY	M40	90		02:02:50	03:23:02	05:22:09	**06:23:27.60**	**06:23:40.85**	+02:57:30 (46.3%)	8:48	6.8 (53.5%)
271	**WARDĘGA Przemek**	**1799**	MYHIVE	M40	90		02:02:50	03:22:47	05:22:00	**06:23:30.65**	**06:23:40.85**	+02:57:30 (46.3%)	8:48	6.8 (53.5%)
273	**OCHREMIAK Michał**	**1355**	MOKOBIEGACZE	M30	91		02:02:57	03:22:03	05:23:00	**06:23:19.75**	**06:23:42.90**	+02:57:32 (46.3%)	8:48	6.8 (53.5%)
274	**LEWNIOWSKI Błażej**	**1862**		M40	92		02:08:55	03:29:05	05:23:37	**06:22:48.80**	**06:23:46.05**	+02:57:35 (46.3%)	8:48	6.8 (53.5%)
275	**LITKA Andrzej**	**1311**	W KÓŁKO BIEGAMY	M40	93		01:58:23	03:16:21	05:14:31	**06:23:08.65**	**06:23:48.45**	+02:57:37 (46.3%)	8:48	6.8 (53.5%)
276	**WLAZŁOWSKI Radosław**	**1791**		M40	94		02:09:19	03:28:22	05:22:57	**06:23:43.25**	**06:24:40.25**	+02:58:29 (46.4%)	8:49	6.8 (53.5%)
277	**BARDAN Michał**	**1681**	BBKS ŁAWECZKA WILANÓW	M40	95		02:09:26	03:27:44	05:19:36	**06:24:03.45**	**06:24:47.30**	+02:58:36 (46.4%)	8:49	6.8 (53.5%)
278	**BIEŃ Magdalena**	**1896**		K40	18		02:08:57	03:30:37	05:24:51	**06:24:43.05**	**06:24:54.60**	+02:58:44 (46.4%)	8:50	6.8 (53.5%)
279	**LABISKO Paweł**	**1332**	KUSY BUKOWNO	M40	96		02:09:39	03:38:28	05:26:04	**06:23:59.95**	**06:25:11.75**	+02:59:01 (46.5%)	8:49	6.8 (53.5%)
280	**GETTLICH Piotr**	**1300**	SKS	M40	97		02:06:04	03:29:20	05:22:25	**06:24:40.80**	**06:25:34.05**	+02:59:23 (46.5%)	8:50	6.8 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
281	**CZYCZ Mateusz**	**1245**	CARPATHIAN RUNNERS	M30	92		02:09:30	03:29:09	05:24:51	**06:25:29.00**	**06:25:46.30**	+02:59:35 (46.6%)	8:51	6.8 (53.5%)
282	**KUTRZYK Przemysław**	**1459**		M40	98		02:13:37	03:33:37	05:25:55	**06:25:47.25**	**06:26:03.90**	+02:59:53 (46.6%)	8:52	6.8 (53.5%)
283	**KARDASZEWSKI Tomasz**	**1515**		M40	99		02:14:51	03:34:49	05:24:02	**06:26:40.40**	**06:26:50.65**	+03:00:40 (46.7%)	8:53	6.8 (53.5%)
284	**SOBCZAK Magdalena**	**1788**	WYBIEGAJ SIEBIE	K30	35		02:06:18	03:25:00	05:26:16	**06:26:50.15**	**06:27:11.60**	+03:01:01 (46.8%)	8:53	6.7 (52.8%)
285	**MILEWSKI Mateusz**	**1866**		M30	93		02:09:00	03:31:18	05:23:52	**06:27:54.15**	**06:28:21.90**	+03:02:11 (46.9%)	8:55	6.7 (52.8%)
286	**RZEPNIEWSKI Łukasz**	**1748**		M40	100		02:10:29	03:31:08	05:22:34	**06:27:56.10**	**06:28:34.55**	+03:02:24 (46.9%)	8:55	6.7 (52.8%)
287	**GRZYB Krzysztof**	**1279**	KLUB BIEGACZA RTV EURO AGD/SMASHING PĄPKINS	M40	101		02:12:49	03:33:52	05:26:11	**06:28:19.55**	**06:28:40.50**	+03:02:29 (47.0%)	8:55	6.7 (52.8%)
288	**TYLIBA Ireneusz**	**1851**	JURA TEAM	M40	102		02:07:40	03:28:54	05:25:49	**06:28:58.40**	**06:29:04.40**	+03:02:53 (47.0%)	8:56	6.7 (52.8%)
289	**BOCZKOWSKA Justyna**	**1547**		K50	1		02:12:52	03:35:19	05:24:39	**06:28:40.05**	**06:29:11.40**	+03:03:00 (47.0%)	8:56	6.7 (52.8%)
290	**TUSZYŃSKI Mateusz**	**1519**		M20	21		02:09:02	03:32:40	05:26:50	**06:29:38.50**	**06:29:53.30**	+03:03:42 (47.1%)	8:57	6.7 (52.8%)
291	**PROKOPCZUK Łukasz**	**1837**		M40	103		02:10:50	03:33:11	05:28:40	**06:29:44.05**	**06:30:25.70**	+03:04:15 (47.2%)	8:57	6.7 (52.8%)
292	**PINKOWSKI Artur**	**1330**	4RUN TEAM PIŁA	M40	104		02:12:28	03:30:11	05:25:52	**06:29:59.85**	**06:30:27.40**	+03:04:16 (47.2%)	8:57	6.7 (52.8%)
293	**ZAJĄC Daria**	**1776**	DREAM RUN	K20	8		02:10:48	03:43:25	05:32:23	**06:31:34.60**	**06:31:39.55**	+03:05:29 (47.4%)	9:00	6.7 (52.8%)
294	**FELIGA Przemysław**	**1546**		M40	105		02:09:28	03:27:08	05:27:14	**06:31:49.65**	**06:32:26.15**	+03:06:15 (47.5%)	9:00	6.7 (52.8%)
295	**GRYNFELDER Rafał**	**1879**	SKYWALKPROJECT.PL	M40	106		02:05:56	03:28:25	05:27:16	**06:32:46.70**	**06:33:00.55**	+03:06:50 (47.5%)	9:01	6.6 (52.0%)
296	**SZOSTAK Robert**	**1589**	TEAM ZABIEGANEDNI	M50	14		02:08:42	03:32:13	05:28:27	**06:33:40.90**	**06:34:01.50**	+03:07:50 (47.7%)	9:02	6.6 (52.0%)
297	**AUGUST Kajetan**	**1308**		M20	22		02:05:16	03:32:44	05:39:03	**06:33:57.80**	**06:34:10.40**	+03:07:59 (47.7%)	9:03	6.6 (52.0%)
298	**BAJOREK Norbert**	**1770**	FITNESS FREAKS	M40	107		02:20:34	03:47:05	05:35:39	**06:34:50.65**	**06:34:55.90**	+03:08:45 (47.8%)	9:04	6.6 (52.0%)
299	**SKOWRON Magdalena**	**1560**		K40	19		02:11:58	03:35:09	05:30:04	**06:34:10.90**	**06:35:05.40**	+03:08:54 (47.8%)	9:03	6.6 (52.0%)
300	**MOSIO Grzegorz**	**1636**		M40	108		02:07:48	03:26:26	05:25:58	**06:34:24.25**	**06:35:10.90**	+03:09:00 (47.8%)	9:04	6.6 (52.0%)
301	**GAFFKE Krzysztof**	**1299**	EDYTA LEWANDOWSKA TEAM	M30	94		02:15:29	03:36:53	05:32:49	**06:34:51.50**	**06:35:22.75**	+03:09:12 (47.9%)	9:04	6.6 (52.0%)
302	**BANACH Jan**	**1335**	KLINIKA TRIATHLONU	M30	95		02:02:19	03:20:22	05:28:07	**06:35:18.55**	**06:35:35.50**	+03:09:24 (47.9%)	9:05	6.6 (52.0%)
303	**LUBOWIECKA Katarzyna**	**1341**		K50	2		02:15:02	03:37:16	05:30:41	**06:35:41.05**	**06:35:50.85**	+03:09:40 (47.9%)	9:05	6.6 (52.0%)
304	**MIĄSKO Wojciech**	**1232**	12TRI.PL	M50	15		02:14:46	03:33:18	05:30:25	**06:35:32.55**	**06:36:09.30**	+03:09:58 (48.0%)	9:05	6.6 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
305	**BOCHENEK Michał**	**1502**	INFINITY GYM	M30	96		02:12:53	03:34:46	05:33:52	**06:37:14.15**	**06:37:29.50**	+03:11:18 (48.1%)	9:07	6.6 (52.0%)
306	**SYCHOWSKI Dawid**	**1790**		M30	97		02:08:08	03:34:13	05:30:15	**06:37:24.20**	**06:38:22.75**	+03:12:12 (48.2%)	9:08	6.6 (52.0%)
307	**JAMRÓZ Wojciech**	**1337**		M40	109		02:10:31	03:33:15	05:34:51	**06:37:45.15**	**06:38:43.10**	+03:12:32 (48.3%)	9:08	6.6 (52.0%)
308	**PASZKIEWICZ Maciej**	**1858**		M60	1		02:16:57	03:39:20	05:31:42	**06:38:58.20**	**06:39:06.95**	+03:12:56 (48.3%)	9:10	6.5 (51.2%)
309	**DYREK Mateusz**	**2195**		M40	110		02:08:48	03:32:01	05:35:57	**06:39:19.70**	**06:39:31.15**	+03:13:20 (48.4%)	9:10	6.5 (51.2%)
310	**POPRAWSKI Mateusz**	**1383**	KILIŃSKIEGO TEAM	M30	98		02:12:43	03:42:30	05:34:49	**06:39:18.50**	**06:39:52.50**	+03:13:41 (48.4%)	9:10	6.5 (51.2%)
311	**KRYGIER Przemysław**	**1398**	KILIŃSKIEGO TEAM	M30	99		02:12:47	03:42:36	05:34:53	**06:39:20.35**	**06:39:52.65**	+03:13:42 (48.4%)	9:10	6.5 (51.2%)
312	**KOSMOWSKI Wiesław**	**1527**	MORACZEWO	M30	100		02:12:49	03:42:35	05:34:54	**06:39:21.90**	**06:39:52.85**	+03:13:42 (48.4%)	9:10	6.5 (51.2%)
313	**ŁUKOWIAK Karol**	**1475**	KILIŃSKIEGO TEAM	M40	111		02:12:42	03:42:29	05:35:01	**06:39:20.35**	**06:39:53.10**	+03:13:42 (48.4%)	9:10	6.5 (51.2%)
314	**BĘBEN Robert**	**1317**	OSTROBIEC	M50	16		02:12:03	03:47:23	05:40:15	**06:39:25.15**	**06:40:27.70**	+03:14:17 (48.5%)	9:10	6.5 (51.2%)
315	**KRYSTYAN Tomasz**	**1400**		M40	112		02:12:19	03:36:36	05:35:01	**06:40:21.15**	**06:40:54.55**	+03:14:44 (48.6%)	9:12	6.5 (51.2%)
316	**SZROT Robert**	**1417**		M40	113		02:10:06	03:40:01	05:41:47	**06:41:03.95**	**06:41:09.90**	+03:14:59 (48.6%)	9:13	6.5 (51.2%)
317	**SARNA Paweł**	**1456**		M30	101		02:10:06	03:40:04	05:41:48	**06:41:05.35**	**06:41:10.05**	+03:14:59 (48.6%)	9:13	6.5 (51.2%)
318	**SKŁODOWSKI Piotr**	**1762**		M30	102		02:06:00	03:27:26	05:27:22	**06:41:35.00**	**06:41:35.00**	+03:15:24 (48.7%)	9:13	6.5 (51.2%)
319	**DROSIO Klaudia**	**1271**	KASZANKI	K30	36		02:17:08	03:43:48	05:42:29	**06:41:22.00**	**06:41:48.35**	+03:15:37 (48.7%)	9:13	6.5 (51.2%)
320	**STASZEWSKI Piotr**	**1844**		M50	17		02:16:28	03:40:47	05:36:52	**06:40:48.90**	**06:41:49.65**	+03:15:39 (48.7%)	9:12	6.5 (51.2%)
321	**GROMEK Edyta**	**1307**	SZYBCIEJ NIE DAM RADY	K30	37		02:18:22	03:43:52	05:38:49	**06:41:26.45**	**06:41:56.90**	+03:15:46 (48.7%)	9:13	6.5 (51.2%)
321	**KOSZCZUK Łukasz**	**1296**	NATIONALE-NEDERLANDEN RUNNING TEAM	M30	103		02:11:54	03:39:11	05:38:04	**06:41:46.75**	**06:41:56.90**	+03:15:46 (48.7%)	9:14	6.5 (51.2%)
323	**PIOTROWICZ Małgorzata**	**1485**	INFINITY-GYM	K30	38		02:16:50	03:41:47	05:36:27	**06:41:48.00**	**06:42:02.40**	+03:15:51 (48.7%)	9:14	6.5 (51.2%)
324	**SADOWSKI Cezary**	**1532**		M40	114		02:11:45	03:35:09	05:37:11	**06:41:18.55**	**06:42:17.45**	+03:16:06 (48.7%)	9:13	6.5 (51.2%)
325	**HAŁABUZ Wojciech**	**1483**	ŚWIŃSKIE CYCE	M30	104		02:15:12	03:35:51	05:37:31	**06:41:12.60**	**06:42:18.70**	+03:16:08 (48.8%)	9:13	6.5 (51.2%)
326	**JAWORSKI Piotr**	**1881**	MARKOWI BIEGACZE	M40	115		02:08:25	03:39:28	05:36:21	**06:42:16.30**	**06:42:22.65**	+03:16:12 (48.8%)	9:14	6.5 (51.2%)
327	**KUŚ Gabriela**	**1470**	KB MCKIS JAWORZNO	K40	20		02:18:36	03:42:27	05:40:14	**06:42:23.45**	**06:42:33.65**	+03:16:23 (48.8%)	9:15	6.5 (51.2%)
328	**KONKOLEWSKI Maciej**	**1805**	BROWAR FORTUNA	M40	116		02:14:09	03:41:10	05:38:32	**06:42:16.40**	**06:42:57.00**	+03:16:46 (48.8%)	9:14	6.5 (51.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
329	**OLEJNIK Egidiusz**	**1665**		M30	105		02:11:31	03:34:24	05:34:45	**06:43:00.70**	**06:43:30.25**	+03:17:19 (48.9%)	9:15	6.5 (51.2%)
330	**KOŚCIUCZUK Łukasz**	**1860**	FUNDACJA RAK'N'ROLL	M40	117		02:10:53	03:35:11	05:35:11	**06:42:45.00**	**06:43:32.90**	+03:17:22 (48.9%)	9:15	6.5 (51.2%)
331	**TARADAJ Paulina**	**1689**	LACHO TEAM	K30	39		02:21:12	03:48:58	05:42:23	**06:43:30.40**	**06:44:09.05**	+03:17:58 (49.0%)	9:16	6.5 (51.2%)
332	**MATRAS Dawid**	**1603**		M20	23		02:08:22	03:30:07	05:36:58	**06:44:26.65**	**06:44:38.60**	+03:18:28 (49.0%)	9:17	6.5 (51.2%)
333	**KLIMEK Paweł**	**1651**	PLANEKO	M30	106		02:06:08	03:37:45	05:41:07	**06:44:37.50**	**06:45:30.20**	+03:19:19 (49.2%)	9:18	6.5 (51.2%)
334	**KALBARCZYK Jakub**	**1864**		OPEN Mężczyźni	1		02:24:40	03:49:13	05:42:00	**06:44:40.50**	**06:45:38.35**	+03:19:27 (49.2%)	9:18	6.4 (50.4%)
335	**MALINOWSKI Tomasz**	**1525**	UKS LIDER SIERCZA	M30	107	tak	02:09:37	03:28:49	05:45:18	**06:45:26.70**	**06:45:47.45**	+03:19:36 (49.2%)	9:19	6.4 (50.4%)
336	**DROŻDZIEL Mariusz**	**1901**		M40	118		02:07:14	03:38:55	05:46:39	**06:45:55.25**	**06:46:23.50**	+03:20:12 (49.3%)	9:19	6.4 (50.4%)
337	**MILIK Dagmara**	**1889**		K30	40		02:10:05	03:36:50	05:41:13	**06:45:45.95**	**06:46:26.75**	+03:20:16 (49.3%)	9:19	6.4 (50.4%)
338	**KACZMAREK Katarzyna**	**1304**	#ADAMCZERWINSKITEAM	K40	21		02:21:20	03:47:49	05:45:12	**06:46:55.60**	**06:47:06.05**	+03:20:55 (49.4%)	9:21	6.4 (50.4%)
339	**SZYMANEK Anna**	**1496**	NAPRZÓD MŁOCINY	K40	22		02:15:17	03:53:47	05:47:46	**06:47:12.50**	**06:47:25.25**	+03:21:14 (49.4%)	9:21	6.4 (50.4%)
340	**GAWEŁ Piotr**	**1231**		M40	119		02:16:17	03:40:47	05:39:25	**06:46:23.40**	**06:47:25.65**	+03:21:15 (49.4%)	9:20	6.4 (50.4%)
341	**KWIATKOWSKI Michał**	**1520**	ŚWIŃSKIE CYCE	M30	108		02:12:11	03:35:14	05:37:31	**06:46:42.75**	**06:47:48.60**	+03:21:38 (49.4%)	9:20	6.4 (50.4%)
342	**SOKOŁOWSKI Krzysztof**	**1234**	TEAM KRASUS / BSB	M40	120		02:14:53	03:39:40	05:39:47	**06:48:10.15**	**06:48:32.50**	+03:22:21 (49.5%)	9:22	6.4 (50.4%)
343	**WASIEWICZ Jolanta**	**1576**		K30	41		02:22:10	03:48:24	05:41:20	**06:49:10.15**	**06:49:17.85**	+03:23:07 (49.6%)	9:24	6.4 (50.4%)
344	**SIUDY Przemysław**	**1285**		M40	121		02:15:08	03:40:00	05:44:52	**06:48:33.70**	**06:49:22.20**	+03:23:11 (49.6%)	9:23	6.4 (50.4%)
345	**PRĘGOWSKI Michał**	**1463**	STARE BABICE BIEGAJĄ / VEGE RUNNERS	M40	122		02:09:16	03:42:20	05:42:09	**06:49:49.75**	**06:50:09.40**	+03:23:58 (49.7%)	9:25	6.4 (50.4%)
346	**FRANUSIAK Marek**	**1540**		M30	109		02:16:03	03:35:07	05:42:09	**06:49:40.75**	**06:50:09.55**	+03:23:59 (49.7%)	9:25	6.4 (50.4%)
347	**ZBOROWSKI Kazimierz**	**1473**	VEGE RUNNERS	M50	18		02:22:10	03:53:07	05:47:44	**06:49:40.40**	**06:50:11.20**	+03:24:00 (49.7%)	9:25	6.4 (50.4%)
348	**FRAŃSKI Łukasz**	**1624**	NKB CHYŻY NOWY TOMYŚL	M40	123		02:11:22	03:42:41	05:48:00	**06:50:10.25**	**06:50:50.05**	+03:24:39 (49.8%)	9:25	6.4 (50.4%)
349	**KORDOWICZ Łukasz**	**2329**	BUT BIŁGORAJ ULTRA TRAIL	M40	124		02:15:11	03:41:25	05:46:55	**06:50:25.00**	**06:50:55.75**	+03:24:45 (49.8%)	9:26	6.4 (50.4%)
350	**PERENC Michał**	**1321**	CARPATHIAN RUNNERS	M30	110		02:14:07	03:41:16	05:45:41	**06:51:42.65**	**06:51:58.20**	+03:25:47 (50.0%)	9:27	6.3 (49.6%)
351	**LASOTA Arkadiusz**	**1257**		M50	19		02:15:47	03:45:14	05:48:02	**06:51:33.25**	**06:52:02.25**	+03:25:51 (50.0%)	9:27	6.3 (49.6%)
352	**ODOLCZYK Joanna**	**1907**		K50	3		02:22:35	03:48:24	05:47:51	**06:51:16.90**	**06:52:10.25**	+03:25:59 (50.0%)	9:27	6.3 (49.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
353	**DĄBROWSKI Łukasz**	**1510**	SPORTOWE ŻULE	M40	125		02:15:55	03:41:01	05:46:26	**06:51:28.60**	**06:52:16.85**	+03:26:06 (50.0%)	9:27	6.3 (49.6%)
354	**KACZMAREK Łukasz**	**1781**	IWWT ŁUKASZ KACZMAREK	M30	111		02:12:27	03:36:57	05:46:28	**06:53:34.90**	**06:53:59.90**	+03:27:49 (50.2%)	9:30	6.3 (49.6%)
355	**GÓRNICKI Tomasz**	**1630**	X@X	M40	126		02:19:01	03:44:42	05:49:22	**06:54:10.50**	**06:54:28.10**	+03:28:17 (50.3%)	9:31	6.3 (49.6%)
356	**JĘDRUŚ Jakub**	**1480**	CHSBD W RUCHU""	M30	112		02:17:47	03:44:58	05:42:41	**06:54:53.70**	**06:54:59.85**	+03:28:49 (50.3%)	9:32	6.3 (49.6%)
357	**JAKUBISIAK Renata**	**1752**	BIEGAM NA TARCHOMINIE	K40	23		02:04:11	03:39:29	05:50:02	**06:55:02.65**	**06:55:09.90**	+03:28:59 (50.3%)	9:32	6.3 (49.6%)
358	**ŻUROWSKI Łukasz**	**1601**	BBKS ŁAWECZKA WILANÓW	M40	127		02:17:05	03:46:57	05:49:25	**06:54:35.40**	**06:55:20.00**	+03:29:09 (50.4%)	9:31	6.3 (49.6%)
359	**BUSZEK Tomasz**	**1371**		M30	113		02:32:50	04:07:20	05:54:01	**06:54:41.90**	**06:55:25.05**	+03:29:14 (50.4%)	9:31	6.3 (49.6%)
360	**WAWRZYNIAK Ilona**	**1680**		K30	42		02:18:08	03:51:29	05:52:01	**06:55:16.55**	**06:55:25.60**	+03:29:15 (50.4%)	9:32	6.3 (49.6%)
361	**TOMKIEWICZ Przemysław**	**1353**		M50	20		02:12:33	03:41:38	05:46:19	**06:55:22.00**	**06:55:31.60**	+03:29:21 (50.4%)	9:32	6.3 (49.6%)
362	**KRAWCZYK Wojciech**	**1855**	BIEGAM NA TARCHOMINIE/ULTRA PASTERZE	M50	21		02:09:47	03:41:47	05:53:25	**06:55:33.90**	**06:55:40.45**	+03:29:29 (50.4%)	9:33	6.3 (49.6%)
363	**CHRAMEGA Darek**	**1882**		M40	128		02:24:48	03:58:02	05:52:27	**06:54:56.35**	**06:55:45.50**	+03:29:34 (50.4%)	9:32	6.3 (49.6%)
364	**WILMAN Andrzej**	**1650**		M30	114		02:20:18	03:50:39	05:52:48	**06:54:49.15**	**06:55:49.95**	+03:29:39 (50.4%)	9:32	6.3 (49.6%)
365	**KUŁAKOWSKA Monika**	**1474**	W POGONI ZA DUCHEM	K30	43		02:20:28	03:53:49	05:57:37	**06:55:53.15**	**06:56:29.20**	+03:30:18 (50.5%)	9:33	6.3 (49.6%)
366	**PITERA Paweł**	**1608**		M30	115		02:25:44	04:03:38	05:54:58	**06:56:06.65**	**06:56:39.75**	+03:30:29 (50.5%)	9:33	6.3 (49.6%)
367	**ZABORSKA-KONKOLEWSKA Agnieszka**	**1806**	BROWAR FORTUNA	K40	24		02:14:31	03:47:21	05:51:40	**06:56:09.65**	**06:56:51.40**	+03:30:40 (50.5%)	9:34	6.3 (49.6%)
368	**OCHREMIAK Jędrzej**	**1418**	MOKOBIEGACZE	M30	116		02:09:29	03:38:29	05:50:00	**06:57:23.95**	**06:57:48.00**	+03:31:37 (50.7%)	9:35	6.3 (49.6%)
369	**ŻAK Krzysztof**	**1779**	KLUB BIEGACZA AZS UEK	M40	129		02:18:50	03:47:16	05:48:08	**06:57:25.35**	**06:58:00.35**	+03:31:49 (50.7%)	9:35	6.3 (49.6%)
370	**MLAK Dariusz**	**1715**		M40	130		02:08:41	03:41:15	05:51:28	**06:57:32.30**	**06:58:15.15**	+03:32:04 (50.7%)	9:35	6.3 (49.6%)
371	**WOJEWODA Michał**	**1809**	KAZIKI	M40	131		02:22:21	03:54:30	05:53:41	**06:59:28.95**	**06:59:42.15**	+03:33:31 (50.9%)	9:38	6.2 (48.8%)
372	**KNAPIŃSKA Monika**	**1405**		K30	44		02:16:31	03:51:55	05:51:58	**06:59:38.70**	**07:00:05.65**	+03:33:55 (50.9%)	9:38	6.2 (48.8%)
373	**BUGAŁA Robert**	**1493**	SOLID HOUSE	M50	22		02:17:42	03:50:35	05:56:05	**06:59:43.95**	**07:00:10.20**	+03:33:59 (50.9%)	9:38	6.2 (48.8%)
374	**CHOMA Marek**	**1568**	PĘDZACE LENIWCE	M40	132		02:13:55	03:41:11	05:50:11	**07:00:23.60**	**07:01:15.40**	+03:35:04 (51.1%)	9:39	6.2 (48.8%)
375	**HOLIK Iwona**	**1557**		K40	25		02:23:21	03:56:13	05:57:11	**07:01:27.20**	**07:01:55.15**	+03:35:44 (51.1%)	9:41	6.2 (48.8%)
376	**ARTUR Borycki Artur**	**1420**		M40	133		02:17:20	03:44:26	05:53:30	**07:01:25.90**	**07:01:57.75**	+03:35:47 (51.1%)	9:41	6.2 (48.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
377	**DYLĄG Katarzyna**	**1773**	GGB	K40	26		02:23:25	03:56:18	05:57:31	**07:01:41.60**	**07:02:08.45**	+03:35:57 (51.2%)	9:41	6.2 (48.8%)
378	**CISZEWSKI Krzysztof**	**1622**		M30	117		02:19:24	03:47:15	05:54:34	**07:01:33.75**	**07:02:12.35**	+03:36:01 (51.2%)	9:41	6.2 (48.8%)
379	**ZAWISZA Łukasz**	**1451**		M30	118		02:18:32	03:49:14	05:57:25	**07:02:12.25**	**07:02:19.15**	+03:36:08 (51.2%)	9:42	6.2 (48.8%)
380	**ROŻYK Magdalena**	**1823**	BIEGAMYRAZEM.PL	K40	27		02:36:25	04:11:14	06:00:56	**07:02:13.70**	**07:02:40.85**	+03:36:30 (51.2%)	9:42	6.2 (48.8%)
381	**WÓJCICKI Marcin**	**1387**	ŁĘCZNA BIEGA / SOLET RUNNING TEAM	M40	134		02:09:41	03:43:40	05:55:30	**07:02:26.80**	**07:02:51.80**	+03:36:41 (51.2%)	9:42	6.2 (48.8%)
382	**MOSOŃ Kamil**	**1454**		M20	24		02:20:02	03:47:29	05:52:43	**07:02:33.40**	**07:02:53.95**	+03:36:43 (51.2%)	9:42	6.2 (48.8%)
383	**KOZON Krzysztof**	**1728**		M40	135		02:18:00	03:54:03	05:57:32	**07:02:35.90**	**07:02:59.20**	+03:36:48 (51.3%)	9:42	6.2 (48.8%)
384	**WAŚKO Rafał**	**1554**		M30	119		02:28:22	03:56:14	05:59:17	**07:02:26.20**	**07:03:06.60**	+03:36:56 (51.3%)	9:42	6.2 (48.8%)
385	**STRADOMSKI Roman**	**1551**	TRI MAMA	M50	23		02:23:13	03:53:22	05:55:30	**07:02:12.00**	**07:03:11.25**	+03:37:00 (51.3%)	9:42	6.2 (48.8%)
386	**BORKOWSKI Andrzej**	**1639**		M50	24		02:10:14	03:49:55	06:01:39	**07:03:09.75**	**07:03:14.40**	+03:37:03 (51.3%)	9:43	6.2 (48.8%)
387	**RELUGA Magdalena**	**1358**		K20	9		02:28:15	04:01:49	05:57:58	**07:03:01.20**	**07:03:21.15**	+03:37:10 (51.3%)	9:43	6.2 (48.8%)
388	**CZECH Michał**	**1556**		M40	136		02:16:44	03:48:24	05:53:17	**07:03:30.70**	**07:03:45.00**	+03:37:34 (51.3%)	9:44	6.2 (48.8%)
389	**GAŁECKI Piotr**	**1339**		M40	137		02:22:48	03:52:55	06:01:23	**07:03:24.00**	**07:03:54.45**	+03:37:43 (51.4%)	9:44	6.2 (48.8%)
390	**PASIEKA Agnieszka**	**1732**		K40	28		02:23:58	03:56:38	05:58:25	**07:04:01.30**	**07:04:25.10**	+03:38:14 (51.4%)	9:44	6.2 (48.8%)
391	**WITUSIK Dorota**	**1457**		K40	29		02:23:57	03:56:40	05:58:24	**07:04:00.50**	**07:04:25.35**	+03:38:14 (51.4%)	9:44	6.2 (48.8%)
392	**RAKOWSKI Mateusz**	**1403**		M30	120		02:08:20	03:33:59	05:41:04	**07:03:42.45**	**07:04:34.05**	+03:38:23 (51.4%)	9:44	6.2 (48.8%)
393	**RZYSZKIEWICZ Tomasz**	**1620**	PĘDZĄCE LENIWCE	M40	138		02:13:55	03:42:02	05:50:09	**07:04:27.30**	**07:05:19.45**	+03:39:08 (51.5%)	9:45	6.1 (48.0%)
394	**DREWNIK Robert**	**1593**	BIEGNIJ Z PROSERVICE	M30	121		02:18:44	03:50:12	05:55:40	**07:06:03.65**	**07:07:03.70**	+03:40:53 (51.7%)	9:47	6.1 (48.0%)
395	**NOWAK Karol**	**1594**		M40	139		02:25:25	03:59:03	06:00:18	**07:06:17.55**	**07:07:13.65**	+03:41:03 (51.7%)	9:47	6.1 (48.0%)
396	**KĘDZIORA Aleksandra**	**1449**	GT RAT	K40	30		02:28:35	04:00:37	06:00:21	**07:06:42.00**	**07:07:14.45**	+03:41:03 (51.7%)	9:48	6.1 (48.0%)
397	**SZCZYGIELSKI Tomasz**	**1414**	BIEGUSIEM.PL	M40	140		02:17:19	03:56:39	06:07:07	**07:08:39.30**	**07:08:47.45**	+03:42:36 (51.9%)	9:51	6.1 (48.0%)
398	**CHARKOT Sławomir**	**1674**	BIEGUSIEM.PL	M40	141		02:17:16	03:56:35	06:07:03	**07:08:35.65**	**07:08:47.60**	+03:42:37 (51.9%)	9:51	6.1 (48.0%)
399	**SZMYTKOWSKI Krzysztof**	**1282**	MIA SAN MIA	M50	25		02:16:10	03:46:33	05:59:28	**07:08:21.05**	**07:09:11.45**	+03:43:00 (52.0%)	9:50	6.1 (48.0%)
400	**MICHALSKI Damian**	**1693**	ALIOR RUNNING TEAM	M40	142		02:17:02	04:00:24	06:02:12	**07:09:14.65**	**07:09:23.85**	+03:43:13 (52.0%)	9:52	6.1 (48.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
401	**OLCZYK Andrzej**	**1313**	.	M50	26		02:22:21	03:54:29	05:59:41	**07:09:16.35**	**07:09:35.65**	+03:43:25 (52.0%)	9:52	6.1 (48.0%)
402	**REDA Sławomir**	**1876**	TEAM ZABIEGANEDNI	M60	2		02:22:08	03:52:55	06:00:07	**07:08:54.15**	**07:09:43.45**	+03:43:32 (52.0%)	9:51	6.1 (48.0%)
403	**SZELĄGIEWICZ Arek**	**1462**		M40	143		02:23:10	03:53:24	05:58:47	**07:09:21.80**	**07:09:59.15**	+03:43:48 (52.1%)	9:52	6.1 (48.0%)
404	**KOPYRA Tomasz**	**1429**	#BIEGAMWOLNOALEDOKŁADNIE	M40	144		02:25:25	03:58:25	05:59:36	**07:09:09.85**	**07:10:09.30**	+03:43:58 (52.1%)	9:51	6.1 (48.0%)
405	**KOZIELEC Tomasz**	**1305**	PĘDZĄCE MISIE	M40	145		02:23:02	03:57:41	06:01:44	**07:09:16.35**	**07:10:11.20**	+03:44:00 (52.1%)	9:52	6.1 (48.0%)
405	**PISZCZ Marek**	**1359**	OPEL ACTIVE TEAM	M40	145		02:22:55	03:57:39	06:01:44	**07:09:16.40**	**07:10:11.20**	+03:44:00 (52.1%)	9:52	6.1 (48.0%)
407	**PUDEŁKO Dariusz**	**1886**	OPEL ACTIV TEAM	M50	27		02:15:08	03:48:33	06:04:30	**07:09:39.95**	**07:10:13.10**	+03:44:02 (52.1%)	9:52	6.1 (48.0%)
408	**KISIEL Krzysztof**	**2283**		M40	147		02:25:53	04:02:37	06:07:08	**07:10:14.70**	**07:10:41.35**	+03:44:30 (52.1%)	9:53	6.1 (48.0%)
409	**GRAU Joanna**	**2134**	KWIDZYN BIEGA	K40	31		02:26:54	04:02:51	06:07:11	**07:10:17.25**	**07:10:41.45**	+03:44:30 (52.1%)	9:53	6.1 (48.0%)
410	**OBŁUDKA Adam**	**1610**	BEERSPIRIT	M40	148		02:28:31	04:01:09	06:05:26	**07:10:50.30**	**07:11:20.00**	+03:45:09 (52.2%)	9:54	6.1 (48.0%)
411	**MAJDA Maciej**	**1839**	BRYGADA BESKIDÓW	M30	122		02:17:26	03:51:44	05:57:00	**07:11:00.60**	**07:11:23.65**	+03:45:13 (52.2%)	9:54	6.1 (48.0%)
412	**KOWALSKI Szymon**	**1688**	HTF LUDWIK SIKORSKI	M40	149		02:18:39	04:00:50	06:02:12	**07:11:54.00**	**07:12:03.90**	+03:45:53 (52.3%)	9:55	6 (47.2%)
413	**DUDEK Maciej**	**1428**		M30	123		02:16:03	03:51:14	06:03:52	**07:12:17.70**	**07:12:17.70**	+03:46:07 (52.3%)	9:56	6 (47.2%)
414	**OGŁUSZKA Elżbieta**	**1857**	SAFEPRO USŁUGI BHP	K30	45		02:18:39	03:57:40	06:02:25	**07:12:19.15**	**07:12:28.85**	+03:46:18 (52.3%)	9:56	6 (47.2%)
415	**CIECKIEWICZ Tomasz**	**1874**		M30	124		02:16:44	03:49:39	06:00:38	**07:12:07.25**	**07:12:32.05**	+03:46:21 (52.3%)	9:56	6 (47.2%)
416	**LUBINA Cezary**	**1875**		M30	125		02:23:41	03:55:03	06:04:01	**07:13:09.05**	**07:13:09.05**	+03:46:58 (52.4%)	9:57	6 (47.2%)
417	**WÓJCIO Hubert**	**1807**	ULTRASZSZCZAWNICY	M40	150		02:23:52	03:54:15	06:04:46	**07:12:21.05**	**07:13:13.60**	+03:47:03 (52.4%)	9:56	6 (47.2%)
418	**MACIEJEWSKI Lukasz**	**1590**		M30	126		02:23:24	03:54:20	06:00:00	**07:12:31.30**	**07:13:21.10**	+03:47:10 (52.4%)	9:56	6 (47.2%)
419	**MILARSKI Andrzej**	**1385**	SKAWINA BIEGA	M50	28		02:23:43	03:56:31	06:06:22	**07:13:06.30**	**07:13:42.20**	+03:47:31 (52.5%)	9:57	6 (47.2%)
420	**OLESIAK Arkadiusz**	**1830**	BIEGAM NA TARCHOMINIE / PKO BP	M50	29		02:24:20	04:01:24	06:03:27	**07:13:55.30**	**07:14:01.90**	+03:47:51 (52.5%)	9:58	6 (47.2%)
421	**MALEC Dawid**	**1503**	MUAY RUNNING TEAM	M30	127		02:10:37	03:39:27	05:58:17	**07:14:01.75**	**07:14:39.70**	+03:48:29 (52.6%)	9:58	6 (47.2%)
422	**CYGAN Lukasz**	**1270**	KLUB SPORTOWY HAJIME	M30	128		02:23:42	03:57:22	06:07:34	**07:14:55.45**	**07:15:55.75**	+03:49:45 (52.7%)	9:59	6 (47.2%)
423	**JACHYMEK Robert**	**1695**	TEAM ZABIEGANEDNI	M40	151		02:19:09	03:47:21	06:01:03	**07:16:09.55**	**07:16:31.60**	+03:50:21 (52.8%)	10:01	6 (47.2%)
423	**GRABARCZYK Ilona**	**1365**	UKS FILIPIDES TERESIN	K40	32	tak	02:23:26	03:49:58	05:59:42	**07:15:41.50**	**07:16:31.60**	+03:50:21 (52.8%)	10:00	6 (47.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
425	**WOJEWÓDZKA Anna**	**2247**	WOJEWÓDZCY TEAM	K30	46		02:21:28	04:00:58	06:09:05	**07:16:20.10**	**07:17:02.35**	+03:50:51 (52.8%)	10:01	6 (47.2%)
426	**KAMIŃSKA Sylwia**	**1764**		K30	47		02:22:32	03:54:10	06:12:01	**07:17:10.20**	**07:17:28.65**	+03:51:18 (52.9%)	10:02	6 (47.2%)
427	**JĘDRZEJCZAK Anna**	**1539**	KB MCKIS JAWORZNO	K50	4		02:26:35	04:00:18	06:08:39	**07:17:18.25**	**07:17:29.05**	+03:51:18 (52.9%)	10:03	6 (47.2%)
428	**BIENIAS Piotr**	**1877**		M50	30		02:24:20	03:58:23	06:07:50	**07:17:21.95**	**07:18:26.35**	+03:52:15 (53.0%)	10:03	6 (47.2%)
429	**TOKARSKA Bożena**	**1853**	#ADAMCZERWIŃSKITEAM	K40	33		02:32:35	04:05:49	06:12:06	**07:18:15.85**	**07:18:27.65**	+03:52:17 (53.0%)	10:04	6 (47.2%)
430	**RAFA Joanna**	**1756**		K40	34		02:25:58	04:01:04	06:06:34	**07:17:34.35**	**07:18:30.20**	+03:52:19 (53.0%)	10:03	6 (47.2%)
431	**SZNAJDER Jakub**	**1348**		M40	152		02:25:16	04:01:32	06:09:09	**07:17:34.85**	**07:18:31.15**	+03:52:20 (53.0%)	10:03	6 (47.2%)
432	**COLAUTTI Enrico**	**1373**	BAD ORGANIZER TEAM	M50	31		02:21:05	03:50:52	06:08:26	**07:20:18.35**	**07:20:29.15**	+03:54:18 (53.2%)	10:07	5.9 (46.5%)
433	**MACHTAŁOWICZ Szymon**	**1499**		M30	129		02:21:27	03:54:43	06:17:54	**07:20:24.60**	**07:20:35.85**	+03:54:25 (53.2%)	10:07	5.9 (46.5%)
434	**PASTUSZKA Marek**	**1411**		M30	130		02:31:54	04:06:20	06:12:52	**07:20:13.50**	**07:20:45.15**	+03:54:34 (53.2%)	10:07	5.9 (46.5%)
435	**OLCZYK Joanna**	**1410**		K30	48		02:31:55	04:06:21	06:12:17	**07:20:13.65**	**07:20:45.20**	+03:54:34 (53.2%)	10:07	5.9 (46.5%)
436	**MUCHA Marek**	**1818**	APOSTLES OF STARS	M30	131		02:24:05	03:57:08	06:03:33	**07:20:01.95**	**07:20:58.60**	+03:54:48 (53.2%)	10:06	5.9 (46.5%)
437	**BARTOSIAK Adrianna**	**1391**		K20	10		02:15:26	03:53:29	06:20:02	**07:21:17.00**	**07:21:33.55**	+03:55:23 (53.3%)	10:08	5.9 (46.5%)
438	**BEDNARZ Karolina**	**1758**	RAKOŃ WARRIORS	K30	49		02:27:05	04:04:03	06:14:07	**07:20:31.55**	**07:21:35.05**	+03:55:24 (53.3%)	10:07	5.9 (46.5%)
439	**MOTYKA Marcin**	**1759**	RAKOŃ WARRIORS	M40	153		02:27:04	04:04:03	06:14:20	**07:20:31.55**	**07:21:35.30**	+03:55:24 (53.3%)	10:07	5.9 (46.5%)
440	**RUTKOWSKI Mateusz**	**1362**	WAKACYJNA DEMOLKA	M30	132		02:22:02	04:00:47	06:12:55	**07:21:37.10**	**07:21:54.15**	+03:55:43 (53.3%)	10:09	5.9 (46.5%)
441	**MAZUREK Łukasz**	**1802**	ABM RUNNERS	M30	133		02:21:20	03:59:20	06:10:22	**07:22:09.80**	**07:23:01.35**	+03:56:50 (53.5%)	10:09	5.9 (46.5%)
442	**STĘPIEŃ Krzysztof**	**1250**		M40	154		02:28:01	04:02:24	06:12:57	**07:23:13.55**	**07:23:37.95**	+03:57:27 (53.5%)	10:11	5.9 (46.5%)
443	**NIEZNAJ Beata**	**1434**		K30	50		02:26:02	04:03:06	06:15:59	**07:23:33.45**	**07:23:45.80**	+03:57:35 (53.5%)	10:11	5.9 (46.5%)
444	**KULA Piotr**	**1303**	PRZEBIEGŁY ANALITYK	M40	155		02:16:43	03:48:22	06:11:32	**07:22:50.45**	**07:24:25.60**	+03:58:15 (53.6%)	10:10	5.9 (46.5%)
445	**WIKLIŃSKI Jarosław**	**1821**	CZYSTA AMATORKA	M40	156		02:19:28	03:49:52	06:00:19	**07:25:10.85**	**07:26:04.00**	+03:59:53 (53.8%)	10:14	5.9 (46.5%)
446	**DUTKOWIAK Aleksandra**	**1350**	PIĄTKOWO NA BIEGOWO	K40	35		02:28:59	04:12:03	06:18:04	**07:26:27.35**	**07:26:59.30**	+04:00:48 (53.9%)	10:15	5.8 (45.7%)
446	**JÓZEFCZYK Justyna**	**1445**		K40	35		02:28:56	04:12:14	06:18:06	**07:26:24.85**	**07:26:59.30**	+04:00:48 (53.9%)	10:15	5.8 (45.7%)
448	**WYPIJEWSKI Igor**	**1535**		M40	157		02:24:19	04:02:29	06:10:13	**07:26:24.35**	**07:27:11.30**	+04:01:00 (53.9%)	10:15	5.8 (45.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
449	**TUROSZ Zbigniew**	**1754**		M60	3		02:20:47	03:58:12	06:11:58	**07:27:00.05**	**07:27:30.35**	+04:01:19 (53.9%)	10:16	5.8 (45.7%)
450	**TKACZ Przemysław**	**1378**	PRZEMYSKI KLUB BIEGACZA	M40	158		02:23:48	03:53:21	06:14:27	**07:26:52.70**	**07:27:33.75**	+04:01:23 (53.9%)	10:16	5.8 (45.7%)
451	**DYREK Marcin**	**1364**		M30	134		02:28:10	04:05:05	06:14:28	**07:27:57.05**	**07:28:08.70**	+04:01:58 (54.0%)	10:17	5.8 (45.7%)
452	**OPALA Krzysztof**	**1800**	AUTISM FATHER	M40	159		02:29:14	04:16:54	06:18:10	**07:27:33.30**	**07:28:16.25**	+04:02:05 (54.0%)	10:17	5.8 (45.7%)
453	**BUSK Jakub**	**1571**	NOEV SP. Z O.O.	K30	51		02:25:37	04:01:31	06:12:32	**07:28:42.05**	**07:29:26.50**	+04:03:15 (54.1%)	10:18	5.8 (45.7%)
454	**GULA Tomek**	**1767**	GBY	M30	135		02:31:34	04:06:15	06:18:15	**07:29:03.55**	**07:29:39.50**	+04:03:28 (54.1%)	10:19	5.8 (45.7%)
455	**PRĘDKI Mirosław**	**1534**		M40	160		02:35:37	04:18:18	06:22:44	**07:28:51.80**	**07:30:01.90**	+04:03:51 (54.2%)	10:19	5.8 (45.7%)
456	**LESZCZYŃSKI Paweł**	**1663**	LASY WAWERSKIE	M60	4		02:23:50	03:56:32	06:06:02	**07:29:10.70**	**07:30:19.25**	+04:04:08 (54.2%)	10:19	5.8 (45.7%)
457	**SZYMAŃSKI Cezary**	**1575**		M30	136		02:26:29	04:00:00	06:11:47	**07:30:02.05**	**07:31:00.90**	+04:04:50 (54.3%)	10:20	5.8 (45.7%)
458	**NIEDZIAŁKOWSKI Jan**	**2586**		M30	137		02:15:24	03:53:41	06:31:19	**07:30:50.95**	**07:31:06.65**	+04:04:56 (54.3%)	10:21	5.8 (45.7%)
459	**SZCZODRZYŃSKA Kasia**	**1266**		K40	37		02:29:52	04:11:00	06:23:21	**07:30:52.25**	**07:31:12.20**	+04:05:01 (54.3%)	10:21	5.8 (45.7%)
460	**KRZAN Tomasz**	**1542**	PRZEWORSK KRZAN	M40	161		02:21:23	04:04:00	06:20:58	**07:32:59.80**	**07:33:34.45**	+04:07:23 (54.5%)	10:24	5.8 (45.7%)
461	**WOJDA Dariusz**	**1277**	POLISH WINGS	M40	162		02:25:45	04:04:09	06:24:36	**07:33:03.20**	**07:33:35.20**	+04:07:24 (54.5%)	10:24	5.8 (45.7%)
462	**JARUS Andrzej**	**1357**	POLISH WINGS	M40	163		02:21:24	04:03:36	06:22:12	**07:33:01.60**	**07:33:35.60**	+04:07:25 (54.5%)	10:24	5.8 (45.7%)
463	**DRABIK Paweł**	**1814**	PRZEWORSK	M40	164		02:22:52	04:04:24	06:20:59	**07:33:02.95**	**07:33:37.25**	+04:07:26 (54.5%)	10:24	5.8 (45.7%)
464	**ZAWIŚLAK Kazimierz**	**1607**	POLISH WINGS	M40	165		02:25:47	04:04:26	06:22:38	**07:33:05.05**	**07:33:37.65**	+04:07:27 (54.5%)	10:24	5.8 (45.7%)
465	**BŁOŃSKI Piotr**	**1421**	POLISH WINGS	M50	32		02:25:47	04:04:03	06:22:13	**07:33:05.80**	**07:33:37.75**	+04:07:27 (54.5%)	10:24	5.8 (45.7%)
466	**OSTASZEWSKI Mariusz**	**2277**		M40	166		02:22:12	04:01:53	06:18:30	**07:33:25.45**	**07:33:52.70**	+04:07:42 (54.6%)	10:25	5.8 (45.7%)
467	**PĘCIAK Katarzyna**	**1469**		K30	52		02:26:57	04:01:53	06:18:35	**07:34:14.55**	**07:34:26.70**	+04:08:16 (54.6%)	10:26	5.7 (44.9%)
468	**PABIAŃCZYK Małgorzata**	**1315**		K40	38		02:33:12	04:08:13	06:22:54	**07:34:07.75**	**07:34:43.25**	+04:08:32 (54.7%)	10:26	5.7 (44.9%)
469	**SKWIERCZYŃSKI Sylwester**	**1632**		M20	25		02:33:11	04:07:04	06:21:46	**07:35:20.00**	**07:36:14.85**	+04:10:04 (54.8%)	10:28	5.7 (44.9%)
470	**CERANEK Piotr**	**1393**	PAN	M20	26		02:15:38	03:53:58	06:31:35	**07:38:09.25**	**07:38:09.25**	+04:11:58 (55.0%)	10:31	5.7 (44.9%)
471	**JAKÓBCZYK Sylwia**	**1386**		K40	39		02:24:50	04:05:04	06:23:50	**07:37:29.40**	**07:38:11.10**	+04:12:00 (55.0%)	10:31	5.7 (44.9%)
472	**CHODUN Marek**	**1344**		M40	167		02:28:43	04:10:10	06:23:48	**07:39:12.75**	**07:39:54.90**	+04:13:44 (55.2%)	10:33	5.7 (44.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
473	**CHODUN Agnieszka**	**1345**		K40	40		02:28:44	04:10:16	06:23:49	**07:39:13.90**	**07:39:55.05**	+04:13:44 (55.2%)	10:33	5.7 (44.9%)
474	**NIEZGODA Marta**	**1710**		K20	11		02:34:18	04:10:36	06:29:17	**07:40:00.45**	**07:40:08.95**	+04:13:58 (55.2%)	10:34	5.7 (44.9%)
475	**KADZIDŁOWSKA Aleksandra**	**1368**		K40	41		02:30:00	04:15:29	06:29:42	**07:40:10.05**	**07:40:24.95**	+04:14:14 (55.2%)	10:34	5.7 (44.9%)
476	**HOŁUJ Andrzej**	**1657**		M50	33		02:20:19	04:03:04	06:24:47	**07:39:52.00**	**07:40:55.10**	+04:14:44 (55.3%)	10:34	5.7 (44.9%)
477	**SZTYLKO Michał**	**1548**		M40	168		02:21:54	04:02:30	06:30:09	**07:40:40.00**	**07:41:05.40**	+04:14:54 (55.3%)	10:35	5.7 (44.9%)
478	**IDZIKOWSKA-ŚLEDŹ Marta**	**1290**	NAPRZÓD MŁOCINY	K40	42		02:17:38	03:57:32	06:30:58	**07:42:45.60**	**07:42:58.50**	+04:16:47 (55.5%)	10:38	5.6 (44.1%)
479	**GAWRYLUK-KORCZAK Eliza**	**1430**		K30	53		02:17:41	03:57:34	06:31:00	**07:42:45.25**	**07:42:58.75**	+04:16:48 (55.5%)	10:38	5.6 (44.1%)
480	**BARTEL Robert**	**1755**	STARE BABICE BIEGAJĄ	M40	169		02:22:11	04:02:32	06:36:51	**07:43:12.45**	**07:43:34.10**	+04:17:23 (55.5%)	10:38	5.6 (44.1%)
481	**NAWROT Waldek**	**1424**	J U V E R U N	M40	170		02:23:04	04:05:26	06:26:02	**07:44:07.30**	**07:44:46.05**	+04:18:35 (55.6%)	10:40	5.6 (44.1%)
482	**STACHYRA Bartłomiej**	**1273**		M20	27		02:24:15	04:01:26	06:33:49	**07:44:28.55**	**07:45:26.70**	+04:19:16 (55.7%)	10:40	5.6 (44.1%)
483	**KRAJEWSKI Przemysław**	**1692**	12TRI.PL	M40	171		02:36:47	04:18:55	06:37:38	**07:45:01.50**	**07:45:35.20**	+04:19:24 (55.7%)	10:41	5.6 (44.1%)
484	**BUGAJNY Damian**	**1654**	SUPERMARATON KALISZ	M40	172		02:23:23	03:57:51	06:31:27	**07:44:47.70**	**07:45:37.95**	+04:19:27 (55.7%)	10:41	5.6 (44.1%)
485	**DRABIŃSKI Adrian**	**1609**	BEERSPIRIT	M40	173		02:28:32	04:01:09	06:24:42	**07:45:18.25**	**07:45:47.65**	+04:19:37 (55.7%)	10:41	5.6 (44.1%)
486	**STRZELECKI Krzysztof**	**1555**		M50	34		02:26:13	04:10:44	06:33:22	**07:44:56.30**	**07:45:54.45**	+04:19:43 (55.7%)	10:41	5.6 (44.1%)
487	**MOTYLEWSKI Tomasz**	**1342**	SKS	M30	138		02:23:22	04:06:14	06:30:28	**07:45:04.70**	**07:45:58.25**	+04:19:47 (55.8%)	10:41	5.6 (44.1%)
488	**WINNICKA Edyta**	**1294**	ADIDAS RUNNERS WARSAW SŁODKIE PĄCZKI	K30	54		02:36:33	04:14:53	06:29:55	**07:46:33.45**	**07:47:29.90**	+04:21:19 (55.9%)	10:43	5.6 (44.1%)
489	**DOROSZ Robert**	**1615**	TEAM ZABIEGANEDNI	M40	174		02:24:18	04:10:17	06:35:32	**07:47:32.65**	**07:47:52.40**	+04:21:41 (55.9%)	10:44	5.6 (44.1%)
490	**SZYDŁOWSKA - DOROSZ Patrycja**	**1616**	TEAM ZABIEGANEDNI	K40	43		02:24:17	04:10:22	06:35:37	**07:47:31.15**	**07:47:52.70**	+04:21:42 (55.9%)	10:44	5.6 (44.1%)
491	**LEWTAK Marcin**	**1331**	9-TKA RUMMING TEAM	M40	175		02:32:50	04:18:56	06:30:44	**07:47:32.35**	**07:47:55.65**	+04:21:45 (55.9%)	10:44	5.6 (44.1%)
492	**CIOSEK Małgorzata**	**1243**		K40	44		02:37:00	04:19:34	06:32:59	**07:47:08.90**	**07:47:56.25**	+04:21:45 (55.9%)	10:44	5.6 (44.1%)
493	**STRAŻYC Iwona**	**1262**	9-TKA RUNNING TEAM	K30	55		02:32:49	04:18:58	06:30:43	**07:47:42.30**	**07:48:06.95**	+04:21:56 (56.0%)	10:45	5.6 (44.1%)
494	**KARASEK Mariusz**	**1310**		M50	35		02:24:14	04:01:25	06:33:50	**07:47:15.65**	**07:48:14.25**	+04:22:03 (56.0%)	10:44	5.6 (44.1%)
495	**PŁATEK Dominik**	**1675**		M40	176		02:22:39	04:01:44	06:28:10	**07:47:19.90**	**07:48:19.30**	+04:22:08 (56.0%)	10:44	5.6 (44.1%)
496	**GARBACZ Marek**	**1447**	LEŚNE DZIADY	M50	36		02:26:14	04:10:43	06:33:22	**07:47:45.30**	**07:48:43.15**	+04:22:32 (56.0%)	10:45	5.6 (44.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
497	**LACHCIK Iwona**	**1580**		K30	56		02:33:58	04:18:29	06:35:23	**07:49:50.35**	**07:50:30.90**	+04:24:20 (56.2%)	10:48	5.6 (44.1%)
498	**WÓJCIK Karolina**	**1672**		K30	57		02:36:21	04:11:08	06:30:01	**07:52:44.70**	**07:52:44.70**	+04:26:34 (56.4%)	10:52	5.5 (43.3%)
499	**WRONA Anna**	**1517**	META NADARZYN	K40	45		02:34:31	04:18:45	06:40:19	**07:52:03.75**	**07:52:59.45**	+04:26:48 (56.4%)	10:51	5.5 (43.3%)
500	**JOŃCZYK-ZIĘBA Ewa**	**1489**	MOGEBOCHCE Z METANADARZYN	K50	5		02:34:32	04:18:44	06:40:19	**07:52:04.15**	**07:52:59.55**	+04:26:49 (56.4%)	10:51	5.5 (43.3%)
501	**KILIAN Mariusz**	**1745**	MOUNTKILLER	M50	37		02:22:42	04:03:12	06:35:43	**07:53:28.55**	**07:53:45.80**	+04:27:35 (56.5%)	10:53	5.5 (43.3%)
502	**SURANSKY Tomas**	**1792**		M40	177		02:30:47	04:14:02	06:38:14	**07:53:03.65**	**07:53:49.85**	+04:27:39 (56.5%)	10:52	5.5 (43.3%)
502	**BARTEK Jaworski**	**1793**		M40	177		02:32:09	04:14:06	06:37:42	**07:53:03.25**	**07:53:49.85**	+04:27:39 (56.5%)	10:52	5.5 (43.3%)
504	**ZAK Robert**	**2130**		M40	179		02:30:49	04:14:08	06:37:42	**07:53:04.80**	**07:53:49.95**	+04:27:39 (56.5%)	10:52	5.5 (43.3%)
505	**WITOWSKA Aleksandra**	**1627**	DELOITTE ADVENTURE TEAM	K30	58		02:37:45	04:20:16	06:35:09	**07:53:14.45**	**07:54:02.40**	+04:27:51 (56.5%)	10:52	5.5 (43.3%)
506	**MARCINIAK Andrzej**	**1284**	W KÓŁKO BIEGAMY	M40	180		02:29:01	04:15:34	06:55:16	**07:54:11.30**	**07:54:51.10**	+04:28:40 (56.6%)	10:54	5.5 (43.3%)
507	**WIERZBICKI Michał**	**1464**	STOWARZYSZENIE MORSY SWARZĘDZ	M40	181		02:41:43	04:24:59	06:45:43	**07:54:52.45**	**07:55:43.85**	+04:29:33 (56.7%)	10:54	5.5 (43.3%)
508	**BALCERZAK Krysia**	**1324**	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	K40	46		02:31:23	04:16:26	06:43:23	**07:55:51.00**	**07:56:05.80**	+04:29:55 (56.7%)	10:56	5.5 (43.3%)
509	**SOCIŃSKI Artur**	**1423**	ARP RUN TEAM	M40	182		02:32:28	04:14:47	06:39:58	**07:56:24.55**	**07:56:50.35**	+04:30:39 (56.8%)	10:57	5.5 (43.3%)
510	**CIESZYŃSKI Mariusz**	**1377**	BEAUTY-STUDIO LOĘBORK	M40	183		02:35:04	04:23:30	06:43:54	**07:57:07.20**	**07:58:04.75**	+04:31:54 (56.9%)	10:58	5.5 (43.3%)
510	**KIERSZNIKIEWICZ Łukasz**	**1435**		M40	183		02:34:57	04:23:31	06:44:11	**07:57:06.90**	**07:58:04.75**	+04:31:54 (56.9%)	10:58	5.5 (43.3%)
512	**SZYMEROWSKI Łukasz**	**1289**		M40	185		02:35:00	04:23:07	06:43:55	**07:57:07.40**	**07:58:04.95**	+04:31:54 (56.9%)	10:58	5.5 (43.3%)
513	**MORAWSKA Anna**	**1397**		K60	1		02:39:39	04:20:00	06:41:43	**07:57:26.35**	**07:58:20.10**	+04:32:09 (56.9%)	10:58	5.5 (43.3%)
514	**PTAK Dorota**	**1667**	PIĄTKOWO NA BIEGOWO	K50	6		02:37:21	04:15:56	06:44:25	**07:58:08.45**	**07:58:43.05**	+04:32:32 (56.9%)	10:59	5.5 (43.3%)
515	**DUPERAS Arkadiusz**	**1286**		M40	186		02:33:49	04:17:44	06:42:40	**07:57:58.60**	**07:58:45.25**	+04:32:34 (56.9%)	10:59	5.5 (43.3%)
516	**ROMANOWSKA Monika**	**1836**		K30	59		02:34:09	04:16:18	06:48:37	**07:58:24.45**	**07:59:03.65**	+04:32:53 (57.0%)	10:59	5.5 (43.3%)
516	**PROKOPCZUK Anna**	**1838**		K40	47		02:34:10	04:16:13	06:48:38	**07:58:23.25**	**07:59:03.65**	+04:32:53 (57.0%)	10:59	5.5 (43.3%)
518	**DRAB Monika**	**1841**		K40	48		02:34:13	04:16:24	06:48:43	**07:58:25.45**	**07:59:03.75**	+04:32:53 (57.0%)	10:59	5.5 (43.3%)
519	**KARPIŃSKI Jarosław**	**1783**		M30	139		02:20:28	04:05:44	06:39:10	**07:58:47.75**	**07:59:28.55**	+04:33:18 (57.0%)	11:00	5.5 (43.3%)
520	**SZTURC Klaudia**	**1500**	KB MCKIS JAWORZNO	K30	60		02:40:36	04:24:10	06:47:18	**07:59:27.15**	**07:59:36.15**	+04:33:25 (57.0%)	11:01	5.4 (42.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
521	**SYNOWIEC-JUDA Agata**	**1467**		K40	49		02:42:36	04:26:41	06:45:53	**08:00:18.00**	**08:00:26.15**	+04:34:15 (57.1%)	11:02	5.4 (42.5%)
522	**TURCZYŃSKA Monika**	**1579**	12TRI.PL	K40	50		02:37:23	04:19:13	06:37:40	**07:59:56.30**	**08:00:31.30**	+04:34:20 (57.1%)	11:01	5.4 (42.5%)
523	**LEWANDOWSKA Marta**	**1573**		K30	61		02:38:33	04:27:25	06:52:01	**08:00:15.30**	**08:00:52.15**	+04:34:41 (57.1%)	11:02	5.4 (42.5%)
524	**HUBNER Ilona**	**1274**		K40	51		02:42:07	04:33:17	06:50:47	**08:00:16.15**	**08:01:03.80**	+04:34:53 (57.1%)	11:02	5.4 (42.5%)
525	**MICHALECKI Łukasz**	**1614**	NMG	M40	187		02:26:31	04:01:46	06:36:08	**08:00:46.85**	**08:01:23.35**	+04:35:12 (57.2%)	11:03	5.4 (42.5%)
526	**CZERWIŃSKI Krzysztof**	**1566**	POLKRYS TEAM	M20	28		02:35:45	04:24:42	06:34:37	**08:02:16.10**	**08:02:35.45**	+04:36:24 (57.3%)	11:05	5.4 (42.5%)
527	**TATUŚKO Tomasz**	**1508**		M50	38		02:36:33	04:18:14	06:40:02	**08:04:37.55**	**08:05:27.45**	+04:39:16 (57.5%)	11:08	5.4 (42.5%)
528	**KLIMASZYK Łukasz**	**1729**		M20	29		02:33:27	04:18:08	06:40:49	**08:04:47.75**	**08:05:35.50**	+04:39:24 (57.5%)	11:08	5.4 (42.5%)
529	**DYCZKOWSKI Adadm**	**1408**		M20	30		02:39:37	04:19:19	06:47:01	**08:05:45.35**	**08:06:35.30**	+04:40:24 (57.6%)	11:10	5.4 (42.5%)
530	**DYCZKOWSKI Andrzej**	**1236**	TYGRYSKI KUBUSIA PUCHATKA	M60	5		02:39:44	04:19:40	06:47:06	**08:05:46.60**	**08:06:35.60**	+04:40:25 (57.6%)	11:10	5.4 (42.5%)
531	**NAWROT Magdalena**	**1422**	J U V E R U N	K40	52		02:48:05	04:27:19	06:50:14	**08:06:25.10**	**08:07:03.25**	+04:40:52 (57.7%)	11:10	5.4 (42.5%)
532	**TOMANEK Renata**	**1426**		K40	53		02:46:49	04:33:17	06:50:21	**08:06:42.15**	**08:07:19.65**	+04:41:09 (57.7%)	11:11	5.4 (42.5%)
533	**WŁODARCZYK Jan**	**1431**	AKTYWNI KOCIEWIACY	M60	6		02:42:08	04:26:16	06:49:45	**08:06:54.50**	**08:07:50.05**	+04:41:39 (57.7%)	11:11	5.4 (42.5%)
534	**MZYK Fabian**	**1649**	STS BIEGATON	M40	188		02:37:21	04:23:56	06:45:16	**08:08:15.80**	**08:08:22.95**	+04:42:12 (57.8%)	11:13	5.3 (41.7%)
535	**TOMASZEWSKI Adrian**	**1746**		M30	140		02:33:39	04:22:53	06:47:49	**08:08:28.65**	**08:09:05.45**	+04:42:54 (57.8%)	11:13	5.3 (41.7%)
536	**SOWIŃSKI Zbigniew**	**1513**	AKTYWNI KOCIEWIACY	M60	7		02:42:21	04:29:49	06:50:45	**08:10:00.50**	**08:10:56.50**	+04:44:45 (58.0%)	11:15	5.3 (41.7%)
537	**HUNIA Konrad**	**1298**		M30	141		02:32:48	04:17:32	06:45:22	**08:11:10.90**	**08:11:55.00**	+04:45:44 (58.1%)	11:17	5.3 (41.7%)
538	**WRÓBEL-GŁOWACKA Honorata**	**1606**	ACTIVE JURA	K40	54		02:43:39	04:39:04	06:59:35	**08:11:18.80**	**08:12:13.05**	+04:46:02 (58.1%)	11:17	5.3 (41.7%)
538	**GŁOWACKI Mariusz**	**2230**	ACTIVE JURA	M40	189		02:43:40	04:39:06	06:59:34	**08:11:19.10**	**08:12:13.05**	+04:46:02 (58.1%)	11:17	5.3 (41.7%)
540	**KUJAWA Agata**	**1699**		K30	62		02:31:56	04:26:42	06:58:01	**08:11:43.60**	**08:12:15.95**	+04:46:05 (58.1%)	11:18	5.3 (41.7%)
541	**ŚWIĘTONIOWSKA Justyna**	**1563**	PODIUM	K40	55		02:46:15	04:36:34	06:58:21	**08:11:28.85**	**08:12:16.10**	+04:46:05 (58.1%)	11:17	5.3 (41.7%)
542	**FOTYGA Agnieszka**	**1369**	OSTROBIEC	K50	7		02:28:53	04:19:57	06:49:51	**08:11:43.90**	**08:12:48.25**	+04:46:37 (58.2%)	11:18	5.3 (41.7%)
543	**PIECUCH Małgorzata**	**1269**		K60	2		02:45:57	04:36:07	06:58:18	**08:12:20.35**	**08:12:49.15**	+04:46:38 (58.2%)	11:19	5.3 (41.7%)
544	**RATAJCZAK Krzysztof**	**1741**		M40	190		02:21:48	04:09:48	06:41:31	**08:12:15.50**	**08:12:50.10**	+04:46:39 (58.2%)	11:18	5.3 (41.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
545	**TUREK Paweł**	**1419**	PRINCES	M50	39		02:42:58	04:32:10	06:56:54	**08:13:45.85**	**08:14:33.75**	+04:48:23 (58.3%)	11:21	5.3 (41.7%)
546	**SOKULSKI Marcin**	**1334**	KASZANKI	M40	191		02:35:17	04:25:37	06:53:57	**08:14:41.40**	**08:15:07.75**	+04:48:57 (58.4%)	11:22	5.3 (41.7%)
547	**PASTUSZAK Ewa**	**1512**	ŁĘCZNA BIEGA	K40	56		02:23:45	04:16:02	06:57:19	**08:15:36.65**	**08:15:58.70**	+04:49:48 (58.4%)	11:23	5.3 (41.7%)
548	**PASTUSZAK Tomasz**	**1481**	ŁĘCZNA BIEGA	M40	192		02:23:41	04:15:58	06:57:14	**08:15:32.75**	**08:15:58.80**	+04:49:48 (58.4%)	11:23	5.3 (41.7%)
549	**NOWAK Katarzyna**	**1697**	KB WARTKO	K40	57		02:32:02	04:27:09	06:57:59	**08:16:45.45**	**08:17:18.55**	+04:51:08 (58.5%)	11:25	5.3 (41.7%)
550	**RUSEK Jarosław**	**1569**		M40	193		02:32:23	04:15:57	06:46:30	**08:09:53.95**	**08:17:37.10**	+04:51:26 (58.6%)	11:15	5.3 (41.7%)
550	**RUBASZKO Michał**	**1625**		M40	193		02:32:50	04:16:24	06:46:57	**08:10:21.10**	**08:17:37.10**	+04:51:26 (58.6%)	11:16	5.3 (41.7%)
552	**WAGNER Grzegorz**	**1652**		M30	142		02:23:34	03:59:58	06:32:47	**08:17:27.35**	**08:18:06.25**	+04:51:55 (58.6%)	11:26	5.2 (40.9%)
553	**NARTOWSKI Jan**	**1406**	MORT!	M60	8		02:33:40	04:21:07	06:55:03	**08:18:02.95**	**08:18:52.40**	+04:52:41 (58.7%)	11:26	5.2 (40.9%)
554	**WIEDRO Małgorzata**	**1861**	WKURW-TEAM/BIEGNĘ ,ŻEBY BARTEK MÓGŁ BIEGAĆ	K40	58		02:45:08	04:35:16	07:05:54	**08:20:19.95**	**08:20:33.90**	+04:54:23 (58.8%)	11:30	5.2 (40.9%)
555	**JAGODZIŃSKA Paulina**	**1409**	ZABIEGANI MIELEC/WKURW_TEAM	K40	59		02:42:31	04:36:59	07:05:54	**08:23:15.75**	**08:23:37.35**	+04:57:26 (59.1%)	11:34	5.2 (40.9%)
556	**SKRZYPEK Robert**	**1553**	BIEGNIJ Z PROSERVICE	M50	40		02:31:12	04:22:14	07:03:22	**08:22:52.55**	**08:23:47.10**	+04:57:36 (59.1%)	11:33	5.2 (40.9%)
557	**KOZIEŁ Tadeusz**	**1319**	SZCZĘŚCIARZ BIEGA	M30	143		02:40:21	04:35:44	07:07:14	**08:23:40.70**	**08:24:26.15**	+04:58:15 (59.1%)	11:34	5.2 (40.9%)
558	**ZASŁONKA Paweł**	**1338**		M30	144		02:40:22	04:36:49	07:07:14	**08:23:40.10**	**08:24:26.40**	+04:58:15 (59.1%)	11:34	5.2 (40.9%)
559	**CZERWIEC Artur**	**1885**	VEGERUNERS	M40	195		02:41:31	04:27:40	07:02:07	**08:25:04.70**	**08:25:37.15**	+04:59:26 (59.2%)	11:36	5.2 (40.9%)
560	**JUDA Jarosław**	**1306**		M50	41		02:50:40	04:37:39	07:08:34	**08:25:29.10**	**08:27:14.35**	+05:01:03 (59.4%)	11:37	5.2 (40.9%)
561	**FORYŚ Adam**	**1261**	PATO BIEGI	M20	31		02:36:47	04:28:55	07:07:36	**08:27:11.15**	**08:27:30.30**	+05:01:19 (59.4%)	11:39	5.1 (40.2%)
562	**DŁUGOŁĘCKA Olga**	**1260**		K20	12		02:36:49	04:28:55	07:07:36	**08:27:11.50**	**08:27:30.40**	+05:01:19 (59.4%)	11:39	5.1 (40.2%)
563	**ŁASKAWSKA Justyna**	**1880**		K40	60		02:50:44	04:40:49	07:10:28	**08:26:45.15**	**08:27:52.50**	+05:01:41 (59.4%)	11:38	5.2 (40.9%)
564	**FURMAN Agnieszka**	**1392**	OCHAJORUN & FRIENDS	K30	63		02:39:53	04:32:38	07:05:04	**08:27:33.70**	**08:28:13.05**	+05:02:02 (59.4%)	11:40	5.1 (40.2%)
565	**ŻOŁYNIAK Szymon**	**1873**		M40	196		02:50:43	04:40:50	07:10:30	**08:27:09.60**	**08:28:16.90**	+05:02:06 (59.4%)	11:39	5.1 (40.2%)
566	**DROZD Krystian**	**1810**		M40	197		02:48:53	04:36:07	07:10:37	**08:28:54.25**	**08:29:56.35**	+05:03:45 (59.6%)	11:41	5.1 (40.2%)
567	**KOSMALA Bartosz**	**1453**	KOSMALA TEAM	M40	198		02:38:39	04:29:16	07:09:46	**08:31:35.00**	**08:32:32.15**	+05:06:21 (59.8%)	11:45	5.1 (40.2%)
568	**NAWROT Agnieszka**	**1389**	ROZBIEGANY SULEJÓWEK	K40	61		02:29:01	04:15:33	07:09:06	**08:32:09.95**	**08:32:49.15**	+05:06:38 (59.8%)	11:46	5.1 (40.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
569	**KOŁACZEK Sylwia**	**1602**		K40	62		02:48:45	04:35:23	07:09:36	**08:32:17.00**	**08:32:51.30**	+05:06:40 (59.8%)	11:46	5.1 (40.2%)
570	**TOKARZEWSKI Dariusz**	**1586**		M50	42		02:49:03	04:37:31	07:15:15	**08:32:02.85**	**08:33:09.45**	+05:06:58 (59.8%)	11:46	5.1 (40.2%)
571	**KOWALCZYK Katarzyna**	**1442**	DROGA DO ULTRA	K40	63		02:48:49	04:35:08	07:09:18	**08:34:17.20**	**08:35:11.10**	+05:09:00 (60.0%)	11:49	5.1 (40.2%)
572	**PRZEWŁOKA Wojciech**	**1828**	SAINT-GOBAIN SQUAD	M40	199		02:32:21	04:22:06	07:05:24	**08:34:46.70**	**08:35:40.25**	+05:09:29 (60.0%)	11:50	5.1 (40.2%)
573	**KOWALSKI Andrzej**	**1529**		M40	200		02:53:56	04:42:41	07:10:56	**08:35:07.25**	**08:35:59.60**	+05:09:49 (60.0%)	11:50	5.1 (40.2%)
574	**MODELSKA Małgorzata**	**1798**	AZS AWF MASTERS	K30	64		02:54:18	04:42:21	07:16:11	**08:35:57.70**	**08:36:15.30**	+05:10:04 (60.1%)	11:51	5.1 (40.2%)
575	**PIOTROWSKA Kamila**	**1452**		K30	65		02:42:11	04:39:42	07:17:44	**08:35:47.00**	**08:36:21.60**	+05:10:11 (60.1%)	11:51	5.1 (40.2%)
576	**JEZIERSKA Karina**	**1578**	12TRI.PL/TEAM ZABIEGANEDNI	K40	64		02:58:22	04:53:17	07:20:10	**08:36:53.65**	**08:37:29.60**	+05:11:19 (60.2%)	11:52	5 (39.4%)
577	**JUREK Magdalena**	**1611**		K50	8		02:50:50	04:48:46	07:21:27	**08:36:31.20**	**08:37:33.60**	+05:11:23 (60.2%)	11:52	5.1 (40.2%)
578	**PUCHAŁA Mariusz**	**1259**	NAPRZÓD MŁOCINY	M40	201		02:38:12	04:32:59	07:12:25	**08:38:03.35**	**08:38:16.85**	+05:12:06 (60.2%)	11:54	5 (39.4%)
579	**BOGDAŁ Ewelina**	**1278**		K30	66		02:47:27	04:41:16	07:17:25	**08:40:03.60**	**08:40:22.05**	+05:14:11 (60.4%)	11:57	5 (39.4%)
580	**RUTKOWSKI Janusz**	**1564**	LESZNO TEAM	M50	43		02:46:10	04:37:35	07:21:41	**08:41:28.40**	**08:42:18.45**	+05:16:07 (60.5%)	11:59	5 (39.4%)
581	**KOBIERSKI Radosław**	**2113**		M50	44		02:37:34	04:29:40	07:14:27	**08:42:43.70**	**08:43:23.65**	+05:17:13 (60.6%)	12:00	5 (39.4%)
582	**TOKARSKI Rafał**	**1854**		M40	202		02:45:25	04:36:43	07:18:16	**08:43:32.75**	**08:43:45.05**	+05:17:34 (60.6%)	12:02	5 (39.4%)
583	**BRZOZOWSKI Andrzej**	**1297**	WKZ	M60	9		02:49:44	04:52:36	07:19:46	**08:43:30.90**	**08:44:19.35**	+05:18:08 (60.7%)	12:02	5 (39.4%)
584	**TARNOWSKI Marek**	**1824**	CITYZEN ATHLETICS	M50	45		02:49:10	04:50:13	07:19:31	**08:44:49.15**	**08:45:14.25**	+05:19:03 (60.7%)	12:03	5 (39.4%)
585	**MILCARZ Andrzej**	**1465**	FESTINA LENTE	M60	10		02:24:57	04:31:46	07:22:07	**08:46:53.85**	**08:48:05.15**	+05:21:54 (61.0%)	12:06	5 (39.4%)
586	**FRYŚ-RZEZAK Justyna**	**1787**	WYBIEGAJ SIEBIE	K40	65		02:52:10	04:50:05	07:30:22	**08:48:14.55**	**08:48:35.30**	+05:22:24 (61.0%)	12:08	4.9 (38.6%)
587	**SZCZAPA Karol**	**1691**	12TRI	M30	145		02:58:22	04:58:54	07:27:16	**08:50:20.70**	**08:50:56.75**	+05:24:46 (61.2%)	12:11	4.9 (38.6%)
588	**PAZDERSKA-KIPIEL Agnieszka**	**1765**	LACHO TEAM/EVIL TEAM	K30	67		03:02:52	05:01:25	07:26:43	**08:50:52.15**	**08:51:37.45**	+05:25:26 (61.2%)	12:12	4.9 (38.6%)
589	**CHRÓŚCIAK Paweł**	**1366**		M40	203		02:58:53	05:01:12	07:30:00	**08:51:58.90**	**08:51:58.90**	+05:25:48 (61.2%)	12:13	4.9 (38.6%)
590	**DUNAJ Dominika**	**1843**	DOMINIKA DUNAJ	K30	68		02:51:47	04:49:07	07:27:39	**08:55:02.55**	**08:55:50.15**	+05:29:39 (61.5%)	12:17	4.9 (38.6%)
Przekroczony limit czasu: 09:00:00														
591	**LOSOR Andrzej**	**1817**		M40	204		02:58:36	05:05:00	07:42:43	**09:04:19.40**	**09:04:50.95**	+05:38:40 (62.2%)	12:30	4.8 (37.8%)
592	**CIBOROWSKA Hanna**	**1283**	META NADARZYN	K60	3		03:06:08	05:05:25	07:40:11	**09:10:55.05**	**09:11:51.35**	+05:45:40 (62.6%)	12:39	4.7 (37.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
593	**DOMINIAK-LESZCZYŃSKA Elżbieta**	**1661**	LASY WAWERSKIE	K60	4		03:05:49	05:07:49	07:52:23	**09:22:16.00**	**09:23:24.60**	+05:57:14 (63.4%)	12:55	4.6 (36.2%)
594	**BIAŁOBRZESKI Piotr**	**1845**	CITYZEN ATHLETICS	M30	146		03:08:51	05:21:12	08:07:05	**09:41:07.25**	**09:41:33.00**	+06:15:22 (64.5%)	13:21	4.5 (35.4%)
595	**SROKA Tymoteusz**	**1572**		M20	32		03:02:44	05:16:04	08:09:31	**09:58:16.75**	**09:59:00.85**	+06:32:50 (65.6%)	13:45	4.4 (34.6%)
595	**JURECKI Jakub**	**1638**		M20	32		02:58:29	05:15:42	08:13:29	**09:58:15.95**	**09:59:00.85**	+06:32:50 (65.6%)	13:45	4.4 (34.6%)
597	**DOBRZYŃSKI Marek**	**1380**	RUN FORREST	M40	205		02:54:20	05:01:49	08:29:05	**10:11:57.75**	**10:12:08.95**	+06:45:58 (66.3%)	14:04	4.3 (33.9%)
598	**BIAŁOKOS Anna**	**1561**		OPEN Kobiety	1		03:46:34	05:51:36	08:39:17	**10:15:29.20**	**10:15:57.40**	+06:49:46 (66.5%)	14:08	4.2 (33.1%)
599	**PERKOWSKI Tomasz**	**1523**	EUROCASH	M40	206		03:46:19	05:51:31	08:40:11	**10:15:30.00**	**10:15:57.60**	+06:49:47 (66.5%)	14:08	4.2 (33.1%)
600	**MORACZEWSKA Aleksandra**	**1526**	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	66		03:02:37	05:15:15	08:43:57	**10:25:54.55**	**10:26:55.95**	+07:00:45 (67.1%)	14:23	4.2 (33.1%)
601	**WISNIEWSKI Paweł**	**1522**	ŁOMIANKOWSKA GRUPA BIEGOWA	M50	46		03:02:38	05:15:32	08:42:33	**10:25:54.25**	**10:26:56.10**	+07:00:45 (67.1%)	14:23	4.2 (33.1%)
602	**MATUSZEWSKI Dariusz**	**1291**	BIEGIEM DO GARÓW	M50	47		03:01:59	05:16:59	08:42:33	**10:26:02.95**	**10:27:05.05**	+07:00:54 (67.1%)	14:23	4.2 (33.1%)
	BEDNAREK Adrian	**1213**	ADRIANBEDNAREK.PL	M30		tak	01:20:47 DNF	02:10:54 DNF	DNF	**DNF**	**DNF**		-	- (0.0%)
	GABRYŚ Rafał	**1648**	MKL BRYGADA BESKIDÓW NOWY SĄCZ	M30		tak	01:23:02 DNF	02:12:14 DNF	DNF	**DNF**	**DNF**		-	- (0.0%)
	ŻYDEK Piotr	**1438**	CHSBD W RUCHU	M20			02:39:40 DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)
	ZAJĄC Andrzej	**1440**	DRUŻYNA SZPIKU	M40			03:19:23 DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)
	ZAJĄC Krzysztof	**1439**	WKURW_TEAM/BEZULTRADZIKI/ZAJĄCE HASAJĄCE	M40			03:19:23 DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)
	MARCINKOWSKA Jadwiga	**1302**		K50			DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)
	BADOWSKI Aleksander	**1696**	MARCIN ŚWIERC TEAM	M30		tak	DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)
	LEBODA Katarzyna	**1248**	WILD DOGS TEAM	K30			DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)

Znaleziono 610 wynik(ów)