



XIX MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej, Gmina Miasto Koszalin
Data: 2021-10-10
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 7,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km
1	SZYMAŃSKI Sylwester	81	SZCZECINECCY BIEGACZE	M40-49	00:00:18	00:05:17	00:10:12	00:15:09	00:20:00	00:24:49
2	SZYMAŃSKI Łukasz	82	MLUKS TRZEBIATÓW	M30-39	00:00:18	00:05:17	00:10:12	00:15:09	00:20:06	00:25:10
3	LESYK Rafał	50	KOCURY	M30-39	00:00:18	00:05:17	00:10:12	00:15:11	00:20:24	00:25:42
4	SIADAK Arkadiusz	73		M40-49	00:00:18	00:05:24	00:10:29	00:15:35	00:20:43	00:25:51
5	MACKOJC Krzysztof	55	EL-MACKOJC	M40-49	00:00:19	00:05:29	00:10:47	00:16:07	00:21:27	00:26:50
6	HOŁUB Kamil	30	MLUKS TRZEBIATÓW	M40-49	00:00:18	00:05:27	00:10:52	00:16:17	00:21:41	00:27:04
7	POŁUBIŃSKI Paweł	70	KOCURY	M40-49	00:00:20	00:05:47	00:11:11	00:16:44	00:22:14	00:27:41
8	SZARŁATA Piotr	80		M30-39	00:00:20	00:05:41	00:11:11	00:16:43	00:22:14	00:27:41
9	KASZTELAN Ula	34	TKKF KOSZALIN	K30-39	00:00:19	00:05:41	00:11:11	00:16:43	00:22:19	00:27:58
10	GAWEŁ Marcin	23	BRAK	M18-39	00:00:19	00:05:27	00:10:56	00:16:42	00:22:29	00:28:23
11	PICK Tomasz	67	BIEGOLAS KOSZALIN	M50-59	00:00:22	00:05:53	00:11:30	00:17:08	00:22:49	00:28:31
12	SŁUPCZEWSKI Krzysztof	74	SDROG KOSZALIN KOPARKAKOSZALIN.PL	M40-49	00:00:20	00:05:52	00:11:28	00:17:08	00:22:49	00:28:32
13	ZWOLIŃSKI Jan	97	TKKF KOSZALIN	M50-59	00:00:20	00:05:54	00:11:30	00:17:08	00:22:48	00:28:32
14	BURDA Robert	11	KOSPEL	M40-49	00:00:20	00:05:55	00:11:31	00:17:10	00:22:52	00:28:34
15	ZATOŃ Olga	96	KOCURY	K30-39	00:00:22	00:05:54	00:11:31	00:17:14	00:22:59	00:28:37
16	KRYNICKA GRZYB Małgorzata	46	MLUKS TRZEBIATÓW	K30-39	00:00:19	00:05:50	00:11:29	00:17:10	00:22:54	00:28:41
17	KOZIEŁ Paweł	42	KOCURY	M40-49	00:00:21	00:05:54	00:11:35	00:17:19	00:23:08	00:28:56
18	WESOŁOWSKI Marcin	89	OBSESJA BIEGANIA	M30-39	00:00:21	00:05:54	00:11:35	00:17:24	00:23:13	00:29:02
19	SMAGOWSKI Wojciech	75	OSP RĄBINO	M40-49	00:00:24	00:05:54	00:11:33	00:17:19	00:23:10	00:29:03
20	HISZCZYŃSKA Aleksandra	29	CSSP KOSZALIN	K18-29	00:00:22	00:06:05	00:11:55	00:17:57	00:24:01	00:30:10
21	CYGAN Małgorzata	16	KOCURY	K30-39	00:00:22	00:06:06	00:12:00	00:18:02	00:24:06	00:30:11
22	MOSZYŃSKI Jacek	60	TKKF KOSZALIN	M50-59	00:00:23	00:06:18	00:12:11	00:18:12	00:24:12	00:30:15
23	BŁOCH Radosław	5		M18-39	00:00:31	00:06:34	00:12:36	00:18:39	00:24:37	00:30:29
24	MAZUR Tomasz	57	I LO SZCZECINEK	M40-49	00:00:24	00:06:23	00:12:30	00:18:38	00:24:51	00:30:54
25	KOZAK Grzegorz	41	FPP	M40-49	00:00:22	00:06:23	00:12:30	00:18:38	00:24:52	00:30:59
26	MAZIEC Beata	56	BIEGOLAS KOSZALIN	K30-39	00:00:22	00:06:15	00:12:27	00:18:39	00:24:52	00:30:59
27	KUBIK Krystian	48	MLUKS TRZEBIATÓW	M18-39	00:00:16	00:05:55	00:12:04	00:18:20	00:24:40	00:31:00
28	BIERZANOWSKI Rafał	4		M40-49	00:00:28	00:06:30	00:12:34	00:18:44	00:24:53	00:31:01

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km
29	MITUNIEWICZ Adrian	59	BIEGOLAS KOSZALIN	M30-39	00:00:22	00:06:23	00:12:30	00:18:39	00:24:53	00:31:05
30	WEBER Paweł	88		M30-39	00:00:22	00:06:23	00:12:30	00:18:39	00:24:54	00:31:16
31	MACIEJCZYK Mateusz	54		M30-39	00:00:22	00:06:24	00:12:33	00:18:44	00:24:55	00:31:18
32	NOWICKI Michał	61	KB WYGAN	M30-39	00:00:23	00:06:16	00:12:27	00:18:40	00:24:55	00:31:20
33	ADASZYNSKI Wiesław	1	BIEGOLAS KOSZALIN	M50-59	00:00:26	00:06:27	00:12:32	00:18:45	00:25:07	00:31:32
34	BARUTOWICZ Grzegorz	3		M40-49	00:00:25	00:06:30	00:12:33	00:18:42	00:25:10	00:31:33
35	SEROWSKI Łukasz	72	BIEGOLAS KOSZALIN	M30-39	00:00:27	00:06:29	00:12:34	00:18:48	00:25:09	00:31:34
36	BUDZIŃSKI Paweł	10	KĘPKA NA TRASIE/DRUŻYNA SZPIKU	M40-49	00:00:25	00:06:31	00:12:43	00:18:52	00:25:12	00:31:37
37	KRYNICKA Magdalena	45	MLUKS TRZEBIATÓW	K18-29	00:00:23	00:06:06	00:12:16	00:18:39	00:25:09	00:31:47
38	TROŚNIAK Piotr	83	DZIESIĄTKA BIAŁOGARD	M40-49	00:00:26	00:06:31	00:12:42	00:19:02	00:25:24	00:31:53
39	SUCHANOWSKI Zygmunt	77	RESPECT LOTYŃ	M50-59	00:00:21	00:06:20	00:12:37	00:19:00	00:25:28	00:31:59
40	PIEKUTOWSKI Artur	68		M40-49	00:00:23	00:06:22	00:12:36	00:18:56	00:25:27	00:32:07
41	CZERNIAK Gracjan	17		M40-49	00:00:30	00:06:54	00:13:13	00:19:38	00:25:57	00:32:16
42	PAWŁOWSKI Grzegorz	64	GAMMAX	M40-49	00:00:28	00:06:36	00:12:59	00:19:31	00:26:04	00:32:36
43	DZIKOŃ Rafał	102		M40-49	00:00:33	00:07:05	00:13:31	00:19:52	00:26:14	00:32:44
44	IWANIEC Darek	31	TKKF KOSZALIN	M40-49	00:00:30	00:07:04	00:13:27	00:19:54	00:26:21	00:32:55
45	WILKOWSKI Krzysztof	90	FOR-REST-RUN	M40-49	00:00:29	00:06:50	00:13:20	00:19:56	00:26:33	00:33:13
46	DĄBROWSKA Alicja	20	TKKF KOSZALIN	K50-59	00:00:25	00:06:53	00:13:31	00:20:08	00:26:43	00:33:14
47	SOCHACKA Marta	76		K30-39	00:00:27	00:06:47	00:13:24	00:20:04	00:26:42	00:33:14
48	KRZEWIŃSKA Małgorzata	47	TKKF KOSZALIN	K60+	00:00:26	00:06:58	00:13:32	00:20:10	00:26:45	00:33:18
49	GLEWICZ Sylwia	25	POMORSKIE WILKI	K30-39	00:00:25	00:06:30	00:13:08	00:19:52	00:26:39	00:33:27
50	CIECHAŃSKI Michał	14	ZDARTE PODESZWY	M40-49	00:00:31	00:06:49	00:13:19	00:19:56	00:26:33	00:33:43
51	CHUDZIK Zbigniew	13	TKKF KOSZALIN	M60-69	00:00:26	00:07:04	00:13:42	00:20:24	00:27:05	00:33:46
52	ANTKOWIAK Sebastian	2	DB - ACTIVE	M40-49	00:00:32	00:07:03	00:13:32	00:20:14	00:27:07	00:34:07
53	BRZEZIŃSKI Paweł	8		M40-49	00:00:20	00:06:38	00:13:19	00:20:08	00:27:00	00:34:11
54	BUCZKO Katarzyna	9	TRIPAKA PRZECHELEWO	K18-29	00:00:26	00:06:50	00:13:29	00:20:20	00:27:18	00:34:16
55	BOGACKI Tomasz	7	TKKF KOSZALIN	M60-69	00:00:26	00:07:09	00:13:57	00:20:51	00:27:43	00:34:37
56	MAZUR Mirosław	58		M50-59	00:00:27	00:07:09	00:13:57	00:20:51	00:27:43	00:34:37
57	KNEBLEWSKA Joanna	37		K40-49	00:00:30	00:06:50	00:13:34	00:20:25	00:27:24	00:34:38
58	ŻMIJEWSKI Wojciech	98	MJT SERWIS SPORT TEAM	M30-39	00:00:30	00:06:50	00:13:33	00:20:25	00:27:24	00:34:39
59	ŻYSZKIEWICZ Piotr	100	ROZBIEGANA USTKA	M50-59	00:00:32	00:07:25	00:14:14	00:21:07	00:27:55	00:34:43
60	GIEDROWICZ Aleksandra	24		K30-39	00:00:29	00:06:44	00:13:34	00:20:37	00:27:36	00:34:46
61	MACIĄG Piotr	52	HOMOSAPIE	M40-49	00:00:33	00:07:05	00:13:44	00:20:37	00:27:37	00:34:46
62	MACIEJCZYK Alan	53		M18-39	00:00:24	00:06:46	00:13:21	00:20:23	00:27:40	00:34:47
63	BURKIET Paweł	12		M40-49	00:00:29	00:07:06	00:13:46	00:20:42	00:27:49	00:35:01
64	DRULIK-HOŁUB Marta	21		K40-49	00:00:32	00:07:22	00:14:09	00:21:07	00:28:02	00:35:04
65	KUPCZAK Damian	49	OSP SIANÓW	M30-39	00:00:31	00:07:20	00:14:11	00:21:08	00:28:10	00:35:16
66	TWORSKA Magdalena	84	OSP SIANÓW	K18-29	00:00:31	00:07:21	00:14:12	00:21:08	00:28:10	00:35:16
67	DANIELAK Tomasz	19		M18-39	00:00:27	00:07:16	00:14:03	00:20:58	00:28:14	00:35:33
68	PAJOR Tomasz	62	HOMOSAPIE	M40-49	00:00:32	00:07:09	00:13:53	00:20:55	00:28:06	00:35:38
69	MACIĄG Paweł	51	HOMOSAPIE	M40-49	00:00:32	00:07:13	00:14:04	00:21:10	00:28:46	00:36:35
70	BOGACKA Lucyna	6	TKKF KOSZALIN	K60+	00:00:28	00:07:38	00:14:46	00:21:58	00:29:14	00:36:37
71	PAWŁOWSKA Magdalena	63	GAMMAX	K40-49	00:00:32	00:07:43	00:14:57	00:22:15	00:29:39	00:36:59
72	RYBAK Daria	71	RYBKA LUBI PŁYWAĆ	K40-49	00:00:32	00:07:43	00:14:57	00:22:15	00:29:39	00:36:59
73	CIEŚLAK Grzegorz	15		M30-39	00:00:37	00:07:43	00:14:58	00:22:17	00:29:39	00:37:00

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74	KARASIEWICZ Robert	33		M40-49	00:00:34	00:07:40	00:14:56	00:22:10	00:29:32	00:37:04
75	ZAŁUCKI Maciej	95	ZEN SPORT TEAM	M18-39	00:00:27	00:07:31	00:14:53	00:22:18	00:29:46	00:37:08
76	WYSOCKA Urszula	93	SPORTOWE BIELICE	K30-39	00:00:35	00:07:44	00:15:05	00:22:22	00:29:46	00:37:11
77	KOZŁOWIECKI Waldemar	43	TKKF KOSZALIN	M70+	00:00:25	00:07:42	00:15:18	00:22:35	00:29:55	00:37:25
78	URA Marcin	85	MALTAŃSKA	M40-49	00:00:34	00:07:41	00:14:58	00:22:22	00:29:55	00:37:26
79	WYSOCZAŃSKI Daniel	94	ROZBIEGANA USTKA	M40-49	00:00:32	00:08:12	00:15:40	00:23:04	00:30:34	00:37:59
80	KOTNOWSKI Marcin	40	MALTAŃSKA	M40-49	00:00:34	00:07:41	00:15:14	00:23:03	00:30:58	00:38:48
81	JUSZCZAK Krzysztof	32		M60-69	00:00:30	00:07:42	00:15:19	00:22:59	00:30:55	00:38:57
82	KĘSIK Michał	35	ZDARTE PODESZWY	M40-49	00:00:37	00:08:05	00:15:37	00:23:13	00:31:04	00:39:06
83	KNEBLEWSKI Łukasz	38		M40-49	00:00:33	00:08:04	00:15:50	00:23:31	00:31:16	00:39:10
84	DYBALSKI Krzysztof	22		M40-49	00:00:37	00:08:00	00:15:42	00:23:28	00:31:20	00:39:23
85	GUTOWSKI Marek	26		M40-49	00:00:34	00:08:07	00:15:43	00:23:30	00:31:27	00:39:27
86	SWATOWSKI Łukasz	79		M40-49	00:00:42	00:08:29	00:16:21	00:24:13	00:31:49	00:39:30
87	PIETRZYK Rafał	69	KLUB OLIMPIJCZYKA IM IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M30-39	00:00:34	00:08:19	00:16:07	00:24:06	00:31:57	00:39:46
88	PEŁKA Iwona	65		K50-59	00:00:31	00:08:13	00:16:07	00:24:06	00:31:58	00:39:49
89	KOCZOROWSKA Małgorzata	39	SKSG KORONA SZCZECIN	K50-59	00:00:27	00:07:53	00:15:41	00:23:43	00:31:52	00:40:03
90	ŻYSZKIEWICZ Izabela	99	ROZBIEGANA USTKA	K50-59	00:00:32	00:08:30	00:16:32	00:24:24	00:32:21	00:40:26
91	KRUSZYNSKI Stanisław	44	DARŁOWSKIECHARTY.KLUBMORSÓW DARŁOWO	M60-69	00:00:34	00:08:23	00:16:23	00:24:44	00:32:52	00:41:05
92	MRÓZ Małgorzata	101		K30-39	00:00:35	00:08:12	00:16:07	00:24:17	00:32:39	00:41:18
93	HELLER Zdzisław	28	HERBMARATONOW.PL	M60-69	00:00:37	00:08:24	00:16:32	00:24:55	00:33:22	00:41:57
94	PERSZKE Dawid	66		M18-39	00:00:32	00:07:27	00:15:24	00:24:22	00:32:59	00:42:04
95	WACHHOLZ Beata	86	KB BRYZA POSTOMINO	K50-59	00:00:31	00:08:19	00:16:31	00:24:54	00:33:32	00:42:13
96	CZYCZYN Angelika	18		K30-39	00:00:36	00:08:13	00:16:14	00:25:00	00:33:41	00:42:17
97	SWATOWSKI Bartosz	78		M40-49	00:00:42	00:09:18	00:17:48	00:26:15	00:34:33	00:42:55
98	WÓJCICKA Sylwia	91		K30-39	00:00:38	00:09:15	00:18:13	00:27:20	00:36:26	00:45:51
99	BARTNIK Marian	103	TKKF KOSZALIN	M70+	00:00:23	00:14:26	00:30:24	00:47:06	00:59:28	

Znalezione 99 wynik(ów)