



ZADYMA

B4SPORT

Wydarzenie: ZAMEĆ 2020 24h na Skrzyczne
Organizator: FUNDACJA AKTYWNE BESKIDY
Data: 2020-01-25
Miejsce: Szczyrk
Dystans: 13.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 7.5km	Czas netto 13.5km	Czas brutto 13.5km	Różn	Tempo min/km	Tempo km/h
1	JAWORSKI Zbigniew	423		OPEN M	1	00:51:55	01:20:28.15	01:20:29.05		5:57	10.1
2	MIŚKIEWICZ Mariusz	421		OPEN M	2	00:57:28	01:25:48.15	01:25:48.90	+00:05:19	6:21	9.4
3	SIKORA Mieczysław	388	SURFIN POLSKA	OPEN M	3	00:55:08	01:30:38.85	01:30:39.60	+00:10:10	6:42	8.9
4	HAZUKA Ireneusz	330		OPEN M	4	01:00:12	01:35:17.50	01:35:19.75	+00:14:50	7:03	8.5
5	CAPUTA Szymon	312	K+S	OPEN M	5	01:04:48	01:38:32.70	01:38:33.25	+00:18:04	7:18	8.2
6	SOBOLA Grzegorz	392	EKO-OKNA RUNNERS	OPEN M	6	01:04:58	01:38:42.90	01:38:44.35	+00:18:15	7:18	8.2
7	SAMORAŃSKI Krzysztof	384	ULTRA-SZCZĘCIE	OPEN M	7	01:08:12	01:42:52.05	01:42:54.40	+00:22:25	7:37	7.9
8	ADAMUS-KOWALSKA Justyna	300		OPEN K	1	01:08:11	01:44:34.00	01:44:35.15	+00:24:06	7:44	7.7
9	KRZYSZTOF Kozieł	350		OPEN M	8	01:05:39	01:45:00.10	01:45:01.60	+00:24:32	7:46	7.7
10	KONSEK Paweł	343	ŻORY - KLESZCZÓWKA	OPEN M	9	01:08:18	01:46:05.75	01:46:13.80	+00:25:44	7:51	7.6
11	MAGNUCKI Adam	429		OPEN M	10	01:08:00	01:46:16.10	01:46:17.45	+00:25:48	7:52	7.6
12	JUREWICZ Piotr	415	HARPAGAN SOSNOWIEC	OPEN M	11	01:08:19	01:46:52.05	01:46:54.00	+00:26:24	7:55	7.6
13	KLAPPHOLZ Adriana	420		OPEN K	2	01:11:24	01:47:12.35	01:47:13.55	+00:26:44	7:56	7.6
14	BANASZCZYK Mariusz	301	EDC.TEAM	OPEN M	12	01:13:32	01:51:26.15	01:51:32.55	+00:31:03	8:15	7.3
15	JĘDRZEJAK Piotr	335		OPEN M	13	01:11:12	01:52:28.55	01:52:31.60	+00:32:02	8:19	7.2
16	WAWRZYŃIAK Mariusz	407		OPEN M	14	01:13:25	01:53:20.10	01:53:22.15	+00:32:53	8:23	7.1
17	ŁOPATOWSKI Michał	354	KANAPOWI BIEGACZE KRAKÓW	OPEN M	15	01:14:04	01:53:44.40	01:53:46.35	+00:33:17	8:25	7.1
18	WÓJCIK Jacek	410		OPEN M	16	01:13:31	01:55:25.90	01:55:27.05	+00:34:58	8:33	7
19	ŁUSIAK Mariusz	355	WAY2CHAMP	OPEN M	17	01:13:12	01:56:18.80	01:56:24.15	+00:35:55	8:36	7
20	RUSIN Anna	379	KĘCKIE HARPAGANY	OPEN K	3	01:15:52	01:57:31.30	01:57:34.90	+00:37:05	8:42	6.9
21	LASSOTA-BUJAK Mariola	351	#CZELADZBIEGA	OPEN K	4	01:13:54	01:58:49.45	01:58:53.80	+00:38:24	8:48	6.8
22	KLIMKOWSKI Tomasz	417		OPEN M	18	01:15:27	01:58:35.05	01:58:56.15	+00:38:27	8:47	6.8
23	JELONEK Lukas	334		OPEN M	19	01:14:30	02:00:08.05	02:00:12.40	+00:39:43	8:53	6.7
24	WOŹNIAKOWSKI Jan	409	OPEL ACTIVE TEAM	OPEN M	20	01:23:00	02:00:53.70	02:00:58.80	+00:40:29	8:57	6.7
25	BĄK Piotr	302	WILD BUCHAYS	OPEN M	21	01:18:45	02:01:26.65	02:01:28.30	+00:40:59	8:59	6.7
26	KLAG Marian	340	TOP-33	OPEN M	22	01:18:24	02:01:47.65	02:01:52.10	+00:41:23	9:01	6.7
27	RYPUŁA Maria	381	ZEN RUNNING TEAM	OPEN K	5	01:21:06	02:06:24.80	02:06:30.95	+00:46:01	9:21	6.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Skrzyczne 7.5km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 13.5km	brutto 13.5km			
28	RYPUŁA Jacek	382	ZEN RUNNING TEAM	OPEN M	23	01:21:09	02:06:25.95	02:06:32.35	+00:46:03	9:21	6.4
29	KUŁAKOWSKA Monika	422		OPEN K	6	01:18:34	02:07:01.65	02:07:06.00	+00:46:36	9:24	6.4
30	ZNYK Adam	414		OPEN M	24	01:20:12	02:08:29.40	02:08:35.80	+00:48:06	9:31	6.3
31	RYMARCZYK Paulina	380		OPEN K	7	01:16:27	02:08:58.80	02:09:01.95	+00:48:32	9:33	6.3
32	CABAŁA Adam	311		OPEN M	25	01:21:13	02:09:09.60	02:09:17.00	+00:48:47	9:34	6.3
33	STOŃ Leszek	395		OPEN M	26	01:22:28	02:11:33.95	02:11:39.90	+00:51:10	9:44	6.2
34	PYLAK Krzysztof	376	OCR LUBIN	OPEN M	27	01:28:45	02:13:51.75	02:13:55.05	+00:53:26	9:54	6.1
35	KIEŁBASA Artur	338		OPEN M	28	01:29:31	02:14:39.40	02:14:42.00	+00:54:12	9:58	6
36	GÓRECKI Wojciech	372		OPEN M	29	01:23:06	02:15:48.90	02:15:54.60	+00:55:25	10:03	6
37	WROŻYNA Adam	375	PĘDZĄCE ŻÓŁWIE, AV TEAM	OPEN M	30	01:23:09	02:15:50.25	02:15:56.00	+00:55:26	10:03	6
38	PAWLICKI Paweł	370		OPEN M	31	01:23:14	02:16:03.10	02:16:07.00	+00:55:37	10:04	6
39	TYSZKIEWICZ Krzysztof	402		OPEN M	32	01:19:46	02:17:15.70	02:17:36.45	+00:57:07	10:10	5.9
40	JARUGA Damian	332	TEAM JARUGA	OPEN M	33	01:25:23	02:17:33.55	02:17:36.55	+00:57:07	10:11	5.9
41	KOSNO Piotr	419		OPEN M	34	01:25:35	02:19:57.20	02:20:07.15	+00:59:38	10:22	5.8
42	KORDALEWSKA Anna	345	OSTRÓDA RUNNERS	OPEN K	8	01:25:09	02:20:03.65	02:20:08.50	+00:59:39	10:22	5.8
43	SIEMION Artur	387		OPEN M	35	01:29:58	02:20:42.00	02:20:43.95	+01:00:14	10:25	5.8
44	BLACHE Cyrille	308		OPEN M	36	01:33:20	02:21:08.35	02:21:20.75	+01:00:51	10:27	5.7
45	PASIERB Arkadiusz	369		OPEN M	37	01:24:12	02:21:25.50	02:21:34.55	+01:01:05	10:28	5.7
46	TERESHCHENKO Ganna	399	HUTINPUJ	OPEN K	9	01:28:49	02:22:34.60	02:22:39.40	+01:02:10	10:33	5.7
47	BAKOWSKI Włodzimierz	304		OPEN M	38	01:30:19	02:23:16.00	02:23:32.00	+01:03:02	10:36	5.7
48	BAKOWSKI Daniel	306		OPEN M	39	01:33:03	02:25:16.90	02:25:33.30	+01:05:04	10:45	5.6
49	JÓŻWIK Rafał	336		OPEN M	40	01:32:11	02:26:06.15	02:26:13.55	+01:05:44	10:49	5.5
50	RICHTER Jacek	377	JAJ-POL	OPEN M	41	01:31:33	02:27:25.10	02:27:28.15	+01:06:59	10:55	5.5
51	KOPOCIŃSKI Michał	344		OPEN M	42	01:31:55	02:30:32.85	02:30:35.75	+01:10:06	11:09	5.4
52	KILIANEK Rafał	339	BIEG Z CHRYSYUSEM	OPEN M	43	01:29:09	02:30:49.45	02:31:07.90	+01:10:38	11:10	5.4
53	BRZEZIŃSKA Teresa	310	BP RUNNING TEAM GLIWICE	OPEN K	10	01:36:22	02:31:01.55	02:31:13.30	+01:10:44	11:11	5.4
54	RUNOWICZ Magdalena	378		OPEN K	11	01:34:17	02:31:08.25	02:31:14.30	+01:10:45	11:11	5.4
55	DUDEK Donata	318	NEVER TOO LATE / UKS ORZEŁ KATOWICE	OPEN K	12	01:37:03	02:31:38.75	02:31:49.50	+01:11:20	11:14	5.3
56	CERKASKI Tomasz	313	CEBULION 303	OPEN M	44	01:33:43	02:32:02.45	02:32:12.35	+01:11:43	11:15	5.3
57	SANOCKA Dorota	385		OPEN K	13	01:34:43	02:33:22.40	02:33:33.30	+01:13:04	11:21	5.3
58	HADAM Przemek	329		OPEN M	45	01:36:11	02:34:50.70	02:35:04.30	+01:14:35	11:28	5.2
59	GRĄDZIEL Jakub	328		OPEN M	46	01:34:30	02:35:01.10	02:35:05.00	+01:14:35	11:29	5.2
60	LEGIEĆ-KWAŚNY Monika	352		OPEN K	14	01:36:19	02:35:38.25	02:35:47.90	+01:15:18	11:31	5.2
61	TOMASZEWSKI Borys	400	AMARENA	OPEN M	47	01:36:59	02:36:00.00	02:36:17.00	+01:15:47	11:33	5.2
62	HOLECZKI Roman	331		OPEN M	48	01:36:58	02:39:38.00	02:39:41.50	+01:19:12	11:49	5.1
63	GONSIOR Zbigniew	325		OPEN M	49	01:36:01	02:41:50.10	02:41:57.20	+01:21:28	11:59	5
64	GABRYŚ Natalia	424		OPEN K	15	01:43:45	02:43:12.95	02:43:27.90	+01:22:58	12:05	5
65	SLUZALEK Małgorzata	391		OPEN K	16	01:36:49	02:45:47.35	02:45:51.80	+01:25:22	12:16	4.9
66	CHOLEWIŃSKI Paweł	314	HARCIOLE	OPEN M	50	01:36:57	02:46:29.10	02:46:38.30	+01:26:09	12:19	4.9
67	FILIPIAK Beata	353		OPEN K	17	01:34:53	02:46:24.65	02:46:38.70	+01:26:09	12:19	4.9
68	KORUS Marcin	346	GANG BULIKA	OPEN M	51	01:43:41	02:48:34.85	02:48:50.15	+01:28:21	12:29	4.8
69	SIWINSKA Gosia	389		OPEN K	18	01:43:50	02:48:37.35	02:48:50.35	+01:28:21	12:29	4.8
70	DĘBEK Piotr	316	AMARENA	OPEN M	52	01:38:45	02:51:05.55	02:51:23.45	+01:30:54	12:40	4.7
71	PŁOŃSKA Julia	373		OPEN K	19	01:32:33	02:51:41.90	02:51:51.40	+01:31:22	12:43	4.7

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							netto 13.5km	brutto 13.5km			
72	JARUGA Grzegorz	333		OPEN M	53	01:22:29	02:52:11.55	02:52:14.30	+01:31:45	12:45	4.7
73	GORAUS Krzysztof	326		OPEN M	54	01:22:27	02:52:16.00	02:52:18.85	+01:31:49	12:45	4.7
74	FIRLA Mateusz	319		OPEN M	55	01:37:00	02:52:20.85	02:52:24.60	+01:31:55	12:46	4.7
75	MARCINIAK Damian	359	AMARENA	OPEN M	56	01:37:39	02:52:44.80	02:53:01.05	+01:32:32	12:47	4.7
76	MĄDRZYK Ewelina	418		OPEN K	20	01:50:46	02:53:17.00	02:53:24.90	+01:32:55	12:50	4.7
77	UDRO Przemyslaw	403	BIGYELLOWFOOT ADVENTURE TEAM	OPEN M	57	01:49:44	02:53:23.65	02:53:25.60	+01:32:56	12:50	4.7
78	MĄDRZYK Daniel	583		OPEN M	58	01:50:39	02:53:18.85	02:53:26.85	+01:32:57	12:50	4.7
79	MIĘTKA Krzysztof	362		OPEN M	59	01:44:02	02:53:28.20	02:53:36.80	+01:33:07	12:50	4.7
80	KASZTELAN-HUNIA Ewa	337		OPEN K	21	01:51:07	02:53:48.80	02:53:59.55	+01:33:30	12:52	4.7
81	MANIURA Adam	358		OPEN M	60	01:52:10	02:54:15.90	02:54:26.80	+01:33:57	12:54	4.6
82	TRZCINA Agata	401	AMARENA	OPEN K	22		02:55:16.05	02:55:35.10	+01:35:06	12:58	4.6
83	MICHALSKA Ewa	361	MELA TEAM	OPEN K	23	01:43:52	02:57:04.30	02:57:18.80	+01:36:49	13:06	4.6
84	KUŚMIEREK Tomasz	570		OPEN M	61	01:49:51	02:57:29.40	02:57:34.95	+01:37:05	13:08	4.6
85	NOWAKOWSKI Michał	364	BEZ KLUBOWY	OPEN M	62	01:49:53	03:05:41.50	03:05:41.50	+01:45:12	13:45	4.4
86	SZENDZIELORZ Patryk	396	SZWAGRY TEAM	OPEN M	63	01:44:04	03:08:30.20	03:08:45.35	+01:48:16	13:57	4.3
87	SOLTYS Ania	393		OPEN K	24	01:52:41	03:10:21.70	03:10:32.80	+01:50:03	14:06	4.3
88	BĄKOWSKA Anna	303	KLUB ŚLIMAKA TORPEDY	OPEN K	25	01:52:35	03:10:19.35	03:10:32.85	+01:50:03	14:05	4.3
89	MALEWSKI Tomasz	357		OPEN M	64	01:58:30	03:13:04.40	03:13:14.85	+01:52:45	14:18	4.2
90	SZLAKOWICZ Ewa	397		OPEN K	26	01:58:33	03:13:04.65	03:13:14.95	+01:52:45	14:18	4.2
91	PABICH Honorata	365	MAM_NA_WSZYSTKO_WYBIEGANE	OPEN K	27	02:10:56	03:15:49.50	03:15:56.70	+01:55:27	14:30	4.1
92	SCHULC Grzegorz	386	POKOJOWY PATROL	OPEN M	65	02:00:52	03:19:26.05	03:19:49.70	+01:59:20	14:46	4.1
93	FRANKOWSKA Ania	320	MIECHOWICKA GRUPA BIEGOWA	OPEN K	28	02:06:34	03:22:36.45	03:22:50.65	+02:02:21	15:00	4
94	KROES Erwin	349		OPEN M	66	02:05:22	03:23:03.40	03:23:15.40	+02:02:46	15:02	4
95	DOBROSZ - KRAKOWCZYK Joanna	317	SISTARS	OPEN K	29	02:12:17	03:23:28.65	03:23:36.10	+02:03:07	15:04	4
96	WALCZYŃSKA Karolina	405	RUNHOGS TYCHY	OPEN K	30	02:06:55	03:23:44.70	03:23:56.95	+02:03:27	15:05	4
97	FRĄCKOWIAK Elżbieta	323	AMARENA	OPEN K	31	01:59:30	03:32:11.30	03:32:31.30	+02:12:02	15:43	3.8
98	ZIMOWSKI Damian	412	AMARENA	OPEN M	67	02:11:35	03:38:33.95	03:38:48.95	+02:18:19	16:11	3.7
99	NOWAK Bartosz	363	AMARENA	OPEN M	68	02:11:26	03:38:32.75	03:38:49.00	+02:18:19	16:11	3.7
100	ULMAN Mikołaj	404	AMARENA	OPEN M	69	02:12:05	03:38:39.70	03:38:55.05	+02:18:26	16:11	3.7
101	WALKOWIAK Tymoteusz	406	AMARENS	OPEN M	70	02:11:24	03:38:40.45	03:38:56.00	+02:18:26	16:11	3.7
102	SERWATKA Angelika	613	KOBIETY WATAHY	OPEN K	32	02:18:42	03:42:52.55	03:43:01.25	+02:22:32	16:30	3.6
103	RYŚ Katarzyna	383		OPEN K	33	02:13:12	03:46:44.15	03:46:51.35	+02:26:22	16:47	3.6
104	KOLAKOWSKA Ania	342	BPRUNNINGTEAM	OPEN K	34	02:22:38	03:52:16.25	03:52:27.70	+02:31:58	17:12	3.5
105	PIETRASZEK Ewa	602	KOBIETY WATAHY	OPEN K	35	02:28:29	03:57:49.30	03:57:57.90	+02:37:28	17:36	3.4
106	MACHOCZEK Krystyna	356		OPEN K	36	02:19:38	04:00:12.60	04:00:18.80	+02:39:49	17:47	3.4
107	ZIÓŁKOWSKA Patrycja	413		OPEN K	37	02:28:36	04:14:14.95	04:14:18.75	+02:53:49	18:50	3.2
108	BIELUCH Mateusz	307	AMARENA	OPEN M	71	02:23:26	04:20:50.90	04:21:07.10	+03:00:38	19:19	3.1
109	OKONIEWSKA Julia	416	AMARENA	OPEN K	38	02:36:48	04:29:47.60	04:30:06.35	+03:09:37	19:59	3
110	SKRZYPCZAK Szymon	390	AMARENA	OPEN M	72	02:23:25	04:31:00.50	04:31:16.10	+03:10:47	20:04	3
111	BĄKOWSKI Maciej	305	AMARENA	OPEN M	73	02:36:46	04:31:03.40	04:31:21.20	+03:10:52	20:04	3
112	BOHUN-PRZYLUCKA Kornelia	309	AMARENA	OPEN K	39	02:42:56	04:31:05.70	04:31:24.60	+03:10:55	20:04	3
113	FUJAK Maciej	324	AMARENA	OPEN M	74	02:42:54	04:31:05.00	04:31:24.70	+03:10:55	20:04	3
114	FRĄCKOWIAK Jacek	321	AMARENA	OPEN M	75	02:42:54	04:31:38.45	04:31:55.45	+03:11:26	20:07	3
115	WOŹNIAK Anna	644	KOBIETY WATAHY	OPEN K	40	02:43:01	04:32:44.95	04:32:53.85	+03:12:24	20:12	3

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116	WRZOSEK Barbara	411	TNT MOTOCROSS	OPEN K	41	02:42:55	05:16:05.35	05:16:17.80	+03:55:48	23:24	2.6
117	FRĄCKOWIAK Przemysław	322	AMARENA	OPEN M	76	03:02:45	05:20:15.95	05:20:34.15	+04:00:05	23:43	2.5
118	MICHALAK Zuzanna	360	AMARENA	OPEN K	42	03:10:19	05:20:15.00	05:20:34.20	+04:00:05	23:43	2.5
119	PABISIAK Marika	366	AMARENA	OPEN K	43	03:02:49	05:20:15.75	05:20:34.35	+04:00:05	23:43	2.5
119	PABISIAK Bartosz	367	AMARENA	OPEN M	77	03:10:16	05:20:15.30	05:20:34.35	+04:00:05	23:43	2.5
	SPYCHALSKI Romuald	394		OPEN M		01:17:01 DNF	DNF	DNF		-	-

Znaleziono 121 wynik(ów)