



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

INWA NORDIC WALKING WORLD CUP - 10KM

INWA NORDIC WALKING WORLD CUP 2022
Polskie Zrzeszenie Nordic Walking, Urząd Gminy
Kolbuszowa
2022-05-14
Koszalin
10 km

B4SPORT



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.5 2.5km	5 km 5km	7.5 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	DZIEDIEWICZ Andrzej	41	NW CZŁAPSKI TEAM	M40-49	1			00:14:04	00:28:55	00:44:03	00:59:20.01		5:56	10.1 (100%)
2	MARCZAK Tomasz	53		M18-29	1			00:14:18	00:29:35	00:45:17	01:01:06.38	+00:01:46 (2.9%)	6:06	9.8 (97.0%)
3	BARCZYK Bogdan	32	NORDIC TEAM CZĘSTOCHOWA	M50-59	1			00:15:40	00:31:37	00:47:37	01:03:12.66	+00:03:52 (6.1%)	6:19	9.5 (94.1%)
4	JANOCHA Robert	43	MUKS PODKARPACIE JEDLICZE	M50-59	2			00:15:40	00:31:31	00:47:32	01:03:19.97	+00:03:59 (6.3%)	6:19	9.5 (94.1%)
5	POLKOWSKI Piotr	59		M30-39	1			00:15:31	00:31:31	00:47:53	01:04:03.15	+00:04:43 (7.4%)	6:24	9.4 (93.1%)
6	ŚWIDEREK Marcin	72	NW CZŁAPSKI TEAM	M40-49	2			00:15:47	00:32:06	00:48:29	01:04:32.87	+00:05:12 (8.1%)	6:27	9.3 (92.1%)
7	CZŁAPSKI Krzysztof	38	NW CZŁAPSKI TEAM	M50-59	3			00:16:19	00:33:09	00:50:08	01:06:38.60	+00:07:18 (11.0%)	6:39	9 (89.1%)
8	SIWAK Piotr	30	KGHM METRACO RUDNA	M60-69	1			00:16:28	00:33:12	00:50:15	01:07:41.66	+00:08:21 (12.4%)	6:46	8.9 (88.1%)
9	ŠEMETA Algirdas	64		M60-69	2			00:16:41	00:33:49	00:51:08	01:08:28.96	+00:09:08 (13.4%)	6:50	8.8 (87.1%)
10	ADAMCZYK Adam	31	PASJA NORDIC WALKING	M70+	1			00:17:25	00:35:11	00:52:43	01:09:47.87	+00:10:27 (15.0%)	6:58	8.6 (85.1%)
11	DOMARADZKI Tomasz	39	ACTIVE TEAM KOZŁÓW	M40-49	3			00:17:53	00:36:06	00:54:24	01:12:10.88	+00:12:50 (17.8%)	7:13	8.3 (82.2%)
12	YAKUYSHYN Borys	77	KKNW	M60-69	3			00:17:11	00:35:25	00:53:50	01:12:42.16	+00:13:22 (18.4%)	7:16	8.3 (82.2%)
13	FURMAN Marian	292	ZDROWY ODLOT NW TEAM	M60-69	4			00:17:26	00:35:35	00:54:02	01:12:42.29	+00:13:22 (18.4%)	7:16	8.3 (82.2%)
14	ZIELIŃSKI Marcin	79		M40-49	4			00:18:09	00:36:33	00:55:05	01:14:22.34	+00:15:02 (20.2%)	7:26	8.1 (80.2%)
15	TOPOLEWICZ Grzegorz	74		M40-49	5			00:18:45	00:37:36	00:56:21	01:14:46.10	+00:15:26 (20.6%)	7:28	8 (79.2%)
16	SZCZĘŚNIAK Zbigniew	68	NORDIC TEAM CZĘSTOCHOWA	M60-69	5			00:18:01	00:36:51	00:56:02	01:14:54.63	+00:15:34 (20.8%)	7:29	8 (79.2%)

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17	SZUKAŁA Rafał	69	ACTIVE TEAM KOZŁÓW	M40-49	6			00:18:28	00:37:16	00:56:17	01:15:06.27	+00:15:46 (21.0%)	7:30	8 (79.2%)
18	LOSKA Romuald	51		M60-69	6			00:18:00	00:36:42	00:55:52	01:15:35.85	+00:16:15 (21.5%)	7:33	7.9 (78.2%)
19	ZAWADZKI Zygmunt	78	CIDRY LOTAJOM	M60-69	7			00:18:40	00:37:33	00:56:42	01:16:23.23	+00:17:03 (22.3%)	7:38	7.9 (78.2%)
20	WYSOCKI Andrzej	76		M40-49	7			00:18:40	00:37:55	00:57:26	01:17:25.28	+00:18:05 (23.4%)	7:44	7.8 (77.2%)
21	STUDNICKI Ryszard	228	KKNW KOLBUSZOWA	M70+	2			00:27:09	00:31:46	00:43:38	01:17:44.09	+00:18:24 (23.7%)	7:46	7.7 (76.2%)
22	SONDEJ Wiesław	67		M60-69	8			00:19:13	00:39:11	00:59:18	01:19:26.93	+00:20:06 (25.3%)	7:56	7.6 (75.2%)
23	TOMCZYK Edward	73	MARSZ PO ZDROWIE	M70+	3			00:18:06	00:37:23	00:58:00	01:20:20.44	+00:21:00 (26.1%)	8:02	7.5 (74.3%)
24	CECERSKI Joachim	35		M18-29	2			00:20:20	00:40:29	01:00:29	01:20:38.10	+00:21:18 (26.4%)	8:03	7.4 (73.3%)
25	SIMKO Zbigniew	28	KLUB NW WŁÓCZYKIJE LEŻAJSK	M70+	4			00:19:37	00:40:12	01:01:01	01:22:00.80	+00:22:40 (27.7%)	8:12	7.3 (72.3%)
26	ŚLĘZAK Jakub	71		M18-29	3			00:20:19	00:40:28	01:00:43	01:22:04.72	+00:22:44 (27.7%)	8:12	7.3 (72.3%)
27	PAWIŁOWSKI Henryk	58	SST LUBCZA	M60-69	9			00:23:16	00:45:06	01:06:58	01:29:46.56	+00:30:26 (33.9%)	8:58	6.7 (66.3%)
DNC	DRYNDĄ Franciszek	40	NORDICUS STRZYBNICA	M70+				00:22:33	00:47:58	01:14:51				(0.0%)

Znaleziono 28 wynik(ów)