



IV MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE - JASTROWIE 2017

B4SPORT

Organizator: PFNW
Data: 2017-04-08
Miejsce: Jastrowie
Dystans: 42.195 km

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: K-OPEN

Punkt pomiarowy: 31,5 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km	Start_All 26.12km	Start_All 31.48km
1	PASIKOWSKA Mariola	50	POSITIVE ENERGY	K30-39			00:01:32	00:33:59	01:13:08	01:53:03	02:33:41	03:14:44	03:56:40
2	SPYCHAŁA Marzena	68	WESOŁY BORSUK TEAM	K40-49			00:01:32	00:35:18	01:15:26	01:56:02	02:36:54	03:18:15	04:00:53
3	SKRYCKA Katarzyna	66	KS METRACO POLKOWICE	K30-39			00:01:33	00:35:48	01:15:47	01:56:09	02:37:27	03:20:41	04:03:39
4	ŁUKASZEWICZ Joanna	37	GREEN TEAM ZIELONA GÓRA	K40-49			00:01:33	00:35:21	01:15:54	01:56:27	02:38:09	03:20:54	04:03:40
5	KACZMARCZYK-PIASECKA Renata	27	CZARNE PANTERY	K40-49			00:01:34	00:38:02	01:20:01	02:00:58	02:42:06	03:23:28	04:05:17
6	STĘPIEŃ Lucyna	71	KS METRACO POLKOWICE	K60-64			00:01:39	00:36:20	01:17:07	01:58:23	02:40:13	03:22:52	04:05:46
7	KOŁODZIEJ Joanna	30	FABRIKANORDIKA	K40-49			00:01:33	00:36:33	01:17:30	01:58:17	02:40:02	03:22:10	04:05:48
8	STOPA Joanna	73	BŁĘKITNI DZIEMIANY	K18-29			00:01:32	00:37:03	01:18:34	01:59:55	02:41:49	03:23:59	04:05:52
9	BOCZAR Beata	3	GREEN TEAM ZIELONA GÓRA	K50-54			00:01:33	00:36:53	01:17:52	01:59:46	02:41:53	03:24:26	04:07:33
10	REJMAN Dorota	61	FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY	K30-39			00:01:35	00:36:27	01:17:16	01:58:49	02:41:24	03:24:55	04:09:31
11	WITKOWSKA Maria	88	UNIA MIAST	K60-64			00:01:40	00:37:24	01:19:57	02:01:46	02:44:17	03:27:19	04:11:05
12	WOLNIEWICZ Katarzyna	89	FABRIKANORDIKA	K40-49	1		00:01:34	00:37:34	01:19:26	02:01:02	02:43:20	03:27:09	04:11:47
13	ŁOPATKIEWICZ Beata	97		K50-54			00:01:33	00:36:54	01:18:41	02:01:33	02:45:00	03:30:30	04:15:47
14	BUCZKOWSKA Wiesława	7	FOREST POLE WALKERS	K60-64			00:01:37	00:38:02	01:20:13	02:03:15	02:47:10	03:31:26	04:16:35
15	PIERNICKA Krystyna	54		K55-59	1		00:01:35	00:37:36	01:19:49	02:02:36	02:47:13	03:31:49	04:18:37

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km	Start_All 26.12km	Start_All 31.48km
16	RESEMAN Sylwia	62	FACE NORDIC WALKING TEAM	K40-49			00:01:38	00:38:54	01:22:27	02:05:43	02:49:19	03:34:12	04:19:06
17	HINC Iwona	23	FACE NORDIC WALKING TEAM	K40-49	1		00:01:37	00:37:35	01:20:33	02:04:16	02:49:16	03:34:31	04:20:52
18	SZCZEPAŃSKA Anna	77	SUCHA GÓRA	K40-49			00:01:38	00:38:56	01:22:48	02:06:49	02:50:50	03:35:35	04:21:02
19	KOBIELA Daria	28	'BŁĘKITNI' NW DZIEMIANY	K18-29			00:01:32	00:38:59	01:22:35	02:06:06	02:50:26	03:35:37	04:23:49
20	KARASIEWICZ Irena	91	FACE NORDIC WALKING TEAM	K50-54			00:01:36	00:38:27	01:21:48	02:06:18	02:51:52	03:37:53	04:24:44
21	ANTCZAK-KRETKOWSKA Maria	94		K55-59			00:01:37	00:38:50	01:22:45	02:06:39	02:51:46	03:38:22	04:24:47
22	ROSOŁEK Elżbieta	63	GREEN TEAM ZIELONA GÓRA	K50-54			00:01:35	00:39:24	01:23:12	02:05:55	02:50:15	03:39:27	04:27:18
23	REJ Anna	60		K30-39			00:01:38	00:40:06	01:27:01	02:13:08	02:58:16	03:43:53	04:29:00
24	WACHOWIAK Sylwia	83	DYNAMIC	K40-49			00:01:36	00:38:36	01:22:46	02:07:41	02:53:42	03:40:49	04:30:04
25	GRYGIEL Monika	21	FACE NORDIC WALKING TEAM	K30-39			00:01:34	00:37:32	01:21:37	02:06:19	02:53:00	03:41:51	04:30:48
26	CZYCZ Emilia	14	GREEN TEAM ZIELONA GÓRA	K65+			00:01:40	00:38:08	01:21:39	02:06:41	02:54:43	03:42:11	04:31:21
27	SULEJA Joanna	75	SZWLA STARGARD	K55-59			00:01:37	00:38:14	01:21:44	02:06:46	02:54:47	03:42:15	04:31:25
28	WAŁECKA Krystyna	92	FACE NORDIC WALKING TEAM	K60-64	1		00:01:37	00:38:58	01:22:51	02:07:50	02:54:50	03:42:53	04:31:31
29	RACZYŃSKA Aleksandra	59	STADION ŚLĄSKI	K65+			00:01:39	00:38:08	01:22:25	02:08:38	02:56:30	03:44:50	04:35:21
30	JASON Grażyna	99		K55-59			00:01:39	00:40:03	01:27:14	02:14:32	03:02:44	03:50:38	04:38:39
31	POSTEK Danuta	98	MARSZ PO ZDROWIE	K50-54			00:01:35	00:39:48	01:25:08	02:11:09	02:59:01	03:47:56	04:41:02
32	GERLE-KOTULA Anna	19	UNIA MIAST	K30-39			00:01:33	00:40:55	01:27:37	02:15:08	03:03:19	03:52:31	04:42:56
33	CHOLEWKA Jolanta	10	MARSZ PO ZDROWIE POZNAŃ	K60-64			00:01:35	00:40:08	01:26:47	02:14:04	03:03:11	03:53:18	04:45:04
34	JASIŃSKA Małgorzata	25	FAMILY PARK	K50-54			00:01:36	00:40:06	01:27:03	02:13:12	03:01:24	03:53:29	04:48:28
35	KOZŁOWSKA Agnieszka	35	DYNAMIC	K40-49			00:01:36	00:42:39	01:28:34	02:15:53	03:05:01	03:56:30	04:48:46
36	SERAFIN Anna	65	FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY NORDIC WALKING	K30-39			00:01:34	00:43:15	01:29:48	02:17:40	03:05:57	03:57:20	04:50:06
37	BONZEL Dorota	5	KLUB SZALONEJ DOROTKI	K30-39			00:01:33	00:44:10	01:32:48	02:22:08	03:13:12	04:06:13	05:01:47
38	MAĆKOWIAK Aleksandra	39	FACE NORDIC WALKING TEAM	K30-39			00:01:34	00:42:09	01:29:52	02:24:59	03:17:50	04:09:24	05:04:33
39	MAĆKOWIAK Krystyna	38	FACE NORDIC WALKING TEAM	K60-64			00:01:36	00:42:06	01:30:41	02:21:13	03:14:10	04:10:24	05:07:59
40	CERANOWSKA Aga	9	PSEUDOBIEGACZKI	K40-49	1		00:01:38	00:44:22	01:34:24	02:26:02	03:18:56	04:14:15	05:11:36
41	BŁASZCZYK Katarzyna	96	KIJANKI POZNAŃ	K40-49			00:01:40	00:44:13	01:33:27	02:25:31	03:18:56	04:14:16	05:11:36
	BANASZKIEWICZ Katarzyna	2	PILSCY MIŁOŚNICY NW	K40-49			DNF	00:35:47 DNF	01:17:24 DNF	01:59:31 DNF	02:43:07 DNF	DNF	DNF