



IV TRIATHLON GDAŃSK O PUCHAR REKTORA AWFIS 2018 - INDYWIDUALNIE

BASESPORT

Wydarzenie/ Event:

IV TRIATHLON GDAŃSK O PUCHAR REKTORA
AWFIS 2018

Organizator/

Fundacja Silni Ciałem Niezlomni Duchem; AWFIS w
Gdańsku

Organizer:

2018-04-29

Data/ Date:

Gdańsk

Miejsce/ Place:

Dystans/ Distance:

18.6 km



Klasyfikacja/ Classification: Wszyscy/ Open

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Pływanie		T1			Rower			T2			Bieg					Czas netto 18.6km	Różn/ Gap
						0.6km	Poz	14.8km	14.9km	Poz	0.4km	0.8km	1.2km	1.6km	2km	2.4km	2.8km	Poz					
1	WYSŁOUCH Michał	56	F3TEAM	M30	1	00:10:13	11	00:01:45	00:38:28	00:40:17	3	00:00:28	00:01:27	00:02:55	00:04:26	00:05:56	00:07:28	00:08:58	00:10:18	1	01:03:01.50		
2	KRZEMIŃSKI Jakub	57	TEAM VERGE POLSKA BIKEUUP	M18	1	00:09:38	6	00:02:22	00:38:03	00:39:45	1	00:00:29	00:01:34	00:03:08	00:04:44	00:06:20	00:07:57	00:09:27	00:10:53	4	01:03:07.85	+00:00:06	
3	BLUJ Mikołaj	106		M18	2	00:10:03	10	00:02:10	00:38:15	00:40:14	2	00:00:29	00:01:32	00:03:04	00:04:35	00:06:06	00:07:39	00:09:13	00:10:40	3	01:03:36.25	+00:00:34	
4	CZAJKOWSKI Paweł	55	BCT TEAM GDYNIA	M30	2	00:10:15	12	00:01:44	00:38:58	00:40:45	4	00:00:33	00:01:41	00:03:20	00:04:59	00:06:38	00:08:16	00:09:50	00:11:28	10	01:04:45.00	+00:01:43	
5	DOBOSIK Damian	49	GRUPA WODNA	M30	3	00:10:23	13	00:02:15	00:39:31	00:41:25	5	00:00:31	00:01:33	00:03:05	00:04:35	00:06:06	00:07:37	00:09:10	00:10:37	2	01:05:11.65	+00:02:10	
6	RUCIŃSKI Marcin	93	TRIBA BOSIR BARCIN	M40	1	00:09:41	7	00:02:29	00:41:35	00:43:55	7	00:00:30	00:01:35	00:03:09	00:04:44	00:06:17	00:07:52	00:09:27	00:10:57	6	01:07:32.85	+00:04:31	
7	KOLASA Lukasz	53		M30	4	00:08:58	3	00:02:13	00:42:41	00:44:39	9	00:00:35	00:01:47	00:03:30	00:05:17	00:07:02	00:08:49	00:10:35	00:12:24	19	01:08:49.00	+00:05:47	
8	FELON Michał	52	OPEC GDYNIA	M40	2	00:13:46	57	00:02:37	00:39:03	00:41:45	6	00:00:33	00:01:37	00:03:15	00:04:57	00:06:36	00:08:16	00:09:54	00:11:33	12	01:10:14.15	+00:07:12	
9	NIENARTOWICZ Bartosz	80	TORUŃSKI KLUB TRIATHLONOWY	M40	3	00:09:16	5	00:02:40	00:44:03	00:46:02	10	00:00:33	00:01:44	00:03:28	00:05:11	00:06:56	00:08:39	00:10:21	00:11:58	13	01:10:29.35	+00:07:27	
10	SUSKA Arek	83	ASTRAINER	M30	5	00:11:46	29	00:02:47	00:44:11	00:44:27	8	00:00:20	00:01:49	00:03:36	00:05:20	00:07:04	00:08:49	00:10:33	00:12:12	16	01:11:32.20	+00:08:30	
11	ZIELIŃSKI Aleksander	19	SPORTEVO	M40	4	00:11:29	27	00:02:40	00:45:52	00:47:44	19	00:00:32	00:01:38	00:03:15	00:04:54	00:06:30	00:08:12	00:09:48	00:11:20	9	01:13:45.60	+00:10:44	
12	DRAPELLA Dariusz	79	CTS	M60+	1	00:11:16	23	00:02:35	00:44:07	00:46:27	11	00:00:36	00:01:53	00:03:46	00:05:38	00:07:29	00:09:22	00:11:14	00:12:59	32	01:13:53.25	+00:10:51	
13	PORTEE Wojciech	81	SPORTEVO	M40	5	00:09:55	8	00:02:49	00:44:44	00:47:24	17	00:00:39	00:02:00	00:03:58	00:05:59	00:08:00	00:09:56	00:11:52	00:13:38	51	01:14:25.35	+00:11:23	
14	PIĘTA Sylwester	38	SPORTEVO	M30	6	00:10:46	17	00:02:51	00:44:43	00:47:03	14	00:00:33	00:01:53	00:03:47	00:05:44	00:07:39	00:09:36	00:11:34	00:13:26	43	01:14:39.60	+00:11:38	
15	RETERSKI Damian	50		M14	1	00:08:09	1	00:03:21	00:47:51	00:49:38	24	00:00:31	00:01:49	00:03:46	00:05:40	00:07:37	00:09:34	00:11:31	00:13:26	44	01:15:05.40	+00:12:03	
16	PAJURA Robert	34		M30	7	00:12:29	40	00:02:30	00:46:44	00:48:48	22	00:00:29	00:01:38	00:03:13	00:04:46	00:06:21	00:07:54	00:09:27	00:10:55	5	01:15:11.35	+00:12:09	
17	ŁAKOMSKI Mateusz	101		M30	8	00:12:02	32	00:02:57	00:44:30	00:46:57	13	00:00:34	00:01:49	00:03:41	00:05:31	00:07:21	00:09:10	00:11:00	00:12:43	24	01:15:13.95	+00:12:12	
18	WALCZAK Radosław	103		M30	9	00:12:28	39	00:03:28	00:44:45	00:47:23	16	00:00:35	00:01:42	00:03:27	00:05:13	00:07:01	00:08:48	00:10:33	00:12:12	15	01:16:06.00	+00:13:04	
19	SIGNERSKI Remigiusz	94		M40	6	00:11:23	26	00:03:06	00:47:26	00:49:54	26	00:00:31	00:01:35	00:03:13	00:04:51	00:06:30	00:08:11	00:09:52	00:11:30	11	01:16:24.15	+00:13:22	
20	SADOWSKI Andrzej	74	BURSZTYNOWE SMOKI JUBINAŁE	M40	7	00:09:59	9	00:02:56	00:47:36	00:49:42	25	00:00:38	00:01:57	00:03:52	00:05:43	00:07:38	00:09:36	00:11:38	00:13:15	39	01:16:30.85	+00:13:29	
21	DULAS Tomasz	75	BSI OFFSHORE	M40	8	00:10:38	15	00:02:18	00:47:13	00:49:16	23	00:00:43	00:02:10	00:04:12	00:06:04	00:07:59	00:09:56	00:11:58	00:13:35	47	01:16:30.85	+00:13:29	

							Pływanie		T1	Rower			T2	Bieg								Suma
22	KARPOWICZ Grzegorz	98	KAREPLAND	M30	10	00:14:41	65	00:03:01	00:45:17	00:47:19	15	00:00:28	00:01:34	00:03:10	00:04:49	00:06:28	00:08:09	00:09:46	00:11:19	8	01:16:48.20	+00:13:46
23	AMBROZIAK Krzysztof	47	BLUE MEDIA TEAM	M30	11	00:11:08	22	00:03:01	00:47:32	00:49:58	27	00:00:35	00:01:50	00:03:40	00:05:31	00:07:24	00:09:16	00:11:04	00:12:46	26	01:17:28.75	+00:14:27
24	KUCAL Maciej	104	3ATHLETE TEAM	M30	12	00:11:19	24	00:02:36	00:48:44	00:50:46	32	00:00:34	00:01:43	00:03:25	00:05:10	00:06:59	00:08:45	00:10:31	00:12:17	18	01:17:32.55	+00:14:31
25	WRÓBLEWSKI Adrian	35	3ATHLETE TEAM	M30	13	00:10:54	21	00:03:09	00:48:19	00:50:33	30	00:00:33	00:01:46	00:03:33	00:05:20	00:07:08	00:08:55	00:10:41	00:12:26	20	01:17:35.15	+00:14:33
26	BAUMGART Michał	37		M30	14	00:12:37	43	00:04:40	00:44:50	00:47:40	18	00:00:34	00:01:47	00:03:37	00:05:27	00:07:17	00:09:02	00:10:47	00:12:27	21	01:17:58.65	+00:14:57
27	OZOROWSKI Lukasz	24	SIMPLY MADE / ZAKLAD ZE 3MIASTO	M30	15	00:13:50	58	00:03:06	00:45:31	00:48:14	21	00:00:36	00:01:50	00:03:42	00:05:33	00:07:21	00:09:08	00:10:55	00:12:38	22	01:18:24.25	+00:15:22
28	GĄLKOWSKI Radosław	58		M40	9	00:09:00	4	00:03:06	00:50:14	00:52:47	44	00:00:39	00:01:57	00:03:52	00:05:46	00:07:38	00:09:29	00:11:18	00:13:00	33	01:18:32.15	+00:15:30
29	PORZEŻYŃSKI Maciej	112	RBM TEAM	M18	3	00:10:30	14	00:02:26	00:49:24	00:51:48	36	00:00:35	00:01:49	00:03:44	00:05:38	00:07:36	00:09:35	00:11:30	00:13:15	38	01:18:34.20	+00:15:32
30	WASIAK Tomasz	60	WANIEWSKI COACHING	M30	16	00:11:20	25	00:02:44	00:49:54	00:52:07	41	00:00:35	00:01:49	00:03:35	00:05:20	00:07:05	00:08:46	00:10:26	00:12:02	14	01:18:48.95	+00:15:47
31	WALENTYNOWICZ Adam	97	DOMO TEAM	M30	17	00:12:50	45	00:04:07	00:45:13	00:48:14	20	00:00:35	00:02:00	00:03:56	00:05:54	00:07:53	00:09:48	00:11:44	00:13:27	45	01:19:13.60	+00:16:12
32	MARCINIAK Jan	114	KLUB SPORTOWY AQUA WŁOCŁAWEK	M18	4	00:10:42	16	00:02:34	00:51:25	00:53:01	45	00:00:32	00:01:44	00:03:34	00:05:20	00:07:11	00:09:04	00:10:59	00:12:42	23	01:19:31.50	+00:16:30
33	LOREK Kinga	67	MKS TRUSO ELBLĄG	K18	1	00:08:50	2	00:02:13	00:54:04	00:55:47	56	00:00:34	00:01:45	00:03:28	00:05:13	00:06:57	00:08:42	00:10:26	00:12:14	17	01:19:38.30	+00:16:36
34	HORSTEN Peter	27	GOYELLO POWER CLUB	M40	10	00:11:53	31	00:02:50	00:49:27	00:52:05	40	00:00:38	00:01:51	00:03:43	00:05:36	00:07:25	00:09:16	00:11:07	00:12:51	28	01:20:17.75	+00:17:16
35	WIECZORKOWSKI Aleksander	20	KRS FORMOZA	M40	11	00:12:20	37	00:04:11	00:47:21	00:50:19	28	00:00:39	00:01:57	00:03:50	00:05:39	00:07:27	00:09:15	00:11:05	00:12:52	30	01:20:21.45	+00:17:19
36	STASIAK Krzysztof	51	HELLMANN TEAM	M40	12	00:10:46	18	00:03:12	00:47:54	00:50:36	31	00:00:46	00:02:11	00:04:20	00:06:30	00:08:43	00:10:54	00:13:03	00:15:02	68	01:20:22.95	+00:17:21
37	KUDREWICZ Mirek	82	SILCO	M50	1	00:12:19	36	00:03:17	00:48:35	00:50:57	33	00:00:42	00:01:59	00:04:00	00:06:07	00:08:12	00:10:15	00:12:17	00:14:18	61	01:21:33.80	+00:18:32
38	KOWALCZYK Piotr	99		M30	18	00:12:55	48	00:03:03	00:49:11	00:52:10	42	00:00:33	00:01:42	00:03:32	00:05:33	00:07:33	00:09:29	00:11:23	00:13:08	36	01:21:49.55	+00:18:48
39	SZUFARSKI Przemek	100		M30	19	00:10:51	20	00:05:39	00:48:44	00:51:34	35	00:00:39	00:01:59	00:03:52	00:05:49	00:07:47	00:09:44	00:11:36	00:13:17	40	01:22:00.00	+00:18:58
40	GRZYWACZ Kamil	108		M18	5	00:17:21	87	00:02:43	00:49:00	00:50:29	29	00:00:31	00:01:37	00:03:14	00:04:47	00:06:20	00:07:55	00:09:32	00:11:12	7	01:22:16.30	+00:19:14
41	NAJDA Jan	44	SPORTEVO	M18	6	00:12:59	50	00:03:12	00:49:18	00:51:51	38	00:00:28	00:02:01	00:03:55	00:05:53	00:07:55	00:09:57	00:11:58	00:13:54	55	01:22:24.10	+00:19:22
42	PAWEŁCZYK Marek	22	RAZ NA WOZIE BRZEZINY MTB TEAM	M40	13	00:15:33	80	00:04:35	00:44:22	00:46:54	12	00:00:40	00:02:08	00:04:17	00:06:27	00:08:37	00:10:44	00:12:51	00:14:52	65	01:22:34.45	+00:19:32
43	STAWICKI Andrzej	30	GOYELLO POWER CLUB	M18	7	00:12:57	49	00:03:35	00:50:01	00:52:04	39	00:00:40	00:01:57	00:03:55	00:05:57	00:07:58	00:09:58	00:11:55	00:13:40	52	01:22:56.85	+00:19:55
44	MAGRIAN Krzysztof	91		M40	14	00:13:00	51	00:04:33	00:48:43	00:51:23	34	00:00:38	00:01:55	00:03:50	00:05:49	00:07:48	00:09:44	00:11:37	00:13:22	42	01:22:56.95	+00:19:55
45	SZYMANIEWSKI Paweł	95		M40	15	00:13:51	59	00:03:49	00:49:05	00:51:50	37	00:00:25	00:01:55	00:03:51	00:05:46	00:07:39	00:09:31	00:11:23	00:13:03	34	01:22:58.65	+00:19:57
46	POLAK Mikołaj	110		M30	20	00:12:33	41	00:03:09	00:52:19	00:54:20	50	00:00:32	00:01:42	00:03:31	00:05:26	00:07:15	00:09:05	00:10:57	00:12:44	25	01:23:18.45	+00:20:16
47	SAWIŃSKI Jarosław	102		M30	21	00:11:49	30	00:04:19	00:52:09	00:54:27	51	00:00:25	00:01:55	00:03:46	00:05:41	00:07:32	00:09:22	00:11:12	00:12:47	27	01:23:47.05	+00:20:45
48	GAZARKIEWICZ Michał	111	DREAM TRI TEAM	M40	16	00:12:36	42	00:02:33	00:53:41	00:55:38	55	00:00:36	00:01:53	00:03:45	00:05:36	00:07:24	00:09:14	00:11:06	00:12:57	31	01:24:20.25	+00:21:18
49	MIOTK Michał	113		M30	22	00:13:00	52	00:03:49	00:51:09	00:53:31	48	00:00:35	00:02:05	00:04:07	00:06:03	00:07:58	00:10:03	00:12:06	00:13:58	57	01:24:53.75	+00:21:52
50	BEDNAREK Krzysztof	39	SPORTEVO	M50	2	00:15:32	79	00:03:11	00:50:26	00:53:20	47	00:00:38	00:01:53	00:03:45	00:05:41	00:07:36	00:09:29	00:11:23	00:13:08	35	01:25:49.45	+00:22:47
51	KIKOLSKI Wojtek	76	SOPOCKI KLUB MORSÓW/BBL GDAŃSK AWFIS	M40	17	00:15:28	77	00:03:52	00:50:04	00:52:16	43	00:00:39	00:02:00	00:03:58	00:05:57	00:07:56	00:09:52	00:11:49	00:13:37	50	01:25:52.00	+00:22:50
52	WIECZORKOWSKI Klaudiusz	21		M16	1	00:12:04	34	00:04:25	00:53:04	00:55:07	53	00:00:37	00:02:00	00:04:03	00:06:09	00:08:14	00:10:12	00:12:11	00:13:57	56	01:26:10.70	+00:23:09
53	PICHLAK Piotr	41	SPORTEVO	M50	3	00:14:58	72	00:04:36	00:50:59	00:53:38	49	00:00:39	00:02:00	00:03:58	00:05:57	00:07:55	00:09:54	00:11:52	00:13:36	48	01:27:27.70	+00:24:26
54	WIŚNIEWSKA Joanna	46	SPORTEVO/DDT	K40	1	00:12:03	33	00:02:43	00:54:26	00:56:37	57	00:00:42	00:02:05	00:04:16	00:06:30	00:08:46	00:11:01	00:13:19	00:15:32	73	01:27:37.30	+00:24:35
55	MIENTKA Joanna	69	VO2MAX MTB TEAM	K30	1	00:15:18	74	00:04:03	00:50:48	00:53:10	46	00:00:41	00:02:11	00:04:20	00:06:27	00:08:37	00:10:49	00:12:53	00:14:49	63	01:28:01.85	+00:25:00

							Pływanie			Rower			Bieg							Klasa		
56	BICKI Tomasz	59		M16	2	00:10:49	19	00:03:06	00:57:43	00:59:29	69	00:00:33	00:01:48	00:03:43	00:05:43	00:07:46	00:09:53	00:12:01	00:14:11	59	01:28:08.35	+00:25:06
57	KWIATKOWSKI Tomasz	89		M40	18	00:13:42	54	00:04:32	00:54:16	00:54:36	52	00:00:21	00:02:12	00:04:22	00:06:30	00:08:41	00:10:54	00:13:08	00:15:14	71	01:28:25.95	+00:25:24
58	KORNACKI Piotr	78	ROWEROWE KASZUBY	M40	19	00:14:56	71	00:04:37	00:53:03	00:55:27	54	00:00:37	00:01:52	00:03:44	00:05:36	00:07:26	00:09:18	00:11:09	00:12:51	29	01:28:28.90	+00:25:27
59	SZAFRAŃSKI Marek	84	BBL AWF GDAŃSK	M50	4	00:11:37	28	00:04:04	00:55:21	00:57:19	59	00:01:46	00:02:00	00:03:58	00:05:55	00:07:54	00:09:52	00:11:50	00:13:45	53	01:28:31.75	+00:25:30
60	SZEMRO Katarzyna	31	GOYELLO POWER CLUB	K40	2	00:14:13	63	00:03:18	00:55:45	00:58:09	64	00:00:37	00:01:55	00:03:52	00:05:50	00:07:50	00:09:50	00:11:50	00:13:37	49	01:29:54.15	+00:26:52
61	ADAMIEC Artur	85		M30	23	00:14:02	61	00:04:12	00:54:26	00:57:24	60	00:00:39	00:02:01	00:04:00	00:05:59	00:07:55	00:09:52	00:11:52	00:13:48	54	01:30:05.85	+00:27:04
62	WULCZYŃSKI Zbigniew	48	MASTERLEASE SPORT TEAM	M40	20	00:13:45	56	00:03:32	00:54:55	00:58:04	63	00:00:44	00:02:08	00:04:15	00:06:22	00:08:25	00:10:24	00:12:22	00:14:05	58	01:30:10.60	+00:27:09
63	RETERSKI Przemysław	92		M40	21	00:13:45	55	00:03:34	00:55:15	00:57:29	61	00:00:41	00:02:08	00:04:18	00:06:29	00:08:43	00:10:56	00:13:11	00:15:13	70	01:30:42.75	+00:27:41
64	BĘDZIAK Anna	43	SPORTEVO	K30	2	00:12:50	46	00:03:10	00:56:25	00:59:18	67	00:00:43	00:02:11	00:04:24	00:06:32	00:08:41	00:10:50	00:13:01	00:14:56	67	01:30:57.55	+00:27:56
65	CIECIERSKI Grzegorz	107		M18	8	00:15:25	75	00:04:00	00:55:47	00:57:43	62	00:00:36	00:01:51	00:03:46	00:05:45	00:07:43	00:09:40	00:11:38	00:13:30	46	01:31:14.05	+00:28:12
66	LIS Tomasz	90		M40	22	00:15:03	73	00:04:39	00:54:43	00:57:19	58	00:00:43	00:02:09	00:04:16	00:06:21	00:08:26	00:10:31	00:12:33	00:14:27	62	01:32:11.00	+00:29:09
67	ŁUKASZEWSKI Łukasz	40	SPORTEVO	M50	5	00:15:53	83	00:04:54	00:55:32	00:58:10	65	00:00:34	00:01:47	00:03:37	00:05:29	00:07:23	00:09:16	00:11:13	00:13:10	37	01:32:41.55	+00:29:40
68	JELNICKA Anna	63		K40	3	00:12:54	47	00:03:01	00:57:06	00:59:20	68	00:00:43	00:02:18	00:04:41	00:07:06	00:09:33	00:12:02	00:14:29	00:16:46	79	01:32:44.40	+00:29:42
69	BAJDA Grzegorz	105		M18	9	00:13:24	53	00:04:36	01:00:46	01:02:43	73	00:00:35	00:01:51	00:03:45	00:05:37	00:07:33	00:09:30	00:11:35	00:13:19	41	01:34:37.45	+00:31:35
70	PISAREK Bartosz	109	DECATHLON TEAM	M18	10	00:15:27	76	00:03:58	00:57:26	01:00:25	70	00:00:42	00:02:17	00:04:28	00:06:37	00:08:49	00:11:02	00:13:07	00:14:56	66	01:35:28.25	+00:32:26
71	TOBIASZ Aleksandra	42	SPORTEVO	K18	2	00:12:45	44	00:03:48	01:00:40	01:03:12	75	00:00:41	00:02:11	00:04:24	00:06:36	00:08:50	00:11:01	00:13:12	00:15:10	69	01:35:36.05	+00:32:34
72	SERTEL Ula	71	LOTOS TEAM / BIEGAJ Z GŁOWĄ	K30	3	00:15:52	82	00:04:28	00:58:43	01:01:09	71	00:00:39	00:02:07	00:04:17	00:06:30	00:08:45	00:11:02	00:13:16	00:15:21	72	01:37:29.50	+00:34:28
73	ZIELIŃSKA Magdalena	33		K30	4	00:14:51	70	00:03:42	01:00:37	01:02:59	74	00:00:44	00:02:14	00:04:29	00:06:45	00:09:03	00:11:21	00:13:40	00:15:49	76	01:38:05.75	+00:35:04
74	KOSTECKI Mariusz	28	GOYELLO POWER CLUB	M30	24	00:14:41	66	00:04:46	00:56:22	00:59:00	66	00:00:51	00:02:43	00:05:28	00:08:16	00:11:06	00:14:00	00:16:48	00:19:10	87	01:38:28.65	+00:35:27
75	MATYJEK Ewa	68		K30	5	00:12:12	35	00:03:55	01:02:18	01:04:52	77	00:00:43	00:02:32	00:05:22	00:08:09	00:10:51	00:13:21	00:15:58	00:18:12	85	01:39:54.80	+00:36:53
76	KOWAL Krzysztof	88		M40	23	00:14:04	62	00:03:54	01:05:29	01:07:56	85	00:00:41	00:02:07	00:04:12	00:06:15	00:08:15	00:10:14	00:12:14	00:14:12	60	01:40:47.25	+00:37:45
77	KUJAWIŃSKA Anna	61	3ATHLETE TEAM	K40	4	00:16:19	84	00:03:57	00:59:00	01:01:13	72	00:00:36	00:02:00	00:04:03	00:06:08	00:08:15	00:10:19	00:12:20	00:18:58	86	01:41:03.75	+00:38:02
78	KAMAĆ Kamil	87		M30	25	00:12:23	38	00:05:00	01:02:15	01:05:49	79	00:00:49	00:02:25	00:04:52	00:07:17	00:09:45	00:12:15	00:14:50	00:17:23	81	01:41:24.55	+00:38:23
79	KOPCZYŃSKI Waldemar	77		M60+	2	00:14:47	69	00:03:29	01:03:46	01:07:03	82	00:00:44	00:02:10	00:04:17	00:06:29	00:08:47	00:11:05	00:13:22	00:15:35	74	01:41:38.15	+00:38:36
80	OZOROWSKA Karolina	70	SIMPLYMADE PRESENTS / TRIMAMA TEAM	K30	6	00:15:48	81	00:05:20	01:00:32	01:03:36	76	00:00:49	00:02:30	00:04:59	00:07:30	00:10:03	00:12:39	00:15:12	00:17:34	82	01:43:07.40	+00:40:05
81	ŚWIETLIŃSKI Krzysztof	23		M40	24	00:14:43	67	00:04:49	01:02:27	01:05:21	78	00:00:50	00:02:42	00:05:20	00:07:55	00:10:27	00:13:04	00:15:42	00:18:02	84	01:43:45.00	+00:40:43
82	TROJANOWSKA Bogumiła	72	BIEGAJ Z GŁOWĄ	K50	1	00:16:51	85	00:04:51	01:05:08	01:07:42	84	00:00:42	00:02:21	00:04:36	00:06:50	00:09:08	00:11:23	00:13:37	00:15:45	75	01:45:51.05	+00:42:49
83	WIERZGAŁA Piotr	32	GOYELLO POWER CLUB	M30	26	00:16:56	86	00:06:22	01:06:02	01:09:12	87	00:00:46	00:01:58	00:03:57	00:06:04	00:08:31	00:10:45	00:12:53	00:14:50	64	01:48:06.05	+00:45:04
84	WACHUŁKA Paweł	45	SPORTEVO	M40	25	00:14:00	60	00:10:31	01:02:08	01:07:26	83	00:00:44	00:02:17	00:04:34	00:06:51	00:09:08	00:11:28	00:13:48	00:16:03	77	01:48:44.60	+00:45:43
85	KONKEL Aneta	62	3ATHLETE TEAM	K40	5	00:15:32	78	00:04:42	01:10:49	01:13:30	89	00:00:44	00:02:20	00:04:40	00:07:03	00:09:23	00:11:41	00:13:59	00:16:11	78	01:50:39.55	+00:47:38
86	OPALSKI Jakub	29	GOYELLO POWER CLUB	M30	27	00:19:00	88	00:04:51	01:06:34	01:09:02	86	00:00:46	00:02:10	00:04:32	00:07:02	00:09:36	00:12:13	00:14:42	00:17:05	80	01:50:44.95	+00:47:43
87	BRUSKI Dariusz	73		M50	6	00:14:45	68	00:05:54	01:08:34	01:12:32	88	00:00:58	00:02:49	00:05:45	00:08:38	00:11:34	00:14:34	00:17:42	00:19:58	88	01:54:07.35	+00:51:05
88	BOROWA Patryk	26	GOYELLO POWER CLUB	M30	28	00:22:31	89	00:07:17	01:01:21	01:05:56	80	00:00:57	00:02:35	00:05:06	00:07:36	00:10:05	00:12:44	00:15:16	00:17:57	83	01:54:38.05	+00:51:36
89	JACHOWICZ Dariusz	36		M50	7	00:14:17	64	00:03:58	01:02:33	01:06:24	81	00:00:53	00:02:41	00:05:21	00:08:04	00:10:52	00:13:39	00:16:09				+