



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

IV ZIMOWY CROSS BOCIANA BIEG 5 KM

IV Zimowy Cross Bociana
Stowarzyszenie Team Biegowy Szczecinek
2019-12-28
Szczecinek
5 km

B4SPORT



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SIÓDIAK Igor	167	7PRO SIÓDIAK TEAM	M-OPEN	1	00:19:45.70		3:57	15.2 (100%)
2	SZELIGOWSKI Tomasz	181		M-OPEN	2	00:19:51.70	+00:00:06 (0.5%)	3:58	15.1 (99.3%)
3	KORDEK Marcin	65	BOBOLICE	M-OPEN	3	00:19:53.45	+00:00:07 (0.6%)	3:58	15.1 (99.3%)
4	LECKI Mateusz	84	TEAM BIEGOWY SZCZECINEK	M-OPEN	4	00:20:12.80	+00:00:27 (2.2%)	4:02	14.9 (98.0%)
5	PAWŁOWICZ Roland	129	7PRO TEAM	M-OPEN	5	00:20:21.40	+00:00:35 (2.9%)	4:04	14.7 (96.7%)
6	SZYPCIO Piotr	190	BIEGAJ Z CIERKIEM	M-OPEN	6	00:21:09.45	+00:01:23 (6.6%)	4:13	14.2 (93.4%)
7	PODŁYSKA Tadeusz	144	ZASAPANI	M-OPEN	7	00:21:21.30	+00:01:35 (7.5%)	4:16	14.1 (92.8%)
8	KUBIAK Daniel	75	PRECON POLSKA	M-OPEN	8	00:21:30.35	+00:01:44 (8.1%)	4:18	14 (92.1%)
9	BORDON Krzysztof	8	CROSSTEAM SZCZECINEK	M-OPEN	9	00:21:48.70	+00:02:03 (9.4%)	4:21	13.8 (90.8%)
10	RYNDAK Mariusz	160		M-OPEN	10	00:21:51.55	+00:02:05 (9.6%)	4:22	13.7 (90.1%)
11	KAWCZYŃSKI Hubert	221	BUCZEK TEAM	M-OPEN	11	00:22:00.20	+00:02:14 (10.2%)	4:24	13.6 (89.5%)
12	CHMIELEWSKI Tomasz	18		M-OPEN	12	00:22:07.40	+00:02:21 (10.7%)	4:25	13.6 (89.5%)
13	SPRINGER Marcin	172	TEAMDRESS	M-OPEN	13	00:22:09.90	+00:02:24 (10.8%)	4:25	13.5 (88.8%)
14	MASTYŁA Radosław	98	HUSARIA RACE TEAM	M-OPEN	14	00:22:40.05	+00:02:54 (12.8%)	4:32	13.2 (86.8%)
15	MOSZCZYŃSKI Dawid	111	BOBOLICE	M-OPEN	15	00:22:41.20	+00:02:55 (12.9%)	4:32	13.2 (86.8%)
16	GRZELAK Damian	34		M-OPEN	16	00:22:48.50	+00:03:02 (13.4%)	4:33	13.2 (86.8%)
17	RADOMSKI Hieronim	154	CZARNE BIEGA	M-OPEN	17	00:22:52.70	+00:03:07 (13.6%)	4:34	13.1 (86.2%)
18	REDLICKI Piotr	155		M-OPEN	18	00:23:07.45	+00:03:21 (14.5%)	4:37	13 (85.5%)
19	ŻYJEWSKI Piotr	217	TEAM BIEGOWY SZCZECINEK	M-OPEN	19	00:23:10.70	+00:03:25 (14.7%)	4:38	12.9 (84.9%)
20	ROKITA Michał	157	ZAKŁAD KARNY W CZARNEM	M-OPEN	20	00:23:29.05	+00:03:43 (15.9%)	4:41	12.8 (84.2%)
21	ŁOCHOCKI Łukasz	88	TEAM BIEGOWY SZCZECINEK	M-OPEN	21	00:23:44.20	+00:03:58 (16.7%)	4:44	12.6 (82.9%)
22	KARCZEWSKI Andrzej	57		M-OPEN	22	00:23:55.60	+00:04:09 (17.4%)	4:47	12.5 (82.2%)
23	ŁUCZKO Wiesław	89	CROSS TEAM SZCZECINEK	M-OPEN	23	00:25:06.80	+00:05:21 (21.3%)	5:01	12 (78.9%)
24	JURJEWICZ Łukasz	52		M-OPEN	24	00:25:14.35	+00:05:28 (21.7%)	5:02	11.9 (78.3%)
25	BRZEZIŃSKI Michał	218		M-OPEN	25	00:25:18.60	+00:05:32 (21.9%)	5:03	11.9 (78.3%)
26	PAWŁOWSKI Michał	132	PRECON - POLSKA	M-OPEN	26	00:25:20.25	+00:05:34 (22.0%)	5:04	11.8 (77.6%)
27	KONIECZNY Krzysztof	64		M-OPEN	27	00:25:38.65	+00:05:52 (22.9%)	5:07	11.7 (77.0%)

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28	KOCIK Janusz	60	TEAM BIEGOWY SZCZECINEK	M-OPEN	28	00:26:09.95	+00:06:24 (24.5%)	5:13	11.5 (75.7%)
29	UJWARY Jakub	222		M-OPEN	29	00:26:21.60	+00:06:35 (25.0%)	5:16	11.4 (75.0%)
30	REDEK Damian	39	HUSARIA RACE TEAM	M-OPEN	30	00:26:27.80	+00:06:42 (25.3%)	5:17	11.3 (74.3%)
31	BROŚ Przemysław	11		M-OPEN	31	00:26:37.50	+00:06:51 (25.8%)	5:19	11.3 (74.3%)
32	MORDACZ Mikołaj	109		M-OPEN	32	00:26:50.05	+00:07:04 (26.4%)	5:22	11.2 (73.7%)
33	MAŁEK Piotr	97	SILVER TEAM BARWICE	M-OPEN	33	00:27:08.25	+00:07:22 (27.2%)	5:25	11.1 (73.0%)
34	KOZŁOWSKI Adrian	70	POLCZYN ZDROJ BIEGA , OSP POŁCZYN-ZDRÓJ	M-OPEN	34	00:27:19.00	+00:07:33 (27.7%)	5:27	11 (72.4%)
35	OSUCH Wojciech	123		M-OPEN	35	00:27:24.40	+00:07:38 (27.9%)	5:28	10.9 (71.7%)
36	JASKÓŁKA-STANISZ Paweł	48	OSP LOTYŃ	M-OPEN	36	00:27:32.45	+00:07:46 (28.2%)	5:30	10.9 (71.7%)
37	RYNKIEWICZ Piotr	162	TB WALDEK	M-OPEN	37	00:27:45.10	+00:07:59 (28.8%)	5:33	10.8 (71.1%)
38	PRALICZ Grzegorz	149		M-OPEN	38	00:27:47.70	+00:08:02 (28.9%)	5:33	10.8 (71.1%)
39	KACZMARCZYK Łukasz	53	SILVER TEAM BARWICE	M-OPEN	39	00:28:00.00	+00:08:14 (29.4%)	5:36	10.7 (70.4%)
40	NOWAK Emil	118		M-OPEN	40	00:28:01.70	+00:08:16 (29.5%)	5:36	10.7 (70.4%)
41	PINDRAL Piotr	142	NORDIC WALKING SZCZECINEK	M-OPEN	41	00:28:06.20	+00:08:20 (29.7%)	5:37	10.7 (70.4%)
42	FIAŁKOWSKI Paweł	25	OSP CZARNE	M-OPEN	42	00:28:18.75	+00:08:33 (30.2%)	5:39	10.6 (69.7%)
43	BUTOWICZ Adam	16		M-OPEN	43	00:28:32.00	+00:08:46 (30.7%)	5:42	10.5 (69.1%)
44	MIKA Przemysław	104	FULCRUM SZCZECINEK	M-OPEN	44	00:28:33.35	+00:08:47 (30.8%)	5:42	10.5 (69.1%)
45	OTOLSKI Łukasz	227		M-OPEN	45	00:28:35.25	+00:08:49 (30.9%)	5:43	10.5 (69.1%)
46	PACZKA Marcin	124	CROSSTEAM SZCZECINEK	M-OPEN	46	00:28:35.95	+00:08:50 (30.9%)	5:43	10.5 (69.1%)
47	POKUSA Adam	146	TEAM BIEGOWY SZCZECINEK	M-OPEN	47	00:28:36.30	+00:08:50 (30.9%)	5:43	10.5 (69.1%)
48	KOZIEŁ Rafał	68	PRUMER RALLY TEAM/4X4SZCZECINEK	M-OPEN	48	00:28:39.45	+00:08:53 (31.0%)	5:43	10.5 (69.1%)
49	SUCHANOWSKI Zygmunt	177	RESPECT LOTYŃ	M-OPEN	49	00:28:53.90	+00:09:08 (31.6%)	5:46	10.4 (68.4%)
50	GRZYTEK Sławomir	37		M-OPEN	50	00:29:01.65	+00:09:15 (31.9%)	5:48	10.3 (67.8%)
51	KRAMKOWSKI Łukasz	71		M-OPEN	51	00:29:51.30	+00:10:05 (33.8%)	5:58	10.1 (66.4%)
52	HOŁOWACZ Kamil	42	HUSARIA RACE TEAM	M-OPEN	52	00:30:42.30	+00:10:56 (35.6%)	6:08	9.8 (64.5%)
53	ZASUWA Mirosław	212	OSP CZARNE	M-OPEN	53	00:30:48.45	+00:11:02 (35.9%)	6:09	9.7 (63.8%)
54	KOZŁOWSKI Piotr	69	HUSARIA RACE TEAM	M-OPEN	54	00:31:14.75	+00:11:29 (36.8%)	6:14	9.6 (63.2%)
55	SZEWCZYK Paweł	184		M-OPEN	55	00:32:17.35	+00:12:31 (38.8%)	6:27	9.3 (61.2%)
56	SZERSZEŃ Łukasz	224	HUSARIA SZCZECINEK	M-OPEN	56	00:32:27.20	+00:12:41 (39.1%)	6:29	9.2 (60.5%)
57	PAWŁOWICZ Dariusz	128	HUSARIA RACE TEAM	M-OPEN	57	00:32:31.45	+00:12:45 (39.2%)	6:30	9.2 (60.5%)
58	SZERSZEŃ Rafał	183	HUSARIA RACE TEAM	M-OPEN	58	00:33:27.60	+00:13:41 (40.9%)	6:41	9 (59.2%)
59	SEPIOTEK Kamil	164	RUNDORFINA	M-OPEN	59	00:35:06.40	+00:15:20 (43.7%)	7:01	8.5 (55.9%)
60	BUCHOWSKI Marek	13	PARKRUN	M-OPEN	60	00:35:22.10	+00:15:36 (44.1%)	7:04	8.5 (55.9%)
61	WALKOWIAK Dariusz	203		M-OPEN	61	00:37:41.20	+00:17:55 (47.6%)	7:32	8 (52.6%)
62	GAWORECKI Sławomir	32	HUSARIA RACE TEAM	M-OPEN	62	00:39:49.80	+00:20:04 (50.4%)	7:57	7.5 (49.3%)

Znaleziono 62 wynik(ów)