

IX ULTRAMARATON BIESZCZADZKI - 26 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

IX ULTRAMARATON BIESZCZADZKI
Fundacja Bieg Rzeźnika
2021-10-09
Cisna
26 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
1	TELESZ Elżbieta	2348		K30	1	01:20:35	02:40:17.75	02:40:25.75		6:09	9.7 (100%)
2	KOTFICA Paulina	2150	GVT	K30	2	01:20:12	02:44:36.90	02:44:43.25	+00:04:17 (2.6%)	6:19	9.5 (97.9%)
3	WRONECKA Emilia	2394	ALCHEMIA BIEGANIA	K20	1	01:26:31	02:52:15.70	02:52:20.00	+00:11:54 (6.9%)	6:37	9.1 (93.8%)
4	WARĘCKA Katarzyna	2360	ARTURKUREK.PRO TEAM	K30	3	01:26:34	02:54:23.70	02:54:28.20	+00:14:02 (8.0%)	6:42	8.9 (91.8%)
5	STOPYRA Urszula	2315		K30	4	01:37:14	03:06:51.40	03:07:22.05	+00:26:56 (14.4%)	7:11	8.3 (85.6%)
6	KANCLERZ-MAZURCZUK Monika	2122	WIST	K40	1	01:38:02	03:11:07.15	03:11:48.65	+00:31:22 (16.4%)	7:21	8.2 (84.5%)
7	RYNDUCH Renata	2292		K40	2	01:37:09	03:11:49.15	03:11:58.10	+00:31:32 (16.4%)	7:22	8.1 (83.5%)
8	TAPERREK Marta	2345		K30	5	01:40:49	03:12:26.80	03:12:40.80	+00:32:15 (16.7%)	7:24	8.1 (83.5%)
9	MADEJ Anna	2201	VEGE RUNNERS	K40	3	01:38:10	03:13:07.55	03:13:21.65	+00:32:55 (17.0%)	7:25	8.1 (83.5%)
10	PASIEKA Agnieszka	2248	KB ATHLETIC ZRECIN	K40	4	01:40:18	03:16:59.25	03:17:02.15	+00:36:36 (18.6%)	7:34	7.9 (81.4%)
11	SOCHA Aleksandra	2307		K30	6	01:39:31	03:17:25.20	03:17:49.60	+00:37:23 (18.9%)	7:35	7.9 (81.4%)
12	ŁUCJANEK Justyna	2197	KAJA TEAM	K40	5	01:41:57	03:20:49.05	03:20:53.15	+00:40:27 (20.1%)	7:43	7.8 (80.4%)
13	KITOWSKA Anna	2441	FOREVER TEAM / GŁOGOVIA GŁOGÓW MAŁOPOLSKI	K40	6	01:42:31	03:24:06.75	03:24:10.05	+00:43:44 (21.4%)	7:51	7.6 (78.4%)
14	PUTYRA Gabriela	2279		K20	2	01:46:54	03:24:39.65	03:24:45.85	+00:44:20 (21.7%)	7:52	7.6 (78.4%)
15	PIETRZAK Joanna	2438		K20	3	01:43:33	03:24:15.00	03:24:49.80	+00:44:24 (21.7%)	7:51	7.6 (78.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
16	BŁASZCZYK-LIPA Dominika	2009		K30	7	01:44:51	03:24:42.10	03:25:26.55	+00:45:00 (21.9%)	7:52	7.6 (78.4%)
17	KOŁODZIEJCZYK Marta	2139	ŁĘCZNA BIEGA	K40	7	01:45:02	03:25:09.90	03:25:45.50	+00:45:19 (22.0%)	7:53	7.6 (78.4%)
18	PELA Olga	2259		K30	8	01:45:39	03:26:20.30	03:28:39.25	+00:48:13 (23.1%)	7:56	7.6 (78.4%)
19	SURÓWKA Wiktoria	2323	RUNNERS TEAM NYSA	K20	4	01:49:34	03:29:12.40	03:29:35.45	+00:49:09 (23.5%)	8:02	7.5 (77.3%)
20	KOCHAJ Anna	2133		K40	8	01:51:15	03:31:41.80	03:32:16.60	+00:51:50 (24.4%)	8:08	7.4 (76.3%)
21	KURCEWICZ Kamila	2173		K30	9	01:49:14	03:32:09.35	03:32:34.85	+00:52:09 (24.5%)	8:09	7.4 (76.3%)
22	DRABIK - SŁOMKA Małgorzata	2048		K30	10	01:47:10	03:32:53.70	03:33:04.50	+00:52:38 (24.7%)	8:11	7.3 (75.3%)
23	BUDZIASZEK Agnieszka	2015	EFFI RUN TEAM	K20	5	01:47:57	03:33:00.50	03:33:09.05	+00:52:43 (24.7%)	8:11	7.3 (75.3%)
24	KAMSKA Małgorzata	2121	GAMBAZ TEAM	K30	11	01:41:34	03:34:03.55	03:34:05.75	+00:53:40 (25.1%)	8:13	7.3 (75.3%)
25	SURÓWKA Franciszka	2324	RUNNERS TEAM NYSA	K60	1	01:49:34	03:33:59.40	03:34:21.25	+00:53:55 (25.2%)	8:13	7.3 (75.3%)
26	KOZACZUK Maria	2155		K40	9	01:44:47	03:36:01.25	03:36:23.80	+00:55:58 (25.9%)	8:18	7.2 (74.2%)
27	SKROBEK Karolina	2302	VEGE RABBITS	K40	10	01:46:03	03:36:23.90	03:36:27.50	+00:56:01 (25.9%)	8:19	7.2 (74.2%)
28	ŚLIŻ Lucyna	2341	KUŹNIA TRIATHLONU	K40	11	01:49:18	03:36:43.10	03:37:16.85	+00:56:51 (26.2%)	8:20	7.2 (74.2%)
29	DZIAMENTSJEVA Viyaleta	2056	JACEKBIEGA RUNNING TEAM	K30	12	01:46:36	03:37:18.05	03:37:23.00	+00:56:57 (26.2%)	8:21	7.2 (74.2%)
30	SZMIST Jadwiga	2333	K.B ATHLETIC ZRĘCIN	K40	12	01:49:40	03:37:56.30	03:38:00.00	+00:57:34 (26.4%)	8:22	7.2 (74.2%)
31	ZAJDEL-SOBCZAK Zuzanna	2400	ŁÓDŹRUNCREW	K30	13	01:49:41	03:40:15.10	03:40:45.40	+01:00:19 (27.3%)	8:28	7.1 (73.2%)
32	CYPRYŚ Natalia	2036	ZAWADZKA TEAM, NOCNY BÓR TEAM	K20	6	01:45:36	03:41:04.05	03:41:39.05	+01:01:13 (27.6%)	8:30	7.1 (73.2%)
33	KOCOT Aleksandra	2135	WARSZTAT RUCHU KATARZYNA ŻEBRAKOWSKA	K20	7	01:59:06	03:44:17.80	03:45:22.60	+01:04:56 (28.8%)	8:37	7 (72.2%)
34	CHWISTEK Katarzyna	2029		K40	13	01:46:07	03:46:24.95	03:47:00.95	+01:06:35 (29.3%)	8:42	6.9 (71.1%)
35	GRABOWSKA Gosia	2082		K40	14	01:57:38	03:47:25.30	03:47:36.55	+01:07:10 (29.5%)	8:44	6.9 (71.1%)
36	FARON Agnieszka	2417	100 MILES OF BESKID WYSPOWY/ PRZEHYBA TRAIL TEAM	K30	14	01:48:05	03:47:41.80	03:47:49.50	+01:07:23 (29.6%)	8:45	6.9 (71.1%)
37	WASIK Marta	2364	EDC RUNNERS	K30	15	01:54:50	03:48:16.05	03:48:36.25	+01:08:10 (29.8%)	8:46	6.8 (70.1%)
38	MATYJASZCZYK Barbara	2213	ŁĘCZNA BIEGA	K30	16	01:57:52	03:48:42.90	03:49:17.75	+01:08:52 (30.0%)	8:47	6.8 (70.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
39	MACIEJEWSKA Dominika	2200	WE RUN CLAN	K20	8	01:55:18	03:48:31.05	03:49:25.10	+01:08:59 (30.1%)	8:47	6.8 (70.1%)
40	KACZMARCZYK Agnieszka	2115		K30	17	01:58:05	03:47:23.75	03:50:10.75	+01:09:45 (30.3%)	8:44	6.9 (71.1%)
41	MISIUREWICZ Rozanna	2223	WE RUN CLAN	K30	18	01:53:40	03:49:56.45	03:50:48.80	+01:10:23 (30.5%)	8:50	6.8 (70.1%)
42	KACZMARCZYK Natalia	2113		K30	19	01:58:38	03:50:06.25	03:50:50.90	+01:10:25 (30.5%)	8:51	6.8 (70.1%)
43	PRZEBINDA Renata	2278	RUNONLINE	K50	1	01:56:07	03:52:38.55	03:53:07.30	+01:12:41 (31.2%)	8:56	6.7 (69.1%)
44	WÓJCICKA Agnieszka	2390	ŁĘCZNA BIEGA	K40	15	01:57:50	03:52:49.10	03:53:24.80	+01:12:59 (31.3%)	8:57	6.7 (69.1%)
45	WIEDERMANN Anita	2374		K30	20	01:49:28	03:53:22.95	03:54:08.20	+01:13:42 (31.5%)	8:58	6.7 (69.1%)
46	KAMIŃSKA Katarzyna	2120		K30	21	01:54:06	03:54:44.40	03:55:08.70	+01:14:42 (31.8%)	9:01	6.6 (68.0%)
47	GORCZYCA Dorota	2075		K40	16	01:52:37	03:55:05.40	03:55:18.30	+01:14:52 (31.8%)	9:02	6.6 (68.0%)
48	WŁODARCZYK Monika	2384	AKTYWNY OSTRZESZÓW	K40	17	02:00:06	03:54:31.85	03:55:40.40	+01:15:14 (31.9%)	9:01	6.7 (69.1%)
49	KĘDRA Agnieszka	2124		K30	22	01:56:10	03:56:26.65	03:56:47.50	+01:16:21 (32.2%)	9:05	6.6 (68.0%)
50	DOMOSŁAWSKA Joanna	2045		K40	18	01:56:37	03:57:07.50	03:57:24.15	+01:16:58 (32.4%)	9:07	6.6 (68.0%)
51	WÓJCIK Kamila	2432	LACHO TEAM	K40	19	01:59:08	03:58:10.70	03:58:29.30	+01:18:03 (32.7%)	9:09	6.6 (68.0%)
52	MATUSIK-SKALSKA Renata	2210	ŻUKI W BŁOCIE	K40	20	02:03:34	03:59:00.95	03:59:17.55	+01:18:51 (33.0%)	9:11	6.5 (67.0%)
53	PAUSZEK Marlena	2443	LUCKY TEAM	K50	2	02:06:12	03:59:27.45	03:59:47.90	+01:19:22 (33.1%)	9:12	6.5 (67.0%)
54	SOCHA Justyna	2306		K20	9	02:04:25	04:00:12.95	04:00:37.95	+01:20:12 (33.3%)	9:14	6.5 (67.0%)
55	CHODUN Agnieszka	2024		K40	21	01:58:31	04:01:30.70	04:02:02.75	+01:21:37 (33.7%)	9:17	6.5 (67.0%)
56	KORDOS Elżbieta	2144	KKM KALORYFER	K40	22	01:59:16	04:02:07.65	04:02:12.65	+01:21:46 (33.8%)	9:18	6.4 (66.0%)
57	BABIŃSKA Inga	2422	PRZEMYSKI KLUB BIEGACZA	K40	23	02:03:00	04:01:56.35	04:02:35.60	+01:22:09 (33.9%)	9:18	6.4 (66.0%)
58	MIERCZYK Agnieszka	2216		K40	24	01:59:19	04:03:34.40	04:03:57.55	+01:23:31 (34.2%)	9:22	6.4 (66.0%)
59	HRYCIUK Katarzyna	2098	EKOBIEGI	K40	25	02:02:47	04:03:59.60	04:04:11.35	+01:23:45 (34.3%)	9:23	6.4 (66.0%)
60	KOZDRÓJ Wioletta	2157	DOGOŃ GRODZISK MAZOWIECKI	K40	26	02:11:32	04:05:03.55	04:05:46.10	+01:25:20 (34.7%)	9:25	6.4 (66.0%)
61	BROŚ Bożena	2014	KLUB BIEGACZA ORANGE POLSKA	K40	27	01:58:41	04:06:00.30	04:06:35.30	+01:26:09 (34.9%)	9:27	6.3 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
62	PAWŁOWSKA Agnieszka	2256	PRZEMYSKI KLUB BIEGACZA	K40	28	02:05:03	04:06:00.90	04:06:39.95	+01:26:14 (35.0%)	9:27	6.3 (64.9%)
63	WAŚ Monika	2367		K30	23	02:09:41	04:05:39.95	04:06:48.75	+01:26:23 (35.0%)	9:26	6.4 (66.0%)
64	OLESIŃSKA Joanna	2420	DRUŻYNA JEDYNKI	K40	29	01:57:37	04:08:33.95	04:08:51.00	+01:28:25 (35.5%)	9:33	6.3 (64.9%)
65	PINTSCHER Paulina	2444	EXPRESSMAP	K30	24	01:58:47	04:08:56.20	04:09:35.40	+01:29:09 (35.7%)	9:34	6.3 (64.9%)
66	KOPEĆ Beata	2143	NOCNY BÓR TEAM	K30	25	02:11:30	04:12:37.80	04:12:49.25	+01:32:23 (36.5%)	9:42	6.2 (63.9%)
67	KOZIOŁ Joanna	2160		K30	26	02:02:37	04:12:46.25	04:12:55.80	+01:32:30 (36.6%)	9:43	6.2 (63.9%)
68	CHORBIŃSKA Paulina	2026		K30	27	02:05:12	04:13:08.20	04:13:32.00	+01:33:06 (36.7%)	9:44	6.2 (63.9%)
69	GNICH Natalia	2073		K20	10	01:58:29	04:13:27.25	04:13:33.30	+01:33:07 (36.7%)	9:44	6.2 (63.9%)
70	STĘPIEŃ Daria	2314		K30	28	02:16:01	04:13:48.70	04:14:14.80	+01:33:49 (36.9%)	9:45	6.1 (62.9%)
71	SIKORSKA Agnieszka	2415		K30	29	02:09:43	04:13:41.70	04:14:40.65	+01:34:14 (37.0%)	9:45	6.1 (62.9%)
72	ZACHARZYŃSKA Katarzyna	2399	ORANGE POLSKA	K30	30	02:06:57	04:14:13.90	04:14:47.80	+01:34:22 (37.0%)	9:46	6.1 (62.9%)
73	MASZKOWSKA Anna	2205		K40	30	02:15:26	04:14:22.30	04:15:01.10	+01:34:35 (37.1%)	9:47	6.1 (62.9%)
74	RĘKOSIEWICZ-TOKARZ Monika	2286	GLOGIVIA GŁOGÓW MAŁOPOLSKI	K40	31	02:11:20	04:15:30.70	04:16:07.40	+01:35:41 (37.4%)	9:49	6.1 (62.9%)
75	GORECKA Aleksandra	2076		K20	11	02:18:32	04:16:09.05	04:16:56.70	+01:36:30 (37.6%)	9:51	6.1 (62.9%)
76	GUZIŃSKA Ola	2091		K40	32	02:13:46	04:17:00.40	04:17:28.30	+01:37:02 (37.7%)	9:53	6.1 (62.9%)
77	STRAŻYC Iwona	2316		K30	31	02:10:30	04:17:50.80	04:18:04.25	+01:37:38 (37.8%)	9:55	6.1 (62.9%)
78	RADYK Joanna	2280	PRZEMYSKI KLUB BIEGACZA	K30	32	02:12:18	04:19:20.60	04:19:59.95	+01:39:34 (38.3%)	9:58	6 (61.9%)
79	WALKOWIAK Joanna	2426	MUAY RUNNING TEAM	K30	33	02:17:49	04:21:05.25	04:21:46.75	+01:41:21 (38.7%)	10:02	6 (61.9%)
80	GLINKOWSKA Monika	2072		K30	34	02:14:52	04:26:05.05	04:26:24.00	+01:45:58 (39.8%)	10:14	5.9 (60.8%)
81	MAŚLAK Anna	2208		K50	3	02:09:31	04:26:03.30	04:26:55.40	+01:46:29 (39.9%)	10:13	5.9 (60.8%)
82	SZATKOWSKA Katarzyna	2327		K40	33	02:17:16	04:26:24.75	04:27:02.30	+01:46:36 (39.9%)	10:14	5.9 (60.8%)
83	KURPISZ-KASPRZAK Magda	2177	NA PSI UROK	K30	35	02:07:20	04:29:10.35	04:29:24.95	+01:48:59 (40.5%)	10:21	5.8 (59.8%)
84	RUPIŃSKA Agnieszka	2289		K20	12	02:11:42	04:30:49.25	04:31:30.75	+01:51:05 (40.9%)	10:24	5.8 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
85	MATUSIAK-TRENDAK Daria	2209	EKIPA Z BARAKÓW	K30	36	02:22:13	04:34:42.30	04:34:57.00	+01:54:31 (41.7%)	10:33	5.7 (58.8%)
86	MAŁGORZATA Modelska	2202	AZS AWF MASTERS	K30	37	02:19:38	04:35:00.75	04:35:10.90	+01:54:45 (41.7%)	10:34	5.7 (58.8%)
87	KUKLA Elzbieta	2171	PWC RUNNING TEAM	K50	4	02:18:23	04:39:17.60	04:39:38.35	+01:59:12 (42.6%)	10:44	5.6 (57.7%)
88	OSADNIK Anna	2243	MAFIA TEAM	K40	34	02:29:03	04:39:12.05	04:39:39.80	+01:59:14 (42.6%)	10:44	5.6 (57.7%)
89	FRUK Natalia	2063		K30	38	02:17:29	04:40:15.15	04:40:42.05	+02:00:16 (42.8%)	10:46	5.6 (57.7%)
90	WIŚNIEWSKA Agnieszka	2379	CZEWARUN TIM	K30	39	02:29:04	04:42:01.85	04:42:29.80	+02:02:04 (43.2%)	10:50	5.5 (56.7%)
91	MIŻEJEWSKA Marta	2224	CROSSFIT CZĘSTOCHOWA	K30	40	02:29:05	04:42:14.70	04:42:43.05	+02:02:17 (43.3%)	10:51	5.5 (56.7%)
92	BURZ-PARADOWSKA Jowita	2018	BYLE DO METY	K40	35	02:20:01	04:41:47.00	04:42:49.50	+02:02:23 (43.3%)	10:50	5.5 (56.7%)
93	KOCHANOWSKA Anna	2134	CZEWARUN TIM	K40	36	02:22:01	04:43:11.85	04:43:45.80	+02:03:20 (43.5%)	10:53	5.5 (56.7%)
94	KRZYSZTOFOWICZ Karolina	2166		K40	37	02:24:19	04:47:10.45	04:48:04.55	+02:07:38 (44.3%)	11:02	5.4 (55.7%)
95	DRAB Magda	2047	CHCE CI SIĘ?	K30	41	02:29:04	04:49:04.05	04:49:31.80	+02:09:06 (44.6%)	11:07	5.4 (55.7%)
96	KAMINIK MICHALCZAK Anna	2118	DREAMTEAM	K30	42	02:21:13	04:49:50.80	04:50:09.15	+02:09:43 (44.7%)	11:08	5.4 (55.7%)
97	WIERCHOŁA Joanna	2375		K60	2	02:26:11	04:49:32.35	04:50:26.15	+02:10:00 (44.8%)	11:08	5.4 (55.7%)
98	LEWANDOWSKA Karolina	2425		K30	43	02:29:33	04:52:41.05	04:52:43.25	+02:12:17 (45.2%)	11:15	5.3 (54.6%)
99	WIŚNIEWSKA Kornelia	2380	ZABIEGANE DWIE	K40	38	02:30:31	04:52:08.20	04:52:59.30	+02:12:33 (45.2%)	11:14	5.3 (54.6%)
100	DALKE Jowita	2042	ZABIEGANE DWIE	K30	44	02:30:30	04:52:08.35	04:52:59.40	+02:12:33 (45.2%)	11:14	5.3 (54.6%)
101	NAWROT Magdalena	2232	J U V E R U N	K40	39	02:21:05	04:53:05.00	04:54:07.30	+02:13:41 (45.5%)	11:16	5.3 (54.6%)
102	GEMZIK Agata	2070	J U V E R U N	K30	45	02:22:14	04:53:03.75	04:54:07.60	+02:13:41 (45.5%)	11:16	5.3 (54.6%)
103	DWORZAŃSKA Anna	2052	MARATOŃCZYK POZNAŃ	K30	46	02:39:50	04:54:52.20	04:55:31.90	+02:15:06 (45.7%)	11:20	5.3 (54.6%)
104	JASIURSKA Jolanta	2107		K30	47	02:24:07	04:55:30.75	04:56:25.70	+02:15:59 (45.9%)	11:21	5.3 (54.6%)
105	SULIGA Wioletta	2322		K30	48	02:32:58	04:57:44.85	04:58:28.85	+02:18:03 (46.3%)	11:27	5.2 (53.6%)
106	PIETRUSZEWSKA Katarzyna	2440		K40	40	02:30:52	04:57:35.95	04:58:28.90	+02:18:03 (46.3%)	11:26	5.2 (53.6%)
107	RORAT Lena	2424	CHEŁM BIEGA	K30	49	02:31:52	04:58:48.35	04:59:28.65	+02:19:02 (46.4%)	11:29	5.2 (53.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
108	STEPANIUK Joanna	2313	BIEGAMY DZISIAJ? WIERZBICA	K40	41	02:31:50	04:58:50.35	04:59:30.70	+02:19:04 (46.4%)	11:29	5.2 (53.6%)
108	PRUSZKOWSKA Katarzyna	2276	CHEŁM BIEGA/ CROSSFITTER BOX CHEŁM	K40	41	02:31:50	04:58:50.70	04:59:30.70	+02:19:04 (46.4%)	11:29	5.2 (53.6%)
110	ZAKRZEWSKA Anna	2401	ANTYLOOPY	K40	43	02:26:53	05:01:12.20	05:01:35.50	+02:21:09 (46.8%)	11:35	5.2 (53.6%)
111	LEWICKA Aleksandra	2188		K30	50	02:27:39	05:03:54.35	05:04:26.40	+02:24:00 (47.3%)	11:41	5.1 (52.6%)
112	STRYCHALSKA Anna	2317		K40	44	02:27:36	05:03:52.05	05:04:26.60	+02:24:00 (47.3%)	11:41	5.1 (52.6%)
113	GRZYWIŃSKA Joanna	2089		K40	45	02:26:43	05:06:40.40	05:07:02.35	+02:26:36 (47.7%)	11:47	5.1 (52.6%)
114	SZELAĞ Iwona	2330		K30	51	02:30:43	05:07:59.65	05:08:24.15	+02:27:58 (48.0%)	11:50	5.1 (52.6%)
115	POLEK Justyna	2271		K40	46	02:38:25	05:12:50.20	05:13:43.95	+02:33:18 (48.9%)	12:01	5 (51.5%)
116	PICHER RÓŻYŁO Joanna	2263		K40	47	02:23:55	05:13:49.25	05:14:32.05	+02:34:06 (49.0%)	12:04	5 (51.5%)
117	SAMOĆ Barbara	2294	TEAM ZABIEGANEDNI	K40	48	02:31:38	05:18:35.80	05:19:08.20	+02:38:42 (49.7%)	12:15	4.9 (50.5%)
118	NOWAK Monika	2236	TBD	K40	49	02:37:45	05:23:49.80	05:24:23.50	+02:43:57 (50.5%)	12:27	4.8 (49.5%)
119	PASZKOWSKA Katarzyna	2250		K40	50	02:41:16	05:27:08.00	05:27:30.10	+02:47:04 (51.0%)	12:34	4.8 (49.5%)
120	STAWIŃSKA Maria	2310		K20	13	02:49:47	05:38:34.65	05:39:18.75	+02:58:53 (52.7%)	13:01	4.6 (47.4%)
121	JAWORSKA Sylwia	2109	NOCNY BÓR TEAM	K30	52	02:45:11	05:39:23.30	05:39:34.85	+02:59:09 (52.8%)	13:03	4.6 (47.4%)
122	SAPKO Paulina	2295	NOCNY BÓR TEAM	K30	53	02:45:11	05:39:22.90	05:39:35.05	+02:59:09 (52.8%)	13:03	4.6 (47.4%)
123	KAPICA Katarzyna	2421		K30	54	02:37:48	05:49:23.15	05:49:47.00	+03:09:21 (54.1%)	13:26	4.5 (46.4%)
124	NAJDER Paulina	2228		K40	51	02:42:04	05:56:06.95	05:57:47.95	+03:17:22 (55.2%)	13:41	4.4 (45.4%)
125	ŚWIERKOSZ-HOŁYSZ Małgorzata	2343		K40	52	02:57:20	06:06:36.00	06:07:12.30	+03:26:46 (56.3%)	14:06	4.3 (44.3%)
126	CZECHOWSKA Izabela	2039	WE TEAM	K40	53	03:18:35	06:12:43.70	06:13:30.20	+03:33:04 (57.0%)	14:20	4.2 (43.3%)
127	JAKUBIEC Justyna	2102		K50	5	03:18:36	06:12:44.05	06:13:30.85	+03:33:05 (57.0%)	14:20	4.2 (43.3%)
128	ORZECHOWSKA Danuta	2241	PASJA WARSZAWA	K60	3	03:09:34	06:24:45.55	06:27:54.50	+03:47:28 (58.6%)	14:47	4.1 (42.3%)
129	SZUMLAS Anna	2338	#SZUMITEAM	K40	54	03:10:46	06:37:16.00	06:38:01.95	+03:57:36 (59.7%)	15:16	3.9 (40.2%)
130	WIĄCKIEWICZ Dominika	2372	DZIK KOMANDO	K30	55	03:31:12	06:48:08.60	06:48:27.25	+04:08:01 (60.7%)	15:41	3.8 (39.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
131	ZYDEK - ŚWIĆ Katarzyna	2437	DZIK KOMANDO	K20	14	03:31:10	06:48:09.90	06:48:27.85	+04:08:02 (60.7%)	15:41	3.8 (39.2%)
132	JANIK Weronika	2105		K20	15	03:26:55	07:05:12.65	07:05:45.35	+04:25:19 (62.3%)	16:21	3.7 (38.1%)
133	BORKOWSKA Ewa	2010		K60	4	03:22:59	07:25:32.60	07:26:00.40	+04:45:34 (64.0%)	17:08	3.5 (36.1%)
	JUCHNIEWICZ Lidia	2111		K40		00:50:34 DNF	DNF	DNF		-	- (0.0%)
	SIERECKA Dorota	2297	TEAM ZABIEGANEDNI // WKURW_TEAM	K40		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 135 wynik(ów)