

IX ULTRAMARATON BIESZCZADZKI - 26 KM

B4SPORT

Wydarzenie: IX ULTRAMARATON BIESZCZADZKI
Organizator: Fundacja Bieg Rzeźnika
Data: 2021-10-09
Miejsce: Cisna
Dystans: 26 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
1	KIPER Maciej	2128	JAROSŁAWSKI BIEGACZ	M40	1	01:05:53	02:11:57.65	02:11:58.80		5:04	11.8 (100%)
2	SZMIST Szymon	2332	35 BATALION LEKKIEJ PIECHOTY SANOK	M40	2	01:11:07	02:19:32.50	02:19:33.65	+00:07:34 (5.4%)	5:22	11.2 (94.9%)
3	MORAWA Mateusz	2436	LACHO TEAM	M40	3	01:14:56	02:27:32.05	02:27:34.20	+00:15:35 (10.6%)	5:40	10.6 (89.8%)
4	KURKIEWICZ Krzysztof	2175	NIEPOŁOMICE BIEGAJA	M40	4	01:19:36	02:35:11.90	02:35:14.60	+00:23:15 (15.0%)	5:58	10.1 (85.6%)
5	HEJNAR Jakub	2094		M40	5	01:15:41	02:45:18.25	02:45:26.50	+00:33:27 (20.2%)	6:21	9.4 (79.7%)
6	STEPANIUK Adam	2312	BIEGAMY DZISIAJ? WIERZBICA	M40	6		02:45:56.70	02:46:09.80	+00:34:11 (20.6%)	6:22	9.4 (79.7%)
7	SZPUNAR Marek	2334		M40	7	01:26:42	02:48:41.25	02:49:29.20	+00:37:30 (22.1%)	6:29	9.2 (78.0%)
8	CHYCZEWSKI Robert	2030		M40	8	01:27:09	02:51:50.40	02:52:16.65	+00:40:17 (23.4%)	6:36	9.1 (77.1%)
9	WITEK Łukasz	2381	BIEG PO ZDRÓJ	M40	9	01:26:42	02:54:07.30	02:54:24.80	+00:42:26 (24.3%)	6:41	9 (76.3%)
10	FURS Teodor	2065	PIERDZĄCE ZAJĄCE	M40	10	01:26:34	02:54:23.35	02:54:27.85	+00:42:29 (24.4%)	6:42	8.9 (75.4%)
11	PARIS Greg	2433	JW 3940	M40	11	01:31:02	02:57:33.20	02:58:11.40	+00:46:12 (25.9%)	6:49	8.8 (74.6%)
12	KORZONEK Marcin	2146	SPRINT GORZYCE	M40	12	01:26:51	03:01:43.65	03:01:48.60	+00:49:49 (27.4%)	6:59	8.6 (72.9%)
13	MIKUŚKIEWICZ Piotr	2219	PIOTRIMONIABIEGA	M40	13	01:31:31	03:01:52.45	03:01:57.35	+00:49:58 (27.5%)	6:59	8.6 (72.9%)
14	KORNAK Dariusz	2145	SAMURAJ	M40	14	01:31:34	03:03:05.50	03:03:09.40	+00:51:10 (27.9%)	7:02	8.5 (72.0%)
15	BANCERZ Grzegorz	2002	TRAWNIKI BIEGAJĄ	M40	15	01:29:06	03:03:43.35	03:04:15.35	+00:52:16 (28.4%)	7:03	8.5 (72.0%)
16	PAZDYK Andrzej	2258		M40	16	01:27:48	03:07:35.35	03:07:48.75	+00:55:49 (29.7%)	7:12	8.3 (70.3%)
17	GROCHAL Marcin	2083	KS KOŚCIELEC CHRZANÓW	M40	17	01:39:56	03:10:35.00	03:11:02.05	+00:59:03 (30.9%)	7:19	8.2 (69.5%)
18	ZWOLIŃSKI Mariusz	2412		M40	18	01:38:32	03:11:00.35	03:11:15.10	+00:59:16 (31.0%)	7:20	8.2 (69.5%)
19	GAŁUSZKA Tomasz	2067	SKITUROWE BIESZCZADY/GOPR	M40	19	01:36:46	03:10:56.90	03:11:33.65	+00:59:34 (31.1%)	7:20	8.2 (69.5%)
20	FORMA Bartosz	2059		M40	20	01:40:03	03:11:43.30	03:11:53.95	+00:59:55 (31.2%)	7:22	8.1 (68.6%)
21	NOWOSADZKI Wojciech	2238		M40	21	01:36:55	03:12:17.15	03:12:21.35	+01:00:22 (31.4%)	7:23	8.1 (68.6%)
22	STEPANIAK Grzegorz	2311	SWOBODA	M40	22	01:41:41	03:14:10.80	03:14:23.65	+01:02:24 (32.1%)	7:28	8 (67.8%)
23	ĆMIELIŃSKI Tomasz	2423	KW KRAKÓW	M40	23	01:40:39	03:14:50.50	03:15:04.20	+01:03:05 (32.3%)	7:29	8 (67.8%)
24	JACHYMEK Bartłomiej	2099	JACEKBIEGA RUNNING TEAM	M40	24	01:40:43	03:15:31.45	03:15:36.90	+01:03:38 (32.5%)	7:31	8 (67.8%)
25	PŁAZA Piotr	2269		M40	25	01:43:55	03:15:22.60	03:15:46.90	+01:03:48 (32.6%)	7:30	8 (67.8%)
26	ZIMNICKI Daniel	2410	STALOWE ŁOSIE	M40	26	01:31:36	03:16:11.00	03:16:14.75	+01:04:15 (32.7%)	7:32	8 (67.8%)
27	ZIELIŃSKI Paweł	2409	RUCH IZBICA	M40	27	01:43:08	03:18:37.20	03:19:04.05	+01:07:05 (33.7%)	7:38	7.9 (66.9%)
28	DZIADCZYK Jarosław	2053		M40	28	01:41:41	03:19:33.45	03:19:57.25	+01:07:58 (34.0%)	7:40	7.8 (66.1%)
29	KOŁODZIEJCZYK Krzysztof	2137	KS VICTORIA TRZEBINIA	M40	29	01:41:03	03:21:46.60	03:22:13.45	+01:10:14 (34.7%)	7:45	7.7 (65.3%)

Wyniki zawodników											
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1 Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
30	GUZ Marcin	2090		M40	30	01:43:09	03:23:43.95	03:24:04.75	+01:12:05 (35.3%)	7:50	7.7 (65.3%)
31	LIS Paweł	2194		M40	31	01:45:40	03:25:02.40	03:25:05.70	+01:13:06 (35.6%)	7:53	7.6 (64.4%)
32	SZYMAŃSKI Piotr	2339	RYKOWISKO TEAM	M40	32	01:50:23	03:26:24.05	03:26:45.40	+01:14:46 (36.2%)	7:56	7.6 (64.4%)
33	STYSIAŁ Dariusz	2320	OSP ROKIETNICA	M40	33	01:45:15	03:26:30.20	03:27:13.40	+01:15:14 (36.3%)	7:56	7.6 (64.4%)
34	ZAMOJSKI Sebastian	2406	ZDYSZANI.PL	M40	34	01:46:46	03:28:09.95	03:28:29.05	+01:16:30 (36.7%)	8:00	7.5 (63.6%)
35	WLACHOS Piotr	2382		M40	35	01:43:34	03:28:27.75	03:28:54.40	+01:16:55 (36.8%)	8:01	7.5 (63.6%)
36	MILLER Marek	2221	RUN ŁDZ	M40	36	01:43:31	03:28:34.10	03:29:00.20	+01:17:01 (36.9%)	8:01	7.5 (63.6%)
37	KOWALCZYK Robert	2151	ŁĘCZNA BIEGA	M40	37	01:45:03	03:29:56.90	03:30:33.20	+01:18:34 (37.3%)	8:04	7.4 (62.7%)
38	KOCHAJ Wojciech	2132		M40	38	01:51:20	03:31:42.05	03:32:16.60	+01:20:17 (37.8%)	8:08	7.4 (62.7%)
39	FRANKOWSKI Piotr	2061		M40	39	01:47:24	03:33:11.05	03:33:25.65	+01:21:26 (38.2%)	8:11	7.3 (61.9%)
40	ŚLIŻ Piotr	2342		M40	40	01:49:23	03:36:42.80	03:37:17.00	+01:25:18 (39.3%)	8:20	7.2 (61.0%)
41	KUCZBORSKI Jarosław	2170	HARPAGAN SOSNOWIEC	M40	41	01:45:50	03:37:00.80	03:37:20.70	+01:25:21 (39.3%)	8:20	7.2 (61.0%)
42	SZCZEPANEK Sylwester	2329	BEARDIE WEARDIE	M40	42	01:46:33	03:37:00.55	03:37:23.75	+01:25:24 (39.3%)	8:20	7.2 (61.0%)
43	TYKSIŃSKI Rafał	2357	EXPRESSMAP	M40	43	01:46:50	03:36:44.80	03:37:24.05	+01:25:25 (39.3%)	8:20	7.2 (61.0%)
44	KOWALSKI Aleksander	2153		M40	44	01:51:13	03:36:55.00	03:37:33.20	+01:25:34 (39.3%)	8:20	7.2 (61.0%)
45	KRUSZYŃSKI Tomasz	2164	CROSSFITTER BOX CHEŁM	M40	45	01:45:14	03:38:23.95	03:39:05.25	+01:27:06 (39.8%)	8:23	7.1 (60.2%)
46	SOBCZYŃSKI Paweł	2305	PEES	M40	46	01:48:55	03:41:21.00	03:41:31.40	+01:29:32 (40.4%)	8:30	7 (59.3%)
47	LIPSKI Paweł	2192	ŁÓDŹ RUN CREW	M40	47	01:53:28	03:41:13.65	03:41:44.55	+01:29:45 (40.5%)	8:30	7.1 (60.2%)
48	KITOWSKI Bartosz	2129	GŁOGOVIA 1925 GŁOGÓW MAŁOPOLSKI	M40	48	01:46:56	03:41:52.40	03:42:29.65	+01:30:30 (40.7%)	8:32	7 (59.3%)
49	SZUBERT Michał	2336		M40	49	01:53:01	03:42:57.95	03:43:45.00	+01:31:46 (41.0%)	8:34	7 (59.3%)
50	TAPEREK Mariusz	2346		M40	50	01:52:04	03:45:05.35	03:45:19.35	+01:33:20 (41.4%)	8:39	6.9 (58.5%)
51	PALLACH Lech	2246	BIEGAMYRAZEM	M40	51	01:58:55	03:45:10.75	03:46:02.35	+01:34:03 (41.6%)	8:39	6.9 (58.5%)
52	BOROWIEC Mariusz	2012		M40	52	01:55:48	03:45:48.65	03:46:44.45	+01:34:45 (41.8%)	8:41	6.9 (58.5%)
53	SEROKA Piotr	2296		M40	53	01:40:48	03:46:55.60	03:47:03.80	+01:35:05 (41.9%)	8:43	6.9 (58.5%)
54	WÓJCICKI Marcin	2392	ŁĘCZNA BIEGA/SOLET RUNNING TEAM	M40	54	01:49:45	03:46:37.50	03:47:14.75	+01:35:15 (41.9%)	8:42	6.9 (58.5%)
55	SIKORA Grzegorz	2299	KKM KALORYFER	M40	55	01:51:29	03:47:12.20	03:47:18.00	+01:35:19 (41.9%)	8:44	6.9 (58.5%)
56	PERLIŃSKI Mirosław	2262	ASSECO ACTIVE TEAM	M40	56	01:53:37	03:46:38.40	03:47:20.85	+01:35:22 (41.9%)	8:43	6.9 (58.5%)
57	NOWICKI Michael	2237	100 MILES OF BESKID WYSPOWY	M40	57	01:48:06	03:47:42.10	03:47:49.90	+01:35:51 (42.1%)	8:45	6.9 (58.5%)
58	OCIEPKA Sebastian	2239	LATAJĄCY CYRK / PEAK TIME	M40	58	01:47:22	03:47:54.00	03:48:13.60	+01:36:14 (42.2%)	8:45	6.8 (57.6%)
59	KRYSTJAŃCZUK Karol	2165	ŁĘCZNA BIEGA	M40	59	01:46:51	03:48:03.95	03:48:40.75	+01:36:41 (42.3%)	8:46	6.8 (57.6%)
60	CHWISTEK Artur	2028		M40	60	01:57:39	03:48:46.60	03:49:23.00	+01:37:24 (42.5%)	8:47	6.8 (57.6%)
61	ZIN Jacek	2411		M40	61		03:50:02.50	03:50:18.20	+01:38:19 (42.7%)	8:50	6.8 (57.6%)
62	ANDRZEJCZYK Grzegorz	2000		M40	62	01:58:13	03:49:35.20	03:50:21.15	+01:38:22 (42.7%)	8:49	6.8 (57.6%)
63	CHOJNACKI Mikołaj	2025	WARSAW RUN CLUB	M40	63	01:49:07	03:50:37.55	03:50:50.35	+01:38:51 (42.8%)	8:52	6.8 (57.6%)
64	KRZYŻAK Łukasz	2168		M40	64	01:49:32	03:52:00.95	03:52:11.60	+01:40:12 (43.2%)	8:55	6.7 (56.8%)
65	DZIADECKI Marcin	2054		M40	65	01:54:34	03:51:30.05	03:52:41.55	+01:40:42 (43.3%)	8:54	6.7 (56.8%)
66	MORYC Maciej	2225	MAKABI WARSZAWA	M40	66	01:55:51	03:52:17.85	03:52:52.25	+01:40:53 (43.3%)	8:56	6.7 (56.8%)
67	SKLEPOWICZ Jacek	2301		M40	67	01:52:36	03:53:34.30	03:54:06.65	+01:42:07 (43.6%)	8:59	6.7 (56.8%)
68	WIEDERMANN Krzysztof	2373	PEDRAFORCA	M40	68	01:49:31	03:53:21.40	03:54:08.20	+01:42:09 (43.6%)	8:58	6.7 (56.8%)
69	WYSOCKI Tomasz	2397	OCHAJORUN&FRIENDS	M40	69	01:58:14	03:56:08.10	03:56:40.10	+01:44:41 (44.2%)	9:04	6.6 (55.9%)
69	ŻMUDKA Bartek	2414	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M40	69	01:58:31	03:56:24.25	03:56:40.10	+01:44:41 (44.2%)	9:05	6.6 (55.9%)
71	KOŁODZIEJCZYK Maciej	2138	FIZJO-SPORT	M40	71	01:55:40	03:58:05.25	03:58:22.30	+01:46:23 (44.6%)	9:09	6.6 (55.9%)
72	KOPCZYŃSKI Przemek	2142	WE RUN CLAN	M40	72	01:50:06	03:58:23.70	03:59:16.70	+01:47:17 (44.8%)	9:10	6.5 (55.1%)
73	KUROWSKI Paweł	2176		M40	73	01:56:25	04:00:29.10	04:00:54.60	+01:48:55 (45.2%)	9:14	6.5 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1 Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
74	CHMIELEWSKI Witold	2022		M40	74	02:01:42	04:01:18.45	04:01:35.10	+01:49:36 (45.4%)	9:16	6.5 (55.1%)
75	DAMIĘCKI Jan	2043	MASAKRA KLUB SPORTOWY	M40	75		04:01:51.00	04:01:51.00	+01:49:52 (45.4%)	9:18	6.5 (55.1%)
76	CHODUN Marek	2023		M40	76	01:58:30	04:01:32.80	04:02:04.10	+01:50:05 (45.5%)	9:17	6.5 (55.1%)
77	SUDER Michal	2321	BEZNAPINY	M40	77	01:59:20	04:03:34.60	04:03:57.65	+01:51:58 (45.9%)	9:22	6.4 (54.2%)
78	FRITZ Wojciech	2062	BIEG PO ZDRÓJ	M40	78	02:09:38	04:05:02.40	04:05:40.55	+01:53:41 (46.3%)	9:25	6.4 (54.2%)
79	WOJTAS Wojciech	2387	BIEG PO ZDRÓJ	M40	79	02:09:37	04:05:03.00	04:05:40.85	+01:53:42 (46.3%)	9:25	6.4 (54.2%)
80	KOZDRÓJ Marcin	2158		M40	80	02:11:35	04:05:03.20	04:05:45.95	+01:53:47 (46.3%)	9:25	6.4 (54.2%)
81	WŁODARCZYK Paweł	2383	AKTYWNY OSTRZESZÓW	M40	81	02:00:06	04:07:50.80	04:08:59.65	+01:57:00 (47.0%)	9:31	6.3 (53.4%)
82	GOSZCZYNSKI Piotr	2078		M40	82	02:01:14	04:08:28.45	04:09:13.95	+01:57:15 (47.0%)	9:33	6.3 (53.4%)
83	WYSOCKI Rafał	2396	KKM KALORYFER	M40	83	02:06:39	04:09:48.55	04:10:06.10	+01:58:07 (47.2%)	9:36	6.2 (52.5%)
84	PIETRUSZEWSKI Bartłomiej	2439		M40	84	02:06:12	04:10:22.20	04:11:14.30	+01:59:15 (47.5%)	9:37	6.2 (52.5%)
85	ŚCIESZKA Mateusz	2340		M40	85	02:06:53	04:11:17.75	04:12:58.40	+02:00:59 (47.8%)	9:39	6.2 (52.5%)
86	BUJAKOWSKI Patryk	2016	INFINITY-GYM	M40	86	02:00:21	04:13:23.00	04:13:55.40	+02:01:56 (48.0%)	9:44	6.2 (52.5%)
87	PISZCZ Dariusz	2268		M40	87	02:00:46	04:13:23.15	04:14:00.70	+02:02:01 (48.0%)	9:44	6.2 (52.5%)
88	LACH Paweł	2182		M40	88	02:06:49	04:12:58.70	04:14:40.30	+02:02:41 (48.2%)	9:43	6.2 (52.5%)
89	MASZKOWSKI Rafał	2206		M40	89	02:15:22	04:14:22.15	04:15:01.00	+02:03:02 (48.2%)	9:47	6.1 (51.7%)
90	KUREK Stanisław	2174		M40	90	02:01:59	04:17:37.80	04:17:46.35	+02:05:47 (48.8%)	9:54	6.1 (51.7%)
91	CICHY Roman	2031	MUAY RUNNING TEAM	M40	91	02:17:49	04:18:27.20	04:19:08.80	+02:07:10 (49.1%)	9:56	6 (50.8%)
92	BĘTKOWSKI Tomasz	2007	CASREX	M40	92	02:06:44	04:20:10.65	04:20:20.15	+02:08:21 (49.3%)	10:00	6 (50.8%)
93	ZGÓRSKI Maciej	2408	WKURW_TEAM	M40	93	02:13:20	04:24:43.35	04:25:04.55	+02:13:05 (50.2%)	10:10	5.9 (50.0%)
94	CHROMIK Krzysztof	2027		M40	94	01:57:54	04:25:41.85	04:26:01.05	+02:14:02 (50.4%)	10:13	5.9 (50.0%)
95	JAMROZ Dawid	2104	CAŁA NAPRZÓD	M40	95	01:49:12	04:26:14.50	04:26:43.30	+02:14:44 (50.5%)	10:14	5.9 (50.0%)
96	JÓŻWIK Artur	2110	BIEGAM, BO BIEGAM :)	M40	96	02:10:53	04:33:12.55	04:33:40.75	+02:21:41 (51.8%)	10:30	5.7 (48.3%)
97	GAŁAZIN Tomasz	2066	CASREX	M40	97	02:14:30	04:39:44.15	04:39:49.60	+02:27:50 (52.8%)	10:45	5.6 (47.5%)
98	POPCZYK Piotr	2272		M40	98	02:26:21	04:40:52.85	04:41:16.00	+02:29:17 (53.1%)	10:48	5.6 (47.5%)
99	KOZACZKA Włodzimierz	2154		M40	99	02:19:01	04:42:03.05	04:42:56.80	+02:30:58 (53.4%)	10:50	5.5 (46.6%)
100	KRZYSZTOFOWICZ Andrzej	2167		M40	100	02:26:40	04:48:09.40	04:49:02.55	+02:37:03 (54.3%)	11:04	5.4 (45.8%)
101	PAWLAK Wojciech	2255	TRUCHTAMSOBIETRAILOWO	M40	101	02:24:38	04:52:33.60	04:52:51.15	+02:40:52 (54.9%)	11:15	5.3 (44.9%)
102	SAGANOWSKI Adam	2293	AZS GDAŃSK	M40	102	02:24:36	04:53:05.05	04:53:23.20	+02:41:24 (55.0%)	11:16	5.3 (44.9%)
103	NAWROT Waldek	2231	J U V E R U N	M40	103	02:20:07	04:53:04.65	04:54:07.90	+02:42:09 (55.1%)	11:16	5.3 (44.9%)
104	WILMAŃSKI Dariusz	2377		M40	104	02:20:11	04:54:05.90	04:54:37.90	+02:42:39 (55.2%)	11:18	5.3 (44.9%)
105	JASIURSKI Grzegorz	2108	SZCZEP DHIGZ W WĘGROWIE	M40	105	02:24:07	04:55:29.20	04:56:25.40	+02:44:26 (55.5%)	11:21	5.3 (44.9%)
106	PRUSZKOWSKI Mariusz	2277	CHEŁM BIEGA/CROSSFITER BOX CHEŁM	M40	106	02:31:51	04:58:50.00	04:59:30.70	+02:47:31 (55.9%)	11:29	5.2 (44.1%)
107	ZAKRZEWSKI Olaf	2402	ANTYLOOPY	M40	107	02:27:01	05:02:13.60	05:02:35.90	+02:50:37 (56.4%)	11:37	5.2 (44.1%)
108	SIPIERA Tomasz	2300		M40	108	02:30:44	05:08:00.35	05:08:24.45	+02:56:25 (57.2%)	11:50	5.1 (43.2%)
109	MOSTEK Marcin	2226		M40	109	02:37:50	05:23:43.95	05:24:16.90	+03:12:18 (59.3%)	12:27	4.8 (40.7%)
110	BARYGA Mateusz	2005	RUN ATLAS	M40	110	02:40:55	05:23:55.40	05:24:39.80	+03:12:41 (59.3%)	12:27	4.8 (40.7%)
111	JAREMEK Wojciech	2106		M40	111	02:40:41	05:25:31.35	05:26:26.75	+03:14:27 (59.6%)	12:31	4.8 (40.7%)
112	NAJDER Sebastian	2229		M40	112	02:42:05	05:56:08.55	05:57:48.90	+03:45:50 (63.1%)	13:41	4.4 (37.3%)
113	SIERECKI Zbigniew	2298	TEAM ZABIEGANEDNI // WOLF TEAM	M40	113	03:05:42	05:58:45.85	05:59:18.95	+03:47:20 (63.3%)	13:47	4.3 (36.4%)
114	POPIOŁEK Jacek	2273	BIEGUSIEM.PL	M40	114	03:06:01	06:22:14.75	06:22:29.55	+04:10:30 (65.5%)	14:42	4.1 (34.7%)
	REY Andrzej	2284	REYRUNNINGTEAM	M40		DNF	DNF	DNF	-	-	- (0.0%)